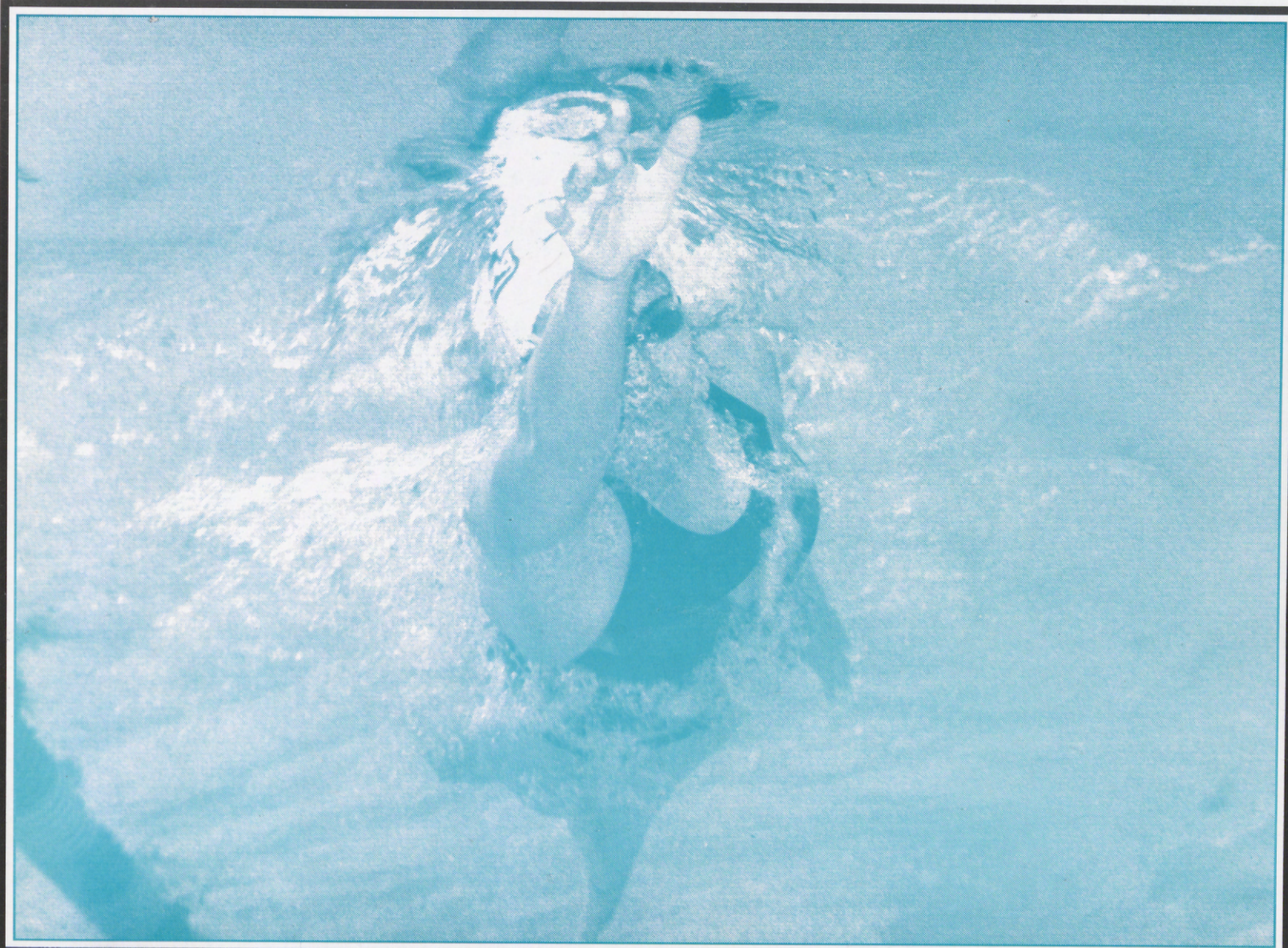
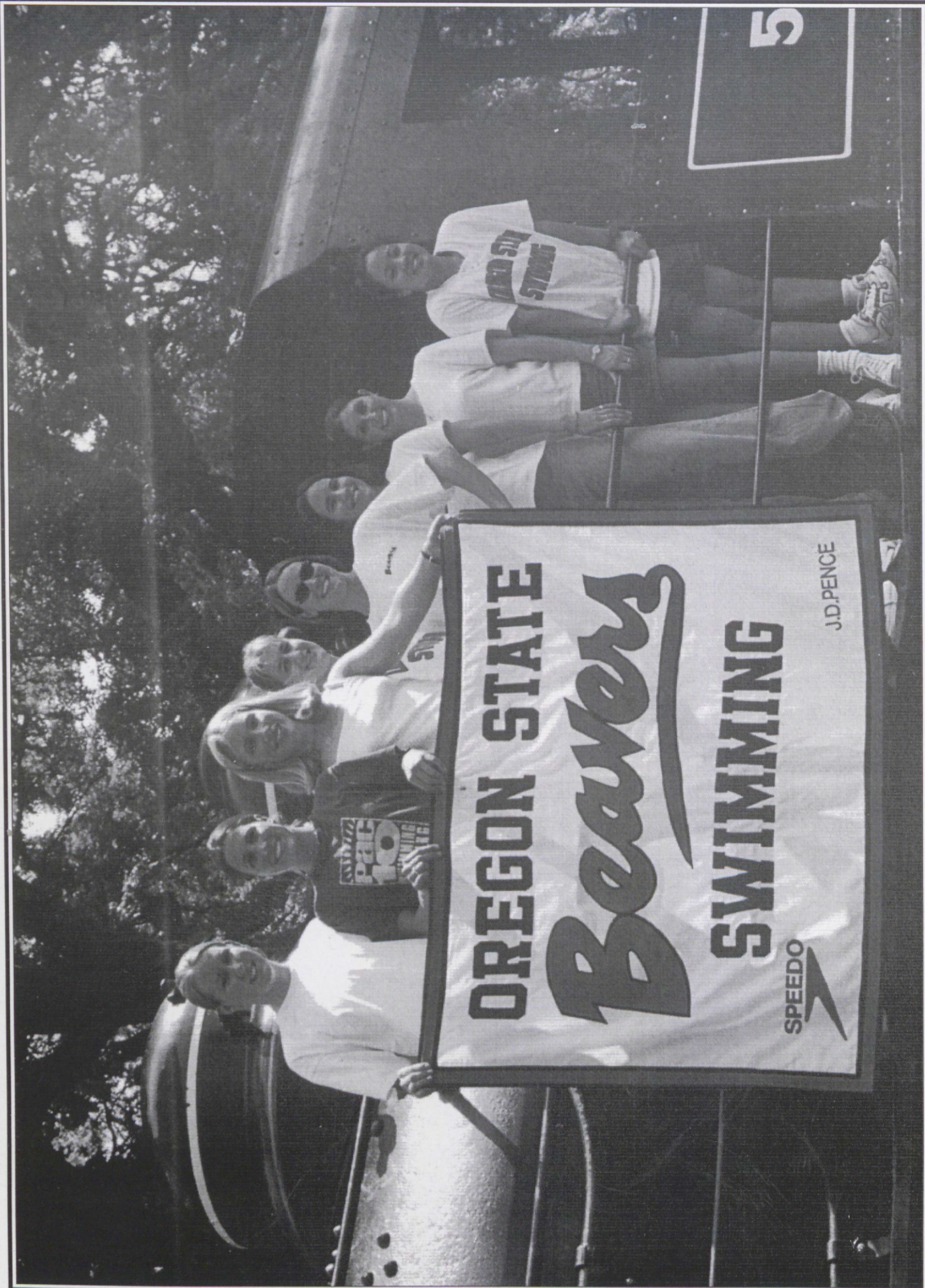


OREGON STATE



**1998-99
WOMEN'S
SWIMMING
GUIDE**



Oregon State sophomores (left to right, Kristen Severance, Sarah Cohen, Julie Lewis, Erin Buckley, Erica Stephens, Arianna Higuera, Kristal Castillo and Melissa Hsieh return for the 1998-99 season after combining to set two school records and make 27 entries on the Beaver all-time top 10 lists as freshmen.



1998-99 Oregon State schedule

DATE	EVENT	SITE	TIME
OCT. 17, SAT.	ALUMNI MEET	CORVALLIS	10 A.M.
Oct. 23, Fri.	at San Jose State	San Jose, Calif.	2 p.m.
Nov. 6, Fri.	at Husky Relays	Federal Way, Wash.	4 p.m.
Nov. 7, Sat.	at Washington	Seattle, Wash.	10 a.m.
Nov. 14, Sat.	at Utah vs. Nevada-Las Vegas	Salt Lake City, Utah	1 p.m.
Dec. 3-5, Thu.-Sat.	at Speedo Cup	Long Beach, Calif.	All day
Jan. 2, Sat.	To be announced		
FEB. 5, FRI.	WASHINGTON STATE	CORVALLIS	7 P.M.
FEB. 6, SAT.	WASHINGTON STATE	CORVALLIS	NOON
Feb. 13, Sat.	at Nevada vs. Pacific vs. San Diego State	Reno, Nev.	Noon
Feb. 25-27, Thu.-Sat.	at Pacific-10 Championships (Host: Washington)	Federal Way, Wash.	All day
March 19-21, Thu.-Sat.	at NCAA Championships (Host: Minnesota)	Minneapolis, Minn.	All day

All times Pacific



Media information

No credentials are required for covering Oregon State's home women's swimming meets. Meets are held at the Osborn Aquatic Center, which is located approximately two miles northeast of the OSU campus at the intersection of Circle Boulevard and Highland Drive.

Arrangements for interviews, photos and information can be obtained through women's swimming sports information director Kip Carlson by calling the OSU Sports Information Office at (541) 737-3720.



Contents

Schedule; Oregon State facts; media information	page 1
1998-99 Oregon State season outlook; Oregon State swimming facilities	page 2
Oregon State coaching staff	page 3
1998-99 Oregon State roster	page 4
1998-99 Oregon State swimmer profiles	pages 5-9
Oregon State athletic trainers	page 9
1997-98 Oregon State swimming season in review	page 10
Oregon State swimming history, school records	page 11
Oregon State swimming all-time event leaders	page 12
Oregon State swimming all-time letterwomen	page 13
Oregon State academics	pages 14-15
Oregon State athletics	page 16

The 1998-99 Oregon State University Women's Swimming Guide was written and produced by Kip Carlson of the OSU Sports Information Office. All photos by Brian Bubak, Dave Nishitani and Mike Shields. Printing by Copies by Design. Cover design by Kip Carlson; cover photo by Barry Schwartz. Copies of this guide are available for \$2.50 from the Oregon State University Sports Information Office.

On the cover: Oregon State sophomore Arianna Higuera.



OSU facts

Location	Corvallis, Oregon
Enrollment	14,500
Founded	1868
Colors	Orange and black
Nickname	Beavers
Affiliation	NCAA Division I
Conference	Pacific-10
President	Dr. Paul G. Risser
Athletic director	Mitch Barnhart
Institutional rep.	Dr. Robert Frank
Athletic dept. phone	(541) 737-2547
Athletic dept. address	Gill Coliseum 103 Oregon State University Corvallis, Oregon 97331
Sports information director	Hal Cowan
Assistants	Jennifer Bishop, Kip Carlson, Steve Fenk
Sports info. phone	(541) 737-3720
Sports info. fax	(541) 737-3072
Sports info. address.....	Gill Coliseum 209 Oregon State University Corvallis, Oregon 97331
Athletics web site	www.osubeavers.com



OSU swimming

Head coach	Mariusz Podkoscielny
Career dual record	5-15-0 (3rd year)
Assistant coach	Kelly Hubbard
1997-98 dual record	3-5-0 overall
1997-98 Pacific-10 finish	9th place
1997-98 NCAA finish	None
Letterwinners returning/lost	10/3
Conference placers returning/lost	3/3
NCAA qualifiers returning/lost	0/0
Home pool	Osborn Aquatic Center (opened 1979; seating capacity 500)
Podkoscielny office phone .	(541) 737-1075
Hubbard office phone	(541) 737-7492
Secretary	Holly Bell
Bell office phone	(541) 737-6111
Swimming address	Gill Coliseum 231 Oregon State University Corvallis, OR 97331
Swimming SID	Kip Carlson
Carlson office phone	(541) 737-7472
Carlson home phone	(541) 745-5636
Swimming faxback	1-800-868-2007
Weekly release	2660
Latest results	2661
Scoreboard	2664
Schedule	2665
Roster	2666
Web site	www.osubeavers.com

1998-99 Oregon State season outlook

OSU's youngest squad ever may be one of the Beavers' best ever

Oregon State head coach Mariusz Podkoscielny thinks the Beavers could have their best swimming team ever - and perhaps the youngest, as well.

OSU has no seniors and just one junior this winter, but the Beavers will be after a winning dual meet record and improving on their ninth-place finish in the Pacific-10.

"I feel very good," Podkoscielny said. "We've got a very nice group of kids."

That includes junior Gina Giesbrecht, plus nine sophomores who accounted for two school records and 27 entries on OSU's all-time top-10 lists in individual events.

Team captain Erica Stephens, who owns the OSU record in the 400 individual medley, and Melissa Hsieh, who holds the school mark in the 100 butterfly, lead that sophomore class along with Kristen Severance, Arianna Higuera and Erin Buckley.

"They're all back and coming off a good summer," Podkoscielny said. "In our case, that's the key to success during the year. It's the nature of our sport that you can't take a summer off and be ready to improve."

To go with them, the Beavers have added two transfers and eight freshmen.

"The exciting thing is, they all have experience on some kind of a national level through U.S. Swimming," Podkoscielny said. "The transfers (Kyla Bond and Amy Imwalle) both were somebody we would have loved to have had last year ... the freshmen are full of energy and very exciting to watch in practice. So far, they've exceeded our expectations."

There are several Beavers who could qualify for the NCAA Championships.

"That's always the ultimate goal for us," Podkoscielny said. The top prospects for scoring big points at the Pacific-10 meet are Bond (back, IM), Buckley (sprint/middle free), Sarah Cohen (breast), Higuera (fly, sprint free), Hsieh (fly, middle free), Amy Imwalle (distance free), Danielle Lux (breast), Kristin Martinec (fly), Jill Personius (distance free), Bonnie Renwick (fly, sprint free), Severance (breast), Stephens (back, IM), Dana Stoddard (distance free) and Sheila Tehranchi (breast).

"But don't write anyone else off," Podkoscielny warned. "Our main goals are to keep improving through the whole season, have a winning dual meet record, and



OSU team captain Erica Stephens

help the freshmen grow and get ready for the Pac-10 meet.

"We can't allow ourselves to write off a year for growing up. That needs to be done in the first two months before we start competing."

Podkoscielny is also excited about the addition of assistant coach Kelly Hubbard.

"Kelly brings a tremendous amount of experience and has made a very easy transition to OSU," Podkoscielny said. "In two months, she's become a very important part of the puzzle for our future success. The team has responded very well to her."

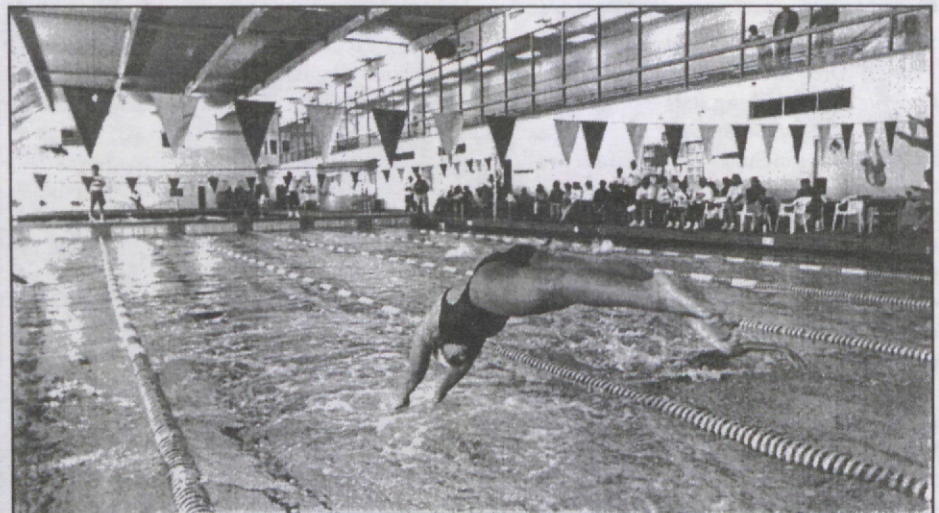
Oregon State swimming facilities

Beavers have a variety of pools for practices and meets

Oregon State holds its home women's swimming meets at Osborn Aquatic Center, which is Corvallis' community pool. The Beavers use the pool to take advantage of Osborn's 500-seat spectator balcony.

Osborn Aquatic Center opened in May, 1979; the main pool is an Olympic-size 50 meters by 56 feet with eight lanes.

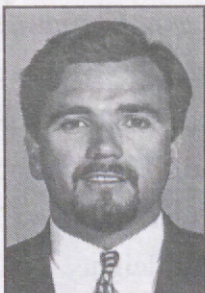
OSU practices at two on-campus sites: the Langton Hall pool, and the new Stephens Natatorium that opened its doors in 1994.



Osborn Aquatic Center, site of OSU's home meets

Oregon State coaching staff

Mariusz Podkoscielny



Head coach
Third year
(Arizona, 1992)

Mariusz Podkoscielny, Oregon State's women's swimming coach, is a nine-time All-American and two-time Olympian.

With this experience, the 30-year-old brings a national and international reputation to the task of building OSU's program.

Last season, the Beavers made 33 entries on the school's top 10 lists for individual events and set five school records. Those marks built on Podkoscielny's first season, when the Beavers put 19 marks on the top 10 lists and set one school record.

That's just the beginning of what Podkoscielny is out to accomplish at OSU.

"This is a great opportunity for me to start my head coaching career," said Podkoscielny, who was hired in the summer of 1996. "I'll be the youngest coach in the Pac-10 but I believe my experience and ability can make OSU a better program."



Podkoscielny was an assistant men's and women's coach at Arizona since 1993; prior to becoming a full-time assistant, he had been a volunteer assistant for the Wildcats and an assistant with Hillenbrand Aquatics in Tucson, Ariz.

During his four years as an assistant at Arizona, Podkoscielny coached nine All-Americans, including 1996 Olympian Melanie Valerio of the United States. While Podkoscielny was on the coaching staff, the Wildcats recorded their highest national finishes ever - fourth for the men and fifth for the women.

A native of Gdansk, Poland, and graduate of Arizona, Podkoscielny was on the Wildcat swim team from 1988-92. As a swimmer at Arizona, Podkoscielny rates as

one of the fastest distance swimmers ever.

Earning All-America honors nine times, Podkoscielny held the school record in the 200, 500 and 1,650 freestyles. Podkoscielny was Arizona's fourth NCAA champion, winning the 1,650 freestyle as a freshman; in each of his four years at Arizona, he finished among the top three nationally in the 500 and 1,650 freestyles.

Podkoscielny was a member of the Polish National Team from 1980-92 and swam at the 1988 and 1992 Olympics. In the 1988 Olympics, he finished fifth in both the 400 and 1,500 freestyles, and he set the Olympic record in the preliminary round of the 400 freestyle. Podkoscielny still ranks among the top 15 swimmers in the world in the 400- and 1,500-meter freestyles.

Kelly Hubbard



Assistant coach
First year
(Florida, 1995)

Kelly Hubbard joins Oregon State's coaching staff this season. Her background adds to the national-level experience now

coaching the Beaver swimmers.

"I'm extremely excited to have Kelly as part of our staff," OSU head coach Mariusz Podkoscielny said. "She has experience with top-notch swimmers with the national team ... she's seen first-hand how to develop and coach world-class swimmers."

Hubbard comes to OSU from the U.S. Olympic Training Center in Colorado Springs, Colo., where she was an assistant intern coach. Among those she worked with was Amy Van Dyken, who won four gold medals in the 1996 Olympics and three golds at the 1998 World Championships.

Prior to working at the U.S. Olympic

Training Center, Hubbard was an assistant coach for the Twin Cities Swim Team. During that time, she also worked as a teaching specialist for the physical activity program at Minnesota's School of Kinesiology.

Hubbard is a licensed U.S. Swimming coach and a member of the National Intramural Recreational Sports Association. She is certified on the National Registry of Emergency Medical Technicians.

Hubbard earned a Bachelor of Science degree in 1995 from the University of Florida, where she was a swimmer until an injury ended her career. She is now working on her Masters degree in Education.



1998-99 Oregon State roster

NAME	EVENTS	YR.	EXP.	HT.	HOMETOWN (SCHOOL)
Bond, Kyla	Middle free, IM	So.	TR	5-8	Canby, OR (Canby HS/U. of San Diego)
Broda, Suzanne	Sprint free	Fr.	HS	5-8	Roseburg, OR (Roseburg HS)
Buckley, Erin	Sprint free	So.	1V	5-11	Tempe, AZ (Corona del Sol HS)
Castillo, Kristal	Fly	So.	1V	5-5	Las Vegas, NV (Bishop Gorman HS)
Cohen, Sarah	Breast, IM	So.	1V	5-5	Portland, OR (Sunset HS)
Giesbrecht, Gina	Distance free, breast	Jr.	2V	5-7	Portland, OR (Centennial HS)
Higuera, Arianna	Fly, sprint free, IM	So.	1V	5-6	Phoenix, AZ (Xavier College Prep)
Hsieh, Melissa	Fly, middle free	So.	1V	5-3	Rowland Heights, CA (Rowland HS)
Imwalle, Amy	Distance, middle free	So.	TR	5-7	Bend, OR (Mountain View HS/U. of San Diego)
Lewis, Julie	Breast, IM	So.	1V	5-9	Portland, OR (Grant HS)
Lux, Danielle	Breast, free	Fr.	HS	5-8	Los Gatos, CA (Los Gatos HS)
Martinec, Kristin	Fly, sprint free	Fr.	HS	5-5	Tacoma, WA (Wilson HS)
Pendergast, Maureen	Middle free, IM	Fr.	HS	5-7	Bothell, WA (Bothell HS)
Personius, Jill	Distance free	Fr.	HS	5-4	Phoenix, AZ (Xavier Prep HS)
Renwick, Bonnie	Fly, sprint free	Fr.	HS	5-4	Portland, OR (David Douglas HS)
Saunders, Jennifer	Middle free, back	So.	1V	5-6	Cordova, AK (Cordova HS)
Severance, Kristen	Breast, IM	So.	1V	5-8	Carmichael, CA (St. Francis HS)
Stephens, Erica	Back, IM	So.	1V	5-10	Bellevue, WA (Newport HS)
Stoddard, Dana	Distance free	Fr.	HS	5-3	La Canada, CA (La Canada HS)
Tehranchi, Sheila	Breast	Fr.	HS	5-5	Whittier, CA (St. Joseph HS)

HEAD COACH: Mariusz Podkoscielny

ASSISTANT COACH: Kelly Hubbard

ATHLETIC TRAINER: Jenine Firth

PRONUNCIATION GUIDE:

Mariusz Podkoscielny - Mar-ee-YOOSH Pode-ko-SHELL-nay

Suzanne Broda - BRO-duh

Kristal Castillo - cast-EE-o

Sara Cohen - CO-un

Gina Giesbrecht - GEEZ-brekt

Arianna Higuera - AR-ee-anna hig-AIR-uh

Melissa Hsieh - SHAY

Kristin Martinec - Mart-in-eck

Amy Imwalle - im-WALL-ee

Jill Personius - per-SOWN-us

Sheila Tehranchi - ter-ON-chee

1998-99 Oregon State swimmer profiles

Kyla Bond

**Middle freestyle;
individual medley
Sophomore (transfer)
Canby, Ore.**

(Canby HS/U. of San Diego)

OREGON STATE: One of 2 transfers joining the program this season.

SAN DIEGO: Lettered 1 year for the Toreros.

CANBY HIGH: Lettered 4 years ... 3-time team Swimmer of the Year ... school records in 200 free, 200 IM, 500 free, 100 breast ... 4-time all-league first team ... Scholar/Athlete Award as senior ... 3.87 grade point average, National Honor Society.

PERSONAL: Majoring in Business ... born June 13, 1979 in Salem, Ore. ... parents are Don and Kathy Bond; family includes sister Katie (22) ... enjoys rollerblading, bike riding and collecting bears ... top athletic thrill is "achieving my goals" ... chose OSU for its athletic program and location.



Kyla Bond

Suzanne Broda

**Sprint freestyle
Freshman
Roseburg, Ore. (Roseburg HS)**

OREGON STATE: One of 8 freshmen joining the program this season.

ROSEBURG HIGH: Lettered 4 years ... school record in 200 medley relay and 400 free relay ... league titles in 100 breast and 200 IM as a freshman, 50 and 100 free as a sophomore, junior and senior ... also lettered on equestrian team ... 3.98 grade point average, National Honor Society, salutatorian.

PERSONAL: Majoring in Animal Sciences; would like to become a veterinarian ... born July 9, 1980 in St. Anthony, Idaho ... parents are Karel and Linda Broda; family

includes brother Michael (16) ... enjoys equestrian events, 4H Clubs, dressage ... OSU Honors College and Presidential Scholarship ... favorite athlete is Isabelle Werth ... top athletic thrill was relay team breaking state record ... prep teammates include Michigan's Chris Thompson and Stanford's Michael O'Neil ... chose OSU for Animal Sciences program and swim team.



Suzanne Broda

Erin Buckley

**Sprint freestyle
Sophomore (1 letter)
Tempe, Ariz. (Corona del Sol HS)**

OREGON STATE: One of 10 returning letterwomen this season ... on school's all-time leader lists, fifth in 200 free (1:55.19), seventh in 50 free (24.57) ... **(1998)** Fifth in team points with 114 ... part of season-best 400 free relay (3:33.03) ... missed Pacific-10 Championships due to back problems ... part of school-record 800 free relay (7:41.80,

Dec. 5); record was broken later in season.

CORONA DEL SOL HIGH: Most Valuable Swimmer 4 years ... qualified for Junior Nationals in 50 free, 100 free final 2 years ... Math Student of the Year.

PERSONAL: Majoring in General Science; would like to become a dentist ... born April 20, 1979 in Phoenix, Ariz. ... parents are Douglas and Linda Buckley; family includes brothers Kyle (23), Dan (21) ... mother swam at New Mexico ... enjoys outdoor sports ... chose OSU for swimming program.

OREGON STATE SEASON-BY-SEASON BESTS

YEAR	50 free	100 free	200 free
1998	24.57	53.89	1:55.19

Kristal Castillo

**Butterfly
Sophomore (1 letter)
Las Vegas, Nev.
(Bishop Gorman HS)**

OREGON STATE: One of 10 returning letterwomen this season ... on school's all-time leader lists, ninth in 200 fly (2:12.51) ... **(1998)** At Pacific-10 Championships, 31st in 100 fly (1:00.87), 200 fly (2:12.51), 5th in 200 IM (2:19.00).

BISHOP GORMAN

HIGH: Lettered 4 years ... 4-time state qualifier ... 400 free relay team won

zone title ... Academic All-State ... 4.2 grade point average, valedictorian, Nevada Scholar.

PERSONAL: Majoring in Early Childhood Development, wants to go into elementary education ... born Jan. 14, 1979 in Las Vegas, Nevada ... parents are Gil and Juareen Castillo; family includes brother Mackenzie (15) ... uncle Andy Castillo played baseball for Whittier and the Anaheim Angels ... enjoys shopping, hanging out with friends ... favorite athlete is Janet Evans ... top athletic thrill was 1:00.58 in 100 fly at 1998 Pac-10 meet ... chose OSU for swimming, academics, environment and friendliness of campus.

OREGON STATE SEASON-BY-SEASON BESTS

YEAR	200 free	100 fly	200 fly	200 IM
1998	2:07.13	1:00.58	2:12.51	2:19.00



Kristal Castillo

Sarah Cohen

**Breaststroke; individual medley
Sophomore (1 letter)
Portland, Ore. (Sunset High)**

OREGON STATE: One of 10 returning letterwomen this season ... on school's all-time leader lists, sixth in 400 IM (4:42.56), seventh in 200 breast (2:28.49) ... **(1998)** At Pacific-10 Championships, 31st in 200

breast (2:31.61), 32nd in 400 IM (4:47.58), 50th in 200 IM (2:14.98).

SUNSET HIGH:

Lettered 4 years ... team captain as senior ... school record in 100 breast and 200 breast ... 200 breast record for Tualatin Hills Recreation Center ... qualified for Junior Nationals since 1994 in 100 breast and 200 breast ... 3.58 grade point average ...



Sarah Cohen

National Honor Society.

PERSONAL: Has not yet decided on a major ... born Aug. 3, 1978 in Neenah, Wis. ... parents are Stephen and Peggy Cohen; family includes sisters Rachel (22), Rebecca (18) ... enjoys waterskiing, art ... prep teammates include Eliza Werth of Hawaii, Karen Hansen of Arizona ... top athletic thrill was going to U.S. Open ... chose OSU for school, swimming program.

OREGON STATE SEASON-BY-SEASON BESTS

YEAR	100 brst.	200 brst.	200 IM	400 IM
1998	1:11.77	2:28.49	2:14.67	4:42.56

Gina Giesbrecht

Distance freestyle; breaststroke Junior (2 letters) Portland, Ore. (Centennial High)

OREGON STATE: One of 10 returning

letterwomen this season ... on school's all-time leader lists, eighth in 200 breast (2:28.57) ... (1998) At Pacific-10 Championships, 29th in 100 breast (1:12.68), 32nd in 200 breast (2:32.61), 45th in 500 free (5:22.68) ... (1997) Had Beavers' fastest time of season in 200 breast (2:28.57); part of season-best 400 medley relay (4:06.50) ... at Pacific-10 Championships, eighth in 400 medley relay (4:06.50), 200 medley relay (1:55.23); 19th in 200 breast (2:28.57); 20th in 100 breast (1:12.11); 38th in 500 free (5:18.17).



Gina Giesbrecht

CENTENNIAL HIGH SCHOOL: Lettered 4 years ... team captain 3 years ... qualified for state meet 4 years ... Most Valuable Swim-

mer first 3 seasons, Most Inspirational as a senior ... qualified for Junior Nationals in 200 breast ... 4.00 grade point average; valedictorian, National Honor Society.

PERSONAL: Majoring in Pharmacy, hopes to become a pharmacist or researcher ... born March 4, 1978 in Portland, Ore. ... parents are Gary and Ann Giesbrecht; family includes brother Greg (18) ... enjoys reading, biking, hiking ... favorite athlete is her brother ... biggest athletic thrill is watching brother play water polo ... OSU Honor Roll, APhA pharmacy honorary ... chose OSU for its academics, athletic program and because it's close to home.

OREGON STATE SEASON-BY-SEASON BESTS

YEAR	500 free	1000 free	100 brst.	200 brst.	400 IM
1997	5:18.17	11:12.31	1:11.75	2:28.57	4:55.97
1998	5:22.68	11:11.45	1:12.69	2:32.61	-

Arianna Higuera

Butterfly; sprint freestyle; individual medley Sophomore (1 letter) Phoenix, Ariz. (Xavier College Prep)

OREGON STATE: One of 10 returning

letterwomen this season ... on school's list of all-time leaders, sixth in 100 fly (59.55), seventh in 100 free (53.57), ninth in 50 free (24.79) ...

(1998) Fourth in team points with 179 ... part of season-best times in 200 free relay (1:37.11), 400 free relay (3:33.03), 200 medley relay (1:52.31), 400 medley relay (3:57.79) ... at Pacific-10 Championships, ninth in 200 medley relay (1:52.33), 200 free relay (1:37.11), 400 medley relay (3:57.79); 28th in 100 fly (59.54); 33rd in 100 free (53.57); 50th in 50 free (24.94); non-scoring entry in 200 free (1:58.25) ... won 50 free (25.44) and 100 fly (1:00.07) in dual meet vs. San Jose State on Nov. 1.

XAVIER COLLEGE PREP: Lettered 4 years ... Most Valuable Swimmer 4 years ... 3.0 grade point average ... earned second place in 1996 National Spanish Exam.

PERSONAL: Has not decided on a major ... born Aug. 24, 1978 in Tampa, Fla. ... parents are Dr. J. Antonio and Purita



Arianna Higuera

Higuera; family includes brother Tony (21), sisters Monica (26), Giselle (23) ... hobbies include water skiing, jet skiing, traveling and hanging out with buddies ... top athletic thrill is "the feeling you get when you just finished the hardest workout of your life" ... favorite athlete is Summer Sanders ... chose OSU for the swim team and coaching staff, the area's climate, the school's academic offerings and campus.

OREGON STATE SEASON-BY-SEASON BESTS

YEAR	50 free	100 free	200 free	100 fly	200 IM
1998	24.79	53.57	1:58.25	59.54	2:11.82

Melissa Hsieh

Butterfly; middle freestyle Sophomore (1 letter) Rowland Heights, Calif. (Rowland High)

OREGON STATE: One of 10 returning

letterwomen this season ... holds school record in 100 fly (58.03); part of school-record 800 free relay (7:37.63) ... on school's all-time list of leaders, second in 200 fly (2:07.67), third in 200 free (1:54.28); eighth in 500 free (5:12.99); ninth in 100 free (53.70); tied for ninth in 50 free (24.79) ... (1998) Third

in team points with 179.25 ... had Beavers' fastest times of year in 100 fly (58.03), 200 fly (2:07.67); part of season-best relays in 200 free (1:37.11), 400 free (3:33.03), 800 free (7:37.63) ... at Pacific-10 Championships, tied for seventh in 800 free relay (7:37.63); ninth in 200 medley relay (1:52.33), 200 free relay (1:37.11); 20th in 200 fly (2:07.67); 23rd in 100 fly (58.17); 28th in 200 free (1:54.28); 45th in 50 free (24.79); non-scoring entry in 100 free (53.70) ... won 200 fly in dual meet vs. San Jose State on Nov. 1 (2:11.04).

ROWLAND HIGH: Lettered 4 years ... won California Interscholastic Federation Division II titles in 100 fly in 1995 and 100 free in 1997 ... Sierra League Most Valuable Swimmer for 2 years ... 3.5 grade point average, Honor Roll and Principal's Honor Roll.

PERSONAL: Majoring in Business; thinking of going into accounting ... born April 16, 1979 in Montebello, Calif. ... parents are



Melissa Hsieh

Phillip and Linda Hsieh; family includes sisters Jennifer (23) and Dede (21) ... Jennifer swam and played water polo at California-Riverside and Dede swims and plays water polo at Whittier ... enjoys surfing, reading a good book, shopping and hanging out with friends ... lists biggest athletic thrill as "working through a plateau and getting faster" ... chose OSU to be part of a building team with good coaches, and because of its campus.

OREGON STATE SEASON-BY-SEASON BESTS

YEAR	50 free	100 free	200 free	500 free	100 fly
1998	24.79	53.70	1:54.28	5:12.89	58.03
YEAR	200 fly				
1998	2:07.67				

Amy Imwalle

**Distance, middle freestyle
Sophomore (transfer)
Bend, Ore. (Mountain View HS/
U. of San Diego)**

OREGON STATE: One of 8 freshmen joining the program this season.

SAN DIEGO: Lettered 1 year for the Toreros ... 3.42 grade point average.

MOUNTAIN VIEW HIGH: Lettered 4 years ... school record in 200 free ... 2-time U.S. Swimming Scholastic All-America ... second in state in individual events 2

years, top 5 in state in individual events 3 years ... team Best Rookie, Most Outstanding, Most Valuable awards ... Bend Swim Club Scholar/Athlete award ... 4.0 grade point average; valedictorian; Most Academically Successful senior.

PERSONAL: Majoring in Pre-Medicine; would like to become a doctor ... born Aug. 23, 1979 in Bend, Ore. ... parents are Paul and Cathy Imwalle; family includes brother Greg (17), sister Kristin (21) ... mother placed fifth in 200 breast in 1968 Olympics, swam for Santa Clara, coached Amy's high school team; sister swims for California ... enjoys hiking, water skiing, camping, open-water swimming, playing piano, volunteering at hospital ... top athletic thrills were making Junior Nationals for first time and winning 1,000 free at state meet ... prep teammates include Washington's Addy Elsner, Florida State's Chris Clark ... chose



Amy Imwalle

OSU for the swimming coach and because it's close to home.

Julie Lewis

**Breaststroke; individual medley
Sophomore (1 letter)
Portland, Ore. (Grant High)**

OREGON STATE: One of 10 returning letterwomen this season ... on school's list of all-time leaders, 10th in 100 breast (1:09.59) ... (1998) At Pacific-10 Championships, 26th in 100 breast (1:09.59); 29th in 200 breast (2:31.12); 33rd in 100 fly (1:01.34); 51st in 200 IM (2:15.53).



Julie Lewis

GRANT HIGH: Lettered 4 years ... 4-time state qualifier ... 3-time state placer in 100 breast; 2-time state placer in 100 fly ... school records in 100 fly, 100 breast, 200 IM, 200 free relay, 200 medley relay ... 2-time team Most Valuable Swimmer ... team captain ... competed in volleyball, softball and track and field ... 3.7 grade point average; National Honor Society; Scholar/Athlete Award; Key Club, Senior Class Service Rep, Prom Committee.

PERSONAL: Majoring in Business; would like to own her own business ... born March 1, 1979 in Portland, Ore. ... parents are Jim and Teri Lewis; family includes brothers Jeremy (26), Phillip (21) ... enjoys camping, outdoor activities, dancing and music ... prep teammate Lauren Theis swims for Stanford ... top athletic thrill is achieving her goals ... chose OSU because it's close to home, she liked the campus and for the academic programs.

OREGON STATE SEASON-BY-SEASON BESTS

YEAR	50 free	100 free	100 fly	100 brst.	200 brst.
1998	26.17	58.28	1:01.34	1:09.59	2:31.12
YEAR	200 IM				
1998	2:15.53				

Danielle Lux

**Breaststroke; freestyle
Freshman
Los Gatos, Calif. (Los Gatos HS)**

OREGON STATE: One of 8 freshmen joining the program this season.

LOS GATOS HIGH: Lettered 4 years ... 2-time team Most Valuable Swimmer award ... school record in 100 breast broke school record that had stood since 1969 ... 3.0 grade point average.



D. Lux

PERSONAL: Has not decided on a major ... born June 6, 1980 in Santa Clara, Calif. ... parents are John and Marty Lux; family includes sister Tami (15) ... enjoys outdoor activities such as river rafting and rock climbing ... prep teammate Rhoner Segnance wrestles for Stanford ... top athletic thrill was placing second in Central Coast Section 100 breaststroke ... chose Oregon State to be part of rebuilding the swimming program.

Kristin Martinec

**Butterfly; sprint freestyle
Freshman
Tacoma, Wash. (Wilson HS)**

OREGON STATE: One of 8 freshmen joining the program this season.

WILSON HIGH: Lettered 4 years ... All-America honors ... won state title in 100 fly ... 4-time state placer ... team captain ... Senior Nationals qualifier ... team won district and league titles 4 straight years ... tied for second-fastest time in state history ... Athlete of the Month award ... 3.5 grade point average.



Kristin Martinec

PERSONAL: Majoring in Psychology ... born Dec. 6, 1979 in Tacoma, Wash. ... parents are George and Kelly Martinec; family includes brother Evan (17); sister Brittany (15) ... enjoys sleeping, eating, hanging out with friends ... top athletic thrill was winning state Senior Nationals title with time of 56.67 seconds ... chose OSU for its good athletic program and being close to home.

Maureen Pendergast

Middle freestyle; individual medley
Freshman
Bothell, Wash. (Bothell HS)

OREGON STATE: One of 8 freshmen joining the program this season.

BOTHELL HIGH: Lettered 4 years ... school records in 100 fly, 200 IM, 200 free relay ... 3.0 grade point average.

PERSONAL: Majoring in General Science ... born Dec. 8, 1979 in Edmonds, Wash. ... parents are John Pendergast and Jo Perryman; family includes brother Michael (16); sister Sy (4) ... enjoys sleeping, lifeguarding ... chose OSU for the swimming program and because it's close to her hometown.



Maureen Pendergast

Jill Personius

Distance freestyle
Freshman
Phoenix, Ariz. (Xavier Prep HS)

OREGON STATE: One of 8 freshmen joining the program this season.

XAVIER PREP HIGH: Lettered 4 years ... team captain ... All-America honors ... 3.8/4.1 grade point average; National Honor Society, President's Council, academic letter, Bank One Scholar/Athlete.

PERSONAL: Has not decided on a major; thinking of a career in physical therapy ... born Feb. 8, 1980 in Phoenix, Ariz. ... parents are Jerry and Lynn Personius; family includes brother Jeff (21) ... father was a gymnast at Cal



Jill Personius

State-Sacramento ... enjoys teaching swimming lessons to children, lifeguarding ... OSU Presidential Scholarship ... favorite athlete is Byron Davis ... prep teammates include Purdue's Ronica Rogaeski and Nevada-Las Vegas' Ericka Korb ... top athletic thrill was getting Junior Nationals times for first time ... chose OSU because of academic programs she was interested in, for the swimming program, and the chance to be at a Pacific-10 school.

Bonnie Renwick

Butterfly; sprint freestyle
Freshman
Portland, Ore. (David Douglas HS)

OREGON STATE: One of 8 freshmen joining the program this season.

DAVID DOUGLAS HIGH: Lettered 4 years ... state record in 200 medley relay; second in 50 free, 100 fly as senior; sixth in 100 free, 200 IM as junior; third in 100, 200 free as sophomore; 3rd in 200 free, 7th in 100 free as freshman ...

also lettered in water polo; league Most Valuable Player; 2-time all-state ... 3.92 grade point average.

PERSONAL: Majoring in Psychology; hopes to become a psychologist ... born April 18, 1980 in Portland, Ore. ... parents are Vern and Jan Renwick; family includes sisters Alisa (21) and Kim (20) ... enjoys water skiing, reading, sleeping, eating ... top athletic thrill was time of 57.6 seconds in 100 fly ... chose OSU because she enjoyed the people and the campus.



Bonnie Renwick

Jennifer Saunders

Middle freestyle; backstroke
Sophomore (1 letter)
Cordova, Alaska (Cordova HS)

OREGON STATE: One of 10 returning letterwomen this season ... on school's list of all-time leaders, 10th in 200 free (1:57.28), 500 free (5:14.41) ... (1998)

Earned team's Most Improved award ... at Pacific-10 Championships, 35th in 200 free (1:57.28), 39th in 100 free (54.90), 41st in 500 free (5:14.41).

CORDOVA HIGH: Lettered 4 years ... set all school freestyle records ... team Most Inspirational and Most Valuable awards ... 3-time team captain ... also lettered in volleyball ... 3.86 grade point average; National Honor Society.

PERSONAL: Majoring in Business; hopes to become a business manager ... born Dec. 12, 1978 in Pasadena, Calif. ... parents are Paul and Charlene Saunders ... enjoys sewing, crafts, volleyball, baking, water sports and any other sports ... top athletic thrill was going to Pacific-10 Championships and "racing with so many fast people and cheering for our team" ... chose OSU because her math teacher is an alum and a big OSU fan, and "everyone said it was beautiful here."

OREGON STATE SEASON-BY-SEASON BESTS

YEAR	100 free	200 free	500 free	1000 free	1650 free
1998	54.90	1:57.28	5:14.41	11:09.78	18:54.16



Jennifer Saunders

Kristen Severance

Breaststroke; individual medley
Sophomore (1 letter)
Carmichael, Calif. (St. Francis High)

OREGON STATE: One of 10 returning letterwomen this season ... on school's list of all-time leaders, fourth in 400 individual medley (4:41.52), fifth in 200 breast (2:27.40), seventh in 100 breast (1:08.87) and 200 individual medley (2:12.48) ... (1998) Sixth in team points with 96.25 ... had team's best time of season in 100 breast (1:08.87) and 200 breast (2:27.42)



Kristen Severance

and was part of season-best relays in 200 medley (1:52.31) and 400 medley (3:57.79) ... at Pacific-10 Championships, ninth in 200 medley relay (1:52.33) and 400 medley relay (3:57.79), 23rd in 200 breast (2:217.40), 24th in 100 breast (1:08.87), 46th in 200 IM (2:12.48), non-scoring entry in 400 IM (4:41.52) ... won 200 breast (2:28.19) in dual meet vs. San Jose State on Nov. 1.

ST. FRANCIS HIGH: Lettered 4 years ... all-league ... also lettered in cross country, was all-league ... Junior Nationals qualifier 6 times in last 3 years in 100 breast and 200 breast ... 3.3 grade point average.

PERSONAL: Majoring in Early Childhood Education; would like to become a teacher ... born Sept. 2, 1979 in Redwood City, Calif. ... parents are Bruce and Nancy Severance; family includes sister Deena (22) ... enjoys watching movies, spending time with friends, shopping ... favorite athlete is Tom Dolan ... top athletic thrill is "accomplishing the goals I've set out for myself" ... chose OSU for the coaching staff and the beautiful campus.

OREGON STATE SEASON-BY-SEASON BESTS

YEAR	100 brst.	200 brst.	200 IM	400 IM
1998	1:08.87	2:27.42	2:12.48	4:41.52

Erica Stephens

Backstroke; individual medley
Sophomore (1 letter)
Bellevue, Wash. (Newport High)

OREGON STATE: One of 10 returning letterwomen this

season ... holds school record in 400 individual medley (4:28.16); part of school-record 800 free relay (7:37.63) ... on school's list of all-time leaders, second in 200 IM (2:08.32), third in 100 back (57.74) and 200 back (2:04.60) ...

(1998) Second in team points with 219.25 ... Most

Inspirational award ... had team's best times of season in 100 back (57.74), 200 back (2:04.68), 400 IM (4:28.16) and was part of season-best relays in 200 free (1:37.11), 800 free (7:37.63), 200 medley (1:52.31) and 400 medley (3:57.79) ... at Pacific-10 Championships, tied for seventh in 800 free relay (7:37.63), ninth in 200 free relay



Erica N Stephens

(1:37.11) and 400 medley relay (3:57.79), 14th in 100 back (57.74), 16th in 400 IM (4:31.86), 19th in 200 back (2:04.60), 34th in 200 IM (2:08.32), non-scoring entry in 100 free (54.96) ... won 4 events in metric double-dual vs. Utah, Puget Sound, taking 200 back and 200 IM.

NEWPORT HIGH: Lettered 3 years ... school records in 200 medley relay, 100 back and 100 breast ... team co-captain as a senior ... team's Most Valuable Swimmer 2 years and also earned Coach's Award ... 3.3 grade point average ... Knight Valor community service award.

PERSONAL: Has yet to decide on a major ... born Oct. 9, 1979 in St. Louis, Missouri ... parents are Patricia Presson and Jeffery Stephens; family includes sister Elizabeth (24) ... father played college basketball, sister played basketball and ran track for George Fox ... enjoys camping, hiking and drawing ... favorite athlete is Jackie Joyner-Kersey ... top athletic thrill was winning 200 medley relay at state meet and making Junior Nationals after an injury ... chose OSU for its swimming program and great coaches.

OREGON STATE SEASON-BY-SEASON BESTS

YEAR	100 back	200 back	200 IM	400 IM
1998	57.74	2:04.68	2:08.32	4:28.16

Dana Stoddard

Distance freestyle
Freshman
La Canada, Calif. (La Canada HS)

OREGON STATE: One of 8 freshmen joining the program this season.

La CANADA HIGH: Lettered 4 years ... top-8 finishes all 4 years in 500 free; second place in 200 free as sophomore ... team captain ... 2-time league champ ... All-America consideration in both relays, individual events.

PERSONAL: Majoring in Health and Human Performance; wants to become a swimming coach ... born Oct. 6, 1980 in Mission Viejo, Calif. ... parents are Terry and Sheri Stoddard; family includes sister Leigh (16) ... grandfather played football and father swam for Eastern Kentucky ... enjoys sleeping, making scrapbooks and



Dana Stoddard

watching television ... favorite athlete is Janet Evans ... top athletic thrill was swimming in the same heat with Janet Evans in her meet 7 years ago ... chose OSU because she felt comfortable with the team, had a scholarship offer, and knew the Beavers had a good coach.

Sheila Tehranchi

Breaststroke
Freshman
Whittier, Calif. (St. Joseph's HS)

OREGON STATE: One of 8 freshmen joining the program this season.

ST. JOSEPH'S HIGH: Lettered 3 years at the school in Lakewood, Calif. ... 3-year member of Lakewood Hall of Fame.

PERSONAL: Has not decided on a major; thinking of a business career ... born June 9, 1980 in Montebello, Calif. ...

parents are Ned and Suzanne Tehranchi; family includes sisters Nicole (30) and Roxanne (26) ... enjoys reading, trying to sing, country line dancing, shopping ... favorite athlete is Kristin Quance ... top athletic thrill was making Junior Nationals ... chose OSU for location, coach, surroundings and people.

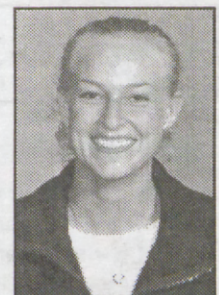


Sheila Tehranchi

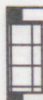
Athletic trainers



Deb Graff
Staff trainer
Third year



Jenine Firth
Student trainer
First year



Oregon State 1997-98 season in review

Beavers made their season one for the books

Led by Lamoure, OSU sets five school records and puts 33 new entries on event top-10 lists

When people look back on Oregon State's 1997-98 season, they'll definitely see that the Beavers made their mark.

OSU (3-5 overall duals, 0-3 Pacific-10) put five new school records in the books and left 33 new entries in the all-time top 10 lists in individual events; that included at least one top 10 entry in every event.

Oregon State's three dual meet victories were the Beavers' most since the 1995 season, and their .375 winning percentage in duals was OSU's best since 1994.

"Looking at the expectations we had at the beginning of the season, we finished great and we finished right where we knew we were capable of finishing," OSU head coach Mariusz Podkoscielny said. "But as the year went on, our appetites grew and

I'm not sure we lived up to what we'd shown in the middle of the season, mainly because of a couple unfortunate breaks."

Despite some late-season injuries, OSU had plenty to show for the season.

"You look at five school records, and really we had even more because some of those were broken two or three times in the season," Podkoscielny said.

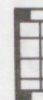
Of the five school records, two came from senior Traci Lamoure - in the 200 freestyle at the Pacific-10 Championships (1:50.91) and the 200 individual medley at the Speedo Cup (2:07.72). The other marks were by freshman Melissa Hsieh in the 100 butterfly at the Pacific-10 meet (58.03), by freshman Erica Stephens in the 400 individual medley at the Pac-10 meet

(4:28.16), and by the 800 freestyle relay of Lamoure, Hsieh, Stephens and senior Heidi Eslinger at the Pac-10 meet (7:37.63).

OSU had a big second day at the Pac-10 meet, setting four school records and having seven swimmers move up the top-10 lists.

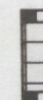
"Overall, it was a great year from the standpoint of building and growing towards the goals we have for the future," Podkoscielny said. "We're definitely getting more competitive and looking forward to a winning dual season next year, scoring higher in the Pacific-10 and having as many people involved in that as possible."

OSU placed ninth at the Pacific-10 meet, but was missing Erin Buckley due to back problems. That left OSU juggling its lineups for relays and cost the Beavers points.



1997-98 results

Oct. 31	at Washington Invitational	4th place of 4
Nov. 1	San Jose State	W, 154-134
Nov. 7	at Husky Relays	4th place of 8
Nov. 15	at High Desert Classic	1st place of 4
Nov. 22	Washington	L, 87.5-112.5
Dec. 4-6	at Speedo Cup	8th place of 30
Jan. 3	at Polar Bear Invitational	3rd place of 4
Jan. 10	at Puget Sound vs. Utah	W, 65-30 W, 54-41
Jan. 23	at Washington State	L, 87-113
Jan. 24	at Washington State	L, 107-147
Feb. 7	at Nevada vs. Pacific (Calif.)	L, 30-91 L, 58-5-63.5
Feb. 26-28	at Pacific-10 Championships	9th place of 9



Pacific-10 results

1. Stanford	1,450.5
2. Southern California	1,210.5
3. Arizona	1,060.5
4. California	927.5
5. UCLA	899.0
6. Arizona State	712.0
7. Washington	413.5
8. Washington State	298.5
9. Oregon State	223.0

SWIMMER OF THE YEAR

Misty Hyman, Stanford

SWIMMING COACH OF THE YEAR

Frank Busch, Arizona

DIVER OF THE YEAR

Dorte Lindner, Southern California

DIVING COACH OF THE YEAR

Jeff Shaffer, Southern California



1997-98 season bests

50 FREESTYLE: Traci Lamoure 24.19 Feb. 26; Erin Buckley 24.57 Dec. 4; Melissa Hsieh 24.79 Feb. 26; Arianna Higuera 24.79 Dec. 4; Larissa Whitney 25.40 Feb. 26; Julie Lewis 26.17 Nov. 22; Lisa Daley 27.94 Nov. 22.
100 FREESTYLE: Traci Lamoure 51.70; Arianna Higuera 53.57 Feb. 28; Melissa Hsieh 53.70 Feb. 28; Erin Buckley 53.89 Dec. 6; Heidi Eslinger 54.74 Feb. 28; Jennifer Saunders 54.90 Feb. 28; Erica Stephens 54.96 Feb. 28; Lisa Daley 56.28 Feb. 28; Julie Lewis 58.28 Oct. 31.
200 FREESTYLE: Traci Lamoure 1:50.91 Feb. 27 (new school record); Melissa Hsieh 1:54.28 Feb. 27; Erin Buckley 1:55.19 Dec. 5; Heidi Eslinger 1:57.14 Feb. 27; Jennifer Saunders 1:57.28 Feb. 27; Arianna Higuera 1:58.25 Feb. 27; Erin Buckley 1:59.89 Jan. 24; Lisa Daley 2:00.05 Feb. 27; Rachael Lewis 2:05.74 Nov. 1; Rachael Novak 2:06.10 Jan. 23; Kristal Castillo 2:07.13 Jan. 23; Jackie Boudreau 2:07.58 Jan. 23.
500 FREESTYLE: Heidi Eslinger 5:09.19 Feb. 26; Melissa Hsieh 5:12.89 Dec. 4; Jennifer Saunders 5:14.41 Feb. 26; Lisa Daley 5:15.78 Feb. 26; Gina Giesbrecht 5:22.68 Feb. 26; Rachael Novak 5:25.12 Feb. 26.
1,000 FREESTYLE: Heidi Eslinger 10:51.52 Oct. 31; Jennifer Saunders 11:09.78 Jan. 23; Gina Giesbrecht 11:11.45 Nov. 22; Lisa Daley 11:20.81 Feb. 7; Rachael Novak 11:21.15 Nov. 22.
1,650 FREESTYLE: Heidi Eslinger 17:57.42 Feb. 28; Lisa Daley 18:13.46 Feb. 28; Jennifer Saunders 18:54.16 Dec. 6; Rachael Novak 19:08.04 Dec. 6.
100 BACKSTROKE: Erica Stephens 57.74 Feb. 27; Rachael Novak 1:01.20 Feb. 27; Jill Lowers 1:03.77 Feb. 27; Rebecca Skyler 1:06.29 Nov. 1.
200 BACKSTROKE: Erica Stephens 2:04.68 Feb. 28; Rachael Novak 2:12.62 Feb. 28; Jill Lowers 2:17.59 Oct. 31; Rebecca Skyler 2:18.30 Nov. 1.
100 BUTTERFLY: Melissa Hsieh 58.03 Feb. 27 (new school record); Arianna Higuera 59.54 Feb. 27; Kristal Castillo 1:00.87 Feb. 27; Julie Lewis 1:01.34 Feb. 27; Jackie Boudreau 1:02.33 Feb. 27; Larissa Whitney 1:03.33 Feb. 27; Rebecca Skyler 1:04.13 Nov. 1.
200 BUTTERFLY: Melissa Hsieh 2:07.67 Feb. 28; Kristal Castillo 2:12.51 Feb. 28; Jackie Boudreau 2:16.24 Jan. 23; Jill Lowers 2:35.90 Feb. 7.
100 BREASTSTROKE: Kristen Severance 1:08.87 Feb. 27; Julie Lewis 1:09.59 Feb. 27; Sarah Cohen 1:11.77 Feb. 27; Gina Giesbrecht 1:12.69 Feb. 27; Jackie Boudreau 1:15.60 Dec. 5; Christy Winslow 1:18.74 Nov. 1.
200 BREASTSTROKE: Kristen Severance 2:27.42 Feb. 28; Sarah Cohen 2:28.49 Dec. 6; Julie Lewis 2:31.12 Feb. 28; Gina Giesbrecht 2:32.61 Feb. 28; Christy Winslow 2:49.27 Nov. 1.
200 INDIVIDUAL MEDLEY: Traci Lamoure 2:07.72 Dec. 4 (new school record); Erica Stephens 2:08.32 Feb. 26; Arianna Higuera 2:11.82 Dec. 4; Kristen Severance 2:12.48 Feb. 26; Sarah Cohen 2:14.67 Oct. 31; Julie Lewis 2:15.53 Feb. 26; Kristal Castillo 2:19.00 Feb. 26; Jackie Boudreau 2:19.70 Feb. 26; Jill Lowers 2:20.84 Feb. 26; Christy Winslow 2:28.51 Feb. 26.
400 INDIVIDUAL MEDLEY: Erica Stephens 4:28.16 Feb. 27 (new school record); Kristen Severance 4:41.52 Feb. 27; Sarah Cohen 4:42.56 Nov. 22; Jackie Boudreau 5:04.54 Feb. 7; Christy Winslow 5:27.05 Feb. 7.
200 FREESTYLE RELAY: Lamoure, Higuera, Hsieh, Stephens 1:37.11 Feb. 26.
400 FREESTYLE RELAY: Lamoure, Buckley, Hsieh, Higuera 3:33.03 Dec. 6.
800 FREESTYLE RELAY: Lamoure, Hsieh, Stephens, Eslinger 7:37.63 Feb. 27 (new school record).
200 MEDLEY RELAY: Stephens, Severance, Higuera, Lamoure 1:52.31 Dec. 5.
400 MEDLEY RELAY: Stephens, Severance, Higuera, Lamoure 3:57.79 Feb. 26.

OSU history

Oregon State's most recent dive into women's swimming came in 1973-74, but the sport began at the school long before that.

The 1916 Beaver yearbook (which covers the 1914-15 school year) shows a swim team photo in the Girls Athletics section.

The first mention of women's swimming as an intercollegiate sport came in the 1920 Beaver, reporting on Oregon Agricultural College's victory over the University of Oregon in the second annual spring meet in 1919.

By the 1930s, intercollegiate competition for women in all sports had waned. Some women's sports resumed on a club basis in the 1950s.

In 1973-74, OSU began its Department of Women's Intercollegiate Athletics and women's swimming was elevated from a club sport to varsity status. Oregon State was a member of the AIAW prior to joining the NCAA. OSU's women's swimming program joined the Pacific-10 for the 1986-87 school year, when the conference added women's sports.

Yearly results

YEAR	COACH	DUALS	CONF.	NATL.
1974	Bob Maestre	-	3rd	-
1975	Bob Maestre	-	3rd	-
1976	Bob Maestre	5-3	4th	-
1977	Craig Phillips	2-8	7th	-
1978	Craig Phillips	6-4	6th	-
1979	Bob Yamate	5-2	3rd	-
1980	Bob Yamate	12-1	2nd	-
1981	Bob Yamate	8-5	3rd	-
1982	Bob Yamate	9-1	2nd	-
1983	Ralph Maxwell	8-2	2nd	-
1984	Ralph Maxwell	5-4	3rd	-
1985	Laura Baumhofer	1-4	6th	-
1986	Laura Baumhofer	4-6	5th	-
1987	Laura Worden	3-5	9th	-
1988	Laura Worden	7-2	8th	-
1989	Laura Worden	4-3	8th	-
1990	Julie Saunders	6-2	8th	-
1991	Julie Saunders	7-4	7th	-
1992	Julie Saunders	0-11	9th	-
1993	Julie Saunders	2-7	9th	-
1994	Julie Saunders	6-7	9th	38th tie
1995	Julie Saunders	3-7-1	8th	35th tie
1996	Julie Saunders	1-9	8th	-
1997	Mariusz Podkoscielny	2-10	9th	-
1998	Mariusz Podkoscielny	3-5	9th	-

NOTE: From 1974-1986, Oregon State's conference standing refers to AIAW Region 9; from 1987 on, it refers to the Pacific-10. From 1984-86, OSU also competed in the PacWest Conference, finishing 5th in 1984, 8th in 1985 and 5th in 1986. From 1979-86, OSU's national standing refers to the AIAW; from 1987 on, it refers to NCAA Division I.

School records

50 FREESTYLE: Amy van Loben Sels, 23.11; 1994 NCAA Championships at Indianapolis
100 FREESTYLE: Amy van Loben Sels, 50.64; 1995 NCAA Championships at Austin, Texas
200 FREESTYLE: Traci Lamoure, 1:50.91; 1998 Pacific-10 Championships at Long Beach, Calif.
500 FREESTYLE: Tammy Scott, 5:00.00; 1989 Pacific-10 Championships at Cerritos, Calif.
1,000 FREESTYLE: Kelly Kaplan, 10:23.50; 1988 Pacific-10 Championships at Tualatin Hills Swim Center
1,650 FREESTYLE: Holly Andrus, 17:10.16; 1981 Regional Championships at Pullman, Wash.



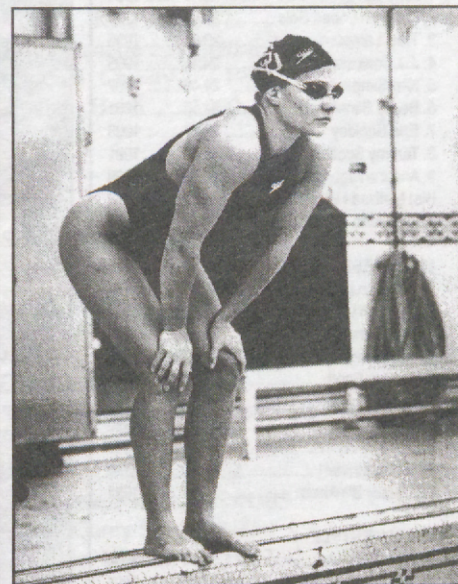
Lamoure



Ryerson

50 BUTTERFLY: Patty Eacobacci, 27.51; 1982 Regional Championships at Seattle
100 BUTTERFLY: Melissa Hsieh, 58.03; 1998 Pacific-10 Championships at Long Beach, Calif.
200 BUTTERFLY: Julie Skowhede, 2:07.65; 1982 Regional Championships at Seattle
50 BACKSTROKE: Tori Eisenbeis, 27.51; 1995 Pacific-10 Championships at Federal Way, Wash.
100 BACKSTROKE: Tori Eisenbeis, 57.23; 1995 Pacific-10 Championships at Federal Way, Wash.
200 BACKSTROKE: Christy Ryerson, 2:03.41; 1994 Pacific-10 Championships at Long Beach, Calif.
50 BREASTSTROKE: Gwen Walser, 30.73; 1996 Pacific-10 Championships at Long Beach, Calif.
100 BREASTSTROKE: Becky Curtis, 1:06.83; 1991 Pacific-10 Championships at Federal Way, Wash.
200 BREASTSTROKE: Tammy Scott, 2:20.77; 1991 Pacific-10 Championships at Federal Way, Wash.
100 INDIVIDUAL MEDLEY: Kathy Garrison, 1:00.96; 1979 Regionals at Eugene
200 INDIVIDUAL MEDLEY: Traci Lamoure, 2:07.72; 1997-98 Speedo Cup at Long Beach, Calif.
400 INDIVIDUAL MEDLEY: Erica Stephens, 4:28.16; 1998 Pacific-10 Championships at Long Beach, Calif.
200 FREESTYLE RELAY: Amy van Loben Sels, J.J. Bontrager, Shireen Taylor, Traci Lamoure, 1:36.50; 1995 Pacific-10 Championships at Federal Way, Wash.
400 FREESTYLE RELAY: J.J. Bontrager, Shireen Taylor, Traci Lamoure, Amy van Loben Sels, 3:28.08; 1995 Pacific-10 Championships at Federal Way, Wash.
800 FREESTYLE RELAY: Traci Lamoure, Melissa Hsieh, Erica Stephens, Heidi Eslinger, 7:37.63; 1998 Pacific-10 Championships at Long Beach, Calif.
200 MEDLEY RELAY: Tori Eisenbeis, Heather Simmons, J.J. Bontrager, Amy van Loben Sels, 1:48.08; 1995 Pacific-10 Championships at Federal Way, Wash.
400 MEDLEY RELAY: Tori Eisenbeis, Heather Simmons, J.J. Bontrager, Amy van Loben Sels, 3:53.90; 1995 Pacific-10 Championships at Federal Way, Wash.

Amy van Loben Sels



Amy van Loben Sels, OSU's two-time swimming All-American.

As Oregon State looks to set new standards in its women's swimming program, the Beavers have Amy van Loben Sels as their current benchmark.

van Loben Sels, who competed for OSU from 1991-95, is the school's first two-time NCAA All-America selection in women's swimming. The graduate of Woodinville, Wash., High qualified for the NCAA Swimming and Diving Championships in 1994 and 1995 in the freestyle sprints.

van Loben Sels has six places in the OSU school record book. She holds the OSU marks for the 50-yard freestyle (23.11 seconds) and the 100 freestyle (50.64 seconds). She was also part of teams that still hold school records in the 200 free relay (1 minute, 36.4 seconds), the 400 free relay (3:28.08), the 200 medley relay (1:48.08) and the 400 medley relay (3:53.90).

van Loben Sels competed in the U.S. Olympic Trials in 1996 and placed 11th in the 50 freestyle.



van Loben Sels

Oregon State all-time top 10s

50 FREESTYLE

1. Amy van Loben Sels	23.11	1994
2. Lisa van Loben Sels	23.69	1990
3. Traci Lamoure	23.86	1996
4. J.J. Townsend	24.11	1995
5. Kim Simpson	24.49	1997
6. Becky Blinkhorn	24.53	1981
7. Erin Buckley	24.57	1998
8. Tammy Scott	24.61	1991
9. Arianna Higuera	24.79	1998
(tie) Melissa Hsieh	24.79	1998
(tie) Shireen Taylor	24.79	1997

100 FREESTYLE

1. Amy van Loben Sels	50.64	1995
2. Lisa van Loben Sels	51.57	1990
3. Traci Lamoure	51.59	1996
4. J.J. Townsend	52.12	1995
5. Tammy Scott	52.70	1991
6. Kim Simpson	53.24	1997
7. Arianna Higuera	53.57	1998
8. Shireen Taylor	53.61	1997
9. Melissa Hsieh	53.70	1998
10. Becky Blinkhorn	53.80	1981

200 FREESTYLE

1. Traci Lamoure	1:50.91	1998
2. Tammy Scott	1:52.40	1991
3. Melissa Hsieh	1:54.28	1998
4. Kelly Kaplan	1:54.80	1988
5. Erin Buckley	1:55.19	1998
6. Lisa van Loben Sels	1:56.10	1989
7. Julie Hockett	1:57.00	1991
8. Heidi Eslinger	1:57.08	1997
9. Shireen Taylor	1:57.18	1997
10. Jennifer Saunders	1:57.28	1998

500 FREESTYLE

1. Tammy Scott	5:00.00	1989
2. Kelly Kaplan	5:02.21	1988
3. Holly Andrus	5:03.91	1981
4. Julie Skowhede	5:06.14	1982
5. Karin Schanzle	5:07.65	1986
6. Heidi Eslinger	5:08.57	1997
7. Malea Revak	5:10.72	1997
8. Melissa Hsieh	5:12.99	1998
9. Traci Lamoure	5:13.41	1995
10. Jennifer Saunders	5:14.41	1998

1,000 FREESTYLE

1. Kelly Kaplan	10:23.50	1990
2. Holly Andrus	10:24.10	1981
3. Tammy Scott	10:44.60	1988
4. Heidi Eslinger	10:51.52	1998
5. Debbie Fagan	10:54.80	1989
6. Julie Skowhede	10:57.41	1984
7. Karen Schanzle	10:57.63	1986
8. Malea Revak	11:03.76	1997
9. Monee Williamson	11:04.64	1994
10. Lisa Rankin	11:08.59	1985
(tie) Julie Hockett	11:08.59	1991

1,650 FREESTYLE

1. Holly Andrus	17:10.16	1981
2. Kelly Kaplan	17:12.85	1988
3. Karin Schanzle	17:42.03	1986
4. Heidi Eslinger	17:57.40	1998
5. Malea Revak	17:59.31	1997
6. Debbie Fagan	18:10.57	1989
7. Julie Skowhede	18:12.95	1985
8. Lisa Daley	18:13.40	1998
9. Monee Williamson	18:20.84	1994
10. Gayle Camburn	18:34.30	1989



Gina Giesbrecht



Kristen Severance



Melissa Hsieh

100 BACKSTROKE

1. Tori Eisenbeis	57.23	1995
2. Christy Ryerson	57.50	1994
3. Erica Stephens	57.74	1998
4. Cary Conley	58.12	1996
5. Tina Kondo	1:00.39	1992
6. Suzanne Bruno	1:00.87	1990
7. Juli Ellingson	1:01.35	1993
8. Rachael Novak	1:01.42	1998
9. Erin Cassing	1:01.64	1996
10. Shannon Kelley	1:01.77	1987

200 BACKSTROKE

1. Christy Ryerson	2:03.41	1994
2. Tori Eisenbeis	2:04.55	1995
3. Erica Stephens	2:04.60	1998
4. Cary Conley	2:06.55	1996
5. Suzanne Bruno	2:10.31	1990
6. Shannon Kelley	2:10.87	1987
7. Rachael Novak	2:12.62	1998
8. Kristi Tonkin	2:12.80	1986
9. Heather Lavell	2:12.87	1995
10. Kerry Riddle	2:14.34	1984

100 BUTTERFLY

1. Melissa Hsieh	58.03	1998
2. Lisa van Loben Sels	58.24	1991
3. Patty Eacobacci	58.29	1984
4. J.J. Townsend	58.68	1996
5. Amy van Loben Sels	58.98	1994
6. Arianna Higuera	59.55	1998
7. Julie Skowhede	59.59	1982
8. Kim Simpson	59.65	1997
9. Kristy Siegrist	59.87	1981
10. Danette Ross	1:00.01	1981

200 BUTTERFLY

1. Julie Skowhede	2:07.65	1982
2. Melissa Hsieh	2:07.67	1998
3. Danette Ross	2:08.02	1981
4. Monee Williamson	2:09.97	1994
5. Holly Andrus	2:10.09	1983
6. Julie Himstreet	2:10.40	1991
7. Patty Eacobacci	2:10.74	1984
8. Susan Happe	2:12.08	1980
9. Kristal Castillo	2:12.51	1998
10. Andrea Ziemer	2:13.76	1988

100 BREASTSTROKE

1. Becky Curtis	1:06.83	1991
2. Julie Ahrendt	1:07.51	1991
3. Heather Simmons	1:07.32	1995
(tie) Gwen Walsler	1:07.32	1996
5. Tammy Scott	1:07.83	1994
6. JayDee McIntyre	1:08.70	1984
7. Kristen Severance	1:08.87	1998
8. Janet Ashton	1:09.19	1986
9. Kristy Siegrist	1:09.23	1981
10. Julie Lewis	1:09.59	1998

200 BREASTSTROKE

1. Tammy Scott	2:20.77	1991
2. Becky Curtis	2:23.89	1991
3. Julie Ahrendt	2:24.62	1992
4. Heather Simmons	2:25.57	1995
5. Kristen Severance	2:27.40	1998
6. JayDee McIntyre	2:28.07	1984
7. Sarah Cohen	2:28.49	1998
8. Gina Giesbrecht	2:28.57	1997
9. Kristy Siegrist	2:28.95	1981
10. Gwen Walsler	2:29.59	1996

200 INDIVIDUAL MEDLEY

1. Traci Lamoure	2:07.72	1998
2. Erica Stephens	2:08.32	1998
3. Julie Himstreet	2:11.27	1991
4. Arianna Higuera	2:11.82	1998
5. Kathy Garrison	2:12.16	1979
6. Heather Simmons	2:12.67	1995
7. Kristen Severance	2:12.48	1998
8. Holly Andrus	2:13.17	1981
9. Cary Conley	2:13.71	1996
10. Kristy Siegrist	2:13.83	1982

400 INDIVIDUAL MEDLEY

1. Erica Stephens	4:28.16	1998
2. Julie Himstreet	4:35.60	1991
3. Holly Andrus	4:37.20	1981
4. Kristen Severance	4:41.52	1998
5. Monee Williamson	4:41.78	1994
6. Sarah Cohen	4:42.56	1998
7. Karin Schanzle	4:43.73	1986
8. Tristy Barrett	4:44.08	1996
9. Jackie Boudreau	4:44.55	1997
10. Traci Lamoure	4:45.45	1996

Oregon State all-time swimming letterwomen

A

Ahrendt, Julie 1989-92
 Andrus, Holly 1981-82
 Ashton, Janet 1986
 Arrow, Rachel 1996

B

Barrett, Tristy 1993-96
 Benjamin, Mary 1993-94
 Bingle, Janet 1980-81
 Blinkhorn, Becky 1982
 Boelter, Joni 1985-87
 Bork, Risa 1979-80
 Boudreau, Jackie 1997-98
 Buckley, Erin 1998
 Burlingham, Dori 1981

C

Camburn, Gayle 1989-91
 Carroll, Jean 1981-84
 Castillo, Kristal 1998
 Castro, Therese 1981
 Chambers, Marcia 1981
 Champman, Lauri 1981
 Cohen, Sarah 1998
 Conley, Cary 1996
 Cronin, Chantel 1993
 Curtis, Becky 1988-91

D

Dahlstrom, Brenda 1987-90
 Daley, Lisa 1994-97
 DeHaas, Sharon 1984-85
 DeLucia, Karen 1980
 Derhalli, Karen 1980
 Dobis, Jenny 1995
 Duvall, Bev 1988-90

E

Eacobbaci, Patty 1982-86
 Eisenbeis, Tori 1991-95
 Ellingson, Juli 1993-94
 Eslinger, Heidi 1994-98

F

Fagan, Debbie 1990-92
 Fahey, Sara 1980-81
 Flatz, Rhonda 1980-83

G

Garrison, Kathy 1978-80
 Gault, Sheila 1981
 George, Anette 1981

Giesbrecht, Gina 1997-98
 Graham, Suzie 1985
 Gunn, Linda 1980-81

H

Hankins, Brenda 1993-94
 Happe, Susan 1979-81
 Harding, Karen 1986
 Harrington, Kathy 1987
 Hay, Donna 1986
 Hayes, Karen 1987-88
 Higuera, Arianna 1998
 Himstreet, Julie 1991-92
 Hockett, Julie 1988-91
 Holbo, Kirsten 1988-91
 Holloway, Samantha 1990
 Hsieh, Melissa 1998

J

Jones, Becky 1981

K

Kaplan, Kelly 1988, 1990
 Kelley, Shannon 1987-88
 Kondo, Tina 1991-92
 Kosterow, Kim 1985

L

Lamoure, Traci 1994-98
 Larson, Tracy 1980-81
 Laurenson, Beth 1978-80
 Lavell, Heather 1992-95
 Lewis, Julie 1998
 Lindsay, Susan 1981-83
 Loeffel, DeAnna 1981
 Lowers, Jill 1997

M

Macoubray, Marilyn 1980
 Marston, Marie 1978-80
 Matthews, Marcia 1979-81
 Matthis, Scottie 1979-81
 Maxwell, Sue 1987-90
 McIntyre, Jay Dee 1983
 McMilin, Jessica 1995
 Miller, Helen 1982-85

N

Nickelsen, Dana 1979-80

R

Rankin, Lisa 1983-85
 Rand, Nancy 1981

Revak, Malea 1997
 Riddle, Kerry 1982-84
 Roberts, Kris 1987
 Ross, Danette 1980-81
 Ryerson, Christy 1991-94
 Rytting, Heidi 1990

S

Saunders, Jennifer 1998
 Schanzle, Karin 1986
 Schuller, Johanna 1980
 Scott, Tammy 1988-91
 Severance, Kristen 1998
 Sherrell, Kim 1980-81
 Siegrist, Kristy 1981
 Simmons, Heather 1992-95
 Simpson, Kim 1997
 Sirianni, Carey 1981
 Skowhede, Julie 1981-85
 Smith, Carey 1992-95
 Sprecher, Kristen 1989-92
 Stalcup, Lorlee 1988
 Stephens, Erica 1998
 Swallow, Allison 1995
 Swink, Ann 1982-85
 Syverson, Kim 1979-80

T

Taylor, Shireen 1993-97
 Tonkin, Kristi 1986
 Townsend, J.J. 1993-97
 Treneman, Joan 1978-81

V

van Loben Sels, Amy 1991-95
 van Loben Sels, Lisa 1989-91

W

Wallace, Leslie 1982-85
 Walser, Gwen 1996
 Walter, Deedee 1981
 Williamson, Monee 1993-95
 Winslow, Christy 1997

Y

Young, Lisa 1986-87

Z

Ziemer, Andrea 1987-90



Oregon State academics and athletics

Oregon State: Real education for the real world

Oregon State University provides real education for the real world. Innovative academic programs, cutting-edge research and exceptional facilities offer a compelling learning experience for success in life and career work.

Within the secure setting of one of the most beautiful campuses in the United States, OSU is Oregon's oldest state-assisted institution of higher education. Founded in 1868, OSU is Oregon's only Carnegie I comprehensive research university.

The university is internationally respected for teaching, research and public service as a Land Grant, Sea Grant and Space Grant university. Students come to OSU from every state in the nation and more than 100 countries to pursue undergraduate and graduate degrees in more than 200 distinct academic programs.

Preparing students for the future is Oregon State's top priority. With an enrollment of 14,500, OSU prepares students to achieve success in agricultural sciences, business, engineering, forestry, health and human performance, home economics and education, liberal arts, oceanography and atmospheric sciences, pharmacy, science and veterinary medicine.

Scholarly research is an important part of OSU's mission. A distinguished faculty of 2,000 scholars attracts more than \$130 million each year in external research grants. OSU's faculty members are at the forefront of development in information processing and networking, biotechnology, computer and marine science, advanced materials, family studies and human and environmental health.

The university operates academic



Oregon State Memorial Union

and research programs in all 36 counties of the state and administers the Hatfield Marine Science Center in Newport, a seafood laboratory in Astoria and a fisheries culture station in Netarts Bay. OSU directs 10 branch agricultural research and development stations, manages two research forests, and has conference/education centers in Portland and Medford.

Research done by OSU's Agricultural Experiment Station and branch stations throughout the state adds practical value for students and society. Through Extended Education, OSU



Benton Hall

reaches across the state to work with citizens in such areas as energy conservation, home improvement, agriculture and forestry, community development and the 4-H youth program.

OSU is a leader in international education. The university has agreements, contracts and exchange programs with more than 75 foreign countries, and its innovative international degree program has attracted national attention.

Unique programs and facilities add to OSU's reputation for academic excellence. OSU is the only university in the Northwest involved in the National Science Foundation's new national supercomputing infrastructure.

The university's Modern Communications Center and its three on-campus supercomputers - the largest concentration in Oregon - offer unique support for educational and research programs. Additionally, Oregon State is the only university in the country with two national centers supported by National Institute of Environmental Health Sciences.

The Alumni College offers an innovative program that allows all OSU students to take courses from the university for life without having to

reapply for admission. Another innovation is "OSU Statewide," an initiative that will allow all Oregonians access to more than a dozen different degree programs with the convenience of a home computer, telephone or mailbox. Together, they illustrate the university's curricular innovation and educational leadership.

As one of America's top-tier universities, OSU is shaping new directions for the future of higher education.

Beavers are making the grade in class as well as on the field

When it comes to combining academics with athletics, Oregon State has a national reputation for success. Just take a look in Sports Illustrated, or any of the other publications that carried the news about the Beavers' national academic championship.

In July, 1996, OSU was named as having the highest graduation rate among NCAA Division I-A schools for scholarship athletes - 95 percent. The six-year study, which tracked students entering school in the fall of 1989, showed 42 of 44 graduating; OSU's 95 percent compared favorably to the 58 percent for Division I nationally.

Oregon State's support for athletes isn't limited to the classroom. The athletic department's BALANCE program - standing for Beaver Athletes for Lifeskills Awareness and the Necessary Choices for Excellence - has been recognized as a national leader in giving athletes a chance to mature in the areas of career skills, community service and personal development.

All of OSU's student-athletes are involved in some aspect of the program

Topics include time and stress management, communication skills, interviewing skills, networking, resume and cover letter writing, community outreach and public speaking, alcohol education, diversity, ethics, fiscal responsibility, manners and etiquette, nutrition and values clarification.

Dr. Paul G. Risser

President (Grinnell, 1965)



Dr. Paul G. Risser, the 13th president of Oregon State University, began his tenure Jan. 1, 1996. Risser can often be found watching Beaver teams in action and has made a commitment to university support for athletics.

Risser came to OSU from Miami University of Ohio, where he had been president since 1992. Previously, he had been provost and vice president for academic affairs at the University of New Mexico; he had arrived at UNM as vice president for research in 1986.

Honors bestowed upon Risser include being appointed a Fellow of the American

Association for the Advancement of Science in 1985 and the American Academy of Arts and Sciences in 1994. He served as president of the American Institute of Biological Sciences in 1991-92; he is currently Secretary General to the Paris-based Scientific Committee on Problems of the Environment.

An internationally-known biologist, Risser's research interests include the structure and function of grassland and forest ecosystems, environmental planning and management, landscape ecology and global change.

Born Sept. 14, 1939 in Blackwell, Okla., Risser received his bachelor's degree in biology from Grinnell College in Iowa in 1961. He earned a master's degree in botany in 1965 and a doctorate in botany and soils in 1967 at the University of Wisconsin.

Risser began his teaching career at Wisconsin in 1963 and joined the faculty of the University of Oklahoma in 1967.

Risser's wife is Les Risser; he has four sons.

Mitch Barnhart

Athletic director (Ottawa, 1981)



Oregon State's athletic department made a big step in improving its profile on both a regional and national basis when it hired Mitch Barnhart as athletic director.

Barnhart was named to the position in February, 1998, after serving 12 years as senior associate athletic director at Tennessee.

Barnhart, who has a solid background in marketing and fundraising, earned high marks for departmental management and

fundraising during his years at Tennessee. He helped the Volunteers' athletic budget grow from \$11 million to \$38 million, and also contributed to full certification review for the athletic department and helped to hire all of Tennessee's current head coaches.

Barnhart has been associated with college athletics since his undergraduate days at Ottawa University in Ottawa, Kansas. He started his climb up the collegiate administrative ladder in 1982 when he joined the staff at San Diego State. He moved to Oregon in 1983 and was the Ducks' fundraiser in the Portland area.

Barnhart went to Southern Methodist in 1983 and was assistant athletic director of the SMU Mustang Club.

Barnhart is married to the former Connie Brown, and they have three children: Kirby (10), Blaire (7) and Scott (4).

Oregon State athletic traditions

THE BEAVER NICKNAME: Oregon State University, like many other universities in the United States, takes its nickname from its home state's official animal.

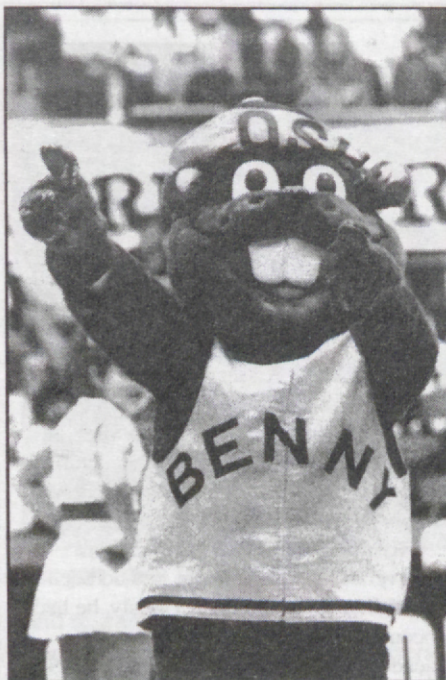
In the school's early days as Oregon Agricultural College, the athletic teams were known as the Aggies. When orange uniforms replaced the drab sweatshirt-gray and tan jerseys, the teams were often referred to as the Orangemen.

In 1916, when the school yearbook was renamed the Beaver, the name Beaver became associated with the school. It is believed the press also had some influence in changing the name, particularly L.H. Gregory of The Oregonian newspaper in Portland. Whatever its origin, the name Beavers gained instant popularity among alumni and students.

THE COLORS ORANGE AND BLACK: Oregon State played its first football game in 1893 and the color orange was adopted as the school color. The school's yearbook, in fact, was originally known as the Orange.

Oregon State teams have generally worn uniforms using orange, black and white as the base colors.

However, orange is still the school's official color. Former men's basketball coach Slat Gill and former football coach Tommy Prothro both popularized



Benny Beaver

all-black uniforms during their careers at Oregon State, though, and some teams still wear black jerseys.

THE MASCOT, BENNY BEAVER: Oregon State's mascot is Benny Beaver, who can be found at most OSU athletic events.

Benny was introduced to the student body Sept. 18, 1952, in an effort to pick up sagging school spirit. Years later, he was joined by a female compatriot, Bernice.

Beavers get to test themselves against the best

Athletes at Oregon State get to test themselves against the best collegiate competition in the country. Oregon State is a charter member of the Pacific-10 Conference, which also includes Arizona, Arizona State, California, Oregon, Southern California, Stanford, UCLA, Washington and Washington State.

During the 1997-98 academic year, Pacific-10 schools won 11 NCAA team national championships. The conference now has 236 all-time NCAA team national championships, by far the most of any conference in the country.

Besides women's swimming, Oregon State also fields varsity teams in football, volleyball, men's soccer, women's soccer, men's basketball, women's basketball, women's gymnastics, wrestling, baseball, softball, men's golf, women's golf, men's crew and women's crew.

In the past five years, Oregon State has sent teams to NCAA national meets in women's soccer, women's basketball, women's gymnastics, women's swimming, wrestling, men's golf, women's golf, men's crew and women's crew; OSU has earned top-10 team finishes in women's gymnastics, wrestling, men's crew and women's crew. The Beavers were also nationally-ranked in baseball and softball last spring.

A wide variety of club sports are offered at Oregon State, including track and field and rugby. Intramural sports are also a big part of student life.

Oregon State's athletic facilities include 35,362-seat Parker Stadium for football and 10,400-seat Gill Coliseum for men's basketball, women's basketball, women's gymnastics, wrestling and volleyball. Training facilities and meeting areas for most sports are also housed in Gill Coliseum, and there is also a weight room in the newly-expanded Valley Football Center.



Flying the Oregon State colors at a football game



1998-99 OREGON STATE WOMEN'S SWIMMING

(Left to right) **Back row:** Kristen Severance, Kyla Bond, Julie Lewis, Erica Stephens, Suzanne Broda, Gina Giesbrecht. **Fourth row:** Erin Buckley, Jennifer Saunders, Amy Imwalle, Arianna Higuera, Melissa Hsieh. **Third row:** Jill Personius, Sheila Tehranchi, Danielle Lux, Sarah Cohen. **Second row:** Maureen Pendergast, Kristin Martinec, Kristal Castillo. **Front row:** Dana Stoddard, Bonnie Renwick.

J. D. Pence Aquatic Supply

PROUDLY CARRIES
Speedo-Tyr-Nike-Dolphin-Competitor



- ★ Team Specialists
- ★ Fast, Friendly Service
- ★ Great Team Discounts
- ★ Guaranteed Products and Fit

Specializing in Competitive Swimming Since 1978

1-800-547-2520