



## Tribe elects 2 incumbents, 1 newcomer to Tribal Council; officers chosen

Sharon Edenfield, Reggie Butler Sr. and Angela Ramirez were elected to the Tribal Council of the Confederated Tribes of Siletz Indians in elections held Feb. 3.

Edenfield, from Siletz, Ore., was re-elected with 343 votes; Butler, from Siletz, Ore., was re-elected with 303 votes; and Ramirez, from Siletz, Ore., was elected with 300 votes. Eight candidates ran for the three open positions and the three who received the most votes were elected.

These individuals will serve with Lillie Butler and Alfred (Bud) Lane III, both of Siletz, and Delores Pigsley from Keizer, Ore., whose terms expire in 2019; and with Loraine Butler of Siletz, Gloria Ingle of Lincoln City and Robert Kentta of Logsdan, whose terms expire in 2020. Term of office is three years for each position on the nine-member council.

Seven hundred nine ballots were returned and accepted. Enrolled members of the Siletz Tribe who are age 18 and older are eligible to vote in Tribal elections. The Tribe has more than 5,200 enrolled members.

The swearing-in ceremony for the newly elected council members took place Feb. 4. Officers are elected on an annual basis and those selected for 2018 include:

- Delores Pigsley, chairman
- Alfred (Bud) Lane III, vice chairman
- Sharon Edenfield, secretary
- Robert Kentta, treasurer



Photo by Andy Taylor

The 2018 Siletz Tribal Council (l to r): Lillie Butler, Gloria Ingle, Delores Pigsley, Reggie Butler Sr., Robert Kentta, Loraine Butler, Alfred (Bud) Lane III, Sharon Edenfield and Angela Ramirez

Pigsley currently has served 32.5 years as Tribal chairman out of 39 years on the council, while Lillie Butler has served 26; Reggie Butler, 21; Bud Lane, 20; Robert Kentta and Loraine Butler, 13 each; Sharon Edenfield, nearly 8 years; and Gloria Ingle, 4 years.

The Siletz Tribe has spent the last 40 years rebuilding its government and economic structure. The signing of Public Law 95-195 in 1977, which restored government-to-government relations between the Siletz Tribe and the federal government, started this process. The Siletz Tribe

was the second in the nation – and the first in Oregon – to achieve restoration.

The Siletz Tribe was among the first to become a self-governance Tribe, giving Tribal government more control over services provided to Tribal members. Under self-governance, the U.S. government provides general funding to the Tribe (rather than to specific programs), then Tribal employees and the Tribal Council decide how funds will be spent.

Significant Tribal accomplishments since Restoration include opening the original health clinic in 1991 and a new

much larger clinic in 2010; building more than 150 homes and multiple dwellings for Tribal members, including 28 units at Neachesna Village in Lincoln City that have opened since 2009, 19 apartments in Siletz that opened in 2010 and 12 homes in the Tillamook subdivision in Siletz that have opened since 2013; completing the Siletz Dance House in 1996; opening the Tenas Illahee Childcare Center in 2003; opening the Tillamook Fitness Center and a new USDA food distribution warehouse in Siletz in 2008; and opening the Siletz Recreation Center in 2009.

Through its economic development division, the Siletz Tribal Business Corporation, the Tribe purchased the Lincoln Shores office complex in Lincoln City in 2001 and opened the Siletz Gas & Mini-Mart in Siletz in 2004, the Logan Road RV Park in Lincoln City in 2004 and the Hee Hee Illahee RV Resort in Salem in 2006.

Tribal offices in Portland, Salem and Eugene are housed in Tribally owned buildings. The Eugene office moved to its current location in 2005, the Salem office did the same in 2006 and the Portland office moved to its current location in 2008.

The Tribe also played a lead role in opening the Siletz Valley School in 2003 and the Siletz Valley Early College Academy in 2006.

See Election on page 6

### Remarks of President Jefferson Keel 16<sup>th</sup> Annual State of Indian Nations Address Washington, D.C. • Feb. 13, 2018

Good morning!

I am humbled to serve you – once again – as president of the National Congress of American Indians.

Normally, at this point I'd say: On behalf of the 567 federally-recognized Tribal nations and dozens of state-recognized Tribal nations that we serve, I'm honored to welcome you here today.

But last month, six Virginia Tribes were finally granted federal recognition. I congratulate the Chickahominy, Eastern Chickahominy, Upper Mattaponi, Rappahannock, Monacan, and Nansemond Tribes on this long-overdue affirmation of their sovereignty.

So now, on behalf of the 573 federally recognized Tribal nations and dozens of state-recognized Tribal nations we serve, I'm honored to share this message of our power and purpose with members of Congress and the administration.

The state of Indian nations is strong and resilient and everlasting.

We were here before all others. We are still here. We will always be here.

Like so many others, my Tribe, the Chickasaw, was removed from our home in Mississippi in the 1830s. We were uprooted from our homes, driven hundreds of hard miles across the rivers and mountains, enduring unmentionable hardship, losing almost half of our Tribal members to what is now known as Oklahoma.

There, we started over and we rebuilt our nation. Our love of our culture and our commitment to our values kept us strong, and enabled us to persevere. Today, we proudly call ourselves the Unconquered and Unconquerable Chickasaw Nation. And, we are among the strongest economic forces in Oklahoma.

In every part of this land, we see the enduring resilience of Native peoples.

We are a wellspring of governing ingenuity and local solutions to tough challenges, indigenous knowledge and environmental stewardship, and new jobs and economic growth. Yet, too often – and for too long – Indian Country has been overlooked.

See Indian Nations on page 12

### Patient portal now available at Siletz Clinic

The Siletz Community Health Clinic is thrilled to offer you a new feature – The Patient Portal! This is a convenient, secure online tool available 24/7 so you can:

- Exchange secure messages with your medical team
- Access your health record
- Search patient educational material
- View visit summary documents
- Send your health records to other providers

- Attach your dependents' medical information to your portal account

Parents and legal guardians can attach minor's medical information to their portal account. To do so, the parent/legal guardian must send a message request from their portal account or come into the clinic.

If you have any questions regarding the enrollment process, call our patient care coordinators at 541-444-1030 or 800-648-0449, Monday through Friday from 8 a.m. to 5 p.m.



### Siletz Community Health Clinic PATIENT PORTAL Self-Enrollment

- 1 From your phone, tablet, or computer's web browser go to [www.ctsi.nsn.us](http://www.ctsi.nsn.us)
- 2 Click on **Tribal Services**
- 3 Click on **Healthcare**
- 4 Click on **Patient Portal**

In the section "**Don't have an Account? Fill Out the Fields Below**" fill in your information, skip the insurance section, then complete the enrollment. Once your request is reviewed we'll send a verification email and you'll be ready to log on.

**IS MY ENROLLMENT INFORMATION SAFE?** YES! YOUR PORTAL SELF-ENROLLMENT INFORMATION IS VERIFIED AGAINST OUR PATIENT DATABASE. IF IT DOES NOT MATCH WE WILL CALL YOU USING THE PHONE# ON RECORD. Note: changes to email and other personal information must be made in person at the clinic, or through your portal account once the enrollment is complete.

Welcome to the Portal! Marci Muschamp, Health Director



## Chairman's Report

Tribal Council had an extremely busy month in February. Elections were held and I congratulate Sharon Edenfield, Reggie Butler Sr. and Angela Ramirez for being elected.

### State of the State address

Bud Lane and I attended Gov. Kate Brown's State of the State address at

the Capitol in Salem. She outlined her goals for the coming year and her term. Education and the environment are her priorities; she made a great motivational presentation.

She invited Bud and I to a reception in the ceremonial office following the legislative session. It was great.

On a sad note, we said goodbye to our beloved Tribal attorney, Cat Tufts. Sadly, she left us unexpectedly. She left family and many friends with her untimely passing.

### University of Oregon Longhouse stewards

The nine Tribes of Oregon are stewards of the longhouse on the campus of the University of Oregon.

Siletz hosted the most recent meeting at Chinook Winds. Tribes were updated on the number of Tribal students attending Oregon universities. The goal at the UO is to increase the numbers of students and the graduation rates.

The school will host the annual Mother's Day Pow-Wow in May.

### Town hall meetings

Bud Lane and I attended a recent town hall meeting in Keizer hosted by Congressman Kurt Schrader and Sen. Jeff Merkley. It was a packed house, standing room only.

They discussed the issues of the times: Medicare, DACA, budget priorities and the president's recent action to drill for oil off the Oregon Coast. The audience was very supportive of them.

### STBC

A workshop was recently held on the future direction of the Siletz Tribal Business Corporation. Tribal Council



Delores Pigsley

firmly supports future economic development and has set some goals for STBC to carry forward.

### Washington, D.C., trip

Council recently attended meetings with congressional staff, Congressman Schrader, Sen. Jeff Merkley and Acting Assistant Secretary of Indian Affairs John Tahsuda and the U.S. Forest Service in Washington, D.C.

Meetings were held to define our position on a couple pieces of legislation as it relates to our own Tribal history that sometimes gets used inappropriately by others. We felt the meetings were very successful.



Courtesy photo

Several Siletz Tribal Council members attended the Affiliated Tribes of Northwest Indians' Winter Convention in Portland, Ore., in January. While there, they participated in a Tribal consultation with the Bureau of Indian Affairs on the revision of the 151 (fee-to-trust) regulations. The Siletz Tribe hosted a reception with ATNI Tribal leaders after the consultation. Pictured left to right are Delores Pigsley, Tribal chairman; Bud Lane, Tribal vice chairman; Bryan Rice, BIA director; John Tahsuda, acting assistant secretary for Indian Affairs; and Sharon Edenfield, Tribal secretary.

For more information about the Siletz Tribe, please visit [ctsi.nsn.us](http://ctsi.nsn.us).

## Elders Council Meeting

March 10 • 1-4 p.m.

Chinook Winds Golf Resort

For more information, contact the Elders Program at 800-922-1399, ext. 1261, or 541-444-8261.

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to Siletz News.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

**Change of address:** Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or [enrollment@ctsi.nsn.us](mailto:enrollment@ctsi.nsn.us). All others – call the newspaper office.

### Send information to:

**Siletz News**  
P.O. Box 549  
Siletz, OR 97380-0549  
  
541-444-8291 or  
800-922-1399, ext. 1291  
  
Fax: 541-444-2307  
  
Email: [pias@ctsi.nsn.us](mailto:pias@ctsi.nsn.us)

**Deadline for the April issue is March 9.**

**Submission of articles and photos is encouraged.**

**Please see the Passages Policy on page 20 when submitting items for Passages.**



**Member of the Native American Journalists Association**

## Nuu-wee-ya' (our words) Introduction to the Athabaskan language Open to Tribal members of all ages

### Siletz

Siletz Tribal Community Center  
March 5 – 6-8 p.m.  
April 2 – 6-8 p.m.

### Portland

Portland Area Office  
March 12 – 6-8 p.m.  
April 16 – 6-8 p.m.

### Eugene

Eugene Area Office  
March 6 – 6-8 p.m.  
April 3 – 6-8 p.m.

### Salem

Salem Area Office  
March 13 – 6-8 p.m.  
April 17 – 6-8 p.m.

Classes begin with basic instruction and progress over the year. They also are a refresher course for more-advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages.

We also have equipment in the Cultural Department available for use in grinding and drilling shell or pine nuts or other applications. If you need to use the equipment, call the number below to set up an appointment.

For more information, contact Bud Lane at the Siletz Cultural Department at 541-444-8320 or 800-922-1399, ext. 1320; or e-mail [budl@ctsi.nsn.us](mailto:budl@ctsi.nsn.us).



# 477 Self-Sufficiency: Employment/training and cash assistance services

The 477 Self-Sufficiency Program (SSP) offers a wide variety of employment/training and cash assistance services for Siletz Tribal members and members of other federally recognized Tribes. The services we provide are for those who reside within the Tribe's 11-county service area.

For Siletz Tribal members, we offer Temporary Assistance for Needy Families (TANF) and General Assistance for

Single Adults (GASA) cash grants for those who are low-income. We also offer Non-Needy Care Taker Relative (NNCR) cash assistance for those who care for grandchildren and are over-income.

Are you facing an eviction or utility shut-off? The program offers Emergency Assistance that remains open all year. The program seeks to prevent eviction or utility shut-off, but cannot be used for deposits or move-in costs.

We provide employment/training and education services for members of any federally recognized Tribe. We currently have funding and open slots for Work Experience (WEX), On-the-Job Training (OJT) and Classroom Training (CRT).

The program can assist with basic education assistance, one term of higher education or vocational training services. Funds can be utilized for tuition, fees and/or provide a stipend.

Have you recently gained full-time permanent employment? The program can assist you, if hired within seven business days, with the tools and clothing needed for your new job. Other eligibility criteria apply.

Are you employed and at risk of losing your employment? Contact us to see if you qualify for Diverted Services.

To apply, contact one of our Tribal service specialists located in each Tribal area office.

## Temporary Tribal Student Assistance Program

The Siletz Tribal Housing Department's Temporary Tribal Student Assistance Program (TTSAP) will accept applications for the 2018-2019 academic year beginning April 1, 2018.

### Program Information

- ❖ TTSAP assists Tribal students who will attend a college, university, vocational or trade school.
- ❖ TTSAP is a time-limited program. Funding is for one academic year.
- ❖ TTSAP assists students with rent or room and board in a dormitory.

- ❖ The student's share of the rent is 30 percent of their adjusted annual income. Important note: The student might be required to remit a portion of the rent. For example, if a student is working, the wages will affect the student's share of the rent.
- ❖ Assistance is not transferable.

STHD will accept applications beginning April 1, 2018.

To obtain an application, please stop by the STHD's office at 555 Tolowa Court, Siletz OR, 97380 or call 800-922-1399, ext. 1322, or 541-444-8322. Applications also can be downloaded from the Siletz Tribe's website at [ctsi.nsn.us](http://ctsi.nsn.us).

## USDA distribution dates for March

	Siletz	Jalapeno Popper Corn Salad
Thursday	March 1 9 a.m. – 3 p.m.	2 tablespoons olive oil
Friday	March 2 9 a.m. – 3 p.m.	5 cans corn kernels (or 8 cooked ears of corn), rinsed and drained*
Monday	March 5 9 a.m. – 3 p.m.	1 cup bacon, cooked and crumbled
Tuesday	March 6 9 a.m. – 3 p.m.	2 jalapenos, seeds and ribs removed, minced
Wednesday	March 7 9 a.m. – 3 p.m.	1 cup cheddar cheese, grated*
		½ cup cream cheese, room temperature
		¼ cup sour cream
		¼ teaspoon chili powder
		Salt and pepper to taste

I haven't made this recipe in years, but you might want to try it.

Heat olive oil in a large skillet over medium high heat and sauté corn kernels until lightly browned.

In a large bowl, combine corn, bacon and jalapenos, and then stir in cheese, cream cheese and sour cream. Season with chili powder and salt and pepper. Taste and adjust seasoning if necessary.

Serve immediately or refrigerate until chilled.

\*Indicates product available in food package

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB. 

Joyce Retherford, FDP Director  
541-444-8393

Lisa Paul, FDP Clerk/Warehouseman  
541-444-8279

Students should send a completed application and an unofficial copy of transcripts to:

By mail: CTSI  
Attn: College Internship Program  
PO Box 549  
Siletz, OR 97380-0549

By fax: 541-444-2307

By email: [collegeinterns@ctsi.nsn.us](mailto:collegeinterns@ctsi.nsn.us)

Deadline for applications to be received at the Siletz central administration building is **4:30 p.m. on March 16, 2018.**

## Deadline approaching for 2018 summer internship program

The deadline to apply for the Tribe's 2018 College Students Summer Internship Program has been moved up to March 16, 2018.

Selecting students earlier will allow more time to develop relevant work site placements so students can start internships in late June or early July.

To be eligible you must be at least a half-time student attending a two-year or four-year college and in good academic standing.

Applications will be mailed to known students, but if you do not receive an application, please contact Assistant General Manager Bonnie Petersen or the educa-

tion specialists at any Tribal area office to request an application.

This program helps Tribal students locate internship placements to gain work experience in their field of study. Ten slots are available for 2018.

Students can work up to 360 hours at Tribal minimum wage and can be placed within or outside of the Tribe. Placements can begin in June, but must be completed by Sept. 28, 2018.

Students selected for the program must complete an orientation, criminal history background check and drug screening (Note: The Tribe does not recognize Oregon laws allowing the use of medical or recreational marijuana.)

## Culture Craft Nights

### Ch'ee-ta' yee-li' (Feather tying)

March 5 • 5-7 p.m.  
Siletz Tribal Community Center

March 6 • 5-7 p.m.  
Eugene Area Office

March 12 • 5-7 p.m.  
Portland Area Office

March 13 • 5-7 p.m.  
Salem Area Office

Siletz Tribal members of all ages welcome. Come and learn how to tie feathers for regalia and other uses.

Young people under age 10 need an adult to accompany and assist them.

The Siletz Culture Department will provide material and instructors. If you have your own feathers/project, please bring them.

Contact: Bud Lane, [budl@ctsi.nsn.us](mailto:budl@ctsi.nsn.us); 541-444-8320 or 800-922-1399, ext. 1320.



Sponsored by the Education and Culture Departments

## Culture Craft Night

### Maple Bark Class (ch'ee-shi ch'ee-lan-tr'e' 'vm-nvlh-ts'it)

April 2 • 5-7 p.m.  
Siletz Tribal Community Center

April 3 • 5-7 p.m.  
Eugene Area Office

April 16 • 5-7 p.m.  
Portland Area Office

April 17 • 5-7 p.m.  
Salem Area Office

Siletz Tribal members and their families are invited to come learn about gathering maple bark and making traditional maple bark capes and dresses.

All ages welcome. Young people under age 10 need an adult to accompany and assist them.

The Siletz Culture Department will provide some material and instructors.

Contact: Bud Lane, [budl@ctsi.nsn.us](mailto:budl@ctsi.nsn.us); 541-444-8320 or 800-922-1399, ext. 1320

Sponsored by the Siletz Education and Culture Departments



## What to expect when you're approved for hearing aids through Contract Health Services (CHS)

You will be referred to Costco for hearing aids. Costco hearing aids cost 50-60 percent less than other providers with equal quality.

Your CHS team will help you obtain a Costco membership and help with transportation barriers.

We look forward to working with you.

## Change in Siletz Clinic check-in times

The Siletz Clinic asks all patients with appointments to check in 15 minutes prior to your scheduled appointment time. This allows for any necessary paperwork to be completed prior to your appointment with your provider. Thank you!

# Siletz Clinic implements new No-Show Policy for patients

The Siletz Community Health Clinic has a new No-Show Policy. The policy is in effect as of Feb. 17, 2017.

### When does a no-show happen?

A no-show happens when a patient does one of the following:

- Does not arrive to his or her appointment
- Cancels the appointment with less than 24 hours' notice
- Checks in more than 10 minutes after the scheduled appointment, which results in the provider not being able to see the patient

### Who is impacted when a patient doesn't show up for an appointment?

- The health and all treatment for the "no-show" patient is impacted
- The health and all treatment of another patient who could have been seen in the appointment slot
- Waiting times and subsequent treatment for the rest of the patients on the schedule for the day

- The providers' limited time and resources are wasted because they prepared for an appointment that did not happen

### What happens if a patient is a no-show?

#### Medical, Lab and Radiology Services

First No-Show – After the first no-show, the patient will receive a letter and a copy of the policy for review.

Second No-Show – Patient will receive a letter providing notice about the two no-show appointments and their requirement to utilize the Walk-In Clinic for medical appointments. The Walk-In Clinic is available first-come, first-serve.

Patient will be required to utilize the walk-in clinic for 90 days, after which patient will be able to return to scheduling appointments.

Third No-Show – Patient will receive a letter providing notice about the three no-show appointments and their requirement to utilize the Walk-In Clinic for medical appointments. The Walk-In Clinic is available first-come, first-serve.

Patient will be required to utilize the walk-in clinic for 180 days, after which patient will be able to return to scheduling appointments.

#### Dental and Optometry Services

First No-Show – Patient will receive a letter providing notice about the no-show appointment and their requirement to utilize the department's Walk-In Clinic for appointments. Walk-in availability is first-come, first-serve.

Patient will be required to utilize the Walk-In Clinic for six months, after which patient will be able to return to scheduling appointments.

#### How to avoid getting a no-show!

- Confirm the appointment.
- Arrive 10-15 minutes early.
- Give a minimum 24 hours' notice when canceling appointments

**You can pick up a copy of the new policy at the Siletz Clinic or download it from the Tribal website – [ctsi.nsn.us](http://ctsi.nsn.us).**

## Can nutrition reduce or prevent chronic pain?

By Nancy Ludwig, MS, RDN, LD,  
Siletz Tribal Head Start Nutrition

As part of my role as consultant nutritionist to Siletz Tribal Head Start, I offer information for families. While I was recently reviewing the role of nutrition in pain prevention and possible treatment, I once again was encouraged to note that these are, in fact, the same principles demonstrated when embracing traditional foods (and nutritional equivalents).

Pain is a symptom that signals a need. There is a root cause behind pain (or many contributing factors). Granted, there are times when pain intensity and timing warrant medications. The purpose of this article is to focus on the possible role(s) of nutrition as it relates to pain and pain management or prevention. Nutrition can influence both acute and chronic pain. The benefit may be greatest, however, for chronic pain.

Optimal nutrition lays the foundation for pain prevention. This does not mean that when we trip and fall we will not feel pain. It does, however, mean that our innate healing and resilience will likely occur more quickly.

Additionally, and perhaps most significantly, attention to nutrition and its role in the inflammatory pathways can ease pain associated with chronic illness.

Most chronic illness has, at its foundation, some form of inflammation. Examples include diabetes, high blood pressure, high cholesterol levels, cardiovascular disease, obesity, depression, Alzheimer's disease, Parkinson's disease, cancer, asthma, arthritis (osteo and rheumatoid), fibromyalgia, Crohn's disease and more.

Dietary fat plays a key role in inflammation, which is linked to pain and chronic illness. The types and quality of dietary fats can either increase or decrease

the inflammatory response (also called the balance of pro- vs. anti-inflammatory load). The science can get overwhelming quickly, yet the basic principles do not require scientific knowledge.

Fats and oils are healthiest when fresh or carefully stored away from heat and air. Rancid smell is a sign that fat is no longer healthy. Quality fats also mean "clean" fats since harmful environmental chemicals can be stored in fat. When we consume animal foods that were exposed to environmental toxins, we also ingest those stored toxins (primarily in the fat).

There appears to be no clear agreement around "how much" fat we need. There is a great deal of information about "which types" of fat to eat. Yet, I don't believe that there is enough emphasis on the importance of "quality fats."

Historically, traditional diets have varied in total fat intake. Often, amount is determined by climate. Colder climates, such as in the arctic, require higher fat content.

The Salish Food Mound, encompassing the Siletz region, as described by Drs. Korn and Ryser, comprises 33 percent leafy greens, berries and fruits; 45 percent meat, fish and fowl; 20 percent fats and fish oils; and 2 percent roots and sweets. Because the traditional diet is not very starchy and leaves are not very filling, the caloric needs are met primarily through proteins and fats.

Fats and oils are vital in nutrition. While total amount is important, our primary focus in this feature is about choosing healthy fats and attention to fat quality.

Traditional sources of healthy fats include bear fat, crab, herring, fish eggs, nuts and seeds, halibut, oolichan, salmon oil, seal oil and whale oil. Many of these sources have become rare or impossible to get.

Oolichan (smelt) oil is one of the most important foods of the Salish people. The

decline of oolichan has been a great concern. It is not only a favored condiment for dipping foods and binding dried fish or berry cakes for winter food, it is also very healing for the skin.

Oolichan oil is very high in DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid), which are used to treat diabetes, depression, post-traumatic stress disorder, addictions, auto-immune diseases, learning disorders and chronic pain.

Essential fatty acids, referred to as omega 3 and 6, are important for health and are derived from fish, meats, nuts and seeds such as flax oil, evening primrose oil, borage oil, black currant, and cattail. The term essential means that we can only get it by consuming it. Our bodies cannot make them from other fats.

EPA and DHA are two types of omega 3s. While omega 6s are also essential, most Americans get too much. It is probably best to focus on cold-water fish for omega 3 fatty acids.

In addition to our need for healthy fats and essential fatty acids to prevent inflammation and pain, other nutrients can be identified. Correcting nutrient deficiencies can also help reduce pain. Key nutrients include magnesium and vitamin C as well as phytonutrients found in colorful fruits and vegetables. Again, these nutrients are consistent with traditional diets.

Attention to carbohydrate quality also addresses pain because carbohydrate foods influence the inflammatory process. There is a correlation between post-prandial glucose concentration (blood sugar after a meal), oxidant stress and inflammation.

Fiber in the diet slows absorption time of sugars and helps to optimize glucose metabolism, which avoids a high glycemic load and an insulin-driven rise in C-reactive protein (CRP), an inflammatory marker. Some types of fiber act as

prebiotics and support gut health (microbiome). The nutrition focus is on minimally processed high fiber carbohydrates while limiting total intake to minimize the inflammatory response.

What can we do nutritionally to prevent or reduce pain? Place a pain-relieving, anti-inflammatory diet on the menu to help reduce or avoid chronic pain. Eat clean fats from wild and/or sustainable, organically raised foods.

Focus on uncontaminated, cold-water fish. Include leafy greens and a variety of fruits and non-starchy vegetables in your diet. Embrace traditional foods and their nutritional equivalents, support health at the deepest level.

As the Head Start consultant nutritionist, I am available to support families by discussing nutrition related concerns via telephone. There is no charge for Head Start families.

#### Resources

*Preventing & Treating Diabetes Naturally The Native Way* by Leslie E. Korn, Ph.D., MPH and Rudolph C. Ryser, Ph.D., DayKeeper Press, Olympia, WA, 2009

*Feeding the People Feeding the Spirit – Revitalizing Northwest Coastal Indian Food Culture*, by Elise Krohn, Valerie Segrest and the Northwest Indian College, 2010

*Plants That We Eat – From the traditional wisdom of the Inupait Elders of Northwest Alaska* by Anore Jones, University of Alaska Press, 2010

O'Keefe JH, Gheewala NM, O'Keefe JO. *Dietary strategies for improving post-prandial glucose, lipids, inflammation, and cardiovascular health*. J Am Coll Cardiol. 2008;51(3):249-255. doi:10.1016/j.jacc.2007.10.016

Galland L. *Diet and inflammation*. Nutr Clin Pract. 2010;25(6):634-40. doi:10.1177/0884533610385703





# Community Health Department



**Are you a survivor of Sexual Violence looking for support?**

**Come join us for support and healing**

**Wednesdays at 5:30 PM**

**Location: CARE Consult Room (Clinic 2nd floor)**

The goal of this support group is to give survivors a foundation to heal through self-care and understanding.

For more information call

**Delina John**

**Siletz Tribal Sexual Assault Advocate**

**Phone: 541-444-9615**

**Cell: 541-270-5581**

**E-mail: [delinaj@ctsi.nsn.us](mailto:delinaj@ctsi.nsn.us)**

## Events

**March 1 & 15**

**Girls' Group**

**Siletz Clinic - Behavioral Health**

**5:00-7:00 pm**

**March 7**

**Support Group for**

**Survivors of Sexual Violence**

**Siletz Clinic - Community Health**

**5:30-7:00 pm**

**March 29**

**Diabetes Luncheon**

**Tribal Community Center**

**12:00-1:00 pm**

## 2018 NATIONAL POISON PREVENTION WEEK - MARCH 18-24

In 2015, America's 55 poison centers received over 2.8 million calls. Of those, about 2.2 million of which were about people coming into contact with dangerous or potentially dangerous substances. The rest were calls for information.

**For tips and information, call your local poison center at 1-800-222-1222 or visit [www.aapcc.org](http://www.aapcc.org)**

## Siletz Community Health Clinic Providers

### Medical

Lisa Taylor, Medical Director

Dr. Jalien Dorris, Physician (Family Medicine)

Dr. Stephen Burns, Physician (Pediatrics)

Dr. Sean Rash, Physician (Pediatrics)

Tami Martin, (Family Nurse Practitioner)

On-call: Erin Carrington, (Physician Assistant Certified)

### Dental

Dr. Jeremy Vistica, Dental Director

Dr. Gordon Stanger, Dentist

Teresa Carpenter, Dental Hygienist

Alison Noble, Dental Hygienist

### Optometry

Dr. Lorene Stanger, Optometrist

## National Nutrition Month Tips for eating right on a budget

- ⇒ Look for sales & plan meals accordingly
  - ⇒ Embrace whole grains & beans
  - ⇒ Plan & prep meals ahead
- ⇒ Buy fresh produce when it's in season & freeze it
  - ⇒ Don't be afraid to try new foods
  - ⇒ Keep an organized fridge & pantry
  - ⇒ Repurpose leftovers
- ⇒ Go to the Farmers market at the end of the day
  - ⇒ Cook & eat at home more often
  - ⇒ Make your own healthy snacks
  - ⇒ Pack your lunch





## 2018 Standing Committee Vacancies

Any Tribal member interested for consideration in serving on a committee for a term as indicated are encouraged to fill out this form and return it to the address below.

Please mail or fax your application to Confederated Tribes of Siletz Indians, Attn: Executive Secretary to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549; fax – 541-444-8325.

Name: \_\_\_\_\_ Roll No.: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Telephone: Day ( ) \_\_\_\_\_ Evening ( ) \_\_\_\_\_

If you only want to be considered for one committee, please indicate by inserting the number 1 next to the committee of interest. If you have interest in more than one committee, please indicate by numbering your preference, 1 (first choice) 2 (second choice).

\_\_\_\_ Housing Committee – 1 vacancy, term expires February 2020

\_\_\_\_ Pow-Wow Committee – 1 vacancy, term expires February 2020

Committee appointments will be made at regularly scheduled Tribal Council meetings and are open until filled.

If you have any questions, please call Tami Miner, executive secretary to Tribal Council, at 800-922-1399, ext. 1203, or 541-444-8203.

## Student Laptop Program accepting applications

This program is specifically for higher education and AVT students who meet the following eligibility requirements and have not previously received a student laptop.

- Must be an enrolled Siletz Tribal member
- Must provide copy of current term class schedule of six credit hours or more
- Must provide an unofficial transcript/grade report of successful completion of two consecutive quarters/semesters (six credit hours or more) of higher education/AVT program with a minimum 2.0 GPA
- Proof of residence is required

Applications are available on the Tribe's website or by contacting April Middaugh at 800-922-1399, ext. 1201, or 541-444-8201.

**Desktop Computers – The Desktop Program remains suspended for this calendar year.**

## Intertribal Pow-Wow Dance Practice

Thursday, March 8 • 5:30-7 p.m.

Siletz Tribal Community Center

Contact: Buddy Lane at [buddyl@ctsi.nsn.us](mailto:buddyl@ctsi.nsn.us); 541-444-8230 or 800-992-1399, ext. 1230

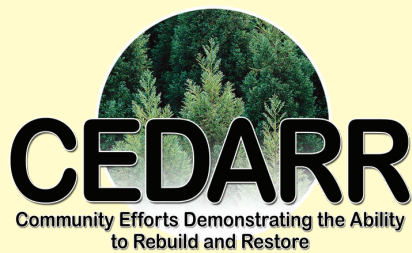
Sponsored by the Education and Culture Departments

## CEDARR

Community Efforts  
Demonstrating the Ability to  
Rebuild and Restore

### Mission Statement

We will utilize resources to prevent the use of alcohol and other drugs, delinquency and violence; we will seek to reduce the barriers to treatment and support those who choose abstinence.



No meeting in March

Siletz Community Health Clinic  
200 Gwee-Shut Road, Siletz

## Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment,  
and Women's and Men's  
Transitional

Siletz: 800-600-5599 or

541-444-8286

Eugene: 541-484-4234

Salem: 503-390-9494

Portland: 503-238-1512

Narcotics Anonymous Toll-Free  
Help Line – 877-233-4287

For information on Alcoholics  
Anonymous: [aa-oregon.org](http://aa-oregon.org)

## Behavioral Health

### Coming to Siletz in March:

The Gottman-inspired Couple's Retreat did not occur as planned on Jan. 12, 2018, due to not enough couples registering for the event. A new retreat is planned for March 9, so please spread the word. Spring is in the air, time to give your relationship a tune-up?

### About the Gottman method:

This is an evidence-based practice that helps couples work on their relationships. It starts with an extensive survey that provides detailed information to the therapist and is used to create an ultimate and unique treatment plan for the couple. Topics explored include a) The four horsemen (the four factors most likely to cause friction in a relationship) – criticism, defensiveness, contempt and stonewalling, b) Aftermath of a fight, and c) Love maps.

### What is a Gottman-inspired Couple's Retreat?

- 1) An opportunity to reconnect with your partner and work on little issues before they become big.
- 2) A day to relax, enjoy your time with your partner, eat good food and learn how to take your relationship to the next level.
- 3) An opportunity to learn new tools from Gottman's proven methods to help your relationship become what you and your partner agree you want.

### How do we register to go?

All couples wanting to attend the retreat will need to be registered by the mental health specialist for PAO and SAO.

Once registered, couples will be asked to complete a survey online. Once the survey is completed, couples approved for registration will be given further instructions. To register, please submit you and your significant other's email addresses to your area office, attn.: Rachel Adams.

### Transportation to Siletz?

At this time, transportation is likely but not yet confirmed for certain. Couples who need transportation are encouraged to register and find out more.

### Child care?

Child care is not likely at this time but is still under research as well.

### Traditional Coping

While Gottman's methods are tried and true, the Siletz people are still encouraged to participate in traditional methods of healing. It is a good time to attend a sweat and pray for clarity on new goals to set. As always, drum circles, talking circles and smudging are different ways to stay connected with our ancestors and pay tribute to our roots. Some people find peace in calling on Creator for clarity and health.

## Election, continued from page 1

The Siletz Tribal Arts & Heritage Society (STAHS) was formed in 2013 as a nonprofit to enhance the Tribe's ability to develop the Siletz Tribal Cultural Center. STAHS also helps the Tribe with acquiring object and archival collections.

Chinook Winds Casino in Lincoln City opened in 1995. In 2004, the Siletz Tribe purchased the former Shilo Inn adjacent to the casino and opened Chinook Winds Casino Resort. Chinook Winds Golf Resort opened in 2005 when the Tribe purchased the former Lakeside Golf and Fitness Center in Lincoln City.

The combination of Tribal employees and those at Chinook Winds Casino Resort has made the Siletz Tribe the largest employer in Lincoln County.

The Siletz Tribe has honored its tradition of sharing within the community by distributing more than \$14.7 million through the Siletz Tribal Charitable Contribution Fund and other Tribal resources. Chinook Winds has donated more than \$2.8 million in cash and fund-raising items since 1995. It also provides in-kind donations of convention space for various fund-raisers as well as technical support, advertising and manpower for events.

**Portland Area Office**  
Mondays & Tuesdays  
503-238-1512  
Ext. 1417

**Salem Area Office**  
Wednesdays & Thursdays  
503-390-9494  
Ext. 1864



# Canning Tuna Class!

Saturday 9-5pm  
April 7th

In this class you will learn how to safely can  
Tuna at home.

Sign up today!  
Kathy Kentta 541-444-9627

This class is sponsored by: Newells Fish Market in South  
Beach and CTSI Healthy Traditions, this event is open to Tribal members  
and their families



Grow  
Fresh Food!  
Garden Activities

Join us at the  
**Healthy Traditions  
Community Garden!**

Begin your plant starts!

- **Seed Planting**
- **Sharing Seeds**
- **Learn How to  
Divide Your Perennial  
Flowers!**

**Wed. Thurs. March 14-15th  
3-5:30pm**

For more information, call 541-444-9627  
Sponsored by CTSI Healthy Traditions

Tentative date!

**Camas  
Gathering!**

Saturday  
9-5pm  
April 28th

Sign up today!  
Kathy Kentta  
541-444-9627

## Join Healthy Traditions for fun Activities!

We are always looking for instructors, volunteers  
and new ideas! For more information about our  
program and the activities we provide,

Please contact Kathy Kentta at 541-444-9627

### Mission Statement

The CTSI Healthy Traditions project seeks to  
improve the health of Siletz Tribal members  
through educational activities which promote  
the use of traditional foods through hunting,  
gathering, gardening, cooking, food preservation  
and protecting our natural resources.



# Elk Tag Opportunity

The Tribal Natural Resources Department will once again offer a limited number of Landowner Preference (LOP) elk tags to Tribal members for this fall's hunting season.

As a landowner, the Tribe is eligible to participate in the State's LOP program. Based on the number of acres the Tribe owns, we can get six additional antlerless elk tags from the state. These LOP tags are not related to the Tribe's Consent Decree tags that we receive each year. They are based solely on the Tribe being a landowner.

A number of important differences between the LOP tags and the Tribe's regular tags are summarized in the table below.

	Tribal Tags	LOP Tags
<b>State hunting license required?</b>	No	Yes – Tribal member must purchase both a 2018 and a 2019 state hunting license
<b>Area to be hunted</b>	Anywhere within the specific tag's hunt boundaries	Only on Tribal land within the unit selected during that unit's antlerless elk season. Units available include Upper Siletz, NW Alesa, SW Alesa, SW Alesa Private Lands and West Siuslaw
<b>Eligible for other state elk tags?</b>	Yes	No*
<b>Give tag to another licensed Tribal member to hunt for you?</b>	Yes	No
<b>Application and selection process</b>	Apply to Tribe for Tribal drawing	Apply to Tribe for LOP drawing; if selected apply to state for controlled hunt tag (list LOP unit in LOP section on state controlled hunt application)
<b>Obtain tag from</b>	Tribe	State – Tribal member must purchase tag

\* Note: If you are drawn for an LOP tag, you are still eligible to apply for and be drawn for a Tribal tag.

Please note that a major difference between the LOP tags and the Tribe's regular tags is that only the person drawn for the tag can hunt that tag. **The tag cannot be given to someone else to hunt for you.** Therefore, only those folks serious about hunting this hunt themselves are eligible to apply.

The drawing for the six LOP elk tags will be held at the Natural Resources Committee Meeting on April 2 at 4:45 p.m. in the Natural Resources Department Map Room. Applications are available on the Tribal website and at the Tribal Natural Resources office in Siletz. Completed applications are due in the Natural Resources office by **4:30 p.m. on March 30, 2018.**

For more information regarding these tags and the differences between the Tribe's regular tags and the LOP tags, contact Natural Resources Manager Mike Kennedy at 541-444-8232 or 800-922-1399, ext. 1232.

## CTSI Jobs

**Tribal employment information is available at [ctsi.nsn.us](http://ctsi.nsn.us).**

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

CTSI constantly is looking for temporary employees to cover vacancy, vacations, maternity leave and extended sick leave. If you are looking for temporary work that can last from 2-12 weeks, please submit an application for the temp pool.

## Tribal RV parks have space available for you and your family

**Logan Road RV Park**  
Lincoln City, Oregon  
[loganroadrvpark.com](http://loganroadrvpark.com)  
877-LOGANRV

**Hee Hee Illahee RV Resort**  
Salem, Oregon  
[heeheillahee.com](http://heeheillahee.com)  
877-564-7295

# Great News!

The Siletz Tribal Home Visiting program's advisory committee meeting is moving back to the Siletz community and at a later time of 4:30-6 p.m. This decision was made in hopes of regaining old members and recruiting new members.

**Please join us on March 8, 2018, from 4:30-6 p.m.**

**At the old Siletz Clinic building**

**Light meal will be provided**

Our Home Visiting program is on year six of our six-year grant. Our program completed many tasks with the help of our advisory committee.

## Agenda

- Discussion of what our program has accomplished thus far
- Brief discussion on our evaluation efforts
- Testimonies from participating families
- Information on the community café we had at the Salem area office
- Discussion on how we can better incorporate culture into our Home Visiting program
- Talk about sustainability and ideas from the community
- Discuss and schedule community cafes in the Eugene and Siletz areas
- Answer any questions you have about our program



**If you have any questions or to RSVP, please contact Jessica Phillips at 541-484-4234.**

**For more information about the Siletz Tribal language program, please visit [siletzlanguage.org](http://siletzlanguage.org).**



## EXPUNGEMENT CLINIC

Tuesday, March 13

11:00 am - 12:00 pm

CTSI Administration Building "Computer Lab"

\* refreshments provided \*

**Presented by Native American Program, Legal Aid Services of Oregon (NAPOLS)**

- ❖ Criminal Convictions can be a barrier to employment, housing, and other opportunities.
- ❖ EXPUNGEMENT is a court process that seals eligible criminal records, making them unavailable to employers, landlords, and the public.
- ❖ NAPOLS provides **FREE** expungement services to income-eligible tribal members.

**To learn more about expungement, please attend the EXPUNGEMENT CLINIC on Tuesday, March 13, or call NAPOLS directly at (503) 223-9483.**





Photo by Diane Rodriguez

Representatives from organizations that received Siletz Tribal Charitable Contribution Fund grants on Feb. 2

## Tribe continues to give to community organizations through charitable fund

The Siletz Tribal Charitable Contribution Fund distributed \$186,171.14 to 46 organizations today as it continued its quarterly donations to nonprofit groups.

The Siletz Tribe has made contributions through employment, monetary donations and cooperative measures to the Siletz community, Lincoln County and the state of Oregon. The seven-member charitable fund advisory board has distributed more than \$11.4 million since its inception in 2001.

Overall, the Tribe has honored its tradition of sharing within the community by distributing more than \$14.7 million through the charitable fund and other Tribal resources. Chinook Winds has donated more than \$2.8 million in cash and fund-raising items since it opened in 1995. The casino also provides in-kind donations of convention space for various fund-raisers as well as technical support, advertising and manpower for many events.

The next deadline to submit applications is March 5, 2018. Eligibility for money from the charitable fund is limited to two categories:

- Entities and activities located in the Siletz Tribe's 11-county service area (Lincoln, Tillamook, Linn, Lane, Benton, Polk, Yamhill, Marion, Multnomah, Washington and Clackamas counties)
- Native American entities and activities located anywhere in the U.S.

Applications and requirements can be obtained at [ctsi.nsn.us/charitable-contribution-fund](http://ctsi.nsn.us/charitable-contribution-fund); by calling 800-922-1399, ext. 1227, or 541-444-8227; or by mailing Siletz Tribal Charitable Contribution Fund, P.O. Box 549, Siletz, OR 97380-0549. Applications can be submitted via e-mail at [stccf@live.com](mailto:stccf@live.com).

### Siletz Clinic's Mail Order Pharmacy

To use mail order pharmacy to order your refills after hours and on weekends: Please call the Siletz Clinic 7-10 days before you need your refills. This allows us time to contact your provider, if necessary, and for mailing.

- Call 800-648-0449; enter 1624 as soon as the clinic's message begins – you'll be transferred to the refill line.
- Or call the refill line direct – 541-444-9624.

### Feb. 2 – Distribution of \$186,171.14

#### Arts – \$11,217

Bridgeway House – space rental, marketing and supplies for theatre production featuring children with autism; Eugene, OR; \$2,067

Portland Center Stage – actor and production costs of DeLanna Studi's *And So We Walked: An Artist's Journey Along the Trail of Tears*; Portland, OR; \$5,000

St. Johns Center for Opportunity – pop-up canopies and musician fees for neighborhood art walk; Portland, OR; \$3,400

Yaquina Art Association – steel materials to fabricate new security gate at gallery entrance; Newport, OR; \$750

#### Drug & Alcohol Treatment – \$2,180

Sharing Hands Inc. – GED course and test fees for clients in recovery; Brownsville, OR; \$2,180

#### Education – \$37,804.85

Altrusa International of Yaquina Bay – supplies and paperback books for Inspired Writers Project for sixth-graders in Lincoln City, Newport, Siletz, Toledo and Waldport; Newport, OR; \$2,200

Career Tech High School – mileage, meals, cooking supplies and student incentives for Culinary and Food Services program; Lincoln City, OR; \$4,735

Cedar Park Middle School – student supplies for earthquake preparedness and bridge building projects in seventh- and eighth-grade science classes; Portland, OR; \$600

Eddyville Charter School – Chrome-books to improve use of technology in education goals in two elementary classrooms; Eddyville, OR; \$2,100

Oregon Coast Community College, Nursing Program – health care simulation training manikin and peripheral equipment; Newport, OR; \$23,000

Oregon Coast Visitors Association – curriculum, copying and Oregon Restaurant and Lodging Association instructor training to implement hospitality worker training and certification program; Tillamook, OR; \$2,500

South Prairie School – large seating-delineated rug and headphones for third-grade classroom; Tillamook, OR; \$669.85

Sprague High School, Honors Research Class – digital and technical equipment for independent investigative research and science classes; Salem, OR; \$2,000

#### Environment & Natural Resource Preservation – \$14,563

Devils Lake Water Improvement District – aeration system installation for

Devils Lake water quality improvement; Lincoln City, OR; \$10,000

Nez Perce Tribe, Wildlife Division – initiate ammunition exchange program to reduce lead from spent ammo in food web within Tribal community; Lapwai, ID; \$4,563

#### Health – \$37,547

Business for Excellence in Youth – food for weekly food backpacks delivered to 300+ students in Lincoln City schools; Neotsu, OR; \$2,000

City of Creswell – sprung flooring, glassless Mylar mirrors and studio improvements for dance and movement classes; Creswell, OR; \$5,000

Corvallis-Albany Farmers Market – Power of Produce Club for children age 5-12 (\$4 of tokens per week per child); Corvallis, OR; \$2,000

Fair Share Gleaners – food for community food bank; Sweet Home, OR; \$2,000

Lane Senior Support Coalition – emergency assistance for seniors to help with utilities, home repairs/access, dental, medical, transportation, etc.; Eugene, OR; \$5,000

Lincoln County Oral Health Coalition – dental volunteer recruitment brochure and dental providers event to plan for emergency services in community; Newport, OR; \$1,500

Mary's River Gleaners – food for community food bank; Corvallis, OR; \$2,000

Mountain Gospel Fellowship – gas vouchers for volunteer transporters' vehicles for Friday Produce Distribution Program; Falls City, OR; \$1,400

North Santiam Gleaners – food for community food bank; Scio, OR; \$2,000

Olalla Center for Children and Families – replace flooring, and lighting and therapy/respite room furnishings/supplies; Toledo, OR; \$10,000

Philomath Community Gleaners – food for community food bank; Corvallis, OR; \$2,000

RSVP of Linn, Benton and Lincoln Counties – durable medical equipment for seniors and persons with disabilities; Albany, OR; \$2,647

#### Historical Preservation – \$38,450

Friends of Historic Butteville – fencing for restoration of historic Butteville river landing on Willamette River; Donald, OR; \$6,000

Makah Cultural and Research Center – printing Makah Museum exhibit leaflets and visitor rack cards; Neah Bay, WA; \$7,450

Siletz Tribal Arts & Heritage Society – museum capital building fund; Siletz, OR; \$25,000

#### Housing – \$10,000

St. Vincent De Paul of Lane County – upgrade infrastructure to help rehabilitate Saginaw Mobile Home Park to preserve affordable low-income housing options in rural Lane County; Eugene, OR; \$10,000

#### Other – \$5,750

American Legion Post 122 – repair heat pump in building; Canby, OR; \$5,000

Yachats Pride – Transgender Tea Party and LGBTQ speakers panel during Yachats Pride 2018; Yachats, OR; \$750

#### Prevention – \$7,081

City of Sweet Home – sponsorship of "Sweetheart of a Run in a Sweetheart of a Town" walk/run fundraiser for youth recreation activities; Sweet Home, OR; \$1,878

Eddyville Charter School – girls and boys basketball uniforms for third- to sixth-graders and uniform storage totes; Eddyville, OR; \$1,000

Hillsboro High School, Grad Night – alcohol- and drug-free all-night graduation party; Hillsboro, OR; \$500

Milwaukie High School, Grad Night – alcohol- and drug-free all-night graduation party; Milwaukie, OR; \$500

Nestucca High School, Grad Night – alcohol- and drug-free all-night graduation party; Pacific City, OR; \$500

Oregon Titans Fastpitch – helmets, jackets and uniforms for girls age 9-18 softball team; Independence, OR; \$1,203

Taft High 7-12, Grad Night – alcohol- and drug-free all-night graduation party; Neotsu, OR; \$500

Toledo High School, Grad Night – alcohol- and drug-free all-night graduation party; Toledo, OR; \$500

Youth Movement – lunch for participants at American Indian youth empowerment through sports and education event; Eugene, OR; \$500

#### Public Safety – \$21,578.29

Depoe Bay Fire District – emergency food supplies and shelter for Otter Rock cache; Glenden Beach, OR; \$2,000

North Lincoln Fire & Rescue and Depoe Bay Fire District – haz-mat suits and equipment to improve response time to spills; Lincoln City, OR; \$9,500

Siletz Valley Fire District – chest compression machine; Siletz, OR; \$8,000

Tillamook County Search and Rescue – two AED units, printer and microwave for SAR command trailer and training center; Tillamook, OR; \$2,078.29



# Peter Hatch: Freedom from college loans made all the difference

By Diane Rodriguez

For Peter Hatch, college was a family expectation. His grandfather, Ken Hatch, graduated from Oregon State University, joined the ROTC and graduated from West Point. His dad, Dave Hatch, also graduated from OSU. But Peter chose a different path and attended Brown University in Providence, R.I.

The Siletz Tribe helped pay for his college education, which meant Peter graduated from Brown in 2011 with a dual major of anthropology/archaeology in the ancient world – and with no loans to repay.

“The amount the Tribe offered covered fully what otherwise would have been loans. This is important because seeing so many of my peers graduate with the prospect of being poor for decades even if you get a good job,” said Peter. “The freedom of not having loans to pay off gave me the opportunities for internships, for moving back to Oregon and taking a job with the Tribe.”

Peter’s first post-college job was an internship at the National Museum of the American Indian’s Cultural Resources Center in Suitland, Md., working with the collections management team and items collected by George Gustav Heye.

“The museum tries to have collections benefit the communities they come from,” said Peter. “For example, the museum loaned some regalia from Siletz, flew someone out here with it so it could be danced at the opening of the Dance House in 1996.”

His most gratifying experiences occurred several times each week when community groups visited and sometimes individuals saw objects made by relatives. At times, this was the first time someone in a family got to see something made by his/her ancestors.

When his internship ended in 2012, Peter drove to Arizona to help his mom, Anna Jaimes, fix up her old adobe house. Then “Robert Kentta reached out said he was looking for someone new for the Culture Department to be his assistant and do technical research too.” Peter started working for the Siletz Tribe in January 2013 and is the cultural research technician – historical research.

“I use my degree every day as (his work) is related directly to archaeology, excavating ancestral sites, figuring out the likeliest probability of where they

(remains, objects) would be,” said Peter. “We’re trying to continue the historical research project to give Tribal government a fuller view of our own history and legal rights that come from that and to make sure that when the story of Native Americans in Western Oregon is told, that the Tribe has a seat at the table and can bring resources to bear.”

Peter grew up away from Siletz, so his connection to the Tribe then wasn’t a strong one. But that’s changed.

“Working here has been its own education about things I didn’t fully understand, about what it means to be a Tribal member, the challenges the Tribe as a whole and Tribal members individually face in overcoming oppression that Tribal people have faced in Oregon for generations. There’s a lot you don’t learn. This was its own valuable education to come and work here.”

Peter is excited about the plans to open a cultural center in Siletz in an effort led by the Siletz Tribal Arts and Heritage Society.

“The cultural center is an important thing to be a hub for Tribal members, a place people can come back to year-round



Photo by Diane Rodriguez

Peter Hatch

to feel connected to their ancestors and the Tribe today is a really important thing. I want to be connected to that effort in some way.

“If it takes many years to get the cultural center built, then I’ll be here for many years.”



Siletz Reservation Robe Blanket, Size 64” x 80”  
Price: Tribal member - \$153; Employee - \$188; Public - \$202



Siletz Reservation Saddle Blanket, Size 68” x 39”  
Price: Tribal member - \$105; Employee - \$129; Public - \$138

Contact April Middaugh at 541-444-8201 or 800-922-1399, ext. 1201, for more information and to purchase.

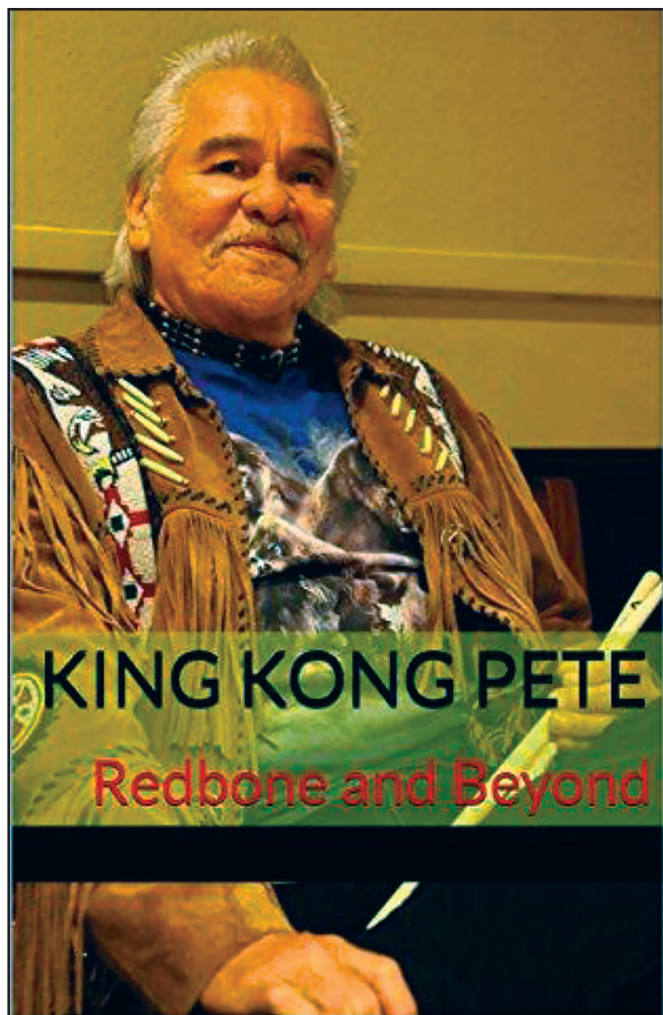
## DePoe authors book about life as a drummer

From amazon.com

What do the King Kong Beat, Redbone, a possible induction into the Rock and Roll Hall of Fame and wild and crazy stories all have in common? (Siletz Tribal member) Pete DePoe.

He single-handedly created a new sound in the rock drumbeat category, a unique sound that is dubbed The King Kong Beat. DePoe is symbolic in rock history because he pioneered a completely new sound, essentially marrying jazz and rock drumming through his King Kong Beat.

His life has not only been important in rock history, but also a wee bit wild. Perhaps most importantly, he’s a great story teller. Hear them from the man himself by buying Pete DePoe’s book *King Kong Pete: Redbone and Beyond*, at amazon.com.



Courtesy photo

We wanted to congratulate Jessica Phillips and Justen Hibler on their engagement on Feb. 5, 2018. We are happy for you both.

Nora and Randy



# Cooking for the community: What can you bring to the table?

By Andy Taylor

Think about all of the historical events that have occurred as a result of food, most of us celebrate pretty regularly around a table. In fact, a lot of celebrations and traditions we know today are a direct result of this and it spans between modern-day agriculture and having a party.

Why do we celebrate birthdays with cake and anniversaries with a meaningful dinner? Did you make a ham at Christmas? Do you prepare a casserole for someone who just brought new life as congratulations, or maybe you've made one for a grieving family? What about dancing and a feast for a couple who has just started a new life together? Perhaps it's something as common as offering a drink and snack when you have a guest over.

When you think about food celebrations, what do you think about? For most of us, the first things that come to mind are an Independence Day barbeque, Easter brunch and all-famous Thanksgiving dinner. We don't really connect celebrations with what started as a tradition.

Some people believe anything that is done for more than 10 consecutive years becomes a tradition. American Indians have gathered around food in a variety of ways. We would celebrate after harvesting the winter food supply and the first salmon caught in the run with the Salmon Ceremony. Even today as tradition we hold the Feather Dance Celebration Dinner.

A meal was held in such high value, that in old Indian law it was a crime to refuse a meal that had been prepared for you. If someone took the time to make a meal as offering, you had better take it. Refusing said food could be punishable and you would have to do something in return to make it right.

Food is not as simple as a basic need. It has the power to comfort, to heal and to bring people closer together. So it's no wonder it plays such a powerful emotional and social role in our lives. There are a handful of folks who are at nearly every Tribal event serving our people in every way that they can. As you can imagine, I wanted to learn more about the food side of things and what they call tradition.

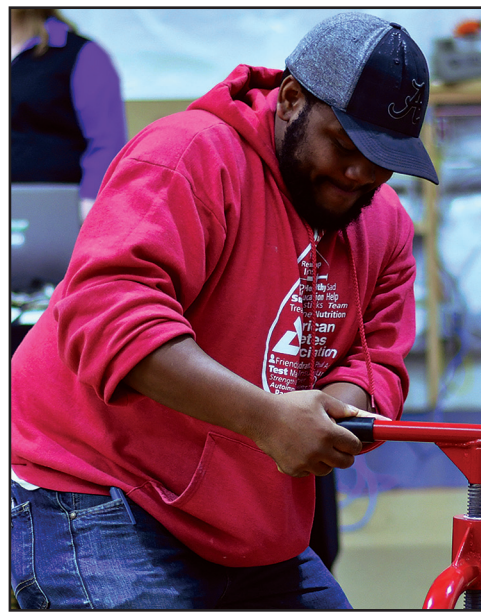
Charlie Black's (Nooksack/Quileute) tradition is not to cook or eat outside after dark. Growing up he was told the spirits walk around at night and "you don't want them to get into your food and make you sick?"

He practices that today when he's cooking salmon in our traditional ways at the annual Nesika Illahee Pow-Wow, at a Tribal member's memorial service or at weddings, and when he cooked for the University of Oregon: Native Higher Education Students.

"I only cook natural-grown fish, I won't do it if it's from a hatchery," Black said. The cooking process is long and completely worth it, he says, "You've got to go out and find the cedar to use and start the fire early so it's good and hot when it's time to start cooking?"

Splitting a large cedar stick as a stake and sharpening smaller ones to keep the salmon open while cooking, he rubs salt and pepper on the fish and props them up on cinder blocks over an alder wood fire.

Black knows when the salmon is ready to eat using what he calls the "drip speed



File photos

Chris Sherrod (left) presses apples for cider and Charlie Black (right) cooks salmon.

indicator." This is a method of keeping an eye on how fast the oil is dripping off the salmon which tells him when it's fully cooked.

He recognizes that he's gotten a lot of help at pow-wow from local Tribal youth Ash Bloomstrom the last couple years and he hopes that more will join them the years to come. He says, "You know, I'm not getting any younger. We need to get more of the younger Tribal members out here and start teaching them how we make the salmon. That way when I retire the tradition will continue."

A tradition he takes seriously is family time. Whole family participation, is something he would like to see more of at Tribal and community events. He said, "The children are already pretty involved. I'd like to start seeing more parental involvement. A lot of parents drop off and leave. I think it's really important for the kids to experience these things with their parents."

Although he loves to volunteer and cook for the community, Black describes his favorite part of it all by saying, "Oh definitely the cultural exchanges made while I'm at pow-wow or other events I've done. Seeing people I know and meeting people I don't know, and seeing how much they enjoy the whole process and how good it tastes."

Jenifer Metcalf, a Tribal member who spends most of her time these days volunteering for just about every event in Lincoln County, says, "I usually direct people or try recruiting other volunteers. I also spend a lot of time prepping, cooking and praying with others who need it."

Some of her favorite events that she attends include Celebrate Recovery, South Beach Church cleaning crew and kitchen help, Tribal member memorial services, Culture Camp, pow-wow, Hands Across the Bridge and mentoring at Lincoln County Drug Court.

Metcalf, who loves cooking for others, noted that her favorite part is "everyone getting to eat the food that we've prepared with love and in return being filled with that love!"

She has a usual crew of people she enjoys working with, including Delina John, Violet Lafferty, Rachele Endres and Jessica Garcia. However, the most rewarding part of it is giving back to the community in any way she can. Metcalf says, "Anytime that you can get out of yourself and serve someone else is one of the greatest forms of service that you can do."

Frank Aspria is popularly known in the community for his culinary expertise. He attended the Horst Mager Culinary Institute, now known as Le Cordon Bleu, graduating in 1991. He took an internship at the Portland Hilton right after as a pastry chef.

Although he goes where he is called, you'll see him primarily at Culture Camp and Run to the Rogue, mostly for what he says is "the volume of food that needs made and my ability to move that food fast."

Aspria's usual role is head chef at such events if and when he has a team to help.

"I'm often there doing it alone when it's a more specialty event. Some people will stop in for a bit and I am really appreciative of help when I can get it," he said. "It's mostly the same people at community events. I get a lot of help from the Culture Department, Stuart Whitehead and the A&D program."

He loves helping out in every way, although it's tiring at the end of a long day when you're cooking for 200-500 people.

"I'd love to start showing the next generation the process to getting these events done. I'd love to teach them how I do things and pass on my recipes to help them take the lead on some of these projects," Aspria said. "You know that's a part of how tradition works? It's passing knowledge on for the next leaders in line and them passing it on, and so forth."

His favorite part of working and cooking at such large community events is the end result. He says, "It's a good feeling seeing that people are full and they enjoyed what you made for them."

Kathy Kentta, Healthy Traditions project coordinator, and Chris Sherrod, Diabetes Program director, often work as a team when they're cooking for work or sometimes just to help out in the community.

One of their goals is to bring healthy food into the community by recruiting other programs within the Tribe. This not only reaches more Tribal members but helps to connect them with other services that can be provided to them.

Sherrod, who is a frequent flyer in all the kitchens at the Diabetes Luncheon, Tribal wellness events and carnivals, trauma response team, Healthy Traditions canning classes and all the video screenings hosted or presented by a Tribal program, has a personal passion for cooking. He says, "Cooking is peace to me. I really love cooking and if I can pass that on it's so fulfilling."

"I really love showing folks how to cook healthy food and making sure that they can take what they learn home with them," Sherrod said. "Sometimes I walk away from class having been taught something and how they prepare something, so it's a fun learning experience all around!"

One thing he would like to see more of is families working together. He says, "We try to make our events centered on culture, traditions and keeping things family-oriented." Seeing family engagement and the happiness they receive from their work "makes it all worthwhile" said Sherrod with a huge grin on his face.

Kentta volunteers at multiple Siletz Tribal events, including but not limited to Siletz Community Garden, helping Siletz Valley Schools and their boosters, Feather Dance, funeral services, Culture Camp and Cooking Matters.

She loves all aspects of traditional planting, harvesting, cooking and how we serve our food. Teaching basic cooking skills and exposing people to traditional foods and healthier lifestyles are her strongest skills. You could almost say she literally brings them to the table!

The tradition of giving back to the people is one of many that Kentta practices. Another she realizes has been forgotten about in the community is bringing something to share when you're either invited to or are attending an event.

"For instance," she says, "if you are sitting on a committee, bring something to share with the others." Some examples she gave include cups and juice or a treat, whether it's homemade or store-bought.

A saying she teaches as a good principle goes, "You have the right to gather, but the responsibility to take care of the land as well." It has always been an American Indian tradition to take care of the earth so it, in return, will keep providing for us. Pruning the bushes to make room for new blooms, keeping the land around a plant so it grows big and strong and being conservative to the earth and others.

All of these folks and many other unnamed heroes have one likeminded goal in common – serving the community. Without a doubt, everyone agreed that the reward is received in the satisfaction of those they have served.

We all have our up's and down's, our positives and negatives, and giving back to the community however you can is an important tradition in every culture. Food was one of the biggest ways our people showed strength. Working together selflessly as a community and as a Tribe, we can only have positive benefits.

Gathering, preparing food and helping one another through the good times and the bad are only some of the ways that you too can volunteer. To look for other volunteer opportunities, get more involved and get more information about how you can give your skills for the community or to attend a Tribal event, visit the Tribal website at [ctsi.nsn.us](http://ctsi.nsn.us) or 541-444-2532 or 800-922-1399.

If you or someone you know is doing something commendable and want to share it, contact Andy Taylor at [andreas@ctsi.nsn.us](mailto:andreas@ctsi.nsn.us), 800-922-1399, ext. 1293, or 541-444-8293.





Photos by Andy Taylor

State champion Isaac Butler rides in a pickup driven by his dad, Lee Butler.



Other team members who wrestled at the state tournament include Kenneth Johnston Jr. (left) and Joshley Howell (right), who were joined by Isaac Hansen as the wrestling team was honored with a parade through the city of Siletz following the tournament.

### Indian Nations, continued from page 1

This must end.

Indian nations have weathered every conceivable storm. We have overcome in the face of unthinkable challenges to our lives and our ways of life. We have stood steadfast in the face of policies meant to disperse and extinguish us.

Today, we say with one voice:

We have inherent rights. Not only were we born with them – we have earned them:

The right to be recognized as equal governments. The right to be seated at the table where key decisions are made. The right to contribute as much to America's future, just as we are contributing to its present.

We are at an important moment. Our governments and our communities stand on high alert.

For too many years, the echoes of America's colonial past have continued to reverberate:

Disparaging rhetoric  
Failed policies

A disregard for the inherent sovereignty of Tribal nations

This is unacceptable.

Our message for our representatives in government is this: Respect our rights.

See us as equal partners. And uphold the federal government's trust responsibility to Tribal nations. Do so not on your own terms, but on the terms as they have been defined by hundreds of treaties, policies and legal precedent. That is our standard. That is a non-negotiable condition of our support at the polls on Election Day.

Far too often, people seem to forget just how profoundly Native peoples have influenced the world in which we all live today.

In developing agriculture and building infrastructure, in managing lands and natural resources, in governing and solving shared community challenges, we are – and have always been – innovators and leaders.

I want to touch on a few of these topics, starting with the food Native people put on our tables.

From wild rice and bison to salmon and blueberries, traditional Native foods are not only our way of life but are an economic driver too. Indian agriculture is a \$3.2 billion industry, supporting nearly 72,000 jobs in Indian Country.

And in 2018, no Farm Bill should pass unless it includes our priorities to recognize Tribal governments as sovereigns and to strengthen Indian Country's agricultural potential.

Native peoples are also builders and managers of roads and bridges, and other essential infrastructure. These projects are often in rural areas. They connect Tribal and surrounding communities with each other and the rest of the nation. Tribal infrastructure is American infrastructure.

In 2018, no infrastructure bill should pass unless it includes Indian Country's priorities. It must:

Offer us the same opportunities to raise capital as state and local governments. Invest adequate, equitable funding in our infrastructure needs. And remove barriers to us from making decisions at the local, Tribal level. Reaffirm our right to consent to developments that affect our lands and our people.

And in doing so, ensure every community has the infrastructure to thrive in our shared 21<sup>st</sup> century America.

Native peoples are also innovators.

Long before we conducted trade with newcomers, starting in 1492, Native peoples had woven a complex web of international commerce.

The Tohono O'odham was one of many nations to establish a network of trade routes that spanned the entire Southwest. Similarly, when Lewis and Clark arrived on the shores of the Pacific Ocean, they saw the same tools, with the same symbols, that they had seen in what is now North Dakota.

Today, Tribes continue to serve as economic engines across this continent. The Chickasaw Nation and the other Tribes in Oklahoma contribute billions of dollars to the state and local economies every year.

In Arizona, Native businesses generate hundreds of millions of tax dollars and pay \$1.9 billion in wages to tens of thousands of Native and non-Native employees.

In Mississippi, the Mississippi Band of Choctaw Indians provides 6,000 full-time jobs through its diverse array of businesses, more than half of which are held by non-Natives. It also has re-invested over \$500 million of its profits in economic development projects across the state.

Not only do these jobs often pay more than other jobs, they're not going anywhere. You're never going to read about how they are being moved overseas because Native businesses don't pull up stakes, even when market conditions change. We root our businesses in our local communities – for good.

You want to 'Buy American'? Then do business with Indian Country.

And when Tribal economies prosper, surrounding communities prosper. To that end, Congress and the administration should adopt the measures that Tribal governments have deemed critical to spurring economic development:

Remove the outdated burdens placed on Native businesses, starting with the ones that require us to go to the federal government for permits that Tribes could readily furnish. Remove obstacles barring Tribes from accessing and leveraging capital.

Pass the Tribal Labor Sovereignty Act, which affirms our right to determine our own labor regulations, just as city, county and state governments are allowed to do.

We have the right to build our own economic futures on our lands, on our own terms.

When it comes to our lands and resources, Native peoples were the original conservationists.

Long before the first churches and cathedrals were erected in America, we held relationships of faith and reverence with sacred places across this land. Today, we must work to preserve the sanctity of these places and in some cases restore access to them so that they can continue to provide cultural and spiritual sustenance.

Those who argue for the privatization of our lands believe that granting individual property rights will fuel economic development. However, they ignore the impact it would have on our sovereign authority to protect our homelands, economies and cultural resources for future generations.

For these reasons, it is critical that land policies be developed with Tribes from the outset, through true consultation and dialogue, on a government-to-government basis.

We say to policymakers: We have cared for this place for millennia. Seek our time-honored indigenous knowledge and expertise. Recognize our role and value in managing these lands to prevent costly mistakes and produce better outcomes.

We must remove the barriers that keep us from generating an estimated \$1 trillion through solar, wind and traditional energy resources. Remove the barriers that prevent us from restoring Tribal land bases according to our priorities.

Our lands made the United States what it is. Our wisdom will continue to sustain it, just as our wisdom played a role in creating it.

We know something about governing. We were peoples before "We the People."

Our proven ways of governing informed the governing approach forged by this country's founders. The U.S. Senate acknowledged this fact in 1987, declaring – and I quote – "the Congress, on the occasion of the 200th anniversary of the signing of the United States Constitution, acknowledges the contribution made by the Iroquois Confederacy and other Indian Nations to the formation and development of the United States." End quote.

Tribal governments have always held a unique place in the American family





Photos by Andy Taylor

Above: Patrick Shawver and Isaac Butler (from left) stand with coaches Lee Butler, Reggie Butler Jr. and Darin Rilatos during an assembly at Siletz Valley School. Shawver placed third in the 170 pound weight division.

Right: Isaac Butler receives congratulations from Sam Tupou, school superintendent/principal.

**Congratulations to Isaac Butler of Siletz Valley Early College Academy, 1A-2A state wrestling champion in the 182 pound weight division!**



### Indian Nations, continued from page 12

of governments. Hundreds of treaties and laws, and the Constitution itself – all affirm the inherent sovereignty our Tribes possess.

We should never forget that when Tribal nations agreed to accept a smaller land base, the federal government promised to safeguard our right to govern ourselves. To enable Tribal governments to deliver essential services and provide them ample resources to do so effectively. To help us manage our own lands and resources for the betterment of our communities.

That is the trust relationship embodied in the U.S. Constitution. Every member of Congress and every federal official is responsible for carrying out that trust. It's not a handout. It's a contract.

And it is best upheld when decisions are made at the local, Tribal level, by values-based governments that know the circumstances, challenges and priorities of local communities.

Tribal decision-making not only benefits Tribal communities, it benefits everyone.

For example, the Puyallup Tribe opened up its clinic in the Tacoma, Washington, metro area to provide care for the entire community, including non-Native people. My own Chickasaw Nation established a cutting-edge Diabetes Care Center to provide holistic health and preventative care, providing a model for clinics everywhere.

Two decades ago, the Confederated Salish and Kootenai Tribes took over management of its timber. The federal government, which manages an adjacent forest, barely breaks even on its timber sales. Meanwhile, the Tribes made \$2 on every dollar they spend – profit that they re-invest in their local communities.

That's why every American should make this demand of their own government:

Appreciate and honor the inherent sovereign rights of Tribal nations.

Respect our right to govern ourselves and our lands. Respect our unique political status as real nations with capable govern-

ments, as enshrined in laws, in treaties and in the Constitution of the United States.

Top-down government has been tried. It's time to go back to working with us.

Those are our priorities. Now, I want to share three basic principles to guide decision-making by policymakers to make those priorities a reality.

The first principle is to honor and affirm the federal-Tribal relationship.

This goes back to the very beginning of the United States. Tribal governments have always worked directly with the federal government – not through state governments. That direct nation-to-nation relationship must always be maintained. Right now, Congress is thinking about shifting more authority and funding to states, on the theory that states can more efficiently spend those funds. We, too, believe in local decision making. We've been doing it for thousands of years.

The second principle is to engage Tribal nations on all matters of national policy that potentially impact them. Not only is it the right thing to do. Not only does it make everyone better off. It is also the law. The Tribal consultation policies of federal agencies reflect that fact.

Two recent laws illustrate when the federal government takes its obligation to consult seriously – and when it doesn't.

I want to start with the one that failed to meet our standard of consultation – the recent tax overhaul.

For decades, Tribal leaders have advocated for the same set of tax priorities. We met often with members of Congress. We offered thoughtful, pragmatic, deficit-neutral policy proposals. But the bill came together in a flurry. And when the dust settled, Indian Country's top priorities were absent from the version the president signed in December.

That is completely unacceptable.

Today, we call on federal policymakers to consult Tribes on all major national policies and to take that responsibility seriously. In 2018, that means setting

things right by taking action on Indian Country's tax priorities:

Affirm our authority to regulate taxes and commerce on our lands, with the same degree of freedom that local and state governments enjoy. Allow us to use tax-exempt bonds the same way that other governments do. Exempt Tribes from federal excise taxes in the same way that states are exempted.

All we want is a level playing field. That is only fair and it's not too much to ask.

Like other governments, Tribes are an essential part of building a sustainable 21<sup>st</sup> century American economy. And we contribute best when we chart our own paths.

The third principle I want to discuss is reflected in the other positive example of recent legislation passed by Congress. Not only was it a product of meaningful consultation with, and input from, Tribal nations, it enacts the proven principle that Tribal self-determination and self-governance is the only policy that has ever worked for Indian Country.

I am talking about the Indian Employment, Training and Related Services Consolidation Act, which expands the Tribal workforce development program known as 477 and makes it permanent.

Under 477, Tribal nations and Native organizations can choose to consolidate up to 13 federal programs into a single process with a single reporting requirement, while still addressing distinct local needs and priorities. To date, more than 260 Tribal nations and Native organizations have taken advantage of 477, enhancing program efficiency and effectiveness and making real impacts in the lives of Native people.

Lives like Nicole Manzano's. At the age of 25, Nicole had been a caregiver for her grandmother for many years. Her grandmother's death was a huge blow and Nicole had to deal with her grief while building a new life with little work experience. She came to Citizen Potawatomi Work Force and Social Services, where 477-tethered programs gave her access

to training in résumé building, applying and interviewing. She got a local full-time job and assistance with gas vouchers, clothing and basic food until she became financially stable.

Stories like Nicole's prove that enhancing 477 is smart policy. It affirms that the program has been a success – and could be an even greater one. But we shouldn't stop there. We should use this model, which puts Tribal nations and communities in the driver's seat where they belong – as a model to replicate across all other areas of federal Indian policy.

Put simply, Tribal self-determination and self-governance works. This is a message that we must continue to bring to those in leadership.

My fellow Native citizens, the most powerful way to assert our right to determine our own destinies is on Election Day. Close elections happen. Just last month, candidates for one Virginia state house seat earned the same number of votes. A tie. They decided the election by drawing a name from a bowl.

The Native Vote can be the deciding vote in dozens of close races in 2018. In fact, the Native vote has the potential to swing elections for federal, state and local offices across this country.

We will support the candidates who respect the inherent sovereign rights we possess and who recognize the value we have to offer. Who support Tribal sovereignty, self-governance, consultation and meeting the trust responsibility.

Elected officials must hear our voices and heed our priorities – because we will be watching. And we will be voting. As one of the fast-growing populations in the country, our vote more and more is becoming a swing vote that candidates must engage.

We have our voice and our vote, and in 2018 we will exercise it like never before.

As it has been for thousands of years, the state of Indian nations is strong and everlasting.

We will always be here.

Thank you.



# Honoring Our Rivers project is now accepting submissions from students

PORTLAND, Ore. – Honoring Our Rivers, a project of the Portland-based conservation nonprofit Willamette Partnership, is accepting student submissions of art, photography, poetry and writing, including works in foreign languages, for the upcoming edition of its publication. Entries should reflect the student's connection to rivers or their watershed.

This is a unique opportunity for students (kindergarten through college) to be published alongside regional professional authors and artists. Past anthologies have included works by Barry Lopez, Ursula K. Le Guin, Paulann Petersen, Charles Finn, Ana Maria Spagna, and Lillian Pitt.

The anthology is distributed across the state of Oregon to libraries, partner organizations and participating families and schools, and celebrated with a popular student reading at Powell's City of Books in Portland.

The upcoming edition of the student anthology will also include a **featured section dedicated to celebrating the different Tribes of the Pacific North-**

**west and their connections to rivers.** The intention of this theme is to increase awareness and appreciation of Native culture, history, language and arts, particularly as they relate to Pacific Northwest rivers and watersheds, through student art and creative writing.

Deadline to submit is Earth Day, April 22, 2018. Learn how to submit at [honoringourrivers.org/submit](http://honoringourrivers.org/submit), or contact the project coordinator to learn more details at [info@honoringourrivers.org](mailto:info@honoringourrivers.org).

Sponsors' logos are featured in the printed publication and on the Honoring Our Rivers website. If your business or organization would like to support this project by becoming a sponsor, please contact the project coordinator at [info@honoringourrivers.org](mailto:info@honoringourrivers.org).

## Siletz Community Dental Clinic

Contact the **Siletz Community Dental Clinic** if you experience dental pain or a dental emergency. Staff will do everything they can to see you as soon as possible.

Morning check-in time is Monday-Thursday from 8:30-9 a.m. and Friday from 10:30-11 a.m. Afternoon check-in time is Monday-Friday from 1:30-2 p.m.

### Most Often Requested Numbers

Confederated Tribes of Siletz Indians – 800-922-1399  
Website – [ctsi.nsn.us](http://ctsi.nsn.us)

## Scholarships

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship Guide (scholarship search engine)
- OregonStudentAid.gov
- NAJA Facebook Journalist Project  
Deadline: April 16, 2018
- American Indian Graduate Center  
Deadline: May 1, 2018
- Cobell Scholarship – Vocational  
Deadline: May 31, 2018
- American Indian College Fund Full Circle Scholarships  
Deadline: May 31, 2018
- SAIGE Academic Scholarship  
Deadline: June 1, 2018
- Continental Society Daughters of Indian Wars Inc. Scholarship  
Deadline: June 15, 2018
- Oregon Native American Chamber of Commerce Scholarships  
Deadline: June 29, 2018
- Nez Perce Trail Foundation Annual Scholarship  
Deadline: June 30, 2018
- Oregon Promise Grant  
Grad March 1 – Deadline: June 30, 2018
- AICF: TCU Scholarship  
Deadline: Contact TCU Financial Aid Office
- American Indian Services Scholarships  
Deadline: Ongoing
- NOAA Fisheries Scholarships  
Deadline: Multiple
- National Johnson O'Malley Association Scholarship  
Deadline: Multiple
- Idaho Opportunity Scholarship  
Deadline: March 18, 2018
- American Indian Science and Engineering Society  
Deadline: March 31, 2018
- Cobell Scholarship – Graduate  
Deadline: March 31, 2018
- Cobell Scholarship – Undergraduate  
Deadline: March 31, 2018
- Washington State University – Tribal MOU Scholarship  
Deadline: March 31, 2018
- Eugene Maughan Graduate Student Scholarship  
Deadline: April 1, 2018
- International Order of the King's Daughters and Sons – North American Indian Scholarship  
Request Application by March 1, 2018  
Deadline: April 1, 2018
- American Indian Education Fund  
Deadline: April 4, 2018
- Partnership with Native Americans Undergraduate and Graduate Scholarships  
Deadline: April 4, 2018

Salem Area Office – 503-390-9494  
Salem Finance Office – 888-870-9051  
Portland Area Office – 503-238-1512  
Eugene Area Office – 541-484-4234  
Contract Health Services (CHS) – 800-628-5720

Siletz Community Health Clinic – 800-648-0449  
Siletz Behavioral Health – 800-600-5599  
Chinook Winds Casino Resort – 888-244-6665  
Chemawa Health Clinic – 800-452-7823  
Bureau of Indian Affairs – 800-323-8517

# May you have joy.



**Every day I think of you, those with diabetes, those who may be struggling.**

**You and your families are in my heart.**

**May you have joy and laughter.**

**Be peaceful, rest, love, and live well.**

*Barbara Mora*

BARBARA MORA, Paiute/Diné  
Author of *Using Our Wit and Wisdom to Live Well with Diabetes*



Produced by the IHS Division of Diabetes Treatment and Prevention, [www.diabetes.ihs.gov](http://www.diabetes.ihs.gov)

## Community invited to St. Patrick's Day dinner in Logsdan

LOGSDEN, Ore. – The Logsdan Community Club invites members of the community to enjoy a St. Patrick's Day dinner on Saturday, March 10, at 6:30 p.m.

Corned beef and cabbage will be provided by the club. Desserts and side dishes are welcome. Wear green and bring your favorite leprechaun to enjoy dinner with old friends and new acquaintances.

The Logsdan Community Club is a non-profit 501 C-3 that donates a por-

tion of its profits back to the community, including the Siletz Valley Volunteer Firefighters. Located at the junction of the Logsdan/Siletz Highway and Moonshine Park Road, the Logsdan Community Center is situated on a historic site where the local school once stood.

Today's facility, built in the 1980s, is available to rent and is a wonderful location for local gatherings, including weddings, family reunions, memorials

and other celebrations. The facility also houses a commercial kitchen for cottage industry entrepreneurs who market home-canned goods and is a designated emergency shelter.

Rental rates for events are reduced for individuals who become members of the Logsdan Community Club. The cost to join is \$25.

For more information, contact Teresa Simmons at 541-557-1695 or e-mail [logsdan1@gmail.com](mailto:logsdan1@gmail.com).

## Funded orthodontic treatment screenings set for 2018

The 2018 Funded Orthodontic Treatment Program is fast approaching! All interested parties should contact the dental department to be placed on a list.

The screening dates are April 16-17 and May 16-17, 2018. The program and amount of accepted applicants will be dependent on the funding for that year.

Applicants are selected by case severity, motivation of the patient and guardian, reliable transportation, routine dental checkups and the oral hygiene history of the patient, to name a few. We want the best results possible for the patient and



thus place emphasis on these items in order to achieve it.

The unbiased selection process is performed under the guidance of an orthodontic specialist and participants are chosen through a committee.

This is open to all ages who are CHS-eligible only. You must have a scheduled screening appointment during one of the four screening days to be considered.

Each year's selection process is independent from previous years and does not carry over. Selected and treated individuals can only be selected once for the duration of the program. All applicants will be notified by mail if they have been chosen.

Please contact the Siletz Dental Clinic at 541-444-9681 or 800-648-0449, ext. 1681, to be put on the list.



# Important information for college-bound Tribal seniors

## March

- Check for three Tribal scholarships at [ctsi.nsn.us](http://ctsi.nsn.us).
- Complete scholarships.
- Start working on Tribal higher education or adult vocational training grant application. This can be found on the Tribe's website and is due June 30.
- Review Student Aid Report (SAR).
- You should start receiving admission responses.

## April

- Send thank you notes to people who have helped you.
- Make final decision about which college or university you will attend.
- If you decide to decline enrollment to a college or university to which you have been accepted, send notice indicating this to the college's admissions office.

## May

- This is the deadline for final decisions for universities.
- Send letter of intent to registrar.
- Line up a summer job.
- Attend your Senior Awards Night.
- Review any award letters and be sure you understand the terms and conditions that accompany each type of aid.
- If necessary, arrange for housing and a meal plan (at school).

- Send thank you notes to any person/committee from which you received a scholarship.

## June

- Tribal higher education and AVT applications are due June 30!
- Attend graduation – congratulations!
- Make arrangements for your final grades to be sent to colleges/universities.
- Good luck!

## Internships

- Oregon Humanities Emerging Journalists, Community Stories Fellowship  
Deadline: March 7, 2018
- NCAI: Wilma Mankiller Fellowship Program for Tribal Policy and Governance  
Deadline: March 15, 2018
- Roger Arliner Young Marine Conservation Diversity Fellowship  
Deadline: March 15, 2018
- Tribal Researchers' Cancer Control Fellowship  
Deadline: March 23, 2018
- Public Media Internship (Vision Maker Media)  
Deadline: March 30, 2018
- Senate Committee on Indian Affairs Internship  
Deadline: March 31, 2018
- National Congress of American Indians (NCAI)  
Deadline: March 31, 2018 (summer)
- U.S. Forest Service MANRRS Internships  
Deadline: April 6, 2018
- Northwest Indian College – Nez Perce Site Internship  
Deadline: Open Until Filled
- NW Documentary (Portland, Ore.)  
Deadline: Open until filled
- U.S. Dept. of the Interior - Office of Environmental Policy & Compliance (Portland, Ore.)  
Deadline: Open until filled
- City of Vancouver, Wash. – Water Center Educator Intern  
Deadline: Open until filled
- Friends of Tryon Creek - Outreach & Membership Intern (Unpaid)  
Deadline: Rolling
- Claremont Native American Fellowship  
Deadlines: Multiple
- Indian Land Tenure Foundation Internship Program  
Deadline: Multiple
- Environmental Protection Agency Internships  
Deadline: Multiple
- American Fisheries Society  
Deadlines: Multiple
- National Science Foundation Research Experiences for Undergraduates  
Deadline: Multiple
- Oregon Museum of Science & Industry (OMSI)  
Deadline: Multiple
- Fish & Wildlife Service  
Deadline: Multiple

## Other Opportunities

- Children's Clean Water Festival (Univ. of Portland)  
March 13, 2018
- Pre-Law Summer Institute for American Indians and Alaska Natives  
Deadline: March 23, 2018
- Helping Orient Indian Students & Teachers into STEM (Univ. of Idaho)  
June 10 - July 13, 2018
- Eighth Annual THRIVE Conference (Portland, Ore.)  
June 25-29, 2018
- Northwest Youth Corps  
Deadline: Various
- National Youth Leadership Forum: STEM Program Nomination Form  
Deadline: Various
- Saturday Academy - FREE Classes for Native American Students
- ON TRACK OHSU!
- Caldera Youth Program
- The Student Conservation Association
- The SMART Competition

### Portland State's Free Tuition Program

PSU's freshman free tuition program: Four years free – PSU covers tuition and fees for income-eligible Oregon freshmen starting in fall term (resident of Oregon, graduate from an Oregon high school, admissible to PSU as a first-year freshman for fall term, a 3.4 GPA, eligible to receive a federal Pell Grant and enrolled full time at PSU).

For more information, visit [pdx.edu/four-years-free](http://pdx.edu/four-years-free).

### Outside Scholarships for NATIVE AMERICAN STUDENTS

**Cobell Scholarship**  
<http://cobellscholar.org/>  
various scholarships available  
\*essay required  
Open to descendants/enrolled members

**American Indian Services**  
<https://www.americanindianservices.org/>  
various scholarships available  
\*essay may be required  
Open to descendants/enrolled members

**American Indian College Fund**  
<http://www.collegefund.org/>  
various scholarships available  
\*essay required  
Open to descendants/enrolled members

**Bureau of Indian Education**  
<http://www.bie.edu/ParentsStudents/Grants/>  
various scholarships available  
\*essay may be required  
Open to descendants/enrolled members

**Native American Scholarship Fund**  
<http://catchingthedream.org/>  
various scholarships available  
\*essay may be required  
Open to descendants/enrolled members

### Siletz Tribal Court Filing Fee/Copy Charge

(Effective Jan. 1, 2016)

Adoption	\$50
Appeal, Filing Notice of	\$50
Audio Record (tape)	\$5
Copies, standard	\$.25 per page
Certified Copy	\$5 + \$.25 per page
Certified Copy Guardianship letter	\$5 + \$.25 per page
Fax	\$.25 per page
Civil Action, General	\$25
Collection	
Less than \$50	\$25
\$150 – \$399	\$50
\$400 or more	\$100
Contempt of Court	\$1,000
Dissolution	
Petitioner, Petition	\$125
Respondent, Response	\$125
Co-Petition	\$125
Election Challenge	\$250
Electronically stored case documents (hard copy)	\$3/each request
Emancipation	\$25
Guardianship, individual petition	\$50
Mailing Costs	Actual Cost
Marriage Application	\$50
Marriage Solemnization	\$50
Name Change	\$25
Small Claims, individual under \$2,500	
Petitioner	\$25
Respondent	\$25
Small Claims, individual over \$2,500	
Petitioner	\$50
Respondent	\$50
Vehicle Repossession	
Petitioner	\$75
Respondent	\$75



# Tribal Council Timesheets for January 2018

## Lillie Butler – 1/1/18-1/31/18

TC	Ind	Gmg	STBC	ED	Tvl	
14.5	14.5				1/2-11	Packets,
1	1	2			4	Eugene community mtg, packets
.25	.25	5.5			2	1/12 Special TC – gaming, budget
		5			1/15	Packets
1	1		6.5		6	1/16-18 STBC wkshp, packets
3	3				1/19	Regular TC
7.5	7.5				6	1/21-23 ATNI
1.5	1.5				1/24	Packets
4.5	4.5				4	1/25-26 Salem community mtg, packets
1	1	5			4	1/29-30 Jordan Cove, packets
2.25	2.25				6	1/31 Portland community mtg

## Loraine Y. Butler – 1/1/18-1/31/18

TC	Ind	Gmg	STBC	ED	Tvl	
2	2	1			1/2-5	Sign checks, packets
2	2				1/9	CPT, packets
		5			2	1/12 Special TC – gaming, budget
1.25	1.25				3	1/16 Culture Comm, travel to Mill Casino
2.75	2.75		6		3	1/17-18 STBC wkshp, meet w/ Coquille, packet
3.25	3				1/19	Regular TC
10.5	10.5				6	1/21-24 ATNI
1	1				1/29	CPT

## Reggie Butler Sr. – 1/1/18-1/31/18

TC	Ind	Gmg	STBC	ED	Tvl	
2	2				1/2	Packets
11	11				1/3-10	CEDARR, sign checks, packets
1	1				4	1/11 Eugene community mtg
0.25	0.25	5.5			2	1/12 Special TC – gaming, budget
1	1	3	6.5		3	1/15-16 Packets, travel to Coos Bay
3.25	3.25		6.5		3	1/17-18 STBC wkshp, Siletz community mtg, packets
3	3				1/19	Regular TC
7.75	7.75				6	1/21-23 ATNI
1.5	1.5				1/24	Sign checks, packets
3.75	3.75				4	1/25-26 Salem community mtg, packets
3.5	3.5				4	1/29-30 Jordan Cove, packets
2.25	2.25				6	1/31 Portland community mtg, packets

## Sharon Edenfield – 1/1/18-1/31/18

TC	Ind	Gmg	STBC	ED	Tvl	
2.25	2.25				1	1/8 STCCF mtg, MPVC mtg
		6			2	1/12 Special TC – gaming
1.75	1.75				1.5	1/16 SMI and STRCP mtg
1.5	1.5				1/18	Meet w/ Coquille
3.5	3.5				1/19	Regular TC

## Gloria Ingle – 1/1/18-1/31/18

TC	Ind	Gmg	STBC	ED	Tvl	
1.25	1.5				.75	1/5 Interviews

## Robert Kentta – 1/1/18-1/31/18

TC	Ind	Gmg	STBC	ED	Tvl	
1	1				1/8	Natural Resources Comm
		1			1/11	Packets
		3			2	1/12 Special TC – gaming
1	1				1/18	Packets
3	3				1/19	Regular TC

## Alfred Lane III – 1/1/18-1/31/18

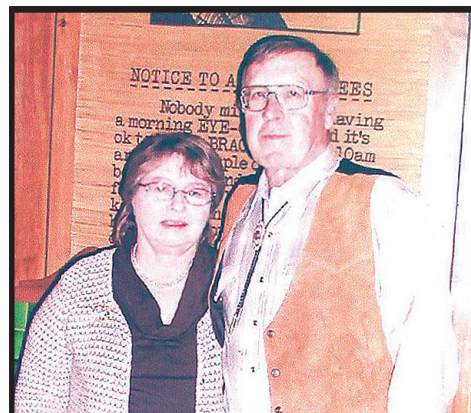
TC	Ind	Gmg	STBC	ED	Tvl	
		6			2	1/12 Special TC – gaming
2	2				4	1/13 Merkley/Schrader event, Chemawa tour
1	1				1/18	Meet w/ Coquille
2	2				1/19	Regular TC
1.5	1.5				2	1/25 ATNI

## Joseph Lane Jr. – 1/1/18-1/31/18

TC	Ind	Gmg	STBC	ED	Tvl	
.75	.75				1/8-10	Email, packets, eval
		4.5			1/12	Special TC – gaming
	.5		6		3	1/16-17 Travel to North Bend, STBC wkshp, packets
1.5	1.5				3	1/18 Meet w/ Coquille, return
2.5	2.5				3	1/19 Regular TC
.75	.75				1/24-29	Email, packets, time

## Delores Pigsley – 1/1/18-1/31/18

TC	Ind	Gmg	STBC	ED	Tvl	
3.5	3.75	.75	.5		2.5	1/4-11 Mail, sign STBC checks, agenda items
1	1	5.25			2.5	1/12 Special TC – gaming, mail
2	2				1/13	Merkley/Schrader event, Chemawa tour, mail
1.75	1.75	.25			1/14-15	Mail, prep for council
.5	.5	.25			3.25	1/16 Mail, travel to North Bend
2	2		6		3.25	1/17-18 STBC wkshp, meet w/ Coquille, mail
2	2				4	1/19 Regular TC
2.25	2.25				1/20-22	Mail, prep for meeting, agenda items
12	12				2.5	1/23-25 ATNI, mail
2	2				2.5	1/26 UO mtg, mail
3.25	3.25	.25			1/27-31	Mail, agenda items, prep for council



### Celebrating 54<sup>th</sup> Anniversary

March 7, 2018, will be our anniversary of 54 years we have shared together. We were high school sweethearts. Thank you to our Tribe. Merle and Marjorie Kalb

### Reminder

The Siletz Clinic would like to remind parents and guardians that if you send your child to an appointment with someone other than yourself or other legal guardian, you will need to sign a Release of Information.

This gives permission for another person to bring your child to appointments and for your child's provider to discuss the child's care with them.

If you have any questions, please call 541-444-1030 or 800-648-0449.

Thank you!

### Tribal Council Email Addresses

- Tribal Chairman: Delores Pigsley [dpigsley@msn.com](mailto:dpigsley@msn.com)
- Vice Chairman: Alfred "Bud" Lane III [budl@ctsi.nsn.us](mailto:budl@ctsi.nsn.us)
- Treasurer: Robert Kentta [rkentta@ctsi.nsn.us](mailto:rkentta@ctsi.nsn.us)
- Secretary: Sharon Edenfield [sharone@ctsi.nsn.us](mailto:sharone@ctsi.nsn.us)
- Lillie Butler [lbutler@ctsi.nsn.us](mailto:lbutler@ctsi.nsn.us)
- Loraine Butler [loraineb@ctsi.nsn.us](mailto:loraineb@ctsi.nsn.us)
- Reggie Butler Sr. [rbutler@ctsi.nsn.us](mailto:rbutler@ctsi.nsn.us)
- Gloria Ingle [gloriai@ctsi.nsn.us](mailto:gloriai@ctsi.nsn.us)
- Joseph Lane Jr. [josephl@ctsi.nsn.us](mailto:josephl@ctsi.nsn.us)



# Chinook Winds

## CASINO RESORT

### SEE OUR STARS SHINE



#### The Hollywood Medium Tyler Henry

March 10, 2pm & 8pm  
Tickets \$50-\$65



#### Charlie Daniels Band

April 20 & 21, 8pm  
Tickets \$25-\$40

For tickets call 1-888-MAIN ACT (1-888-624-6228) or purchase online at chinookwindscasino.com. Discount available for Winners Circle Members.

## Boomer TUESDAYS

### ATTENTION BABY BOOMERS!

That includes YOU if you've had at least 55 birthdays!

### Boomer Slot Tournament March 6, 2018

Free entry for all Winners Circle members!

The Boomer Slot Tournament starts at 8:30am. The first 315 players to register beginning at 6:30am receive DOUBLE POINTS from 8am-2pm, and the top finishers share 3500 \$AND DOLLARS!

Double points will be applied by 8am the next day. Complete rules are available at Winners Circle.



## We'll bankroll you as you face the BIG MONEY BOARD!

Will your luck at guessing hi-low cards hold out as you bet your way to the top where the **BIG MONEY** is? Top prize is **\$14,800!** Over **\$265,000** in **CASH** is at stake!

Drawings Sundays at 4pm, March 4-April 8  
Three Finalists for Each Drawing



Collect free virtual entries starting February 26 when you swipe your Winners Circle card in any promotional kiosk

- Members collect one free virtual entry every week.
- MVP Members collect two free virtual entries every week.
- Premier Members collect three free virtual entries every week.
- Elite Members collect four free virtual entries every week.
- New members get a bonus entry with enrollment.

Collect even more with your tracked casino play!

- Collect one virtual entry with every 100 points earned on Slots, Keno or Bingo
- Collect one virtual entry with every 20 minutes played on a cash table.
- Collect one virtual entry for every hour played in a cash Poker game.

Complete rules are available at Winners Circle.

## COMEDY ON THE COAST

March 30 & 31, 8pm, \$15

Tickets available at the Chinook Winds Casino Resort Box Office. Buy by phone at 1-888-MAIN-ACT (1-888-624-6228), 541-996-5776 or online. 21 and over event, doors open at 7:30pm with a no-host bar.



HEADLINER  
**JAMES JOHANN**



FEATURING  
**JOHN HILDER**



HOST  
**JILL MARAGOS**



chinookwindscasino.com • 1-888-CHINOOK • Lincoln City





# Chinook Winds Casino Resort

## Entertainment

March 10: Hollywood Medium Tyler Henry  
2 p.m. & 8 p.m., \$50-\$65  
March 30-31: Comedy on the Coast  
8 p.m., \$15  
April 20-21: The Charlie Daniels Band  
8 p.m., \$30-\$40  
April 27-28: Comedy on the Coast  
8 p.m., \$15  
May 11-12: Comedy on the Coast  
8 p.m., \$15  
May 11-12: Tesla  
8 p.m., \$35-\$50

### Rogue River Lounge

Fri & Sat: Ultrasonic DJ, cover  
10:30 p.m. to 1:30 a.m.

### Chinook's Seafood Grill

Weds: Kit Taylor (pianist) – 5 - 9 p.m.  
March 2-3: Mike Branch Band (rock)  
March 9-10: Ty Curtis (blues)  
March 16-17: Branded Band (country/rock)  
March 23-24: Beth Willis Rock Duo (rock)  
*All 8 p.m. to Midnight*

## Special Events

Sun: 100% Payout Blackjack Tourney  
Sparkling Sunday Brunch at Siletz  
Bay Buffet  
Mon: Bearable Mondays  
Tue: Boomers Club  
\$2 Taco Tuesdays at Aces  
Wed: Wine Wednesdays at CSG  
Mon-Fri: Happy Hour at Rogue River  
Lounge (3-6 p.m.)  
First Tuesday: Boomer Slots  
Third Thursday: Twilight Slots  
March 4-April 8: Big Money Cards  
March 9-18: WBCA Pool Tournament  
March 31-April 1: Rainy Day Blackjack  
Tournament  
April 9-15: APA Pool Tournament  
April 14: Bingo Ballerz

## New Promotion!

### Big Money Cards March 4 – April 8 at 4 p.m.

We'll bankroll you as you face the Big Money Board. Will your luck at guessing hi-low cards hold out as you bet your way to the top where the Big Money is? Top prize is \$14,800! More than \$265,000 is at stake!

Drawings are on Sundays at 4 p.m. from March 4 through April 8 with three finalists for each drawing. Complete rules and information on different ways to enter are available at the Winners Circle.

**Tickets go on sale 90 days in advance.**  
**Concerts in the showroom are for ages 16 and older. Comedy on the Coast in the convention center is for ages 21 and older.**

**For more information or to obtain tickets for all concerts, call the Chinook Winds box office at 888-CHINOOK (888-244-6665) or 541-996-5825; or call 888-MAIN-ACT (624-6228).**

**All events, concerts and promotions are subject to change at the discretion of Chinook Winds Casino Resort.**

**Follow us on Twitter, find us on Facebook or visit our website at [chinookwindscasino.com](http://chinookwindscasino.com).**  
**For more information about events in North Lincoln County, visit [lcchamber.com](http://lcchamber.com), [oregoncoast.org](http://oregoncoast.org) or [lincolncity-culturalcenter.org](http://lincolncity-culturalcenter.org).**

**Hotel rates for Siletz Tribal members**  
Siletz Tribe hotel rates all year round! No longer do you have to guess at what your rate is and worry about higher rates in the summer. One rate for each hotel type is now \$79 for standard deluxe oceanfront rooms and \$99 for oceanfront junior suites.

**Tribal members can enjoy free golf, discounts**  
Siletz Tribal members can play golf at Chinook Winds Golf Resort at no charge. Golf cart fees are \$10 per seat for 9 holes and \$15 per seat for 18 holes. Tribal members also receive a 50 percent discount on lessons from golf pro Larry Dealy and a 20 percent discount on merchandise (certain restrictions apply). Please call Chinook Winds Golf Resort at 541-994-8442 for tee times or to schedule a golf lesson.



Would you like to be a part of the Chinook Winds team?  
**Find out why "Employment is Better at the Beach" at:**  
[www.chinookwindscasino.com](http://www.chinookwindscasino.com)  
Job Line: 541-994-8097 Toll Free: 1-888-CHINOOK ext 8097  
Human Resources Office: 541-996-5800 Monday-Friday 8am-4:30pm  
**Be Passionate Embrace Change Accountability Customer Service Happiness**



**Human Resources is looking for Tribal member EVENT TEMPS who are eager to start as soon as possible!**  
If you are looking for a position that outlines, helping departments when needed, ushering guests in our showroom or even door greeting at MMA fights, **Event Temp** is your position.  
To apply, stop by our HR office anytime Monday-Friday from 8 a.m.-4:30 p.m. Visit our website at [chinookwindscasino.com/careers](http://chinookwindscasino.com/careers) to download our employment application. Or you can stop by the HR office at the Siletz admin building to complete and fax your application to us.  
If you have any questions regarding this flier, please contact Melissa Clawson at 541-996-5800.

**Calling all Tribal member business owners**  
If you would like to be on the preferred Tribal members business list with Chinook Winds, please fax, mail, email or drop off your business card, brochures, or business information to:  
Chinook Winds Casino Resort  
Attn: Purchasing Dept.  
1777 NW 44<sup>th</sup> St.  
Lincoln City, OR 97367  
Phone: 541-996-5853  
Fax: 541-996-3847  
[erica@cwresort.com](mailto:erica@cwresort.com)

Chinook Winds Casino Resort in Lincoln City, Ore., offers 24-hour Las Vegas-style gaming, an 18-hole golf course, headline entertainment from some of music's most legendary stars, three full-service restaurants, a secure child care facility and arcade, and a 243-room ocean-view hotel.  
For more information, visit [chinookwindscasino.com](http://chinookwindscasino.com), or call 888-CHINOOK (244-6665) or 541-996-5825.



## US Forest Service increases price for its maps

CORVALLIS, Ore. – For the first time in nearly a decade, the increasing cost of production, printing and distribution has driven the U.S. Forest Service to increase the price of its maps. The price of USFS paper and plastic-coated maps has increased to \$14.

The Forest Service continually updates its maps and looks for ways to enhance them. It expects to shorten the revision cycle as cartographers continue to apply new digital technology to the map revision process.

The Forest Service is also working to increase the availability of digital maps. Digital maps for mobile applications can be downloaded at [avenza.com/pdf-maps/store](http://avenza.com/pdf-maps/store). Digital maps cost \$4.99 per side.

Siuslaw National Forest maps can be purchased at the following locations:

Siuslaw National Forest Supervisor's Office  
3200 SW Jefferson Way  
Corvallis, OR 97331  
Phone: 541-750-7000

Hebo Ranger District  
31525 Highway 22  
Hebo, OR 97122  
Phone: 503-392-5100

Central Coast Ranger District  
1130 Forestry Lane  
Waldport, OR 97394  
Phone: 541-563-8400

Cape Perpetua Visitor Center  
2400 Highway 101  
Yachats, OR 97498  
Phone: 541-547-3289

Oregon Dunes National Recreation Area  
Visitor Center  
855 Highway 101  
Reedsport, OR 97467  
Phone: 541-271-6000

There are three ways to order maps from the National Forest Map Store (NFMS):

1. Online: [NationalForestStore.com](http://NationalForestStore.com)
2. By phone: 406-329-3024
3. By U.S. mail:

USDA Forest Service  
National Forest Store  
P.O. Box 7669  
Missoula, MT 59807

In an effort to help offset the pricing increase for volume sales, discount pricing is available on sales of 10 or more of maps of the same title. Discounted maps are only available when purchased through the NFMS.

The U.S. Forest Service is dedicated to researching, producing and distributing informative, accurate maps that can help improve the experience on America's national forests and grasslands. Additional online resources that may help users enjoy the great outdoors include:

- Interactive Visitor Map to help you find great places to go and explore
- Know Before You Go for tips that can help you enjoy the outdoors and be safe

The mission of the U.S. Forest Service, an agency of the U.S. Department of Agriculture, is to sustain the health, diversity and productivity of the nation's forests and grasslands to meet the needs of present and future generations.

The agency manages 193 million acres of public land, provides assistance to state and private landowners, and maintains world-renowned forestry research and wildland fire management organizations.

National forests and grasslands contribute more than \$30 billion to the American economy annually and support nearly 360,000 jobs.

These lands also provide 30 percent of the nation's surface drinking water to cities and rural communities. Approximately 60 million Americans rely on drinking water that originates in the national forest system.

To the editor:

Thank you to the Tribal members who voted and supported me for Tribal Council. First experience for me, but I did learn a few things.

As a Siletz Tribal member, I still have concerns.

1) Chinook Winds is our main money-making business. It is not a place to pick and choose who can come through the door. Politics needs to be left out at Chinook Winds Casino. Tribal Council is over Chinook Winds Casino.

2) Housing. There is a lot of Tribal housing here in Siletz, which we have enough of. There needs to be Tribal Housing in Lincoln City and the Salem area. Siletz is not the only place where Siletz Tribal members live. Reggie Butler has always been a strong advocate for this.

3) Jobs. Give Tribal members a chance at a job. There should be training available.

4) Per Cap. I side with Reggie Butler on this. Our membership is growing and the percentage that is for the Tribal membership needs to go up. Too bad it was voted down.

I lived in Siletz most of my life and I watch the Siletz Tribe grow. I am proud of who I am and I will never forget the struggles growing up that my family went through.

Joella Strong

Dear Tribal members:

Another election has come and gone and it was a close one. Congratulations to the two incumbents who retained their seats and to newcomer Angela Ramirez, who picked up the vacant position. They and the rest of the council have much work ahead of them and I wish them well in their efforts.

I want to thank all those Tribal members who supported my independent run for a seat on Tribal Council and assure you that I remain committed to giving back to my Tribal community in any way that I can.

In Respect,  
Bonnie Petersen

To the editor:

I am honored to have been elected to the Tribal Council this year. This is the second time I ran for Tribal Council, I previously ran in 2011. I am overwhelmed with the support I received prior to the election and now after being elected.

I am thankful for all of the Tribal members I have come to know over the last 25 years; that I have earned their respect and support to make this possible. It is a privilege to serve the Tribal membership as an elected official.

I want to thank all those who voted, regardless if I was one of your votes or if someone else was. It is important for all eligible voters to exercise their right to vote, especially in a Tribal election. This year there were 3,743 Tribal members who were eligible to vote, meaning they are a Tribal member and over the age of 18 on or before Election Day.

There are two important things that must occur before someone can vote. First, you must always have a current address on file with the Enrollment Department as that is where the addresses are obtained for the mail outs. Secondly, in order to vote, the Tribal member must register to vote, which involves filling out the Voter Registration card with their name, roll number and signature. The signature will need to match to how the ballot will be signed.

Once the Tribal member is registered to vote, they will receive the voter's pamphlet that includes statements from the candidates and other important information for the election. Being a registered voter is also the only way to receive a voting ballot.

For this year's election, there were 2,495 registered voters and 709 who actually voted. This is a 28.4 percent voter turnout. As you can see by this year's election, there was a 20 vote difference between four people for the second and third seat on Tribal Council. **Your vote counts!**

If you have concerns to bring to my attention, please write to me via email at [angelar@csi.nsn.us](mailto:angelar@csi.nsn.us) or P.O. Box 504, Siletz, OR 97380-0504.

Respectfully,  
Angela Ramirez

### Siletz News Letters Policy

*Siletz News*, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in *Siletz News* and other Tribal issues.

All letters must include the author's signature, address, and phone number in order to be considered for publication. *Siletz News* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Siletz News*, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The general manager of the Siletz Tribe is the editor-in-chief of *Siletz News*.

Editor-in-Chief: Brenda Bremner  
Editor: Diane Rodriguez  
Assistant: Andy Taylor



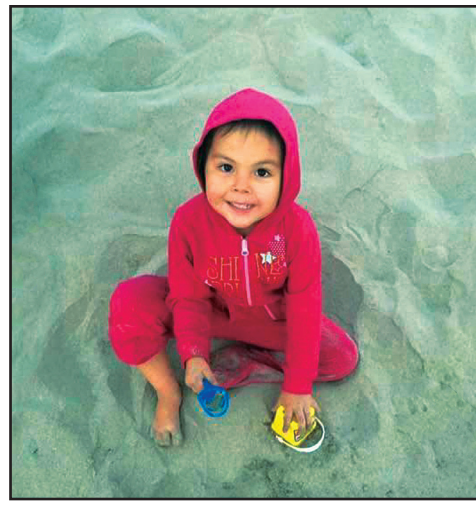




Happy Birthday to Jordan James Smith! We are all so proud of you and love you very much.  
Love, your family



Happy Birthday to my baby brother, Dennis Carey. Proud of u bro, love ya!  
Trish and family



Happy 4<sup>th</sup> Birthday to my beautiful grandbaby, Hayleigh Rayne Bennett. I love u bigger than the sky.  
Love, Grandma Trish



Happy 7<sup>th</sup> Birthday to Jaylee. We all love you.  
Mom, Dad, Bubby and sister



Tillicum,  
I would like to thank you for supporting and buying the Girl Scout cookies. Nehayla Cordova  
We would like to thank you for supporting and buying the Valentine's fundraiser packages for our swimming lessons in Head Start.  
Julian and Cruz Cordova and Grandma



Happy Belated Birthday, Alea! You're so much more than I ever imagined and you're only 13! We love you so much!  
Mom, Miles, Isaac, Maya and the rest of the fam ♡

Happy 7<sup>th</sup> Birthday, Maya! We couldn't ask for a better wild child! Love you lots!  
Mom, Dad, Isaac, Alea and the rest of the family

Happy 16<sup>th</sup>, Isaac! You make me so proud to be your mom. We love you so much!  
Mom, Miles, Alea, Maya and the whole family

### CTSI Jobs

Information available at [ctsi.nsn.us](http://ctsi.nsn.us)

Note: "Open Until Filled" vacancies may close at any time.

The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

### Free child ID kits from the Oregon State Police

503-934-0188 or 800-282-7155; [child.idkits@state.or.us](mailto:child.idkits@state.or.us)



Siletz Community Health Clinic  
200 Gwee Shut Rd, Siletz, OR 97380

### Community Health Advocates

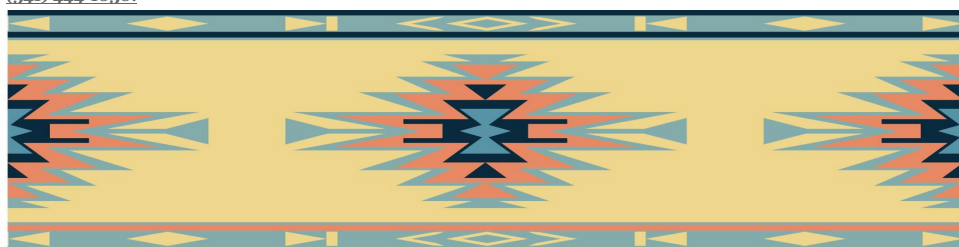
The Community Health Advocate's (CHA) provides a variety of services to tribal members relating to healthcare. CHAs advocate for individuals, identify services available to tribal members, and promote wellness individually and community wide. There is a CHA in every area office. For Eugene please call (541) 484-4234, Portland (503) 238-1512, Salem (503) 390-9494, Siletz (541) 444-1030. We look forward to hearing from you!!

- Elders Home Visits
- Child Safety Car Seats
- Children's Bicycle Helmets
- Nutrition and Exercise
- Community Events
- Diabetes Luncheon
- Medical Home Visits
- Transportation
- Emergency Preparedness
- Traditional Foods



We are excited to hear from you

Please call your CHA at (541) 444-1030.



### Passages Policy

Submissions to Passages are limited to two 25-word items per person, plus one photo if desired.

All birthday, anniversary and holiday wishes will appear in the Passages section. *Siletz News* reserves the right to edit any submission for clarity and length.

Not all submissions are guaranteed publication upon submission.

Please type or write legibly and submit via e-mail when possible.

Tribal children in need of foster parents for:  
Permanent care,  
temporary foster care or  
short-term emergency care.

Contact,  
Indian Child Welfare  
541-444-8272