



Run to the Rogue Sept. 11-13, 2015 Siletz to Agness, Oregon

From the first mile (right) to the last (below), Siletz Tribal members and friends trace the route of the ancestors



Photo by Diane Rodriguez

Lily Whitehead, Nevaeh Whitehead and Kahryee Holmes-Chavarria join Tony Whitehead (carrying eagle staff) and Kevin Goodell in leading walkers during the first mile as they pass by students from Siletz Valley School.

Photo by Ann Goddard

John Roe Jr. (yellow vest), Ed Ben (carrying eagle staff), Junior Miss Siletz Felisha Howell and Stan Werth lead the group as it traverses the last mile.

A \$7,000 Tribal benefit ... Do you know what it is? Will your loved one benefit from it?

Obviously, none of us wants to think about passing away and our funeral. Inevitably, though, it will happen – to all of us.

We should do our best to make sure we have arranged what we can. One simple thing you can do is submit your Designation of Death Benefit Beneficiary form to the Enrollment Department.

The Siletz Tribe carries death benefit insurance on all enrolled Tribal members, including children, for funeral and burial costs. **As of Sept. 9, 2015, there are 1,314 Tribal members who have no beneficiary listed for this benefit.** Are you, a family member or your children one of them?

A mail out was done in April 2015 to people with no beneficiary on file and the response was about a 10 percent return. Please check with your family members to see if they have submitted their paperwork for this important benefit.

If it has already been submitted, when was it last updated for contact

information for the beneficiary? Do you know whom you have listed as your beneficiary?

Things you need to know:

- Tribal members need to fill out and keep an updated Designation of Death Benefit Beneficiary form. It can then be updated at any time to name a different beneficiary or to update the contact information for your beneficiary. It is extremely important to update your Designation of Death Benefit Beneficiary form anytime you marry, divorce or if your designated person is deceased.
- The designated beneficiary needs to be age 18 or older as they might be the one responsible for making your funeral arrangements.
- Are your children over age 18 now? They need to update their beneficiary. You now can update your beneficiary to include them.
- The Enrollment Department keeps the original form on file with the Tribal member's enrollment file. In

the event of your passing, the most recent form submitted is what will be used to determine the beneficiary for this benefit.

- The beneficiary can be anyone, a Tribal member or a non-Tribal member. They can be a family member or not. The most common beneficiary is a parent, spouse, adult child or someone trusted who will be in charge of funeral arrangements.
- The current death benefit amount is \$6,000 and is for burial and funeral expenses. Most funeral homes are willing to work with the Tribe so families do not have to pay out-of-pocket costs up to the benefit amount. Some funeral homes are not, so please be aware of this.
- If funeral expenses are less than \$6,000, the unused balance of the death benefit goes directly to the beneficiary.
- If funeral expenses are more than \$6,000, the balance of the expenses is the responsibility of the person making the funeral arrangements.

- The current insurance amount is \$1,000 and will be paid directly to the beneficiary.
- If no beneficiary is listed, the funeral and burial expenses still are paid and Enrollment will work with the family and the funeral home. However, any unused balance of the death benefit and the \$1,000 will go unpaid to anyone.
- The Tribe has caskets with a Pendleton blanket liner that can be purchased with death benefits or directly.
- If you have specific wishes for your burial, please let your family members know of them. You also might want to research costs for plots and fees if you wish to be buried someplace other than at the Siletz cemetery.

If you have questions about death benefits, Tribal caskets or completing the form, please contact Angela Ramirez or Darin Rilatos, Enrollment clerks, at 800-922-1399 ext. 1258, or 541-444-8258.

Consultation with the U.S. DOJ

A consultation was held with U.S. Department of Justice (DOJ) representatives Billy Williams and Tim Simmons in late August in Lincoln City. Items discussed included Tribal hunting and fishing rights and natural resources.

Run to the Rogue

Run to the Rogue concluded on the Illinois River at the usual site. John Roe Jr. read Pauline Ricks' testimony from the Restoration hearing.

Having been present at the hearing, I heard it directly from Pauline, but it was most appropriately repeated for Tribal members to hear at this historic site. This is the kind of information that is so important to document and share with the membership.

The runners and staff did a great job organizing the run – thank you all.

Lincoln City 50th Anniversary

The Tribal Council helped celebrate Lincoln City's 50th Anniversary by taking part in a parade through downtown Lincoln City. Our Royalty also participated in the parade.

I believe it was the first parade ever through downtown Lincoln City. Roger and Pat Robertson were the chief organizers of the event.

UO President Michael Schill

Oregon Tribes recently met with the new president of the University of Oregon, Michael Schill, in the campus longhouse.

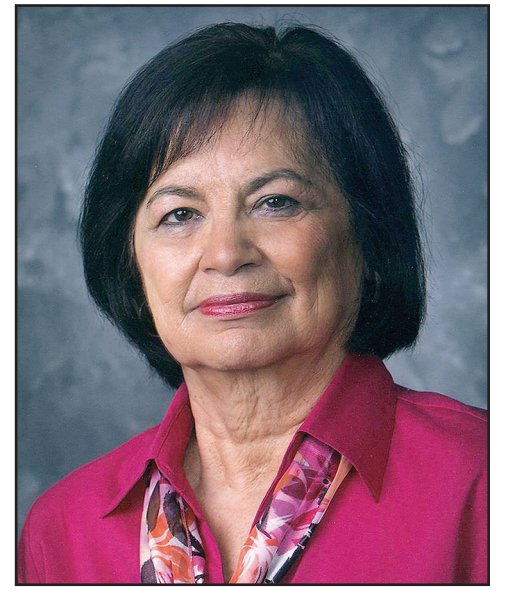
Schill came to the university from Schenectady N.Y.

It was his first opportunity to work with Tribes. He was very interested in the tribes' history and eager to work us.

Fundraiser for Congressman Schrader

The Tribe hosted a fundraiser for Rep. Kurt Schrader at Chinook Winds' Rogue River room. It was a nice affair. The congressman addressed the group and responded to questions.

Schrader has been extremely helpful on all Tribal issues and we support his reelection to the fifth congressional district.



Delores Pigsley

For more information about the Siletz Tribal language program, please visit siletzlanguage.org.

Elders Council Meeting

Oct. 10 • 1-4 p.m. • Chinook Winds Golf Resort

Siletz Elder potlucks are held monthly at 6 p.m. on the Monday before the regularly scheduled Elders meeting. Please bring a potluck dish you would like to share.

For more information, contact the Elders Program at 800-922-1399, ext. 1261, or 541-444-8261.

How to use mail order pharmacy at Siletz Clinic

To use the mail order pharmacy at the Siletz Community Health Clinic to order your refills after hours and on weekends: Please call the Siletz Clinic 7-10 days before you need your refills. This allows us time to contact your provider, if necessary, and for mailing.

- Call 800-648-0449; enter 1624 as soon as the clinic's message begins – you'll be transferred to the refill line.
- Or call the refill line direct – 541-444-9624.

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to *Siletz News*.

Name: _____

Address: _____

Phone: _____

Change of address: Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or covas@ctsi.nsn.us. All others – call the newspaper office.

Send information to:

Siletz News
P.O. Box 549
Siletz, OR 97380-0549

541-444-8291 or
800-922-1399, ext. 1291

Fax: 541-444-2307

Email: pias@ctsi.nsn.us

Deadline for the November issue is Oct. 9.

Submission of articles and photos is encouraged.

Please see the Passages Policy on page 20 when submitting items for Passages.



Member of the Native American Journalists Association



Albina Morilova

Courtesy photo

Kamchatka Native to visit Siletz

On Oct. 10, Albina Morilova, a member of the Itelmen people of the Kamchatka Peninsula Russia, will visit Siletz.

There will be sharing of Siletz and Itelmen culture at the Siletz Tribal Community Center on Government Hill.

The event will run from 11 a.m. until 3 p.m.

Come be a part of this event and learn about Itelman culture.

For more information, contact Bud Lane, Tribal Culture Department, at 541-444-8320 or 800-922-1399, ext. 1320; or budl@ctsi.nsn.us.

Nuu-wee-ya' (our words)

Introduction to the Athabaskan language

Open to Tribal members of all ages

Siletz
Tribal Community Center
Oct. 5 – 6-8 p.m.
Nov. 2 – 6-8 p.m.

Portland
Portland Area Office
Oct. 12 – 6-8 p.m.
Nov. 16 – 6-8 p.m.

Eugene
Eugene Area Office
Oct. 6 – 6-8 p.m.
Nov. 3 – 6-8 p.m.

Salem
Salem Area Office
Oct. 13 – 6-8 p.m.
Nov. 17 – 6-8 p.m.

Classes begin with basic instruction and progress over the year. They also are a refresher course for more-advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages.

We also have equipment in the Cultural Department available for use in grinding and drilling shell or pine nuts or other applications. If you need to use the equipment, call the number below to set up an appointment.

For more information, contact Bud Lane at the Siletz Cultural Department at 541-444-8320 or 800-922-1399, ext. 1320; or email budl@ctsi.nsn.us.

Self-Sufficiency Program receives national recognition for performance

The Siletz Tribal 477 Self-Sufficiency Program (SSP) received a national award of recognition at the National Indian and Native American Employment Training/ Public Law 102-477 Conference in Durant, Okla., on Aug. 17-20.

The Siletz Tribe received one of five awards for outstanding performance with the ongoing implementation of its employment and training services.

Many SSP accomplishments were documented during a federal audit that took place in June. SSP also completed audits from the Siletz Tribal Internal Audit Department and from the Federal Temporary Assistance for Needy Families office located in Seattle, Wash.

The Bureau of Indian Affairs representative to the Siletz Tribe stated, "The Confederated Tribes of Siletz Pub. L. 102-477 program's growing success is enhanced by dedicated employees putting their work efforts forward with teamwork and professionalism. The program's over-

all improvements and Pub. L. 102-477 program developments are admirable."

SSP provides cash assistance services (Temporary Assistance to Needy Families, General Assistance for Single Adults, Emergency Assistance) to eligible Siletz Tribal individuals and families who are in need and who live within the 11-county service area.

The program also provides employment and training services (Work Experience, On-the-Job Training, Classroom Training, Direct Placement, Summer Youth Employment, Core Services) to members of any federally recognized Tribe.

The purpose of SSP is to allow Tribal governments the flexibility to design and integrate the employment, training and related services they provide to improve the effectiveness of those services; reduce joblessness in Indian communities; and serve Tribally determined goals that are consistent with the policy of self-determination.

For more information on available services, contact your local Tribal office.



Courtesy photo

477 Self-Sufficiency Program staff, including (l to r) Megan Hawley, Jennifer Martin, Sheila Solis, Jamie Bokuro, Anna Renville, Kurtis Barker, Norma Trefren, Jenifer Jackson, Rachelle Endres and Tamra Russell. Not pictured: Christina McCord.

For more information about the Siletz Tribe, please visit ctsi.nsn.us.



Photos by Andrea Suitter

Representatives from Siletz Valley Schools and the Siletz School Board include (l to r) Sam Tupou, Christina Bushnell, Larry Parker, Joe Bailor, Stuart Whitehead and Katie Lindstrom. Megan Hawley (third from right) coordinated the dinner.

Leadership Dinner draws community crowd

The Siletz Leadership Dinner was held Aug. 20 as part of the Siletz Healthy Beginnings Initiative efforts.

Megan Hawley, Healthy Family Healthy Child Project manager, hosted the event and Renee Roman Nose delivered a presentation on community change through building bridges of understanding between partners.

Siletz Healthy Beginnings is a result of the Tribe receiving funding from the Northwest Health Foundation to improve the health of Siletz children from birth to high school age by 2020.

This grant opportunity is to assist with improving the health of children residing in the Siletz community and preventing the health disparities they face by developing community-based partnerships, making regional improvements in health, and through advocacy and community leadership.

The Siletz Healthy Beginnings opportunity is designated for all members of the Siletz community and we



Renee Roman Nose

need to hear your voice! Contact Hawley at 541-444-8233 or meganh@ctsi.nsn.us to get involved.

Funded Orthodontic Treatment Screening

The 2016 Funded Orthodontic Treatment Program is fast approaching! If you are interested in applying, please contact the dental department at the Siletz Community Health Clinic to be placed on a list starting January 2016.

The screening dates have not yet been set, but likely will be sometime in late spring 2016.

The program and amount of accepted applicants will depend on funding for that year.

Applicants are selected by case severity and are chosen based on motivation by the patient and parent, reliable transporta-

tion and the oral hygiene of the patient, to name a few.

The non-biased selection process is performed under the guidance of an orthodontic specialist and applicants are chosen through a committee. We want the best results possible for the patient and thus place emphasis on these items in order to achieve this.

This program is open to all ages who are Siletz Tribal members only. All applicants will be notified by mail if they have been chosen.

Please contact the Siletz Dental Clinic at 541-444-9681 or 800-648-0449 if you have any questions.



www.faccinefb.com

USDA distribution dates in October

Siletz

Thursday	Oct. 1	9 a.m. – 3 p.m.
Friday	Oct. 2	9 a.m. – 3 p.m.
Monday	Oct. 5	9 a.m. – 3 p.m.
Tuesday	Oct. 6	9 a.m. – 3 p.m.
Wednesday	Oct. 7	9 a.m. – 3 p.m.

Salem

Monday	Oct. 19	1:30 – 6:30 p.m.
Tuesday	Oct. 20	9 a.m. – 6:30 p.m.
Wednesday	Oct. 21	9 a.m. – 6:30 p.m.
Thursday	Oct. 22	9 – 11 a.m.

White Bean Chicken Chili

- ½ bag great northern beans, cooked*
- ¼ cup chicken bouillon
- 1 tablespoon vegetable oil*
- 1 medium onion, chopped*
- 1 bell pepper, diced*
- 2 diced jalapeno peppers
- 2 garlic cloves, minced
- 2 cans chicken, drained
- 1 can diced green chilies
- 2 teaspoons ground cumin

- 2 teaspoons dried oregano
- 1½ teaspoons cayenne pepper
- 1 8-ounce package cream cheese

After soaking beans overnight in salt water, drain, rinse and add enough water to boil hard for an hour or until soft. Add the chicken bouillon to the beans. Set aside.

In a heavy frying pan, add the oil and heat on medium high. Add the onion, bell pepper and jalapeno pepper and cook until soft, stirring frequently. Add the garlic and cook for just a couple of minutes more.

Add the chicken to the mixture and heat through. Add the seasonings to taste. Add it to the beans, then put the cream cheese in and let it melt.

I made this recipe and fry bread for the cooking demo in September. So good.

Joyce Retherford
FDP Director
541-444-8393

Lisa Paul
FDP Clerk/Warehouseman
541-444-8279

Enrollment actions as taken per Tribal Council resolution

On a quarterly basis, the Tribal Council takes action on requests regarding Tribal enrollment. These actions can include approval or rejection of applications for enrollment; blood quantum corrections; removal actions; removal of deceased members; and name changes. Per the Enrollment Ordinance, the recommendation of the Enrollment Committee is publicly posted at the area offices and on the tribal web site for 20 days before Tribal Council takes action.

Tribal Council, however, has the authority to not follow the recommendation of the Enrollment Committee and take action it feels is correct.

Because this currently is not covered under the Enrollment Ordinance, the Tribal Council and Enrollment Committee wish to afford the general Tribal membership public notice of these actions and create awareness of the appeal process.

What is an Appeal?

From Enrollment Ordinance §2.314 (A)

An appeal is a written request to the Tribal Court for judicial review of a rejection or approval of any individual's application for enrollment under §2.304 of the Enrollment Ordinance, or a removal or denial of removal of any person from the Tribal Roll under §2.310 of the Enrollment Ordinance, or a modification or denial of modification of a member's blood quantum by the Tribal Council under §2.312 of the Enrollment Ordinance.

Who can file an appeal?

From Enrollment Ordinance §2.314 (B)

Any person whose application for enrollment has been rejected, any person whose blood quantum has been adjusted, any person who has been removed from the roll, and any Tribal member or extended family member who disagrees with the enrollment of any person, the adjustment of blood quantum of any person, or the denial of removal of any person from the Tribal roll, may file an appeal with Tribal Court.

How do I file an appeal?

From Enrollment Ordinance §2.314 (C)

The appeal shall be filed pursuant to the Tribal Court Rules of Procedure Ordinance §3.009(A) "Time for Filing." All appeals shall be supported by the record of the hearing before the Enrollment Committee, and the record of any proceedings before the Tribal Council. Decisions of the Court shall be final except as provided for in the Enrollment Ordinance §2.314(E). Section 2.314(e) provides that the Enrollment Committee can reconsider previous enrollment actions at its discretion, if new information is provided.

If you have questions about any of the actions listed below that were made on Sep. 18, 2015, at the regular Tribal Council meeting, contact the Enrollment Department or Tribal Court at 800-922-1399 or 541-444-2352.

You can obtain a copy of the resolution on the Tribal website under the "Member Area." If you are a Tribal member and cannot access the "Member Area," please contact Enrollment staff.

Contact Tribal Court if you wish to file an appeal and need their assistance in the process for submitting an appeal.

Requested Action: Application for Enrollment

Name	Roll #	Enrollment Committee Recommendation	Tribal Council Action	Resolution #
Elton O'Dell Anderson	5794	Approve	Approve	2015-262
Sierra Leanne Anderson	5795	Approve	Approve	2015-262
Brock Liam Arden	5796	Approve	Approve	2015-262
Brittany Michelle Ashworth		Reject	Reject	2015-260
Colton Earnest Wayne Barker	5797	Approve	Approve	2015-262
Wyatt Anthony Brown	5798	Approve	Approve	2015-262
Adianna Butterfly Butler	5799	Approve	Approve	2015-262
Kayla Marie Chase	5800	Approve	Approve	2015-262
Cruz Wanbli Cockrum	5801	Approve	Approve	2015-262
Paetynn Shaleen Cole	5802	Approve	Approve	2015-262
Katori Ann Collins	5803	Approve	Approve	2015-262
Gary Dale Corum	5804	Approve	Approve	2015-262
Xavien Brock Amaru Santos Curiel	5805	Approve	Approve	2015-262
Kelsie Renae DeBusk	5806	Approve	Approve	2015-262
Kayden Jon Vincent Farrell	5807	Approve	Approve	2015-262
Bella Mae Fernando	5808	Approve	Approve	2015-262
Amelia Linn Esley Fox	5809	Approve	Approve	2015-262
Katana Magic Star Garcia	5810	Approve	Approve	2015-262
Breanna Marie Harman	5811	Approve	Approve	2015-262
Matthew Joseph Hegge II		Reject	Reject	2015-260
Lilliana LeAnn Hochstetler	5812	Approve	Approve	2015-262
Beckett Hudson Hooton	5813	Approve	Approve	2015-262
Marjorie Marie Kalb	5814	Reject	Approve	2015-261
Kyle Robert Kerr		Reject	Reject	2015-260
Rowen Kelly Kraxberger	5815	Approve	Approve	2015-262
Sitala Daphne Logsdon	5816	Approve	Approve	2015-262
Barbara Seraphina Lopez Villegas	5817	Approve	Approve	2015-262
Jarzira Kyaleen Lopez Villegas	5818	Approve	Approve	2015-262
Bentley Abrian Lucas-Branch	5819	Approve	Approve	2015-262
Andrew James Morrow	5820	Approve	Approve	2015-262
Beau Saint Clair Muschamp	5821	Approve	Approve	2015-262
Nova June Neal	5822	Approve	Approve	2015-262
Audrina Echo Payne	5823	Approve	Approve	2015-262
Franklin David Pistorius	5824	Approve	Approve	2015-262
Charmain Renee Riggs		Reject	Reject	2015-260
Elias George Samson	5825	Approve	Approve	2015-262
Jade Desirae Scott	5826	Approve	Approve	2015-262
Malinda L. Snyder		Reject	Reject	2015-260
Silas Ray Stone-Butler	5827	Approve	Approve	2015-262
Harlow K. Treasure		Reject	Reject	2015-260
Tobias Vazquez	5828	Approve	Approve	2015-262
U-kiya Samson Vazquez	5829	Approve	Approve	2015-262
Minette Marie Warren		Reject	Reject	2015-260
Grace Lee Williams	5830	Approve	Approve	2015-262
Giana Tomiko Helelani Wong	5831	Approve	Approve	2015-262
Frederick William Zoske	5832	Reject	Approve	2015-280

UO still offers in-state tuition benefits to Siletz Tribal students

The University of Oregon continues to offer in-state tuition benefits to enrolled members of the Siletz Tribe regardless of their current state of residency.

The Residency by Aboriginal Right Program was first offered in 2001 to 44 Tribes that have aboriginal territories within the state of Oregon that pre-date 1850. Out-of-state students will pay in-state tuition, a \$20,000 savings each academic year.

"All high school graduates should go to college. It's not a choice. It's a requirement. Our ancestors sacrificed

and survived so that we would have the choices we have today," said Jason Younker, UO assistant vice president, advisor to the president for government-to-government relations and a member of the Coquille Indian Tribe. "We should honor their sacrifices."

UO offers bachelor's and graduate degrees through 272 academic programs. As a member of the Association of American Universities, it is one of only 36 public universities committed to scientific exploration and interdisciplinary research.

One hundred sixty-two American Indians from across the nation are enrolled at UO, including 27 from Oregon Tribes.

The Many Nations Longhouse opened in 2005 and is home for the Native American Student Association, the Native American Law Students Association and the American Indian Science and Engineering Society.

The UO Mother's Day Pow-Wow is one of the largest Tribal celebrations in Oregon.

For more information about UO, visit uoregon.edu.

Requested Action: Blood Quantum Correction Requested

Name	Roll #	Enrollment Committee Recommendation	Tribal Council Action	Resolution #
Cassandra Dawn Godwin	3452	Approve	Approve	2015-259
James Bond Nelson	2258	Reject	Reject	2015-258
Park H. Nelson IV	2126	Reject	Reject	2015-258
Harold Arthur Warren	982	Reject	Reject	2015-258

Requested Action: Clerical Corrections

Name	Roll #	Enrollment Committee Recommendation	Tribal Council Action	Resolution #
Willa Roberta Daugherty	233	Approve	Approve	2015-263
Carter Ray Mason	5608	Approve	Approve	2015-263
Rena Rose Philbrook	726	Approve	Approve	2015-263
Jermiah Nathaniel Anderson	1928	Approve	Approve	2015-263
Sadie Mateya Camacho Bravo-Hudson	3879	Approve	Approve	2015-263
Tvm-Cha Ne-Nush Matilda Butler-Bell	5748	Approve	Approve	2015-263
Mateo Uriah CamanchoBravo-Hudson	3957	Approve	Approve	2015-263
Zoe Sophia CamanchoBravo-Hudson	5379	Approve	Approve	2015-263
Mai-Linh KcKenzie Arrington Do	4602	Approve	Approve	2015-263
Trever Lee Green	3007	Approve	Approve	2015-263
Bobby John Hutchinson	4742	Approve	Approve	2015-263
Jayleen Isabella Lozano Rose	4381	Approve	Approve	2015-263

Requested Action: Name Change

Name	Roll #	Enrollment Committee Recommendation	Tribal Council Action	Resolution #
Ryan Ethan Abrahamson	5430	Approve	Approve	2015-257
Wendy Lee Bales	1083	Approve	Approve	2015-257
Linda Arlene Blair	1168	Approve	Approve	2015-257
Amy Nicole Brown	2783	Approve	Approve	2015-257
Leslie Christine Cox	1461	Approve	Approve	2015-257
Rosalie Mae Derenia	1178	Approve	Approve	2015-257
Julia Ann Kentta-Kerr	1838	Approve	Approve	2015-257
Marissa Katelyn Nelson	5609	Approve	Approve	2015-257

Requested Action: Removal from Roll (Deceased)

Name	Roll #	Enrollment Committee Recommendation	Tribal Council Action	Resolution #
Delmer Lindsey Butler	148	Approve	Approve	2015-256
Honie Ann Caley	727	Approve	Approve	2015-256
Leland Wilbur Collins	2122	Approve	Approve	2015-256
Robert Lewis Gallagher	4798	Approve	Approve	2015-256
Mark Elliott Porter	1775	Approve	Approve	2015-256

Missing Moccasins

What is a “Missing Moccasin”? A Tribal member with an invalid address on file with the Siletz Enrollment Department is a “Missing Moccasin.” The Enrollment Department or another department in Tribal administration has received returned mail for the Tribal member marked as undeliverable.

Enrollment staff attempt to contact the Tribal member at the most recently provided phone number to get an updated address to mail an Address and Contact Information Update form. If it is determined there is no way to get a message to the Tribal member, his/her name is added to the Missing Moccasin list for publication in Siletz News.

Once this occurs, all outgoing mail from tribal administrative offices using the address on file with the Enrollment Department will stop.

In order to receive any mail from the Tribal administration building, including per capita checks, election information and Siletz News, the Tribal member must submit his/her address change on the Address and Contact Information Update form. For security reasons, address changes are not accepted over the phone.

As of Sept. 11, 2015, there are 38 ADULT Siletz Tribal Missing Moccasins. If you are on this list, please update immediately.

Additionally, 97 children have invalid addresses. If you are not receiving the quarterly statement of your child’s trust account, he/she may have an invalid address on file. Children’s names are not publicly published.

If you know someone on this list, please ask them to contact the Enrollment Department so a form can be sent to them. The form also is available on the Tribal

website (ctsi.nsn.us) or at any of the four area offices.

If you have any questions, contact the Enrollment Department at 800-922-1399, ext. 1258, or 541-444-8258.

- Al-humaidi, Shatha Saleh
- Beals, Kyle Carl
- Belgarde, Michelle Tyees
- Butler, Barry Curtis
- Caba, Abel Jay
- Carmichael, Scott Richard
- Cole, Corey Alan
- Cook, Sarah Jean
- Cronin, Bryon Michael
- Ewing, Andrew Steven
- Flores-Keeley, Jasmine June
- Green, Michael Dean
- Hooper, Dakota Blain
- Jobin, Arthur Alexander
- Landeros, Dominic Louis
- Lehman, Kaylee Ann

Enrollment Dates to Remember in October

Oct. 14 Enrollment Committee Meeting, 3:30 p.m. Administration Building II, Conference Room 132 Post #291 Review

Oct. 20-21 Staff will be out of the office attending the Northwest Enrollment Conference. **Enrollment services will be limited to Tribal IDs only.**

Oct. 29 Post #291 publicly posted on Tribal website and in Tribal offices

General Council Meeting

Nov. 7, 2015
1 p.m.

**Siletz Tribal Community Center
Siletz, Oregon**

Call to Order
Invocation
Flag Salute
Roll Call
Approval of Agenda
Approval of Minutes

Programs
Health – Alternative Health Program

Siletz Tribal Youth Council

Tribal Members’ Concerns

Tribal Council Candidates
Declarations

Chairman’s Report

Announcements

Adjourn

- Martin-Nelson, Dustin James
- McCleery, Scott Edward
- Miller, Alan Robert
- Morrison, Stephen Andrew
- Pearson, Ivory Orea
- Perry, Brandon Lee
- Prather, Bradford Robert
- Ray, Ada Nancy Lee
- Richardson, Charles Eugene
- Richardson, Robert Carl
- Rilatos, Teala Danelle
- Roberts, Scott Michael
- Roller, Laine Bryce
- Russell, Roberta Pauline
- Scoggins, Jason Andrew
- Service, Diane Lee
- Tanewasha, Clarice Estelle
- Tucker, Daniel Cleveland
- Unger, Alicia Joy
- Washington, Nathan Lee
- Williams, Nakoia Anne
- Woods, Wyatt Carl

Proposed Tribal Internal Audit Department Ordinance

Posted for Review and Comment.

On Sept. 18, 2015, Tribal Council introduced the Internal Audit Department Ordinance. It was read into the record and Tribal Council recommended that it be posted on the website for review and comment.

The Confederated Tribes of Siletz Indians developed this ordinance to establish clear direction and procedures for internal audit of Tribal programs and Tribal entity activities. To find the ordinance on the Tribal website (ctsi.nsn.us), go to the "Members Only" section then click on the Ordinance Review tab.

Please submit any recommended changes or questions to the Legal Department at cathernt@ctsi.nsn.us; or to the attention of Cathern Tufts, Staff Attorney, P.O. Box 549, Siletz, OR 97380-0549; or fax to 541-444-8349.

Comments must be received on or before Oct. 14, 2015, so they can be considered by Tribal Council. The Legal Department will compile the comments and report them, along with answers to any questions raised, to Tribal Council for consideration at its October meeting.

Drink choices do matter

By Nancy Ludwig, MS, RD, LD, Siletz Tribal Head Start Nutritionist

This segment focuses on the beverages we choose to drink and offer to our children.

It is necessary to consume adequate amounts of fluid to maintain a healthy body. The very best beverage is water.

Other choices can include milk, diluted fruit juices, caffeine-free herbal teas and vegetable drinks. Recommended choices include nutrients without unhealthy additives.

While **milk** is provided at Head Start, it is important to consider individual tolerance and to respect cultural practices. Many children, as they grow up, lose the ability to handle the lactose in milk. They either need lactose-free milk or to choose alternative foods and beverages.

Often children drink large amounts of **fruit juice**. Many parents believe this is nutritious. This is not completely true.

One hundred percent real fruit juice, in small amounts, is great because it contains vitamins and minerals. When consumed in large amounts, however, children get too much sugar and too many calories.

Often a better choice would be a piece or two of fruit and a glass of water. Whole fruit also has fiber and is more filling.

To complicate matters, beverage labels are not always clear as to whether they are sweetened. Words like "drink" and "cocktail" mean they are not 100 percent fruit juice.

When children drink fruit juice, the recommendation is to dilute it with at least 50 percent water.

Many parents choose to introduce **soft drinks** to infants and young children. This is not recommended.

In the U.S., many school-age children drink soda every day. This habit supplies extra and empty calories from sugar or the risks from artificial sweeteners.

Caffeine and phosphoric acid can rob bones of calcium and sugar can rot teeth. Furthermore, soda takes the place of the water or other foods that we need for nourishment.

The human body is 50-75 percent **water**. Water affects every organ in the body and plays a significant role in life and maintaining good health.

Water is needed to:

- ✓ Allow blood to flow and carry nutrients to and from cells in the body
- ✓ Transport waste out of the body through urine, feces, sweat and breath
- ✓ Cool the body
- ✓ Help the brain do its job more precisely
- ✓ Lubricate joints and muscles
- ✓ Soften the skin
- ✓ Prevent constipation

Frequent water consumption is a great pattern to begin during early childhood.

Prior to a child's first birthday, parents should introduce water. Some young children will immediately like it while others will not. Either way, parents should continue to offer water daily.

If it is continually being refused, parents can try offering it when children are most thirsty. If water is the only option, most children will drink it.

Some children may be more inclined to drink water if they have a special cup or bottle that is colorful and fun to drink from. The trick is to never fill the special cup or bottle with anything other than water.

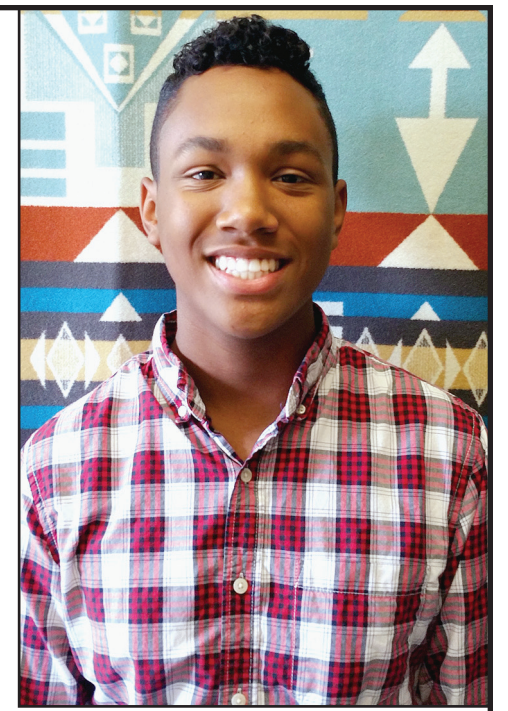
Parents can choose to establish certain patterns around when to serve water or other drinks. Parents can choose to always serve water with lunch and dinner. Other parents might choose to serve other healthy beverages with meals, but allow only water at other times during the day. Whatever pattern parents create will become the accepted routine.

If parents consistently offer water every day, children usually will get used to it and might even grow to prefer it to other drinks. Children who drink water regularly will probably continue to drink it for the rest of their lives – whereas children who drink only sweet drinks likely will never develop a taste for water.

People who drink sugary drinks instead of water consume a lot of sugar and many extra calories. This alone can lead to significant weight gain.

Water is the best drink for the body. It contains no sugar, artificial sweeteners or colors, or calories. Children who drink water have a definite health benefit over those who do not.

How much do you want to be healthy? Drink choices really do matter.



Courtesy photo

Terrell Casey recently completed the Oregon College of Art and Craft's Journeys Program, where he finished a number of fantastic projects – beaded moccasins, drum and drum stick, and a leather belt.

According to the website of the Oregon College of Art and Craft (ocac.org), the Journeys in Creativity program was founded in 2004 in partnership with OCAC, The Museum at Warm Springs and Kah-Nee-Ta by Pat Courtney Gold and the late A. Susana Santos, Tribal members of the Confederated Tribes of Warm Springs.

Gold and Santos, an OCAC alumna, sought to further the study of contemporary American Indian art and craft for Native teenagers who, through this program's encouragement, might pursue a secondary arts education or a profession in the arts.

What's in pop?

By Nancy Ludwig, MS, RD, LD, Siletz Tribal Head Start Nutritionist

Let's look at the ingredients in soft drinks or pop. Most soft drinks contain sugar (in the form of high fructose corn syrup), caffeine, phosphoric acid and other chemicals or acids. Sugar has no nutritional value other than calories (also called empty calories).

The beverage is like liquid candy. One can per day can increase your child's risk of diabetes by 60 percent. One can of pop contains 10 teaspoons of sugar. One double Big Gulp contains 54 teaspoons of sugar.

Caffeine is an addictive drug and a stimulant that can affect sleep and the ability to concentrate.

Phosphoric acid weakens bones and teeth. Chronic stomach problems also can result from excess phosphoric acid. Other chemicals, or acids, in pop are acetic, fumaric and gluconic acids.

Let's now look at the financial cost of this habit. In looking at a family of six people with a consumption of four cans per day per person, in two months' time, this is 1,440 cans. These 1,440 cans, if stacked, would represent a building 42 stories high!

At an average cost of \$.90, we can calculate that for one person this is approximately \$4 per day, \$26 per week, \$105 per month, \$1,073 per year and \$6,300 in five years.

For the family of six, at the same rate, this is \$21 per day, \$150 per week, \$600 per month, \$7200 per year and \$36,000 in five years.

You can clearly see how this adds up. You may rather use it for a vacation or education.

Are there other costs? Not only is there a financial cost, but also a cost to your body. In short, the costs include poor nutrition, weight gain, poor energy level, low iron, increased risk of diabetes, increased risk of heart disease, bone loss, cavities and loss of teeth, and gum disease.

There also is concern that the high fructose corn sweeteners are even worse than sugar, leading to metabolic syndrome and increasing the incidence of diabetes.

Think about this: If a 12-ounce can of pop supplies 140-160 calories, this habit alone can contribute to a weight gain of 10 pounds per year!

What can I do? If you have a soda habit, think about why it is that you drink it. You might want to consider decreasing your intake or going through a trial period without it to see how you feel.

After a temporary withdrawal period, you might feel better and be rewarded with the benefit of cost savings.

What beverages could you drink in place of soda? There are many ways to dress up water to make it more interesting with lemon, mint or a splash of juice.

Siletz Community Dental Clinic

Contact the Siletz Community Dental Clinic if you experience dental pain or a dental emergency. Staff will do everything they can to see you as soon as possible.

Morning check-in time is Monday-Thursday from 8:30-9 a.m. and Friday from 10-10:30 a.m. Afternoon check-in time is Monday-Friday from 1-1:30 p.m.



Five generations of Agnes Pilgrim's family join her at the Nesika Illahee Pow-Wow in August.

Courtesy photo



Courtesy photo



Courtesy photo

Rowan Greer qualifies for Junior Olympics

Rowan Greer, age 10 and a fifth-grader, competed in the Washington state and then the Regional USATF Junior Olympics in Portland, Ore., in shot put, 400m and 800m.

He earned top finishes in the 400m and 800m races to qualify for the USATF National Junior Olympics in Jacksonville, Fla.

Ian Greer competes in Regional Junior Olympics

Tribal member Ian Greer competed in the Washington State Junior Olympics in the 800m and 1500m races. He earned qualifying spots in both races to compete in the USATF Regional Junior Olympics in Portland, Ore.

Both Ian and his brother, Rowan, are in training for the USATF Junior Olympics Cross Country. The state, regional and national meets take place in November and December.

Transition from soft drinks to water

By Nancy Ludwig, MS, RD, LD, Siletz Tribal Head Start Nutritionist

Ingredient options (see photo for examples)

- Sparkling water (seltzer water or club soda)
- Splash of juice (starting with half volume and reducing to an actual splash)
- Ice cubes
- Fresh or frozen berries or sliced fruit (for a special treat)
- Sprig of fresh mint or basil (option)

Tips

At first, replace soft drinks with seltzer water or club soda. This does not save money, but serves as a gateway to healthier options. If you stay on the carbonated water kick, you may want to invest in a small carbonation machine.

When you first make sparkling juice drinks, start with half the volume in juice and decrease the amount from there all the way down to only a splash.

Don't forget the embellishment of a simple wedge of lemon or lime. Cucumbers also are a refreshing option.

For fun or special occasions, dress up your beverage with fresh or frozen berries or sliced fruit.



Another special option when available is fresh mint or basil. I've also used other herbs, such as a small rosemary sprig. Use your imagination. I really like peach with lemon and basil.

While you are reducing your pop or soft drink habit, if you find yourself at a self-serve fountain looking at an array of soft drink options, remember that there is

often a button for carbonated water only (without syrup) in a similar place to where you find the water only button. There is often no charge for water, which also is beneficial to the budget. Many times lemons are available as an option as well.

When in a restaurant, carbonated water from the soda machine is often an option. You just need to ask. Usually there is no charge. This works for children and adults.

For those adults who go to bars or taverns and avoid alcohol, carbonated water from the bar tap is an inexpensive option. Remember to tip your server if you are in for a long night of drinking water.

In the end, your goal is to drink unsweetened water with minimal additions, but every now and then you may want to celebrate by dressing up your water with creative options.

Please share your ideas with me. Siletz Tribal Head start offers my time at no cost to you to support family nutrition over the telephone. Please contact me if you have nutrition concerns about your Head Start child. I can be reached through your teacher to schedule a phone call or by email at creativeenergy@nancyludwig.com.

If you have not sent in an application for your child to attend **Siletz Tribal Head Start**, it's not too late. Call 541-444-2532 or 800-922-1399 to request that an application be sent to you.

Applications also are available on the Tribal website (ctsi.nsn.us) and at the Siletz, Salem and Portland area offices.

Natural Resources Department Contractors List

The Tribal Natural Resources Department periodically solicits bids from contractors for a variety of work.

If your company would like to be included on our lists to receive requests for bids/proposals for any of the services listed below, please contact Natural Resources Manager Mike Kennedy at 541-444-8232 or 800-922-1399, ext. 1232, to be put on the appropriate list.

- Tree Planting
- Precommercial Thinning
- Hazard Tree Removal/
- Tree Trimming
- Mechanical Brush Cutting
- Logging Road Construction/
- Maintenance
- Logging
- Log Hauling
- Timber Falling
- Herbicide Spraying
- Concrete Construction
- Statistical Analysis
- Macroinvertebrate Identification
- Water Quality Monitoring/Analysis



Garden BBQ Walk
Sept. 17, 2015 • Siletz Community Garden

Photos by Diane Rodriguez

Above: Natural Resources Manager Mike Kennedy helps Geri Andrews (left) and Lonnie Andrews get settled for their meal.

Above left: Human Resources Manager Marci Muschamp (left) hands out raffle tickets to Zoey Howard, Neva Hamel and Aurora Carmona.

Left: Programs 2 Manager Bev Youngman (left) and Marci Muschamp give raffle tickets to Savanna Rilatos (pink shirt), Cameron Rilatos (blue sweatshirt) and Youth Development Director Sharla Robinson (right).

SMOKING AND YOUTH



This fact sheet is for public health officials and others who are interested in information on smoking and other tobacco use by youth. Smoking is dangerous to the health of both young people and older people who have been smoking longer. The chemicals from cigarette smoke damage the human body regardless of age.

Nearly all tobacco use begins during youth and progresses during young adulthood. More than 3,200 children age 18 or younger smoke their first cigarette every day. Nearly 9 out of 10 smokers start before the age of 18 and almost all start smoking by age 26. Every adult who dies early because of smoking is replaced by two new young smokers. If smoking continues at current rates, 5.6 million—or 1 out of every 13—of today's children will ultimately die prematurely from a smoking-related illness.

HEALTH EFFECTS

Smoking by youth and young adults can cause serious and potentially deadly health issues immediately and into adulthood. Young people who smoke are in danger of:

- addiction to nicotine;
- reduced lung growth; and
- reduced lung function;
- early cardiovascular damage.

Exposure to nicotine can have lasting effects on adolescent brain development. Cigarette smoking also causes children and teens to be short of breath and to have less stamina, both of which can affect athletic performance and other physically active pursuits.

INDUSTRY MARKETING

Images that make smoking seem attractive and appealing are everywhere—in the movies and on TV, in video games, on the Internet, and in advertising at retail stores. Cigarette advertising and marketing cause youth and young adults to start smoking; nicotine addiction keeps them smoking into adulthood.

Although direct marketing to children is now prohibited, the tobacco industry is still developing, packaging, and advertising their products in ways that appeal to children. They promote new tobacco products such as:

- snus, a dry snuff in a small tea bag-like pouch that enables kids to consume tobacco products at school or in other tobacco-free environments;
- dissolvable tobacco in sticks, lozenges, and strips; and
- fruit and candy flavored smokeless and dissolvable tobacco products.

Except for menthol, cigarettes can no longer contain flavoring that appeals to children; however, tobacco companies can still include fruit and candy flavors in cigarette-sized cigars. In fact, as many high school boys now smoke cigars as smoke cigarettes. It is important to note that cigars that are small, cheap, flavored, and shaped and sized like cigarettes contain the same deadly poisons as cigarettes and are just as addictive.

ELECTRONIC CIGARETTES

Many tobacco companies now produce and sell electronic nicotine delivery systems (ENDS) such as electronic cigarettes (e-cigarettes), vape pens, and e-hookahs. These devices deliver nicotine through an aerosol that is inhaled into the lungs the same way cigarette smoke is. So far, there are no studies on the health effects of long-term use of e-cigarettes and other ENDS, or whether use of ENDS leads to cigarette smoking by youth. However, nicotine is known to be addictive, toxic to developing fetuses, and harmful to adolescent brain development, so no youth should use e-cigarettes or any other tobacco product. Although cigarettes can no longer be advertised on TV, radio, billboards, or in magazines that appeal to youth, ENDS can be advertised anywhere.

SECONDHAND SMOKE EXPOSURE

More than 400,000 babies born in the United States every year are exposed to chemicals in cigarette smoke before birth because their mothers smoke. In the last 50 years, 100,000 babies have died from smoking-related prematurity, low birth weight, sudden infant death syndrome (SIDS), or other conditions caused by exposure to chemicals in secondhand smoke during infancy or before they were born.

Today, about half of all children between ages 3 and 18 years in this country are exposed to cigarette smoke regularly, either at home or in places such as restaurants that still allow smoking. Compared to children who are not exposed, children exposed to secondhand smoke:

- have more ear infections;
- have more respiratory infections;
- have more asthma attacks; and
- miss more days of school.



PREVENTION AND CESSATION

No matter what age a person is, smoking is dangerous to health and can be hard to give up. Nicotine addiction is very powerful and happens quickly. It's easier to avoid starting to use tobacco in the first place than it is to quit later on. Encourage parents to talk to their kids about reasons to avoid tobacco use, and to protect their children from secondhand smoke exposure. A free brochure to help parents keep their children safe from the dangers of smoking is available at surgeongeneral.gov and at cdc.gov/tobacco.

THAT'S EQUAL TO
1 CHILD
 OUT OF
EVERY 13
 ALIVE IN THE U.S. TODAY

—OR—

2 OF THE 27
 CHILDREN
 IN THE AVERAGE
3RD GRADE
 CLASSROOM



RESOURCES FOR QUITTING

Most people find a combination of resources works best. Many smokers do not quit on their first attempt. Many need several tries to successfully quit. But the benefits are well worth it. Keep trying.

- Call 1-800-QUIT-NOW.
- www.smokefree.gov
- www.cdc.gov/tips



Run to the Rogue • Sept. 11-13, 2015 • Siletz to Agness, Oregon



Photo by Diane Rodriguez

Maggie McAfee, Jaylee McAfee, Margo Hudson, Angella Robertson and Tina Retasket

Photos by Diane Rodriguez
 Tony Molina hands the eagle staff off (above) to Kevin Goodell, who heads out (right) on the next mile.
 Tony Blomstrom (far right) helps several children warm up their hands.



Courtesy photos by Ann Goddard
 Makai Casey and Tacey Mason (left)
 Shawn Thomas, Melissa McCormick
 and Brittney Rettler-Thomas (right)





Courtesy photos by Debbie Williams

Above left: Kareena Case and Freedom Butler

Above: Jan Rano Henkels Van Calcar

Above right: Jan Rano Henkels Van Calcar and Diane Henkels

Right: LaVonna Butler



Courtesy photos by Ann Goddard

Left: Joanne Kittel

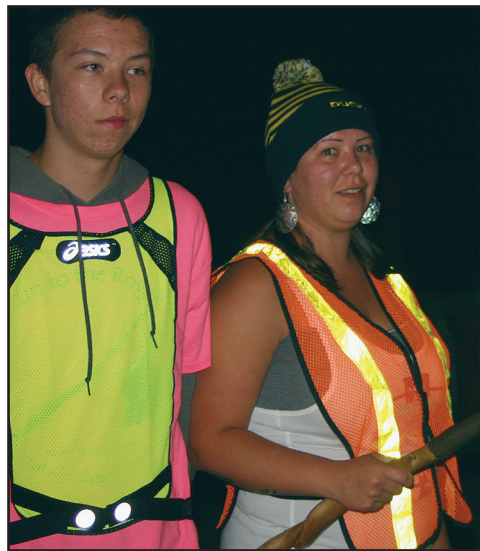
Below: Erin Grace, Judy Gerecke and Kayla McCord

Courtesy photo

Right: Josh Leckie and Alicia Keene

Courtesy photo

Below right: Junior Miss Siletz Felisha Howell and Little Miss Siletz Halli Lane-Skauge





Above: Buddy Lane



Right: Alice Keene and Sharmaine Scott



Above: Karol Bache, Nelda Goodwin, Shirley Leaton and Carolyn Leaton join Rick Leaton (seated)

Left: A youngster awaits the eagle staff



Below: Frank Fabunan and Inez Petersen
Below right: Bud Lane presents a Tribal blanket to Carren Copeland at the annual dinner in Port Orford.





Courtesy photos by Ann Goddard
 Left: Shee-Ne DePoe-Aspria
 Below: Lexi Jackson and Coral Poole
 Bottom photo: Vanessa Jackson, Coral Poole, Holly Jackson, Denise Riding In, Davin Poole and Koa Poole



Courtesy photos by Alicia Keene
 Above: Louis Keene
 Left: Andrew Eddings



Courtesy photos by Ann Goddard
 Above: Sharon Edenfield and Teresa Carpenter
 Below: Carl White and Loraine Butler



Logsdan Community Club's Harvest Auction includes kid-friendly items

LOGSDEN, Ore. – The annual Logsdan Community Club Harvest Auction will be held Oct. 3 from 6-9 p.m.

The largest fundraiser of the year for the Logsdan Community Club, this annual event continues to delight those who attend. An abundance of garden-fresh vegetables and fruit, plants, fresh baked culinary delights, home canning, unique and one-of-a-kind items, gift certificates and gift-giving items beyond imagination will be included in the auction.

Chinook Winds Casino Resort has donated gift certificates for lodging, con-

certs, golf, the gift shop and restaurants with a maximum combined value of more than \$600.

Hot dogs and other comfort food will be for sale prior to the auction. This family-friendly event promises to be a fun and entertaining evening for everyone.

Added to this year's event for youngsters will be a costume contest and auction items specifically for the younger set.

For those who wish to donate an item to the auction, please drop your items off from 3-6 p.m. on Oct. 2 or from 2-5 p.m. on Oct. 3.

Businesses that donate certificates for goods or services will be entered into a drawing for free consulting services with a value of \$1,000 from Impressions Marketing Communications. Certificates can be sent to The Logsdan Community Club, P.O. Box 67, Logsdan, OR 97357.

The Logsdan Community Club donates a portion of its profits back to the community, including the Siletz Valley Volunteer Firefighters. The Logsdan Community Center, located at the junction of the Logsdan/Siletz Highway and Moonshine Park Road, is situated on a historic site where the local school once sat.

Today's facility, built in the 1980s, is available to rent and is a wonderful location for local gatherings, including weddings, family reunions, memorials and other celebrations. The facility also houses a commercial kitchen for cottage industry entrepreneurs who market culinary items and is a designated emergency shelter.

Rental rates for events are reduced for individuals who become members of the Logsdan Community Club. The cost to join is \$25.

For more information, contact Teresa Simmons at 541-992-2709.

When you call the Siletz Community Health Clinic at 541-444-1030 or 800-648-0449, you can choose from the following:

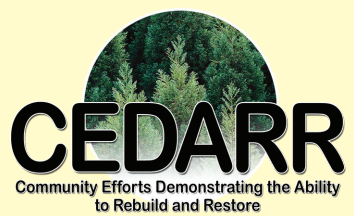
- Schedule or confirm a dental appointment, press 1
- Schedule or confirm an optometry appointment, press 2
- Schedule or confirm a medical appointment, press 3
- Pharmacy refill line, press 4
- Pharmacy staff, press 5
- Contract Health Services, press 6
- Behavioral Health, press 7
- Address, phone and fax, press 8
- Listen to options again, press 9
- All other options, dial 0

Siletz Tribal Youth Conference
Nov. 7-8, 2015 • B'nai B'rith Camp near Lincoln City, Ore.
 This conference is for students who are in grades 7-12.
 Transportation is provided from all Tribal offices.
 Applications have been sent to Siletz Tribal members.
 If you are interested in attending, contact your local Tribal office for more information.

CEDARR
Community Efforts Demonstrating the Ability to Rebuild and Restore

Mission Statement
We will utilize resources to prevent the use of alcohol and other drugs, delinquency and violence; we will seek to reduce the barriers to treatment and support those who choose abstinence.

Oct. 8 • Noon
Siletz Community Health Clinic
 200 Gwee-Shut Road, Siletz



Siletz Tribal Behavioral Health Programs
Prevention, Outpatient Treatment, and Women's and Men's Transitional

541-444-8286 Siletz: 800-600-5599 or Portland: 503-238-1512
 Eugene: 541-484-4234
 Salem: 503-390-9494

Narcotics Anonymous Toll-Free Help Line – 877-233-4287 **For information on Alcoholics Anonymous: aa-oregon.org**

My 1st Annual Run 2 the Rogue
 By Krystal Linn Nelson

Life is a journey
 Hope is a quest
 Faith is a mission
 That puts us to a test
 One that tests our weakness
 As well as testing our strengths
 And as you succeed
 You'll raise through the ranks
 And those who raise above
 Should help those left below
 And such a shame it is
 That that's rarely how it goes
 That is why we walk and run
 For the people of the past
 And because our prosperity is a process
 It will not happen fast
 We'll take it step by step
 And do the little things
 And by the time we achieve our goals
 Our prosperity will ring
 We give memory to our ancestors
 This weekend in September
 To appreciate the love they gave
 And to ensure we always remember
 And as we walk to the end from the start
 We walk and run the entire way with loving humble hearts

Confederated Tribes of Siletz Indians
38th Annual Restoration Pow-Wow

On Saturday, Nov. 14, 2015

The Confederated Tribes of Siletz Indians of Oregon Invites you to celebrate with us at our 38th Annual Restoration Pow-Wow
 To Be Held At:



Chinook Winds CASINO RESORT
 1777 NW 44th Street, Lincoln City, Oregon.

Grand Entry: 6 pm
 Whip Man: Tony Whitehead
 Whip Woman: Shirley Walker
 MC: Nick Sixkiller

All Drums And Dancers Welcome
 Information: Buddy Lane: 1-800-922-1399 ext. 1230 or 541-444-8230
 Nick Sixkiller: 541-484-4234

This is a family event; drugs and alcohol will not be tolerated.
 The Confederated Tribes of Siletz Indians and Chinook Winds Casino Resort are not responsible for injuries and lost or stolen items

Administration launches free Every Kid in a Park pass for fourth-graders

WASHINGTON – As part of President Obama’s commitment to protect our nation’s unique outdoor spaces and ensure that every American has the opportunity to visit and enjoy them, the Obama administration on Sept. 1 formally launched the new Every Kid in a Park program.

Fourth-graders nationwide now can visit the new Every Kid in a Park website to obtain a pass that provides free access to students and their families to all federally managed lands and waters – including national parks, forests, wildlife refuges and marine sanctuaries.

The pass is valid for the 2015-2016 school year and grants free entry for fourth-graders and three accompanying adults (or an entire car for drive-in parks) at more than 2,000 federally managed sites.

“Every Kid in a Park is a chance for fourth-graders from every background to be outside and get to know the lands and waters that belong to them, whether it’s a national forest, a wildlife refuge, a marine sanctuary or a historic site in the center of a city,” said Christy Goldfuss, managing director at the White House Council on Environmental Quality. “By expanding their horizons and learning all the ways the outdoors can enrich their lives, this innovative program hopes to create greater awareness of the many benefits of our nation’s public lands and waters.”

Leading up to the 100th birthday of the National Park Service in 2016, President Obama announced the Every Kid in a Park initiative earlier this year as a call to action to get all children to experience America’s unparalleled outdoors, rich history and culture.

Today, more than 80 percent of American families live in urban areas and many lack easy access to safe outdoor spaces. At the same time, youth spend more hours than ever in front of screens instead of outside.

By introducing fourth-graders to public lands in their backyards and beyond at an early age, Every Kid in a Park is part of a multi-pronged approach to inspire the next generation to discover all that our nation’s public lands and waters have to offer, including opportunities to be active, spend time with friends and family, and serve as living classrooms to build critical skills.

“America is blessed with the great outdoors and through Every Kid in a Park, we’re inviting every fourth grader and their families to enjoy our nation’s unrivaled public lands and waters,” said U.S. Secretary of the Interior Sally Jewell. “We want to make sure that every American has the opportunity to develop a lifelong connection to our nation’s land, water and wildlife.”

Fourth-graders can log onto everykidinapark.gov and complete a fun educational activity in order to obtain and print

their paper pass. Students also can trade in their paper pass for a more durable pass at participating federal sites nationwide.

Educators and community leaders can access educational activities, field trip options and the ability to print passes for their classrooms. Parents visiting the new website can find additional links for more information on planning trips to nearby public lands.

As an integral component of this effort, the National Park Foundation – the congressionally chartered foundation of the National Park Service – will award Every Kid in a Park transportation grants, focusing on removing barriers for youth from underserved communities to get to their parks, public lands and waters. For more information, visit nationalparks.org.

The Every Kid in a Park program is designed to continue each year with the then-current group of fourth-graders. After 12 years, every school-age child in America will have had an opportunity to visit their public lands and waters for free, inspiring the next generation to be stewards of our nation’s shared natural and cultural heritage.

To further support getting youth outdoors, the president’s 2016 budget includes a total increased investment of \$45 million for youth engagement programs throughout the Department of

the Interior, with \$20 million specifically provided to the National Park Service for youth activities, including bringing one million fourth-grade children from low-income areas to national parks.

This increase also will fund dedicated youth coordinators to help enrich children and family learning experiences at parks and online.

The Every Kid in a Park program is an administration-wide effort administered in partnership with the Department of the Interior, the Department of Agriculture, the Department of Education, U.S. Army Corps of Engineers and the National Oceanic and Atmospheric Administration.

The program is part of an overall strategy by the Obama administration to engage young people of all ages and backgrounds with the great outdoors. This includes the 21st Century Conservation Service Corps, a national effort to put thousands of young people and veterans to work protecting, restoring and enhancing America’s public lands and waters.

In addition, First Lady Michelle Obama’s Let’s Move! Outside initiative is committed to getting millions of young people to play, learn, serve and work in America’s great outdoors.

For more information, visit everykidinapark.gov, and follow the program on Twitter #everykidinapark, and on Facebook, Instagram and Youtube.

CTSI Jobs

Tribal employment information is available at ctsi.nsn.us.

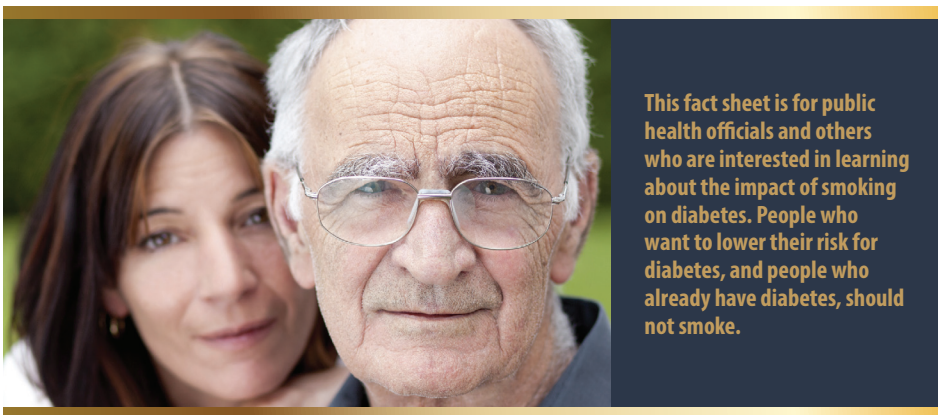
Note: “Open Until Filled” vacancies may close at any time. The Tribe’s Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color,

national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

CTSI constantly is looking for tempo-

rary employees to cover vacancy, vacations, maternity leave and extended sick leave. If you are looking for temporary work that can last from 2-12 weeks, please submit an application for the temp pool.

SMOKING AND DIABETES



This fact sheet is for public health officials and others who are interested in learning about the impact of smoking on diabetes. People who want to lower their risk for diabetes, and people who already have diabetes, should not smoke.

WHAT YOU NEED TO KNOW ABOUT SMOKING AND DIABETES

The 2014 Surgeon General’s Report has found that smoking is a cause of type 2 diabetes, which is also known as adult-onset diabetes. Smokers have a greater risk of developing type 2 diabetes than do nonsmokers. The risk of developing diabetes increases with the number of cigarettes smoked per day.

Diabetes is a disease that causes blood sugar levels in the body to be too high and puts the body at risk for many serious health conditions. More than 25 million adults suffer from diabetes in the United States, where the disease is the seventh leading cause of death. It is also a growing health crisis around the world.

HOW SMOKING CAUSES TYPE 2 DIABETES

Smoking increases inflammation in the body. Inflammation occurs when chemicals in cigarette smoke injure cells, causing swelling and interfering with proper cell function. Smoking also causes oxidative stress, a condition that occurs as chemicals from cigarette smoke combine with oxygen in the body. This causes damage to cells. Evidence strongly suggests that both inflammation and oxidative stress may be related to an increased risk of diabetes.

The evidence also shows that smoking is associated with a higher risk of abdominal obesity, or belly fat. Abdominal obesity is a known risk factor for diabetes because it encourages the production of cortisol, a hormone that increases blood sugar. Smokers tend to have higher concentrations of cortisol than nonsmokers.

WHAT SMOKING MEANS TO PEOPLE WITH DIABETES

Studies have confirmed that when people with type 2 diabetes are exposed to high levels of nicotine, insulin (the hormone that lowers blood sugar levels) is less effective. People with diabetes who smoke need larger doses of insulin to control their blood sugar.

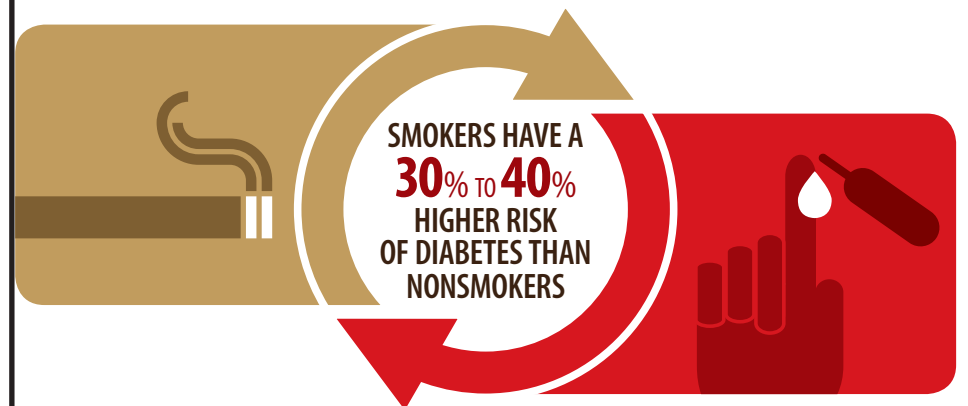
Smokers who have diabetes are more likely to have serious health problems, including:

- heart and kidney disease;
- poor blood flow in the legs and feet that can lead to foot infections, ulcers, and possible amputation of toes or feet;
- retinopathy (an eye disease that can cause blindness); and
- peripheral neuropathy (damaged nerves to the arms and legs that cause numbness, pain, weakness, and poor coordination).



Even though we don’t know exactly which smokers will develop type 2 diabetes, we do know that all diabetic smokers should quit smoking or using any type of tobacco product immediately. The health benefits of quitting begin right away. People with diabetes who quit have better control of their blood sugar. Studies have shown that insulin can start to become more effective at lowering blood sugar levels eight weeks after a smoker quits.

People who want to quit smoking can get help from their doctors. Free help is also available at 1-800-QUIT-NOW and at smokefree.gov and cdc.gov/tips.



Most people find a combination of resources works best. Many smokers do not quit on their first attempt. Many need several tries to successfully quit. But the benefits are well worth it. Keep trying.

RESOURCES FOR QUITTING

- Call 1-800-QUIT-NOW.
- www.smokefree.gov
- www.cdc.gov/tips



Teacher Jayne Albrecht Scholarship

The mother of Teacher Jayne is sponsoring a scholarship in the name of her daughter. Jayne was a Head Start teacher for a number of years in Salem and was loved by students, parents and her co-workers.

This \$1,000 scholarship will be awarded at the Restoration Pow-Wow in Lincoln City, Ore., on Nov. 14, 2015.

To apply, students must complete a scholarship application and a short essay with an educational theme.

Applications will be mailed to current students in higher education. The deadline to apply is Oct. 16.

Please call Bev Youngman at 541-444-8290 or 800-922-1399, ext. 1290, for more information.

Graduate Students

In the 2015-16 academic year, 10 graduate students will be funded at \$1,000 each to help with expenses. If you are in graduate school or plan to attend this coming year:

- Fill out and send in the regular Tribal higher education application.
- Send proof of the American Indian Graduation Center application.
- Include a one-page paper on your graduate degree program and your plans after completion.

Applications are due Nov. 20, 2015. Awards will be made during winter term or another term for 2016 at the student's request.

Send applications to Education Department, CTSI, P.O. Box 549, Siletz, OR 97380-0549.

If you have questions, please call 541-444-8290 or 800-922-1399, ext. 1290.

Scholarships

Gates Millennium Scholars Deadline: Jan. 13, 2016

The Gates Millennium Scholars (GMS) Program, funded by a grant from the Bill & Melinda Gates Foundation, was established in 1999 to provide outstanding American Indian/Alaska Native, African American, Asian Pacific Islander American and Hispanic American students with an opportunity to complete an undergraduate college education in any discipline area of interest.

Gates Millennium Scholars are provided with personal and professional development through leadership programs, along with academic support throughout their college career.

Applications can be found at gmsp.org.

Important information for the college-bound Tribal senior

October

- Check deadlines for Early Action or Early Decision (college entrance).
- Check your school counseling office or ASPIRE center for scholarship information.
- Check deadlines for CSS/Financial Aid Profile for U.S. private schools.
- Continue or start working on college applications.
- Ask for letters of recommendation from teachers, coaches and personal references and provide them with a résumé.
- Visit colleges.
- Take SAT tests.
- Complete essays.

November

- Take SAT tests.
- Set up scholarship search profiles on websites.
- Check your school counseling office or ASPIRE center for scholarship information.
- Proofread and have someone else proofread all documents completed up to this point (scholarship essays, résumé, etc.).

December

- If you haven't already done so, take this last SAT test for seniors.
- Get FAFSA forms, available for federal and state financial aid.
- Apply for FAFSA pin number – student/parents must apply separately.
- Mail or submit all revised, complete college applications before the holiday break.
- Start scholarship essays.
- Start OSAC (Oregon Student Assistance Commission).

January

- FAFSA forms can be submitted Jan. 1! Do not delay – do this ASAP.
- Complete scholarships that are due.
- Check for Student Aid Report (SAR) on the FAFSA website several days after filing out the FAFSA).
- Request that mid-year transcripts be sent to colleges to which you have applied.
- Request transcripts needed for OSAC scholarship application.
- Send thank you notes to people who have helped you.
- Students who plan to apply for Tribal assistance for college must apply for FAFSA no later than Jan. 31 at fafsa.ed.gov.

February

- First semester grades and mid-year reports are sent to some colleges.
- Check your school counseling office or ASPIRE center for scholarship information.
- Complete scholarships.
- Check with colleges applied to for verification they have received all necessary documents. Continue to monitor status of submitted applications.
- Check to see if your mid-year transcripts have been sent to the schools to which you have applied.
- Wrap up any scholarship application, essays and activities chart (for OSAC). Early bird deadline is in February for OSAC.

March

- Check for three Tribal scholarships at ctsi.nsn.us.
- Complete scholarships.
- Start working on Tribal higher education or adult vocational training grant

application. This can be found on the Tribe's website and is due June 30.

- Review the Student Aid Report (SAR).
- You should start receiving admission responses.

April

- Send thank you notes to people who have helped you.
- Make final decision about which college or university you will attend.
- If you decide to decline enrollment to a college or university to which you have been accepted, send notice indicating this to the college's admissions office.

May

- This is the deadline for final decisions for universities.
- Send letter of intent to registrar.
- Line up a summer job.
- Attend your Senior Awards Night.
- Review any award letters and be sure you understand the terms and conditions that accompany each type of aid.
- If necessary, arrange for housing and a meal plan (at school).
- Send thank you notes to any person/committee from which you received a scholarship.

June

- Tribal higher education and adult vocational training applications are due June 30!
- Attend graduation – congratulations!
- Make arrangements for your final grades to be sent to colleges and universities.
- Good luck!

Other Opportunities

U.S. Senate Youth Program Deadline: Oct. 23, 2015

The Oregon Department of Education invites all high school juniors and seniors to apply for the 2015-2016 U.S. Senate Youth Program.

Two student leaders from Oregon will spend a week in Washington, D.C., to experience their national government in action. Student delegates will hear major policy addresses by senators, Cabinet members, officials from the Departments of State and Defense, and directors of other federal agencies, as well as participate in a meeting with a justice of the U.S. Supreme Court.

All transportation, hotel and meal expenses will be provided by the Hearst Foundations. Each delegate also will receive a \$5,000 college scholarship for undergraduate studies, with encouragement to pursue coursework in history and political science.

For more information, please visit ode.state.or.us/search/page/?id=1496.

U.S. Forest Service Native American Research Assistantship Deadline: Oct. 26, 2015

The U.S. Forest Service (USFS), through partnership with The Wildlife Society, is sponsoring a research assistantship program for American Indian students.

This is the second year of the program, which will facilitate mentoring opportunities for USFS research and development scientists with the students and promote student advancement and training for careers in natural resource and conservation-related fields.

The USFS uses an ecological science-based approach to make informed decisions on the multiple-use management of the national forests and grasslands.

A short-term assistantship is available for American Indian students interested in wildlife and forest resources and excited to learn and work with an interdisciplinary team of researchers.

Native American Political Leadership Program Summer 2016 Semester: Priority Deadline – Feb. 15, 2016 Final Deadline – March 1, 2016

The Native American Political Leadership Program (NAPLP) is a full scholarship for American Indian, Alaska Native, and Native Hawaiian students who want to take part in Semester in Washington Politics.

It is open to undergraduate and graduate students, including those who have completed their undergraduate degree but have not yet enrolled in a graduate program.

NAPLP is made possible by a generous grant from the AT&T Foundation.

NAPLP scholarships are awarded to students based on academic ability, leadership potential and an interest in politics. Students from all Tribes and from every part of the U.S. are welcome to apply.

There is no application fee for those applying for the NAPLP scholarship.

Remember: FAFSA (Free Application for Federal Student Aid) applications will be due by Jan. 31, 2016. Visit fafsa.ed.gov for more information.

Tribal Council Timesheets for August 2015

Lillie Butler – 8/1/15-8/31/15

TC	Ind	Gmg	STBC	Tvl	
.25	.25			8/1	General Council
8.5	8.5			8/3-6	Packets
.25	.25			8/8	Education
10	10	5		8/10-14	Packets
2.75	2.75			8/17	Mtgs w/ Lincoln Co. and Lincoln City, packets
7.25	7.25			2 8/18-20	Oregon Tribes, packets
4	4			8/21	Regular TC
3.5	3.5			8/24	Enrollment wkshp, packets
1.75	1.75	3		8/25	Mtg w/U.S. Attorney, packets
6.75	6.75			6 8/26-27	Coastal Economic Caucus
2	2			8/31	Packets

Lorraine Y. Butler – 8/1/15-8/31/15

TC	Ind	Gmg	STBC	Tvl	
1	1			8/3	Packets
6.5	6.5			8/7-9	Pow-wow activities
1.75	1.75		2	8/10-11	CPT, sign checks, STBC packets
3.75	3.75	1.5		8/12-16	Packets
1.75	1.75		1.5	8/17	Mtgs w/ Lincoln Co and Lincoln City, STBC packet
3.25	3.25			2 8/18	Oregon Tribes
		4	2	2 8/20	Special TC – gaming, STBC mtg
4	4			8/21	Regular TC
2.25	2.25			8/24	Enrollment wkshp
6	6			6 8/26-27	Coastal Economic Caucus
				2 8/29	Concert

Reggie Butler Sr. – 8/1/15-8/31/15

TC	Ind	Gmg	STBC	Tvl	
.25	.25			8/1	General Council
8.5	8.5			8/3-7	Packets, sign checks
11	11			8/10-14	Packets
3.25	3.25			8/17	Mtgs w/Lincoln Co. and Lincoln City, packets
8.25	8.25			2 8/18-20	Oregon Tribes, sign checks, packets
4.75	4.75			8/21	Regular TC
3.5	3.5			8/24	Enrollment wkshp, packets
2.75	2.75			8/25	Mtg w/U.S. Attorney, packets
6.75	6.75			6 8/26-27	Coastal Economic Caucus

Sharon Edenfield – 8/1/15-8/31/15

TC	Ind	Gmg	STBC	Tvl	
.25	.25			8/1	General Council
1.25	1.25			8/8-9	Pow-wow
1.75	1.75			8/17	Mtgs w/ Lincoln Co. and Lincoln City
4.5	4.5			8/18-19	STRCP, packets, minutes
1.25	1.25	4.5		2 8/20	Special TC – gaming, Siletz leadership dinner
4	4.25			8/21	Regular TC
2.25	2.25			8/24	Enrollment wkshp
1.25	1.25			2 8/25	Mtg w/ U.S. Attorney

Tribal Council Email Addresses

• Tribal Chairman: Delores Pigsley	dpigsley@msn.com
• Vice Chairman: Alfred "Bud" Lane III	budl@ctsi.nsn.us
• Treasurer: Robert Kentta	rkentta@ctsi.nsn.us
• Secretary: Sharon Edenfield	sharone@ctsi.nsn.us
• Lillie Butler	lebutler2@hotmail.com
• Lorraine Butler	loraineb@ctsi.nsn.us
• Reggie Butler Sr.	lebutler2@hotmail.com
• Dave Hatch	daveh@ctsi.nsn.us
• Gloria Ingle	jessiemarie1944@yahoo.com

David Hatch – 8/1/15-8/31/15

TC	Ind	Gmg	STBC	Tvl	
.25	.25			3 8/1	General Council
1	1			3 8/6	STAHS-OCF reception
2.5	2.5			4 8/7-9	Pow-wow activities
7	7			2 8/11-13	ATNI
2.5	2.5			3 8/17	Mtgs w/Lincoln Co. and Lincoln City, STAHS
3	3			3 8/18	Oregon Tribes
1.5	1.5			3 8/19	Climate teleconference, packets
1	1	5	2	2 8/20	Special TC – gaming, STBC mtg, Siletz leadership dinner
3	3			1 8/21	Regular TC
2	2			5 8/24	Enrollment wkshp
1.5	1.5			4 8/25	Mtg w/U.S. Attorney
8	8			6 8/26-27	Coastal Economic Caucus
2	2			8/31	Packets, mail

Gloria Ingle – 8/1/15-8/31/15

TC	Ind	Gmg	STBC	Tvl	
.25	.25			.75 8/1	General Council
2	2			.75 8/3-4	Health Comm, interviews
7	7			3 8/6-9	Pageant, pow-wow activities
1.75	1.75			.75 8/17	Mtgs w/Lincoln Co. and Lincoln City
3.25	3.25			1 8/18	Oregon Tribes
		4.5		1 8/20	Special TC – gaming
4	4			.75 8/21	Regular TC
2.25	2.25			.75 8/24	Enrollment wkshp
1.25	1.25			.75 8/25	Mtg w/U.S. Attorney
6	6			6 8/26-27	Coastal Economic Caucus
1	1			.75 8/28	Interviews

Alfred Lane III – 8/1/15-8/31/15

TC	Ind	Gmg	STBC	Tvl	
.25	.25			8/1	General Council
1.5	1.5			2 8/3	Audit & Investment Comm
2	2			8/17	Mtgs w/Lincoln Co. and Lincoln City
3.25	3.25			2 8/18	Oregon Tribes
		4.5		2 8/20	Special TC – gaming
4	4.25			8/21	Regular TC
1	1			2 8/25	Mtg w/U.S. Attorney

Delores Pigsley – 8/1/15-8/31/15

TC	Ind	Gmg	STBC	Tvl	
1.5	1.5	.25		3 8/1-2	General Council, mail, agenda items
3.75	3.75			2.5 8/3-5	Audit & Investment Comm, mail
1.25	1.25	.25		3 8/6	Pageant, sign STBC checks, mail
4	4			5.5 8/7-9	Pow-wow
7.25	7.25	.5	.5	2.5 8/10-16	Mail, agenda items/prep, sign STGC/CW checks, prep for council
3	3			3 8/17	Mtgs w/Lincoln Co. and Lincoln City, mail
3.5	3.5	.25		1.5 8/18	Oregon Tribes, mail
3.75	3.75			8/19	Oregon Legis. Comm on Indian Svcs, mail, prep for council
		4.5	2	1.25 8/20	Special TC – gaming, STBC mtg
4	4			3 8/21	Regular TC, mail
2	2			8/22-23	Mail, agenda items, prep for mtg, news articles
3	3			4 8/24	Enrollment wkshp, mail
2.5	2.5			2 8/25	Mtg w/U.S. Attorney, UO dinner mtg, mail
5	5	.5		3.75 8/26-27	Coastal Economic Caucus, mail, sign STGC checks
4.25	4.25	1		8/28-31	Mail, agenda items

Chinook Winds

CASINO RESORT



Great Pumpkin Match

Win your share of over **\$75,000 in cash & free slot play** or a **new Chevy Silverado!**

Drawings **Thursdays & Sundays** at 6pm **October 8 – November 15**

Collect free entries every week with your **Winners Circle** card, and collect even more when you play in the Casino or stay in the Hotel!

Drawings for a share of \$7000 in cash and free slot play on **Thursdays and Sundays** at 6pm!

Finale Drawing for a new **CHEVY SILVERADO**, cash and free slot play **Sunday, November 15** at 6pm.



WINNERS CIRCLE POWER



BLACK & BOO BALL

A costume party for grown-ups!

Saturday • October 31
9pm-1:30am
Free Admission
CASH PRIZES for best costumes!

No Masks, no full face paint, no prop or real weapons.



\$25,000* Pigskin Challenge

September 8, 2015 through January 3, 2016

Pick the winning Pro Football teams every week all season long!

Weekly Prizes & \$5000 1st place prize for best season standing!

Log in to your account at the promotional kiosk to submit your picks each week. Complete rules available at Winners Circle.



CWCR
ALL SEASON PROMOTION
9/8/2015 - 1/3/2016

"You've got your hair combed back and your sunglasses on, baby..."

Toys of Summer

Now through **October 4**



Collect entries when you play **Keno** through **October 4** and you could win your choice of a new pair of **2015 ATVs** or **\$10,000 CASH!**

Eight winners in all will share \$19,000 in CASH or PRIZES!
Drawing Sunday, October 4 at 8pm.

Rules available at Winners Circle.

COMEDY On the Coast



Featuring **Rick D'Elia**

Headliner **Quinn Dahl**

Hosted by **Heath Harmison**

October 23 & 24, 8pm - \$15

For tickets, call 1-888-MAIN-ACT (1-888-624-6228) or purchase online at chinookwindscasino.com

BINGO HALLOWEEN COSTUME CONTEST

October 31 during our Evening Session

1st Place \$300 • 2nd Place 200
3rd Place 100

Indian Star, CW Progressive and Bonanza will each pay \$500 during the session!

Must be playing bingo to participate. Complete rules available at the Bingo Hall. No Masks, no full face paint, no prop or real weapons.

Twilight THURSDAYS

October 15, 2015

Win a share of 2500 \$and Dollars



Member tier players must redeem 100 points to participate.

MVP, Premier and Elite tier players require no point redemption.

Sign-ups begin at 7pm in the Bingo Hall. Tournament round from 8pm to 11pm. Double points until 12am. First come, first play. 150 player maximum.

Rules available at Winners Circle.



chinookwindscasino.com • 1-888-CHINOOK • Lincoln City



Chinook Winds Casino Resort

Entertainment

Oct. 2-3: George Thorogood & Los Lobos
8 p.m., \$40-\$55
Oct. 23-24: Comedy on the Coast
8 p.m., \$15
Nov. 20-21: Vicki Lawrence
8 p.m., \$10-\$25
Dec. 11-12: The Oak Ridge Boys
Christmas Show
8 p.m., \$20-\$35
Dec. 18-19: Comedy on the Coast
8 p.m., \$15

Rogue River Lounge

Fri & Sat: Ultrasonic DJ, cover
10:30 p.m. to 1:30 a.m.

Chinook's Seafood Grill

Weds: Kit Taylor (pianist) – 5 - 9 p.m.
Oct. 2-3: The Melody Butchers (rock)
Nov. 20-21: Crooked (reggae, hip-hop)
Dec. 11-12: Rock & Roll Cowboys (country)
9 p.m. - 1 a.m., no cover

Special Events

Sun: 100% Payout Blackjack Tourney
Sparkling Sunday Brunch at Siletz
Bay Buffet
Mon: Martini Mondays at Chinook's
Seafood Grill
Tue: Boomers Club
Fisherman's Catch at Chinook's
Seafood Grill
\$2 Tuesdays at Aces Sports Bar
& Grill
Wed: Wine Wednesdays at Chinook's
Seafood Grill
First Tuesday: Boomer Sunrise Slots
First Tuesday: Boomer Nooner Slots
Third Thursday: Twilight Slots
Last Monday: Mayhem Mondays Slots
Oct. 6: Senior Fair
Oct. 7-17: Western BCA Pool Tournament
Nov. 14: Siletz Tribal Restoration Pow-Wow
Nov. 20-21: Rez Kitchen Tour
Nov. 27: Civil War Parties

Tickets go on sale 90 days
in advance.

Concerts in the showroom are
for ages 16 and older. Comedy
on the Coast in the convention
center is for ages 21 and older.

For more information or to obtain
tickets for all concerts, call
the Chinook Winds box office
at 888-CHINOOK (888-244-6665)
or 541-996-5825; or call
888-MAIN-ACT (624-6228).

All events, concerts and promotions are subject to
change at the discretion of Chinook Winds Casino Resort.

Follow us on Twitter, find us on Facebook or visit our website at
chinookwindscasino.com.

Get More Information

- Chinook Winds Casino Resort – chinookwindscasino.com
- Chamber of Commerce – lcchamber.com
- Visitor & Convention Bureau – oregoncoast.org
- * Lincoln City Cultural Center – lincolncity-culturalcenter.org



Would you like to be a part of the Chinook Winds team?

Find out why "Employment is Better at the Beach" at:

www.chinookwindscasino.com

Job Line: 541-994-8097 Toll Free: 1-888-CHINOOK ext 8097

Human Resources Office: 541-996-5800 Monday-Friday 8am-4:30pm

Be Passionate Embrace Change Accountability Customer Service Happiness

Calling all Tribal member business owners

If you would like to be on the
preferred Tribal members business list
with Chinook Winds, please fax, mail,
email or drop off your business card,
brochures, or business information to:

Chinook Winds Casino Resort
Attn: Purchasing Dept.
1777 NW 44th St.
Lincoln City, OR 97367
Phone: 541-996-5853
Fax: 541-996-3847
erica@cwresort.com

Chinook Winds Casino Resort in Lincoln City, Ore., offers 24-hour Las Vegas-
style gaming, an 18-hole golf course, headline entertainment from some of music's
most legendary stars, three full-service restaurants, a secure child care facility and
arcade, and a 243-room ocean-view hotel.

For more information, visit chinookwindscasino.com, or call 888-CHINOOK
(244-6665) or 541-996-5825.

**Human Resources is looking for
Tribal member EVENT TEMPS**
who are eager to start as soon as possible!

If you are looking for a position that outlines, helping departments when
needed, ushering guests in our showroom or even
door greeting at MMA fights, **Event Temp** is your position.

To apply, stop by our HR office anytime Monday-Friday from 8 a.m.-4:30 p.m.
Visit our website at chinookwindscasino.com/careers to download our employment
application. Or you can stop by the HR office at the Siletz admin building to complete
and fax your application to us.

If you have any questions regarding this flier, please contact
Mariah Garza at 541-996-5800.

Tribal members can enjoy free golf, discounts

Siletz Tribal members can play golf at Chinook Winds Golf Resort at no
charge. Golf cart fees are \$10 per seat for 9 holes and \$15 per seat for 18 holes.

Tribal members also receive a 50 percent discount on lessons from golf
pro Larry Dealy and a 20 percent discount on merchandise (certain restrictions apply).

Please call Chinook Winds Golf Resort at 541-994-8442 for tee times or to
schedule a golf lesson.

PREPARE

FOR EMERGENCIES IN TRIBAL NATIONS

**Preparing Makes Sense
Get Ready Now**

In the past, flooding, wildfires, volcanic eruptions, earthquakes, and severe
winter weather have threatened the Northwest Coastal and Plateau areas.
Now consider the possibility of home fires and even terrorist attacks. Are you
prepared to make it on your own for a few days in the event of an emergency?

1. Make a plan for what you will do in an emergency.
2. Get a kit of emergency supplies.
3. Be informed about what might happen.

Recommended Supplies for a Basic Kit:

- Water, one gallon per person per day, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food like dried fruit, meat, or fish, protein bars, and canned goods
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- Local maps
- First Aid kit
- Whistle to signal for help
- Dust mask or cotton t-shirt to help filter the air
- Wrench or pliers to turn off utilities
- Can opener for food (if kit contains canned food)
- Plastic sheeting and duct tape to shelter in place
- Moist towelettes, garbage bags, and plastic ties for personal sanitation

Learn more at ready.gov or 1-800-BE-READY

Washburn calls for Hope for Life Day during National Suicide Prevention Awareness Month to raise awareness throughout Indian Country

WASHINGTON – As part of President Obama’s Generation Indigenous (Gen-I) and Tiwahe initiatives, Assistant Secretary-Indian Affairs Kevin K. Washburn recently announced that he is calling for Sept. 10 to be known as Hope for Life Day to raise awareness in Indian Country about suicide prevention during National Suicide Prevention Awareness Month.

Suicide strikes Native youth especially hard. The suicide rate among American Indians age 15-34 is more than two times higher than the national average.

“Suicide wounds every person, family and community it touches,” Washburn said. “Native communities suffer from a suicide rate that is more than twice the national average. There is no greater tragedy in Indian Country. Our president has heard about the effects of suicide on Native communities and has directed his administration to work harder to address it. There are no easy cures and it will require a broad commitment to address it. Hope for Life Day will bring greater awareness of this issue in Indian Country and provide information about suicide prevention to help save lives.”

In August, the National Action Alliance for Suicide Prevention’s American Indian and Alaska Native Task Force announced the first National American Indian and Alaska Native (AI/AN) Suicide Prevention Hope for Life Day.

Going forward, Hope for Life Day will be held annually on Sept. 10 in conjunction with World Suicide Prevention Day.

President Obama’s Gen-I initiative focuses on removing the barriers that stand between Native youth and their opportunity to succeed, using a comprehensive, culturally appropriate approach to help improve the lives and opportunities for Native youth.

The Tiwahe Initiative, launched in FY 2015, addresses family welfare and poverty issues; invests in education, economic development and sustainable stewardship of natural resources; and advances a strategy to reduce incarceration in Indian Country.

The Hope for Life Day is part of the Action Alliance’s AI/AN Task Force’s efforts to change the conversation about suicide and promote hope, life, cultural resiliency and community transformation.

It is an effort specifically designed for Tribal communities to raise awareness about suicide and seek ways to address it, particularly among the teens and adults who are at a high level of risk for taking their own lives.

According to the Centers for Disease Control and Prevention’s National Center for Injury Prevention and Control:

- Suicide is the second leading cause of death for American Indians and Alaska Natives age 15-34.

- The suicide rate among American Indian and Alaska Native adolescents and young adults age 15-34 is 2.5 times higher than the national average for that age group.

The task force has developed the Hope for Life Day toolkit to assist health professionals and grassroots organizers working in American Indian and Alaska Native communities.

The AI/AN Task Force is a public partnership formed to advance the National Strategy for Suicide Prevention as it pertains to AI/AN communities. The assistant secretary is joined in co-leading the task force by Indian Health Service Principal Deputy Director Robert G. McSwain.

The National Action Alliance for Suicide Prevention is the public-private partnership working to advance the National Strategy for Suicide Prevention and make suicide prevention a national priority.

The Substance Abuse and Mental Health Services Administration, through the Education Development Center, Inc., operates the Secretariat for the Action Alliance, which was launched in 2010 by former U.S. Health and Human Services

Secretary Kathleen Sebelius and former U.S. Defense Secretary Robert Gates with the goal of saving 20,000 lives in five years.

The Assistant Secretary-Indian Affairs oversees the Bureau of Indian Affairs, which directly administers or funds Tribally based infrastructure, economic development, law enforcement and justice, social services (including child welfare), Tribal governance, and trust land and natural and energy resources management programs for the nation’s federally recognized American Indian and Alaska Native Tribes.

The assistant secretary also oversees the Bureau of Indian Education (BIE), which operates the federal 183-school system for American Indian and Alaska Native elementary and secondary students from federally recognized Tribes.

BIE also provides post-secondary education opportunities through higher education scholarships and operational support funding to more than 20 Tribal colleges and universities, two Tribal technical colleges, Haskell Indian Nations University in Lawrence, Kan., and the Southwest Indian Polytechnic Institute in Albuquerque, N.M.

10th Annual Northwest Indian Storytelling Festival

Presented by Northwest Indian Storytellers Association and Wisdom of the Elders, Inc.
 Friday October 16th, 7:00 - 9:30 PCC Cascade, Moriarty Auditorium
 Saturday October 17th, 7:00 - 9:30 Portland Art Museum, Mark Building



For more information and details visit <http://wisdomoftheelders.org/nisa>
 Email nisa@wisdomoftheelders.org or call D’Ana Soto (503) 775-4014

Free resource available for Oregonians who have problems with their insurance

Many people don’t realize there is a state resource that can help when they are faced with a denied claim, a confusing policy or uncertainty about coverage choices.

The Oregon Insurance Division has recently launched an awareness campaign to make sure Oregonians know they have a team of experienced consumer advocates available to help with problems related to health, auto, life or other types of insurance.

Advocates help explain complex policies, resolve miscommunications with insurance companies and in cases where there has been a mistake, work toward a resolution. Last year, advocates helped clients reclaim more than \$1 million in unpaid benefits.

The Insurance Division also can assist on the front end, when you’re buying insurance, to help you avoid common mistakes.

These services can be a big help to you, your friends and families, so visit online at insurance.oregon.gov or call an advocate at 888-877-4894 if you have any questions.

The service is free, confidential, and available Monday through Friday from 9 a.m. to 5 p.m.

**INSURANCE PROBLEMS?
 WE CAN HELP.**

Call 888-877-4894 or visit Insurance.Oregon.gov



Siletz News Letters Policy

Siletz News, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in *Siletz News* and other tribal issues.

All letters must include the author’s signature, address, and phone number in order to be considered for publication. *Siletz News* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks, or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Siletz News*, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The general manager of the Siletz Tribe is the editor-in-chief of *Siletz News*.

Editor-in-Chief: Brenda Bremner

Editor: Diane Rodriguez



Happy Birthday – Deep down we all feel your pain from the losses of your daughters. Your passion for family is inspirational. I love you, Mom. Happy Birthday!
Henry Cole



Jordan – you are such a brave cowboy! Congratulations on starting kindergarten – you're a big kid now!
Love, Mom and Dad

Siletz Clinic is 100 percent tobacco-free

The Siletz Community Health Clinic property is 100 percent tobacco-free. The policy prohibits all tobacco use by everyone – no smoking in your car, in the parking lot or on clinic property. We do not provide any cigarette disposal units, so please keep all tobacco products in your personal vehicle.

- We do not have designated smoking areas.
- No smoking in the parking lot.
- No smoking in your car in the parking lot.
- No smoking behind the building.
- No littering of cigarette butts.

Passages Policy

Submissions to Passages are limited to two 25-word items per person, plus one photo if desired.

All birthday, anniversary and holiday wishes will appear in the Passages section. Siletz News reserves the right to edit any submission for clarity and length. Not all submissions are guaranteed publication upon submission. Please type or write legibly and submit via e-mail when possible.



Lincoln City 50th Anniversary Parade
Sept. 19, 2015 • Lincoln City, Oregon

Photos by Diane Rodriguez

Above: Students from Taft High 7-12 step into the parade.

Below: Little Miss Siletz Halli Lane-Skauge and Junior Miss Siletz Felisha Howell await the start of the parade.

Below right: Float by the nonprofit group Angels Anonymous, which helps North Lincoln County families with basic, immediate needs.

Above right: Siletz Tribal Council members Bud Lane, Delores Pigsley, Sharon Edenfield and Gloria Ingle ride aboard the Chinook Winds float.



Owned and Operated by the
Confederated Tribes of Siletz Indians

