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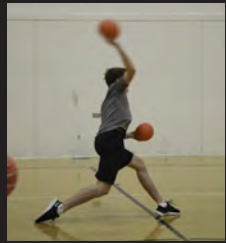
WE CALL IT THE GOLDEN MILE. Check out our list of the seven Eugene bars that make for the perfect pub crawl.

INTRAMURAL SPORTS PREVIEW

LEAGUES



JANUARY 13



JANUARY 15



JANUARY 21



JANUARY 28

TOURNAMENTS



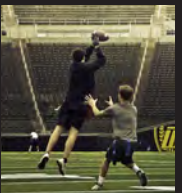
FEBRUARY 4



FEBRUARY 11



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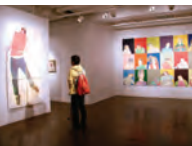
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- AAD 251 The Arts and Visual Literacy (A&L, IP)
- AAD 252 Art and Gender (A&L, IP)
- AAD 312 Arts Management
- AAD 409 Practicum
- AAD 409 Practicum: Film Festival Operations I
- AAD 410 Arts Learning Policy
- AAD 410 Arts in Healthcare Management
- AAD 410 Planning Interpretative Exhibits
- AAD 410 Studying Media Culture
- AAD 430 Youth Arts Curriculum and Methods

SPRING 2014

- AAD 250 Art and Human Values (A&L, IP)
- AAD 251 The Arts and Visual Literacy (A&L, IP)
- AAD 252 Art and Gender (A&L, IP)
- AAD 301 Understanding Arts and Creative Sectors (A&L)
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- AAD 420 Event Management
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A&L=Group-Satisfying Course, Arts and Letters
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Dani Allen works the equipment checkout at the Student Recreation Center. She is one of about 300 student workers in the physical education and recreational department.

STUDENT JOBS GROW WITH CAMPUS

As the University of Oregon continues to grow in both population and programs, it will rely heavily on its student infrastructure.

According to UO Human Resource Data and Compliance Coordinator Kerry Davis, that means more student jobs.

About 3,600 students worked on campus in 2012 – an increase from the previous year, Davis said. Student employment plans to continue the hiring trend as soon-to-be completed projects – like the expansion of the Student Recreation Center – will require additional student staff.

“We function off of students,” Tiffany Lundy, assistant director of membership services, said. “The majority of the money coming into the department is off of the student fee and a significant amount of the money goes back to the students through employment.”

The physical education and recreational department employs about 300 student workers like lifeguards, personal trainers and office staff. About 120 of its student employees work

for its facility operations. Because the Student Recreation Center retains a high percentage of students from year to year, Lundy states that only 25-35 spots open up every year. Last spring, the Rec had over 500 students apply for few positions.

“We can’t operate without students,” Lundy said. “They are integral in everything we do.”

Unlike other places on campus, the Rec does not require students work-study eligibility, like many campus employers.

In the work study system, the federal government allots money for the University to fund salaries of qualified students. That money pays for a percentage, often the majority, of the students earning before the employer pays the remaining amount from their operating budget. About 1,666 students earned funds under the federal work-study program for the 2012-13 academic year.

According to Jim Brooks, the director of student financial aid and scholarships, the federal government has allotted \$1,581,979 for work study for the last several years.

Not all work-study jobs are found on campus and for many students, the commute to their job can make it difficult to justify.

Though she has work study, UO senior Cassie Soucy found it difficult commuting via transit to

“We can’t operate without students. They are integral in everything we do.”

TIFFANY LUNDY

her former job located near Valley River Center between classes.

Soucy now has a job on campus that’s “pretty low-key,” and lets her do homework as long as the work is getting done. For her, flexibility at her workplace is essential for her fast-paced lifestyle.

“The perks of having an on-campus job is that they understand the college student’s lifestyle a little better than the outside of the campus area,” said Soucy, who is a current employee of the Lillis Business Technology Center. “So it’s super flexible with my schedule.”

From an employer’s standpoint, Davis understands that academics come first.

“Students are students first, so we don’t want to impede on their class time or study (time),” Davis said.

BY JENNIFER HERNANDEZ, @JENNNHDEZ

Live without regrets, Learn without borders.

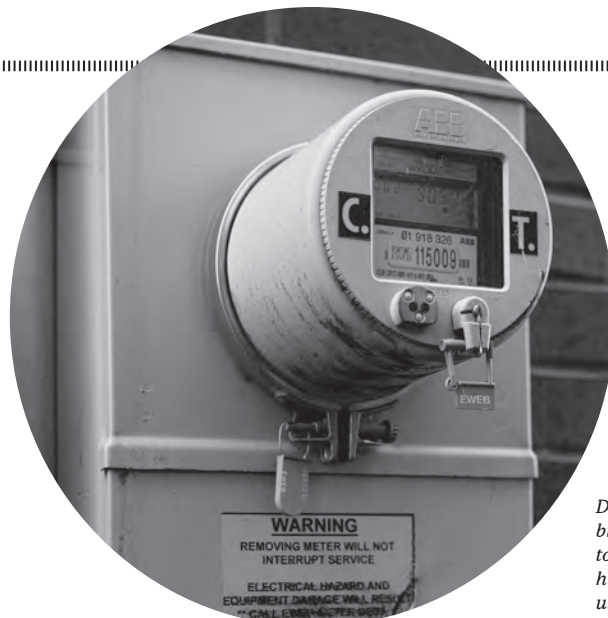


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NEWS



December heat bills may be up to 30 percent higher than usual.

DECEMBER COLD MAY BREAK THE BANK

Blistering winds and avid snowfall surprised University of Oregon students not only with a white wonderland, but trailed behind with surprises in their monthly electric bills as well.

UO junior Marie Kempf's electric bill increased by \$30 for the month of December in her campus apartment, located on 19th Avenue and Harris Street.

"It didn't put a burden on us financially, but it surprised us to see the bill increase so much," Kempf said.

Joe Harwood, spokesman from Eugene Water and Electric Board said people's bills are usually up to 30 percent higher in December. But, this year, specifically between Dec. 5 and 12, Eugene faced several days well below freezing and below-zero degree temperatures.

"(Eugene) saw some very unseasonable low temperatures and reached record-level freezing temperatures," Harwood said. He used the example of Dec. 8, where Eugene reached a -10 degree temperature, the second lowest to ever be recorded in the city.

This demand for heat during the winter season translates into consumption among individuals, and Harwood noted that it was common this season to see an increase in electric bills between 30-40 percent of the regular monthly cost.

For students, according to Harwood, it was possible to have been able to sneak by maintaining a lower bill due to the fact that several students go home over the break. However, the freezing temperature Eugene encountered began in the midst of finals week.

Kempf said living in an apartment helped her and her

roommates stay warmer over the month of December. Kempf had other apartments above, below and around her also using their heat and that helped generate a higher temperature in their apartment as well.

Gretchen Soderlund, assistant professor of media history, found herself dealing with several troubles due to the snowfall early December as well.

"We were just cold. It didn't matter if our heaters were up," she said. Soderlund also noted that in her new home in Eugene, as she came over recently from Virginia, the avid snowfall helped her and her husband realize that they did not have an adequate heating system for the winters in Oregon.

There are several ways to decrease costs to monthly electric bills. Harwood said, "In terms of trying to reduce your bill there are some steps you can take. Don't increase your thermostat over 68 degrees. Every degree that you go down from 68 can actually reduce energy by 3 percent." Also, turning your thermostat off when you aren't home or before you go to bed will also help decrease costs due to lower usage of energy.

There are several other tips on the EWEB website for students to check out. The tab is located under "Energy tips."

For students who are having trouble paying their increased bills, EWEB has assistance for times like these. EWEB is able to set up payment plans and are more than willing to work with students in the community, according to Harwood.

BY ALEX CREMER



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KEEP YOUR EYES ON THE ROAD. DON'T TEXT.



Even the most experienced drivers can be distracted by their phones while driving. Texting remains the main cause of distracted driving.

Billboards, television commercials, radio advertisements – all communicating the dangers of cellphone use while driving. It is common knowledge that driving while using a mobile device is dangerous, but does that stop drivers on the road today?

“An estimated 9 percent of all persons who drive during the day do so while dialing or talking on a cellphone or sending or receiving text messages,” reports a study released by the New England Journal of Medicine researching the main causes of distracted driving on Jan. 2.

“Despite knowing that texting and driving is dangerous and stupid I’ve still done it. Not very often though,” senior Jessi Alden said. “It’s usually if I’m on a longer drive and need something important, then I’ll call rather than text. Most of the time though I try to make sure my phone is in my purse so it doesn’t distract me.”

The study tested new and more experienced drivers and observed their driving while they performed a number of secondary tasks including dialing a cellphone, sending and receiving text messages, reaching for objects other than their cellphone, looking at roadside objects and eating. Out of all the possible distractions, the study cited cellphone use as the biggest cause of both distracted driving accidents and near accidents.

Cellphone use among all drivers increases the risk of a crash by a factor of four according to the study. The study also reported that younger drivers are more prone to accidents caused by distracted driving. “The risk of a crash or near crash among

novice drivers increased significantly if they were dialing a cellphone,” stated the study. These younger drivers are between the ages of 15-20 and makeup 6.4 percent of current drivers, 10 percent of motor vehicle deaths and 14 percent of motor vehicle injuries.

With regards to the new study, I am not surprised,” said Jim Ball, a sergeant of the Eugene Police Department Traffic Enforcement Unit. “More and more studies are being done as it becomes more apparent there is a relationship between crashes and cellphone use.”

In an attempt to reduce these crashes, Oregon passed House Bill 3186 in June 2011, which outlaws the use of mobile devices while operating a motor vehicle. The bill went into effect January 2012.

In regards to the specific amount of car accidents and ticketing due to using phones while driving after the passing of the law, Melinda McLaughlin, EPD spokesperson, said, “We haven’t done any studies lately and crime analysis doesn’t have capacity right now to pull a new study out. The national data pretty much holds true here.”

The law did carry some weight in dissuading some drivers from combining cellphones and driving.

“When I first started driving I did (use a cellphone while driving), but then the law got passed and I got really paranoid about being pulled over. I hate when people text and drive. They never pay attention,” said UO senior Lauren Hoffman.

BY JENNIFER FLECK. @JENNIFERFLECK

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Nicolette Dent, co-chair of the Student Health Advisory Committee, poses with her fashion-inspired bike helmet.

OPTIONS FOR A FASHIONABLE COMMUTE

Gone are the days when cyclists are confined to workout gear on bikes. There are now a wide range of brands that create their clothing, helmets and other biking accessories with cyclists in mind. Safety and style now go hand in hand.

The Student Health Advisory Committee will be partnering with the UO Bike Program to roll out a bike safety campaign, according to Nicolette Dent, co-chair of SHAC. The campaign will lead up to the bike share program that will hopefully commence later in the year.

One of the first projects for the campaign combined safety and style with the creation of a new helmet. UO Biking Program Coordinator Briana Orr went to SHAC with the idea of creating a helmet that was visually appealing and would

“

People are worried about their look, which is part of the reason we designed these new helmets.”

NICOLETTE DENT co-chair of the Student Health Advisory Committee.

encourage students to wear a helmet.

The creation of the new “O” helmet was targeted to reach those who wouldn’t normally wear a helmet. “People are worried about their look, which is part of the reason we designed these new helmets,” Dent said. The helmets were designed through collaboration between SHAC, the UO Bike Program and Nutcase, a popular helmet brand. They are silver with a yellow and green “O” on the side.

“People love repping the ‘O’ so hopefully this will encourage them to wear a helmet,” Dent said.

Some students don’t see the need to wear a helmet, but others have seen the effects of not wearing one.

“I grew up wearing a helmet. No way would I get on a bike without one. When I came to the UO I stopped because it was normal not to wear one. After my brother got into a serious accident on his bike I decided that my brain was more important than my hair,” senior Ali Small said.

Style no longer needs to be compromised when it comes to bike safety.

“Bern and Nutcase are the most popular helmet brands from what I can tell,” graduate student Alex Page said.

The helmets are available in a wide range of colors and patterns catering to a wide audience.

The new “O” Helmets can be purchased for \$75 at Arriving by Bike on Willamette Street and Paul’s Bicycle Way of Life located on Alder Street.

Aside from helmets, there are other stylish ways to stay safe on your bicycle. Levi’s has created a line of clothing, ‘Levi’s Commuter Series,’ which is designed with the cyclist in mind.

The fabrics used are lightweight with stretch to ensure comfort and ventilation. The commuter series has jeans that are water and odor resistant and have reflective tape on the inside cuff to make sure the rider is seen in the dark. This line of clothing is comprised of pants, jackets and shirts, all designed to be able to ride and live in the same outfit.

Another brand, We-Flashy, has a clothing line of fashion-forward apparel that is also reflective. Clothing includes: T-shirts, sweaters, sweatshirt, scarves and more.

There are many ways cyclists can stay safe on their bikes with out sacrificing their style.

BY MACKENZIE LAMBERTON, @MACKLAMBERTON



YOU WON'T WANT TO MISS THESE SHOWS

January and February are great months in Eugene for upcoming concerts. Whether you're looking to see a reggae group originating from Hawaii or a blues and R&B band who started out small, I've got the low-down on venues, prices and some of my favorite songs (just in case you've never heard them). Enjoy.

The California Honeydrops are a blues and R&B band from Oakland, Calif., that formed in 2007, starting out playing in subway stations around the city. With their growing popularity, the band has moved from its original acoustic street trio to a full band with piano and keyboards, electric bass and additional percussion. The Honeydrops will be playing at the WOW Hall on Jan. 12 at 7 p.m. Doors open at 6:30 p.m. Tickets are \$12 in advance and \$15 at the door.

Iration may have formed in Santa Barbara, Calif., but the members first became acquainted in Hawaii where they grew up together. They started out playing reggae covers in college towns before recording an EP in 2006. The band continued to build a reputation for their live performances and in 2007 released their first full-length

album, which topped the Billboard Reggae Albums Chart. Since then, the band has been regularly producing new and satisfying music. Iration will be playing at the WOW Hall Feb. 4 at 7:45 p.m. Doors open at 7 p.m. Tickets are \$16 in advance and \$18 at the door.

Toad the Wet Sprocket might sound familiar from your childhood. The American alternative band formed in 1986. They worked hard at getting their name out there and finally achieved fame with their third album "Fear," which was released in 1991. Though the band was officially broken up in 1998, they continued to work together off and on. The band started touring again in 2009 and has since released a new album, "New Constellation." Toad the Wet Sprocket will be playing at the WOW hall Feb. 3 at 8 p.m. Doors open at 7 p.m. Tickets are \$25 in advance and \$30 at the door.

Excision is Jeff Abel, a dubstep producer and DJ from Kelowna, British Columbia, Canada. Excision's 2007 release, "No Escape," kickstarted his career, shedding a new, more forceful light on the world of dubstep. In 2011, Excision toured the U.S. on the "Subsonic Tour." This month, Excision embarks on his North American and Canadian tour, alongside his "Executioner" video and light production. He'll also be bringing his 150,000-watt bass sound system from PK Sound. Excision will be playing at the McDonald Theatre on Tuesday, Feb. 4 at 7:30 p.m. Doors open at 6:30 p.m. Tickets are \$30 in advance and will be \$35 at the door (if not sold out). General admission is open to ages 18+.

BY HANNAH HARRIS

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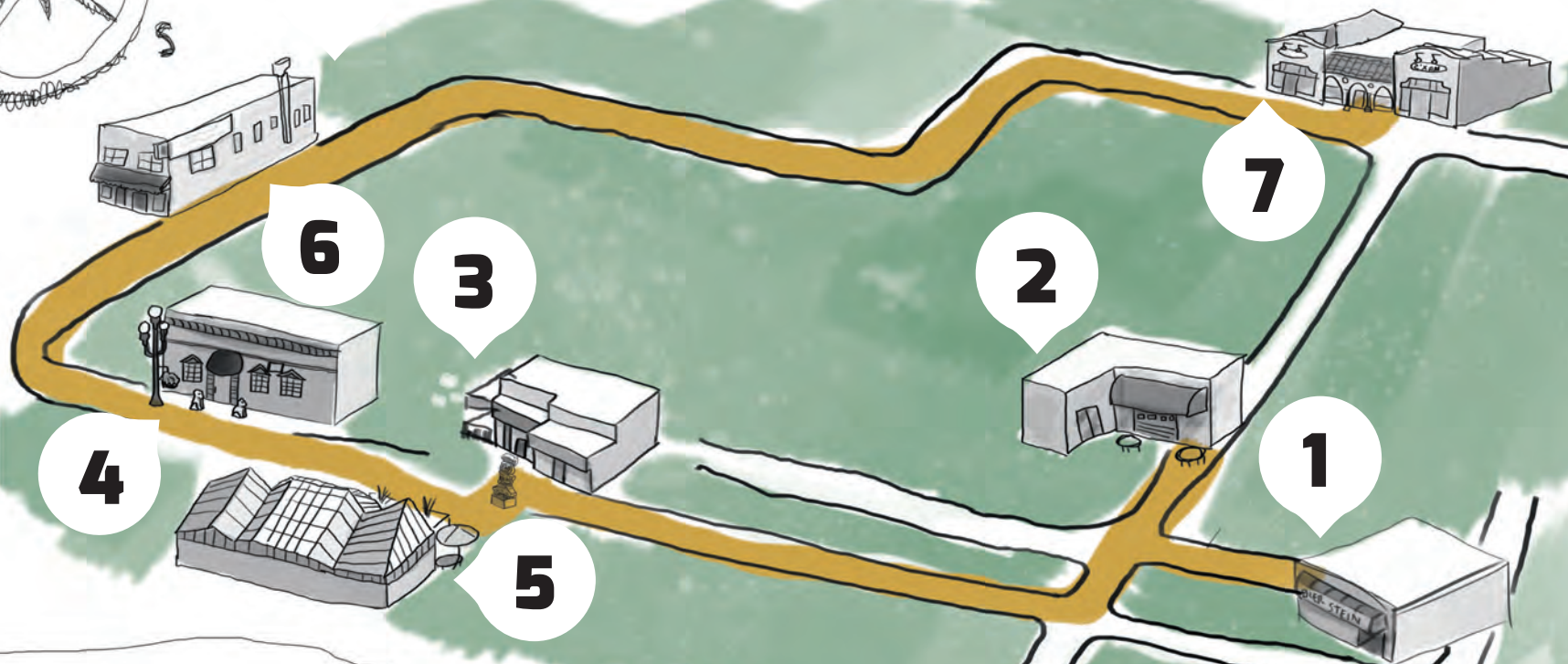
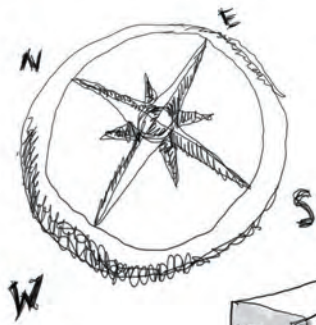


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SEE THE WHOLE NIGHT THROUGH TO THE BITTER END. OR LAGER END.

EUGENE, OREGON

THE PUBS ARE CALLING YOUR NAME

Everyone's done the campus bar crawl. Start at Rennie's, migrate to Taylor's and get sick of it before heading to Webfoot. Head to Fathom's afterward for a slice of pizza before closing out Max's. But for those who truly want to experience the best of the Eugene bar scene, we've got quite the list for you. And what better way to experience it than to do like Simon Pegg and Co. in "The World's End" and hit them all, one after the other, in what we're calling Eugene's "Golden Mile."

Here's the order:

Start at The Bier Stein and order a beer. You have one hour from the time you do so until you're due at Falling Sky. Repeat and head on down to Olive Street and Broadway – or, as the area is better known, the Barmuda Triangle. We've laid out the three best bars to visit in the area, but feel free to wander to Cowfish, Luckey's, Davis or the newly opened Sidelines, which replaced John Henry's this year. Then end the night at one of the two bars farthest on the crawl, either Max's or the Jackalope Lounge. Start as early as you'd like, but the goal here is to close out at one of these seven locations. And you know what's just as much fun as heading out for a night of drinks with your buds? Doing it responsibly. Make sure you grab a bite at one of these fine establishments and grab a glass of water between drinks, too.

Bier Stein – (1591 Willamette St.)

This is the perfect place to start your journey through Eugene's finest spirits establishments. The menu is fantastic – try the Pizzannini, which is exactly what it sounds like (\$9.95) – and the staff is incredibly helpful in guiding you toward the best of what the bar has to offer. Upon entering, you'll notice the enormous refrigerator full of craft beers and a board that describes each of the 30 beers on tap at any given time. It's even available online if you want to plan your trip in advance.

Those who visited The Bier Stein at its old digs on 11th Avenue may remember how cramped and crowded it could get. Although that's sometimes the case here on Willamette, there's much more floor space and you can almost always find a table, even on the busiest nights.

Falling Sky Brewing – (1334 Oak Alley)

Just a few blocks away from The Bier Stein sits Falling Sky, a small brewing outfit tucked into Oak Alley near 13th Avenue. If you didn't grab a bite at the Stein, there's plenty here to get your arteries nice and clogged. The poutine, a semi-french fry

concoction topped with vegetarian gravy and garlic mozzarella cheese curds, is perfect for a couple of friends, albeit a bit spendy at \$9. But, hey, regular fries will only run about \$5 at this establishment.

Brews range in alcohol level from 3 percent to just over 8 percent. The Walk on the Mild Side has the lowest alcohol content while the Doublespeak Belgian Dark Strong and Wet Earth Winter Ale are among the strongest the place has to offer.

Jameson's – (115 W. Broadway)

Once you've crossed 13th Avenue and headed on north, you'll be sticking around downtown for awhile. Jameson's should be your first stop on this part of the trip. There are admittedly fewer beers on tap here, but the bartenders are more than happy to whip up a Jack and Coke for you, which you're not going to find at the Bier Stein or Falling Sky. Jameson's offers both ample standing room and a couple of booths in addition to three indoor seating areas and a patio for the smokers in your group.

It's also the first of two spots on this list that house a pool table for you to pass the time. Not a fan of billiards? The wait for the pool table might not do much to sway that opinion.

Starlight Lounge – (830 Olive St.)

After you leave Jameson's, walk half a block north and you'll find yourself at the Starlight Lounge. You can't miss it: The stone lions guarding the entrance are a dead giveaway. Like Jameson's, this is an excellent place to lounge around. With plenty of cushy couches in the main seating area and a bevy of armchairs and love seats near the entrance, there's no shortage of places to rest your posterior as you get nice and chummy with the folks who agreed to accompany you on this tour of Eugene's finest pubs and bars.

You'll often find yourself humming along to a wide array of music – depending on who's bartending, you'll relive the glory of the '90s or bounce to some classic hip hop – and if you make it here between the hours of 9:30 p.m. and 10:30 p.m., one shot of Patron will run you \$3. Not too shabby.

The Horsehead Bar – (99 W. Broadway)

Grab a Pabst and play some pool. It's practically a ritual for plenty of folks who visit one of downtown Eugene's most amiable bars. And for good reason. The outdoor seating area is an excellent place to mingle and the three pool tables in the back provide a great way to pass the time. As the evening nears its end, it might also be a good idea to grab an order

of bacon cheese fries – a half order will run you \$6.75 and a full one goes for \$3 more. The kitchen is also operational until the bar closes, so you'll never find yourself trying to sweet talk any of the bartenders into firing up an order of chicken wings for you ala Chris Farley in "Tommy Boy."

And now that you've covered much of what Olive Street has to offer north of Broadway, you have a choice: Keep on this side of town or head toward campus to close out one of the most storied bars in town? Here's how to do both:

The Jackalope Lounge – (453 Willamette St.)

Because of its distance from both the University of Oregon campus and the downtown area, The Jackalope Lounge is a place too few students discover until it's too late. It's probably the most homey spot on this list – even though there are 11 TVs scattered throughout the establishment dedicated to any and every sport you're following – and if you're looking for a relatively quiet end to your evening, make a point of having this be your last stop of the night.

Jackalope is far detached from the campus and downtown bars that you're used to. The music plays at a reasonable level and you'd best keep the YOLOs to a minimum. As with plenty of other establishments on this list, the lounge has a lengthy menu and, best of all, plenty of its items can be ordered to-go for a 50-cent surcharge.

New Max's Tavern – (550 E. 13th Ave.)

Of course, if you're looking to end your evening in what has scientifically been proven to be the closest any UO student has ever come to experiencing what it's like to be in a sardine tin, you'll want to head to Max's. Or, you know, if you're looking for some semblance of familiarity after you've thoroughly explored downtown Eugene. Despite how cramped it gets in here, the bartenders are among the friendliest you'll ever meet and the free popcorn nearly makes up for the 10 minutes you'll have to wait to get in should you arrive after 1 a.m.

The real charm of closing out Max's, as plenty of you know, is the camaraderie you feel with your fellow bar flies when you're belting out Neil Diamond's "Sweet Caroline" or Journey's "Don't Stop Believing" at the top of your lungs after last call. And when it comes to affordability, you can't beat a lipo – it's what the bartenders call a concoction that's half PBR and half espresso stout.

BY EDER CAMPUZANO, @EDERCAMPUZANO



ME

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ENTERTAINMENT

EUGENE VENUES OFFER A VARIETY OF WEEKLY EVENTS

Just because the December holidays are receding in the rearview mirror doesn't mean that the festivities are over. We may be mired in the middle of another dreary Oregon winter, but in Eugene there should be an opportunity for merriment and socializing that's good for both you and your wallet. Here's some of the recurring weekly options:

MONDAY

Bingo Night at Sam Bond's Garage, located at 407 Blair Blvd.

"Two Beers and A Brat for \$10 special" at 16 Tons Taphouse, located at 265 E. 13th Ave.

Half off bottles of wine at Agate Alley Bistro, located at 1461 E. 19th Ave.

Board game Night at The Barn Light, starting at 7 p.m., located at 924 Willamette St.

TUESDAY

Taco Tuesdays at Agate Alley Bistro.

Trivia Night starting at 8 p.m. at Webfoot Bar and Grill, located at 839 E 13th Ave.

"Ladies Night" at Luckey's Club: \$1 PBR and \$3 Absolute Drinks for the ladies, located at 933 Olive St.

Bluegrass Jam Sessions at Sam Bond's Garage.

Tricycle Races starting at 9 p.m. at McShanes, located at 86495 College View Rd.

Weekly new beer release at Oakshire Public House, located on 207 Madison St.

\$2 Movie Tickets at David Minor Theater and Pub, located at 180 E 5th Ave.

WEDNESDAY

Dollar Beers at Taylor's Bar and

Grill from 9 p.m. to 10:30 p.m. The infamous \$1 domestics and \$2 micro beer fest located at 849 E 13th Ave.

8 p.m. to close: \$1 domestics and \$2 well cocktails and prizes at Sixth Street Grill.

All pints are \$2.50 all day at Agate Alley Bistro.

Trivia Night at The Barn Light.

THURSDAY

"Drink Wheel" at Agate Alley Bistro: The infamous wheel of arbitrary \$3 drinks starts spinning at 10 p.m.

"Thirsty Thursday" at Sixth Street Grill: \$2 drink menu starts at 8 p.m. and goes until closing time.

Trivia Night at Rogue Public House at 8 p.m., located at 844 Olive St.

FRIDAY

\$3 Jameson and Crater Lake Vodka at Luckey's Club starts at 9 p.m. and runs until 10:30 p.m.

"Bartender's Choice" at Jackalope Lounge, located at 453 Willamette St.

SATURDAY

\$3 Jameson and Crater Lake Vodka from 9 p.m. to 10:30 p.m. at Luckey's.

Jim Beam & Coke specials at Jackalope Lounge.

SUNDAY

Karaoke Night and drink specials at Agate Alley Bistro starting at 8 p.m.

\$2 movie tickets at David Minor Theater and Pub.

"Analog Sundays" at The Barn Light: A weekly vinyl listening party beginning at 5 p.m.

Free pool all day and Bloody Mary specials at Jackalope Lounge.

BY SAMUEL WENDEL

Bier Stein offers seasonal beers to ease winter woes

When you've had enough of the winter weather keeping you cooped up inside all day, venture to *The Bier Stein*, *16 Tons* or *The Tap and Growler* in Eugene to try some of these tasty seasonal beers and ciders on tap. They're sure to warm you up from the inside out.

▶▶ Brouwerij De Ranke Père Noël (Dottignies/Dottenijs, Belgium) Belgian Winter Ale | ABV 7 percent

▶▶ Bull Run Cider Bramble Berry Cider (Forest Grove, Ore.) Cider | ABV 6.8 percent

▶▶ Stone Smoked Porter w/ Vanilla Beans (Escondido, Calif.) Porter | ABV 5.9 percent | IBU 53

▶▶ Viking Braggot Winter Squash Porter (Eugene) Porter | ABV 7.8 percent | IBU 38

▶▶ Bend Brewing Outback X (Bend, Ore.) Old Ale | ABV 9.5 percent

▶▶ Reverend Nat's Hard Cider Hallelujah Hopricot (Portland) Cider | ABV 6.5 percent

▶▶ Boneyard Brewing Company Suge Knite (Bend, Ore.) Imperial Stout | ABV 14 percent



Various Eugene bars offer unique cocktails ranging from lemonade to a drink lined with Pop Rocks.

Mix up your mixed drinks

Looking to find a more sophisticated beverage when desiring an alcoholic drink? Perhaps your 21st birthday has finally happened and the world of possibilities for drinks to consume became so much more achievable. Do yourself a favor and put away the plastic bottles of cheap alcohol and invest in some delicious and more age-appropriate cocktails. These tasty favorites are sure to broaden the run-of-the-mill house party drink selection.

1) IZAKAYA MEIJI COMPANY 345 Van Buren St.

Meiji's is the perfect diving point for unique and interesting drinks. The

restaurant serves Japanese cuisine and specializes in cocktails. The dark atmosphere is decorated with numerous bottles, creating an impressive display behind the bar. There are more than 100 different whiskeys available as well as other alcoholic beverages on hand to mix.

What to try: Painkiller 8

The drink contains Pusser's Navy Strength Rum, Cruzan Light Rum, cream of coconut, pineapple and orange juice. Shaken over ice and garnished with fresh pineapple and ground nutmeg.

2) THE GRANARY PIZZA COMPANY 259 E. Fifth Ave.

This pizza company surprisingly has some of the best happy hour deals in town but also offers delicious cocktails. The atmosphere often includes live music, delicious pizza and a cocktail of one's choice.

Try the "best drink" according to one of the bartenders:

A refreshing blend of Tanqueray gin, fresh mint, lemon and lime, orange juice, topped off with Reed's Ginger Brew.

3) AGATE ALLEY BISTRO 1461 E. 19th

Ave.

This bistro, a Northwest diner with some Asian and Latin influence, offers unique cocktails as well as a dinner menu. When dining here, be sure to sip on the Agate Alley Lemonade, a popular choice to accompany meals.

The drink contains:

Absolute Citron, ginger syrup, lemon juice, fresh and juicy pomegranate and bubbly soda.

Consider pairing drinks with a burger for a delectable combination.

4) THE VINTAGE 837 Lincoln St.

The Vintage, located in downtown Eugene, may be the best bang for your buck when it comes to cocktails. On any given Tuesday, the venue holds "Tuesday Boozeday," in which all cocktails are half off.

A definite must is the Lava Rock Rum.

It contains coconut rum, Midori melon liqueur, fresh pineapple and orange juices, a berry puree, a tiny splash of cream and a Pop Rocks rim to top it all off.

BY MADISON ADAMS, @MSMADISONADAMS



The UO men's club soccer team shifts focus in order to establish better team chemistry both on and off the field and to achieve their goal of winning the league championship.

MEN'S CLUB SOCCER BUILDS CHEMISTRY

As Daley Stevens, Jesse Bodony and Jake Glicker reflected on the 2012 Oregon men's club soccer season, they were dissatisfied. They saw a team that, despite a second-place league finish, had fallen short of its goals and lacked cohesiveness.

Together, the trio decided to shift the club in a completely new direction.

The soccer team is one of the approximately one-quarter of teams in the club sports department that adopts a system of primarily player-coaches. It was decided that during the fall, Stevens would take on the role of head coach, with Bodony serving as the assistant coach and Glicker assuming the title of club president.

"Because we don't have a (traditional) coach, a lot of our success is contingent on composing ourselves and committing ourselves to working for the team," Glicker said. "We hadn't seen that happening in the two years that I'd been here and we were like, 'How do we make that happen?'"

The answer?

Team chemistry.

It's a rather simple concept but one that had been absent in previous years. Various cliques existed within the team and there was a shortage of enthusiasm among the group as a whole.

Practice had become a chore and soccer simply wasn't as enjoyable as it should be.

"There were days my first couple years playing where not only myself, but a lot of the other players, we just did not want to go to practice," Bodony said. "It wasn't fun. People would just yell at each other."

But Bodony knew just the remedy. During his high school days, Bodony's coach had built a team around a culture that discouraged individual agendas and instead focused on establishing trust among teammates and having fun both on and off the pitch.

The Oregon club team embraced the philosophy.

Teammates studied together during the week and went out on the weekends. Team dinners were held the night before big games and many of the best memories among the players were made on the van rides the following day. Soon enough, the club had fostered an inclusive family-like environment.

"We tried to make it a thing where it wasn't just going to soccer practice and playing the games and that was it," Bodony said.

With team energy and camaraderie at an all-time high, Stevens was determined to ensure that the team's unity would translate into results on the field.

"You want the players to buy into the fact that yes, this is club soccer, but we want it to be at a high level," Stevens said. "We're having a lot of fun, but we want to win and be successful, otherwise why are we out there spending our time and money trying to do it?"

The success followed for Oregon, who went on to win its first Cascade Collegiate Soccer League championship in five years and took down perennial club powerhouse Weber State during the group stage of the Regional Championships in Salt Lake City, Utah. According to Stevens, it was the first loss Weber State had been dealt outside of the National Championship tournament in approximately a decade.

Joe Jackson, a junior midfielder, admits that on talent alone, Weber State had the upper hand over the Ducks at nearly every position. But the advantage that Oregon did have over Weber State was symbolic of the season's success and turnaround.

"It was the bond, the brotherhood and the chemistry on our team and the heart for playing for the guy next to us," Jackson said. "That's what makes our team mold and grind together. We love playing for each other."

BY CHRIS MOSCH. @CHRIS_MOSCH



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JANRIC CLASSIC SUDOKU

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process elimination to solve the puzzle. The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).

Sudoku grid with numbers 3, 5, 1, 6, 1, 9, 8, 2, 4, 7, 9, 1, 3, 5, 8, 6, 5, 9, 9, 8, 3, 1, 2, 6, 1, 7, 3

Rating: SILVER

Solution to 1/9/14

Solved Sudoku grid

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1/10/14

The New York Times Crossword

Edited by Will Shortz No. 1206

ACROSS

- 1 Innocent one
6 Short shift?
10 Judgmental clucks
14 Influential style of the 1960s
15 Au courrant about
16 Home of Sunset and Paradise
17 Pitching staff work areas
19 Plea opener
20 Coffee order
22 Theology inst.
23 "Praise the Lord!"
26 "Stanley & Iris" director Martin
29 A bit of cheer?
32 "Aw, sorry about that ..."
33 Here, to Henri
34 B, to scientists
36 Untwisted silk fibers

DOWN

- 37 Ganache ingredient
40 Brisbane buddies
41 Country that split in two in 2011
42 22-Across subj.
43 Puts on a pedestal
45 Door sign
46 Combines
47 Cold war defense system
49 Semi part
51 Dancers known for their Japanese street-style wardrobe
57 Water bearer
59 Singer whose first top 10 hit was "Where Does My Heart Beat Now"
60 In Australia her name is Karen

DOWN

- 1 "The aristocrat of pears"
2 On ___ with
3 Like one end of an electric cord
4 Nursing locale
5 "Hello, ___"
6 Subatomic particle more massive than an electron
7 Many a museum audio guide
8 Chinese menu words
9 Relative of a raspberry
10 Sushi order
11 Plot device?
12 Early "Doctor Who" villain
13 "Nurse Jackie" channel, for short
18 Musket loader
21 Make jokes about
24 Like many turkeys
25 Collectible cars
26 Encircled
27 Producer of cold cuts?
28 Carnival ride since 1927

Empty crossword grid

PUZZLE BY ELIZABETH C. GORSKI

- 30 Ones going in circles?
31 [Zzzzz]
34 Get moving
35 Anatomical knot
38 Prevaricate
39 Popular spring break locale
44 They may be offered by way of concessions
46 Withstood
48 Deplane in moments
50 NASA's Gemini rocket
52 ___ Bator
53 Wine-and-cassis drinks
54 Make angry
55 Idle
56 "The Mikado" weapon
57 Penultimate Greek letter
58 Grafton's "___ for Alibi"

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ANSWER TO PREVIOUS PUZZLE

Grid with crossword answers filled in

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HOROSCOPE by Holiday Mathis

ARIES (March 21-April 19). You'll be attending an event. If this experience were a book, you would skip some of it -- namely the filler that feels bloated with too many details.

TAURUS (April 20-May 20). You'll be dealing with people you don't necessarily agree with or even like, but you still have to figure out how to best manage the interaction.

GEMINI (May 21-June 21). Everyone wants to be understood, and yet most people barely understand themselves -- so how can they understand anyone else? Your talent for clearing up misunderstandings will be in high demand.

CANCER (June 22-July 22). It's a time to get lean and mean in terms of a project or something to do with your lifestyle. This will lead to positive results. Simplicity and economy are your best defenses.

LEO (July 23-Aug. 22). Just because something is not hard doesn't mean it's easy. What's worth doing today will take a few simple steps. The extreme repetition of those steps will be what makes for a successful outcome.

VIRGO (Aug. 23-Sept. 22). Here's the straight truth: You are compromising too often and too much. Instead of starting off with what you think the other person will go for, start off with what you want.

LIBRA (Sept. 23-Oct. 23). One of the secrets of your success is that you use the words "our" and "we" often. Standing for your group, even if it's only a group of two, will start a wonderful string of events.

SCORPIO (Oct. 24-Nov. 21). Do what you want to do today. There will be people whose needs compete with yours and other reasons for subverting your interests, and all are manageable if you have the will.

SAGITTARIUS (Nov. 22-Dec. 21). Being around the same person or people for too many hours and days in a row could bring out a less than optimum side of you.

CAPRICORN (Dec. 22-Jan. 19). You'll have a string of well-timed interactions, and this is not only because the universe is on your side these days. It's also because you are observant and you follow your intuition.

AQUARIUS (Jan. 20-Feb. 18). It won't matter to you whether you have a little or a lot. What will matter is that what you have is your own. If you have the choice, you'd rather have very little and be able to call it completely yours.

PISCES (Feb. 19-March 20). Everyone needs novelty in their day, though few have the guts, talent and ideas to provide it. That's where you come in. You don't mind if they laugh -- it means you did your job right.

TODAY'S BIRTHDAY (Jan. 10). You'll be the one to whip up the enthusiasm of your group. A beautiful relationship inspires you and brings you to new levels of excitement and action in the next 10 weeks. And it's still good after that, as a project will have you working and building together. March, July and October are your biggest money months.

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-Dan Reimold, College Media Matters

ABOUT

The Emerald is published by Emerald Media Group, Inc., the independent nonprofit news company at the University of Oregon. Formerly the Oregon Daily Emerald, the news organization was founded in 1900.

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EMERALD MEDIA GROUP
1222 E. 13TH AVE., #300
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Cover photo taken by Emerald Photography Editor Michael Arellano.

BY ABBY BEACH

Cyberbullying victims exceed one million

Almost everyone has heard of cyberbullying or been affected by it in some way. Unfortunately, this has become the one of the most talked about forms of bullying recently.

I had always taken the term somewhat lightly until it began to be a serious problem in my family. My sister just started high school and started receiving text messages from an unknown number.

"It was terrifying, to be honest," my sister said. "I didn't know why this was happening or even the slightest clue as to who was doing this to me."

The messages started out meaningless and were more annoying to my sister than they were hurtful. Over time, however, the person behind the unknown number became more and more aggressive with the messages, attacking my sister's character and personal life. When my family tried to track the number, we found that it was from an app that assigned the person a temporary cell phone number that could be accessed by an iPhone, iPod Touch or iPad.

"The worst of the messages that I received were the ones attacking my appearance and personality," she added. "Cyberbullying can really destroy your self-esteem."

I was infuriated, as any protective older sibling would be. I felt helpless. I had no idea what to do to comfort my sister and take this problem into my own hands. Seeing my sister come home from school every day with a defeated look on her face made me sick to my stomach. Who would do this to my little sister? No one deserves this kind of harassment.

After meeting with school counselors and the deans multiple times, there was still no tangible resolution to the problem. We were never able to gather enough proof to identify the person who was sending my sister these messages. Finally, the harassment ceased after a few months.

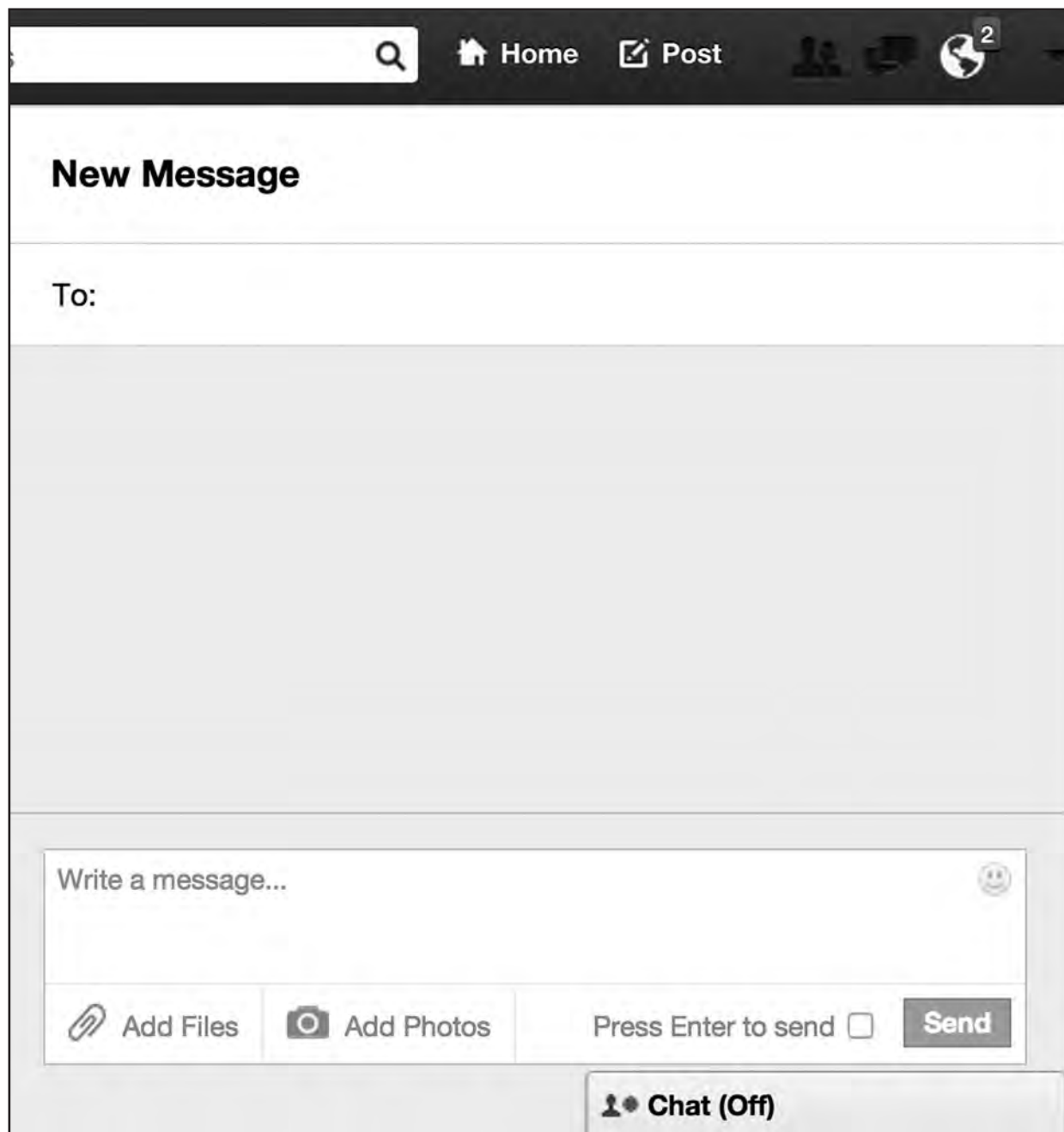
"It was the worst experience of my life," she said.

According to the UK Daily Mail, more than one million young people experience cyberbullying every single day.

As technology has become a prominent part of our daily lives, cyberbullying has become one of the most frequent forms of bullying. Cyberbullying can happen on a number of media outlets. The bullies are even able to remain anonymous in some cases by hiding behind fake profiles and accounts.

"Texting, using a cell phone and Facebook are common ways of using technology to bully," said Dr. Brianna Stiller, coordinator of Positive Behavior Support Programs for the Eugene School District. "Those are the means that have been brought to my attention most often."

According to the Oregon Department of Education, Oregon state law is one of the few in the country that includes a specific definition of cyberbullying stating, "Cyberbullying is the use of any electronic device to harass, intimidate or bully." The Oregon State Legislature passed this law, SB 1555, also called the Safe Schools Act, in



2011.

"This bill amended the anti-bullying rules for schools and included cyber-bullying in the definition, along with bullying, intimidation and harassment," said Michael Mahoney, Safe and Healthy Schools coordinator at the Oregon Department of Education. "In short, schools must have policies in place to address and investigate incidents of bullying. There must be said consequences."

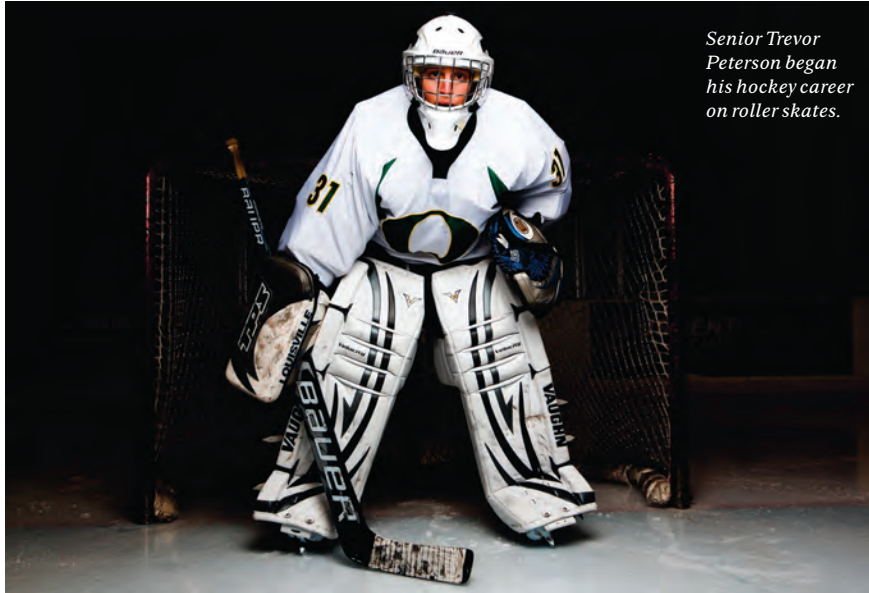
It is often assumed that cyberbullying only exists in middle school and high school, but a study done by the University of Buffalo found that 22 percent of college students reported being a victim of cyberbullying. Whether it's hazing or picking on somebody in your dorm, the fact of the matter is that bullying can happen to anyone by anyone. Technology is to credit with the popularization of cyberbullying, making it all a lot easier for the bully.

The University of Buffalo study also provided helpful tips for helping out a victim of cyberbullying. They ask that students encourage the victim to tell someone that they trust about the problem before it gets out of hand. They also advise college students to become aware of the campus laws against bullying and to report acts of bullying to the local police or a person of authority.

Bottom line is that bullying, whether it be cyber or not, is something that happens at many different stages in life. We need to all do our part to stop these senseless acts and keep an eye out the next time you're online.

Abby Beach is a columnist for The Emerald. Follow her on Twitter @AbbyBeach

SWITCHING FROM PAVEMENT TO ICE



Senior Trevor Peterson began his hockey career on roller skates.

When you ask an ice hockey player where he learned to play, the answer is rarely Nipomo, Calif. The reason?

There's no place to play. Many ice hockey hopefuls had to head to other cities like Bakersfield or Oxnard, both two hours away. But senior Trevor Peterson – now a goaltender for the Oregon club ice hockey team – didn't start on ice skates. He began on roller blades.

"I wore my mom's roller skates and since the neighbors played hockey, (me and my brother) borrowed some of our neighbor's equipment and started playing in the driveway," Peterson said.

After Peterson's dad caught wind of his son's interest in hockey, the driveway fun soon turned into something a little more tangible: He started playing roller hockey.

Peterson kept playing until around his senior year of high school when all of his teammates on his roller team graduated. It wasn't until he was 19 and attending Allan Hancock College that he started playing drop-in ice hockey games.

Even though he was a frequent visitor of drop-in games and stick time at the rink, before this year, Peterson still had yet to play an actual game.

"Who was my first regulation ice team? The Oregon Ducks," Peterson said. "I honestly never played in an official game until I played for this team."

The transition wasn't completely smooth. Despite the goaltender position being similar between roller and ice, Trevor found himself frustrated by the differences.

"In roller, wherever I move, I'm

100 percent in control," Peterson said. "Whereas in ice, if I'm a little bit out of position and I go down, I'm subject to what my body is doing. On the floor I can shuffle. On here, you get moving one way, you go down and that's it."

Even though he was new to this level of play on ice, fellow Ducks hockey goalie Danny Cockriel said it wasn't obvious.

"I would have guessed that he played a game for sure," Cockriel said. "Side-to-side he wasn't as fast, but he's made a huge improvement since he started. He wasn't that much slower than me as far as skating goes. He could handle the puck. His angles are always on and I would have never guessed that was his first ice hockey game. That's pretty impressive. I couldn't tell to be honest."

There's another person who isn't surprised by his on-ice ability.

"We'd go up to Mammoth quite a bit and there's an ice skating rink up there," Trevor's mom, Junell Peterson, said. "He always adapted quickly to the ice."

"I think he's a natural athlete, so things come easily for him," she added.

Natural athlete or not, Peterson's nearly-complete transition to an ice hockey goalie wasn't done on natural talent alone.

"I can definitely tell that he's working hard every time he steps onto the ice and he wants to get better," Cockriel said. "I can see the determination too. He's always out there working his butt off and skating as hard as he can."

BY ANNE YILMAZ, @ANNEYILMAZ



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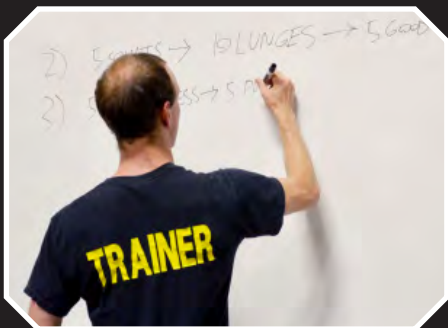
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