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Josh Losner got into politics after a month-long trip to Israel and Polish concentration camp sites.

FOR JOSH LOSNER, IT ALL COMES BACK TO JUDAISM

ASUO Senator Josh Losner lives both his political and personal life based around his Jewish faith.

Instantly recognizable by his array of suits, ASUO Senator Josh Losner dons the fancy attire regularly to show respect to the people he's representing.

That, and he just loves a good suit.

"I love dressing in suits. I save up for them," Losner said. "I'm actually trying to save up for a slim fit suit right now. It's going to look class."

It's important to Losner to present himself at his best to his peers not for vanity's sake, but because he feels a personal obligation to his heritage to take full advantage of every moment and opportunity he finds himself

in.

"My Judaism is one of the most important things to me," Losner said. "In fact, I'd say that my connection to Judaism lays the foundation down for my entire life."

One of his motivations to get into politics came from when he spent a month in Israel and concentration camp sites in Poland. For Losner, the trip set his primary political focus, which is strengthening the relationship between Israel and the US.

"To go to such a horrifying place and then to Israel was one of the greatest experiences in my life," Losner said. "I felt at home."

If he gets free time in his busy schedule, he goes to the Oregon Hillel on Friday nights for Shabbat, a time for Jewish community prayer and dinner. He also loves playing intramural soccer and

walking down the city streets at night to help him unwind. He's also a bit of a movie buff, with some of his favorites being "Forrest Gump" and "American Gangster."

"Oh, and 'The Notebook.' I can't get enough of that movie," Losner said.

When Losner talks about his favorite soccer team, Tottenham Hotspur, you hear hints of his London-born accent come out as he talks more about the sport. While he considers himself British, he calls San Diego, Calif., home.

"I love San Diego," Losner said. "Eugene's not bad either, but San Diego is home for me."

Losner doesn't have plans to move back home once he's finished up with college this year, though. Instead, he's looking to move to Washington D.C. and to work in the private sector in politics. But Losner's up for any opportunity

that comes his way – no matter how peculiar it may be.

"I did some acting in high school," Losner said. "If an acting opportunity came along I might even go for that. All of us have so many things we can do whether it'd be on a large or small scale. I don't want to cancel anything out."

There's a phrase in the Hebrew language: "tikkun olam." It means to repair the world. That's what Losner has in mind. Whether it would come in the form of lobbying, fundraising, maybe even running for office, politics will be his outlet for reparation.

"Whatever happens after I graduate, I'll be looking forward to it," Losner said. "I'm excited to dive into the beginning of the rest of my life."

BY CRAIG GARCIA, @CRAIGARCIA

APARTMENTS ARE NICE, AMENITIES NEED WORK

When residents began moving in on Sept. 25, it was still apparent that construction hadn't been completed.



What you should know about 13th and Olive

13TH AND OLIVE is a Capstone Collegiate Community developed by Capstone Companies. Founder Mike Mouron, University of Alabama graduate, established Capstone Companies in 1990. According to its website, for the past 23 years they have been specializing “in the development, construction and management of high-quality student housing developments in close proximity to major colleges and universities across the country.”

THE NEW DOWNTOWN complex has 114 two, three and four-bedroom apartments along with some four-bedroom town homes totaling to 380 bedrooms. The complex cost \$89 million and at the end of phase two will have 1,300 tenants. Construction of phase two has begun and is expected to be completed by next fall.

13TH AND OLIVE RESIDENTS GET WHAT THEY WERE EXPECTING. UNFINISHED CONSTRUCTION AND COMMUNICATION ISSUES HAVE BEEN KEY COMPLAINTS IN THE FIRST MONTH OF TENANTS' RESIDENCY AT THE NEW APARTMENT COMPLEX.

University of Oregon business major Adam Rosling and his roommates picked up keys from the check-in table at the new 13th and Olive complex and headed to the door labeled 2103. They were met with surprise and excitement as they entered and saw that they were in a poolside unit. It came as a surprise because the group had signed the lease for a non-poolside apartment.

Two hours later, management knocked on the door and informed Rosling and his roommates that the numbers on the doors had been misplaced. Then management told them they were in the wrong room and needed to move their belongings across the hall to the unit currently labeled 2104. According to Rosling, managers explained the painters had put the wrong numbers on the doors. The group was compensated with \$25 gift cards.

On Sept. 25, when new tenants began moving into the new downtown apartment complex, signs of construction were still apparent: holes in the ceiling where lights should be, an unfinished fitness center and a light layer of sawdust coating the hallways.

The building was said to be finished five days prior to the start of classes

on Sept. 25 and while the rooms were mostly completed, some amenities and communal spaces were not. The fitness center was unfinished and hallways were still under construction. Residents were sent an email on move-in day explaining that the amenities were behind schedule but many students such as Kristina Rouse, UO family and human services major, didn't think it would take almost a month.

Pat Walsh, Eugene Capstone representative, told The Register-Guard on Sept. 26 that construction would be finishing up in the next few weeks but there are still hallways under construction.

Despite the amenities taking some time, overall people are relatively happy with the units. Tenants enjoy the furnished living rooms and the appliances in the kitchens. But issues of leaking dishwashers, rushed paint and installation jobs have been reported.

Madison Vilhauer, UO double major in sociology and psychology, said that there are bound to be problems with new buildings.

Vilhauer's electricity has shut off twice since she has been in the building because of circuit breaker issues, but

she is optimistic based on the customer service she has received.

“When (the electricity) went off I called the maintenance line because the office was closed,” she said. “And not 10 minutes later a guy showed up to fix it.”

However, not every tenant feels that service is that responsive. Communication is what tenants agree is the main issue. While most people working in the new complex are friendly and try to help, residents feel that they never get a definitive answer on completion dates and feel the work orders go unaddressed.

“The apartments themselves are really nice,” Rouse said. “But there are a lot of things that construction and management got behind in that resulted in them putting off resident maintenance requests because they considered them of ‘lower priority.’”

According to Walsh, staff is going around this week to each unit and making sure all work orders have been addressed and to help meet all other tenant concerns.

BY SARAH ROUGH, @SARAROUGH



A LOT OF SHUT EYE CAN DO YOU GOOD

Getting seven to eight hours of sleep per night can allow your body and mind to function properly.

College students are constantly faced with common causes of sleep deprivation, such as stress and anxiety, all-night study sessions, interrupted sleep and eating patterns and exposure to alcohol and drug abuse. Many students have accepted these causes as unavoidable and simply continue with the same sleep patterns.

For Brett Kane, a sophomore at the University of Oregon, sleep is an essential element to being successful in school. Kane gets an average of six hours of sleep per night, supplying him with enough energy to focus and be efficient in his classes during the day. A good night's sleep varies for each person, but for college-aged students, sufficient sleep is generally considered to be eight or more hours per night. However, according to the University Health Center at the University of Georgia, on average, most college students get six to seven hours of sleep per night due to an overwhelming amount of course work, extracurricular activities, jobs and parties.

"If I get less than four hours of sleep, I find it a lot harder to stay focused, which makes it difficult to pay attention in class and do well on assignments," Kane said. "It definitely makes it harder to stay awake during a lecture, especially if it's a lecture where you're not actively participating in it. Just sitting and listening to a professor talk for an hour and a half, I might unintentionally

zone out, which would cause me to miss a lot of the information that the professor is giving us."

According to the University of Georgia Health Center, a lack of sleep not only affects students' daily performances, but it affects their overall well-being. Not getting the necessary eight hours of sleep per night could be the reason students are struggling in their classes or even why they might gain the notorious "freshman 15." Sleep deprivation can cause educational issues such as missed classes, poor classroom participation and difficulty concentrating. Health issues such as hallucination, declines in glucose metabolism and blood pressure, weight gain and an increased risk for mental issues can be an effect.

However, according to the National Library of Medicine and the National Institutes of Health, sleep patterns can always be changed. Regularity is essential for sufficient sleep and picking a specific time to always go to bed will help the body recognize when to rejuvenate itself. Additionally, keeping your sleep area dark, quiet and separate from your study space will help the body distinguish between where it can rest and where it should be stimulated. Finally, leave at least three to four hours before going to bed after consuming any type of stimulants, caffeine, alcohol or food.

BY HANNAH TAYLOR, @HTAYLORMAE

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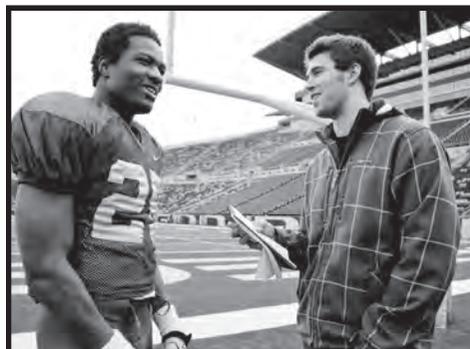
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HITTING THE GYM OR HITTING THE TRAIL INDOOR VS. OUTDOOR WORKOUTS



Whether students decide to exercise in a gym by running on the treadmill or outdoors on the dirt path, there are limitations to each environment that the wise fitness devotee is encouraged to acknowledge and embrace.

Eugene Bootcamp owner Guy Urioste believes the outdoors create an alternative playground for a unique fitness regime that utilizes all of nature's characteristics where there are no boundaries.

"Some of the greatest gym equipment is just sitting out there waiting for us like mountains and trails," Urioste said.

Additionally, Urioste believes exercising in the outdoors provides a positive attitude for individuals, a feeling that gyms rarely provide.

"If I'm sweating on my treadmill staring at four drab walls and the guy running next to me staring at the same walls, breathing in air conditioning or heating, how positive and motivating can that be?" Urioste said. "But when you climb a mountain and you get to the very top and you're dripping in sweat and your partner is dripping in sweat but you're looking at the horizon with the sun coming up, BAM. How positive and how limitless are you? If that's not healthy for your soul, I don't know what

“

Some of the greatest gym equipment is just sitting out there waiting for us like mountains and trails,”

GUY URIOSTE, owner of Eugene Bootcamp.

is.”

While outdoor fitness training enables one to enjoy nature with ever-changing sceneries, it still has its uncontrollable limitations, especially in Eugene. The unpredictable Oregon rain, in addition to heat, potholes, uneven pavements and ice, may alter the effectiveness of the workout experience, even to preferred outdoor athletes like Leslie Johnson.

A University of Oregon student and high school varsity cross-country and track athlete, Johnson believes the Eugene weather plays a major role when she runs outdoors. When training for the Eugene half marathon last spring, Johnson encountered the inevitable restrictive weather.

"It was so cold out and half way through our seven mile run, hail the size of my thumb nail started pelting me and it hurt so bad," Johnson said.

Unlike Johnson's preference of steady weather conditions, Urioste believes that weather should not hold individuals back from working out in the outdoors and should push them even further.

"If it's raining, take the time to go play. Go run in the rain like we did when we were kids," Urioste said. "Once people learn to work out in the rain and enjoy it, it feels refreshing and it feels like you've

really achieved something. They get that sense of accomplishment and we push that sense of accomplishment.”

Compared to these difficulties present in the outdoors, indoor facilities provide stable and reliable environments.

According to the FitDay article "Gym vs. Outdoor Fitness Training: The Pros and Cons," "The benefits of many health clubs lie in the abundance of fitness classes and tailored training they offer, from yoga and pilates, to strength classes and myriad cardio dance combo sessions.”

With benefits and disadvantages available in outdoor and indoor fitness, preference and balance are vital to choosing which is suitable for individuals. Thirty-two-year-old Eugene Bootcamp member Dawn Fisher has found enjoyment in the outdoors but still reverts back to the gym on occasion.

"I like both and it depends on the situation. If I'm on my own, I think I prefer indoors. That way I can zone in on what I'm doing. However, doing stuff outdoors is awesome. I like the group workout and the various weather we have experienced," Fisher said.

BY CHELSEA LAZZARI @CHELSEA_LAZZARI

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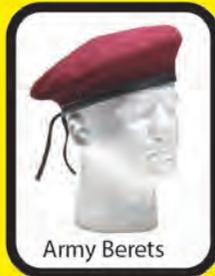
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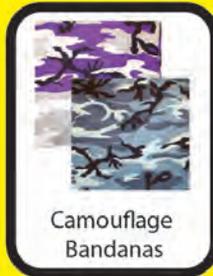
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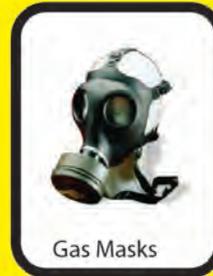
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From licensing deals to concessions at Autzen, the NCAA and University of Oregon rake it in when it comes to college football. Players' share? Zero.

Elated over his upcoming 22nd birthday, Josh Huff did what many college students would do. Last weekend, he went online and told his friends about his weekend party and – heads-up – he would be charging a cover to recoup some of the expense.

But Huff isn't like most college students. As a wide receiver for the University of Oregon football team, he is under the microscopes of both the athletic department and the ubiquitous NCAA. His cover charge represented "commercial involvement," according to bylaws. And because the funds don't find their way into the wallets of the athletic department, the Pac-12 conference or a charity of some kind, charging admission went against NCAA rules.

The party was scrapped and a litany of 140-character rants ensued on Twitter. A confused and upset Huff called out the NCAA for meddling.

"So it's okay for the NCAA to make money off of my name and likeness but once I go to charge ppl to get in my party it's a problem? Crazy," Huff tweeted.

The athletic department had no comment about the tweets, but spokesman Craig Pintens said, "We worked with Josh to resolve the situation and ensure his eligibility was not compromised."

The star wideout became just one of the most recent critics of the NCAA's reach into a player's life. Before him, Jay Bilas, the former Duke basketball player turned lawyer and ESPN analyst, blasted the association and its online shop for tagging players' jerseys. Before that, the media scrummed over whether Texas A&M star quarterback Johnny Manziel had the right to sell his signature. What right do student athletes have to earn money for their play, their jersey sales or other contributions? For the money and the publicity they bring to their school, the question is being asked if college athletes are just the ultimate unpaid intern.

The issue has been prevalent since Ed

\$2.7 billion

The value of the broadcasting deal the Pac-12 cut with ESPN and Fox.

\$1.8 million

Mark Helfrich's annual salary.

\$21,000

The athletic department's estimate (on the low end) on the monetary value of the average football grant-in-aid scholarship.

\$797 million

NCAA projected revenue for the current football season.

O'Bannon, a former UCLA basketball standout, decided to take the college sports governing body to court. O'Bannon and his lawyers have demanded a cut of the profits from years of jersey and video game sales his likeness was featured in. He has never seen a dime of compensation.

The Oregon athletic department supported ideas to get players extra spending money the last time the issue was up for a vote. Colleges proposed a \$2,000 stipend for college athletes that would take care of things beyond room, tuition and books. Unlike full-ride students on academic scholarships, athletes are also demanded to put in the work on the field to keep their careers alive. A part-time job isn't an option, leaving many players wanting money to cover gas or groceries.

"We are very much proponents of a stipend that goes above and beyond the tuition fees and room and board," Oregon Athletic Director Rob Mullens told CNBC at the grand opening of the Hatfield-Dowlin Complex. "We do think they need a little extra money and that's something on the table with the NCAA."

Many Division I schools said they couldn't afford the stipend and rejected it. However, Ed Ray, Oregon State University president and a member of the Division I voting board, voted in favor of the stipend.

"We're putting (money) into locker rooms, bigger stadiums or whatever, but we're not able to do something for student athletes to help them keep body and soul together beyond tuition and books," Ray said. "They can't go out and get a side job if they're engaged in the highest level of collegiate competition."

The same can't be said of nearly anyone else involved in college sports. Last season, the Pac-12 kicked off its 12-year, \$2.7 billion television deal with ESPN and Fox. Conference commissioner Larry Scott made more than \$3 million last year. Head football coach Mark Helfrich pulls in \$1.8 million. Even the Ducks' strength and conditioning coaches are making upwards of \$40,000 a year. Former coach Mike Bellotti still gets \$42,000 a year for his coaching stint and hasn't called a play since 2009. In fact, Bellotti is in the top tier of former Oregon state employees receiving retirement benefits.

Though the stipend proposal has stalled, Big 12 conference commissioner Bob Bowlsby recently suggested offering players a trust fund to tap into once they graduate. Like the O'Bannon case, the idea suggests a portion of licensing and apparel sales go to the players. Colleges make big money

selling the rights to gear, as the UO does with Nike. Nike then sells nameless jerseys with the numbers of their star players.

On the other hand, Jordan Kent, a former wide receiver for the Ducks before spending three seasons in the NFL, says just seeing your jersey number worn by the fans is enough for some players.

"I wouldn't have cared if I got a cut. I just thought that would be cool if I saw little kids wearing my jersey," Kent said. "I think you can look at it two ways: 'I deserve a cut of that,' or 'Wow, what an honor, I have little kids buying my jersey.' That's a pretty cool opportunity that I want to enjoy."

Yet big sporting events are basically grand commercials for the entire university. Following Oregon's appearance in the 2010 national championship game, former UO President Richard Lariviere told the Oregonian that applications for the UO rose 30 percent. At last year's Fiesta Bowl, the university threw a pep rally for prospective students, and the Office of Enrollment Management suggests at least 30 students enrolled shortly after.

"We try to capitalize that time of year on the publicity and the media exposure that athletics are providing," says Roger Thompson, vice president of enrollment, also noting that football is just one of the many lures for the university. "We try to run these student recruitment events on Saturday and tell students about all the things that are happening at the U of O Monday through Friday."

The counter argument has often revolved around players getting paid with benefits. The athletic department estimates that a grant-in-aid scholarship is worth between \$21,000 and \$53,000, not counting training and meals provided. That's not to mention the benefit of strolling through two buildings worth more than a combined \$100 million in construction whenever they please. Bound in tall glass and upholstered in yellow Ferrari leather, the John E. Jaqua Center and the Hatfield-Dowlin Complex are the envy of football players everywhere.

Everyone earns from the successes of big name sports like football and men's basketball. Meanwhile, players are still amateurs and toe all sorts of rules to remain eligible while practicing every day to keep their scholarships. Nice facilities are one of the only ways the school can compensate players because they can't even charge a cover for a birthday party until they graduate or leave school entirely.

BY TROY BRYNELSON, @TROYWB

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PERSONALITIES

PALM READER SEES MORE THAN MEETS THE EYE



Sharon Appelbaum became interested in palm reading in the '70s while studying to be a nurse.

There are small lines coming off my heart line, which signifies creativity. My life line is very long but has a large break in it. There are small lines coming off my head line, signifying travel in my future. My right middle finger curves toward my index finger, which means I spend too much time in my head. These are a few of the things palm reader Sharon Appelbaum told me while examining my right palm.

Appelbaum sits in a chair on the sidewalk at the Eugene Saturday Market. She has a simple sign advertising her palm reading services and invites others to sit across from her while having it done.

"There's so much you can see in the hand, how intuitive someone is, if they have an active or peaceful mind, if they're a caretaker. I wish people could understand how much there is in the hand. It's not fortune telling."

Appelbaum first got into palm reading in Berkeley, Calif., in the 1970s when she went through a period of depression while studying to be a nurse. After flunking her first test, she decided nursing wasn't for her and became interested in intuition development. She has also studied hypnotherapy, massage and chakra clearings. The latter involves cleaning a person's aura of bad energies.

Palm reading involves looking at not only the lines on a hand, but its shape and the length of fingers. Appelbaum also said that hand lines change based on life experiences.

"I guess the lines on your hand could tell you about what you've been doing, but I don't think they can tell you what's going to happen in your future," says Pammi Lee, a junior at the University of Oregon.

Appelbaum recognizes that

people are skeptical about palm readings. She believes the credibility of hypnotherapy, palm readings, tarot cards and things of this psychic nature has been ruined by media's portrayal of them.

"It's frustrating when people don't believe it," Appelbaum said.

Appelbaum said that the best part about reading palms and doing hypnotherapy is the appreciation she receives from people she's helped, especially from those who are skeptical.

UO senior Elizabeth Uong has had her palm read but wasn't entirely happy with the experience. "The woman was vague about the future and what would happen. I tried to pry more information out of her, but she just kind of avoided that and went back to what she was saying," Uong said.

Appelbaum also receives specific questions. "Everybody wants a relationship, and everybody wants to lose weight," she said.

In addition to palm reading and hypnotherapy, Appelbaum teaches classes on intuition development and stress reductions, which she believes are helpful for college students. Appelbaum strongly believes in past lives, and she offers a group regressions service, which enable people to find out who they once were.

Many people believe that psychic powers must be inherited. However, Appelbaum believes in the credibility of intuition development schooling, as well as in her own innate intuitiveness.

"I was always fascinated with life," she said. "I'll point to a big rainbow in the sky that people don't notice. I've always seen the details."

BY SOPHIA JUNE, @SKITTLEJUNE

OREGON HOCKEY STAYS AFLOAT



The Oregon Hockey team is fundraising to continue playing. It starts every year in the red.

When the 2012-2013 club hockey season ended for the Ducks, they faced a new opponent: debt. Oregon hockey had accumulated around \$17,000 worth of cost during the season that needed to be paid – and soon.

When the team coordinator graduated last winter, the team inherited debt that its members did not know how to deal with.

“It was just kind of left in our lap,” current team coordinator Patrick Sgarlata said. “It was like, ‘Wow. We have no idea how to fundraise. I’ve never done this before. I’ve never organized a hockey team at all.’ We got a lot of help from Club Sports. The people in there are really helpful.”

According to Club Sports coordinator Kristen Gleason, the help came mainly in the form of knowledge.

“Our office worked with them a lot in building awareness in terms of thinking about things like their member due structure and fundraising,” Gleason said. “We do this with all of our clubs. We encourage year-round fundraising. If (a tournament) is going to be in the spring, why not do fundraising activities in the fall in your off-season?”

All of the pressure wasn’t placed solely on Sgarlata’s shoulders, though. Once the team learned about its financial situation, it quickly became a group effort.

“It was kind of just sprung upon all of us,” Will Daniels, who is playing his fourth season for the Ducks, said. “No one really knew about it, but once Pat looked everything over, we realized, ‘Wow. We’re in some serious trouble right now and we need to figure a way out of it.’”

Surprise or not, debt was their reality and one which needed to be fixed quickly. If Ducks hockey

did not pull itself into the green before the next season, Club Sports was not going to allow them to play.

“We have a small threshold of deficit spending,” Gleason said. “It kind of varies depending on the club, but we keep that to a minimum.”

“Hockey is unique in that their expenses are considerable because they have to rent off-campus ice time. That can get pretty tricky with them because they pretty much start the year in debt. They’re always trying to catch up.”

Playing the catch-up game was a difficult one, but the team came together to host fundraisers with Track Town Pizza and Yogurt Extreme and even threw a benefit concert at the McDonald Theatre with local ’90s tribute band Bulls on Parade.

Even with money coming in from the concert and other fundraisers, more help was still needed and the team turned to friends, family and Ducks hockey alumni for donations.

“(Contacting alumni and family) actually worked out really well,” Sgarlata said. “We sent out newsletters and were like, ‘Hey, if you donate this much, we’ll give you a jersey, a team photo or stuff like that.’ I think that got a lot of people to donate because we got a lot of donations in those exact amounts.”

With annual expenses for the team coming in around \$90,000, fighting debt is an ongoing battle.

The team plans to hold more fundraisers later this season.

“Our financial situation is that we are currently in a small hole of debt and are constantly fighting to stay above water and out of the red with money,” Sgarlata said.

BY ANNE YILMAZ, @ANNEYILMAZ

THURSDAY NIGHT FOOTBALL. IN THE FISHBOWL.

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→ NOV. 7 STANFORD

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→ FAMILY TIES

“ We’ve never really gone on a family vacation, I guess. Usually our vacations are wherever the sport is.”

JENNIFER BRENER, *Liz and Doug’s mother.*

BRENNER FAMILY TAKES UO SPORTS BY STORM



Doug and Liz Brenner may be competitive, but they share an unbreakable family bond. Doug plays for the football team and Liz is a decorated volleyball player.

Liz and Doug Brenner’s relationship is anything but a sibling rivalry. The brother and sister have always been competitive, but are each other’s biggest supporters of their respective sports at the University of Oregon.

Liz, a junior, is a multi-sport athlete and was a finalist for the James E. Sullivan Award, given to the nation’s best amateur athlete. She’s best known for being a key member of Oregon’s volleyball team that went to the national championship game but has also taken part in basketball, softball and track and field in her first two years at Oregon. Doug is a freshman offensive lineman for the football team and is redshirting while playing center for the scout team. When asked what it was like to be competing at the highest level for the same school, both were all smiles.

“I absolutely love having him here,” Liz said. “He’s my best friend and we get along great.”
 “It’s really awesome,” Doug said. “I’m really close with Elizabeth. She’s one of my best friends, and I’m just really glad we’re able to go to the same school and hang out a lot.”
 Doug goes to as many home volleyball games as he can with his parents, Doug and Jennifer, and his older sister Mary Claire, a recent graduate of Oregon State University. And even though this is Doug’s redshirt season, Liz, Mary Claire and their parents travel to nearly all of the Ducks’ home football games.
 “We’ve never really gone on a family vacation I guess,” Jennifer said. “Usually our vacations are wherever the sport is, so we’ve gotten to see a lot of the United States that way, even Hawaii and Mexico.”
 When Mary Claire was still in school, her parents were just as busy. She was an outfielder for the Beavers softball team for four years and competed in track and field in her final year of eligibility. She and Liz got to compete against each other in two meets last season, where Mary Claire said Liz “killed” her in the javelin throw.
 As athletes, naturally all three siblings are competitive. But the consensus within the

Brenner family is that Liz is by far the biggest competitor, regardless of the contest.
 “Elizabeth is very competitive even just playing cards,” Jennifer said. “If she’s not winning she’s not happy.”
 “It was always fun to beat her in those kinds of things,” Mary Claire said. “In her mind she thinks she should win everything so it was always pretty funny to watch that happen.”
 Through the tense family card games and javelin throws, the Brenners have always been close. Mary Claire said she’s a “proud big sister,” and Doug said he and Jennifer are “very, very proud and honored parents.”
 And even though Doug is the youngest, he’s still protective of his big sisters.
 “I was always protective of my older sisters,” Doug said. “I’d always challenge guys that came over to arm wrestle and beat them and embarrass them.”
 And now that Doug and Liz live on opposite sides of Franklin Boulevard, they can keep their close-knit relationship intact, as if they never left home at all.

BY MADISON GUERNSEY, @GUERNSEYMD

JANRIC CLASSIC SUDOKU

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process elimination to solve the puzzle. The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).

8				3		9		5
		6	9		5		2	
	9			6		1		4
	7			4		5	3	6
			6		7			
6	5	9		2				4
9		2		8				1
	1		2		3	6		
5		3		1				2

Rating: BRONZE

Solution to 10/28/13

3	6	1	7	9	4	5	8	2
4	2	8	1	5	6	3	7	9
5	7	9	8	3	2	4	1	6
6	4	2	3	8	1	7	9	5
7	8	5	6	4	9	2	3	1
1	9	3	2	7	5	6	4	8
8	5	6	4	1	7	9	2	3
2	1	7	9	6	3	8	5	4
9	3	4	5	2	8	1	6	7

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The New York Times Crossword

Edited by Will Shortz No. 0923

ACROSS

- 1 Actor Pitt
- 5 Do a voice-over for, as a foreign language film
- 8 Cube or sphere
- 13 Gave a hand
- 15 Cute ___ button
- 16 More than fat
- 17 ___ Hawkins Day
- 18 Places where only guys go
- 20 Food preparation cutting technique
- 22 And so on and so forth: Abbr.
- 23 Eisenhower, affectionately
- 24 Cleaning tool
- 27 School charges?
- 28 School basics
- 32 Thailand, formerly
- 33 Bronco great John

DOWN

- 34 "Let's go!" ... or a hint for the ends of 20-, 28-, 41- and 52-Across
- 39 Sneezing sound
- 40 Regrets
- 41 Look of infatuation
- 44 Muslim leader
- 48 53-Down grad: Abbr.
- 49 Ruckus
- 50 Mexican dish sometimes described as "hot"
- 52 Fancy dress affairs
- 55 In the opposite order
- 58 Gullet parts
- 59 Dodge
- 60 "Barbara ___" (Beach Boys hit)
- 61 Waste carrier
- 62 John who succeeded William Henry Harrison

1	2	3	4	5	6	7	8	9	10	11	12	
13				14				16				
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48				49				50	51			
				52				53	54			
55	56	57						58				
59								60		61		
62								63			64	

PUZZLE BY SUSAN GELFAND

- | | | |
|--------------------------------------|---|--------------------------------------|
| 37 Wed. preceder | 45 African land whose name consists of three state postal abbreviations | 52 Yield |
| 38 West: Sp. | 46 Completely wrong | 53 Annapolis inst. |
| 39 18, e.g., as a minimum for voting | 47 Counterpart of Mmes. | 54 Tailless cat |
| 42 French river | 48 Turkish inn | 55 One who might care for a sick cat |
| 43 Snare | 51 School basics | 56 Wall-climbing plant |
| 44 Turkish inn | 57 Where L.A. is | |

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ANSWER TO PREVIOUS PUZZLE

L	I	A	R	S	B	L	A	S	T	I	T					
S	A	N	D	O	C	K	C	O	M	E	O	N	S			
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T	W	O	S	T	E	S	T	E	P	S	F	E	T	T	E	R
F	O	R	E	T	E	L	L	S	S	L	U	R	S			
U	R	B	S	P	I	A	M	A	T	E	R	S				
L	D	S	B	A	T	T	A	L	I	O	N					
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R	E	S	O	N	D	E										



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HOROSCOPE by Holiday Mathis

ARIES (March 21-April 19). The theme is: public vs. private. You wouldn't want to expose anyone who doesn't want the publicity, but it's also hard to keep quiet about the things you're enthusiastic about or care a great deal about.
TAURUS (April 20-May 20). Blessings multiplied can cease to become blessings. You appreciate what is small, intimate and manageable, realizing that more of it may not be such a great thing.
GEMINI (May 21-June 21). Many battles aren't worth fighting. You don't have to come to an agreement to get along. Sometimes when you acknowledge the other side's position, it softens in your favor.
CANCER (June 22-July 22). Like children, we sometimes forget that everyone in the world isn't doing, or can't do, what we're doing. That's why the events that burst our existential bubbles and open a broader view are lucky - uncomfortable, but lucky.
LEO (July 23-Aug. 22). Those who approach business from a user perspective will see far better results than those who step into a scene with the primary concern of what they will get out of it.
VIRGO (Aug. 23-Sept. 22). Your energy is strong, and people notice how you are directing it, especially as you move into the evening hours. To bring out the best in people, all you have to do is see it.
LIBRA (Sept. 23-Oct. 23). Society may reject new ideas out of a sense of fear and misunderstanding, but you'll do your part to stay open. Your experimental mindset will have you considering possibilities that ultimately will lead to improvement for all.

SCORPIO (Oct. 24-Nov. 21). Your energy is strong these days, and so is your intuition. This is no time for treading water. Push forward by being proactive. Think a few steps ahead of what others are thinking.
SAGITTARIUS (Nov. 22-Dec. 21). You are sensitive to others today, and so you are vulnerable to exploitation. That's why it's important to have a strong sense of internal structure. Know your own rules and live by them.
CAPRICORN (Dec. 22-Jan. 19). Part of doing a job well is not doing anything else that will take your attention too far away from it. Put up barriers that will make it harder for the world to distract you.
AQUARIUS (Jan. 20-Feb. 18). Stay away from sad, complaining people. They may seem to need your sympathy, but they are actually dangerously contagious. You'll help them more by not being around to indulge their weakness.
PISCES (Feb. 19-March 20). If a stranger talked to you the way you talk to yourself inside your own head, would you befriend that person or call the police? There will be tangible rewards for monitoring and managing your thoughts.
TODAY'S BIRTHDAY (Oct. 28). You'll give in to luxurious desires and pursue an end-of-the-year adventure. Good times and good business are intertwined in January. High physical energy is featured in February, and you could get super-fit or successfully turn around a longstanding ailment. May brings a windfall for past works. Aries and Taurus people adore you. Your lucky numbers are: 40, 22, 14, 17 and 27.

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ABOUT

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ON THE COVER

The cover illustration was done by Emerald illustrator Kenneth Osborn.

RYAN MILLS

Dear men: beauty isn't skin deep

Instead of trying to get laid, men should interact with women on a deeper level to see their inner beauty.



I love women. For nearly 21 years I have been surrounded by the most beautiful, complex and fascinating entities on the planet, and yet every time I interact with another woman I am in complete awe of her presence. I don't care about women's ethnicity, sexuality, appearance or even age. To me they are the most interesting aspect of my reality. I love the way women speak with precariously constructed words of insight that often emphasize emotional rhetoric. Most of all, I love how difficult it is for me to comprehend the grace and influx of thoughts that goes into every decision a woman makes.

What has become increasingly apparent to me is that not everyone has the same appreciation for the beauty of women. Despite the best efforts of feminists, objectification of women continues to persist throughout our community. I am a straight, 21-year-old college male with a raging sex drive, and yet it is blatantly obvious to me that University of Oregon has a problem with sexism. If I had a nickel for every time I saw a drunk male student forcibly and desperately grabbing a female at a house party – not to mention every time I hear about a date rape that occurs – I would have enough money to buy said females' Tasers to electrocute said males until they couldn't stand, let alone remain erect.

Women do not exist for the sole purpose of pleasing men. It is endlessly disappointing that in our modern era, some men still believe that they

can screw women just for the sake of screwing without respecting and acknowledging the true value of a female. Clearly, there are a lot of good guys out there who respect women accordingly, but I am baffled by the select few chauvinists who can't admit all that women have to offer besides their sexual organs.

Women's and gender studies professor and historian Elizabeth Reis gives an epistemological account for this phenomenon: "Femininity is a construction based around prescriptions of womanhood that have evolved over time to create certain expectations. On campus, women are often expected to be both sexual and simultaneously pure."

This social paradox is perfectly expressed by daily interactions of the sexes. If a woman is overtly sexually active, she is a "slut," but if she doesn't have sex with an expectant male then she is a "prude." These expectations undermine the humanity of females everywhere. Transcending these constructions is ultimately challenging, and I find myself slipping into gender expectations from time to time. I think consciously recognizing sexism in yourself is key to mitigating gender norms.

Although admittedly guilty of one-night stands, in many ways I detest the activity. To me there are few things as shallow and objectifying as getting one's drunken rocks off and then tossing one's sexual partner to the side like a

used napkin. While both genders can be guilty of this, I think it is evident that this disrespect is currently far more prominent among the male population than it is in the female population.

For those men who are only out to get laid, I strongly urge you to spend an evening interacting with women for the sake of enjoying their power and natural artistic prowess without considering sex as the ultimate end goal. While swagger and pick-up lines can be fun and sometimes rewarding, looking a woman in the eye and having a legitimate conversation with her is ultimately far more fulfilling.

Ignoring a woman because she doesn't fit the archetype of femininity is a ridiculous way to interact with other human beings. Find the beauty in every single female because I assure you, you will discover it if you spend even the smallest amount of time looking for it. So I raise my nearly empty bottle of wine to every woman out there because you make life interesting and worth living. Don't ever let someone make you think otherwise.



Ryan Mills is a columnist for The Emerald.



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20 GOING ON 80 AND 13 AT HEART



In the midst of these few days before my big 21, 21st, 21er (3 days to be exact), I am more aware than ever of just how old and young I am all at the same time. But then again, this is how I've always been. At five years old, I put away all my toys before bed without being asked, I refused to use porta potties and I was always game for Wheel of Fortune and cottage cheese with the grandparents. Now my inner old person comes out in slightly different ways these days, but it's still very much there. Like when looking as un-presentable as possible, romantic comedies and plopping myself on the couch for the night sounds better than going out. Or when I find myself complaining about people raging outside... on a Thursday...because I can't hear Glee...Yes, I'll admit, some things about the "college experience" aren't exactly my cup of tea, like crowded frosh-filled house parties or blacked out morons trying to hit on you but there's plenty that I love about it. I'm #1 fan at every Duck game, ready to bust out my white girl not-at-all-stripper-like-Miley moves on a Friday night and, let's face it, just being in Eugene is an adventure in itself.

I'm 3 days of away from buying any booze of my liking, finding a bar to become a "regular" at and hitting up any beer garden or wine tasting that I can find. No doubt I'm going to be the type the 21-year-old that springs for the good quality beer, wine, hard A, all of that good stuff but at the same time I'm also going to be the type that will crack open the carton of chocolate almond milk at the end of the day instead of the bottle of wine. That's the 13-year-old that still lives in my heart. I've seen every episode of Glee there's ever been,

frequently buy flavored gum (then chew that gum religiously) and a good portion of my iPod is filled with guilty pleasure music (Biebs, 1D, Carly Rae, no shame). A root beer float and watching the Parent Trap on repeat will probably always be my idea of a good time.

What it all comes down to is that you keep growing, learn new things each year and maybe at the end of it all "find yourself" in the happily-ever-after, catchy pop song, roll credits, kind of way. But through it all, this thing called life; it's never a bad thing to remain young at heart, or keep that sliver of inner older person or maybe just a little bit of both. I'm at the peak of the best years of my life. As T-Swizzle says, "We're happy, free, confused, and lonely at the same time. It's miserable and magical." And as much as I hate to admit it, she's right. I'm only at the start of my 20's, but I'm already both excited and scared to see where these years will take me.

I have no clue where I'm going to be after my time at the UO ends, but hopefully my inner old person will keep me grounded while my 13-year-old heart tells me to take chances. I'm going to try and live up my twenties for as long as I can, you know, until pulling all-nighters and blasting '90s throwbacks becomes sad (just kidding 90s... you'll never be sad.) So until the time comes when I need to take a hard look at my life and flavored gum really shouldn't show up on my receipts, I don't know about you but I'm feelin' 21. See what I did there?

BY KATIE HAMLIN, @FRECKLESFACE831

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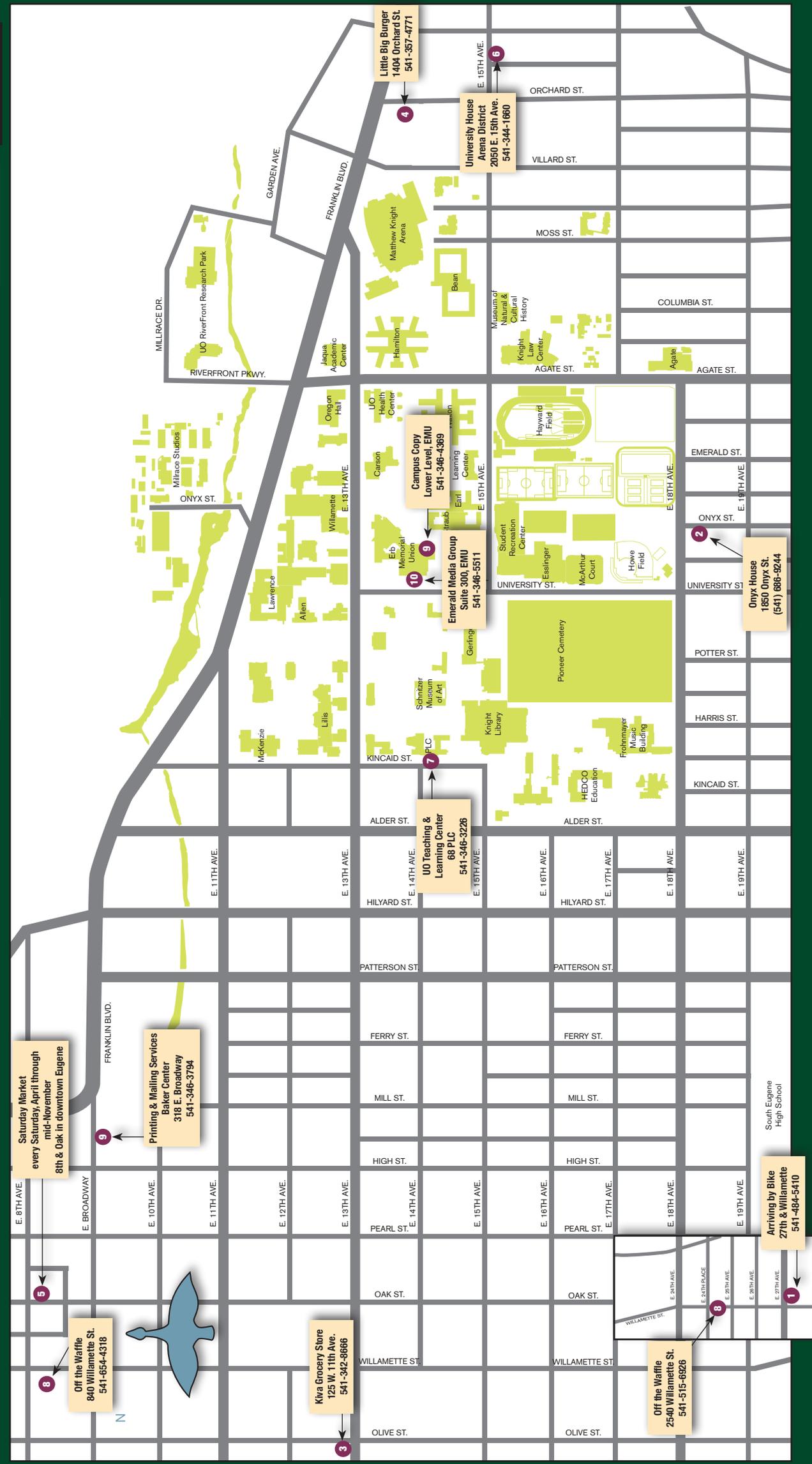
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