



Siletz Tribe invites you to celebrate at 37th annual Restoration Pow-Wow

The public is invited to join the Confederated Tribes of Siletz Indians on Nov. 15 as it holds its annual Restoration Pow-Wow at Chinook Winds Casino Resort in Lincoln City, Ore.

This free event begins with a grand entry at 6 p.m. American Indian vendors with jewelry, beadwork and other items for sale will be available throughout the day.

This is the 37th year the Siletz Tribe has celebrated the signing of Public Law 95-195, which re-established government-to-government relations between the Confederated Tribes of Siletz Indians and the federal government. The Siletz Tribe was terminated from federal recognition in August 1954.

In the late 1960s, it became apparent that the only way to preserve and revitalize Siletz Tribal sovereignty, community and culture was for the Siletz Tribe to regain its status as a Tribe recognized by the United States.

In November 1977, after years of intense lobbying, Congress and President Jimmy Carter approved Public Law 95-195, which reinstated recognition of the Siletz as a federal Indian Tribe. The Siletz Tribe was the second in the nation – and the first in Oregon – to achieve restoration.

Dedicated to improving the quality of life of its more than 4,900 members, the Tribe puts strong emphasis on the education, health and social well-being of all its members.

Significant Tribal accomplishments since Restoration include opening the original health clinic in 1991 and a new much larger clinic in 2010; building more than 150 homes and multiple dwellings for Tribal members, including 20 units at Neachesna Village in Lincoln City that opened in 2009, plus another eight units there and 19 apartments in Siletz that opened in 2010 and seven homes in the Tillamook subdivision in Siletz that opened in 2013; completing the Siletz



File photo

Junior Miss Siletz Faith Kibby takes part in the fancy dance demonstration at the 2013 Siletz Tribal Restoration Pow-Wow at Chinook Winds Casino Resort. This year's event will be held Nov. 15.

Dance House in 1996; opening the Texas Illahee Child Care Center in 2003; opening the Tillicum Fitness Center and a new USDA food distribution warehouse in Siletz in 2008; and opening the Siletz Rec Center in 2009.

Through its economic development division, the Siletz Tribal Business Corporation, the Tribe purchased the Lincoln Shores office complex in Lincoln City in 2001 and opened the Siletz Gas & Mini-Mart in Siletz in 2004, the Logan Road

RV Park in Lincoln City in 2004 and the Hee Hee Illahee RV Resort in Salem in 2006. The Tribe purchased the Imprints printing business in Lincoln City in 2008.

[See Restoration on page 5](#)

Flags of Oregon Tribes raised at UO; students from SVECA, NHS participate



Courtesy photo

Members of the Siletz delegation attend the flag-raising ceremony at the University of Oregon.

By Tiffany Stuart

After years of hard work, the flags of the nine Tribes of Oregon are permanently established at the University of Oregon in Eugene, Ore.

UO is the only PAC 12 school with permanent Tribal flags on campus.

The flag-raising ceremony was held Oct. 2. The Siletz flag was raised by Tribal Council members Reggie and Lillie Butler. As our Tribal flag was being raised, I started to sing Grandpa Archie Ben's song and our group all joined in.

The Siletz people were represented that day by 12 students from Siletz Valley Early College Academy and Newport High School, including Jarron Brown, Chazlyne Goodell, Shaundé Goodell,

[See Flag on page 5](#)

National Museum of the American Indian

The museum, through its director, Kevin Gover, has encouraged Tribes to work with the museum to get good historical information out to the public.

NMAI is dedicated to this project. Gover has asked for all Tribes to participate in a meaningful process.

Federal Recognition

Our Tribe has commented on the new regulations coming out on the process the BIA follows to recognize Tribes.

When Siletz was restored to federal recognition in 1977, there was no process. If a Tribe was terminated, the process was to have legislation enacted to be restored to federal recognition

During the hearing at that time, Sen. Mark Hatfield requested that the Bureau of Indian Affairs come up with a process Tribes could follow to be acknowledged. A process has been in place for the past several years but according to testimony, the process is long and slow.

Our Tribe wants to be sure that the new process is fair and doesn't want other Tribes that currently are recognized under the Confederated Tribes of Siletz Indians (CTSI) to gain independent recognition. Tribes that were terminated under CTSI were restored as a CTSI Tribe.

Currently, the Clatsop/Nehalem people have legislation that was introduced in the House of Representatives that would give them recognition when they already are part of our Tribe. So the new BIA process needs to recognize that

these actions create a huge problem for Tribes like us.

We have commented on the new regulations and recently met with a BIA official to address our concerns.

Mascots

Probably all of you have followed the national news on the mascot issue as it pertains to the Washington Redskins. Many Tribes have opposed the national football team and its mascot name, but not all Tribes are opposed.

Our Tribe is opposed to mascots that are insensitive. Having said that, however, we have worked very hard to keep the Siletz Warriors name for the charter school in Siletz. We are currently in the process of determining how we will work with other Tribes in Oregon to keep mascots that are sensitive and not offensive.



Delores Pigsley

Most Often Requested Numbers

Confederated Tribes of Siletz Indians – 800-922-1399	Siletz Community Health Clinic – 800-648-0449
Salem Area Office – 503-390-9494	Siletz Behavioral Health – 800-600-5599
Salem Finance Office – 888-870-9051	Chinook Winds Casino Resort – 888-244-6665
Portland Area Office – 503-238-1512	Chemawa Health Clinic – 800-452-7823
Eugene Area Office – 541-484-4234	Bureau of Indian Affairs – 800-323-8517
Contract Health Services (CHS) – 800-628-5720	Website – ctsi.nsn.us

Elders Council Meeting

Nov. 8 • 1-4 p.m. • Chinook Winds Golf Resort

Siletz Elder potlucks are held monthly at 6 p.m. on the Monday before the regularly scheduled Elders meeting. Please bring a potluck dish you would like to share.

For more information, contact the Elders Program at 800-922-1399, ext. 1261, or 541-444-8261.

CTSI Jobs – Employment information available at ctsi.nsn.us.

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to *Siletz News*.

Name: _____

Address: _____

Phone: _____

Change of address: Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or covas@ctsi.nsn.us. All others – call the newspaper office.

General Council Meeting

Nov. 1, 2014 • 1 p.m. • Siletz Tribal Community Center • Siletz, Oregon

- Invocation
- Flag Salute
- Roll Call
- Approval of Agenda
- Approval of Minutes
- Hunting and Fishing MOU
- Tribal Members' Concerns
- Tribal Council Candidates Declarations
- Chairman's Report
- Announcements
- Adjourn

Nuu-wee-ya' (our words)

Introduction to the Athabaskan language

Open to Tribal members of all ages

Siletz
Tribal Community Center
Nov. 3 – 6-8 p.m.
Dec. 1 – 6-8 p.m.

Portland
Portland Area Office
Nov. 10 – 6-8 p.m.
Dec. 8 – 6-8 p.m.

Eugene
Eugene Area Office
Nov. 4 – 6-8 p.m.
Dec. 2 – 6-8 p.m.

Salem
Salem Area Office
Nov. 11 – 6-8 p.m.
Dec. 9 – 6-8 p.m.

Classes begin with basic instruction and progress over the year. They also are a refresher course for more-advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages.

We also have equipment in the Cultural Department available for use in grinding and drilling shell or pine nuts or other applications. If you need to use the equipment, call the number below to set up an appointment.

For more information, contact Bud Lane at the Siletz Cultural Department at 541-444-8320 or 800-922-1399, ext. 1320; or email budl@ctsi.nsn.us.

Send information to:

Siletz News
P.O. Box 549
Siletz, OR 97380-0549

541-444-8291 or
800-922-1399, ext. 1291

Fax: 541-444-2307

Email: pias@ctsi.nsn.us

Deadline for the December issue is Nov. 10.

Submission of articles and photos is encouraged.

Please see the Passages Policy on page 20 when submitting items for Passages.



Member of the Native American Journalists Association

Basket made by Ella Ben returned to Tribe by former Siletz-area family

By Selene Rilatos

We are so honored to receive a basket made by our grandmother, Ella Ben, that has been donated to the Tribe from the Faulkner family.

Denise Faulkner Woodward is the granddaughter of Sandy and Ron Faulkner. Denise said the basket was given to her grandparents and they believed it was from the Ben family. They had it full of baby chicks in trade for fresh vegetables.

After seeing the basket and, with Cultural Director Robert Kentta, comparing it to others that Grandma Ella has made, we're quite positive that Grandma Ella is the weaver.

Our family met up with the Faulkner family at the Stillwater Pow-Wow in Red-

ding, Calif., on Oct. 3 and that's when we accepted the basket. Denise was joined by her father, "Moose" Faulkner; her daughter, Dionne; grandson Darrin; and granddaughter Carissa to visit with us at the pow-wow.

Moose told us so many wonderful stories of Siletz days when he lived there and raised his family. He owned the gas station in Siletz and moved his family away 38 years ago.

Present at the pow-wow were Ed Ben Jr., Brandy Ben Kibby, Faith Kibby, Hope Kibby, Jaimoe Kibby, Jai Kibby, Kelly Marzan, Jerome Marzan, Lisa Williamson, John Williams, Tasha Rilatos and myself.



Courtesy photo

Back row (l to r): Dionne Woodward Gibson, Denise Faulkner Woodward, Moose Faulkner, Ed Ben Jr. and Selene Rilatos; front row (l to r): Carissa Gibson (in pink) and Darrin Gibson (in orange).



Photo by Diane Rodriguez

State Representative David Gomberg (left) of Oregon's 10th District and U.S. Rep. Kurt Schrader of Oregon's 5th District have a discussion prior to the Candidates Fair at Chinook Winds Casino Resort on Oct. 12. They were among nearly 20 candidates who are on the ballot in Lincoln City, Ore., who attended the fair.

President announces date of sixth White House Tribal Nations Conference

WASHINGTON – On Dec. 3, President Obama will host the 2014 White House Tribal Nations Conference at the Capital Hilton in Washington, D.C.

The conference will provide leaders from the 566 federally recognized Tribes the opportunity to interact directly with the president and members of the White House Council on Native American Affairs. Each federally recognized Tribe

will be invited to send one representative to the conference.

This will be the sixth White House Tribal Nations Conference for the Obama administration. It continues to build upon the president's commitment to strengthen the government-to-government relationship with Indian Country and improve the lives of American Indians.

Additional details about the conference will be released at a later date.

BLM announces fee-free days for 2015

The Bureau of Land Management, in conjunction with other agencies within the Department of the Interior, will waive recreation-related fees for visitors to the National System of Public Lands on four occasions in 2015 – Martin Luther King Jr. Day (Jan. 19), Presidents' Day weekend (Feb. 14-16), National Public Lands Day (Sept. 26) and Veterans Day (Nov. 11).

One fee-free remains for 2014 – Veteran's Day, Nov. 11.

"We want everyone to enjoy the incredible recreation opportunities available on BLM-managed public lands," said BLM Director Neil Kornze. "Waiving fees is also a way of reaching out to those of you who may not yet know that we offer more recreational opportunities than any other land management agency – from hunting and fishing to mountain biking and hiking – and we look forward to welcoming you!"

The BLM manages more than 245 million acres of public lands, which provide numerous opportunities for a wide range of recreational opportunities from hiking, fishing and camping to riding off-highway vehicles and rock climbing.

About 61 million visits were made to BLM-managed lands and waters in 2013, supporting more than 42,000 jobs nationwide and contributing nearly \$5.5 billion to the nation's economy.

Site-specific standard amenity and individual day-use fees at BLM recreation sites and areas will be waived for the specified dates. Other fees, such as overnight camping, cabin rentals and group day use, will remain in effect.

More details about fee-free days and activities on BLM-managed public lands are available at blm.gov/wo/st/en/prog/Recreation/BLM_Fee_Free_Days.html.

The BLM manages more than 245 million acres of public land, the most of any federal agency. This land, known as the National System of Public Lands, is primarily located in 12 Western states, including Alaska.

The BLM also administers 700 million acres of sub-surface mineral estate throughout the nation.

The BLM's mission is to manage and conserve public lands for the use and enjoyment of current and future generations under our mandate of multiple-use and sustained yield. In FY 2013, the BLM generated \$4.7 billion in receipts from public lands.

DIGITAL
PAINTING
PHOTO
ILLUSTRATION

TRADING AT THE RIVER
SMALL BUSINESS CONFERENCE AND MARKETPLACE

CALLING ALL NATIVE ARTISTS
Tulsa, Oklahoma. May, 2015

YOUR WORK OF ART WILL BE FEATURED IN ALL CONFERENCE MATERIALS.
PLEASE SEND A HI-RESOLUTION (10MB FILE) SCAN OF AN ORIGINAL WORK OF ART ON THE THEME OF "WATER", "COMMUNITY" OR "GROWING" TO [APRIL@ONABEN.ORG](mailto:april@onaben.org).
FOR MORE INFORMATION PLEASE GO TO TRADINGATTHERIVER.COM AND ONABEN.ORG. OR CALL (503) 968-1500

- Please send high-resolution, 300 DPI (max. 10MB) files of your original work of art as an entry.
- Deadline is Nov. 15, 2014.
- Any questions can be directed to April Lemly, marketing coordinator, at april@onaben.org or 503-968-1500.

CTSI Jobs

Tribal employment information is available at ctsi.nsn.us.

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

CTSI constantly is looking for temporary employees to cover vacancy, vacations, maternity leave and extended sick leave. If you are looking for temporary work that can last from 2-12 weeks, please submit an application for the temp pool.



America Gets Cooking to Stop Diabetes is an initiative designed to engage and inspire people to live a more active and healthier lifestyle. The initiative will empower people to cook nutritious and delicious food and encourage them to be more active. To help continue the momentum throughout November visit their web page www.diabetesforecast.org/ADM.

Get Moving Mondays – After the weekend, people are not as excited about getting up and going on a Monday. Get Moving Mondays will provide some easy tips to help Americans get moving and keep up an active lifestyle all week long.

Tasty Tip Tuesdays – Many people are afraid of losing the taste when they make a recipe healthier. Every Tuesday, the Association will take a traditional recipe and teach people how to substitute certain ingredients for healthier options without losing the taste.

What's Cooking Wednesdays – With Thanksgiving kicking-off the holiday season, keeping yourself on track and eating healthy is very important. Each Wednesday, the public will vote on recipes that represent a healthy side dish, appetizer and/or dessert that they would like to see for a holiday meal. At the end of the month, we will unveil those winning dishes.

Get Together Thursdays or Any Day! – This engagement will offer ways for participants to implement healthy cooking activities into their daily lives through "Do-it-Yourself Fundraisers" called "Cook to Stop Diabetes." These fundraisers will be fun parties that can incorporate healthy recipes for family and friends and will also raise money for the Association.

Fact Check Friday – Challenging the public's knowledge about nutrition and diabetes, each Friday a question will be posted to test diabetes knowledge and encourage people to share it with their friends, family and/or co-workers.

Weekend Challenge to Stop Diabetes – Why not take the weekend and use it as an opportunity to get active and help raise funds to Stop Diabetes? We will provide fun fundraising activities for people to engage in and use their 48 hours to participate, or if they are too busy then do the 48 hours to donate!

See more at: <http://www.diabetes.org>

- ◆ Information
- ◆ Events
- ◆ Education

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Siletz Community Health Clinic

DIABETIC WALK & EXPO

November 22, 2014

Are you Diabetic, Pre-diabetic, or a support person to someone that is diabetic? If you answered yes to any of these, then **WE WANT YOU** to join the Siletz Warrior Walkers at the annual American Diabetes Walk to STOP Diabetes and EXPO on November 22, 2014 at the Oregon Convention Center in **Portland, OR**.

Registration for the walk will begin at 8am on November 22; the walk starts at 9am. This year, the course is indoors and will be immediately followed by the Diabetes EXPO! Learn how to be healthy, active, and live well with diabetes, all while having fun!

If you would like to join the Siletz Warrior Walkers, please **RSVP NO LATER THAN November 3, 2014** to Kayla Engel, DM Assistant at 541-444-9661.

Transportation to and from Portland will be provided to those that need it from Salem, Eugene and Siletz. For specific information regarding this event please contact Kayla Engel.

Dr. Leatha Lynch, PharmD

Registered Pharmacist (RPh)



Dr. Leatha Lynch attended Pacific University graduating in 2010 as a Doctor of Pharmacy. After graduation she spent three years in a variety of professional locations providing her with a variation of experience adding to her diverse professional and educational background. She joined our clinic in 2012 where she has gathered information and additional resources

to provide enhanced services to both our patients and providers.

Before becoming a Pharmacist Leatha was an executive level administrative assistant. She also attended Lane Community and Portland Community Colleges as well as Portland State University obtaining various degrees while working as a Research Lab Technician/Manager at Oregon Health Science University designing, performing and publishing results of her experiments.

In her free time Leatha enjoys spending time with her wolf hybrid Chinuk, Rob her fiancé, and her two grown daughters Tyler and Natasha and son-in-law Erik. They enjoy family gatherings centered around hiking, fishing, swimming, kayaking, cooking, and traveling.

WOU's new board of trustees, confirmed by state senate, includes Ingle

The Oregon State Senate voted unanimously Sept. 17 to confirm members of Western Oregon University's inaugural board of trustees.

Gov. John Kitzhaber nominated 14 individuals, including Siletz Tribal Council member Gloria Ingle, to WOU's new board in late August.

WOU becomes an independent public university on July 1, 2015, which is when this newly confirmed board gains governance authority.

Between now and July 1, the new board members will prepare for their leadership roles through orientation to WOU, training on best practices for university board governance, adoption of board by-laws and formation of board structure.

Board members also will be involved in the search for a new university president who will begin July 1. Current university president Mark Weiss will retire June 30.

"A board of trustees dedicated to the university's success will position Western to continue doing what we do best – educating Oregonians – while maintaining WOU as a fiscally healthy institution. Our size enables individualized attention, excellent faculty and support services, and mentoring for student success," said Weiss.

"Yet we also envision continued expansion of innovative programs, facilities and ways in which courses are delivered. Fundamentally, WOU will play a critical role in helping Oregon achieve its goals for a competitive, educated workforce."

A board of trustees to govern WOU was authorized by Senate Bill 270 during the 2013 regular session of the Oregon State Legislature.

The inaugural board members represent the diverse cultural, economic and professional backgrounds found within the Western Oregon University community. They work in education, the private sector and public service.

The 15-member board includes 11 public members, three members representing WOU (a faculty member, staff member and student) and WOU's president as a non-voting ex-officio member.

Board members include:

- **Jaime Arredondo**, secretary-treasurer for Pineros Campesinos Unidos del Noroeste (Oregon's Farmworker Union)
- **James M. Baumgartner**, partner at Black Helterline LLP law firm in Portland and current trustee on the WOU Foundation Board

- **Major General Daniel R. Hokanson**, the adjutant general of Oregon
- **Ivan Hurtado**, underwriter for Farmers Insurance
- **Gloria Ingle**, retired K-12 educator and council member/Elder for the Confederated Tribes of Siletz Indians
- **Cecelia 'Cec' Koontz**, business manager for the Central School District and Monmouth city councilor
- **Gov. Theodore "Ted" R. Kulongoski**, Oregon's governor from 2003-2011
- **Dr. John Minahan**, former WOU president
- **Dr. Jeanette Mladenovic**, executive vice-president and provost at Oregon Health & Science University
- **Lane Shetterly**, partner in the law firm Shetterly Irick and Ozias and a former legislator
- **Louis C. Taylor**, senior financial advisor at Taylor Wealth Management and co-founder/chief operations officer for Zon Compounding, LLC
- **Dr. Cornelia Paraskevas**, professor of English at WOU
- **Marshall Guthrie**, director of WOU's Student Enrichment Program and Monmouth city councilor



File photo

Gloria Ingle

- **Sofia Llamas**, current student at WOU (education major)
- **Mark Weiss**, president of WOU

Flags, continued from page 1

Windy Hill, Ajane' Jordan, Josh Leckie, Daniel Regan, Frankie Rilatos, Britany Robertson, Kateri Whitehead, William Whitehead and Tehya Woodruff.

The Tribe also was represented by Rusty Butler (Tribal prevention coordinator); Crystal McGuire (Indian education specialist at Newport); and UO alumni Ada and Amber Ball, Carson and Jerome Viles, Daniel Espino, and myself. Many UO alumni who are Siletz Tribal members could not attend but were excited to see this happen for Indian Country.

Before the flags were raised in front of the student union, the only place on campus that represented American Indian people was the long house. Now at the center of campus, Tribal students can see their Tribal flag as they go to class.

The Oregon Indian Education Association Youth Conference was held the same day.

Students and chaperons (Rusty, Crystal and myself) were able to tour campus, learn about the requirements of and information about the school, meet current American Indian students at UO, sit in classrooms for workshops, give feedback on current legislation, reflect on the trip, listen to Hattie Kauffman (news reporter and Nez Perce Tribal member), and attend the UO vs. Arizona football game. We even gathered acorns from campus to make acorn mush for the upcoming feather dance during winter solstice.

Thank you to the Siletz Tribe for providing the van for transportation and utilizing Rusty Butler. Thank you to Siletz Valley Schools for housing the students and chaperons for one night. Thank you to the Lincoln County School District for paying registration costs and allowing Crystal and myself to help chaperon and teach students about higher education.

The students and chaperons represented the Siletz people with pride, honor and respect. I would like to thank our students for going.

My education at UO came full circle that day. I once was the student and now I was teaching my students about a place of learning and opportunities for their lives.

Chinook Winds Fitness Center offers massage therapy

Chinook Winds Fitness Center now has massage therapy by Theresa Long LMT (#17057). A Tribal discount of \$10 off any session is available.

Hours of operation

Tuesday-Thursday – 9 a.m. to 6 p.m.
Friday-Sunday – Noon to 6 p.m.
Closed Monday

Please call the fitness center at 541-994-4474 to schedule an appointment. The fitness center is located at 3245 NE 50th St. in Lincoln City.

Restoration, continued from page 1

Tribal offices in Portland, Salem and Eugene now are housed in Tribally owned buildings. The Eugene office moved to its current location in 2005, the Salem office did the same in 2006 and the Portland office moved to its current location in 2008.

The Tribe also played a lead role in opening Siletz Valley School in 2003 and Siletz Valley Early College Academy in 2006.

Chinook Winds Casino in Lincoln City opened in May 1995. In June 2004, the Siletz Tribe purchased the former Shilo Inn adjacent to the casino and opened Chinook Winds Casino Resort.

Chinook Winds Golf Resort opened in April 2005 when the Tribe purchased the former Lakeside Golf and Fitness Center in Lincoln City.

The combination of Tribal employees and those at Chinook Winds Casino Resort has made the Siletz Tribe the largest employer in Lincoln County.

The Siletz Tribe has honored its tradition of sharing within the community by distributing more than \$11.3 million through the Siletz Tribal Charitable Contribution Fund and other Tribal resources.

Chinook Winds has donated more than \$2.8 million in cash and fundraising items since 1995. It also provides in-kind donations of convention space for various fundraisers as well as technical support, advertising and manpower for events.



File photo

Jocelyn Hernandez holds her brother, Vinnie, while dancing with Teonna Johnston at the 2013 Siletz Tribal Restoration Pow-Wow.

Quanna Pigsley – 1970-2014

Quanna was born Sept. 8, 1970, in Salem, Ore., to Don and Dee Pigsley. She passed away Sept. 19 in Siletz, Ore.

She attended school and lived in Salem most of her life. She later made her home in Siletz with Kent Strickler.

She loved the Oregon Coast, the rivers and dunes where she enjoyed the beach and riding her all-terrain vehicle whenever she could.

She loved visiting her numerous relatives in the Yankton Sioux Tribe in South Dakota and vacationing in Deadwood. She was proud of her Siletz heritage as well.

Quanna loved and enjoyed being with all her nieces and nephews and Kari

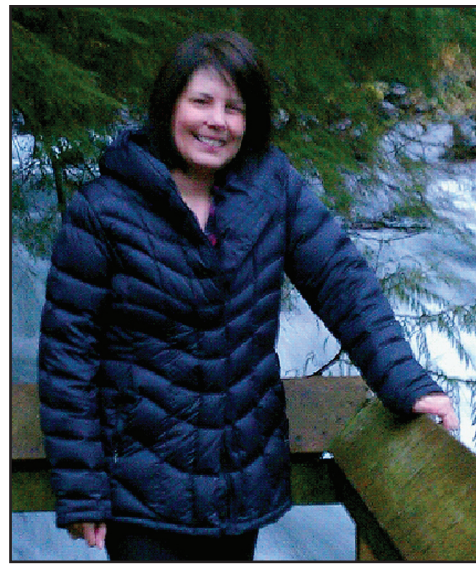
Sorensen. She made friends wherever she went. She loved life and having fun.

She watched her dogs and cat and the beautiful flowers in her yard daily. She collected angels and now she is among them.

Quanna is survived by her parents; brother Tim and his wife, Sara; nephews James, Timmy and Troy; nieces Kaniesha, Mariah, Rose and Daisy; as well as many aunts, uncles and cousins.

She was preceded in death by her brother, Troy.

Funeral services took place Sept. 23 at St. Edwards Catholic Church in Keizer, Ore., with a reception following. Holy Rosary took place the previous evening at Keizer Funeral Chapel.



Quanna Pigsley

Job Opening

Opening Date: Nov. 3, 2014
 Closing Date: Nov. 17, 2014
 Job Title: Administrative Support Clerk
 Salary/Wage: \$11.14/hour
 Tribal Level: 13
 Location: Siletz, Oregon
 Classification: Full time, non-exempt; this position is shared between two departments
 Job Posting Number: 201465

Visit ctsi.nsn.us for more information about this and other job openings with the Siletz Tribe.

2015 Tribal Council Application

Application for names to be placed on the 2015 ballot for candidates in the Siletz Tribal Council election

Name: _____ Roll#: _____

Mailing Address: _____

City: _____ State: _____ ZIP: _____

Telephone: _____

Email Address: _____

I understand I must be an enrolled member of the Confederated Tribes of Siletz Indians of Oregon and 18 years of age or older. This application must be filed with the Election Board by 4 p.m. on Dec. 19, 2014.

I also understand that if for any reason I decide to withdraw my application for Siletz Tribal Council, I must withdraw in writing by Dec. 26, 2014. Otherwise, my name will appear in the Voter's Pamphlet and on the ballot.

Signature: _____ Date: _____

Mail your application to: CTSI Election Board, P.O. Box 549, Siletz, OR 97380-0549.

Voter's Pamphlet and Statement

If you would like your candidate's statement and photo to appear in the Voter's Pamphlet, please submit your statement and recent 3x5 photograph of yourself along with your application. Deadline for statements and photos is Dec. 19, 2014, at 4 p.m.

Candidate statements must be no longer than 750 words and must not be derogatory or contain personal attacks on any one individual. Statements and photos will appear in the Voter's Pamphlet. Photos will be included on the ballot.

Mail your statement and photo to: CTSI Election Board, P.O. Box 549, Siletz, OR 97380-0549.

The candidate is responsible to ensure receipt of application and statement by the deadline. Letters will be sent to all candidates after review and certification by the Election Board.

Candidates can call 800-922-1399, ext. 1256, or 541-444-8256; or email elections@ctsi.nsn.us to confirm receipt of application and candidate's statement.

Election Deadlines

4 p.m.	Dec. 19, 2014	Deadline to file for candidacy
4 p.m.	Dec. 19, 2014	Deadline to submit a photo and/or candidate's statement for inclusion in the Tribal Voter's Pamphlet
4 p.m.	Dec. 26, 2014	Certified Candidates List posted
Week of Dec. 29–Jan. 2, 2015		Absentee ballots mailed out/Voter's Pamphlet
9 a.m.–Noon	Jan. 10, 2015	Candidates Fair – Chinook Winds
4 p.m.	Jan. 30, 2015	Deadline to request a mail-in ballot
10 a.m.–4 p.m.	Feb. 7, 2015	In-person Voting – Tribal Elections, Tribal Community Center, Siletz
4 p.m.	Feb. 7, 2014	Deadline for returning absentee ballots

Siletz Tribal member exhibits Native plants

Bush Barn, Salem Ore.

Siletz Tribal member James Anello is a member of the David Douglas Society (DDS) and holds a dual bachelor's of science in anthropology/sociology with a minor in history. He first became interested in the plants used by our ancestors by reading articles in *Siletz News* and other Tribal newsletters.

DDS members participate in the "Botanist in a Box" program, going to elementary schools to teach about bot-

any, David Douglas and Native plants.

The Portland Area Office provided some of the plant specimens used in his exhibit from our Lori Johnson Memorial Learning Garden. The Confederated Tribes of Siletz Indians is recognized for its contribution to the exhibit.

James said it is vital for all our Tribal members, young and old, to learn about the plants used by our ancestors and how they were used so we can pass it down to the next generation, forever and ever.



*Honoring Our Children
By Honoring Our Traditions*

Positive Indian Parenting Workshop

8-week course

The curriculum is designed to provide a brief, practical and culturally specific training program for Native families. Promoting the growth and well-being of the Indian child through positive parenting, which is culturally inspired, is the underlying message to parents. The first goal is to help parents explore the values and attitudes expressed in traditional Indian child-rearing practices and then apply those values to modern parenting skills. The second goal is to help parents develop positive and satisfying attitudes, values and skills that have roots in their cultural heritage.

- Positive Indian parenting builds stronger children. Stronger children build stronger communities.
- Positive Indian parenting recognizes that extended family historically had an importance in child rearing.
- Positive Indian parenting recognizes that in order to parent and give children what they need, the parents first must be able to get what they need.
- Positive Indian parenting is dedicated to the idea that parents should be able to determine the ways in which they can best meet the needs of their children.

~ National Indian Child Welfare Association (NICWA), Portland, Oregon

THE POSITIVE INDIAN PARENTING WORKSHOP IS OPEN TO ALL TRIBAL FAMILIES!

This eight-week workshop will be held in the Salem and Siletz areas beginning the last week of November from 5:30-7:30 p.m. With the holidays, the session schedule will be included with the registration packet. Local transportation is available and snacks will be provided.

Sessions are inquiry-based (knowledge sharing) with cultural activities, special guests and much more! The workshop is developed using the NICWA Positive Indian Parenting curriculum.

Please contact Angela Ramirez, Healthy Family Healthy Child Project social service advocate, to obtain a registration packet. Workshop registration must be submitted by Nov. 17, 2014 (one week prior to the first session). Please do not wait as space is limited!

Hope to see you there!

Confederated Tribes of Siletz Indians
 Healthy Family Healthy Child Project
 Nuu-la Nuu-ua'sh-vsh
 "Our hand we are giving"

Angela Ramirez, Social Service Advocate
 Direct Phone: 541-444-8262
 Cell/Text: 541-270-8413
 Email: angelar@ctsi.nsn.us



Feedback from previous Workshops

"Every class was awesome! I learned a lot about ways of parenting. I definitely learned skills I will use for life."

"[I learned that] bad habits like spanking and yelling can be changed. I can tell stories as lessons to my kids."

"I wish I would have taken the classes when my children were younger."



Courtesy photos by Cecelia DeAnda

Kristi Martin-Bayya (left) and Liz John (right)

Top left: Barbara Woods

Above: Jane John

Left: Donna Woods

Elders Halloween Party
Siletz Tribal Community Center
Oct. 24, 2014

Scholarships and Internships

University of Idaho – Ph.D. IGERT Traineeship in Water Resources

We invite applications for the National Science Foundation's Integrated Graduate Education and Research Traineeship (IGERT) Program on Adaptation to change in water resources – science to inform decision-making across disciplines, cultures and scales.

Doctoral trainees will work in interdisciplinary teams to research the drivers and consequences of changing water dynamics in the Pacific Northwest.

Doctoral traineeships will start in June 2015. The first two years will include a stipend of \$30,000 per year, plus tuition and fees.

For more information, visit uidaho.edu/cogs/envs-wr/academics/water-resources/igert-program; email water@uidaho.edu; or call 208-885-6113.

Applications are due Nov. 15, 2014.

Native Agriculture and Food Systems Scholarship

First Nations Development Institute has launched the new First Nations Native Agriculture and Food Systems Scholarship Program to encourage more American Indian college students to enter the agricultural sector in Native communities.

First Nations will award six \$1,000 scholarships annually to American Indian college students majoring in agriculture and related fields, including but not limited to agribusiness management, agriscience technologies, agronomy, animal husbandry, aquaponics, fisheries and wildlife, food production and safety, food-related policy and legislation, horticulture, irrigation science, plant-based

nutrition and sustainable agriculture or food systems.

More information is available at firstnations.org/grantmaking/scholarship.

Applications are due Nov. 17, 2014, by 5 p.m. (MST).

Jack Kent Cooke Foundation Undergraduate Transfer Scholarship

The Jack Kent Cooke Foundation Undergraduate Transfer Scholarship honors excellence by helping outstanding community college students with financial need transfer to and complete their bachelor's degrees at the nation's top four-year colleges and universities.

The foundation provides up to \$40,000 per year to each of approximately 85 deserving students selected annually.

Each award is intended to cover a significant share of the student's educational expenses – including tuition, living expenses, books and required fees – for the final two or three years necessary to achieve a bachelor's degree.

Awards vary by individual, based on the cost of tuition, as well as other grants or scholarships he or she may receive.

More information is available at jkcf.org/scholarship-programs/undergraduate-transfer/.

Applications are due Dec. 2, 2014.

Gates Millennium Scholars

The Gates Millennium Scholars (GMS) Program, funded by a grant from the Bill & Melinda Gates Foundation, was established in 1999 to provide outstanding American Indian/Alaska Native, African American, Asian Pacific Islander

American and Hispanic American students with an opportunity to complete an undergraduate college education in any discipline area of interest.

Continuing Gates Millennium Scholars can request funding for a graduate degree program in one of the following discipline areas: computer science, education, engineering, library science, mathematics, public health or science.

For more information, visit gmsp.org/. Applications are due Jan. 14, 2015.

Udall Native American Congressional Internship

The Udall Foundation provides a 10-week summer internship in Washington, D.C., for American Indian and Alaska Native students who want to learn more about the federal government and issues affecting Indian Country.

The internship is fully funded – the foundation provides round-trip airfare, housing, per diem for food and incidentals, and a stipend at the close of the program.

Interns work in congressional and agency offices, where they have opportunities to research legislative issues important to Tribal communities, network with key public officials and Tribal advocacy groups, experience an insider's view of the federal government and enhance their understanding of nation-building and Tribal self-governance.

The internship program is funded by the Native Nations Institute for Leadership, Management and Policy, which was founded by the Udall Foundation and the University of Arizona in 2001 as a self-determination, self-governance and development resource for Native nations.

In 2015, the foundation expects to award 12 internships.

For more information, visit udall.gov/OurPrograms/Internship/Internship.aspx.

Applications are due Jan. 31, 2015.

Udall Undergraduate Scholarship

Scholarship benefits include:

- Up to \$5,000 for tuition, room and board, or other educational expenses.
- Four-day Udall Scholars Orientation in Tucson, Ariz., to meet with other scholars, elected officials, environmental and Tribal leaders. All 2015 scholars are required to attend this event on Aug. 5-9, 2015. The foundation will arrange travel from the scholar's home or school; lodging and meals are provided.
- Access to a network of environmental, American Indian health and Tribal policy professionals through the Udall alumni listserv.

For more information, visit udall.gov/OurPrograms/Scholarship/Scholarship.aspx.

Applications are due March 4, 2015.

National Johnson O'Malley Association Scholarship

The Chief Earl Old Person scholarship is for American Indian senior high school students.

For more information, visit njoma.com/ or contact Elsie Dee at eede@sjdsd.org or 435-210-8223; or Clayton Long at clong@sjdsd.org or 801-232-5624.

Applications are due March 6, 2015.

Tribal Head Start children, parents start year of learning, working together

By Lori Jay-Linstrom, Parent Involvement Coordinator

Don't forget to submit your Siletz Tribal Head Start application for the following locations: Lincoln City, Siletz, Salem and Portland. It is never too late to send in your application as we accept them all year long.

Please remind your friends and family members who may have a child who turned age 3 or 4 by Sept. 1, 2014, to submit their applications too. Our Head Start program has immediate openings in the Lincoln City and Siletz classrooms, and no one on the waiting list for the classrooms in Salem or Portland.

All of our Head Start locations have started off with a bang! Everyone is so excited about our students attending classes. They will be learning so many new things and will have fun doing so.



Courtesy photo

Siletz Tribal Head Start students in Lincoln City get ready to make pumpkin shakes.

Head Start is a comprehensive program designed to support the individual

development of children and promote their school readiness skills. This focus

should help our students be ready when it is time for their transition into kindergarten and the public schools.

We are completing our 45-day requirements for our students, which includes hearing, vision and developmental testing for all children. Then we will move to our 90-day requirements for physicals and dental examinations.

We have had our first Parent Committee meetings and the parents elected their Parent Committee officers and their Policy Council representatives. Not only will our children be busy learning new things, so will a lot of our parents.

If you would like to be involved in our program but don't have any children attending, please call me at 800-922-1399, ext. 1376, or 541-444-8376 to see how you can support Head Start.

Nesika Illahee Pow-Wow

Attention Siletz Tribal Artists

The 2015 Nesika Illahee Pow-Wow Committee once again is having a logo contest for the upcoming pow-wow in August 2015.

All Siletz Tribal artists are encouraged to submit a pow-wow themed logo. The winning logo artist will receive a cash prize of \$250 and a professional banner with the logo. The winning artist will have his or her logo highlighted on Nesika Illahee Pow-Wow flyers and merchandise.

Please submit your artwork to the Cultural Education director's office at the Siletz Tribal Community Center or mail it to Confederated Tribes of Siletz Indians, Attn: Pow-Wow Logo Contest, P.O. Box 549, Siletz, OR 97380-0549.

All entries must be received no later than March 2, 2015.

Royalty Crown Proposals

The 2015 Pow-Wow Committee is now accepting proposals for 2015-2016 royalty crowns for Miss Siletz, Junior Miss Siletz and Little Miss Siletz.

Proposals for a crown are required to include art design, size of the crown and a bid for the crown or crowns of your interest. Proposals can be submitted for individual crowns, two crowns or you can submit a bid for all three crowns.

Crown proposals must be turned in to the committee no later than March 2, 2015.

Proposals should be sent to Siletz Pow-Wow Committee, P.O. Box 549, Siletz, OR 97380-0549.

If you have any questions, contact Buddy Lane at 800-922-1399, ext 1230, or 541-444-8230.

Preschool nutrition is a family affair

By Nancy Ludwig, MS, RD, LD, Siletz Tribal Head Start Nutritionist

As part of my role as a consultant nutritionist to Siletz Tribal Head Start, I offer information for families. This segment addresses the most common questions.

Why does Head Start offer family-style meals?

The structure of mealtime is set up using guidelines that have the adults controlling what is served, when and where it is served so healthy foods are served in a safe and encouraging environment. The setup encourages children to step into their responsibility of whether they choose to eat what is served and how much they eat.

Aren't preschool children too young to know what they need?

The Head Start model helps children monitor their own intake. It is important that adults encourage children to eat in response to hunger and fullness. It is important that children have nutritious choices to select from, but the adults don't know how fast the children are growing. Some days, children need to eat more food than on other days. In other words, they need to eat or not eat according to their own internal cues. Trusting them to do so helps them develop good eating habits.

How can I support my children best around meals at home?

Family meals at home can create a positive environment where children can feel safe. Not only can it continue to empower children to honor their hunger cues, but children who eat family meals also do better in school and get in trouble less often. This may be because of the bonding that occurs while conversing at the table.

Also, children watch what you eat and do. You are serving as a role model whether you like it or not. So think about what you want them to learn through your actions.

How do I know how much food to serve?

Portions are suggested at school but children have the opportunity to eat less or have additional servings. Some of the learning that happens at mealtime

includes learning to share and how to divide the total amount of food into the number of children at the table. Mealtime is also about developing the coordination to serve themselves.

How do I encourage my child to try new foods?

It often takes many times (even as many as 20) for a child to be exposed to a food before they are ready to try it. They are still watching you and if it is a food you want them to try, watching you eat it is meaningful. After all, you aren't gagging or getting poisoned.

You might want to describe the food, such as flavor or texture, to peak their curiosity. These kinds of discussions also are encouraged at school.

It is useful to avoid the judgments of good and bad behaviors, such as "Look how good your sister is because she eats the broccoli." Forcing or coercing children to eat often backfires. It matters less whether they eat it today than that they learn to eat well for a lifetime.

I have been told that my child is above the 85% weight vs. height. I've been referred to a doctor. Why?

This statistic is a red flag or indicates a possible risk factor to health care providers. Measurements between the 85th and 95th percentile are associated with the risk of becoming overweight.

This brings up an awkward subject leading to the question, "Is my child getting fat?" Maybe yes, maybe no. Statistics are not all perfect. They are screening tools that prompt us to look into the situation further. We must also use common sense and good judgment.

Mathematically, it means that your child is growing heavier faster than he is growing tall. This might change naturally because children don't grow proportionately through growth spurts and your child might have gained weight in anticipation of shooting tall. It is important to look at this number over time, not just once.

How does a health care provider follow up regarding my child's weight?

Apparently we don't all do the same thing. I find it as an opportunity to put

this number into perspective. I follow up with a series of questions that look at eating behaviors, activity and family patterns as well as the types of foods and beverages that are being consumed. In essence, the same questions are important for all people.

The reason behind the questions is to determine whether food intake isn't being regulated well. The theme I listen for is the link between internal appetite cues and the choice to eat or stop eating.

Whether you are hungry or full is an appetite cue. Many times children are encouraged to eat for external reasons, such as "Don't you like this? I made it just for you," "We always eat birthday cake to celebrate," "If you want to get down from the table, you need to finish your dinner," "This is so delicious I can't stop eating it," "If you do your homework, I'll give you a cookie" and so on.

These external prompts teach children to eat for reasons other than hunger. People with healthy weights naturally regulate their intake. Sometimes adults undermine this natural ability without meaning to.

What can I do to get my kids to eat right?

When adults are clear about the division of responsibility around eating, they support children in developing healthy eating habits while they take a long-term view.

This brings us back to why Head Start offers family-style meals at school. Adults control what is served, when and where it is served so healthy foods are provided in a safe and encouraging environment. This helps children step into their responsibility of whether they choose to eat what is served and how much they eat.

In this way, adults help children learn from their decisions in a safe environment while developing healthy habits for a lifetime.

Siletz Tribal Head Start offers my time to support family nutrition over the telephone (503-588-5446). Please contact me if you have nutrition concerns about your Head Start child.

November USDA distribution dates

Siletz

Monday	Nov. 3	9 a.m. – 3 p.m.
Tuesday	Nov. 4	9 a.m. – 3 p.m.
Wednesday	Nov. 5	9 a.m. – 3 p.m.
Thursday	Nov. 6	9 a.m. – 3 p.m.
Friday	Nov. 7	9 a.m. – 3 p.m.

Salem

Wednesday	Nov. 19	1:30 – 6:30 p.m.
Thursday	Nov. 20	9 a.m. – 6:30 p.m.
Friday	Nov. 21	9 a.m. – 6:30 p.m.

I came up with this quick and easy recipe one day when I wanted some chocolate. These are so easy and taste so good; I hope you can try them at home.

Place chocolate chips in a microwave-safe bowl. Heat for 2 minutes and stir. When almost completely melted, stir in peanut butter.

Put back in microwave for 30 seconds and stir until smooth. Add vanilla and stir.

Chop the fruit & nut mix a bit to make smaller chunks of almond and add it to the melted chocolate.

Add the Rice Krispies and stir until blended.

Drop by spoonfuls onto waxed paper or parchment. Let sit for an hour.

**Indicates product available through USDA food program*

Fruit & Nut Clusters

- 1 package fruit & nut mix*
- 1 16-ounce bag chocolate chips
- 1 cup peanut butter*
- 1 cup Rice Krispies*
- ½ teaspoon vanilla extract

Joyce Retherford
FDP Director
541-444-8393

Lisa Paul
FDP Warehouseman/Clerk
541-444-8279



Courtesy photo by Ashley Clark, district scheduler, Office of Congressman Kurt Schrader

Congressman Kurt Schrader visits American Grounding Systems, Inc. (AGS) with (l to r) Greg and Helen Higgins, owner; Congressman Schrader; Ronni Larsen, accounts manager; and Tedd Larsen, general manager. AGS manufactures grounding devices for companies worldwide and is an American Indian woman-owned business. Helen is the controlling stockholder of the business, which was established in 1993.

<p>2014 Chemawa Indian School Veterans Pow-Wow</p>	<p>Nov. 8, 2014 Grand Entries – 1 p.m. and 6 p.m. 3700 Chemawa Road NE Salem, Oregon</p>	<p>School Gymnasium Stop at the guard shack prior to entering campus. Public welcome – free admission!</p>
		<p>Emcee: Anthony Blue Horse Dancing, singing, fry bread, crafts FMI: 503-399-5721, ext. 272 or 269 Vendors: 503-399-5721, ext. 225</p>

Nutritious convenience foods – planning for busy times

By Nancy Ludwig, MS, RDN, LD,
Head Start Consulting Nutritionist

Ever had the thought that you don't have time to eat well? As part of my role as a consultant nutritionist to Siletz Tribal Head Start, I offer information for families. This segment focuses on ideas for eating well by planning ahead, stocking your pantry with healthy staples, knowing what to buy to be ready to prepare foods quickly and having healthy snacks available. Recipe ideas are provided to prepare your own nutritious bowl to go.

The information below is provided in outline form. This topic lends itself well to brainstorming and group sharing to flush out the ideas and choose the ones that are best for you.

Please remember, Siletz Tribal Head Start offers my time to support family nutrition over the telephone (503-588-5446). Please contact me if you have nutrition concerns about your Head Start child or want to discuss the nutritious convenience ideas provided below.

Perhaps I can offer a family class on this topic.

Key concepts for simple meals to WOW the busy family

Meeting your target mealtime (when time is limited):

1. Cook fast (pressure cooker, microwave)
2. Cook slow (crock pot)
3. Assemble pre-made food

To simplify, focus on 2-3 items:

1. Main dish (casserole, stuffed vegetable, protein item or soup)
2. Vegetable dish and/or salad
3. Bread (optional)

WOW is in the presentation:

1. Work with color and shape variation.
2. Remember to garnish.
3. Assemble a skillet or platter for the table and serve from that.
4. Simple foods can be an expression of artistry.
5. Use individual vegetables or squash as edible bowls.

Planning strategies for nutritious convenient whole foods

1. **Look at the week in advance:** Notice the times you are not likely to have much time for preparation (but will need to fuel yourself or others). Form a plan (yet remain flexible).
2. **Get organized:**
 - Supplies to be efficient (containers, labels, portable cooler, etc.)
 - Specialized equipment (rice cooker, crock pot, etc.)
3. **Stock your pantry** with whole foods that store well:
 - Proteins: Nuts; peanut butter and other nut butters; canned beans; dried lentils; dried split peas; cheese; canned, dried or frozen tuna; salmon, wild game, chicken, etc.; eggs (refrigerated); tofu (in shelf-stable boxes or refrigerated)
 - Grains/cereals: Rice (brown long-, medium-, short-grain), millet, quinoa, pasta, tortillas
 - Fresh vegetables that store well (roots, winter squash, etc.): Potatoes (many types), yams, sweet potatoes, kohlrabi, beets, turnips, rutabagas, parsnips, carrots, acorn squash, Hubbard squash, butternut squash, onions, garlic, celery
 - Frozen or canned vegetables: Frozen vegetable blends (many to choose

- from), canned vegetables (green beans, pickled beets)
- Dairy or non-dairy alternatives: Shelf-stable boxes on hand
- Seasonings: Mineral salts, herbs, salad dressings, soy sauce (consider wheat-free) or liquid amino, soup broth (or cooking water from vegetables stored in the freezer)
- Vegetables to buy each week: An assortment of dark greens, fresh vegetables, fresh parsley or other herbs in season with emphasis on local ones
- Fruits: Try to eat with the seasons – supplement with dried and frozen
- Fats/Oils: Emphasis on high quality (not rancid) olive oil, coconut oil, butter, margarine (trans fat-free), eulachon
- 4. **Prepare in advance** and then reheat or freeze (label and date).
- 5. **Think of yourself as an assembler:** Bowls, complete meals in containers, snacks in small plastic bags, etc.
- 6. **Use leftovers to create a new meal** with the addition of vegetables to make it look and feel like a new meal/menu.
- 7. **Be prepared to eat away from home:** Emergency snacks, travel lunch box or cooler

Virtues of whole plant foods

Whole plant foods are the foundation of a healthy diet. Vegetables are loaded with **vitamins, minerals** and **essential nutrients**. Beans contain **soluble fiber**, which enhances good blood sugar control and lowers cholesterol.

Whole grains contain **insoluble fiber**, which promotes regularity. Nuts and avocados contain **healthy fats**. Colorful fruits and vegetables contain **phytochemicals (phytonutrients)**, which promote health and protect against heart disease, cancers and high blood pressure.

Veggie bowls to go

- 1.5 cups cooked grains (brown rice, quinoa, millet, etc.)
- 1.5 cups protein (canned black beans, kidney beans, garbanzo beans, white beans, cooked lentils, etc., or combination with meats)
- 3 cups veggies (fresh chopped or frozen and thawed sugar snap peas, bell peppers, onions, broccoli, zucchini, etc.)
- ¼ cup favorite dressing (could be salad dressing, spaghetti sauce, salsa or other idea)
- 3 tablespoons nuts, herbs and/or cheese

Combine selected ingredients in a bowl – stir. Divide into 3 portable containers. Can be eaten cold or warmed (depending on your selections).

Other portable foods

- Fruit – fresh, dried or canned
- Vegetables – fresh or pickled, add to other foods
- Legumes – hummus, bean dip, tofu pâté, add canned beans to salads
- Trail mix – combination of nuts and fruit
- Nut butters on whole grain crackers
- Yogurt
- Cheese

Pack salad with beans and veggies and a small bottle of dressing to add prior to consuming.

Consider using a small cooler or soft-sided thermal lunch box to keep cool foods cool.

Siletz regalia on display at National Indian Council on Aging conference

By Marlene Stuart

Sixty American Indian women and men Elders wore their Native regalia at the NICOA (National Indian Council on Aging) Conference 2014 Fashion Show in Phoenix, Ariz., in early September.

I was able to speak to the audience and describe my dress; acknowledge my Auntie Vicky Nelson, the maker of my basket cap; and recognize my daughter, Tiffany Stuart, the maker of the apron skirt of pine nuts and shells.

Elders from around the country had questions about the Siletz Tribe after viewing the coastal regalia. I was able to invite 1,300 Elders to our annual powwows and other events.

The fashion show was just one event at the NICOA conference, which also included workshops and trainings on healthy living in Indian Country.

This conference allowed me to network with other Elders and support services.

I would like to thank Tasha Rilatos, Siletz Elders coordinator, for being attentive to the Siletz Elders' needs and for attending this trip.

For more information on NICOA, visit nicoa.org.



Courtesy photo

Marlene Stuart



Siletz Clothesline Project
Near the Tribal Administration Building
Siletz, Oregon
Oct. 7, 2014

Photos by Diane Rodriguez

In recognition of Domestic Violence Awareness/Action Month, survivors of domestic violence and their families commemorated their experiences on T-shirts that were displayed in Siletz.



Narcotics Anonymous Toll-Free Help Line – 877-233-4287

For information on Alcoholics Anonymous: aa-oregon.org

Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's Transitional

Siletz: 800-600-5599 or
541-444-8286
Eugene: 541-484-4234

Salem: 503-390-9494
Portland: 503-238-1512

Confederated Tribes of Siletz Indians

37th Annual Restoration Pow-Wow



On Saturday,
Nov. 15, 2014

The Confederated Tribes of Siletz Indians of Oregon Invites you to celebrate with us at our 37th Annual Restoration Pow-Wow To Be Held At:

Chinook Winds
CASINO RESORT
1777 NW 44th Street,
Lincoln City, Oregon.

Grand Entry: 6 pm

Whip Man: Tony Whitehead
Whip Woman: Shirley Walker
MC: Nick Sixkiller

All Drums And Dancers Welcome

Information: Buddy Lane: 1-800-922-1399 ext. 1230 or 541-444-8230
Nick Sixkiller: 541-484-4234

This is a family event; drugs and alcohol will not be tolerated. The Confederated Tribes of Siletz Indians and Chinook Winds Casino Resort are not responsible for injuries and lost or stolen items



Courtesy photo

William DePoe Chewescla dances at the Morongo Pow-Wow in late September, a proud Siletz Elder.



**Celebration of Honor
Rededication of the
Desert Storm Memorial
Chinook Winds Casino Resort
Sept. 28, 2014**

Photos by Diane Rodriguez

Above: Bear Spirit (clockwise from far left) – Jenifer Metcalf, Violet Lafferty, Vera Lafferty, Jessie Jackson, James Williams, Jesse Cordova and Shenandoah.

Top right: Siletz Tribal Honor Guard (l to r): Ed Ben, Stan Werth, Alan Fish, Janet Bagley, Kevin Goodell and Tony Molina

Left: Janet Bagley, wrapped in a blanket presented by Ed Ben and Jim Willis, former director of Veterans Affairs of Oregon, for her service during Desert Storm.

Courtesy photo by Shirley Walker

Below: Ed Ben, Janet Bagley and her mother, Emma Russell, and brother, Terry Russell



Graduates!



Courtesy photo

MaryAnne and Cy Hill join Cy Hill (center), who graduated from Lincoln College of Technology in Nashville, Tenn., on Oct. 17 with a certificate in heavy equipment maintenance technology. He wants to work on agricultural/farm equipment.



Mission Statement: Working together as a whole community we will utilize our resources to eradicate and prevent the use of all illegal drugs, underage drinking and abusive use of alcohol, delinquency and community violence.

Open invitation!! We need your voice!!

SEPTEMBER HAS BEEN RESCHEDULED DUE TO UNEXPECTED SCHEDULING CONFLICT – SEPT. 18 FROM 12-1:30 P.M.

**Shell conference room at the Siletz Community Health Clinic
200 Gwee-Shut Road, Siletz, Ore.**

Second Thursday of each month

12 – 1:30 P.M.

NOV. 13

DEC. 11

For more information, contact Maria La Friniere at 541-444-8267.

CEDARR members meet monthly and diligently work on establishing and meeting goals. We sponsor and participate in community gatherings, school prevention activities and ongoing information dissemination at the monthly meetings.

Memoir of a Warrior

By Angela Ramirez

My son, Cristian A. Ramirez, has known he wanted to be in the military for several years. It started when he was very little.

As a small boy, he would ask about the veterans at pow-wow. I would tell him which ones were his family.

He told his Great Uncle Ed Ben in May 2013. He remembers talking to his cousin, Rodney, his Uncle Ed's son, about being a military police with the Marine Corps. He was about 5 or 6 when they had that conversation. It must have been a very powerful one.

We spent his 17th birthday at the USMC recruiter's office. On June 23, 2014, Cristian left at age 18, two weeks after high school graduation, for 13 weeks of boot camp at the Marine Corps Recruit Depot in San Diego, Calif.

On Sept. 11, 2014, he finished his final test – 54 hours, 48 miles, 45 pounds of gear, 36 stations, 29 problem-solving exercises, less than eight hours of sleep and four Meals Ready to Eat – The Crucible. He received his Eagle, Globe and Anchor signifying he had earned the title U.S. Marine.

It was wonderful to attend his family day and graduation a week later.

While he was home on leave, he was able to attend the Field of 1,000 Flags ceremony. The most important part of the event for him was to be there during this opening ceremony of the Celebration of Honor in September.

He was able to be in the Honor Guard once again with his Great Uncle Ed and Tony Molina. Tony has been such an inspiration, mentor and supporter for Cristian for many years now.

When he was thanked by strangers for his service, he was a little surprised at first. He said he hasn't even done anything yet. I told him the thanks is not for what he has done, it is for what he is willing to do and what he will do in the future.

By the time this has been published, Cristian will have finished his 28 days of combat training and be on his way to his Military Occupational Specialty (MOS) school. Upon completion of MOS school, he will be Military Police (MP), just like he told his cousin he wanted to be more than 12 years ago.

I would like to share Cristian's last English paper (May 2014) titled Memoir of a Warrior from when he was a senior at Newport High School:

I have grown up for the majority of my life with a single mom and a sister.

My dad has been around, but has not influenced my choices in life. My maternal grandpa passed away last year; we lived with him on his horse ranch for a couple years when I was in kindergarten and first grade, but we didn't have a close relationship. I have a maternal uncle I am just now getting to know in the last year.

So growing up with mostly women; my mom, sister, grandma and my mom's female cousin – there was not a specific man for me to look up to that I wanted to grow up and be like.

I am a Siletz Indian, currently living "on the rez" as some call it. We have lived there for over 10 years now. My family, from before I was even born, has always held our culture as a part of our identity.

I have grown up a proud Native, a NDN. I was taken into the dance arena as an infant, learning the heartbeat of the drum before I could walk or talk.

My grandma has been the Tribal Whipwoman, the lead woman dancer, for several years now. My sister was part of the Royalty Court for years; we traveled to pow-wows all over the place. So even though I didn't dance much at the pow-wows, I was there ... to watch ... to learn.

A pow-wow is a social event, a time to celebrate and see family. For some, it is a time to dance competitively. A competition pow-wow brings amazing dancers and lots of people.

Grand Entry is when all of the dancers line up by category and enter the dance arena, usually in a single line. This is one of the only times during each session when you see everyone dancing that is dressed down in regalia.

Please, if you learn nothing else from this, do not ever call our clothing a costume. We do not dress up to imitate something we are not, that is what a costume is. We call the clothing "regalia" and if you are wearing regalia, you are "dressed down." Dressing up is a thing children do for play or teenagers/adults do for special occasions.

So, back to grand entry – this is the most incredible time to watch the pow-wow. If you can only go to a pow-wow for a little bit, this is the part you should not miss.

The lineup begins with the eagle staff carriers and other men dancers that are held in high esteem, the ones that wear the war bonnets and those that carry the eagle bone whistle. Behind these men are Veterans. All Veterans, Native or not, are asked to participate.

My culture puts a huge emphasis on Veterans. Veterans are always honored.



Courtesy photo

Christian A. Ramirez and Ed Ben

Veterans are our Warriors. Our culture has always placed a high value on Warriors, on Honor. My first ribbon shirt was red, white and blue with the design honoring the American flag.

At each of our summer pow-wows, Nesika Illahee, our emcee Nick Sixkiller introduces the dance categories. For many years I have listened to him talk about the Veterans. He tells the crowds each time that historically on a per capita basis, Native Americans have the highest numbers of people in the military service over any other ethnic group.

Growing up, since basically birth, this has been instilled in me: service before self. I see this in what the women in my life do; taking care of others before themselves, helping others, being leaders.

Watching the Veterans, the Warriors, line up after grand entry to introduce themselves, every branch of the military is represented. Several wars and conflicts are represented.

Hearing their stories, I carry their words in my mind, in my heart. They have pride in their service; even though many probably have nightmares about the things

they have seen and done. That is what a Warrior does, protects his people and does what is necessary to save his people.

My grandma's brother, my Great Uncle Ed Ben, has carried the eagle staff, our Nation's flag, at every pow-wow that I can remember that is hosted by our Tribe.

He is a humble man. He is a highly respected man in our Tribe. He is at the front and center of the Grand Entry line each time. This is one of the men in my life that has set an example of what a man is; has set the bar for me to meet.

He is over 80 years old now. I walked in the Honor Guard with him last year in the Loyalty Days parade. That was my first time participating in the Color Guard for our Tribe. We walked through Newport from Safeway to the end of the parade line by the Newport hospital.

Walking with him, seeing the pride he takes in his military service with the Navy during World War II, I know I made the right choice when I signed my contract to become a United States Marine.

My sense of honor, pride, loyalty and devotion is deeply seeded in my heritage, in my genetics. I am a WARRIOR!

US Treasury honors Native American Bank with Bank Enterprise Award

DENVER – Native American Bank has announced that it has received a Bank Enterprise Award (BEA) of \$355,000 in recognition of its service to economically distressed communities.

This award was part of the FY2014 BEA Program offered by the U.S. Department of Treasury's Community Development Financial Institutions Fund (CDFI Fund).

Native American Bank was one of 69 other FDIC-insured depository institu-

tions selected to receive a grant from a pool of \$17.9 million in the FY2014 round of the BEA Program.

The BEA grants will be invested into eligible American Indian communities to assist with commercial loan funding and support their economic growth.

"We are pleased to have received the highest amount awarded to a number of institutions," said Tom Ogaard, president and CEO of Native American Bank. "This award will benefit a number of Native

American economic activities around the country by allowing us to leverage it and provide capital resources where it is needed."

The award will help Native American Bank move forward in its mission to provide access to financial services for Alaska Native and American Indian communities creating economic independence, development and sustainability.

Native American Bank is a \$61 million bank with its corporate headquarters

in Denver, Colo.; a retail branch in Browning, Mont.; and a loan production office in Box Elder, Mont.

Its primary market is American Indian Tribes, Alaska Native Corporations and American Indian businesses and individuals. The bank is owned by 28 federally recognized Indian Tribes, Alaska Native Corporations and Tribal organizations.

For more information about Native American Bank, please visit the bank's website at nabna.com.

NAYA, Ecotrust, City Club celebrate indigenous leadership, communities

The Native American Youth and Family Center, in partnership with Ecotrust and the City Club of Portland, present two events on Nov. 14 to celebrate outstanding indigenous leadership during Native American Heritage Month in November.

City Club Forum

Cultural Revitalization: A Building Block to Prosperous Communities

Nov. 14 • 11:30 a.m. – 1 p.m.
Sentinel Hotel • 614 SW 11th Ave.,
Portland, Ore.

Prominent national indigenous leaders will discuss during a panel session how the use of traditional cultural practices is intentionally creating more prosperous communities in rural and urban areas.

Through cultural revitalization, a process of affirming and promoting a community's collective identity, American Indian, Alaska Native and First Nations people are successfully recreating their traditional building blocks to greater cultural and economic prosperity.

Speakers represent large urban Native communities (including the 40,000 Native people in Portland), as well as reservation-based communities in Oregon and Washington.

The forum will feature indigenous leaders from around the region, including Nichole Maher, Tlingit, of the Northwest Health Foundation; Janeen Comenote, Hesquiaht, Kwakiutl First Nation, Oglala Lakota and enrolled Quinault of the National Urban Indian Family Coalition; Roberta Cordero, Coastal Band of the Chumash Nation, of the Chumash Maritime Association; and Eric Quamets,

enrolled member of the Yakama Indian Nation, natural resource director for the Confederated Tribes of the Umatilla Reservation.

Roy Sampsel, Wyandotte and Choctaw, director of the Institute for Tribal Governance at Portland State University, will moderate the panel.

View the event on the NAYA website – nayapdx.org.

**Annual NAYA Gala
Celebrating 40 Years of Service**
Nov. 14 • 5:30-9 p.m.
**Portland Art Museum • 1219 SW
Park Ave., Portland, Ore.**

Oregon's largest celebration of Native American Heritage Month includes an intimate gathering of nearly 600 of our community's closest friends.

The gala is an opportunity to enjoy American Indian cuisine, traditional dance demonstrations, Native songs and drumming, and beautiful indigenous art up for bid in our live and silent auctions.

The gala is also a great place to meet with American Indian community leaders and our allies from across the region. Representatives from Tribes, foundations, businesses and non-profits come together to celebrate our community's growth and continued success.

NAYA is proud to announce an exciting new partner at this year's celebration. Since 2001, Ecotrust's Indigenous Leadership Award has honored 54 Tribal leaders for demonstrating dedication to their culture and improving the economic and environmental conditions of their homelands and people. The 2014 recipients of the Ecotrust Indigenous Leadership

Award will be announced at this year's NAYA Gala.

This partnership celebrates indigenous leaders across Salmon Nation doing incredible work for the Native community. Together, NAYA and Ecotrust are work-

ing to sustain NAYA's efforts within our region's Native community and strengthen the innovative work Ecotrust does across our region on farms, forests, oceans and fisheries, water and watersheds, climate and energy, and the built environment.

Native American Heritage Festival

Saturday, November 8
10am-4pm
Lincoln City Cultural Center
540 NE Hwy 101

10am-Noon: Make & Take Crafts
With Juanita Whitebear and Taft's Native Student Association (by donation)

11am-12:30pm: Native Foods Cooking Demo
With Chinook Winds Executive Chef Jack Strong (includes samples!)



Alfred "Bud" Lane III

11am-1pm: Fry Bread Taco Sale



Executive Chef Jack Strong

1pm-2:30pm: "Siletz Tribe Culture & History"
Lecture/presentation by Vice Chairman of the Siletz Tribe's Tribal Council, Alfred "Bud" Lane III

2:30pm-4:00pm: Drumming/Dance
Books for sale by Bob's Beach Books and arts/crafts vendors in the lobby all day long.

FREE EVENTS FOR THE WHOLE FAMILY!



CONFEDERATED TRIBES
OF SILETZ INDIANS



Call 541-994-9994 for more info.
www.lincolncity-culturalcenter.org



Chinook Winds
CASINO RESORT

Earth and Spirit Council Events

Honoring Our Ancestors with Linda Neale

Nov. 1, 2014 • 3-7 p.m.
TaborSpace – Muir Hall
5441 SE Belmont • Portland, Ore.

Tickets: \$50 (inquire for scholarships); available at brownpapertickets.com/event/879291

Event details available at earthandspirit.org/Events/linda-neale-honoring-our-ancestors.

"Every nationality and race must find their own, trace their roots ... Ancestry is important. If they reach back to their ancestors, they would find out where they came from." – Hon Elder

Join us for this cross-cultural ceremony and celebration of life led by Linda Neale.

Honoring Our Ancestors is a family workshop and ceremony to connect to the continuance of life and family heritage. Through offerings of altars, family foods and festivities, we connect into ourselves.

Inspired by the Indo-Hispanic/Catholic custom Day of the Dead, Honoring Our Ancestors is a practice of coming into

deep gratitude, love and respect for one's ancestors. Rooted in the native traditions of Central America, the belief is that celebrations to honor our ancestors and life's passage are times of necessary healing and release for ourselves and our families.

Ben Rhodd Speaking Event

Nov. 7, 2014 • 7 p.m.
TaborSpace – Copeland
Commons • 5441 SE Belmont •
Portland, Ore.

Tickets: \$15/\$20/\$25/\$30 (inquire for scholarships); available at brownpapertickets.com/event/879300

Event details available at earthandspirit.org/Events/ben-rhodd-speaking-event.

Ben Rhodd is a Potawatomi Elder who will join us from South Dakota to share his wisdom and message.

Taken from his family to attend boarding school, Rhodd recalls making decisions for the wind, the trees and the sky while facing disciplinary action. Honored by Nelson Mandela, Rhodd's path has taken him throughout the world and various vocations, finally bringing him to his calling, archaeology, where he

helped create and served on the board of the World Archaeological Congress.

As Rhodd tells it, "I was born in Texas, where my father was in the service at Ft. Hood. After our family moved to Germany, California, Kansas and other bases, we finally settled in Oklahoma, where I finished high school.

"Over the ensuing years and after trying my hand at various jobs, I developed an interest in archaeology and have worked for many Tribes, both in the Southwest and the Plains.

"I hold a degree in anthropology with an archaeological emphasis and a master's in resource environmental management from Central Washington University in Ellensburg, Washington. Additionally, I sat on the Executive Board of the World Archaeological Congress (WAC), an international archaeological organization, for 10 years from 1992 to 2002. During this tenure with WAC, I traveled the world extensively working on a variety of indigenous and non-indigenous culturally related geo-political issues.

"I live in the Black Hills of South Dakota and currently work for the Rosebud Sioux Tribe as a consultant and contract archaeologist."

Three Mirrors Workshop with Ben Rhodd

Nov. 8, 2014 • 2-5 p.m.
TaborSpace - Room 05
5441 SE Belmont • Portland, Ore.

Tickets: \$50 (inquire for scholarships); available at brownpapertickets.com/event/879306

Event details available at earthandspirit.org/Events/ben-rhodd-three-mirrors-workshop.

What is your "job" in this world? To be the most successful, admired, popular, better than the "Jones" person on the planet? Or perhaps the best human being you can be to others?

What is your purpose in having been born? To pursue the "perfect" form or "perfection" of your assets? Or perhaps to be the best reflection you can be within creation?

Is this your "job" or your "duty?" And if it is your duty ... to whom? Yourself? Your parents? Your neighbors? Your co-workers?

Through this workshop, let us start a journey together that will embrace the "you" within yourself and encompass the Three Mirrors of your mind, your body and your spirit that we all possess as divine human beings.

Important information, deadlines for the college-bound Tribal senior

November

- Take SAT tests.
- Set up scholarship search profiles on websites.
- Check your school counseling office or ASPIRE center for scholarship information.
- Proofread and have someone else proofread all documents completed up to this point (scholarship essays, résumé, etc.)

December

- If you haven't already done so, take this last SAT test for seniors.
- Get FAFSA forms, available for federal and state financial aid.
- Apply for FAFSA pin number – student/parents must apply separately.
- Mail or submit all revised, complete college applications before the holiday break.
- Start scholarship essays.
- Start OSAC (Oregon Student Assistance Commission).

January

- FAFSA forms can be submitted Jan. 1. Do not delay – do this ASAP!
- Complete scholarships that are due.
- Check for Student Aid Report (SAR) on the FAFSA website several days after filing out the FAFSA.
- Request mid-year transcripts be sent to colleges to which you have applied.
- Request transcripts needed for OSAC scholarship application.
- Send thank you notes to people who have helped you.
- Students who plan to apply for Tribal assistance for college must apply for FAFSA no later than Jan. 31 at fafsa.ed.gov.

February

- First semester grades and mid-year reports are sent to some colleges.
- Check your school counseling office or ASPIRE center for scholarship information.
- Complete scholarships.
- Check with colleges applied to for verification they have received all necessary documents. Continue to monitor status of submitted applications.
- Check to see if your mid-year transcripts have been sent to the schools to which you have applied.
- Wrap up any scholarship applications, essays and activities chart (for OSAC). Early bird deadline is in February for OSAC.

March

- Check for three Tribal scholarships at ctsi.nsn.us.
- Complete scholarships.
- Start working on Tribal higher education or adult vocational training grant application. This can be found on the Tribe's website and is due June 30.
- Review the Student Aid Report (SAR).
- You should start receiving admission responses.

April

- Send thank you notes to people who have helped you.

- Make final decision about which college or university you will attend.
- If you decide to decline enrollment to a college or university to which you have been accepted, send notice indicating this to the college's admissions office.

May

- This is the deadline for final decisions for universities.
- Send letter of intent to registrar.
- Line up a summer job.
- Attend your Senior Awards Night.
- Review any award letters and be sure you understand the terms and conditions that accompany each type of aid.

- If necessary, arrange for housing and a meal plan (at school).
- Send thank you notes to any person/committee from which you received a scholarship.

June

- Tribal higher education and adult vocational training applications are due June 30!
- Attend graduation – congratulations!
- Make arrangements for your final grades to be sent to colleges and universities.
- Good luck!

From the Tribal Tobacco Prevention & Education Program



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Fax 971-673-1100

cd.summary@state.or.us
<http://healthoregon.org/cdsummary>

OREGON PUBLIC HEALTH DIVISION • OREGON HEALTH AUTHORITY

TOBACCO MARKETING: WHAT'S IN STORE IN 2014

For most people, addiction to tobacco starts during their teenage years: nearly 90% of adult cigarette smokers report that they started smoking before turning 18.¹ That's definitely not news to the tobacco industry. As Philip Morris researchers noted in 1981: "Today's teenager is tomorrow's potential regular customer. And the overwhelming majority of smokers first begin to smoke while still in their teens."²

So how are kids influenced to use tobacco in the modern retail world? As noted in the 2012 Surgeon General's Report, "...promotion and advertising by the tobacco industry causes tobacco use including its initiation among youth."¹ But in case you're not one for proclamations, we hope our brief review of tobacco marketing, past and present, will give you better purchase on the issue.

GETTING RIGHT TO THE POINT (OF SALE)

Billboards and T.V. ads for cigarettes may be a thing of the past, but tobacco marketing occurs every day in stores.

Then: (As articulated by Philip Morris in 1995) "...as of 1996, the primary point of communication between ourselves and our consumer will be inside a retail outlet... In-store POS [point-of-sale] material, discounted stock units, on-pack premium offers, strategically located stock displays in-store (as well as in windows and showcases), need to be dominated by PML [Philip Morris Limited]."³

Image 1. Grab a pack of smokes at the check-out counter.



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Visit: <http://healthoregon.org/cdsummary>

Now: The tobacco industry spends more than \$8 billion nationally on cigarette advertising and promotion in tobacco retail stores, which equates to \$1 million per hour and represents 96% of total expenditures on advertising and promotion.⁴

Okay, so tobacco marketing occurs in stores. What does that have to do with kids?

IN-STORE ADS, PACKAGING AND PLACEMENT

Then: (1970 tobacco industry) "We have been asked by our client to come up with a package design... a design that is attractive to kids... While this cigarette is geared to the youth market, no attempt (obvious) can be made to encourage persons under twenty-one to smoke. The package design should be geared to attract the youthful eye... not the ever-watchful eye of the Federal Government."⁵

Now: Tobacco products sold in stores vary widely in sizes, shapes, colors, flavors, and prices. They're often displayed at young kids' eye level (three feet or lower) and placed near candy⁶ (Image 1). Stores that teens shop at the most have been found to contain more tobacco advertising than stores less frequented by teens.⁷ And a study of retail outlets in California found that, on average, stores had 25 pieces of in-store cigarette advertisements.⁸

Several studies show that exposure to in-store tobacco marketing of various types increases the likelihood that youth will initiate smoking and progress from experimentation to regular smoking^{1,9,10}; kids with the most exposure are the most likely to start and continue smoking.^{1,11,12}

In 2013, seven out of ten Oregon 11th grade students and six out of ten 8th grade students reported seeing an advertisement for tobacco products on a storefront or inside a store.

KID-FRIENDLY FLAVORS

Then: (1972 tobacco industry) "It's a well known fact that teenagers like sweet products. Honey might be considered."¹³

Now: Cigarettes are available with menthol flavoring, and other tobacco products, like e-cigarettes and little cigars, are available in hundreds of flavors. These include kid-friendly options, such as strawberry, chocolate, Cap'n Crunch®, and Gummi Bear® (Image 2).

Image 2. What is your favorite flavor?



While use of cigarettes among youth is declining, use of little cigars and e-cigarettes has remained steady or increased. In Oregon, use of non-cigarette tobacco products among 11th graders is twice that of cigarettes (18 percent use non-cigarette tobacco products; 9 percent smoke cigarettes). Use of e-cigarettes among high school students more than doubled from 2011 to 2013, increasing from 2 percent to 5 percent. About 8% of 11th grade students in Oregon smoke cigars, which are often flavored, and half of youth cigarette smokers are smoking menthol-flavored cigarettes.

STORE LOCATION AND DENSITY

Then: (1978 tobacco industry) "Our profile taken locally shows this brand

Continued on next page

Attention Tribal Students!

FAFSA deadline – Jan. 31, 2015

Tribal members who plan to apply for Tribal higher education funds for the 2015-2016 academic year must complete their FAFSA (Free Application for Federal Student Aid) application by Jan. 31, 2015, at fafsa.ed.gov.

LaDonna Harris: Indian 101 profiles one of America's most politically influential American Indians, active in civil rights movement and today

LINCOLN, Neb. – The all-star filmmaking duo of Julianna Brannum, Comanche producer and director, and executive producer Johnny Depp (*Transcendence*, *Pirates of the Caribbean*, *The Lone Ranger*) bring the story of politically influential American Indian leader LaDonna Harris to public television stations nationwide with broadcasts beginning Nov. 1.

Harris reshaped Indian Country both in America and abroad. A Comanche from Oklahoma, she helped convince the Nixon administration to return sacred land to the Taos Pueblo Indians of New Mexico, founded the Americans for Indian Opportunity in 1970 and became a vice presidential nominee in 1980.

LaDonna Harris: Indian 101 is a reflection of her political achievements, personal struggles and the events that led her to becoming a voice for Native people.

Raised on a farm in Oklahoma during the Great Depression, Harris did not attend college. However, she studied and learned alongside her husband, Fred Harris, who became a U.S. senator. Upon his taking office, she too undertook a public service role.

Harris is best known for her work in U.S. civil rights when she set the tone with a landmark legislative initiative that returned land to the Taos Pueblo Tribe and



Photo courtesy of LaDonna Harris

Fred Harris, LaDonna Harris (Comanche) and Wakeah Tabbytite sit in the grandstands at a parade.

Native Tribes of Alaska. She also served a pivotal role in helping the Menominee Tribe regain its federal recognition.

Her trailblazing efforts began when President Lyndon B. Johnson selected her to educate both the executive and legislative branches of U.S. government on the unique relationship that American Indian Tribes hold within our nation.

This education course was affectionately called “Indian 101” and was taught

to members of Congress and other federal agencies for more than 35 years.

LaDonna Harris: Indian 101 is the first documentary about this Native activist and national civil rights leader.

“LaDonna’s unique and bipartisan approach to political and social issues made her a much-loved and well-respected icon in Washington,” said Brannum. “Not only was she a major force in Indian Coun-

try, but the media loved her and high-level politicians sought her input.”

Held in the highest regard by her colleagues for countless social and historical achievements, Harris now passes her knowledge on to a new generation of emerging Indigenous leaders. With participation from students worldwide, Harris has created an educational program that trains Native professionals to incorporate their own Tribe’s traditional values and perspectives into their work while building a global indigenous coalition.

LaDonna Harris: Indian 101 – which received major funding from the Corporation for Public Broadcasting and Vision Maker Media – is an offering of PBS Plus. This one-hour documentary is suggested for scheduling for Native American Heritage Month.

For viewing information in your area, please visit visionmakermedia.org/watch.

About Vision Maker Media

Vision Maker Media shares Native stories with the world that represent the cultures, experiences and values of American Indians and Alaska Natives.

Founded in 1977, Vision Maker Media, a nonprofit 501(c)(3) that receives major funding from the Corporation for Public Broadcasting, nurtures creativity for development of new projects, partnerships, and funding. Vision Maker Media is the premier source for quality American Indian and Pacific Islander educational and home videos.

All aspects of our programs encourage the involvement of young people to learn more about careers in the media – to be the next generation of storytellers. Located at the University of Nebraska-Lincoln, we offer student employment and internships.

For more information, visit visionmakermedia.org.

About PBS Plus

PBS Plus is an optional programming service for public television stations, providing fully underwritten series and specials. More than 99 percent of PBS stations subscribe to this service – reaching 100 percent of national TV households.

Annually, stations are provided with approximately 600 hours of programming.

Natural Resources looking for photos of hunting, fishing and gathering

The Natural Resources Department is requesting pictures of hunting/fishing/gathering. These pictures will be kept in a photo book at the Natural Resources Department office and will be available for everyone who visits our department to view.

Please send a copy to Rosie Williams at rosiew@ctsi.nsn.us or P.O. Box 549, Siletz, OR 97380-0549; or stop by the office.

No originals, please.

Continued from previous page

[Newport] being purchased by...young adults (usually college age), but the base of our business is the high school student.”¹⁴

Now: Research has shown that stores close to schools have more exterior tobacco advertising than stores further away.¹ Youth who live or go to schools in neighborhoods with the highest density of tobacco outlets (or with the highest density of retail tobacco advertising) have higher smoking rates compared to youth who live or go to schools in neighborhoods with fewer or no tobacco outlets.¹

PRICE

Then: (1994 tobacco industry) “...as we have seen, there is a direct correlation between youth smoking and tax increases...”¹⁵

Now: Price discounts and promotional allowances (paid to retailers, wholesalers, and others by the tobacco industry) totaled nearly \$7.8 billion in 2011 (92.7% of total U.S. cigarette advertising and promotional expenditures).⁴

Coupons. Pricing and promotions make tobacco products cheaper and more accessible, particularly for the most price-sensitive customers, including youth.¹ In Oregon in 2013, one-in-four young tobacco users reported receiving a tobacco coupon in the mail or over the Internet. In addition, one-in-four young adult tobacco users reported purchasing tobacco products using a tobacco industry coupon (Image 3).

Free Samples. Sampling allows young people to try tobacco products with no cost barrier. While Oregon law prohibits distribution of free tobacco products to people <18 years old, and free samples of smokeless tobacco to anyone <21 years (or distributed in any area in which people <21 years

Image 3. There's a coupon for that.



are allowed), currently, there is no such restriction on sampling of e-cigarette liquids.

FOR MORE INFORMATION

- Oregon Public Health Division’s Tobacco Prevention and Education Program’s web site: <http://public.health.oregon.gov/PreventionWellness/TobaccoPrevention/Pages/index.aspx>

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Tribal Council Timesheets for September 2014

Lillie Butler – 9/1/14-9/30/14

TC	Ind	Gmg	STBC	Tvl	
2.5	2.5			9/2	Packets
			10.5	4	9/3-4 STBC wkshp, packets
2.5	2.5			9/5	Packets
				11.5	9/6-7 Run to the Rogue
		5		9/11	Packets
		4.5	4	2	9/12 Special TC – gaming, STBC mtg/ packet
2	2			9/13-14	Housing
2.5	2.5			9/15	Natural Resources, packets
5	5	.5		9/16-17	DHS, sign STBC checks, packets
3.75	3.75			9/18	Education
2.5	2.5			9/19	Packets
16.75	16.75			14	9/21-25 ATNI, packets
2.75	2.75			9/26	Regular TC, wkshp
2	2			2	9/29 OR Tribes
2.5	2.5			9/30	Wkshp, packets

Lorraine Y. Butler – 9/1/14-9/30/14

TC	Ind	Gmg	STBC	Tvl	
			9.5	4	9/3-4 STBC wkshp
1	1			21	9/5-7 Run to the Rogue
1	1	2.5			9/8-9 Packets
1	1			7	9/10 OYA Advisory Board
		3	1	2	9/12 Special TC – gaming, STBC mtg
1.5	1.5			9/15	Natural Resources/Culture
1.25	1.25			9/16	Lincoln Co. DHS
2.25	2.25			9/17-18	Packets
9.5	9.5			14	9/21-25 ATNI
1.5	1.5			2	9/29 OR Tribes
1.75	1.75			9/30	Planning

Reggie Butler Sr. – 9/1/14-9/30/14

TC	Ind	Gmg	STBC	Tvl	
4	4			9/1-2	Packets
			8.5	2	9/3-4 STBC wkshp
2	2			9/5	Packets
				11.5	9/6-7 Run to the Rogue
		4.5		9/11	Packets
		4.5	4	2	9/12 Special TC – gaming, STBC mtg/ packets
7.5	7.5			9/13-14	Housing
2.5	2.5			9/15	Natural Resources, packets
2.75	2.75			9/16	DHS, packets
2	2	.5		9/17	Sign STBC checks, packets
3.75	3.75			3	9/18 Education
2	2			9/19	Packets
16.25	16.25			14	9/21-25 ATNI
3.75	3.75			9/26	Regular TC, wkshp, packets
3	3			2	9/29 OR Tribes, packets
4	4			9/30	Wkshp, packets

Jessie Davis – 9/1/14-9/30/14

TC	Ind	Gmg	STBC	Tvl	
			11.5	3	9/2-4 STBC wkshp
2	2	2			9/8-11 Packets
		4.5		3	9/12 Special TC – gaming, STBC
1	1			4.5	9/15 Natural Resources wkshp
				4	9/19 Gaming event
13.75	13.75	3.5		9.5	9/21-25 ATNI
1.5	1.5		2	5	9/25-27 Regular TC, meet w/Blue Stone
1	1				9/28 Packets
1.5	1.5			3.5	9/29 OR Tribes

Sharon Edenfield – 9/1/14-9/30/14

TC	Ind	Gmg	STBC	Tvl	
2	2			12	9/5-8 Run to the Rogue
		3.5		2	9/12 Special TC – gaming,
1	1			2	9/16 SMI/STRCP
3.75	3.75				9/26 Regular TC, wkshp
2.5	2.5			9/30	Planning wkshp

Gloria Ingle – 9/1/14-9/30/14

TC	Ind	Gmg	STBC	Tvl	
			14	2	9/3-4 STBC wkshp
2	2			12	9/5-7 Run to the Rogue
2.5	2.25		2	1.5	9/26 Regular TC, meet w/Blue Stone
3	3			1	9/29 OR Tribes
1.75	1.75				9/30 Planning wkshp

Alfred Lane III – 9/1/14-9/30/14

TC	Ind	Gmg	STBC	Tvl	
.5	.5				9/11 Packets
		3		2	9/12 Special TC – gaming
1	1				9/18 Packets
4	4				9/26 Regular TC, meet w/Blue Stone
1.5	1.5			2	9/29 OR Tribes

Delores Pigsley – 9/1/14-9/30/14

TC	Ind	Gmg	STBC	Tvl	
1	1				9/1-2 Mail
2.5	2.5			4	9/3 Gov. Atiyeh memorial, mail
1	1				9/4 Mail, agenda items
			2.5		9/11-12 Prep for STBC mtg, STBC mtg
1	1				9/24-25 Mail, prep for council
2	2	.5	2		9/26 Regular TC, wkshp, mail
1.5	1.5				9/27-28 Mail, agenda items, prep for mtg
2.25	2.25			2	9/29 OR Tribes, mail
3.5	3.5			2	9/30 Planning wkshp, mail

Tribal Council E-mail Addresses

- Tribal Chairman: Delores Pigsley dpigsley@msn.com
- Vice Chairman: Alfred "Bud" Lane III budl@ctsi.nsn.us
- Treasurer: Robert Kentta rkentta@ctsi.nsn.us
- Secretary: Sharon Edenfield sharone@ctsi.nsn.us
- Lillie Butler lebutler2@hotmail.com
- Lorraine Butler loraineb@ctsi.nsn.us
- Reggie Butler Sr. lebutler2@hotmail.com
- Jessie Davis jl_davis41@msn.com
- Gloria Ingle jessiemarie1944@yahoo.com



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FREE Hearing Test
Sales and Service
Walk-ins Welcome



www.soundwaveshearingaidcenter.com

We also will offer free batteries for a year to all Tribal members with purchase of any of our hearing aids.

Chinook Winds

CASINO RESORT

FUEL YOUR

Holiday Dreams

You could win a 2015 Chevy Tahoe or CASH!



COLLECT FREE ENTRIES WEEKLY

with your Winners Circle Card starting November 17. Collect even more while you play!

Exchange player points earned during the week for Gas Cards every Sunday!

3000 Base Points = \$20 Gas Card
6000 Base Points = \$50 Gas Card



TWO DRAWING DAYS

We'll draw for the first 3 finalists on January 1, 2015 at 12:30am!

The last 3 finalists will be drawn on January 4, 2015 at 6pm.

All six finalists will draw envelopes on January 4 to determine who wins the 2015 Tahoe or a share of \$10,000 CASH!

Complete rules at Winners Circle. Management reserves the right to alter or withdraw promotion at any time.



Comedy on the COAST



Headliner Bobby Tessel

November 21 & 22
8pm-\$15



Featuring Del Van Dyke

For tickets call 1-888-MAIN ACT (1-888-624-6228) or purchase online at chinookwindscasino.com

Discount available for Winners Circle Members. 21 and over event.



Host Joe Charles

Cosmic BINGO

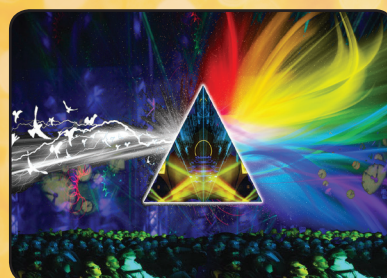
SATURDAY
November 22 • 10PM

Only \$5 to play every game in the session!

Dance club music, no-host bar, prize giveaways and lots of fun. Don't miss out on this late-night session paying out \$1,400!

Must be 21 or older to play this session. \$20 minimum purchase for machines.

SEE OUR STARS SHINE



Laser Spectacular

presents the music of

Pink Floyd

November 8, 8pm

Tickets \$15.00



Pow Wow

Comedy Jam

November 15, 8pm

Tickets \$10.00

For tickets call 1-888-MAIN ACT (1-888-624-6228) or purchase online at chinookwindscasino.com

Discount available for Winners Circle Members.



WORLD WELTERWEIGHT CHAMPIONSHIP

PACQUIAO

ALGIERI

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VIA HDTV

ACES SPORTS BAR & GRILL

SATURDAY
NOV. 22, 6PM



chinookwindscasino.com • 1-888-CHINOOK • Lincoln City



Chinook Winds Casino Resort

Entertainment

Nov. 8: Laser Spectacular presents the music of Pink Floyd
8 p.m., \$15

Nov. 15: Pow Wow Comedy Jam
8 p.m., \$10

Dec. 5-6: The Beach Boys
8 p.m., 33.50-48.50

Rogue River Lounge

Fri & Sat: Ultrasonic DJ, cover
10:30 p.m. to 1:30 a.m.

Chinook's Seafood Grill

Wed: Kit Taylor (pianist), no cover
5 to 9 p.m.

Special Events

Sun: 100% Payout Blackjack Tourney
Tue: Boomers Club
Two-dollar Tuesdays at Aces Sports Bar & Grill
Wed: Wine Wednesdays at Chinook's Seafood Grill
Thu: South of the Border Specials at Aces Sports Bar & Grill
Fri: Happy Hour specials at Aces Sports Bar & Grill
Aces Cracked Texas Hold'em Poker

First Tuesday: Senior (Boomer) Slots
Third Monday: Mayhem Mondays Slots

Last Tuesday: Boomer Sunrise Slots
Last Thursday: Twilight Slots
Through Dec. 25: Splash Pot Wednesdays Texas Hold'em Poker
Through Dec. 25: Boss Bounty Thursdays No-limit Texas Hold'em Poker
Through Dec. 28: Group Sales Punch Card Program
Through Dec. 30: Boomer Tuesdays, Boomer Club meals, Blackjack specials
Through Dec. 31: Aces Full for Cash Texas Hold'em Poker

All events, concerts and promotions are subject to change at the discretion of Chinook Winds Casino Resort.

Tickets go on sale 90 days in advance.
Concerts in the showroom are for ages 16 and older. Comedy on the Coast in the convention center is for ages 21 and older.

For more information or to obtain tickets for all concerts, call the Chinook Winds box office at 888-CHINOOK (888-244-6665) or 541-996-5825; or call 888-MAIN-ACT (624-6228).

Fisher named resort project manager

Michael Fisher has worked in the construction industry for about 16 years with hands-on experience in numerous phases of construction.

"I really look forward to playing a major role in enhancing the changes and improvements here at Chinook Winds Casino Resort," said Fisher.

"I'm excited for Michael to share his wealth of knowledge in project management with our team. Michael comes to us with years of experience and will be a great asset to the Facilities Team that will help us complete the numerous projects we have lined up," said Facilities Director Sean Sheridan.

Fisher previously worked at Chinook Winds when it first opened as an arcade attendant.

He enjoys the outdoors, spending time with his wife and three daughters and watching his kids play in all their sports.



Courtesy photo by Chinook Winds staff

Michael Fisher

Community Events (in Lincoln City unless otherwise noted)

Through May 26: Finders Keepers on the Beach

Nov. 8: Native American Heritage Festival, Cultural Center

Nov. 8-9: Chowder Cook-off Competition, Tanger Outlet Center

Nov. 14: Opening Reception, Native American Heritage Show, Cultural Ctr

Nov. 15: Siletz Tribal Restoration Pow-Wow, Chinook Winds Casino Resort

Nov. 28: Christmas Tree Lighting, Cultural Center

Follow us on Twitter, find us on Facebook or visit our website at chinookwindscasino.com.

Get More Information

- **Chinook Winds Casino Resort – chinookwindscasino.com**
- **Chamber of Commerce – lchamber.com**
- **Visitor & Convention Bureau – oregoncoast.org**
- * **Lincoln City Cultural Center – lincolncity-culturalcenter.org**

Tribal members enjoy free golf, other discounts

Siletz Tribal members can play golf at Chinook Winds Golf Resort at no charge. Golf cart fees are \$10 per seat for 9 holes and \$15 per seat for 18 holes.

Tribal members also receive a 50 percent discount on lessons from golf pro Aaron Johnson and a 20 percent discount on all merchandise (certain restrictions apply).

Please call Chinook Winds Golf Resort at 541-994-8442 for tee times or to schedule a golf lesson.

Chinook Winds Casino Resort in Lincoln City, Ore., offers 24-hour Las Vegas-style gaming, an 18-hole golf course, headline entertainment from some of music's most legendary stars, three full-service restaurants, a secure child care facility and arcade, and a 227-room ocean-view hotel.

For more information, visit chinookwindscasino.com, or call 888-CHINOOK (244-6665) or 541-996-5825.

Calling all Tribal member business owners

If you would like to be on the preferred Tribal members business list with Chinook Winds, please fax, mail, email or drop off your business card, brochures, or business information to:

Chinook Winds Casino Resort
Attn: Purchasing Dept.
1777 NW 44th St.
Lincoln City, OR 97367
Phone: 541-996-5853
Fax: 541-996-3847
erica@cwresort.com



Would you like to be a part of the Chinook Winds team?

Find out why "Employment is Better at the Beach" at:

www.chinookwindscasino.com

Job Line: 541-994-8097 Toll Free: 1-888-CHINOOK ext 8097

Human Resources Office: 541-996-5800 Monday-Friday 8am-4:30pm

Be Passionate Embrace Change Accountability Customer Service Happiness

Event Staff Temp Positions Available For Siletz Tribal Members!



is looking for individuals who are interested in working fun and exciting events! From concerts to tournaments, you can be a part of the excitement and get paid for it! Anyone 18 years or older is eligible for this part-time on-call position. Wage compensation will be at the current minimum wage rate of \$8.95. Contact the Chinook Winds Casino Human Resources office at 541.996.5800 for more information.

It's Better at the Beach!

Breon named SuperStar for great customer service, help for guests

Siletz Tribal member and Transportation Supervisor Bensell Breon was named the Chinook Winds Superstar for the second quarter at a luncheon in August.

The event recognized the nine employees nominated for the SuperStar award, 40 employees who completed one year of service, nine employees who completed five years of service, 16 employees who completed 10 years of service and eight employees who completed 15 years of service.

Breon was nominated by a fellow employee who wrote: "I witnessed Bensell assist an extremely frail elderly woman through the front doors. It is not uncommon to see him and the rest of his team go out of their way in this fashion. I am constantly seeing Bensell go out of his way for one of our guests, who always appreciate him lending an arm to walk them to and from their car. Bensell was quick to see her desperate need for assistance to make it into our establishment. I could see the appreciation and relief on the guest's face. Kudos to Bensell – he always has the guest's best interests at heart."

Other Superstar nominees included Jerry Marzan, Joshua Manley, Starlene McKinley, Douglas McNair, Diane Moore, Barry Yeager, Jennifer Berti and Susan Martin.



Courtesy photo by Chinook Winds staff

Bensell Breon

ONABEN names new board members

PORTLAND, Ore. – ONABEN-Our Native American Business Network seated three individuals to one-, two- and three-year terms on the board of directors on Sept. 17.

New board members include Guthrie Ducheneaux (Cheyenne River), Nathan Segal (Eastern Band of Cherokee) and Cherie Gordon (manager of economic development, Burlington Northern Santa Fe Railway).

Newly elected members join current directors Jack Lenox (Coquille), Robert Whitener (Squaxin Island), Aurolyn Stwyer (Warm Springs), Bryan Mercier (Grand Ronde), Dirlle Calica (Warm Springs) and Ted Piccolo (Colville).

Veronica Hix, ONABEN executive director, expressed her gratitude for the service of the new board members.

"It is an honor that these folks are interested in the mission of ONABEN and support the work that we conduct across the nation," said Hix. "These new directors bring with them expertise in business

development and growth and will add to the enthusiasm and energy for our programs and projects from our existing board."

In the reorganization of the board, the directors re-elected Lenox as chairman, Whitener as vice-chairman and Stwyer as secretary-treasurer.

The ONABEN board of directors meets up to six times each year on a bi-monthly basis.

ONABEN is a 501(c)(3) corporation headquartered in Portland, Ore., that was created in 1991 by four Oregon Tribes to encourage development of a private sector on their reservations. ONABEN provides curriculum, training and organizational consulting focused on developing entrepreneurship in Native communities.

ONABEN serves Native business development organizations and entrepreneurs nationally through its Indianpreneurship curriculum.

For more information about ONABEN and its products and services, please visit ONABEN.org.

To the editor:

Thank you to everyone for all the love, support, food, flowers, prayers and care that was shown for Quanna Pigsley during her long struggle to live. A special thank you to Bud and Cheryl for all the good food delivered to Quanna's – that was special.

Lisa Taylor and Cherity Bloom-Miller, you were Quanna's own angels. Thank you for all your help.

She was blessed to have so many friends and family who attended her services and helped in her time of need. The family thanks you.

The Pigsley family

To the editor:

Children who dance outside of our fires

We enrich their lives with family and Tribal history. We smother them in Tribal culture. We enlighten and build their self-esteem. We nurture them with family and community camaraderie and commitment.

We awaken their spirit with the past, present and future goals. We build strong ties, bonds. We help them paint their world with rainbow colors of opportunity.

We encourage them to breathe in deeply the early morning light of a new fresh awaiting dawn. We watch them spread their wings while encouraging them to fly high, reach toward the stars! We see them blossom through guidance and when day is done, we teach them respect, humbleness, to find quietness and center in contentment.

Then, with a darkness of age our children whom we have put such priority upon, our families' futures, our children who have danced with song and energy are rudely awakened, transported from our warm circles of pride, they begin a tourney as did our ancestors of yesterday.

The long journey from ancestral ties, dreams, community and the harsh detachment is as brutal as was our Tribal removal from the homelands. At this age, their sensitive identity is snatched away, leaving them fragile, limp, lifeless, lost. Snared, trapped between two traveling worlds of indifference.

Our people have survived because our ancestral identity has been held intact through dedicated perseverance. Sacrifices were made to survive, to rekindle our past, breaking trail. This transported us into our present environment that enables us to build toward our future.

There is a ripple of reflection that encourages, that no child shall be left behind or become a throwaway, instant gratification commodity. For it is their blossoming spirit that awakens the dark. If not ever-vigilant, our Tribal future can become bottlenecked, suffocated, stifled by shortsighted negligence.

Direct dependency is an inheritance by right of birth. Our children who dance outside of our Tribal fires, away from the warmth of family, friends and community are a valuable lost treasure trove of diversity and are one of our most valuable Tribal assets.

Quantum, one step down can mean one step up for a wide-eyed Tribal dreamer with grandiose expectations, dreams.

Eva E. Clayton

My Green campaign releases music video about minors' trust payments

ATLANTA – First Nations Development Institute's *My Green* campaign, a social marketing campaign focused on financial empowerment for American Indian youth, has released a new music video that addresses *18 Money*, which is the age at which some Native teens receive a significant financial distribution while they often lack the skills to effectively deal with the windfall.

Theodore "Theo" Brown, a member of the Ho-Chunk Nation in Wisconsin, wrote and recorded a song titled *Turned 18* about the challenges and pitfalls of receiving a minor's trust payment.

Working alongside the Ho-Chunk Players, a Native youth theater troupe directed by Sherman Funmaker, Brown and the group produced a music video to illustrate a day in the life of a Ho-Chunk youth who "turned 18."

The video was shot over several days this past summer in Baraboo and Wisconsin Dells, Wis., and is available on YouTube at youtube.com/watch?v=NslB8vzk-80.

It can be called *Minor's Trust*, *Big Money* or *18 Money* and for a number of American Indian youth, it represents a blessing and a curse.

A small number of Tribes pay out dividends from Tribal businesses, or per capita payments, to their members. Payments for

Tribal members who are age 17 or younger usually are held in a financial trust until the youth turns 18. At age 18 (although sometimes later), youth receive a substantial payment and are faced with the responsibility of managing their "big money."

With funding from the FINRA Investor Education Foundation, First Nations launched the *My Green* campaign to help Native youth learn to manage their "18 money." This includes raising awareness of the challenges and opportunities provided by the minor's trust payment.

The campaign features a website at mybigmoney.org that provides a platform for four Native youth age 17-23 to present their stories about how they managed their money, share their lessons learned in several videos and serve as guides throughout the different components of the website.

First Nations, which is headquartered in Longmont, Colo., participated in a Financial Education Summit on Oct. 26 as part of pre-conference activities for the National Congress of American Indians Annual Convention.

The purpose of the summit was to share information with the President's Advisory Council on Financial Capability for Young Americans and discuss successful programs for providing financial empowerment for Native youth.

Siletz News Letters Policy

Siletz News, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in *Siletz News* and other tribal issues.

All letters must include the author's signature, address, and phone number in order to be considered for publication. *Siletz News* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks, or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Siletz News*, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The general manager of the Siletz Tribe is the editor-in-chief of *Siletz News*.

Editor-in-Chief: Brenda Bremner

Editor: Diane Rodriguez



Happy 7th Birthday, son! We love you.
Mom, Dad and Aviana

Happy Birthday to Michael Fisher on Nov. 8 and Nathan Fisher on Nov. 19! We hope you both have great ones.

With love, Kyanna, Ben, Ashten, Blaike, Maliyah and Boston

Happy Birthday to Issac Kentta on Nov. 16! Hope you have a wonderful day. With love from your favorite cousins, Kyanna, Ben, Ashten, Blaike, Maliyah and Boston

Happy Birthday to Kiowa Garcia and Romeo Case.

With love, Kyanna, Ben, Ashten, Blaike, Maliyah and Boston



Happy 1st Birthday to our Princess Ayla Marie Dawnieda Brents-Woody!
Love, Mommy, Daddy, Brother Blaise, Great-grandmother Gloria and Carolyn Dufek, Grandma Julia, Wanda, Ellie, Grandpa Benjamin and auntie and uncles Kylie, Cheyenne, Syra and Sylar Native Hunter



Happy Birthday to Kim on Nov. 23.
With love from Mom, Bill and Randi, and Becky says "mew"



Happy 3rd Birthday to Eric Solis from Mom, Dad, big brothers, little sister and Grandma!



Happy Birthday to all the November babies. I'd like to say a special Happy 6th Birthday to my daughter, Sophia Some. You're my light, my love and the best thing Creator has ever blessed me with. Momma is so proud of the beautiful spirit you are. May you continue to grow in beauty, grace and knowledge. I love you infinity and back.



For more information about the Siletz Tribe, please visit ctsi.nsn.us.

The Siletz Clinic is 100 percent tobacco-free.

Passages Policy

Submissions to Passages are limited to two 25-word items per person, plus one photo if desired. All birthday, anniversary and holiday wishes will appear in the Passages section.

Siletz News reserves the right to edit any submission for clarity and length. Not all submissions are guaranteed publication upon submission. Please type or write legibly and submit via e-mail when possible.

Be a Foster Parent—Help a Child in Need

"When the Children Grow Old...
We Want Them to Know We Fought for Them"

There are many ways to fight to protect our children.

One of those ways is by being a foster parent. The Siletz Tribal Indian Child Welfare Department is accepting and recruiting foster homes on behalf of our Tribal children.

If we see a child in need,
We meet the needs of that child.
It is the way of our people.

For more information and an application, call:

Leah Switter, Case Manager III
Foster Parent Certifier, CTSHCW

800.922.1399, ext #1275, or 541.444.8275



Turn every day, everywhere moments into fun learning activities for your child.

PLAY Playtime teaches children to be creative and helps them explore the world.

Talking helps children grow their words and makes reading easier. **TALK**

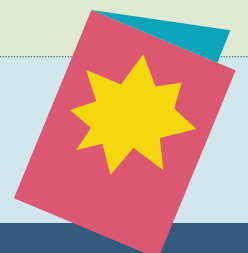


SING

Singing helps develop sounds, language and memory in a fun way.

READ

Reading, in any language, sets children up for a successful future.



PLAY, TALK, SING, READ every day with your child as you go about your daily activities. Learn more:

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