



“We hope we will not be bothered with it much longer”

Responding to the 1918 flu pandemic in the Siletz community

By Peter Hatch, Cultural Resources Technician/Historical Research

Note: I do not know what will be happening by the time you read this. Personally, drawing inspiration from the strength and resilience of our ancestors helps reassure me, as I hope this story will

help you. Our friend Steve Wyatt, recently retired from the Lincoln County Historical Society, found the first old Lincoln County Leader article on this topic and was kind enough to pass it on, so special thanks goes to him.

The end of 1918 brought a lot of hopeful news to Siletz. The Great War (World War I) had just ended, so the parents of surviving Siletz soldiers anxiously awaited their boys as they made their slow way home on troop ships and trains.

Per capita payments, proceeds from the sale of some tracts of reservation land, were about to clear government red tape – offering struggling Tribal families much-needed relief. At the same moment though, our little community was staring down the barrel of a worldwide crisis, one that would cause even more suffering and death than the Great War - the “Spanish flu.”

It didn't come from Spain. Some scientists think it started in China; others suggest Kansas. Wherever it started, this

new flu strain spread unchecked and had severe new symptoms, killing perhaps 2-3% of patients, about 10 times the rate of regular seasonal flu.

In three waves between April 1918 and July 1919 it leapt around the world and brought havoc to every continent. All told, the disease killed perhaps 675,000 Americans and at least 40 million people around the world. As it staggered East

See Flu on page 9



Courtesy photo from Coquelle Thompson: Athabaskan Witness by Lionel Youst

Agnes Newberry Thompson, a nurse during the flu pandemic of 1918

Tribe's COVID-19 Response

The Confederated Tribes of Siletz Indians is heeding recommendations from the Centers for Disease Control and multiple state and federal agencies. Beginning March 17, 2020, until further notice, the Siletz Tribe continues to provide essential services through alternate means and has closed all government offices to walk-in clients.

Tribal members and clients can access essential services via the telephone, email or regular mail. Non-essential services, meetings and appointments are being rescheduled for a later date.

The Siletz Community Health Clinic is open for critical services, but ill patients are asked to call the clinic to enable medical staff to triage patients prior to being seen. Patients can call the clinic at 541-444-1030 or 800-648-0449. All non-critical care through the clinic is being rescheduled.

Chinook Winds Casino Resort (CWCR) has closed its doors for two weeks. During this time, staff will conduct a deep clean in preparation for its reopening. For more information about Chinook Winds Casino Resort, please check the casino's website at chinookwindscasino.com for updated details.

The Siletz Tribal Council, Tribal administration, CWCR staff, Siletz Tribal Gaming Commission, Siletz Tribal Business Corporation and all our Tribal offices throughout the state encourage everyone to stay home if possible, practice social distancing, assist one another as needed during these unprecedented times and stay safe.

Tribe announces new acting general manager

Longtime General Manager Brenda Bremner is no longer with the Confederated Tribes of Siletz Indians. Brenda first started working for the Siletz Tribe in 1993 and had served as the general manager since 1999. Brenda has been involved in many aspects of Tribal government, economic development and numerous boards and committees representing the Tribe. The Siletz Tribe wishes her well in her future endeavors.

In order to provide for continuity of government services, Tina Retasket, assistant general manager, has been appointed acting general manager. She can be reached at 541-444-2532 or 800-922-1399.

Ready to fill out your Census form? Online or on paper – it's time to be counted

Two hundred thirty years in the making, the 2020 Census survey is here. Beginning March 12, the Census Bureau mailed invitations to go online to fill out the survey. Less than 5% of people will receive a paper form.

Five hundred nine households in the Siletz Reservation area have their mail sent to a P.O. Box. They will NOT receive the invitation. But it's critical that they complete the survey.

The Siletz Complete Count Committee will mail invitations to them asking them to go online and complete the survey. The committee is unable to send out official paper survey forms.

Every 10 years, the Census Bureau conducts a count of everyone living in the U.S. The results of the survey are used to assign the number of members of the

House of Representatives and, of increasing importance; the results are used to determine which programs are to receive federal money.

Oregon will get an additional representative if everyone gets counted. That means more political power in Washington, D.C.

Head Start and schools, roads and transit, WIC, Temporary Assistance for Needy Families (TANF) and SNAP, school lunch programs, libraries, foster care and treatment programs all receive federal funding based on the number of people the Census has counted.

If a school child doesn't get counted, there won't be enough money provided for school lunches. The same is true for the other programs.

The count won't be corrected until the next survey – 10 years from now!

There are programs for American Indians that use the Census count. American Indians were undercounted by 5% in the 2010 survey. That is a critical loss to funding for needed programs that can be fixed if everyone gets counted this time.

Your personal census data is safe and secure. By law, it cannot be shared with

any other federal or state agency. There are harsh penalties for violations, up to \$250,000 and five years in jail.

The requirement to complete the forms online might cause difficulties for some. Call 844-330-2020 (toll free) for help with filling out your Census form by phone.

Planned kickoff events on April 1 have been postponed. Be alert for new online event(s) through the Tribe's Facebook pages. Prizes and gifts will be available for those who complete the survey.

For those people who don't respond, Census Bureau workers eventually will come to your door asking you to complete the form. Let's avoid that!

If you have any questions about the 2020 Census, call 844-330-2020.



Chemawa story poles

Tribes attended a morning blessing and unveiling of the story poles erected just prior to Chemawa's 142nd birthday celebration. The story poles were carved by Jewel James of the Lummi Tribe in honor and memory of the students and staff who are buried in the Chemawa Cemetery.

Our Tribe furnished the cedar logs for the project, Jewel carved them and they are truly beautiful. An honor and prayer song

was given by Chemawa students at the cemetery as well as at the school, where the second pole was erected. The two story poles face each other, one from the campus and the other from the cemetery.

All visitors were allowed to join the students for lunch in the cafeteria. The annual pow-wow followed.

Washington, D.C., trip

Bud Lane, Robert Kentta, Sharon

Edenfield and I traveled to Washington, D.C., in February to discuss important issues with our Oregon delegation as well as with officials of the Bureau of Indian Affairs and Bureau of Indian Education.

Legislative Commission on Indian Services

The LCIS held its first meeting of 2020 this past week. Important discussion items included addressing health care issues as well as reports from all the Tribes.

Audit

We are very proud to announce another unqualified audit that was completed at Chinook Winds Casino Resort. Unqualified is defined as no errors or omissions.

Chinook Winds staff is to be commended as they have many years of receiving clean audits. The audits are required and are submitted to the National Indian Gaming Commission by April 1 each year.

Siletz Tribal Business Corporation

As the new executive director hired at STBC, Ann Lewis started to work on March 2, 2020. She comes with much experience in management. The position has been restructured to address the many business operations the Tribe currently manages.

The STBC board has not yet made a decision on the existing plan to manage all business enterprises.

Coronavirus

As many of you are aware, this virus has increased in numbers across the



Delores Pigsley

nation. Our Tribe has taken many precautions to prevent getting the virus both at Chinook Winds and within Tribal administration. Extreme cleanliness has been invoked and all training travel has been canceled for the near future.

For the first time ever, Chinook Winds Casino Resort has been temporarily closed. All workers, whether reporting for work or staying home, will receive full pay for the next couple of weeks. An assessment will then be done to determine if the virus has become controlled or has escalated.

Tribal administration will provide essential services, by phone if at all possible. The health clinic remains open to provide essential services. It is preferred if you need care to call first.

It's important that we take the utmost care in our personal lives and protect families and elders who may be vulnerable.

Bless you all!



Courtesy photo

Bud Lane (left), Robert Kentta and Tim Pigsley at the installation of the story poles at Chemawa Indian School

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to Siletz News.

Name: _____

Address: _____

Phone: _____

Change of address: Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or enrollment@ctsi.nsn.us. All others – call the newspaper office.

Send information to:

Siletz News
P.O. Box 549
Siletz, OR 97380-0549
541-444-8291 or
800-922-1399, ext. 1291
Fax: 541-444-2307
Email: pias@ctsi.nsn.us

Deadline for the May issue is April 10.

Submission of articles and photos is encouraged.

Please see the Passages Policy on page 16 when submitting items for Passages.



Member of the Native American Journalists Association

Tenas Illahee Childcare Center Board of Directors Vacancies

Résumés are being accepted for the Tenas Illahee Childcare Center Board of Directors. Currently, there are two vacant board positions.

If interested, please submit your résumé to Siletz Tribal Council, c/o Executive Secretary, P.O. Box 549, Siletz, OR 97380-0549.

Vacancies are open until filled.

National Congress of American Indians

Call to Artists!

NCAI is holding its 77th Annual Convention & Marketplace on Nov. 8-13, 2020, in Portland, Ore., and is seeking artwork for the conference program cover from local Native artists in the Northwest region.

The artwork will be featured on the program cover with the artist's biography appearing on the back cover and in the marketing email broadcasts. One thousand nine hundred+ copies of the conference program will be printed, providing for broad exposure of the winning submission.

In addition, the winning artist will be offered a complimentary booth at the NCAI Marketplace.

Please submit original art in digital form by July 17, 2020.

If you have any questions, contact Amy Gay, director conferences and events, at 202-466-7767 or agay@ncai.org.

Submit to:

NCAI
 C/O Amy Gay
 1516 P St. NW
 Washington, D.C. 20005

Or agay@ncai.org

Temporary Tribal Student Assistance Program

The Siletz Tribal Housing Department's Temporary Tribal Student Assistance Program (TTSAP) will accept applications for the 2020-2021 academic year beginning May 1, 2020.

Program Information

- ◇ TTSAP assists Tribal students who will be attending a college, university, vocational or trade school.
- ◇ TTSAP is a time-limited program. Funding is for one academic year.

- ◇ TTSAP assists students with rent or room and board in a dormitory.
- ◇ The student's share of the rent is 30 percent of their adjusted annual income. Important Note: The student might be required to remit a portion of the rent. For example, if a student is working the wages will affect the student's share of the rent.
- ◇ Assistance is not transferable.

STHD will accept applications from May 1 through May 31, 2020. If applica-

tions are received after May 31, they will not be accepted by the Siletz Tribal Housing Department.

To obtain an application, please stop by the STHD office at 555 Tolowa Court, Siletz OR, 97380 or call 800-922-1399, ext. 1315, or 541-444-8315. Applications can also be downloaded from the Siletz Tribal website at ctsi.nsn.us.

Cecelia De Anda (ceceliad@ctsi.nsn.us)
Rental Assistance Program Coordinator/
Resident Services Advocate



Courtesy photo

On Feb. 20, two nurses from Samaritan North Lincoln Hospital came to Siletz Tribal Head Start in Lincoln City to teach the children about the importance of washing your hands. Adults (l to r): Sarah Lally, Head Start teacher; Shanna Middaugh, SNLH nurse; and Crystal Bowman, SNLH nurse.

CTSI Jobs

Tribal employment information is available at ctsi.nsn.us.

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

CTSI constantly is looking for temporary employees to cover vacancy, vacations, maternity leave and extended sick leave. If you are looking for temporary work that can last from 2-12 weeks, please submit an application for the temp pool.

Important notice regarding 2020 per capita

If you believe you are going to have a per capita garnishment either for debt to the Tribe or for child support:

Monies owed to the Tribe: There will be no hearings. Your written protest is your due process in accordance with the ordinance.

Child Support: If you do not submit a written protest, you will not have a hearing scheduled. If you do not submit a written protest within the 14-day time frame, you will not be allowed to do so via phone.

Tribal Court will accept requests to be present via telephone in your written request.

Ordinances are created by Tribal Council. Changes in ordinances must be directed to the Tribal Council.

For more information about the Siletz Tribal Arts and Heritage Society, visit siletzartsheritage.org.

Siletz Clinic provides mental health services to children, adolescents, adults

The Siletz Community Health Clinic offers mental health services in the Siletz, Salem and Portland area offices, providing individual and family therapy to Tribal children, adolescents and adults. Mental health staff offer trauma-informed approaches while addressing community needs.

In the Portland and Salem area offices, Tribal children can receive art and play therapy, and all Tribal members can receive person-centered therapy, mindfulness, cognitive behavior therapy, etc.

All mental health staff use dialectical behavior therapy (DBT) and motivational interviewing (MI) techniques. The main

office additionally offers trauma-focused approaches, acceptance and commitment therapy (ACT), psychoeducation, narrative therapies, as well as shame and resilience techniques to help individuals and families move toward their own healthiest selves.

Please call your local office if you need assistance and we can help:

Siletz MH: 5410444-8286
Portland MH: 503-238-1512
Salem MH: 503-390-9494

Ro Zientara, LPC
MH Clinical Supervisor/Therapist

Rachel Adams, LPC
Mental Health Therapist

For more information about the Siletz Tribe, visit ctsi.nsn.us.

Tribal Scholarships Available

Applications are under Education on the Tribal website – ctsi.nsn.us

Arthur S. Bensell Memorial Scholarship – Application due June 30

Arthur S. Bensell was an educator, civic leader, Tribal Council member and Tribal chairman. He spent many years in service to his community and Tribe as mayor of the City of Siletz and Tribal Council member and chairman.

Art attended Ohio State University and graduated from Heidelberg College in 1934. During his career with the Bureau of Indian Affairs, he served as a teacher, principal and reservation principal in Minnesota, Alaska and North Dakota.

Upon returning to Siletz, Art became involved in Tribal business affairs, served many years on the Tribe's Education Com-

mittee and always strove for better educational opportunities for Tribal members.

A memorial scholarship fund was established through the Confederated Tribes of Siletz Indians to honor and award Tribal members in education. The \$1,000 scholarship is administered by the Tribal Education Committee and strengthened by various fundraising activities throughout the year.

This scholarship is open to Tribal members in an education field of study.

Pepsi-Craig Whitehead Scholarship Application due June 30

Pepsi, Inc. donates scholarship funds to the Siletz Tribe and has asked that this

scholarship be known as the Pepsi-Craig Whitehead Scholarship in honor of Craig Whitehead.

Craig was a Tribal member who was employed by the Tribe as the pow-wow coordinator at the time of his death in 2004. He was also the pow-wow whip man, coordinated a dance troupe that visited schools and the peace keeper for the Citizens Advisory Board.

This scholarship is open to any field of study.

Siletz Scholarship Application due June 30

This scholarship is open to any field of study.

Cathern Tufts Memorial Scholarship Application due June 30

Cathern Tufts, affectionately known as "Cat" in the offices and hallways of the Tribal administrative offices and at Tribal elder woodcuts, was the Tribal attorney for 14½ years until she passed about two years ago following a short illness.

Cat graduated from the Arizona State University School of Law and served an internship in Washington, D.C., prior to going to work as an attorney. Her parents and friends wish to honor her life and achievements through this memorial scholarship.

The scholarship is open to students in a natural resources field, pre-law or law school.

Babies!



Che Freedom Butler Jr.

Che Freedom Butler Jr. was born March 9, 2020. He weighed 8 pounds, 13 ounces.

We are truly blessed to finally have him in our arms, truly a miracle.

Visit ctsi.nsn.us.

Trisha,
I would like to let Savanna Lorree and Shahayla Arayya know how proud I am of them. What beautiful young ladies they have turned out to be and a great example for my granddaughters, Tenaya Rosemarie, Nehayla Jade, Magala Rose (18 on Feb. 12) and Luta Rose.
Good job, Trish Lorree!
Love you all,
Aunt

CTSI Jobs

Tribal employment information is available at ctsi.nsn.us.

Tipi Drawing

Name: _____

Address: _____

Phone: _____ Roll#: _____

For Siletz Tribal members to use during the Nesika Illahee Pow-Wow on Aug 7-9, 2020. One entry per household. Must be a Siletz Tribal member to enter.

Deadline for entries is June 1, 2020. Name will be drawn soon after the deadline. Return the form to Siletz Pow-Wow, Attn: Tipi Drawing, P.O. Box 549, Siletz, OR 97380-0549.

Note: You do not win the tipi. The drawing is only for a stay in the tipi during pow-wow weekend.

2020-2021 Siletz Royalty Applications

Applications are being accepted for 2020-2021 Miss Siletz, Junior Miss Siletz and Little Miss Siletz. Applications must be turned in by 4:30 p.m. no later than June 1, 2020. Applications should be sent to: Siletz Pow-Wow Committee, P.O. Box 549, Siletz, OR 97380-0549.

Applications can be downloaded from the Tribal website located under the Pow-Wow tab.

If you have any questions, contact Buddy Lane at 800-922-1399, ext. 1230; 541-444-8230; or buddyl@ctsi.nsn.us.

USDA distribution dates for April, plus message for clients

Siletz

Wednesday	April 1	9 a.m. – 3 p.m.
Thursday	April 2	9 a.m. – 3 p.m.
Friday	April 3	9 a.m. – 3 p.m.
Monday	April 6	9 a.m. – 3 p.m.
Tuesday	April 7	9 a.m. – 3 p.m.

Salem

Monday	April 13	1:30 – 6:30 p.m.
Tuesday	April 14	9 a.m. – 6:30 p.m.
Wednesday	April 15	9 a.m. – 6:30 p.m.
Thursday	April 16	By appt only

A message to all USDA clients

Because of the coronavirus, our warehouses will remain operational, however, the doors will be locked. When it is your scheduled appointment time, we will do an auto-fill from your last month's issuance, fill the food boxes and bring them to your car.

We will not require a signature on your shopping lists, but please, if you are missing something from your order be sure to call and we will set it aside for you. This will be the distribution practice until further notice.

We ask that you please stay home and be healthy unless it is absolutely essential that you go out and about.

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page. Like us at SILETZ TRIBAL FDPIR.

Joyce Retherford, FDP Director
541-444-8393

Sammy Hall, Warehouseman/Clerk
541-444-8279

Simple meals to WOW the busy family; porcupine meat balls, anyone?

By Nancy Ludwig, MS, RDN, LD, Head Start Consulting Nutritionist

Have you ever had the thought that you don't have time to eat well? In my role as consultant nutritionist to Siletz Tribal Head Start, I offer information for families. Today's topic addresses key concepts in timing to meet the needs of a busy schedule, a simplified focus by limiting number of items served and attention to presentation for the WOW factor.

Information below is provided in outline form. Recipe ideas describe methods that speed up cooking time or extend it (pressure cooker or crock-pot) and simple side dish suggestions. Additionally, the reader is encouraged to consider beautiful presentation.

Key concepts for simple meals to WOW the busy family:

- Meeting your target mealtime (when time is limited):
1. Cook fast (pressure cooker, microwave*)
 2. Cook slowly (crock-pot)
 3. Assemble pre-made food

To simplify, focus on 2-3 items:

1. Main dish (casserole, stuffed vegetable, protein item or soup)
2. Vegetable dish and/or salad
3. Bread, if needed (optional, due to health concerns about grains and gluten)

WOW is in the presentation:

1. Work with color and shape variation.
2. Remember to garnish.
3. Assemble a skillet or platter for the table and serve from that.
4. Simple foods can be an expression of artistry.
5. Use individual vegetables or squashes as edible bowls.

Porcupine Meat Balls

- 1 pound ground turkey, raw (or ground beef, sausage, or wild game)
 - ½ cup brown rice, uncooked
 - 2 tablespoon onion, finely chopped
 - ½ teaspoon salt
 - ¼ teaspoon pepper
 - ½ small can tomato paste (or 1/3 cup)**
 - 2 cups hot water
- **Or use more sauce and less water to same total liquid

Combine first five ingredients and shape into small balls (approx. 1")

To cook quickly, use a pressure cooker: Place meatballs in pressure cooker and add sauce. Cover and heat on high until steam is released. Place weight on top (15 pound) and when it begins to jiggle, turn heat down (until you hear a slight jiggle). Cook 20 minutes. Reduce pressure and uncover.

To cook slowly, use a crock-pot: The above recipe can be made in a slow cooker

(crock-pot) on high for approximately 1-1.5 hours or extended longer on low.

Serving Suggestion: Serve meatballs on a vegetable bed, such as steamed cabbage, French-cut canned green beans or an edible bowl of cooked squash for a beautiful presentation. Pair with a side of carrot-raisin salad or applesauce.

*Please note: A microwave can speed up cooking time, yet due to health considerations this method is not promoted. If you choose to use a microwave, please remember to use non-reactive containers such as glass (not plastic) to warm leftovers or for short heating.

Examples include warming cooked leftovers (such as precooked winter squash for a bowl or boat), canned vegetables (such as sliced green beans) or greens (such as thinly sliced cabbage) to provide a bed for the main meal.

Basic Carrot Salad

- 3-4 cups freshly grated carrots (from 4-6 medium-sized carrots)
- ½ to 1 cup raisins (regular, golden or substitute dried cranberries)
- 1 large apple, (peeled or not, your preference) cored and chopped
- ¼ to 1/3 cup mayonnaise

Gently combine all ingredients in a medium-sized bowl. Cover and refrigerate until ready to serve.

Soup Variation (One Pot Meal)

Make soup by starting with the meatball recipe above. Cook raw or browned meatballs with additional vegetables such as sliced carrots, sliced celery, diced onions, chopped cabbage or whole Brussels sprouts.

Consider beautiful complementary colors and shapes as you select and cut the veggies. Be sure to add enough liquid (water or tomatoes) to barely cover vegetables and meatballs.

To season, add bay leaf and Italian herb blend (or your personal favorite).

Decide when you want to serve your meal. Either cook fast in the pressure cooker or prepare ahead for a longer cook time in a crock-pot. Choose low or high on the crock-pot, depending on your schedule (use low when you are at work). Adjust with salt and pepper.

Serving Suggestion: Serve soup in a pretty bowl garnished with a sprig of herb, such as parsley or rosemary, with a side of applesauce or sliced fruit (such as pear or apple). Consider bread or crackers as an option, if tolerated.

Siletz Tribal Head Start offers nutritional support at no cost to Head Start families. This usually occurs over the telephone. If you have nutrition concerns about your Head Start child or want to discuss nutritious convenience ideas, please contact your teacher or the director and ask to speak to the nutritionist.

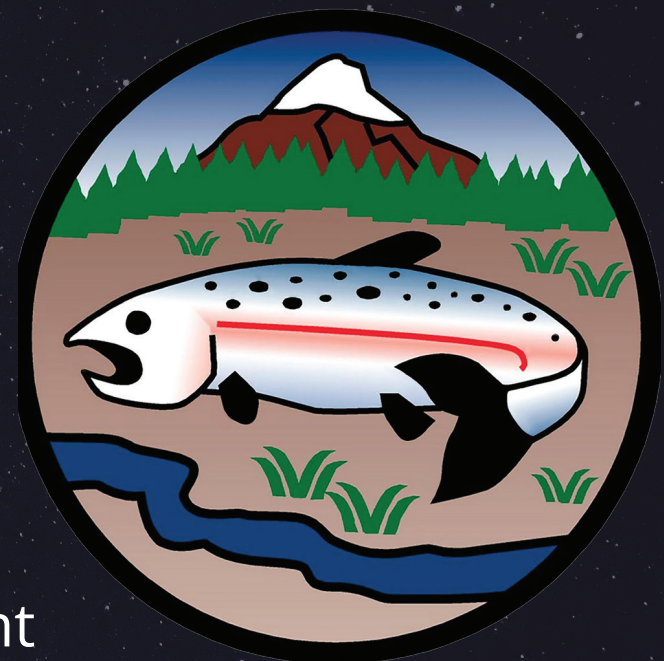
Take Control of Your Future

Respond to the 2020 Census

You could earn your community \$3,000 dollars in funding per year.

Native Americans have historically been under counted in past censuses, thus losing out on hundreds of thousands of dollars in funding. Responding to the census helps direct federal funding into programs, aids, and grants for:

- Housing
- Employment
- Healthcare
- Education
- Childcare and Family Support
- and Urban and Rural Development



in Tribal communities across the country.

Select "American Indian or Alaska Native" under Race to make your presence known.

You only get **one** chance **once** a decade. Don't miss out.

If you have any questions about the 2020 Census, call 844-330-2020 or visit 2020census.gov.



Siletz Community

10 things you can do to manage your health at home

If you have possible or confirmed COVID-19:

1. **Stay home** from work, school, and away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.



7. **Wash your hands often** with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



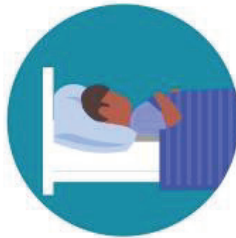
2. **Monitor your symptoms** carefully. If your symptoms get worse, call your healthcare provider immediately.



8. As much as possible, **stay** in a specific room and **away from other people** in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a facemask.



3. **Get rest and stay hydrated.**



9. **Avoid sharing personal items** with other people in your household, like dishes, towels, and bedding.



4. If you have a medical appointment, **call the healthcare provider** ahead of time and tell them that you have or may have COVID-19.



10. **Clean all surfaces** that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.



5. For medical emergencies, call 911 and **notify the dispatch personnel** that you have or may have COVID-19.



6. **Cover your cough and sneezes.**



Please go to www.cdc.gov/covid19-symptoms for information on COVID-19 symptoms.



CS 315822-A 03/07/2020

For more information: www.cdc.gov/COVID19



24 Hour Hope Line: 541-994-5959

SAFETY DURING QUARANTINE

HOW STAYING HOME CAN IMPACT SURVIVORS OF DOMESTIC VIOLENCE

People who are surviving violence in their relationships and families may be experiencing increased isolation and danger during the COVID-19 pandemic. Abuse is all about power and control. When a survivor is forced to stay in their home with an abusive partner, it creates more opportunities for the abusive partner to exert power over their victim. Social distancing and working from home can be taken advantage of when stress levels are already high and people are in fear for their own health and safety. Here's how COVID-19 could uniquely impact intimate partner violence survivors:

- Abusive partners may withhold essential items like hand sanitizers and disinfectants
- Abusive partners may share misinformation about the pandemic to control or frighten survivors.
- Abusive partners may withhold insurance cards or prevent survivors from seeking medical attention
- Survivors who are older or have chronic heart or lung conditions may be at increased risk in public places and therefore less likely to safely take space from an abusive partner.
- Travel restrictions may impact a survivor's safety or escape plan.
- An abusive partner may feel more justified and escalate their isolation tactics due to social distancing and work from home guidelines.

If you or someone you know has been experiencing any of these or similar things, there is help! You are not alone, you can call the CARE Program. The 24 Hour Hope Line is available at any time for support. If you choose to call, please be cautious. Try to make the call when your partner is not able to hear, perhaps go into another room or call when your partner is asleep or at work. Your safety is important. We are here for you.

Managing Stress & Anxiety

1. Listen to your favorite music 
2. Go for a walk or hike
3. Stretch your body
4. Read a book 
5. Dance
6. Journal
7. Take a nap
8. Meditate for 10 minutes
9. Disconnect from technology
10. Spend time with your pets 
11. Practice yoga poses
12. Do 20 jumping jacks
13. Sit in the sun 
14. Pick some flowers
15. Give yourself a neck massage
16. Drink a cup of tea
17. Focus and notice your present surroundings
18. Call a friend 
19. Breathe deeply
20. Write down 10 things you are grateful for

PUBLIC NOTICE

PUBLICLY Posted from 3/26/2020 to 4/15/2020

Tribal Council Actions Affecting the Tribal Membership Roll

POSTING #308

Per the Enrollment Ordinance §2.302 (c)(2) the Enrollment Committee, with the assistance of the Enrollment staff, shall post notice of final enrollment actions taken by the Tribal Council under this ordinance in the same manner it posts notices of proposed actions. On 3/25/2020, the Siletz Tribal Council by Tribal resolution made the following 77 actions affecting the Tribal membership roll.

Contact the Enrollment Department for a copy of the Tribal resolution. This notice has been published on the Tribal website under the Enrollment Postings in the Tribal Member Area.

Enrollment Ordinance §2.304 (e)(6)

When the Tribal Council approves an application for enrollment, the applicant shall be notified by certified mail, shall be posted as required by Section 2.302(c) and the Enrollment Committee and Enrollment staff shall enter the name of the applicant on the official Tribal membership roll. If the Tribal Council decides to reject an application for enrollment, the applicant shall be so notified by certified mail and advised of his or her right to appeal in accordance with §2.315 of this ordinance or to request reconsideration of the decision in accordance with §2.314 of this ordinance.

Such Tribal Council decisions shall be enacted in the form of resolution. If the Tribal Council rejects the recommendation of the Enrollment Committee either as to approval or rejection for enrollment, Enrollment staff shall post the council's action in a manner consistent with §2.302(c) and in the Tribal newspaper, so as to notify the Tribal membership of the council's action, and shall notify the applicant and any interested parties by certified mail of the council's action.

Any appeal period for Tribal members who do not receive notice directly by mail of Tribal Council action approving or rejecting an enrollment application shall commence 10 days after notice of such action pursuant to this section was received.

Siletz Tribal Court Rules and Procedures Ordinance §3.009(a) Time for Filing

Civil actions to review Tribal Council action, or other Tribal action, shall be presented to the court clerk in writing not more than 60 days after an action of the Tribal Council, or Tribal officials as specified in the Tribal code, is alleged to have violated the plaintiff's right or rights or not more than 60 days after the alleged harm first manifested itself if such harm was not apparent on the date of the Tribal Councils, or other official's action.

1. Removal from Roll – Deceased

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval

Resolution #: 2020-103

- | | |
|------------------------------|------|
| 1. Gareth Arnold Doherty | 3089 |
| 2. Misty Dawn Drake | 1593 |
| 3. Elizabeth Jane John | 0454 |
| 4. Georgene Melony McAlhany | 0213 |
| 5. Tyler Michael Noland | 2727 |
| 6. Agnes Emma Pilgrim | 0729 |
| 7. Megan Loreen Thornton | 6253 |
| 8. Derek Kirk Washington Sr. | 1356 |

2. Relinquishment – Adult

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval

Resolution #: 2020-104

- | | |
|-----------------------------|------|
| 1. Joseph Jesse Gilbert Sr. | 1089 |
|-----------------------------|------|

3. Relinquishment - Adult

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval

Resolution #: 2020-105

- | | |
|-----------------------|------|
| 1. Nanette Jean Logan | 1395 |
|-----------------------|------|

4. Name Change

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval

Resolution #: 2020-106

- | | |
|--------------------------------|------|
| 1. Karen Lee Boe | 3110 |
| 2. Sara Jean Bradshaw | 5112 |
| 3. Desiree' Katarina Brown | 3671 |
| 4. Quinn Ethan Romey | 3932 |
| 5. Jodi Lee Stathos | 2351 |
| 6. April Samantha Thompson | 1793 |
| 7. Rachel Leann Woods Thompson | 5356 |

5. Blood Quantum Correction – Ilene Somes

Enrollment Committee Recommendation to Tribal Council: Rejection

Tribal Council Decision: Reject

Resolution #: 2020-107

- | | |
|-------------------------------|------|
| 1. Frank Dominic Aspria Sr. | 1903 |
| 2. Shish Shee-Ne DePoe-Aspria | 4751 |

6. Blood Quantum Correction – Louis Youngman

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval

Resolution #: 2020-108

- | | |
|-------------------------|------|
| 1. Sage Tanton Hatch | 2764 |
| 2. Tiernan Rhyse Pettit | 2767 |

7. Blood Quantum Correction – Robert Service

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval

Resolution #: 2020-109

- | | |
|-----------------------|------|
| 1. Phillip Ross Olson | 2731 |
|-----------------------|------|

8. Blood Quantum Correction – Mary Goodell

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval

Resolution #: 2020-110

- | | |
|------------------------|------|
| 1. Stacie Anne Oleman* | 0700 |
|------------------------|------|

9. Blood Quantum Correction – Elmer Reed

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval

Resolution #: 2020-111

- | | |
|---------------------------|------|
| 1. Thomas Edward Siniscal | 0868 |
|---------------------------|------|

10. Blood Quantum Correction – Rachel Carson

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval

Resolution #: 2020-112

- | | |
|-------------------------|------|
| 1. Heather Marie Hoover | 3010 |
| 2. Phillip Ross Olson | 2731 |

11. Blood Quantum Correction – Antoine Martin

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval

Resolution #: 2020-113

- | | |
|-----------------------------|----------|
| 1. Nadine Antonette Martin* | 0695-REL |
|-----------------------------|----------|

12. Blood Quantum Correction – Donna Navarro

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval

Resolution #: 2020-114

- | | |
|--------------------------|------|
| 1. Julie Marie Hernandez | 4844 |
|--------------------------|------|

13. Blood Quantum Correction – William Hauser Sr.

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval

Resolution #: 2020-115

- | | |
|---------------------------------------|------|
| 1. Frank Dominic Aspria Sr. | 1903 |
| 2. Charles DePoe II 1954 Census, #216 | |
| 3. Peter Oscar DePoe | |
| 4. William Hauser DePoe Sr. | 0250 |
| 5. Shish Shee-Ne DePoe-Aspria | 4751 |

14. Blood Quantum Correction – Donna Kessinger

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval

Resolution #: 2020-116

- | | |
|------------------------------------|------|
| 1. Andrei Alonso Chavez | 5776 |
| 2. Gabriella Natasha Alonso Chavez | 5539 |
| 3. Natasha Kassy Alonso-Chavez | 2529 |

15. Blood Quantum Correction – Hoxie Simmons

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval

Resolution #: 2020-117

- | | |
|-------------------------------------|------|
| 1. Jayda Louise Muniz-Strong | 5590 |
| 2. Jaysiah Simmons Muniz-Strong | 5367 |
| 3. Roberta Michelle Patten | 2809 |
| 4. Chantele CeCi R. Rilatos | 3368 |
| 5. Aleatha Viola Simmons | 0837 |
| 6. Jaden JypSea Rose Marie Simmons | 4515 |
| 7. Jason Ezra Dean Simmons | 0849 |
| 8. Jaxon LeBaron Little Hox Simmons | 5847 |
| 9. Kaden Ezra-Dean Simmons | 4668 |

16. Blood Quantum Correction – Anita Cook

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval

Resolution #: 2020-118

- | | |
|-----------------------|------|
| 1. Marietta Cook | 1969 |
| 2. Katrina Marie Reis | 3896 |

17. Application for Enrollment

Enrollment Committee Recommendation to Tribal Council: Rejection

Tribal Council Decision: Reject

Resolution #: 2020-119

- | | |
|-----------------------|--|
| 1. Aubrey LeAnn Mason | |
| 2. Kayla Dawn Whyte | |

18. Application for Enrollment

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval

Resolution #: 2020-120

- | | |
|------------------------------------|------|
| 1. Tinika Rachele Baker | 6394 |
| 2. Thomas Carl Bell | 6395 |
| 3. Kohleyna Rayanna Butler | 6396 |
| 4. Avian Ray Cantrell | 6397 |
| 5. Denise Danielle Couey | 6398 |
| 6. Marc Alan Couey | 6399 |
| 7. Dalton Anthony Michael Gilbert | 6400 |
| 8. Rowhell Shasta Anne Gilbert | 6401 |
| 9. Susan Denise Halverson | 6402 |
| 10. Jaylah Jayde Hernandez | 6403 |
| 11. Jiselle Angela Hernandez | 6404 |
| 12. Gilberto Hernandez-Ramirez Jr. | 6405 |
| 13. Julian Hernandez-Ramirez | 6406 |
| 14. Dominiq Isaiah Hinton | 6407 |
| 15. Ryder William Lindaas | 6408 |
| 16. Chesh-k'I Rose Lussier | 6409 |
| 17. Pheenyx Rose Pheeby Martin | 6410 |
| 18. A'lijah Ahsky Medina | 6411 |
| 19. Tonja Lee Mitchell | 6412 |
| 20. Sophia Elizabeth Moore | 6413 |
| 21. John Allen Michael Olson | 6414 |
| 22. Joie Sue Pageau | 6415 |
| 23. Dakota Dee-Lee Perry | 6416 |
| 24. Taylor Erin Faye Pettit | 6417 |
| 25. Roy William Roos | 6418 |
| 26. Hadassah Anastasia Tower | 6419 |
| 27. Kenneth Reed VanKirk | 6420 |
| 28. Truly Rachel Yates | 6421 |

Coast cities through the fall and made its way to Portland in October, it was only a matter of time before it spread to small Oregon communities.

Tribal members in Siletz and around the Americas understand the impact of epidemic disease, remembered in our bones and recorded in the too-short lives on too many headstones.

The elders alive at that time were survivors of waves of smallpox, malaria, tuberculosis, older strains of flu and other diseases that had been decimating Oregon Tribal communities since the 1700s or earlier. They had witnessed the worst-case scenario as few people ever had. So what, if anything, could a small reservation town do to blunt the force of such a calamity?

Quite a lot, it turns out.

We happen to know about the measures we took then because of Dr. Frank M. Carter. Slim and towering at six-foot-four, Carter first came to Siletz as agency physician just out of medical school in 1874. He served on and off in that role and around Lincoln County until his death in 1937.

In 1918 he was our doctor and, on the side, wrote the weekly column about goings-on in Siletz for the Lincoln County Leader. For much of the winter of 1918-1919, the space that usually recorded visitors, weddings, dances, and school plays gave way to recounting Siletz's efforts to keep the deadly new flu at bay.

The disease first arrived with someone passing through Siletz from Portland in mid-December; two families fell ill and were placed under quarantine. This held for a few weeks, until a Christmas dance at the Upper Farm schoolhouse. An unwitting sick person must have joined the festivities and cases began spreading around Siletz.

"The plan from the start," Carter explained, "was to isolate and quarantine the sick, and to prevent the assembling

of crowds." Schools stayed closed after the Christmas holidays, churches and the Siletz Grange cancelled meetings.

Patients had to be forced to stay in bed for 10-12 days, barred from going out "for any purpose whatever" to get past the risk of dangerous complications and to prevent further outbreaks. Cities all over the world had disastrous trouble enforcing public health rules but "knowing the danger of the disease," Siletz people "complied willingly with these requirements."

As Carter put it, the discipline and drive required to protect everyone meant that a "good intelligent nurse is indispensable." He found that good nurse in Agnes Newberry Thompson – an ancestor to many Tribal members.

Interviewed in the 1940s, she explained that she and Dr. Carter rapidly converted the disused school dormitory on Government Hill into a temporary hospital to treat and isolate sick patients. She stayed tirelessly on her feet, calming fevers and chills, keeping fires stoked and patients resting, and wrapping patients in "a big mustard plaster" to sooth their aching bodies. Rather than confining herself to her large new ward, she washed up and rode out on horseback to treat patients confined to their homes.

By late January when people began to recover and new infections dropped off, Agnes and Dr. Carter had seen about 150 cases in and around Siletz, Indians and whites included. The Leader reports three deaths from influenza in and around Siletz, but every patient who fell under Agnes and Dr. Carter's direct care survived.

Other Oregon communities give us cautionary tales from the same pandemic, where the disease overwhelmed caregivers or order broke down.

At Chemawa Indian School, the crowded dormitories and lack of leadership from school administration overwhelmed the care and skill of their



Courtesy photo from Lincoln County Historical Society

Dr. Frank M. Carter

experienced frontier doctor Mary Canaga Rowland and her nurse, Coquille Tribal ancestor Daisy Wasson Coddling. They saw 536 cases and 19 students died.

In Portland, the confusing orders of four separate health authorities led to three distinct spikes in the death rate between November and March.

As February settled in over Siletz, now through the worst with as little tragedy as anyone could hope for, people slowly and cautiously returned to their lives.

When schools reopened on Jan. 21, many parents kept their children home at first. Even then, they had to get by without the high school principal, who caught the flu visiting family in Seattle and had to recover there in isolation for several weeks.

On Feb. 2, the Siletz Grange met to prepare for the new planting season. On Feb. 8, a stormy Saturday night, a big crowd gathered at Metcalf Hall to

celebrate a delayed but welcome Feather Dance.

"The winter has been so mild and pleasant," Carter wrote on Feb. 21. "Sickness has been light except the flu, and that was very mild" compared to the heart-breaking seasons of sickness he had seen in his 35 years on the reservation.

Although no one then knew the term social distancing, the simple practical measures our community took 101 years ago seem strikingly contemporary. People even considered masks. But, Carter said, almost no one wore them except "Mrs. Alec Catfish, who says she wants to be in fashion with outside people."

If we could get through a deadly global pandemic with calm, organization and good humor – armed with only collective resolve, straw beds and mustard plaster – I know our leaders, our healers and our community can do the same today. Take good care.



Be safe. Stay home. Stay well.

Vacancy for Housing Standing Committee

Open Until Filled

Any Tribal member interested in consideration to serve on a Tribal Standing Committee is encouraged to fill out this form and return to the council office.

Please **mail or fax** your application to Confederated Tribes of Siletz Indians, Attn: Executive Secretary to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549; fax: 541-444-8325.

Name: _____ Roll No: _____

Address: _____

City: _____ State: _____ ZIP: _____

Telephone: Day () _____ Evening () _____

If you have any questions, please call Tami Miner, executive secretary to Tribal Council, at 800-922-1399, ext. 1203, or 541-444-8203.

NEW SERVICES AVAILABLE

Mental Health Services & Life Alert

Mental Health Services

➤ What services are available?

- Counseling Services – individual or family
- Psychiatry Services
- Psychology Services
- Up to 8-visits annually (more if medically necessary)

➤ Who's eligible?

- Siletz Tribal members eligible for Purchased/Referred Care (PRC), formerly Contract Health Services (CHS)

➤ How do I get benefits?

- Call PRC at 800-628-5720 or 541-444-9648 to speak with Rhonda Attridge, PRC Tech I.

- Prior to making an appointment with a provider – confirm the provider will accept PRC as payment.
- Benefits are limited, first-come, first-served.

➤ What you need to know:

- After calling PRC for benefits, the patient will receive a letter with program details. The letter also provides information that the patient can give to their provider for payment processing information.
- You will not be required to use other resources first. This will allow you to go to a provider who does not accept Oregon Health Plan/Medicaid or your private insurance.

Life Alert

- Please contact your local community

health advocate (CHA) if you think you or another Tribal elder could benefit from Life Alert.

- Eligibility Criteria:
- Enrolled Tribal member eligible for PRC
- Work with CHA to determine need and apply for local services

➤ Steps to get Life Alert:

- Contact your local CHA –
- The CHA will determine if you meet the criteria for Life Alert (examples: live alone, health condition, etc.)
- The CHA will assist you in applying for Life Alert at no cost through com-

munity options. If you do not qualify for Life Alert at no cost, the Siletz Community Health Clinic will cover the cost.

➤ You can reach the community health advocates at:

- Siletz – Amy Garrett or Hannah Glaser at 541-444-1030
- Salem – Cecilia Tolentino at 503-390-9494
- Eugene – Adrienne Crooks at 541-484-4234
- Portland – Verdene McGuire at 503-238-1512



Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's Transitional Living Center

Siletz: 800-600-5599 or
541-444-8286

Eugene: 541-484-4234

Salem: 503-390-9494

Portland: 503-238-1512

**Narcotics Anonymous Toll-Free
Help Line – 877-233-4287**

**For information on Alcoholics
Anonymous: aa-oregon.org**

Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to assist members of **ANY** federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.

Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment



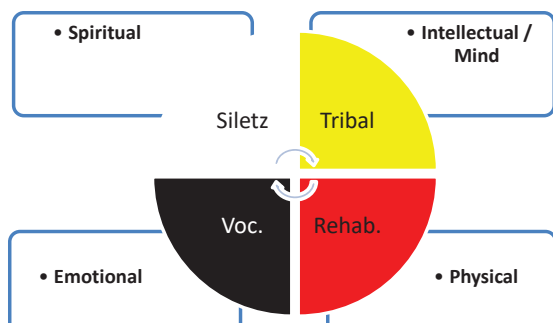
For more information about the STVRP, please inquire at 1-800-922-1399. Services are provided in ALL area offices, however, to inquire about services, ask to be transferred to the office nearest you listed below.

EUGENE AREA OFFICE	SALEM AREA OFFICE	SILETZ ADMIN. OFFICE
2468 West 11 th Eugene, OR 97402	3160 Blossom Dr NE, Ste 105 Salem, OR 97305	201 SE Swan Ave Siletz, OR 97380

EUGENE – JERAMIE MARTIN, Program Director

SALEM – TONI LEIJA, Counselor/Job Developer

SILETZ – RACHELLE ENDRES, Counselor/Job Developer



After-hours crisis line now available at 541-444-8286 or 800-600-5599

Because mental health and relapse crises do not always happen during business hours, Siletz Behavioral Health has arranged a collaboration with an after-hours crisis line called Lines for Life.

On weekends and during the weekday hours of 5 p.m. to 8 a.m., the number to the Behavioral Health front desk is forwarded to Lines for Life, where you will be connected with a live mental health counselor.

The counselor will do everything he/she can to help de-escalate, advise and support.

Afterwards, this information can be shared with our mental health counselor so follow-up care can be provided.

Of course, if there is an emergency and you fear that you or someone else is in imminent danger, please call 911. That's always the fastest way to get help.

Indigenous Pre-College Academy

July 19-26, 2020

Deadline: April 15, 2020

The University of Oregon is pleased to offer the Indigenous Pre-College Academy (IPCA). This summer academy aims to create a cohort of college-bound indigenous students.

Over the course of this eight-day program, students will be acquainted with the UO campus, facilities, students and staff. We hope to foster an early sense of comfortableness on college campuses that will make the transition into higher education that much easier for our students.

Students will stay in our new Kalapuya Ilihi residence hall and experience living and learning on a college campus.

The academy's classes and workshops will cover college prep, the admissions process, financial aid, navigating predominantly white institutions as a Native scholar, professional development, health and wellness, cultural knowledge and various academic areas.

The ultimate goal for this academy is to help prepare our Native students for college, offer them a chance to meet other youth from around the state and beyond, and build their academic confidence. Native students belong in spaces of higher education and this program will offer them a chance to start claiming space NOW.

The academy is free of charge, but students do need to arrange their own transportation to and from Eugene.

For more information, visit admissions.uoregon.edu/ipca.

Scholarships

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship Guide (scholarship search engine)
- OregonStudentAid.gov
- NAJA-Facebook Journalism Project Scholarship
Deadline: May 31, 2020
- Clare Boothe Luce Women's STEM Tribal Scholarship
Deadline: May 31, 2020

Other Opportunities

- Oregon Environmental Justice Pathways Summit
April 17-18, 2020 • Eugene, Ore.
- Native Youth Wellness Warrior Camp
June 29-July 2, 2020 • Grand Ronde, Ore.
- U. of Oregon Future Stewards Program
Deadline: July 1, 2020
- National Park Service Tribal Stewards Inclusion Program
Deadline: Ongoing
- Center for Native American Youth at the Aspen Institute – Generation Indigenous Network Youth Ambassador
- National Youth Leadership Forum STEM Program Nomination Form
Deadline: Various
- The Student Conservation Association
- Northwest Youth Corps
- Saturday Academy - FREE Classes for Native American Students
- ON TRACK OHSU!
- Caldera Youth Program
- The SMART Competition

Outside Scholarships for NATIVE AMERICAN STUDENTS

Cobell Scholarship
<http://cobellscholar.org/>
various scholarships available
*essay required
Open to descendants/enrolled members

American Indian Services
<https://www.americanindianservices.org/>
various scholarships available
*essay may be required
Open to descendants/enrolled members

American Indian College Fund
<http://www.collegefund.org/>
various scholarships available
*essay required
Open to descendants/enrolled members

Bureau of Indian Education
<http://www.bie.edu/ParentsStudents/Grants/>
various scholarships available
*essay may be required
Open to descendants/enrolled members

Native American Scholarship Fund
<http://catchingthedream.org/>
various scholarships available
*essay may be required
Open to descendants/enrolled members

Fellowships

- NAJA Pathways Fellowship
Deadline: May 31, 2020
- Native American Journalism Fellowship
Deadline: May 31, 2020
- Washington Sea Grant Hershman Fellowship
Deadline: Spring 2020
- NBC News Summer Fellows Program
Deadline: Ongoing
- Master of Forest Resources Fellowships
Deadline: Open until filled
- NW Native American Research Centers for Health Research Support Fellowship
Deadline: Rolling
- Northwestern University's Center for Native American and Indigenous Research Undergraduate Fellowships
Deadline: Rolling
- Fred Hutchinson Cancer Research Center Post-Doctoral Research Fellow
Deadline: Multiple
- Claremont Native American Fellowship
Deadlines: Multiple

For more information about the Siletz Tribal language program, please visit siletzlanguage.org.

Visit OregonStudentAid.gov to check out more than 500 grant and scholarship opportunities.

Tribal employment information is available at ctsi.nsn.us.

Internships

- Code Switch Internship
Deadline: Various
- HP 3D Printing Engineering Intern
Deadline: Open until filled
- Pearson Packaging Systems Engineering Internship
Deadline: Open until filled
- Wisdom of the Elders Agricultural Incubator Internship
Deadline: Various
- Saturday Academy Internships
Deadline: Multiple
- EPA Environmental Research and Business Support Program
Deadline: Multiple
- National Science Foundation Research Experiences for Undergraduates
Deadline: Multiple
- Indian Land Tenure Foundation
Deadline: Multiple
- Environmental Protection Agency
Deadline: Multiple
- American Fisheries Society
Deadlines: Multiple
- Oregon Museum of Science & Industry (OMSI)
Deadline: Multiple

Important information for college-bound Tribal seniors

April

- Send thank you notes to people who have helped you.
- Make final decision about which college or university you will attend.
- If you decide to decline enrollment to a college or university to which you have been accepted, send notice indicating this to the college's admissions office.

May

- This is the deadline for final decisions for universities.
- Send letter of intent to registrar.
- Line up a summer job.
- Attend your Senior Awards Night.
- Review any award letters and be sure you understand the terms and conditions that accompany each type of aid.
- If necessary, arrange for housing and a meal plan (at school).
- Send thank you notes to any person/committee from which you received a scholarship.

June

- Tribal higher education and adult vocational training applications are due June 30!
- Attend graduation – congratulations!
- Make arrangements for your final grades to be sent to colleges and universities.
- Good luck!

Four Years Free at PSU

Portland State University proudly covers standard tuition and mandatory fees for qualified incoming freshman students. All applicants are automatically considered for Four Years Free, no separate application is required.

Four Years Free is an institutional aid program that covers standard tuition and mandatory fees for eligible Oregon high school graduates who enroll full time. The program covers remaining standard tuition and mandatory fees after financial aid is applied.

Initial awards are calculated at 15 credit hours per term and the amount is finalized at the end of the second week of the term when registration closes.

Differential tuition and fees are assessed separately for certain academic programs and students are responsible for covering those additional charges.

Four Years Free money does not cover room and board, books and supplies, transportation or personal expenses.

Eligibility

Students must meet all of the requirements below:

- Oregon resident
- Oregon high school graduate

- 3.20 cumulative unweighted high school GPA
- Pell Grant-eligible according to FAFSA
- First-time PSU student
- Enroll full time (12 to 15 credits per term)
- Start in fall term

Review the official Four Years Free policy for more details on eligibility.

Deadlines

May 1	Submit the FAFSA (PSU FAFSA school code: 003216) Apply to PSU and submit all required admission materials
Aug. 1	Submit final high school transcripts to PSU Accept all state and federal grants

Four Years Free Notification

Students will be notified that they are enrolled in the Four Years Free program via email and their financial award. Students who are enrolled in the Four Years Free program, but whose other grants and scholarships cover their standard tuition and mandatory fees, may receive Four Years Free money from PSU if their grants and scholarships do not cover the full cost of standard tuition and mandatory fees.

Maintaining Four Years Free

Students who are in the Four Years Free program can continue to receive it throughout their undergraduate education (up to 12 consecutive terms of full-time enrollment – summer term is not included in the program) by maintaining a minimum 2.0 cumulative GPA, remaining eligible for the Pell Grant and completing the FAFSA each year by Feb. 1.

Tribal Council Timesheets for February 2020

Lillie Butler – 2/1/20-2/29/20

TC	Ind	Gmg	STBC	ED	Tvl	
3.75	3.75				2/1	Health, Housing, General Council
4.75	4.75	1.5			2 2/2-4	Special TC, Athletic Comm, packets
2	2				2/5	CEDARR, packets
2.75	2.75				2/6	Siletz community mtg, packets
1	1	1			2/7	Charitable reception
3.5	3.5	3			2/10-12	Packets
2.75	2.75				2/13	Clinic wkshp
		5.5	3		2 2/14	Special TC – gaming, STBC mtg/packet
6.5	6.5				2/17-19	Packets
.75	.75			6.5	2/20	Portland community mtg
3.5	3.5				2/21	Regular TC
11.25	11.25				2/24-28	Enrollment wkshp, packets

Gloria Ingle – 2/1/20-2/29/20

TC	Ind	Gmg	STBC	ED	Tvl	
4	4				.75 2/1	Health, Housing, General Council

Alfred Lane III – 2/1/20-2/29/20

TC	Ind	Gmg	STBC	ED	Tvl	
3	3				2/1	Health, Housing, General Council
.5	.5				2 2/7	Charitable reception
2.5	2.5				2/13	Clinic wkshp
		6			2 2/14	Special TC – gaming
4	4				2/21	Regular TC
10.75	10.75				24 2/23-26	Legislative mtgs

Delores Pigsley – 2/1/20-2/29/20

TC	Ind	Gmg	STBC	ED	Tvl	
4.75	4.75				2 2/1	Health, Housing, General Council, mail
4.5	4.5				4.5 2/2-4	Special TC, mail, agenda items
1.5	1.5				2/5	Chemawa school visit
1	1				2/6	Mail, agenda items
.75	.75	1.5			1.25 2/7	Charitable reception, mail
2.25	2.25	1.5			1.25 2/8-12	Mail, prep for cncl, agenda items
2.75	2.75				3 2/13	Clinic wkshp, mail
.25	.25	6	1		1.25 2/14-15	Special TC – gaming, STBC mtg, mail
2.25	2.25				2/16-18	Mail, agenda items, prep for cncl
2	2	2			2/19-20	OTGA, mail, prep for council
4	4				2/21	Regular TC
2.5	2.5				2/22	Chemawa pow-wow/memorial event, mail
10.5	10.5				20 2/23-26	Legislative mtgs, mail
2.75	2.75	1			2.5 2/27-29	Mail, agenda items, personnel

Loraine Y. Butler – 2/1/20-2/29/20

TC	Ind	Gmg	STBC	ED	Tvl	
4	4				2/1	Health, Housing, General Council
.5	.5				2/2	Special TC
1.75	1.75				2/5	CARE
.75	.75				2/6	Siletz community mtg
1	1			2	2/7	Charitable reception
				2	2/8	Concert
1.5	1.5				2/10-11	Packets
1	1	1	1.5		2/12	CPT, packets
2.75	2.75				2/13	Clinic wkshp
			1.5		2/14	STBC mtg
3.75	3.75				2/17-20	Packets
4	4				2/21	Regular TC
.75	.75				2/24	Enrollment wkshp

Reggie Butler Sr. – 2/1/20-2/29/20

TC	Ind	Gmg	STBC	ED	Tvl	
3.75	3.75				2/1	Health, Housing, General Council
3.5	3.5				2/2-4	Special TC, packets
2.75	2.75				2/5	CEDARR, packets
2.5	2.5				2/6	Siletz community mtg, packets
1.5	1.5	1		2	2/7	Charitable reception, packets
4.25	4.25	3			2/10-12	Sign checks, packets
2.75	2.75				2/13	Clinic wkshp, packets
		5.5	3		2 2/14	Special TC – gaming, STBC mtg/packet
3.5	3.5	4			2/17-19	Packets
.75	.75			6.5	2/20	Portland community mtg
4	4				2/21	Regular TC
5.75	5.75				2/24-26	Enrollment wkshp, packets
3.75	3.75				2/27-28	Wellness, packets

Angela Ramirez – 2/1/20-2/29/20

TC	Ind	Gmg	STBC	ED	Tvl	
3	3				2/1	Health, Housing, General Council
.25	.25				2/2	Special TC
1	1			6	2/4	Nesika Illahee open house
2	2				2/5	Interview, CARE mtg
1	1	1			2/7-12	Email, packets
2.5	2.5				2/13	Clinic wkshp
		5.75			2.5 2/14	Special TC – gaming
1.5	1.5				2/17-20	Email, packets
4	4				2/21	Regular TC
1	1			2	2/22	Chemawa event
1	1				2/23-24	Email, packets
1	1				2/25-28	STAHS, interviews

Sharon Edenfield – 2/1/20-2/29/20

TC	Ind	Gmg	STBC	ED	Tvl	
4	4				2/1	Health, Housing, General Council
.25	.25				2/2	Special TC
.75	.75				2/6	Siletz community mtg
.5	.5			2	2/7	Charitable reception
2.5	2.5				2/13	Clinic wkshp
		6			2 2/14	Special TC – gaming
1.5	1.5				2/20	Packets
4	4				2/21	Regular TC
1.25	1.25			4	2/22	Chemawa story poles
9	9			24	2/23-26	Legislative mtgs

Selene Rilatos – 2/1/20-2/29/20

TC	Ind	Gmg	STBC	ED	Tvl	
.5	.5				1 2/2	Special TC
1.75	1.75				1 2/3-4	Orientation, packets
1.75	1.75				1 2/6	Siletz community mtg
.5	.5				2 2/7	Charitable reception
2.25	2.25				3 2/10-12	Orientation, interviews
2.5	2.5				1 2/13	Clinic wkshp
		7			2 2/14	Special TC – gaming
3.5	3.5				2/18-20	Packets
4	4				1 2/21	Regular TC
2	2				3.5 2/22-23	Chemawa, packets
1.5	1.5				1 2/24	Enrollment wkshp
2.25	2.25				3 2/25-26	Interviews, COHO mtg
1.25	1.25				1 2/28	Interviews



Chinook Winds
CASINO RESORT

Stay home. Be safe.

The beach will be waiting.

For up to date information visit chinookwinds.com



chinookwinds.com • 1-888-CHINOOK • Lincoln City




















Shelter at Home

Dos and Don'ts to keep our community healthy and safe.

Do

-  Order groceries or food for delivery or to go whenever possible.
-  Order things online to avoid stores, including medications if possible.
-  When possible, help vulnerable neighbors get necessary supplies such as food. Call or text them ahead of time and leave the supplies by their front door when possible.
-  Call your doctor ahead of time if you need to seek medical care. Follow their advice and precautions to prevent further spread.
-  Stay connected with family and friends over telephone, social media, or video calls.
-  You can continue to walk outside while performing social distancing.
-  Continue with mental health appointments while practicing social distancing and hygiene.
-  Stay calm. Take some time to practice self-care and healthy eating.

Don't

-  Don't use public transportation or ride sharing unless you have no other option. Use social distancing in these situations, cover your mouth and nose if you cough or sneeze, use hand sanitizer, and wash your hands before and after rides, etc
-  Don't have guests over or host parties.
-  Don't engage in group activities.
-  Don't take unnecessary trips. This includes trips to bars, salons, spas, or trips to purchase non-essential supplies.
-  Don't visit family or others unless it is an urgent need.
-  Don't visit hospitals or assisted living facilities unless it is an emergency. If you do need to visit a facility call them before your visit.
-  Avoid churches, synagogues, and places of worship. Instead engage in services online or over the phone.

Follow our pages or call 211 for the latest information and guidelines.

Facebook: www.facebook.com/LincolnPublicHealth

Website: www.co.lincoln.or.us/hhs/page/2019-novel-coronavirus

Natural Resources Department Contractors List

The Tribal Natural Resources Department periodically solicits bids from contractors for a variety of work.

If your company would like to be included on our lists to receive requests for bids/proposals for any of the services listed below, please contact Natural Resources Manager Mike Kennedy at 541-444-8232 or 800-922-1399, ext. 1232, to be put on the appropriate list.

Tree Planting • Precommercial Thinning
Hazard Tree Removal/Tree Trimming
Mechanical Brush Cutting
Logging Road Construction & Maintenance • Logging
Log Hauling • Timber Falling
Herbicide Spraying
Concrete Construction
Statistical Analysis
Macroinvertebrate Identification
Water Quality Monitoring/Analysis

To whom it may concern:

I would like to let the parents of the kids who use the bus stop at the apartments (not the one by the stop signs) know that there was a bottle of vodka (1/4 full) left in the bus stop cover with no lid on it. This is very disturbing to me (Sylvia Butler) because my grandchildren found it and told me. I took the vodka and emptied it on the ground then threw the bottle away.

Do we have security still? Keep the alcohol away from the bus stops and away from kids.

Thank you,
Sylvia Butler

PS. This incident occurred Feb. 12, 2020.

Need Rental Housing?

The Siletz Tribal Housing Department encourages you to apply for the Low-Income Rental Program waiting list in Siletz (1-4 bedrooms) and Lincoln City (2-3 bedrooms – Neachesna Village).

Applications can be obtained at any Tribal area office (Eugene, Salem, Portland, Siletz) or online from the Tribal website – ctsi.nsn.us; follow links – Tribal Services-Housing-Low Rent Apartments & Home Ownership.

For any questions, call 800-922-1399, ext. 1322, or 541-444-8322
Fax: 541-444- 8313

Siletz News Letters Policy

Siletz News, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in *Siletz News* and other Tribal issues.

All letters must include the author's signature, address, and phone number in order to be considered for publication. *Siletz News* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Siletz News*, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The general manager of the Siletz Tribe is the editor-in-chief of *Siletz News*.

Editor-in-Chief: Tina Retasket
Editor: Diane Rodriguez
Assistant: Andy Taylor



According to us, we are irreplaceable...

... and when we participate in the 2020 Census, we show others how our communities have grown. We may think that our tribes will count us in the census, but we need to respond ourselves. Our tribes do not provide enrollment numbers to the U.S. Census Bureau.

The 2020 Census is the count for all American Indians and Alaska Natives, no matter our age or where we live. We use data from an accurate count to plan for programs and services in our communities.

For more information, visit:
2020CENSUS.GOV

D-PO-AI-EN-441

**Shape
our future
START HERE >**



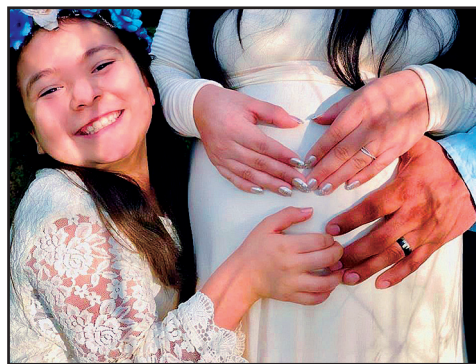


We would like to wish our beautiful Evelyn a wonderful 4th birthday! You are one very spirited little girl!

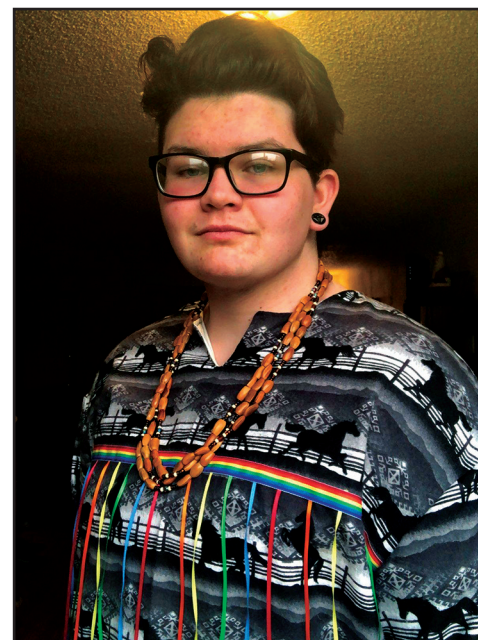
Love, Mom, Dad, brother and sister



Happy 24th Birthday to my baby boy Froggy!



S'amora-Renity Butler, 3/22/11 – We were blessed with our little miracle, with a smile that shines and warms all our hearts. We'd like to say Happy 9th Birthday to our beautiful daughter, S'amora-Renity Butler.



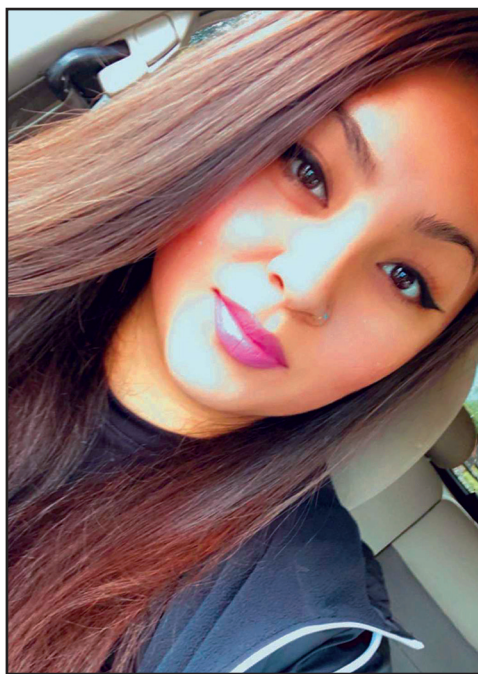
Happy 18th Birthday to my amazing son, Mason Yarbrough. You've grown so much the last few years into the awesome man you are today. I love you and am so proud.

Love, your Momma



Happy 9th Birthday to our sweet, smart, beautiful little Bumble B! We can't believe you're almost double digits!

Love, Mom, Dad, Kendall and Sylvia



Happy 25th Birthday to my wonderful daughter!



Congratulations to our mom (Marleen Wynn, daughter of Ila Mae Downey Hoiness) on her retirement! We are so proud of you for making it to the end. Excited for your next fun adventures.

Love, your daughters Marnie, Andrea and Jula

Passages Policy

Submissions to Passages are limited to two 25-word items per person, plus one photo if desired.

All birthday, anniversary and holiday wishes will appear in the Passages section.

Siletz News reserves the right to edit any submission for clarity and length.

Not all submissions are guaranteed publication upon submission.

Please type or write legibly and submit via e-mail when possible.

Donate to STAHS through Amazon Smile

Here's how you can donate to the Siletz Tribal Arts and Heritage Society (STAHS) painlessly and effortlessly. It's as easy as 1,2,3,4.

Thank you for supporting STAHS!

1. Go to Amazon.com.
2. In the Department drop down box, type Amazon Smile.
3. See Amazon Smile – You shop. Amazon Gives.
4. Follow the easy directions.

A nice \$\$\$\$\$\$\$\$ surprise for STAHS!

A big shout out to Debra Jones and Rebekah Goulet, who alerted the Siletz Tribal Arts and Heritage Society of a nonprofit organization looking to donate its funds to another nonprofit. This particular organization had disbanded and needed to offer its remaining funds to another nonprofit.

As a result, on Feb. 13 STAHS board members Celesta Lee and Angela Ramirez received a \$2,379 check to help fund the building of the proposed cultural facility, "A Place for the People."

What a nice surprise!

Free child ID kits from the Oregon State Police
503-934-0188, 800-282-7155 or child.idkits@state.or.us

For more information about the Siletz Tribe,
please visit ctsi.nsn.us.

OPEN HEARTS & OPEN HOMES

We are looking to certify Tribal homes as foster home resource placements. Please consider opening up your home for our Tribal children who are in need of foster care.

Families, couples & single adults can become certified foster home resources.

OUR CHILDREN NEED:

- **Permanent Care**
- **Temporary Care**
- **Short-term Care**
- **Emergency Care**

Please take the time to consider opening up your loving and safe home & sharing your lives with our precious Tribal children.

Please contact our ICW Department for a foster home application today.

ICW: 541-444-8338



2020 Out-of-Area Benefits

The Tribal Council has approved Out-of-Area Benefits for 2020. These benefits are for Tribal members who live outside the 11-county service area. To qualify, Tribal members must be registered for health care with the Siletz Community Health Clinic AND reside outside of the Tribe's 11-county service area. These funds are intended for Tribal members who are not eligible for Purchased Referred Care.

All benefits are dependent on available funding.

Annually
\$2,000 Total in Medical +
Mental Health + Dental + Hearing
Plus \$500 Pharmacy Card Benefit

Biannually
\$450 in total Vision Care for Adults*
*Available Annually for Elders,
Children, Students or Diabetics

Call PRC – 800-628-5720

Prior authorization by PRC is required and benefits must be used within 90 days. Any funds not used within 90 days, or claims not received, will be returned to the pool for redistribution. **An individual can access benefits up to \$2,000 annually by calling on the authorization date.** For example, an individual can call Jan. 2 for medical of \$500 and then call again Oct. 7 for dental of \$1,500 for a total of \$2,000. All benefits are subject to funding availability. When calling for pre-authorization, PRC will authorize for household members only. Voice messages do not hold funds, the individual must speak to PRC staff and obtain an out-of-area (OOA) number to secure funds.