The Daily Barometer

TUESDAY, MARCH 8, 2016 OREGON STATE UNIVERSITY

SEC Study Break brings stress relief

SEAC providing massages, puppies and yoga to OSU students throughout the week

By Hannah Haney

In efforts to relieve students from finals stress, the Student Events and Activities Center (SEAC) will be holding activities this week to give students a break from their studies as part of their SEC Study Break.

According to Aimee Cannella, a speech communications major and the organizer of the event, the SEC Study Break is an event where students can come to relax and unwind during dead week at Oregon State University.

There will be activities happening at the Student Experience Center each day of the event, including board games and video games, coloring activities and snacks, Cannella said.

Each day of the week will have a special activity as well, adding variety, Cannella said.

"On Tuesday, we will have a massage therapist come in to provide chair massages. On Wednesday, we were fortunate enough to be able to bring in a yoga instructor to teach a yoga course," Cannella said. "And Thursday, my personal favorite day, will feature animals from the SafeHaven Humane Society."

Cannella encourages all students to come to the event, and hopes that they will learn more about opportunities available to them at the SEC while attending.

"Everyone is busy and everyone is stressed during this time of the term, so coming to this event would just give you some chill time to unwind for a bit," Cannella said. "This is also a great chance for students to come and learn about what kinds of opportunities are offered to them in the Student Experience Center."

According to Cannella, this is the first year this event is being held, and she hopes the SEC Study Break is the beginning of a new tradition here at OSU.

"It's really exciting since the event is new, so everything gets built from the ground up. We got a lot of creative freedom with this event," Cannella said. "The SEC is a relatively new building, so it's an awesome opportunity to bring students in and show them the place."

Freshman in engineering Jeremy Sison said he is already feeling the pressure this dead week and plans on attending the SEC Study Break.

"I'm stressed about the upcoming finals week because I have borderline grades and hard classes," Sison said. "I'm going to the study break with some of my friends."

Junior in economics Stephanie Merrick has gone through her fair share of finals and has learned the best way to make dead week less stressful is taking time to relax and not over-studying.

"I have definitely learned better time management during my time here. I take study breaks all the time. I would totally attend the event if I didn't have class during that time," Merrick said.

Freshman in business Jackson Shinpaugh said that although he has it easier this term than last term, he struggled through some tough finals during his first term.

"I'm taking a pretty light workload this term so I only have one final," Shinpaugh said. "Still, I definitely want to go to the study break event. If puppies are there, I'm there." The events will be held at the Student Experience Cen-

The events will be held at the Student Experience Center on March 8 through March 10, from 11 a.m. to 2 p.m. each day.

baro news@oregonstate.edu



LUKE FRANCIS | THE DAILY BAROMETER

The Student Events and Activities Center (SEAC) is putting on the "SEC Study Break" this week to help students relieve finals stress through various acitivies.

Women's basketball wins big, SPORTS, PAGE 5 Swift Serenty tips to survive finals, FORUM, PAGE 7 Music production class performs, A&E, PAGE 8

Cookies and Compliments

LUKE FRANCIS | THE DAILY BAROMETER Members of the Active Minds club on the Oregon State University campus passed out 200 cookies on compliments Monday afternoon to raise awareness for mental health issues.

OSU club raises awareness for mental health issues

Gaby Mudd

The sun was shining for the first time in days and one thing brings students something positive during dead week free cookies.

Bustling with activity Monday afternoon, the library quad felt like spring as the trees were starting to bloom, and the OSU Active Minds club passed out 200 free cookies to students to raise awareness about mental health issues during the "Cookies and Compliments" event.

The Active Minds club is a studentrun chapter of a national organization that promotes changing the way mental health is perceived on college campuses. The purpose of the event was to raise awareness and address the stigma that surrounds mental health issues, as well as to give students a cookie to brighten their day during dead week according to Rikki Redhead the Active Minds treasurer and event organizer.

"I think that our biggest message is to convey to students that mental health

"Mental health is a huge issue that needs to be to talked about, and most of the time it is not even in our peripheral vision. We need to keep talking about it until it is at the center of our attention."

Padma Akkaraju OSU faculty in the School of Electrical Engineering and Computer Science

issues are extremely common and we need to be more aware of them," Redhead said. "There is no shame in asking for help if you need it, and we want more people to know that."

One in four students suffer from a mental illness according to Redhead. These mental health issues including eating disorders, anxiety and depression, correlate to lower GPAs and higher college dropout rates, and are a leading deterrent in academic success according to the Active Minds national website.

IN THIS ISSUE >>>

Emily Seiler, an Active Minds member and OSU senior in zoology, talked about the need to have more conversations about mental health issues and the purpose behind passing out cookies to students.

"A lot of times mental health is something we don't talk about enough," Seiler said. "It is a good way to get the word out about the club and what we do, and it is a nice thing we can do for students during dead week."

See Cookies, Page 4

BLOCK

Calendar

TUESDAY, March, 8

Event 4 p.m. - 5 p.m. OSU Healthy Aging Club

Location: Waldo 400 We will be preparing for this term's final Silver Screen and

the photo contest.

WEDNESDAY, March, 9

Event Waste Watchers

Location: MU Quad The Waste Watchers are going to give prizes to people that they catch recycling

Meeting Death Cafe Corvallis Location: 26th St. Beanery, 2541 NW Monroe St., Corvallis OR

Our guiding principles are respect, openness, and con-fidentiality. Come drink coffee, eat cake, and discuss death with interesting people.

THURSDAY, March, 10

Discussion 12:30 p.m. - 1 p.m. Baha'i Campus Association Location: Talisman Room, Memorial Union 105 Should Religion and Science Agree

SATURDAY, March, 12

Event 4 p.m. - 6 p.m. Book Bin Bookstore Location: Talisman Room, Memorial 215 SW 4th St.

Corvallis OR 97333 Writer Virginia Zimmerman will be reading from her new book The Rosemary Spell, Virginia is professor of english at Bucknell University.

SATURDAY, March, 16 Meeting Death Cafe Corvallis

Location: 26th St. Beanery, 2541 NW Monroe St., Corvalis OR

Our guiding principles are respect, openness, and confidentiality. Come drink coffee, eat cake, and discuss death with interesting people.

SATURDAY, March, 23

Meeting Death Cafe Corvallis Location: 26th St. Beanery, 2541 NW Monroe St., Corvallis

OR Our guiding principles are respect, openness, and confidentiality. Come drink coffee eat cake, and discuss death with interesting people.

WEDNESDAY, March, 30

Event 10:30 a.m. 2 p.m. Waste Watchers Location: MU Quad Recycling: How Does it Rank? Come learn about the impact you make by recycling

Meeting Death Cafe Corvallis Location: 26th St. Beanery, 2541 NW Monroe St., Corvallis OR

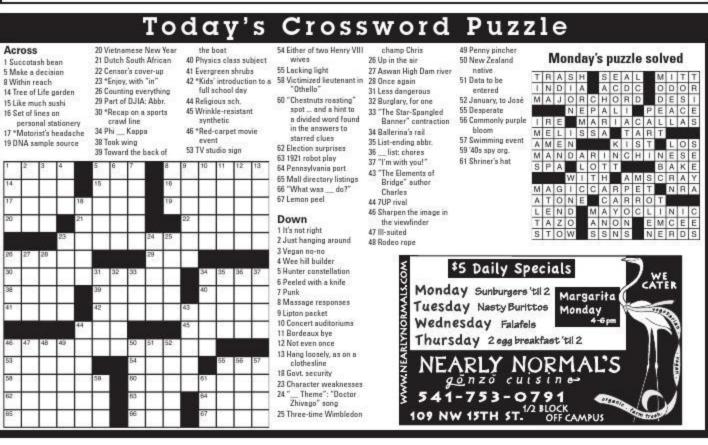
Our guiding principles are respect, openness, and con-fidentiality. Come drink coffee, eat cake, and discuss death with interesting people.

SATURDAY, April 6

Meeting Death Cafe Corvallis Location: 26th St. Beanery, 2541 NW Monroe St., Corvallis OR

and discuss death with inter ecting people.

Hot off the press: The winter term edition of OSU's art and literary magazine, Prism, hits stands today.



Horoscope

Today's Birthday (03/08/16), Steady focus expands your career to new levels this year. Build support for a two-year moneymaking phase after Today's solar eclipse sparks personal transformation; the next benefits partnership (9/1). Lunar eclipses illuminate a turning point for shared financial priorities (3/23) and your self-image (9/16). Invent new possibilities.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

9/9

Aries (March 21-April 19) - Today is a 5 — Transitions mark a shift in direction, with this New Moon solar eclipse in Pisces. Begin a six-month peaceful phase. Complete previous projects and prepare for what's next. Create new plans. Slow for turns.

Taurus (April 20-May 20) -Today is a 5 — Strengthen your communications infrastructure. Begin a new phase in friendship, social networks and community, with tonight's New Moon solar eclipse in Pisces. A group endeavor takes a new tack. Resolve team differences with patience.

Gemini (May 21-June 20) - Today is a 7 — Begin a new career phase.

One door closes as a new one opens in a professional adventure, with this New Moon (total solar eclipse) in Pisces. Team up with a genius. Set goals together.

Cancer (June 21-July 22) - Today is a 6 — Begin a new phase in your education, travels and exploration, with this New Moon solar eclipse in Pisces. First-person experience is most memorable ... go to the source. Pursue new directions. Take a stand.

Leo (July 23-Aug. 22) — Today is a 5 — A turning point arises regarding family finances, with this Pisces New Moon solar eclipse. Change directions. Support each other's goals. Expect an emotional shift. Share concerns with someone Share concerns with someone you trust. Together you're more powerful.

Virgo (Aug. 23-Sept. 22) — Today is a 5 — Begin a new phase in a partnership, with this New Moon solar eclipse in Pisces. Realign your collaboration to new priorities. One door closes as another opens. Talk about what you want to create.

Libra (Sept. 23-Oct. 22) - Today is a Tonight's transformational New Moon solar eclipse launches a new phase in service, work and health. With power comes responsibility.

Listen to your heart. Nurture your body, mind and spirit. Care for vourself and others

a 5 — Play with the ones you love. Begin a family, fun and passion phase. Complete one game and begin anew, with this Pisces New Moon solar eclipse. A romantic relationship transforms. It's all for love.

Sagittarius (Nov. 22-Dec. 21) Today is a 5 — One domestic phase closes as another begins for the next six months under this Pisces New Moon eclipse. Complete the past and invent new possibilities for your family. Adapt your home to suit.

Capricom (Dec. 22-Jan. 19) - Today is a 6 — Complete old projects and launch new creative works with this New Moon eclipse. Begin a new communications phase, including research, broadcasting, writing, recording and publishing. Get contracts in writing. Work with someone you respect.

Aquarius (Jan. 20-Feb. 18) — Today is a 7 — Take care of business. A profitable six-month phase expands your income possibility in a new direction, with the New Moon solar eclipse in Pisces. Seize a lucrative opportunity. Create a new level of prosperity.

Pisces (Feb. 19-March 20) — Today is an 8 — Begin a new personal phase with tonight's Pisces New Moon solar eclipse. Take advantage of energy and confidence to step into leadership. Use your power for good. Make a change you've been wanting.

Sudoku



Complete the grid so each row, column and 3-by-3 box (in bold 1 to 9. For st solve Sudoku, visit www.sudoku.org.uk

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Barometer

Contact the editor: 541-737-3191 Business: 541-737-2233 On Campus SEC fourth floor. Oregon State University Corvallis, OR 97331-1617

Please direct news tips to: 541-737-2231 baro news@oreconstate.edu

To place an ad call 541-737-2233

EDITOR-IN-CHIEF **Rachel Suchan** baro.editor@oregonstate.edu

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NEWS EDITOR Riley Youngman baro.news@oregonstate.edu ASSOCIATE NEWS EDITOR

Marcus Trinidad ASSOCIATE SPORTS EDITOR

Brenden Slaughter baro.sports@oregonstate.edu

A&E EDITOR Shiana Ramos baro.arts@oregonstate.edu

FORUM EDITOR Sean Bassinger baro.forum@oregonstate.edu

PHOTO EDITOR Nicki Silva baro.photo@oregonstate.edu

DESIGN EDITOR Eric Winkle

BUSINESS MANAGER Logan Taylor 541-737-6373 baro.business@ oregonstate.edu Advertising Executives: Gracie Hamlin db1@oregonstate.edu Maranda McArthur

baro.production

CLASSIFIEDS

541-737-6372

PRODUCTION

db3@oregonstate.edu Gabe Landstrom db5@oregonstate.edu

Alec Weeks db6@oregonstate.edu

oregonstate.edu

The Barometer is published Monday through Friday except holidays through Finday except hondays and final exam week during the academic school year, weekly during summer term; one issue week prior to fall term in September by the Oregon State University Student Media Committee on behalf of the Associated Students of OSU, at the Student Experience Center, OSU, Corvallis, OR 97331-1614.

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Formal written complaints about The Daily Barometer may be referred to the committee for investigation and disposition. After hearing all elements involved in a complaint, the committee will report its decision to all parties concerned.

TV STUDENT MADE - STUDENT PLAYED

Thursdays

Scorpio (Oct. 23-Nov. 21) - Today is

News

Police Friday, March 4 **Restless and reckless** Beat

March 4 -March 6 edly weaving in and out of her lane and hitting curbs Compiled from multiple times. The driver the Corvallis was contacted and said Police Department All those arrested for crimes are

dered innocent until proven guilty.

Tests revealed that the driver was not impaired, but she was arrested for Reckless Police responded to a Driving woman who was report-

Saturday, March 5 **Bad** connection

A man called 9-1-1 to report his internet The man had a warrant for FTA-Driving Under the Influence of Intoxicants. and when the officer arrived at the man's

house, he took him into custody and transported him to the Benton County Jail.

Explosive evidence Police were dispatched for a welfare check on a man that was under the influence of alcohol and a controlled substance. The man claimed to have a bomb strapped to his chest and was worried his brother

man was transported to the hospital and was issued a MIP-Alcohol.

Sunday, March 6 Moving on

A caller reported to police that a female at his residence was refusing to leave and was breaking down an interior door. The caller

and family were going to said the woman was his die inside a corridor. The ex-girlfriend, and she had ex-girlfriend, and she had arrived at the residence unannounced to drop of the caller's belongings and discovered the caller watching a movie with his new girlfriend. The ex slapped the caller three times on the face and neck and damaged two doors. The caller declined to press charges.

Elite universities have a gender problem

By Katy Murphy

San Jose Mercury News

STANFORD, Calif. -In its 125 years, Stanford University has spawned legendary tech companies and claims 32 Nobel laureates, but has yet to solve a pressing problem on its own campus: the lack of women on its faculty.

Only about one-fourth of the professors at Stanford are women, a disparity that is even more lopsided at the top: Of its full professors, a rarefied group with great power and influence over their respective fields, only 22 percent are women.

It's a problem at elite universities across the nation, but Stanford's imbalance is greater than most: Of the schools ranked in the top 10 by U.S. News & World Report, only the Massachusetts Institute of Technology and Caltech had lower percentages of women on their faculties.

There is the false sense that things are getting better," said Shelley Correll, a Stanford sociology professor who

KBVR FM

UPCOMING SHOWS

BROADCASTING ALL DAY & ALL NIGHT

directs the Michelle R. Clay- Ivy League colleges, including man Institute for Research on Gender. "At this rate, we're not getting anywhere fast.

she was tired and getting

over illness and was going well under the speed limit

and had hit multiple curbs.

One commonly cited reason for the lag is Stanford's emphasis on engineering and computer science, fields dominated by men. Its engineering school faculty is 85 percent male.

Still, even in fields flush with women earning advanced degrees ----business, humani-----ties, education, political sci-ence and law-Stanford is far from achieving gender equal-ity. And despite initiatives to diversify its faculty, just 33 percent of the university's new hires were women in the past five years, and 35 percent of those hired for jobs outside the engineering school.

And there is the lack of women at the very top. Stan-ford has never had a female president, and its appointment this month of neuroscientist Marc Tessier-Lavigne was to some a reminder of the status quo. The majority of

Harvard and Princeton, have had women in the role.

"We're kind of standing out now as a top university without having had a female president," Correll said.

At Harvard and Princeton universities, less than onethird of all faculty are women. Columbia University in New York City has the highest representation of women among top 10-ranked schools _ about 40 percent, including those in its medical center _ but among its full professors, roughly a quarter are women.

In the nation's four-year public and private colleges in 2013, roughly 43 percent of faculty were women, but only 28 percent of full professors. The advancement of women

at Stanford is another concern. A little over two years ago, after sharing frustrations over dinner about what seemed like a lack of women in leadership. a group of Stanford professors decided to see if the numbers reflected their experiences.

The group's findings were striking, though they stressed that the figures in their 2014 report were merely estimates based on publicly available data: Women leaders oversaw just 14.2 percent of the university's budget, and led schools with 5.5 percent of Stanford's

Stanford named a woman, physics professor Persis Drell, as dean of its School of Engineering.

Drell's appointment and other steps encourage Andrea Goldsmith, who was part of the study group and is one of five women in the university's electrical engineering department. Now, as a member of the provost's task force, she said its recommendations, due this year, will include removing leadership barriers, nurturing those with leadership potential, and regular data reports on how the university is progressing. "When you start report-

ing statistics, especially when they're really low, they get people's attention," Goldsmith said.

Although female graduate students are outnumbered in the physical sciences, mathematics and engineering, there is no shortage of women entering academia overall. Each year since 2002, women have earned a majority of doctorates awarded to U.S. citizens and permanent residents, according to an annual census sponsored by six federal agencies.

"Right now we have all these women with Ph.D.s _ where are they in the university?" said Stanford sociology professor Cecilia Ridgeway, author of

the book "Framed by Gender." The barriers are many, Ridgeway and others say: deeply ingrained stereotypes of men and women; the power

Women faculty underrepresented

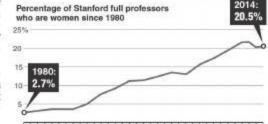
Men still greatly outnumber women faculty in academia's highest echelons. And with its emphasis on science and technology. Stanford lags behind most of its peers, according to the morecent federal data available for all of the below universities. according to the most

Percentage of full professors who are women, 2013

secondle of the brokenes with a	and manufactif manual.
U.S. four-year colleges	28.4%
UC Berkeley	25.8
Columbia University	24.6
Harvard University	23
Yale University	22.9
Duke University	22.5
Princeton University	21.6
University of Chicago	21.2
niversity of Pennsylvania	21.2
ohns Hopkins University	20.8
Stanford University	20.7
MIT	17.3
California Institute of Technology	16.2

Progress for women at Stanford: Steady but slow

Just 13 women held the prestigious title of full professor at Stanford in 1980, a number that has grown to over 130, or about 21 percent, not including the medical school faculty.



95

Including medical achool, 32 percent of full professions were women in 2014 and 2015. For consistency, the chart uses data over 35 years that don't include medical staff Source: National Center for Education Statistics U.S. Department of Educationi

100

'05

of male-dominated networks and mentors; different expectations for men and women professors; greater confidence among men; a sense that academic women who also are raising children aren't as serious or productive.

'90

Tammy Frisby, a Hoover research fellow, argues they are symptoms of a "problem

at the top." Only four of Hoover's 74 senior fellows are women, she said, and in the three years since the university investigated the institution's hiring practices and treatment of

female employees, not one woman has been hired for the senior fellowship.

10

Still, Frisby has struggled to find people on campus with whom to mobilize around the advancement of women, often finding others to be caught up in their own related causes.

"Until we act like we're all up against the same problem, which we are," she said, "we're not going to get the real leadership and cultural changes we need.

San Jose Mercury News







KBVR.COM/LISTEN 88.7 FM

faculty. Provost John Etchemendy created a task force on women's leadership in response to the findings. Later that year,

Un

Jo

1980

'85



LUKE FRANCIS | THE DAILY BAROMETER Cookies were handed out with business cards containing positive messages and club informatoin.

Cookies

Continued from page 1

The cellophane wrapped cookies held a simple blue and green business card with positive messages such as "you are making a difference" on the front and information about the club on the back. Students wore shocked expressions that transformed into smiles as they realized the cookies were free. The club passed out all 200 cookies in just 30 minutes.

One of the recipients of a cookie, Padma Akkaraju, an OSU faculty in the School of Electrical Engineering and Computer Science, talked about her own personal support for the event.

'Events like this are very important," Akkaraju said. "Mental health is a huge issue that needs to be to talked about, and most of the time it is not even in our peripheral vision. We need to keep talking about it until it is at the center of our attention."

The Active Minds club is always looking for new members and volunteers to help with more events according to Readhead. They meet every other Wednesday at 6 p.m. in Snell Hall 301.

baro news@oregonstate.edu

Trump reverses position on torture

By Lesley Clark and David Lightman Mc Clatchy Washington Bureau

WASHINGTON-A sudden about-face on torture by Republican Donald Trump Friday suggested a post-primary pivot aimed at wooing general election voters but also threatened to feed growing anxiety among conservatives that he's too willing to negotiate away earlier positions.

Trump as recently as Thursday night doubled down on his threat to target terrorists' families and engage in enhanced waterboard-ing, insisting that if he were commander-inchief the military would carry out his orders.

"They're not going to refuse me. Believe me," he said at a GOP debate in Detroit. "We should go for waterboarding and we should go tougher than waterboarding.

Even targeting terrorists' families, moderator Bret Baier asked?

"If I say do it, they're going to do it. That's what leadership is all about." But Trump issued a statement late Friday

reversing course.

"I will use every legal power that I have to stop these terrorist enemies," he said in a statement. "I do, however, understand that the United States is bound by laws and treaties and I will not order our military or other officials to violate those laws and will seek their advice on such matters.

To be clear, he said, "I will not order a military officer to disobey the law. It is clear that as president I will be bound by laws just like all Americans and I will meet those responsibilities."

Trump had been under withering criticism for his pro-torture, pro-assassination-of-families doctrine. Military officials and foreign policy experts have been sharply criticizing Trump, and raising the possibility of the U.S. military refusing to follow some of a President Trump's orders.

Former CIA Director Michael Hayden said last month that that military service men and women are "required not to follow an unlawful order" and that some of Trump's rhetoric would be "in violation of all the international

laws of armed conflict."

Also, 70 Republican foreign policy experts earlier this week penned an open letter to Trump, warning that he "would use the authority of his office to act in ways that make America less safe." They singled out his embrace of increased torture, calling it "inexcusable."

Changing position on torture was not his only switch this week. If came after Trump also softened his oppo-

sition to visas for more highly skilled workers, visas he once complained would "decimate American workers." Trump said Thursday he vas changing his visa position "because we have to have talented people in this country."

All of it comes as Trump this week started openly altering his message to appeal to a general election audience beyond the GOP base as he emerged from Super Tuesday voting with victories in 10 of 15 states and a growing lead in the delegates needed to win the Republican nomination. In his Super Tuesday victory remarks, he called himself a "unifier," and offered kind words for rival Sen. Ted Cruz, R-Texas.

Many conservatives fear, however, that it's all part of a move toward a general election campaign and potential presidency in which he'd abandon tough stands he took to win the primaries. Trump's resume troubles many conservatives who see the GOP as already too willing to cut deals with Democrats and betray conservative principles.

"I think the concern is he's not as true a representative of things he's saying. The question is, is it campaign posturing?" asked George Urban, 39, a Charlottesville, Va., business owner attending a conservative political conference in suburban Maryland this week.

Trump badly needs to "show us a platform that addresses the principles of the Republican Party," such as support for lower, more fair taxes and gun rights under the Second Amendment, said Scott Jennings, a Louisville-based Republican consultant.

Instead, what conservatives see is someone without a clear path they can follow.

At one point in Thursday's debate, for example, Trump was shown discussing Afghanistan.



EFF SINER | CHARLOTTE OBSERVE GOP presidential candidate Donald Trump waves to supporters at the Cabarrus Arena on Monday

He said the United States made a "terrible mistake getting involved there in the first place." He also said, "I've never said we made a mistake."

Trump was shown supporting America welcoming refugees from Syria, then saying otherwise.

He insisted he has a "very strong core," but added, "I've never seen a successful person who wasn't flexible, who didn't have a certain degree of flexibility."

In order for Trump to defeat Hillary Clinton, he has to inch away from being too identified with hardcore conservative ideology.

So far, he's been able to attract voters from different ends of the Republican political spectrum. In Virginia Tuesday, exit polls showed that while he won among conservatives, he finished second to Sen. Marco Rubio, R-Fla., among moderates

Mc Clatchy Washington Bureau

Start Here



KBVR-TV Alum Joe Raineri

"I still remember the first time I walked into the KBVR studios, and saw the other students running around trying to put together the show that evening. When I saw people frantically writing scripts to meet their deadline, I knew broadcast journalism was something I had to be a part of. In just the two years I was at KBVR, it set me up for success in finding internships after college, and a career I have so much passion for.'

Joe Raineri is a meteorologist & reporter for KPTV in Portland, Oregon. He's worked in the broadcast journalism field for thirteen years. Raineri has covered everything from wildfires, rescues on Mount Hood and one of his most memorable experiences is when he had the opportunity to cover former president Bill Clinton as he campaigned across Oregon for his wife Hillary during the 2008 Presidential campaign.

After graduating from Oregon State University in 2003 with a Bachelor of Science degree in Speech Communication, he started working at KATU-TV in Portland as a writer and associate producer. After spending several years working behind the scenes in television, he decided to get in front of the camera. Joe took a job working in Bend, Oregon for the FOX affiliate where he did everything from shooting and editing his own video to anchoring

and reporting. It was during this time that Joe pursued an additional interest and earned a degree in meteorology from Mississippi State University's

online program. After spending a little time in the High Desert, it was back to the west side of the Cascades where he worked as a meteorologist in Eugene before making his return to Portland.



Photo by Ray Pylant Covering a snow and ice storm that hit the Oregon coast in December of 2013.



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Sports **Continuity: the framework for success**

Team chemistry proves key for postseason performance

By Michael Kiever Sports Reporter

Six years ago, Scott Rueck planted a seed.

He didn't know what would become of it, but knew that if he tended to it, worked with it, helped it grow, one day it would flower into a successful basketball program.

Following the Beaver's first ever Pac-12 tournament championship, it's safe to say the OSU women's basketball head coach has cultivated something special.

Behind the senior class of 2016, OSU has now won two consecutive Pac-12 Conference titles and has a roster chock full of talented players, including seniors Jamie Weisner (reigning Pac-12 Player of the Year) and Ruth Hamblin (two-time Defensive Player of the Year). It has been arguably the most successful women's basketball team in OSU history, and the season has yet to come to its conclusion.

Now at the peak of its powers, the OSU women's basketball program has come along ways from its former self. When Rueck took over in July of 2010, OSU was hardly the sterling program that it has evolved into today. It's been a long way to the top.

When Hamblin, Weisner and the rest of the current seniors were first recruited to OSU, they did not agree to come to Corvallis because it was already a Pac-12 powerhouse. That was evident by the fact that they only yielded a paltry 10-21 record in their first season. Because they stuck around to see Rueck's vision out, however, a dynasty was born.

'It's a completely different story. Like the turn of the page," said Hamblin, regarding the transformation the team has been through since she first arrived. "I'd say the major key



Oregon State Women's Basketball gathers at center court to celebrate their victory over UCLA in the PAC-12 Tournament Chamionship.

in our turnaround has been everyone setting aside their differences and buying into coach Rueck's plan for us."

From the start, Hamblin, Weisner, forwards Deven Hunter and Samantha Siegner would experience the growing pains of a young team on the rise. This continuity and commitment from the talented group has been the very heart of Rueck's success-

known to perpetuate itself, and that seems to be the path that the Beavers are currently headed down.

"I think continuity is everything. That's how you build a culture," Rueck said. "A culture builds, expectations build, and a system of operation builds.

Also among the things that Rueck has seen build up in his tenure is the ful rebuilding plan. Success has been team chemistry. With a consistent

coaching staff and set of players, the team has had time to bond and grow together. Relationships have been made, battles have been fought, and the team has evolved.

Junior guard Sydney Wiese, who was named to the All-Pac-12 team alongside Weisner and Hamblin, has witnessed this transformation firsthand. In addition to being an integral part of this year's successes, Wiese was apart of the team that was bounced from the second-round of the Pac-12 Tournament last season.

"We've had a lot of really tough losses that we've had to endure,' Wiese said. "We are just taking all the lessons that we've learned and the adversity that we've faced and using them for our benefit going into post-

See Chemistry, Page 6

Storybook season must continue

CONTRIBUTED BY KARLMAASDAM OSU celebrates their first ever PAC-12 Tournament Championship. The Beavers defeated the Bruins 69-57.



happy ending? Perhaps not, but for the

Oregon State women's basketball team, anything less than a magical end to the 2015-2016 season would be disappointing.

On Sunday, the Beavers ran UCLA out of the gym in the Pac-12 Championship game, controlling every aspect from start to finish en route to a 69-57 victory.

The final scored made things look better for the Bruins, who were down 44-17 at halftime. The craziest part of this train of thought is how far this OSU team has evolved in just one season.

out junior starting point guard Sydney Wiese and won all of them. They found a never-say-die leader in senior guard Jamie

six conference games with-

Weisner. Sophomore forward Marie Gulich and freshman guard Katie McWilliams became regular contributors off the bench, making OSU's team deeper than it had ever been in the Rueck era.

The results?

A Pac-12 regular season title, and OSU's first conference tournament championship.

It wasn't an easy feat either. The Beavers had to first get by a pesky USC squad, then played arguably the nation's best pure scorer in Washington's Kelsey Plum, and finished with one of the most athletic teams in the country in UCLA.

The odds were stacked against the Beavers, but they didn't falter.

OSU passed all the challenges with flying colors, and are well on their way to making some noise come March.

But to put that signature bow tie on this magical season, the

They endured a stretch of See Champs, Page 6



TWEET OF THE DAY

Woke up feeling like a champ

Jamie Weisner @Jamieweisner

The Bottom Line

NUMBER OF THE DAY

OSU women's basketball's ranking according to the Associated Press Poll. The highest ranking in school history.

W. Basketball	BYE
Softball	3-11-3-13 @ Matador Classic
Baseball	3/11 vs San Francisco

M. Basketball 3/9 @ Pac-12 Tournament

UPCOMING EVENTS



The OSU bench rises up in support as the Beavers build their lead on UCLA.

Chemistry

Continued from page 5

season play."

The highs and lows that the team has endured together has translated into on-court advantages for OSU. Having played her entire collegiate career with the seniors, Wiese has a special connection with them on the floor that few others possess.

"We know each other so well, we're always just a step ahead. For example, whenever (Hunter) goes down to screen for Jamie, I sort of have a feeling that she'll probably curl it," Wiese said. "I know the right things to look at now in order to set people up better to score."

OSU's kinship hardly stops off the court. Traveling, practicing and hanging out constantly with one another has led to something that transcends the sport.

"I think off the court too, we just know each other. We really know how to handle each other's personalities and how to get the best of each other," Wiese said.

"We're all close and we all know each other very

well, inside and out," Hunter said about her team-mates. "We know what each other's needs are on and off the court.'

Rueck is hoping that the bonds that this team has made will bring post-season success. Last year, the Beavers were bumped in the Round of 32. Rueck believes prior shortcomings will only help when the season is on the line.

"The teams that win have that continuity and experience, no doubt. There's no other way to recreate what it's like to play at home in the NCAA tournament against a team that can beat you," Rueck said. "Last year, we did it. We didn't go as far as we wanted, but we learned a lot."

Like a single sprout that eventually becomes a forest, Rueck has seen the team grow from the ground up into a beautiful spectacle. Now--with a full stock of team chemistry and experience -- it's time to see what this team can do.

"We've had all these experiences and I think we're all fully veteran now," Hamblin said. "Hopefully we've can apply those lessons and come out on the other side this time."

On Twitter Omichaelkievaaa

Champs Continued from page 5

Beavers must avenge last year's second-round exit in the NCAA tournament. No Beaver player wants to remember that game against Gonzaga last March, but OSU must not let it happen again.

This season is going to go down as one of the greatest women's basketball teams ever at OSU, based on their winning success. However, unlike last season this year the Beavers must send these seniors out on a high note. They have given so much for this program, build-ing it up from the ashes, and they must use this momentum to make a deep run into the NCAA tournament.

The Beavers were held short of their dream last year, by not being focused, and not being able to handle success. This year though, the Beavers have a completely different mindset.

The one thing that I have noticed about this team this season compared to last? They are all smiling again.

Flash back to the press conference following OSU's win

over USC in the first round of the Pac-12 tournament. As head coach Scott Rueck

prepared to answer questions for the media, he had the look of a kid at Christmas about to open the biggest present under the tree.

wore on, Rueck's smiling per-

sona warranted a question from a reporter. She asked Rueck if there was

CONTRIBUTED BY KARLMAASDAM

a particular reason why he was in such good spirits on the sideline

Rueck's response was one that was slightly delayed due to the amount of laughs that were shared between Weisner and senior center Ruth Hamblin, but eventually he gathered himself and constructed his answer.

"I'm a happy person, and they were allowing me to be," Rueck said. "I just love coaching this team, and why not be happy?"

Simply put, Rueck's demeanor is an allusion for something bigger. His leadership, tenacity, and coaching skills were on display this season, in the Pac-12 tournament. Even after OSU defeated UCLA, the Beavers

were not done. They feel that they haven't even started.

After the final buzzer had sounded, after the confetti had fallen, and after Pac-12 commissioner Larry Scott handed Rueck and Co. the trophy, the Beavers took a moment to reflect on what had just happened.

For the fans, and family of the Beavers, they saw something after the game that had become a routine for OSU this season.

Smiles. Laughs. Hugs. It was a dream come true for

As that press conference the Beavers, and they deserved every bit of the recognition

began to file to the exits, Rueck, Weisner, Wiese, and Hamblin made their way to the depths of Key Arena for the final press conference of the weekend.

The most popular topic on the table was how high the limit is for the Beavers.

that they were awarded.

As the orange-clad fans

It was a fair question, as the Beavers are still looking to improve off of last seasons early NCAA tournament exit. But the difference this year compared to last is the Beavers are making their own luck.

They aren't hoping to win going into games, they are going in with the mentality to dominate.

"We're not satisfied. Even with this victory we're obviously going to enjoy it today, more nets.

we're going to face in the tour-nament," Wiese said. "So I think that's been the different mindset that we've had all year is just never relaxing and always staying hungry.

One can only speculate just how far this Beaver team can go in the tournament this year.

After all the Beavers lost to now-No. 2 Notre Dame by one point and were on the cusp of winning that game. They also went toe-to-toe with opponents in the Pac-12, the No.1 RPI conference in the country, and came out of conference play with a mere two losses.

Outside of powerhouse Connecticut, I don't think there is a team in the country that is going to stand in the way of OSU wanting to cut down

but then come tomorrow and the next day we're going to continues for OSU: Win a Pac-score against," he said. "They

start preparing for whoever 12 title? Check. Win a Pac-12 Tournament title? Check.

The Beavers have accomplished so much this season, but yet they must remain humble and keep their eyes on the prize.

A trip to the Final Four in Indianapolis.

The magical season isn't over yet for the Beavers, and as long as they are playing their best basketball of the season, there is no reason why we couldn't see this Beaver team playing in Final Four in April.

It's a long ways off, but the Beavers believe it's possible. Rueck was later asked

Sunday if he feels that this OSU squad is constructed to be a Final Four team.

"I do. I think you look at the best teams, they're typically the best defensive teams. This score from inside. They score from outside. They have experience. They've been there. This team has played against everybody and played well against everybody, and they've played storied programs and storied venues, and they haven't even blinked. You just have to have the right people and I think we do.

With such a statement of support for his team, it seems like the Beavers have all the confidence in the world, and must channel positive energy to end this season in a much more happy place.

Now the Beavers have to ride that confidence to the ladder below the net in Lucas Oil Stadium.

Rueck believes it, the Beavers believe it, I believe it

Do you?



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PHOTO ILLUSTRATION BY SEAN BASSINGER | THE DAILY BARO METER

Combine experience, education



A generation ago, when my parents were my age, a college degree guaranteed a career, financial stability and overall success.

Four years of hard work and diligence procured a magic paper plaque declaring them deserving of a happy, successful life.

This privilege, of course, was not utilized entirely by everyone—not every college graduate led a successful and fulfilling life, but each was given the opportunity to. Finding a job after college was as simple as filling out a couple forms—voila, a lifetime supply of paychecks—or at least enough to pay off those pesky student loans, buy a house and settle down.

Nowadays, a college degree is included in the list of expectations of young adults in much the same way as a high-school certificate. Similarly, it offers no guarantees.

An undergraduate degree does not declare its recipient an exemplary individual capable of hard work and dedication and worthy of a career. You should not, however, think this to be because of a lowered standard of graduation, as today's college students have the highest course load requirement of any time in the history of college education, according to a report by the nonprofit Complete College America titled "Four Year Myth."

Students are now putting in more work than ever to obtain that same magic paper plaque, though it seems its magic is wearing thin.

In 2007, a man named Michael Holmes plummeted to his death from a plane flying two miles above the New Zealand countryside. Only, Holmes didn't die. Landing on a blackberry bush, he managed to survive with only several broken bones and a punctured lung. As a professional skydiver, he reacted cool and calm when his primary chute malfunctioned, deploying but entangling itself in the backpack which was supposed to release it.

After calmly cutting away the cords of the

primary chute, he only began to panic after realizing that the secondary chute would not deploy. In moments of horror, Holmes remained complete conscious and alert as he watched the earth and his imminent death quickly approaching.

In his last seconds of panic, he remembered the helmet camera that was recording his fatal descent. "Say something", he told himself. "I'm dead. Bye"—his would-be last words.

Now, I struggle through college courses, draining every penny I've managed to save in my short, minimum wage lifetime and much more.

I set myself up for a lifetime of debts in hopes that my excruciatingly hard work and determination will procure a paper plaque containing just enough magic to find me a job that might be sufficient enough to pay for the education that it took to get it.

I plummet quickly toward the earth, watching the ground grow ever closer and pray for a blackberry bush that may leave me, though bruised and broken, alive to tell the tale.

If you feel anything like I do—as I imagine you might—let me suggest one thing: Get involved. This school offers a unique array of opportunities for students to involve themselves in the community and to gain hands-on Let go of the idea that volunteer work or unpaid internships are a waste of time.

experience in various fields before graduation. Let go of the idea that volunteer work or unpaid internships are a waste of time. Don't

let your insecurities or fear of failure hold you back from taking risks and trying new things. Know that your diploma won't get you as far as it should, and that hands-on experience

will help to build a foundation for success in the 'real-world.' Make your own magic, because no one's

going to hand it to you on graduation day. The opinions expressed in Suchan's column

do not necessarily reflect those of The Daily Barometer staff. baro forum@oregonstate.edu

Crush negativity, struggle with week 10, finals



Since when did "Dead Week" demeanor become nothing more than unreceptive classmates, careless drivers vis-à-vis argumentative pedestrians and technologically incapable teachers trying to rummage through the endless plethora of final exam grades?

Needless to say, mid-way

through our academic year we seem to lose sight of humanity and start dredging through repetition like mindless zombies with little to no regard for anyone else.

How selfish can a college student be? We are all struggling to scrape

through to the bitter end—seniors will genuinely understand this notion—however, why can't we display an ounce of compassion for our peers and their personal affairs? Look around you.

By working hard and staying focused through academia, you

have managed to be a studential, you have managed to be a student at Oregon State University. Some will scoff at this statement; however, whether it is your parents, select family members, dear friends, or spouse tagging alongside you throughout your college experi-



ence, you need to always have them as loving motivation to aim higher than you have ever gone before.

Echo this shred of good will: be uniquely you for someone who desperately needs of a confidant. Even if this is showcasing a smile to the wallflower in your class or empathizing with a professor who is being particularly difficult, kindness is recurring.

Those who outwardly display hostility, sadness or loneliness are those who need of you the most. The smallest of gestures—no matter the size or scale—are grand enough to move mountains. And sometimes, that is all the validation a person needs to carry on throughout their day.

Be a beacon of light in the fog: wallowing in your misery will only distort your clarity this coming week. Do not allow for these high times of great tension to get in the way of your main focus.

If you look around campus, you're not as unique in having these troubles as you think you are.

Everyone is or will be in your given scenario at some point or another. Do not think for a second there is no one to talk to about your hardships. Be proactive and seek others for help on how to control your stress if breathing meditation or exercise are not doing the trick. But, if you can manage to control

your stress properly, be that glimmer of hope for someone in need. Buy them a cup of coffee, sit in the presence of nature, and allow for your ears and heart to be open and responsive.

Getting yourself tangled in the beast and getting out successfully is only half the battle. Providing others with direction and guidance will revolutionize the angst filled monotony of Week 10.

That, my friends, is winning the war.

The opinions expressed in Lyon's column do not necessarily reflect those of The Daily Barometer staff. baro.forum@oregonstate.edu

Letters

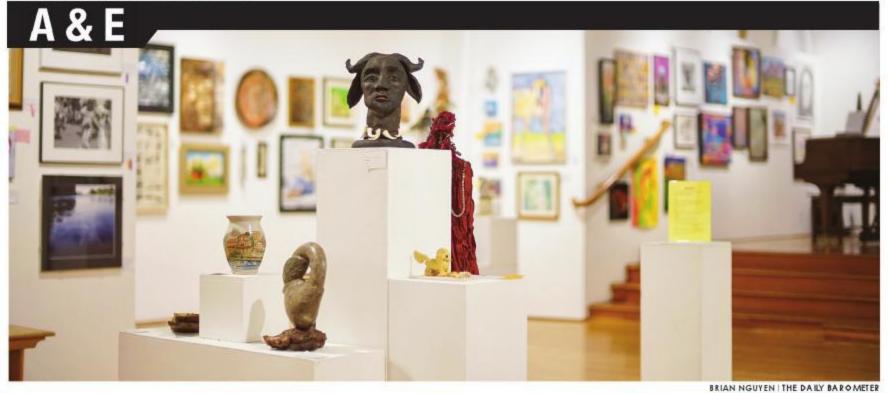
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480 Student Experience Center Oregon State University Corvallis, OR 9 723 1-1417

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The Arts Center currently displaying a variety of different types of artwork such as; photographs, drawing, paintings, print, crafted art and more

The Arts Center cultivates community

The Howland Community Open Exhibit puts spotlight on work from artists in Linn and Benton counties

By Brian Nguyen Arts & Entertainment Contributor

From paintings, to photographs and mixed media; all sorts of diverse forms of art are presented at The Howland Community Open Exhibit.

The Arts Center is currently featuring 224 different pieces of artwork, contributed by locals regardless of their age or choice of medium.

'There are artists from all levels - young kids to adults, beginners to professional. It's a range of varieties of ages and techniques. It's fun to see a bunch of variety of art in one place," said Claire Harden, senior in applied visual arts..

Harden volunteered to help hang the work in the exhibition Curator of The Howland Community Open along with her undergraduate art group known as Montage Art Collective. The title of her art is called "An Afternoon Delight," that was crafted with oil paint in three 15 hour sessions. "It focuses on the lives of women in contemporary time,"

Harden said. Another student, Kaitlyn Carr, senior in applied visual arts has her work featured called, "The Birthday Party" which was created out of paper collage that took three hours to assemble.

"Go visit the show. There is such a wide spread in the types of art in this exhibition, everyone is sure to find something that interests them," Carr said.



BRIAN NOUVEN | THE DAILY BARO METER

Exhibit, Hester Coucke and executive director at The Arts Center, Cynthia Spencer.

Currently in its 32nd year, Howland Community Open Exhibit is The Arts Center's longest running and most popular show, according to executive director Cynthia Spencer. 'We only have so much wall space... they are pretty darn

full," Spencer said.

Curator of the exhibit, Hester Coucke, thinks that the gallery helps provide accessible art for everyone in the Linn and Benton counties.

"That's why this exhibit celebrates the art made in our community from local talent big and small. It's to get all of us together," Coucke said.

Three awards will be handed out at the reception on March 17. The People's Choice Award is determined by the amount of sticky notes anonymously placed on the artwork by visitors of the gallery. The winner will have a picture of their work on the promotional card for the following year. The Pegasus Presentation Award winner will receive a gift certificate and The Curator's Choice winner receives recognition.

To be able to put on this event, Spencer enlisted sponsors and utilized the funding of Ruth and Jim Howland, community members who have had a long history of engagement with many organizations that strive to better the city of Corvallis.

"This exhibit was named after them because they are so significant due to their support and leadership," Spencer said. ²It was a group effort with Hester (Coucke), the exhibit committee, our sponsor, the contribution from this community. We're all very thankful for everyone."

The exhibit will run until April 8, but the last day for voting ends on March 16 and the winner will be announced and rewarded at the reception on March 17 from 4 to 8 p.m at the Corvallis Arts Walk.

"If we had more art in our lives everyone would be a lot better, so we are always looking for the OSU community to come down and join us. The art here is always inspiring and worth the time," Spencer said.

baro.arts@oregonstate.edu

mastery in musical production eveloping

Preparation for live shows brings ups and downs

By Daniel Watkins

Arts & Entertainment Contributor Students in the Contemporary Electronic Music Ensemble are in charge



of the full production, equipment set-up and sound engineering of two live concerts tonight and tomorrow evening.

This ensemble was formed in the MUS 168: Chamber Ensemble class, where students are expected to hold a live show every term.

Three students will perform tonight as the trio Pacific Roots and six members will perform Wednesday night.

The responsibilities of the ensemble include publicity and developing material for the shows. Repertoire for the concert consists solely of original, student-penned compositions.

"In terms of songwriting, everyone presented two or three initial ideas and we all helped each other figure out where to take the composition from there," said Henry Robins, drummer in Pacific Roots and music production sophomore. Some pieces were written

by individual members of the ensemble, but students worked in groups on all the arrangements.

"Everyone has their own specialty they bring to the group," said Aiden Westrope, music production junior and member of Pacific Roots.

According to Luke Yokoyamas, music production junior, students in the ensemble come from a wide variety of musical backgrounds, with interests ranging from blues and folk, to electronic music.

"It's going to be a great per-formance. Everyone's characteristics are presented. Every piece that we're playing was written by different people and shows their characteristics as a musician. It tells the audience about who we are as musicians," Yokoyamas said.

This process presented challenges, such as booking a venue. The ensemble hoped initially to book the Memorial Union Ballroom for the performance, but had to change their plans due to schedule conflicts and rental costs, according to Robins

"Finding a place to play was tough because we wanted to think outside the box and perform someplace on campus that wasn't typically associ-ated with music," Robins said. 'But every place has some extremely high fee to rent out so we have to play in Benton."

Other obstacles were caused by the school closure at the beginning of term which gave the musicians less preparation time, according to Robins.

"We also only had about 5 weeks to come up with and rehearse a whole set list of new songs which was tough to do. It took up a lot of time, Robins said.



Guitarist Fabio Bachemin, drummer Henry Robins, bassist Leland Holden and lead guitarist, Luke Yokoyamas practice at Benton Hall

According to Yokoyamas, the experience is valuable for music production majors since it allows students who are aspiring to be producers or sound engineers to get experience taking songs from ideas to reality, while working under realistic constraints.

"It's important to consider what you're limited to. What

you can do with the instruments you have, what we can do with a given amount of time," Yokoyamas said.

The ensemble is proud of the material they have developed, according to Yokoyamas, and is excited to share the result of their work.

"Finals are coming. This is an appropriate time to take a

break from the world. Time to relax and get away from studying," said Levi Salyer, music production senior and electric guitarist for Pacific Roots.

Both concerts will be held in Benton Hall, room 303 at 8 p.m. on Tuesday and Wednesday of this week. There is no charge for admission.