

# Student Employee of the Year proving hard work pays off



Crystal Fisher, a senior in psychology and an administrative student assistant in the psychology department, is competing against 12 other students in the statewide Student Employee of the Year competition.

#### Crystal Fisher, a psychology student assistant, will represent OSU at state-level competition

#### **By Katrina Lorengel**

On March 3, Crystal Fisher, a senior majoring in psychology, was announced Student Employee of the Year, competing against 12 other nominees.

Fisher has been an administrative student assistant in the psychology department since September 2006.

"I think it is a great thing to be able to put on my resume, and it gives me a piece of my job to keep forever," Fisher said. "I really enjoy working in the psychology department, so I am truly honored to have so much support from my coworkers and from the faculty, staff and especially the office manager, Shirley Dodsworth, who helped me win this competition."

The selection process is conducted by the Western Association of Student Employment Administrators to recognize outstanding and deserving student employees in the Western region.

As part of a nationwide program sponsored by the National Student Employment Association, the Student Employee of the Year process begins in the four regions and only members of NSEA or one of their regional affiliates are allowed to nominate student employees. Each year the program certificate signed by President Ray, takes place on hundreds of campuses.

Fisher said most of her duties include answering questions from students, assisting students who need help filling out forms or making advising appointments, organizing orders placed for supplies and assisting any faculty or staff.

Nominees for the Student Employee of the Year Award were asked to write a short, one to two page essay describing how their work experience at OSU has benefited them.

Shirley Dodsworth, psychology department assistant to the chair, and Mei-Ching Lien, an associate professor in psychology, were the faculty members who nominated Fisher.

'I had the good fortune of hiring Crystal and working closely with her over the last three and a half years as an administrative student assistant," Dodsworth wrote on her nomination form. "Crystal is one of the most remarkable student employees I have had in my 12 years at OSU and is vital to the department."

The nomination form includes several different aspects of accomplishment that qualify the student. These areas include reliability, quality of work, professionalism, initiative and community and campus service.

Mike Mays, the student employee coordinator, said the award gives students acknowledgement from supervisors.

"Students can receive an award and \$100 gift certificate to the OSU Bookstore, and public recognition as the Student Employee of the Year," Mays said. "This year, for the first time, the student will be recognized on one of the OSU banners along Jefferson Street on campus. The student will also represent OSU at the state level competition, and possibly at the regional and national competition. In the last few years, we have had two state winners."

In recent years, winners of the award include Cait O'Brien in 2007, Khara Croswaite in 2008 and Doug Schulte in 2009. Schulte was the OSU and state of Oregon winner.

"Working in the department is an amazing experience because I get to work with so many great professors, have the privilege of working in a research laboratory and have taken initiative to ingrain myself in the department ... which has helped me expand my career opportunities," Fisher said in her nomination essay. "As a senior, I am grateful to be able to offer advice and help to incoming student office assistants in what they may need."

State and regional winners will be announced some time during March. National Student Employment week will take place from April 11-17, when the National Student Employee of the Year will be announced and the three runner-up finalists will be notified.

> Katrina Lorengel, staff writer 737-2231, news@dailybarometer.com

## **On-loan Kindles are a circulation success in OSU community**

Valley Library launched Kindle lending in November; current waiting list for Kindle 120

#### **By Madeline Hoag**

Focused on offering students the latest technologies, the OSU Valley Library's Innovative User Services Department has enabled the library to offer the Amazon Kindle, a device that displays e-books and digital media, for checkout. There is already another task force set up looking into other e-Readers and possibly purchasing iPads in the future. Since the Kindles debuted at the Valley Library in late November, they have been a

ing, since funds are insufficient for ordering the latest New York Times Bestsellers. Students have taken advantage of the devices, reading everything from "The Adventures of Sherlock Holmes" to "Twilight."

Jennifer Nutefall, the associate university librarian for Innovative User Services, was given the opportunity to test the Kindle during a conference in Denver.

"I found the Kindle to be extremely beneficial while traveling because it is so much easier to bring the one device rather than several books for pleasure reading throughout my trip," Nutefall said.

When Kindles were originally offered, there was a three week check-

"After returning the Kindles, students can fill out a survey. So far, most students have said that they checked out the Kindle out of curiosity but found it to be extremely easy to use, especially when traveling or multi-tasking," Nutefall said.

Loretta Rielly, interim head of collections at the library, says that Kindles allow popular titles to be available to students while keeping costs down. Kindles only cost the library about \$2,000 per year.

'Kindles are much more affordable because, not only does it allow for students to choose their own books, but it also eliminates the librarian from having to worry about shelving and putting call numbers on the books that may lose popularity within a year or two," Rielly said.



The Valley Library's **Innovative User** Services Department has a list of over 120 people waiting for one of the 17 new Amazon Kindle electronic readers, shown here.

JAMES MARTINELLI THE DAILY BAROMETER

huge success. The current waiting list has over 120 people on it.

to offer Kindles to students in order to provide them with pleasure read-

out. Due to such high demand, there is now a two week checkout, and the The OSU Valley Library decided original six that were purchased have grown to the 17 Kindles that are now in circulation.

Based on the surveys received so See **KINDLE** | page 3



## USDA grants full-ride scholarship, ticket to Disney World to six OSU students



Left to right: Danielle Nayla, Martine Torres, Emily Escobedo, Ashley Sealy and Omar Miranda-Garcia prepare to travel to Florida for the USDA Multicultural Scholars Program.

USDA Multicultural Scholars Program requires recipients study bioresource research

#### **By Caitlin Cagle** E DAILY BARC

Six OSU students will be spending their spring break in Florida, courtesy of the United States Department of Agriculture, where they will be visiting the most magical place on earth. Their paid trip to Disney World is just one of the many benefits their scholarship awards them.

In addition to a trip to Disney World, the USDA Multicultural Scholars Program grants students four full years of paid tuition and a paid summer internship.

The conditions of their scholarship sound simple enough: get good grades and double major in the bioresource research program at OSU, a program that offers students the chance to get hands-on experience in research.

"At the time that I applied for the scholarship my father had been laid off and my mother wasn't working. I was the only employed member of my family then," said Ashley Seeley, a junior majoring in animal sciences and bioresource research.

"I wasn't going to be able to afford my fourth year at school. My education was important to me, finishing college was a priority and I was devastated when I thought I couldn't do that. What the scholarship actually did was enable me to finish my education and finish my minor [Spanish]," Seeley said.

MANRRS, or Minorities in Agriculture, Natural Resources and Related Sciences, acts as a USDAsupported organization that offers each scholar the chance to gain knowledge about leadership and peer mentoring as well as professional development skills.

"MANRRS pays for us to go to their national conference. We are leaving for most of spring break and get to attend the conference as well as stay in the Disney resort. Basically, it's a business conference that focuses on team building, leadership skills and professional development," said sopho-

See USDA | page 3

**Bill to extend** 

unemployment

benefits, tax cuts

moves ahead in

Senate

**By Ted Barrett** 

CNN

nearly \$140 billion bill to

extend unemployment ben-

efits and a host of expiring tax

cuts cleared a procedural hur-

dle Tuesday in the Senate on

a vote of 66-34, setting up pas-

sage of the bill possibly later in

Eight Republicans joined

with all Democratic sena-

tors, except for Ben Nelson of

Nebraska, on the vote to end

debate on the bill, which still

must be merged with a com-

One Republican senator, Scott Brown of Massachusetts,

said he voted yes to "keep the

process moving" but said he

might vote against the final

In addition to extending

unemployment payments and

assistance for the unemployed

to buy health insurance, the

bill staves off scheduled cuts in

the payments doctors receive

for treating Medicare patients.

The measure extends a wide

range of tax cuts that were

set to expire. They include a

tax cut for teachers who buy

school supplies out of their

own pockets; a tax cut for small

businesses that pay workers

called to active military duty;

research and development tax

cuts: and tax cuts for restaurant

and small business owners to

depreciate improvements in

Many Republicans opposed

the bill because of its high

price tag, which was only par-

tially offset. Minority Leader

Mitch McConnell of Kentucky

said the bill would spend more

than Democrats promise will

be saved over 10 years if their

health care overhaul is passed.

their businesses.

panion bill in the House.

the day.

bill.

WASHINGTON, D.C. - A

# The Daily Barometer Newsree

2 • Wednesday, March 10, 2010

editor@dailybarometer.com • 737-3191

### **TOP STORY** Environmentalist: It's becoming a plastic world

#### By Tom Evans CNN

Every bit of fully synthetic plastic that's ever been produced over the past 100 years is somewhere on our planet, a leading environmentalist, David de Rothschild, said Tuesday.

De Rothschild, who's about to set sail on a boat made of recycled plastic to highlight pollution in the Pacific Ocean, told CNN's Christiane Amanpour there has been a huge aggregation of molecular-sized pieces of plastic in our atmosphere, in our oceans or on our land since plastic was first produced in 1909.

"We're seeing them aggregating ... and getting into — a recyclable plastic material the food chain, which is then used in food and beverage con-

transferring toxins back into us tainers and other products. through the food we eat," de Rothschild said.

"We have this sort of voracious appetite for throwaway, single-use plastics, what I call Dumb Planet 1.0 plastics — the plastic bag, the Styrofoam cup."

De Rothschild said he will set sail on his boat, called the Plastiki, some time in the next. 10 days, depending on the weather and other factors.

His catamaran-style boat is made principally of 12,500 reclaimed plastic water bottles, which are designed to keep his vessel afloat, while the main frame is constructed from polyethylene terephthalate

His aim during a 100-day voyage that will take him from San Francisco, Calif., to Sydney, Australia, is to find the "Great Pacific Garbage Patch" between California and Japan - a massive sea of plastic trash that environmentalists say could soon be larger than the continental United States.

"What I think people need to realize is that there are five (patches), not just one", he added. "We are seeing a convergence zone in our oceans the North Pacific, South Pacific, North Atlantic, South Atlantic, and the west coast of Australia."

He said he has two goals. The first is to raise public aware-

**NEWS IN BRIEF** cy; we're working as fast and consci-

entiously as possible to see if we can reach an acceptable resolution," U.S. Trade Representative Ron Kirk said at the National Press Club Tuesday.

Kirk addressed the issue directly with Mexican President Felipe Calderon during a recent visit to Mexico.

Mexico acknowledged that the United States has expressed a commitment to resolving the issue, but wants a specific set of actions, the Mexican Embassy said.

#### Louisiana police: **Body of missing** executive found

The body of a missing energy executive was pulled from the Mississippi River in New Orleans, La., Tuesday, four days after he disappeared, a police spokesman said.

Police had said Tuesday morning they believed Douglas Schantz, president of Sequent Energy Management, had fallen into the river.

They recovered his body just hours later, according to New Orleans Police Department spokesman Gary Flot.

Schantz was last seen outside a

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Bourbon Street bar in New Orleans at 2:06 a.m. Friday. Security cameras around the area captured him walking, apparently disoriented, in the French Quarter and last recorded him near the wharf, police said.

#### Pennsylvania woman arrested for jihad recruitment, conspiracy to commit murder

WASHINGTON, D.C. — A Pennsylvania woman has been indicted for conspiracy to provide material support to terrorists and kill a person in a foreign country, the Justice Department announced

Colleen LaRose - also known as "Jihad Jane" — and five unindicted co-conspirators recruited men on the Internet "to wage violent jihad in South Asia and Europe, and recruited women on the Internet who had passports and the ability to travel to and around Europe in support of violent jihad," according to a Justice Department statement.

If convicted, LaRose faces a possible life prison sentence and a \$1 million fine, the statement said.

#### ness of the huge amounts of plastic that are polluting the planet. The second is to get people to "reduce, reuse, recycle and rethink" those everyday items they now throw away as garbage.

Former Greenpeace activist

Annie Leonard, author of the

book "The Story of Stuff," and

host of an online video, said 99

percent of all the materials that

flow through the production

process becomes trash within

Leonard said she loves "her

stuff" as much as anyone. But

she wants people to be more

aware of where it comes from

so everyone can be a little more

conscious of all the materials

that flow through our lives.

six months.

and MU, 2:30, 5:30, 8:30pm, MU Commons. MUvies – Rabbit Proof

Beaver Yearbook, 1-4pm, Snell 231 Free Beaver Yearbook portraits.

Active Minds, 6pm, bowling alley in MU Basement. Social Night! Enjoy free food and bowling while meeting new people and discussing ways to reduce the stigma surrounding mental

Student Dietetic Association,

9:30am-3pm, MU Quad. Celebrate National Nutrition Month. Snacks and prizes, along with healthy food ideas.

#### Thursday, Mar. 11

#### Meetings

**ASOSU Community Affairs Task** Force, 4-5pm, Snell 149. Come help plan upcoming ASOSU Community Affairs Task Force events for this term! Any and all are welcome

ASOSU Judicial Council, 6pm, Snell 246. Meeting of the ASOSU Judicia Branch

#### **Events**

**Student Events & Activities Center** and MU, 2:30, 5:30, 8:30pm, MU Commons. MUvies – Rabbit Proof Fence.

Lutheran Campus Ministry, 5:45-7:30pm, Luther House, 211 NW 23rd St. QUEST - Simple supper, spiritual discussion

The Pride Center, 2pm, meet in front of Dixon Rec. Walking/jogging for the athletically challenged. No competition, no rules. Walk or jog at your own pace.

#### Friday, Mar. 12

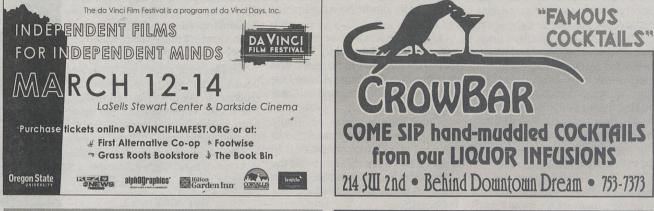
**Events** Beaver Yearbook, 1-4pm, Snell 231. Free Beaver Yearbook portraits.

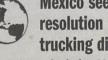
Tuesday, Mar. 16

**Events** Lutheran Campus Ministry, 11:30am-1:30pm, Luther House, 211 NW 23rd St. "Come & Go" lunch. Good food and informal table talk

# Tuesday.







#### resolution in trucking dispute

Mexico asked the United States on Tuesday to move forward with the creating a proposal to end a ban on crossborder trucking in violation of the North

"We continue searching for any opportunity for dialogue and interaction with the (Obama) administration and Congress," The Mexican Embassy said in a statement, according to Mexico's official Notimex news agency. "We urge them to present a specific proposal to resolve the trucking impasse.

Under NAFTA, cross-border trucking that would allow Mexican big rigs onto U.S. highways was supposed to begin in 1995. But safety and union concerns led to the United States' non-compliance.

A pilot program that breathed life back into the issue was implemented briefly, but canceled a year ago because of lack of funding.

90 U.S. products worth at least \$400 million since last March, according to Notimex.



American Free Trade Agreement.

In retaliation, Mexico raised tariffs on

"We understand the sense of urgen-

CALENDAR

#### Wednesday, Mar. 10

#### Meetings ASOSU, 7pm, MU 109B. Meeting of the 1st ASOSU House of Representatives.

Silent Lunch, Noon-1pm, Marketplace West, reserved table near west entrance. A sign language social. All skill levels welcome Health & Wellness Task Force, 6pm,

Snell 149. Come help plan events regarding health and wellness College Republicans, 7pm, MU 110.

Come join us as we discuss politics and various current events.

#### **Speakers**

Women's Center, Noon, Women's Center. International Women's Lunch Bunch with Tawalin Opastrakoon from

#### **Events**

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- CNN

## GAO report says Iraqi refugees face challenges in resettling in the US

resettling in the United States, including homelessness and finding work amid an economic downturn, government auditors said Tuesday.

According to a Government Accountability

ly available to refugees, such as entry-level jobs with limited English proficiency, scarce and more competitive.

Even though Iraqi refugees have "relatively

## Memorial service honors UN victims in Haiti quake

#### **By Holly Gilbert**

A memorial service at the United Nations Tuesday commemorated what Secretary-General Ban Ki-moon solemnly noted was "the single greatest loss the U.N. has suffered in its history" — the 101 U.N. personnel who perished in the Haiti earthquake.

Hundreds of mourners gathered for the service at U.N. headquarters in New York, many donning gray memorial pins.

From all over the world, family members of the victims came. They hugged one another in silence; some wept openly.

Ban, in a wavering voice, paid tribute to the civilian, military and police personnel who died serving the U.N. All were working toward the betterment of humanity, he said.

"They shared a common conviction ... a belief in a better future for the people of Haiti, and a common resolve to help them build it," the secretary-general said. "And as they fulfilled their mission in Haiti, they illuminated a profound truth: Earthquakes are a force of nature, but people move the world."

The Christopher Hotel, which served as U.N. headquarters in Haiti's capital, Pourtau-Prince, was destroyed by the earthquake,

killing dozens of U.N. workers. Buildings near the hotel, which housed additional staff, also collapsed. Thirty-two relatives of U.N. workers who were living in Haiti were also killed.

The ceremony was marked by moments of reverence and reflection, including a reading of the victims' names and a slideshow of their photographs. Flower bouquets were gently laid by various senior officials and U.N. staff, and Haitian singer Emeline Michele performed a song in memory of the fallen.

The U.N. staff members who died came from 26 different national backgrounds. A book distributed at the ceremony depicted the biography of each victim, along with quotes from family and friends.

Among the dead was Hedi Annabi, 66, from Tunisia. He was the secretary-general's special representative to Haiti and head of the U.N. stabilization mission in Haiti. "He was the quintessential diplomat," one colleague recalled in his biography.

Another victim, Felipe Goncalves Julio, was a member of the Brazilian military deployed to the U.N. mission in Haiti. He was 22 years old. "He was dedicated to doing everything he set his mind to," a family member said.

Iraqi refugees face steep challenges in Office report released Tuesday, the dire eco-settling in the United States, including nomic situation has "has made jobs normal- the report, the U.S. resettlement program, in looking for jobs for refugees, does not take into account their prior work experience and education.

"Rather, the focus of the program is on securing early employment for refugees," the office said.

Many resettlement agencies say that it is taking as long as six months, and in some cases, as many as 10 months, for incoming Iraqi refugees to find employment, the GAO said.

Citing the International Rescue Committee, the GAO said that there are "high levels of trauma, injury, and illness" among Iraqi refugees.

"Moreover, unemployment and homelessness threaten Iraqi refugees and other populations recently resettled in the United States," the GAO said, citing nongovernmental organizations and resettlement agencies.

Some Iraqi refugees face eviction because they cannot pay rent, the report said.

The report said that the United States admitted 34,470 Iraqi refugees under the State Department's Refugee Admissions Program between fiscal years 2006 and 2009. In addition, the GAO said, the State Department issued 4,634 special immigrant visas to Iraqis pursuant to two programs that Congress established to help Iraqis who had previously worked for the U.S. government in Iraq.

However, it noted that the issuance of visas did not necessarily indicate the number of those admitted to the country.

Most are in California, Michigan, Texas, Arizona, Illinois and Virginia, the report said.

Although some Iraqi refugees, including those with special immigrant visas, worked as interpreters and linguists in Iraq for civilian agencies and the U.S. military, they have "limited opportunities" for federal employment in the United States, the report said.

Most federal jobs require U.S. citizenship and background checks, and some jobs, including most related to Arabic or Iraq, require security clearances - which only U.S. citizens can obtain, the report said.

However, the GAO said it did identify positions open to non-citizens at the Department of Defense's Language Institute and the State Department's Foreign Service Institute.

The report said that the National Defense Authorization Act authorized the Department of Defense and the State Department to jointly establish a temporary program to employ Iraqis who held special immigration visas as translators and cultural awareness instructors, but that the agencies had not done so.

'Although DOD and State have needs for Arabic speakers, such as language instructors ... DOD policy officials and State human resource officials stated that the agencies do not plan to establish this program to employ qualified (Iraqis) to fill any unmet needs," the report said.

The report said that Iraqi refugees are eligible for assistance and public benefits when they arrive in the United States.

-CNN

#### KINDLE CONTINUED FROM PAGE 1

far, 48 percent of Kindle users are undergraduate students and 14 percent are OSU faculty and staff. Most students who checked out a Kindle reported that they learned about them from the library staff or the website.

Anne Marie Kornelis, a nutrition major and library employee; was able to take home a Kindle for a weekend to try it out. During the weekend, she found that there are many likeable features about it.

"At first, it was really hard to get used to and was awkward and frustrating, but the more I used it, the easier it became. I realized I could make the text bigger and prop it up to read while eating. If I didn't know what a word meant, I can put the

bottom of the screen, the 'New Oxford American Dictionary' definition shows up at the bottom," Kornelis said.

The Kindle also allows features like highlighting, note taking while reading and showing the percent of how much of the book has already been read. If a word is highlighted, the user can then search the text for where that word appears, locating where they highlighted that word throughout the text.

"I will definitely use the Kindle again, especially when traveling. I do not plan on buying one, but I can see how the Kindle would be useful, and it's affordable," says Kornelis.

Claire Semadeni is the OSU Valley Library's Kindle coordinator and is in charge of requests, putting holds on Kindles and making sure the Kindles are cursor on that word and at the returned in working condition.

"If students are interested in checking out a Kindle, the OSU library website makes it really easy. If the list of books that are on current Kindles does not have the book that you want to read, you can go to the Amazon website and request up to \$20 worth of books, which is paid for by OSU library funding," Semadeni said.

When a Kindle is checked out, there is a charger and manual that comes with it. If students would like to read more than \$20 worth of e-books, they can also use their own credit card to put e-books on the Kindle.

For students interested in checking out a Kindle, the Kindle page and web form is located at http://osulibrary.oregonstate. edu/kindle.

> Madeline Hoag, staff writer 737-2231, news@dailybarometer.com

#### USDA

#### CONTINUED FROM PAGE 1

more Dominique Sabedra, secretary for MANRRS and a bioresource research major.

OSU's six scholars are Ashley Seeley, Danielle Naylor, Emily Escobedo, Martine Torres, Omar Miranda-Garcia and Tiffany Harper.

"I've gotten really close to all the scholars and look forward to spending my spring break in Florida with them," said Torres, a junior in bioresource research with an option in water resources and toxicology.

"This scholarship has really made my life easier," Torres said. "As a first generation student, I'm paying for college by myself, so it's nice to be able to focus more on school, and not school and a part-time job.'

The program requires the students to pick up bioresource research as a major as well as keeping up with grades and checking in with program mentors.

"Wanda, my adviser, is really great. She is there to motivate me whenever I need, it and I'm not sure what I would have done if she wasn't here," Torres said.

The six scholars have a lot on their plate but still manage to keep jobs and their grades in good shape. Both Torres and Seeley work, either during weekends or breaks.

"I still work during breaks because I'm supporting myself," Torres said, "but the scholarship has definitely reduced my stress level.

The six scholars will spend their break in Florida, attending the MANRRS national conference as well as getting to spend some time in Disney World. They will be leaving Tuesday of spring break and will return the Sunday before spring term begins.

It's a lot of hard work, but there are a lot of great benefits to this scholarship," Seeley said. "I'm very lucky."

> Caitlin Cagle, staff writer 737-2231. news@dailybarometer.com



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#### The Daily Barometer 4 • Wednesday, March 10, 2010

### **Gail Cole The Daily Barometer**

## Barometer, student media needs assistance now

hanks to a tremendous amount of responsibility falling into the laps of the student leaders of both The Daily Barometer and student media this year, many of us have been under a lot of stress and I speak for myself in saying that I have doubted the value of my experience.

In our Nov. 24, 2009, staff editorial, "Support student media," we briefly outlined what it's like working at a daily student newspaper without a student media director, describing the long hours in the newsroom, lack of guidance and the stinging comments regarding our inadvertent mistakes.

However, I'll state what the experi-ence has been like a little more bluntly: It sucks.

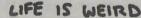
A student media director is an invaluable resource; he or she acts as an educator, keeps students from becoming complacent, is a resource for internships (providing the bridge to a job post-graduation in this industry), becomes a sounding board when difficult decisions need to be discussed, provides institutional memory and above all is an advocate by standing behind the decisions of student employees.

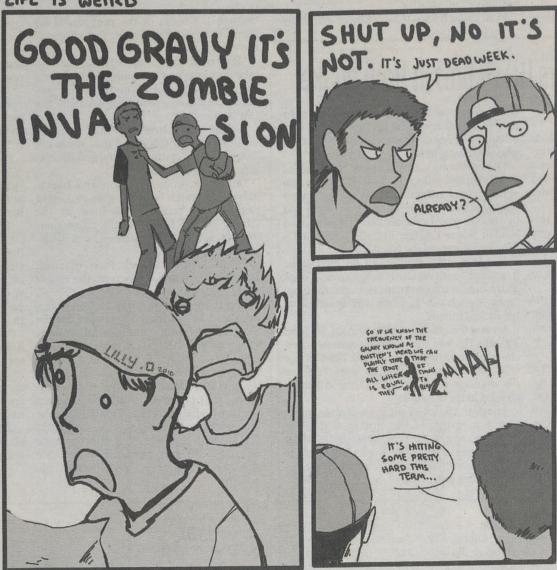
But as I have found in this year since former student media director Frank Rugalsky retired, when things go wrong, when we have to make difficult decisions and when we make mistakes, it falls on us as students, and only us, to face the consequences.

I have encountered several staff and faculty who have offered a helping hand to us, and my staff and I are grateful for their support. But these gestures don't amount to much when we, as students, have to take time out of our schedules to plan and hold meetings with such people as well as synthesize the information so we can make use of it useful in the newsroom.

Similarly, our two current interim student media directors, Ann Robinson and Kami Hammerschmith have been very helpful in the support they have been able to provide, but they, like the rest of us in student media, are stretched thin and have to cover the responsibilities that should be handled by a full-time director.

When we exhausted with the additional responsibility we did not anticipate we would encounter, we can't provide the support to our writers, photographers and other staff, and the content has the potential to suffer. The fact that we've delivered a paper on each of our scheduled days this year is something that we should take pride in, because it has been a struggle to do so. As if this weren't enough stress and responsibility to make an editor or business manager pull his or her hair out, The Daily Barometer's budget has been a concern for us this year.





LILLY DOHERTY IS A FRESHMAN IN GRAPHIC DESIGN

**Gail Cole** 

Editorial Board Lauren Sigel

**Candice Ruud** 

## **Discussing problems with staying erect**

ear Readers, This is the last column of the term (boo hoo) and I recently received two very similar questions, so I'll answer them at the same time.

Dear Dr. Sex,

I am writing to ask you a question pertaining to my sex life. I have been seeing this girl for about two weeks now who I am very attracted to. The problem, though, is that whenever we try to have sex I am not hard anymore. This has happened twice now, and I am really devastated about it. The thing is I am in the mood/hard the whole time up until the last second when I am about to penetrate. I hope you can help me with this dilemma. Thank you for your time.

Signed, Concerned Boyfriend #1 Dear Dr. Sex,

I have been dating my girlfriend for about seven or eight months now. I think she's absolutely amazing and beautiful, and I find her in a new relationship (like that of penis for that. Ask any lesbian. highly attractive. But lately I haven't Concerned Boyfriend #1). This hapbeen able to maintain an erection when being sexually active. I know you said in class that the mind is stronger than the body, and I need know how to get over this. I originally thought that I was worried about my roommate hearing, and that's why I would lose my erection, but now the roommate is gone. I feel like every time I am going to have sex I have the mentality of "Oh no... don't lose your erection this time." I need advice on how to make it better, because my girlfriend feels really hurt and that



it's sort of her fault, and she doesn't feel attractive enough to give me an erection. This is definitely putting a strain on our relationship. Signed, Concerned Boyfriend #2

Dear Concerned Boyfriends,

As Concerned Boyfriend #2 said, the mind can be very much stronger than the body. If your mind feels unsure, uncomfortable or uneasy about what you are trying to do, then it most certainly will overpower the body and keep the body from functioning as you would like it to.

There are a couple of situations where difficulty getting or maintaining an erection is common. The most common one is pens because there is always some level of anxiety when we are about to have sex with a new partner for the first time. For men in particular, they worry about whether they will be "good enough" and "perform" to some predetermined standard (there isn't a predetermined standard, by the way).

or stand at attention, so to speak. We consider a sexual encounter to be over when the man reaches orgasm, and if he can't, it was an unsuccessful sexual encounter.

Sex therapists recommend that in this situation, you focus on all the other sexual things you can do that can be arousing and ignore the goal of orgasm at all, or at least the goal of orgasm via penile-vaginal intercourse. The best thing to do is everything except penile-vaginal intercourse. Clearly she is arousing you, but when push comes to shove (well, don't actually shove it in) at that moment before penetration, you panic with performance anxiety and the erection subsides.

If you focus on those other things, then the need to maintain an erection for intercourse and the pressure to "perform" is significantly reduced. For example, you could focus on her, her pleasure and her orgasm. You definitely don't need a

Even if you do get an erection



Editor in Chief | Brandon Southward

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## Lose the stress, hit the weights

C tudents are stressed. Tests are hard. Kids are fat. Panda Express is addictive. There is

so much on our plates these days, literally and figuratively, so it's easy to get in over our heads.

Students stress over exams and projects, and the availability of fast food is always tempting. This can lead to an unhealthy lifestyle that can cause nasty consequences down the road. Luckily for the OSU student, there is something they can do to both reduce stress and get in shape. It's called pumping iron.

It has been proven by science that exercise can inhibit the body's stress response and better your mood. And nothing improves your mood like throwing around some tonnage at the gym.

Not only does lifting heavy objects reduce stress, it gets you yoked just in time for beach season. Where else can you release all your pent-up midterm anger, all while toning those triceps? Plus, it's one of the only places where saying "bro" is totally acceptable, if not encouraged.

Most of us have suffered through HHS 231, so we have a basic idea of what to do when it comes to exercise. Some push-ups here, some curls there - maybe a sit-up or two. It's all pretty basic. But you can't just waltz into Dixon and start lifting the first thing you see. There are some basic guidelines to lifting.

I can't speak for other types of exercise, but when it comes to weight lifting, always bring a buddy. No more flying solo. This is actually a safety issue more than anything. No matter how strong you think you are, you're going to hit the wall sometime and you'll need someone to spot you.

That's a metaphor for life. Think about it.

Now that you have your lifting partner(s), you're going to have to develop a tolerance for pop music. Because you are with your bros in the gym, you can't be listening to your own iPod. That would be rude, so you're going to have to get used to the tunes that are fed through the speakers in the weight room. Actually, Dixon is one of the best places to stay up to date on the music that kids are listening to these days. Thanks to Dixon, I have grown quite fond of "Bad Romance," "Tik Tok" and "Haven't Met You Yet." Michael Bublé is so talented. Keep in mind that it doesn't help your street cred when you're seen busting a move in the gym — though that doesn't seem to stop me.

For the past several years, the paper has operated through its advertis-

See **COLE** | page 5

Unfortunately, because we as a society consider "sex" to be penilevaginal intercourse, we can't have "sex" without an erect penis. That actually can put a lot of pressure on the man to be ready to perform

that seems worthy of intercourse, whatever you do, don't use it. First build up your confidence that you can get or maintain an erection, and eventually you will be able to penetrate successfully.

A second situation where a man may have a difficult time getting or maintaining an erection hard enough for intercourse is when he has conflicting feelings about having sex at all or having sex with his current partner. The most common

#### See **GREAVES** | page 5

On that note, there should be some sort of contest where one day

See LEINEWEBER | page 5

#### Letters

Letters to the editor are welcomed and will be printed on a first-received basis. Letters musi be 300 words or fewer and include the author's signature, academic major, class standing or job title, department name and phone number. Authors of e-mailed letters will receive a reply for the purpose of verification. Letters are subject to editing for space and clarity. The Daily Barometer reserves the right to refuse publication of any submissions

> The Daily Barometer c/o Letter to the editor Memorial Union East 106 Oregon State University Corvallis, OR 97331-1617

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The Daily

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CLASSIFIEDS

### LEINEWEBER

a week some lucky winner gets to choose the playlist for Dixon. It could be called "Mixin' Dixon" or "The Dix Mix." Just an idea.

It's also important to realize that, while they may seem intimidating, those gigantic guys in the gym are just big teddy bears. Sure, they may have names like "Rhinoman," "Balboa" (for his likeness to the fictional boxer) and "Dragonball Z," but those guys put on their shirts one arm

at a time, just like everyone else. The only difference is their shirts don't have sleeves and their biceps are the size of my head. Other than that, they're there for the same reason you are: to get huge (and impress the chicas).

If, for some reason, this doesn't inspire you to get your heinie in the weight room, that's OK. We can't all be ridiculously ripped. The point is that exercising is a healthy way to relieve stress and get in shape. I know you think you might be too busy to exercise, but if you can afford a 20 minute donut

at a time, just like everyone else. The only break, you can afford a 20 minute workdifference is their shirts don't have sleeves out break.

Finals are important. And stressful. But it's not the end of the world (that's in 2012).

So relax a little bit, go to the gym, or go for a walk or a run if you feel ambitious.

You'll feel better physically and mentally, and finals may be a little more bearable.

Charles Leineweber is a sophomore in psychology. The opinions expressed in his columns do not necessarily represent those of the Daily Barometer staff. Leineweber can be reached at forum@ dailybarometer.com.

#### COLE

#### CONTINUED FROM PAGE 4

ing revenue. However, like the newspaper industry as a whole, we have been experiencing slumping sales.

None of these budget issues reflect on a single editor or business manager, but it has been the job of Business Manager Nick Shushkov, Hammerschmith and I to clean up the mess we have found ourselves in this year and plan for next year. We have spent a great deal of time making cuts to the overall budget, having discussions with Educational Activities and working with SIFC, all to keep The Daily Barometer afloat.

So, for the first time in many years, The Daily Barometer will be accepting student fee dollars in the form of a subscription fee that will help cover the operation costs. Nothing will change in terms of how we hear the public; you, our readers, will still be able to send e-mails, call the newsroom, write letters to the editor and comment on articles. This subscription fee is a sort of compact between us to guarantee quality content.

(We have encountered a very helpful SIFC and ASOSU this year who expressed their

desire to see the paper succeed, and in this regard, we have been lucky. For the sake of the paper, I hope future committees have such good intentions as well.)

But what does all this additional work, time and energy mean?

As I said, we are stressed out.

For me, it's been the balancing act of a lifetime to manage a newsroom, plan for a budget, look to the future regarding strategic planning for student media, attend nearly every class, do homework assignments and attempt to have a life outside of the newsroom.

Some days, I wonder if it's all been worth it, because, as of now, I don't see anything positive coming out of this experience besides a padded resume.

As the paper has reported this year, OSU and the state of Oregon as a whole have encountered massive budget shortfalls, and this university has had to make several drastic decisions regarding this gap (e.g., the ins and outs of the 2025 plan), so I understand that the professional leaders of this institution, professional faculty, academic faculty, classified staff and unclassified staff are under a lot of

stress as well. I am also well aware that all editors and managers within student media, and around campus, are expected to encounter unanticipated challenges as they lead their respective organizations, and that these challenges build tremendous character.

But what is the cost of these challenges faced by student leaders, here at The Daily Barometer and elsewhere on campus? What sort of experience are we really getting, besides learning the art of cynicism? How ethical is it to scapegoat students by shouldering them with incredible responsibility during difficult times?

These are difficult questions to answer; all I know is, I would have run far away from Snell Hall had I known that this would be the experience I would encounter this year.

My time is up as editor in chief at The Daily Barometer, and I hope for the sake of the paper and all of student media that things begin to run smoother.

The search committee for a new student media director, which has been suspended twice, is in motion again. And, thanks to the work of several student leaders as well as Hammerschmith and Robinson, student media is hosting a summit early spring term where leaders in media from around the Pacific Northwest and nationwide will act as a sounding board for the future of the media as a whole, and where student media at OSU will find ways to adapt for the future.

There is the potential for The Daily Barometer to be successful. But it is also possible for both the paper and student media to eventually be swept away in the name of efficiency and progress. After all, not a whole lot of research dollars are generated through student-run organizations.

So as the drama of the state budget unfolds on the OSU campus, we — The Daily Barometer, student media, the OSU community and myself — will have to sit back and see what happens.

I hope it's a happy ending.

Gail Cole is editor in chief of The Daily Barometer and a junior in English. The opinions expressed in her columns do not necessarily represent those of The Daily Barometer staff. Cole can be reached at forum@dailybarometer.com.



### GREAVES

reason for such conflicted feelings is a man who feels guilty about having sex before marriage for religious reasons.

This happens a lot with young men your age that made some ridiculous promise in high school that they wouldn't have sex until they got married. It's not ridiculous because you shouldn't wait until you are married; waiting until marriage is a completely valid position. It is ridiculous because someone who is 16 years old is cognitively incapable of making such a promise with the intent of keeping it. A 16-year-old has no idea what it is like to be in a romantic love relationship at the age of, say, 22.

Another reason for conflicted feelings is the status of the overall relationship. Many people think that if their sex life is diminishing, their

overall relationship will start failing as well. In actuality, it is the other way around. As the overall relationship takes a nosedive, the bedroom relationship goes into a tailspin soon after. A stalled sex life is usually a symptom that something else some larger relationship issue — is the real problem.

This could be what's going on for Concerned Boyfriend #2. I suggest Concerned Boyfriend #2 re-examine the quality of his relationship and be sure that he is really happy with his girlfriend and the relationship he has with her.

Good luck with final exams, everyone, and have a safe and relaxing spring break.

Kathy Greaves, Ph.D., is a senior instructor at OSU in the department of human development and family sciences. The opinions expressed in her columns do not necessarily represent those of the Daily Barometer staff. Greaves can be reached at kathy.greaves@oregonstate.edu or by placing questions in the box at the MU information desk. All questions submitted to Greaves are subject to being answered in her Dr. Sex column.

Wednesday, March 10, 2010 • 5



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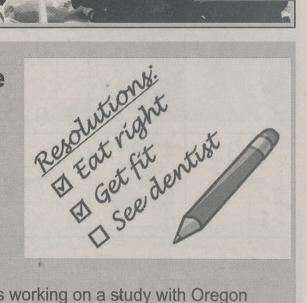
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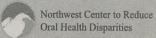


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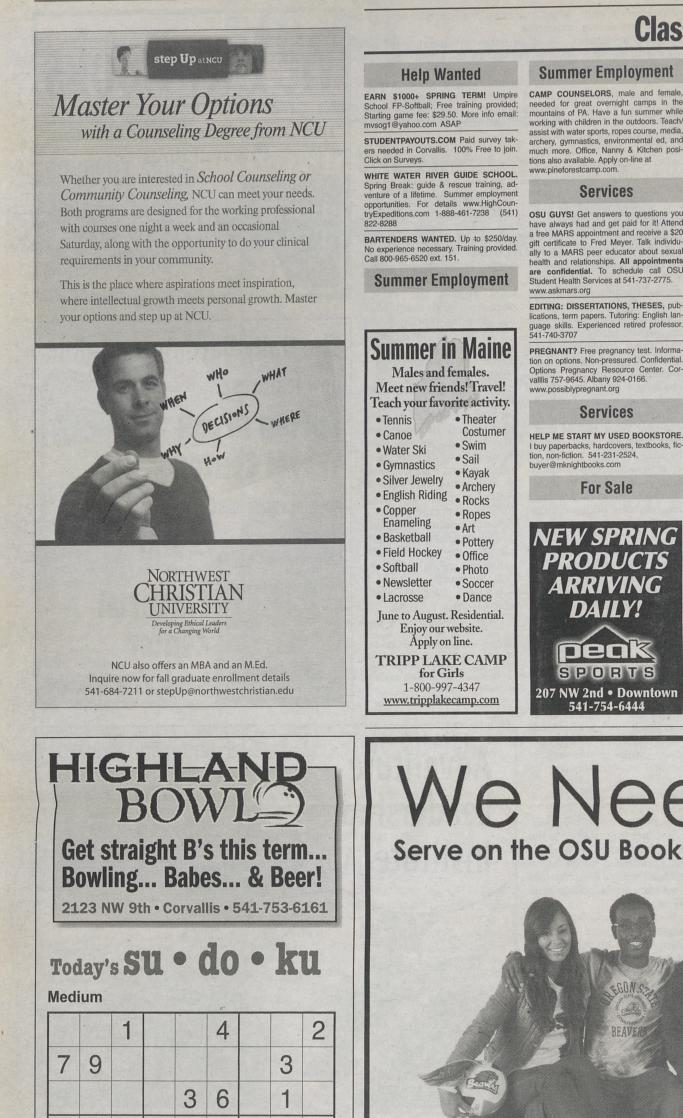
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WASHINGTON



The Daily

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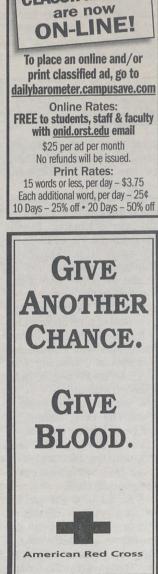
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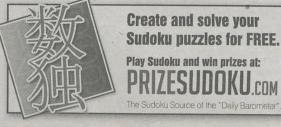
To play: Complete the grid so that every row, column and every 3X3 box contains . the digits 1 to 9. There is no guessing or math involved, just use logic to solve.

1

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7	2	8	4	1	3	5	9	6
1	6	4	9	5	2	3	7	8
5	3	9	6	8	7	4	2	1

8



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## Women's golf finishes first round at UNLV

After first day of play, women's golf finished up 16th, with Lauren Archer leading OSU with 2-over par 74

#### SPORTS INFORMATION

BOULDER CITY, Nev. — The Oregon State women's golf team is in 16th place after the first round of play at the UNLV Spring Rebel Invitational. Senior Lauren Archer led the Beavers with a 2-over par 74 on Monday.

"Lauren picked up where she left off in California and is hitting the ball very consistently," assistant coach Kailin Downs said. "The way she was hitting the fair-

more putts, that score could have easily been under par.'

On Monday, the first day of the threeday tournament, teams played 18 holes on at Boulder Creek Golf Club, a par-72, 6,256 yard course.

Overall, the Beavers played well, concluding round one with 16-over and a score of 304.

Sophomores Whitney French shot a 3over 75, and sophomore Elyse Okada was 5-over 78, while junior Kristina Gargaro and senior Brittany Stewart each finished at 6-over 78.

"Elyse played really well early on

ways and greens, and had she made a few and was actually 1-under on the front nine. Then she shot a 6-over on the back nine. Hopefully she can play like she did on the front nine for all 18 holes because she was very consistent striking the ball early," Downs said. Tomorrow we want to regroup and go back to maintaining how we did today and finishing strong on the back nine.

> The Beavers' opening round total of 306 has them 16 strokes over par and 23 behind the leader, UNLV (281).

OSU returns to action Tuesday with their second round tee time at 8:58 a.m. on the back nine.

#### GRADY CONTINUED FROM PAGE 8

"hello best month of the year" as my

status. Ten people liked it — without a doubt the most people to like a status of mine ever.

It's March, baby. Clearly, without a doubt, it's the best month of the year. It's not that March has a lot going on sure, it has spring break, St. Patrick's Day, the start of baseball season — but that alone isn't enough to make it the top dog of all months.

Just how every championship team needs something that sets itself apart from the others, the best month needs the same. What's special about March? Well, the NCAA tournament, of course. If you wake up next Thursday morning and think to yourself, "Well, it's just another day," then read up, my friends. Because here's five reasons why March Madness is the best sporting event of the year:

5) Breaking down the brackets. OK, gambling may not be legal, but we all know that 90 percent of the sports population predicts the winners from the 64-team bracket and enters into a pool. For some it's for fun, and for others it's a way of (hopefully) making money. Some spend hours on end researching, while others just go with the top seeds (boring!). Others take a different approach and pick their winners for reasons that have absolutely nothing to do with basketball. But as we learn every March, sometimes it's the ones that know nothing who end up doing the best, as frustrating as that is.

good, old-fashioned buzzer-beater, whether it's a half-quarter, a turnaround jumper off a length-of-the-court pass, or a coast-to-coast lay-up. They happen every year, and as soon as one does, it becomes an immediate YouTube sensation. Ty Rogers' shot that lifted Western Kentucky over Drake in 2008? Duke's win over Kentucky by way of Christian Laettner's jumper? Valparaiso's incredible finish against Ole Miss in 1998? They all became instant classics.

4b) Gus Johnson: There's buzzer-beaters, then there's Gus-Johnsonannounced buzzerbeaters. The CBS sports announcer has become famous for his enthusiastic approach to calling games, and it seems that any game he announces, even if it's a 16 vs. 1 blowout, is twice as exciting than if, say, Billy Packer was announcing it.

3) Upsets: They happen every year, and there's nothing like them. Watching a team that

nobody has heard of beat a perennial powerhouse? Priceless. Especially when it becomes the talk of the sports world - until the next bracket-busting upset occurs just hours, or moments, later. In March, records and hype don't matter. Just ask George Mason or any No. 5 seed that's fallen to a No. 12 seed in the past in excitement. decade.

2) March Madness On Demand: With 4a) Buzzer-beaters: Nothing beats a four games on at once, it's impossible

to catch every second of every game. Thanks to CBS.com, MMOD has provided people everywhere the ability to watch any game at any time. The site even comes with a "boss button," which, if pushed, opens a spreadsheet and immediately makes it seem as though the viewer is doing what they're actually supposed to be doing at work. After all, no one would want to be stuck at work or school during the first round of the NCAA tournament, right?

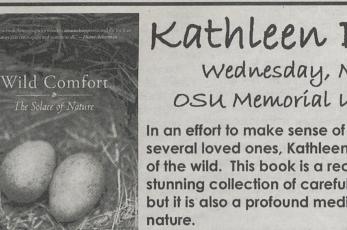
1. No school! Back

in high school, I never went to school on that It's March, baby. Thursday and Friday. And if I did, I'd rather **Clearly, without a** die than go equipped doubt, it's the best without a portable radio and headphones. month of the year. The pandemonium was March has a lot going parallel to none; every on — sure, but that which way you turned, there was a TV with the alone isn't enough tourney on and somebody standing there to make it the top with a bracket in their dog of all months. hands. In college, the tourney conveniently

> falls during finals week. For those of you who have finals on Thursday and Friday, I feel horribly for vou.

As for me? I'm done on Tuesday, meaning I'll get to make the most of the best month of the year. Maybe if there's a stirring upset or extraordinary buzzerbeater, I'll even post a Facebook status

> Grady Garrett, sports writer sports@dailybarometer.com



Kathleen Dean Moore Wednesday, March 10, 7:00pm OSU Memorial Union Journey Room

In an effort to make sense of the deaths in quick succession of several loved ones, Kathleen Dean Moore turned to the comfort of the wild. This book is a record of her experience. It's a stunning collection of carefully observed accounts of her life but it is also a profound meditation on the healing power of



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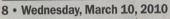
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### The Daily Barometer



# No setback could hide Vivian's humor



Sports

Sophomore Olivia Vivian is competing this year on bars, floor and beam for the Oregon State gymnastics team. Her teammates look up to her for not only her determination in the gym, but also for her sense of humor and ability to put a smile on everyone's face.

> JEFFREY BASINGER THE DAILY BAROMETER



It took more than talent and a few good jokes to make Australian native Olivia Vivian eligible for OSU gymnastics

#### **By Grady Garrett**

Two years ago, Oregon State sophomore Olivia Vivian wrote a blog from Beijing, China, describing her experience as a gymnast in the 2008 Olympic Games.

Now, Vivian writes a weekly column for The Daily Barometer, describing her experience as a gymnast on the nation's No. 8 collegiate team.

Vivian, a native of Perth, Australia, ventured to Corvallis two years ago after competing for the Australian national team in the 2008 Olympics. There, she competed on the uneven bars and enthralled her future teammates and coaches in Oregon.

"I remember she sent us a message right when she found out she made it," assistant coach Michael Chaplin said. "It was amazing to see her in Beijing and to be able to follow her.

The Olympics were incredible," Vivian said. "I don't even have any words to describe what own routine, but apparently she doesn't take her they're like. It was such a highlight in my life."

Vivian is now focused creating a new highlight: helping Oregon State contend for a collegiate national title.

"I'm guessing the satisfaction of reaching a goal will be just as great," Vivian said.

But when she first got to college, she wasn't given a full opportunity to pursue her post-Olympic dream.

Vivian expected to join the Oregon State gymnastics team right away, but ran into eligibility problems when she first got to Corvallis. Vivian said that the NCAA didn't understand the Australian school system and created rules that weren't there when she first signed with Oregon State.

She said that she's a very experimental person, which explains the decision to venture to America in the first place. The only things she knew came from watching movies like "American Pie." Not being able to compete in gymnastics, her reason for the transition that her coach called "very brave" made the culture shock even worse.

She wasn't allowed to train with the team for the first three months of the season, and it wasn't until the day before Thanksgiving that the perseverance of head coach Tanya Chaplin finally paid off and eligibility was attained.

'Tanya Chaplin went to hell and back for me," Vivian said. "She put in so much extra work to get me cleared.'

But things only got worse. Just weeks after training alongside her teammates for the first time, Vivian broke her foot. She was able to compete on bars sparingly throughout the year, but for the most part spent the entire season trying to recover from her injury.

Right before Oregon State — the nation's No. 6 team at the time - headed to nationals, Vivian got sick. Not only did the inconvenient timing prevent her from competing on the bars at nationals, but it also prevented her from making the trip altogether.

"It's almost like I'm a freshman," Vivian said

beam for Oregon State.

"She came back this fall in good shape after working very hard in the summer," Chaplin said. "She's had a great season, and she's a big contributor of floor, beam and bars. We're really fortunate to have her leadership and experience.

Baseball

Friday, March 12, 2010, 2:00 PM

sports@dailybarometer.com • 737-6378

Utah

Aside from what she's doing in the gym-where she's posted career-bests of 9.900 on bars, 9.850 on beam and 9.825 on floor - Vivian has also proven to be a viable team member in the locker room with her comical, outgoing personality.

"She's just really fun to have around," senior Mandi Rodriguez said. "She really knows how to keep things light."

'She's always enthusiastic," junior Jen Kesler said. "She always finds a way to make us laugh, no matter what.'

Vivian said she gets her personality from her dad and that she "doesn't take a lot of things too seriously."

'You just try and have fun with it," she said, "and that's what I try to do: Make (my teammates) smile, make them laugh and make this more enjoyable for them."

The one thing Vivian does take seriously is her teammates' routines with the same intensity.

In the meet at Arizona State, when Melanie Jones was on beam, the freshman fell while doing her mount, the easiest skill of the routine. She didn't just fall, however. She fell straight on her face, Vivian said.

'Yes, it's a fall, but you should have seen it; it was hilarious!" Vivian said.

"I was so out of control, laughing," Vivian said. "I didn't even notice if I got grief, but it definitely made the others smile a little

"It's the small things like that, in the big retrospect (that) don't matter, that I try to find the fun in.'

Chaplin describes Vivian as having an 'Australian sense of humor," and that sense of humor can be found in the columns she writes every Friday for The Barometer, as well as in the pieces she writes for Official Sports Report.

"I write for Beaver fans. I write because it's fun for me to see things the way I see it," Vivian said. "I write to make people laugh and mainly write for and on behalf of my teammates.'

"It really pumps us up," Rodriguez said.

Not only because of the nice things Vivian has to say, but maybe a little bit because Rodriguez claims it's a chance to see some of her own ideas in print.

"I like to take some credit," Rodriguez said. "She asks me every Thursday, 'What should I write about?"

'She would (say that)!" Vivian said hysterically. "I asked her once! But I guess sometimes she is my inspiration."

Rodriguez and Vivian may not agree on that, but one thing the two - and every other one of their teammates — can agree on is that Vivian is a viable member of the team.

"She's really starting to take off this year," Chaplin said.

'She's a great asset, especially being an Olympian and all," Rodriguez said. "She just adds another dimension to our team."

'I appreciate Olivia so much," Kesler said.

'The rest know what it's like to go nationals, but I don't.'

This year, Vivian is competing on bars, floor and

Grady Garrett, sports writer sports@dailybarometer

## **Rhea honored with Pac-10 All-Conference**

Junior guard Talisa Rhea is ranked in top 10 in league, averaged 15.8 points per game during season to earn honors

#### SPORTS INFORMATION

WALNUT CREEK, Calif. - The Pac-10 conference announced Tuesday that Oregon State junior guard Talisa Rhea has been named to the All-Conference Team in a vote by the league's media.

regular season and ranked in the top 10 in the league in scoring for all of 2009-10. She ended the regular season sixth, just twotenths of a point behind the fifth-ranked player.

Rhea also totals a team-leading 2.7 assists per game, which ranks 11th in the league, entering the Pac-10 Tournament, which starts Thursday night at the Galen Center in Los Angeles.

Other categories in which she ranked among the Pac-10's leaders include freethrow percentage (.782), in which she ranks 11th, and 3-pointers made (41), which she finished in a tie for 10th.

Rhea is continuing her march toward becoming one of the most productive scoring threats in school history. She currently has 172 3-pointers, which is six away from tying for the most in school history. She also has 1,200 career points, good for eighth in Oregon State history.

A panel of Pac-10 women's basketball Rhea averaged 15.8 points through the media members who cover the league voted on the awards. It is the first time the media has voted for a postseason Pac-10 squad. Fifteen players were selected to the All-Pac-10 team.

> On Wednesday, the Pac-10 will release its All-Conference squad as voted upon by the league's coaches.

Rhea and Oregon State play in the first round of the Pac-10 Conference Tournament Thursday, against No. 7 seed Washington. Tip-off from the Galen Center in Los Angeles is scheduled for 8:15 p.m.



TORI MIDDELSTADT | THE DAILY BAROMETER Junior guard Talisa Rhea shoots from beyond the arc during the women's basketball game against California on Feb. 18.



don't post Facebook statuses often.

In fact, unless Oregon State just beat No. 1 USC in football or just lost to Seattle University by 51 in basketball, I almost never do. But two Sundays ago, as I was slaving away on homework (yeah, right), I noticed the clock strike midnight, and the date March 1 appeared in the bottom right-hand corner of my computer screen. I immediately logged off Blackboard and onto Facebook and posted

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