



OREGON STATE

Track and Field History and Records

Women's Outdoor Top-10 Marks

***BOLDED** indicates on current roster*

100 Meters

1. Venessa D'Arpino	11.70	4/15/17	Long Beach, Calif.
2. Kerissa D'Arpino	11.77	4/16/16	Eugene, Ore.
3. Rosie Williams	11.79	5/28/88	Eugene, Ore.
4. Asa Pennington	11.93	5/1/82	Eugene, Ore.
5. Celena Schirmer	11.94	5/25/78	East Lansing, Mich.
6. Regina Jordan	11.97	5/5/79	Corvallis, Ore.
7. Jenna Stark	12.06	1987	--
8. Allie Church	12.08	4/18/15	Eugene, Ore.
9. M. George Armentrout	12.10	5/4/74	Eugene, Ore.
Joni Huntley	12.10	4/2/76	Eugene, Ore.
Cathy Strong	12.10	5/21/88	Los Angeles, Calif.

200 Meters

1. Venessa D'Arpino	23.60	5/26/17	Austin, Texas
2. Rosie Williams	23.96	5/7/88	Eugene, Ore.
3. Asa Pennington	23.97	5/8/82	Missoula, Mont.
4. Kerissa D'Arpino	24.25	4/23/16	Clovis, Calif.
5. Devin Collins	24.53	3/26/16	Salem, Ore.
6. Saskia McNairy	24.55	4/4/19	Tucson, Ariz.
7. Colleen Gibson	24.60	4/19/80	Pullman, Wash.
8. Celena Schirmer	24.70	1978	--
9. Regina Jordan	24.78	5/11/79	Eugene, Ore.
10. Lauren Miller	25.02	5/12/19	Tucson, Ariz.

400 Meters

1. Venessa D'Arpino	54.14	4/22/17	Clovis, Calif.
2. Kathy Weston	54.36	5/12/79	Eugene, Ore.
3. Shavon Dennis	55.48	5/27/82	Corvallis, Ore.
Rosie Williams	55.48	4/9/88	Corvallis, Ore.
5. Kerissa D'Arpino	56.44	4/3/15	Stanford, Calif.
6. Tarisa Olinski	56.58	4/7/21	San Diego, Calif.
7. Tarisa Olinski	56.88	5/7/21	Eugene, Ore.
8. Rhonda Bell	56.91	5/1/82	Eugene, Ore.
9. Tarisa Olinski	57.11	5/1/21	Corvallis, Ore.
10. Tarisa Olinski	57.22	4/17/21	Portland, Ore.

800 Meters

1. Kathy Weston	2:03.67	5/3/80	Eugene, Ore.
2. Nicole Goecke	2:06.59	4/28/18	Corvallis, Ore.
3. Mari Friedman	2:07.94	5/1/21	Corvallis, Ore.
4. Rebecca Ledsham	2:08.45	5/1/21	Corvallis, Ore.
5. Rebecca Ledsham	2:08.73	4/7/21	San Diego, Calif.
6. Mari Friedman	2:08.76	4/7/21	San Diego, Calif.
7. Mari Friedman	2:08.96	5/15/21	Los Angeles, Calif.
8. Kala Kopecek	2:09.21	5/12/18	Stanford, Calif.
9. Laura Carlyle	2:09.25	4/8/11	Monmouth, Ore.
10. Rebecca Ledsham	2:09.52	5/15/21	Los Angeles, Calif.

1,500 Meters

1. Laura Carlyle	4:17.77	4/29/12	Stanford, Calif.
2. Grace Fetherstonhaugh	4:20.01	4/17/21	Portland, Ore.
3. Kaylee Mitchell	4:20.17	4/17/21	Portland, Ore.
4. Morgan Anderson	4:21.84	5/13/17	Eugene, Ore.
5. Casey Masterson	4:24.98	5/27/10	Austin, Texas
6. Mari Friedman	4:25.16	4/30/21	Corvallis, Ore.
7. Mari Friedman	4:25.43	4/2/21	Eugene, Ore.
8. Juliana Mount	4:26.53	4/29/16	Corvallis, Ore.
9. Lexi Reed	4:26.56	4/26/19	Corvallis, Ore.
10. Kinsey Gomez	4:26.89	4/26/13	Corvallis, Ore.

3,000 Meters

1. Connie Case	9:26.49	5/2/81	Corvallis, Ore.
2. Joanne Lahti	9:43.96	5/1/82	Eugene, Ore.
3. Kinsey Gomez	9:49.17	3/8/14	Corvallis, Ore.
4. Kathy Knowlton	9:49.41	5/11/85	Corvallis, Ore.
5. Aly Nielson	9:51.58	3/8/14	Corvallis, Ore.
6. Ashley Younce	9:52.37	3/18/06	Eugene, Ore.
7. Sue Martineau	9:53.11	4/6/85	Corvallis, Ore.
8. Peggy Murri	9:53.16	4/6/85	Corvallis, Ore.
9. Susan Arfmann	9:55.00	1979	--
10. Brenda Cardin	9:55.03	1979	--

5,000 Meters

1. Grace Fetherstonhaugh	15:58.93	5/16/21	Los Angeles, Calif.
2. Kaylee Mitchell	16:00.52	4/2/21	Eugene, Ore.
3. Batya Beard	16:01.43	4/30/21	Corvallis, Ore.
4. Laura Carlyle	16:05.04	5/28/11	Eugene, Ore.
5. Lexi Reed	16:11.01	5/25/19	Sacramento, Calif.
6. Grace Fetherstonhaugh	16:11.59	4/2/21	Eugene, Ore.
7. Morgan Anderson	16:17.50	4/28/17	Corvallis, Ore.
8. Kaylee Mitchell	16:17.70	5/16/21	Los Angeles, Calif.
9. Audrey Lookner	16:18.29	5/16/21	Los Angeles, Calif.
10. Audrey Lookner	16:21.34	4/30/21	Corvallis, Ore.

10,000 Meters

1. Batya Beard	33:25.86	5/14/21	Los Angeles, Calif.
2. Kinsey Gomez	34:37.80	4/17/14	Walnut, Calif.
3. Colette Richter	34:39.47	3/30/18	Stanford, Calif.
4. Alyssa Foote	34:40.03	5/14/21	Los Angeles, Calif.
5. Greta Van Calcar	35:01.53	4/2/21	Eugene, Ore.
6. Greta Van Calcar	35:10.88	4/18/19	Torrance, Calif.
7. Sandra Martinez	35:27.82	4/15/10	Walnut, Calif.
8. Ashley Younce	35:31.81	5/14/06	Eugene, Ore.
9. Samantha Lewis	35:33.81	5/13/17	Eugene, Ore.
10. Emily Weber	35:36.23	5/13/17	Eugene, Ore.

100m Hurdles

1. Devin Collins	13.45	4/16/16	Eugene, Ore.
2. Kara Hallock	13.87	5/13/17	Eugene, Ore.
3. Jenna Stark	13.87	5/21/88	Los Angeles, Calif.
4. Kari Weston	13.89	3/29/86	San Diego, Calif.
5. Sonya Crowther	14.05	5/1/82	Eugene, Ore.
6. Carina Westover	14.26	4/28/84	Eugene, Ore.
7. Alba Villaronga	14.37	4/28/18	Corvallis, Ore.
8. Claire Corbitt	14.41	4/27/19	Corvallis, Ore.
9. Claire Corbitt	14.46	5/7/21	Eugene, Ore.
10. Meredith Howell	14.48	3/24/84	--

200m Hurdles

1. Maryrae Evans	30.40	5/1/71	Ashland, Ore.
2. Marcia Moles	30.80	4/22/72	Portland, Ore.
3. Erin Rainey	33.30	5/5/73	Monmouth, Ore.
4. Karen Thompson	34.50	1971	National Program
5. Dolly Whittaker	34.70	4/12/73	Eugene, Ore.
6. Anne Windedahl	36.00	4/28/72	Monmouth, Ore.

400m Hurdles

1. Devin Collins	58.64	4/30/16	Corvallis, Ore.
2. Jenna Stark	59.72	1987	--
3. Kerissa D'Arpino	1:00.20	5/6/16	Eugene, Ore.
4. Kari Weston	1:00.70	3/29/86	San Diego, Calif.
5. Vicki Anderson	1:01.29	1986	--
6. Meredith Howell	1:01.55	4/21/84	Seattle, Wash.
7. Kelly Kaser	1:02.03	4/20/85	Seattle, Wash.
Kelly Alfieri	1:02.03	5/14/88	Eugene, Ore.

Track and Field Records and History

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9. Loretta Williams	1:02.12	5/8/82	Missoula, Mont.
10. Debbie Grant	1:02.15	5/14/76	Manhattan, Kan.

2000m Steeplechase

1. Kristiane Width	6:59.23	3/21/15	Corvallis, Ore.
2. Holly Cavalluzzo	7:05.82	3/21/15	Corvallis, Ore.
3. Monica Anderson	7:38.00	3/21/15	Corvallis, Ore.

3000m Steeplechase

1. Kaylee Mitchell	9:48.30	5/15/21	Los Angeles, Calif.
2. Grace Fetherstonhaugh	9:50.40	5/29/21	College Station, Texas
3. Grace Fetherstonhaugh	9:54.60	5/15/21	Los Angeles, Calif.
4. Kaylee Mitchell	9:57.40	4/30/21	Corvallis, Ore.
5. Grace Fetherstonhaugh	10:03.13	5/24/19	Sacramento, Calif.
6. Grace Fetherstonhaugh	10:03.45	4/30/21	Corvallis, Ore.
7. Juliana Mount	10:22.97	4/28/17	Corvallis, Ore.
8. Kristiane Width	10:24.28	5/25/18	Sacramento, Calif.
9. Sam McKinnon	10:25.78	5/16/15	Los Angeles, Calif.
10. Taylor Nowlin	10:36.75	5/11/13	Los Angeles, Calif.

4x100m Relay

1. Oregon State	46.01	4/9/16	Tempe, Ariz.
Jasmin McKenzie, Kerissa D'Arpino, Venessa D'Arpino, Devin Collins			
2. Oregon State	46.14	5/15/16	Seattle, Wash.
Jasmin McKenzie, Kerissa D'Arpino, Venessa D'Arpino, Devin Collins			
3. Oregon State	46.40	4/23/16	Clovis, Calif.
Jasmin McKenzie, Venessa D'Arpino, Kerissa D'Arpino, Devin Collins			
4. Oregon State	46.50	5/3/80	Eugene, Ore.
Colleen Gibson, Kathy Weston, Regina Jordan, Asa Pennington			
5. Oregon State	46.74	5/14/16	Seattle, Wash.
Jasmin McKenzie, Kerissa D'Arpino, Venessa D'Arpino, Devin Collins			
6. Oregon State	46.84+	5/14/88	Eugene, Ore.
Cathy Strong, Rosie Williams, Kim Fenton, Jenna Stark			
7. Oregon State	47.15	4/7/21	San Diego, Calif.
Claire Corbitt, Ann Wingeleth, Tarisa Olinski, Delaney Bahn			
8. Oregon State	47.34	5/16/21	Los Angeles, Calif.
Claire Corbitt, Anneke Moersdorf, Tarisa Olinski, Delaney Bahn			
9. Oregon State	47.40	4/19/80	Pullman, Wash.
Colleen Gibson, Kathy Weston, Regina Jordan, Julie Fitzgerald			
10. Oregon State	47.40	4/17/82	Pullman, Wash.
Sylvia Green, Rhonda Bell, Shavon Dennis, Asa Pennington			

800m Medley Relay

1. Oregon State	1:42.21 (MR)	5/9/80	Seattle, Wash.
Colleen Gibson, Asa Pennington, Regina Jordan, Kathy Weston			
2. Oregon State	1:42.70	5/22/80	Eugene, Ore.
Colleen Gibson, Cindy Greiner, Asa Pennington, Kathy Weston			
3. Oregon State	1:44.83	5/7/82	Missoula, Mont.
Sylvia Green, Rhonda Bell, Asa Pennington, Shavon Dennis			
4. Oregon State	1:45.75	4/28/78	Gresham, Ore.
Celena Schirmer, Kit Jermain, Joetta Anderson, Linda Parmele			
5. Oregon State	1:47.77	5/5/79	Corvallis, Ore.
Robin Blaine, Kathy Weston, Linda Parmele, Nancy Wallace			
6. Oregon State	1:47.80	5/13/78	Bozeman, Mont.
Cathy Kvaile, Kit Jermain, Celena Schirmer, Linda Parmele			
7. OSU [team not ID'd]	1:48.89	3/8/80	Corvallis, Ore.
8. OSU [team not ID'd]	1:49.60	3/11/78	Corvallis, Ore.
9. OSU [team not ID'd]	1:51.50	5/12/79	Eugene, Ore.
10. OSU [team not ID'd]	1:51.86	5/8/81	Corvallis, Ore.

4x400m Relay

1. Oregon State	3:47.40	4/19/80	Pullman, Wash.
Kathy Costello, Regina Jordan, Colleen Gibson, Kathy Weston			
2. Oregon State	3:48.42	5/12/19	Tucson, Ariz.
Olinski, McNairy, Miller, Friedman			
3. Oregon State	3:49.16#	5/12/79	Eugene, Ore.
Nancy Wallace, Loa Mosby, Robin Blaine, Kathy Weston			
4. Oregon State	3:49.98	5/16/21	Los Angeles, Calif.

Adael Scatena, Tarisa Olinski, Rebecca Ledsham, Mari Friedman

5. Oregon State	3:50.29	3/8/80	Corvallis, Ore.
Nancy Wallace, Robin Blaine, Regina Jordan, Kathy Weston			
6. Oregon State	3:50.82	4/28/18	Corvallis, Ore.
Kala Kopecek, Tarisa Olinski, Kim Solberg, Nicole Goecke			
7. Oregon State	3:51.05	5/15/16	Seattle, Wash.
Venessa D'Arpino, Kelsi Schaer, Juliana Mount, Kerissa D'Arpino			
8. Oregon State	3:51.12	5/13/18	Stanford, Calif.
Nicole Goecke, Kala Kopecek, Tarisa Olinski, Dakota Steen			
9. Oregon State	3:51.15#	5/3/80	Eugene, Ore.
Nancy Wallace, Regina Jordan, Colleen Gibson, Kathy Weston			
10. Oregon State	3:51.34	3/21/15	Corvallis, Ore.
Allie Church, Kelsi Schaer, Kerissa D'Arpino, Ahsha Mootz			
Oregon State	3:51.34	5/1/21	Corvallis, Ore.
Anneke Moersdorf, Claire Corbitt, Rebecca Ledsham, Mari Friedman			

4x800m Relay

1. Oregon State	8:53.51	4/12/80	Corvallis, Ore.
Kristin Trom, Kathy Costello, Cindy Greiner, Kathy Weston			
2. Oregon State	8:54.91	5/24/80	Eugene, Ore.
Kristin Trom, Cindy Greiner, Deborah Brizee, Kathy Weston			
3. Oregon State	8:59.91	3/8/80	Eugene, Ore.
Kristin Trom, Kathy Costello, Robin Blaine, Kathy Costello			
4. Oregon State	9:22.64	5/7/82	Missoula, Mont.
Sandy Nevis, Sally Lisac, Joanne Lahti, Luanne Park			
5. OSU [team not ID'd]	9:58.60	5/7/81	Corvallis, Ore.

4x880m Relay

1. Oregon State	8:42.90	5/26/79	East Lansing, Mich.
Robin Blaine, Kathy Costello, Kristin Trom, Kathy Weston			
2. Oregon State	8:53.20	5/9/80	Seattle, Wash.
Kristin Trom, Deborah Brizee, Cindy Greiner, Kathy Weston			
3. Oregon State	8:58.60	4/28-29/79	Seattle, Wash.
Kristin Trom, Loa Mosby, Robin Blaine, Kathy Weston			
4. Oregon State	12:44.80	4/11/76	Seattle, Wash.
J'Neanne Gregoire, Sandy Orr, Connie Macomber, Robin Baker			

High Jump

1. Joni Huntley	6' 2.75"	1/25/75	New Zealand Games
2. Carina Westover	6' 2"	4/14/84	Corvallis, Ore.
	6' 2"	4/21/84	Seattle, Wash.
	6' 2"	5/12/84	Pullman, Wash.
3. Kim Fenton	6' 0"	3/5/88	McMinnville, Ore.
4. Cindy Greiner	5' 11"	4/18/81	Seattle, Wash.
4. Sue Blake	5' 11"	5/27/82	Corvallis, Ore.
6. Sara Almen	5' 10"	5/3/13	Eugene, Ore.
	5' 10"	5/11/13	Los Angeles, Calif.
Ann Wingeleth	5' 10"	6/8/19	Austin, Texas
8. S. Harrigfeld Crowther	5' 9.75"	5/20/83	Eugene, Ore.
9. Ann Wingeleth	5' 8.75"	5/23/19	Sacramento, Calif.
10. Emma Nelson	5' 7.75"	4/2/21	Eugene, Ore.

Long Jump

1. Colleen Gibson	20' 1"	4/16/83	Seattle, Wash.
2. Ann Wingeleth	19' 11.5"	5/3/19	Portland, Ore.
3. Kara Hallock	19' 10.75"	5/13/17	Eugene, Ore.
4. Delaney Bahn	19' 10.25"	5/15/21	Los Angeles, Calif.
5. Saskia McNairy	19' 8.75"	5/12/19	Tucson, Ariz.
6. Joni Huntley	19' 6.25"	4/18/75	Gresham, Ore.
7. Jasmin McKenzie	19' 4.50"	4/23/16	Clovis, Calif.
8. Claire Corbitt	19' 4.25"	5/15/21	Los Angeles, Calif.
9. Ann Wingeleth	19' 3.25"	3/20/21	Monmouth, Ore.
10. Ann Wingeleth	19' 2.75"	4/30/21	Corvallis, Ore.

Triple Jump

1. Michele Turney	40' 0.75"	5/18/14	Pullman, Wash.
2. Anneke Moersdorf	39' 11.25"	4/2/21	Eugene, Ore.
3. Madison Lyon	39' 10.5"	3/13/21	Corvallis, Ore.
4. Madison Lyon	39' 6.75"	4/2/21	Eugene, Ore.

***BOLDED** indicates on current roster*

Track and Field Records and History

5. Anneke Moersdorf	39' 6.5"	5/1/21	Corvallis, Ore.
6. Madison Lyon	39' 6"	5/16/21	Los Angeles, Calif.
7. Madison Lyon	39' 2.25"	4/7/21	San Diego, Calif.
8. Bethany Imperial	39' 0.25"	4/23/16	Clovis, Calif.
9. Ann Wingeleth	38' 8.25"	4/7/21	San Diego, Calif.
10. Anneke Moersdorf	38' 7"	5/16/21	Los Angeles, Calif.

Pole Vault

1. Helen Ann Haun	12' 10.25"	5/14/17	Eugene, Ore.
1. Gillette Field	12' 10.25"	5/14/17	Eugene, Ore.
1. Annie Sidor	12' 10.25"	5/12/18	Stanford, Calif.
4. Tory Edwards	12' 6.25"	5/12/18	Stanford, Calif.
5. Audrey Bright	11' 3.75"	4/18/19	Azusa, Calif.

Shot Put

1. Keely McLaughlin	50' 4.75"	5/12/19	Tucson, Ariz.
2. Taylor Crockem	50' 2"	5/12/19	Tucson, Ariz.
3. Kam Johnson	50' 0.50"	4/14/84	Corvallis, Ore.
4. Taylor Crockem	49' 10"	5/15/21	Los Angeles, Calif.
5. Jessica Molina	49' 4.25"	3/29/19	San Francisco, Calif.
6. Keely McLaughlin	48' 4.75"	5/1/21	Corvallis, Ore.
7. Keely McLaughlin	48' 4.25"	4/7/21	San Diego, Calif.
8. Keely McLaughlin	48' 3.25"	3/20/21	Monmouth, Ore.
9. Taylor Crockem	48' 1.25"	5/1/21	Corvallis, Ore.
10. Keely McLaughlin	47' 10.5"	5/7/21	Eugene, Ore.

Discus

1. Melissa Ausman	176' 10.75"	4/30/16	Corvallis, Ore.
2. Rachel Picknell	164' 9"	4/22/17	Clovis, Calif.
3. Lindsay McShane	164' 6"	4/26/19	Corvallis, Ore.
4. Lindsay McShane	159' 5"	5/7/21	Eugene, Ore.
5. Lindsay McShane	159' 4"	5/16/21	Los Angeles, Calif.
6. Lindsay McShane	155' 6"	4/7/21	San Diego, Calif.
7. Beth Nygren	155' 2"	5/7/88	Corvallis, Ore.
8. Lori Souza	154' 10"	3/26/88	Fresno, Calif.
9. Kam Johnson	153' 1"	4/12/86	Corvallis, Ore.
Lindsay McShane	153' 1"	4/23/21	Eugene, Ore.
10. Michelle Cleland	151' 1"	4/18/81	Seattle, Wash.

Hammer

1. Lindsay McShane	211' 6"	5/7/21	Eugene, Ore.
2. Lindsay McShane	208' 3"	4/2/21	Eugene, Ore.
3. Lindsay McShane	207' 5"	4/30/21	Corvallis, Ore.
4. Lindsay McShane	207' 0"	4/16/21	Eugene, Ore.
5. Lindsay McShane	201' 11"	5/14/21	Los Angeles, Calif.
6. Lindsay McShane	201' 1"	4/23/21	Eugene, Ore.
7. Lindsay McShane	199' 8"	5/28/21	College Station, TX
8. Lindsay McShane	199' 0"	4/26/19	Corvallis, Ore.
9. Lindsay McShane	198' 9"	3/13/21	Corvallis, Ore.
10. Lindsay McShane	196' 3"	3/20/21	Monmouth, Ore.

Javelin (new implement)

1. Destiny Dawson	171' 7"	6/7/18	Eugene, Ore.
2. Jordynn Slater	162' 6"	3/13/21	Corvallis, Ore.
3. Jordynn Slater	157' 9"	4/2/21	Eugene, Ore.
4. Sara Sanders	157' 0"	5/27/21	College Station, TX
5. Delaney Hall	156' 2"	4/20/18	Long Beach, Calif.
6. Kindel Bailey	154' 6"	3/23/19	Salem, Ore.
7. Jordynn Slater	154' 5"	4/26/19	Corvallis, Ore.
8. Sara Sanders	152' 3"	3/13/21	Corvallis, Ore.
9. McKenzie Byrd	150' 9.25"	4/8/17	Tempe, Ariz.
10. Jordynn Slater	150' 7"	3/20/21	Monmouth, Ore.

Javelin (old implement)

1. Connie Peterka	179' 8"	6/6/86	Indianapolis, Ind.
2. Teresa Cooper	172' 10"	4/18/81	Seattle, Wash.
3. Tonja Reigle	169' 9"	5/11/79	Eugene, Ore.
4. Julie Waage	163' 8"	4/4/87	Pullman, Wash.
5. Kristi Nygaard	154' 6.5"	4/3/82	Corvallis, Ore.
6. Michelle Cleland	153' 2"	4/4/81	Corvallis, Ore.

7. Kitsy Hall	153' 1"	4/7/79	Corvallis, Ore.
8. Monica Witt	152' 1.5"	4/5/86	Corvallis, Ore.
9. Karen Botts	141' 6"	4/12/73	Eugene, Ore.
10. Kathy Sanders	141' 4"	1985	--

Heptathlon

1. S. Harrigfeld Crowther	5,592	4/22-23/82	Walnut, Calif.
2. Kara Hallock	5,551	5/6-7/17	Corvallis, Ore.
3. Cindy Greiner	5,420	5/29-30/81	Austin, Texas
4. Saskia McNairy	5,379	5/4-5/19	Tucson, Ariz.
5. Meredith Howell	4,987	5/18-19/84	Fresno, Calif.
6. Claire Corbitt	4,976	5/14-15/21	Los Angeles, Calif.
7. Anneke Moersdorf	4,891	5/14-15/21	Los Angeles, Calif.
8. Judy Sommer	4,762	5/7-8/81	Corvallis, Ore.
9. Anneke Moersdorf	4,696	4/8-9/21	Los Angeles, Calif.
10. Claire Corbitt	4,628	5/4-5/19	Tucson, Ariz.

Women's Outdoor Top Performers

100 Meters

1. Venessa D'Arpino	11.70	4/15/17	Long Beach, Calif.
2. Kerissa D'Arpino	11.77	4/16/16	Eugene, Ore.
3. Rosie Williams	11.79	5/28/88	Eugene, Ore.
4. Asa Pennington	11.93	5/1/82	Eugene, Ore.
5. Celena Schirmer	11.94	5/25/78	East Lansing, Mich.
6. Regina Jordan	11.97	5/5/79	Corvallis, Ore.
7. Jenna Stark	12.06	1987	--
8. Allie Church	12.08	4/18/15	Eugene, Ore.
9. M. George Armentrout	12.10#	5/4/74	Eugene, Ore.
Joni Huntley	12.10#	4/2/76	Eugene, Ore.
Cathy Strong	12.10 ht	5/21/88	Los Angeles, Calif.

200 Meters

1. Venessa D'Arpino	23.60	5/26/17	Austin, Texas
2. Rosie Williams	23.96	5/7/88	Eugene, Ore.
3. Asa Pennington	23.97	5/8/82	Missoula, Mont.
4. Kerissa D'Arpino	24.25	4/23/16	Clovis, Calif.
5. Devin Collins	24.53	3/26/16	Salem, Ore.
6. Saskia McNairy	24.55	4/4/19	Tucson, Ariz.
7. Colleen Gibson	24.60	4/19/80	Pullman, Wash.
8. Celena Schirmer	24.70	1978	--
9. Regina Jordan	24.78	5/11/79	Eugene, Ore.
10. Lauren Miller	25.02	5/12/19	Tucson, Ariz.

400 Meters

1. Venessa D'Arpino	54.14	4/22/17	Clovis, Calif.
2. Kathy Weston	54.36	5/12/79	Eugene, Ore.
3. Shavon Dennis	55.48	5/27/82	Corvallis, Ore.
Rosie Williams	55.48	4/9/88	Corvallis, Ore.
5. Kerissa D'Arpino	56.44	4/3/15	Stanford, Calif.
6. Tarisa Olinski	56.58	4/7/21	San Diego, Calif.
7. Rhonda Bell	56.91	5/1/82	Eugene, Ore.
8. Robin Blaine	57.40	4/21/79	Seattle, Wash.
9. Colleen Gibson	57.57	4/26/80	Gresham, Ore.
10. Linda Parmele	57.85	5/5/78	Eugene, Ore.

800 Meters

1. Kathy Weston	2:03.67	5/3/80	Eugene, Ore.
2. Nicole Goecke	2:06.59	4/28/18	Corvallis, Ore.
3. Mari Friedman	2:07.94	5/1/21	Corvallis, Ore.
4. Rebecca Ledsham	2:08.45	5/1/21	Corvallis, Ore.
5. Kala Kopecek	2:09.21	5/12/18	Stanford, Calif.
6. Laura Carlyle	2:09.25	4/8/11	Monmouth, Ore.
7. Kelsi Schaer	2:09.90	5/17/14	Pullman, Wash.
8. Emily LaValley	2:10.71	5/12/12	Eugene, Ore.
9. Morgan Anderson	2:11.54	4/23/16	Clovis, Calif.
10. Casey Masterson	2:11.99	4/19/09	Portland, Ore.

Track and Field Records and History

***BOLDED** indicates on current roster*

1,500 Meters

1. Laura Carlyle	4:17.77	4/29/12	Stanford, Calif.
2. Grace Fetherstonhaugh	4:20.01	4/17/21	Portland, Ore.
3. Kaylee Mitchell	4:20.17	4/17/21	Portland, Ore.
4. Morgan Anderson	4:21.84	5/13/17	Eugene, Ore.
5. Casey Masterson	4:24.98	5/27/10	Austin, Texas
6. Mari Friedman	4:25.16	4/30/21	Corvallis, Ore.
7. Juliana Mount	4:26.53	4/29/16	Corvallis, Ore.
8. Lexi Reed	4:26.56	4/26/19	Corvallis, Ore.
9. Kinsey Gomez	4:26.89	4/26/13	Corvallis, Ore.
10. Sylvia Veal	4:27.52	5/22/08	Eugene, Ore.

3,000 Meters

1. Connie Case	9:26.49	5/2/81	Corvallis, Ore.
2. Joanne Lahti	9:43.96	5/1/82	Eugene, Ore.
3. Kinsey Gomez	9:49.17	3/8/14	Corvallis, Ore.
4. Kathy Knowlton	9:49.41	5/11/85	Corvallis, Ore.
5. Aly Nielson	9:51.58	3/8/14	Corvallis, Ore.
6. Ashley Younce	9:52.37	3/18/06	Eugene, Ore.
7. Sue Martineau	9:53.11	4/6/85	Corvallis, Ore.
8. Peggy Murri	9:53.16	4/6/85	Corvallis, Ore.
9. Susan Arfmann	9:55.00	1979	--
10. Brenda Cardin	9:55.03	1979	--

5,000 Meters

1. Grace Fetherstonhaugh	15:58.93	5/16/21	Los Angeles, Calif.
2. Kaylee Mitchell	16:00.52	4/2/21	Eugene, Ore.
3. Batya Beard	16:01.43	4/30/21	Corvallis, Ore.
4. Laura Carlyle	16:05.04	5/28/11	Eugene, Ore.
5. Lexi Reed	16:11.01	5/25/19	Sacramento, Calif.
6. Morgan Anderson	16:17.50	4/28/17	Corvallis, Ore.
7. Audrey Lookner	16:18.29	5/16/21	Los Angeles, Calif.
8. Kinsey Gomez	16:24.17	4/19/13	Walnut, Calif.
9. Haley Wolf	16:29.81	3/29/19	San Francisco, Calif.
10. Hayley Oveson	16:34.01	3/25/11	Stanford, Calif.

10,000 Meters

1. Batya Beard	33:25.86	5/14/21	Los Angeles, Calif.
2. Kinsey Gomez	34:37.80	4/17/14	Walnut, Calif.
3. Colette Richter	34:39.47	3/30/18	Stanford, Calif.
4. Alyssa Foote	34:40.03	5/14/21	Los Angeles, Calif.
5. Greta Van Calcar	35:01.53	4/2/21	Eugene, Ore.
6. Sandra Martinez	35:27.82	4/15/10	Walnut, Calif.
7. Ashley Younce	35:31.81	5/14/06	Eugene, Ore.
8. Samantha Lewis	35:33.81	5/13/17	Eugene, Ore.
9. Emily Weber	35:36.23	5/13/17	Eugene, Ore.
10. Haley Wolf	35:37.40	4/2/21	Eugene, Ore.

100m Hurdles

1. Devin Collins	13.45	4/16/16	Eugene, Ore.
2. Kara Hallock	13.87	5/13/17	Eugene, Ore.
3. Jenna Stark	13.87	5/21/88	Los Angeles, Calif.
4. Kari Weston	13.89	3/29/86	San Diego, Calif.
5. Sonya Crowther	14.05	5/1/82	Eugene, Ore.
6. Carina Westover	14.26	4/28/84	Eugene, Ore.
7. Alba Villaronga	14.37	4/28/18	Corvallis, Ore.
8. Claire Corbitt	14.41	4/27/19	Corvallis, Ore.
9. Meredith Howell	14.48	3/24/84	--
10. Cathy Kvalve	14.63	4/8/78	Oregon/Cal Invite

200m Hurdles

1. Maryrae Evans	30.40	5/1/71	Ashland, Ore.
2. Marcia Moles	30.80	4/22/72	Portland, Ore.
3. Erin Rainey	33.30	5/5/73	Monmouth, Ore.
4. Karen Thompson	34.50	1971	National Program
5. Dolly Whittaker	34.70	4/12/73	Eugene, Ore.
6. Anne Windedahl	36.00	4/28/72	Monmouth, Ore.

400m Hurdles

1. Devin Collins	58.64	4/30/16	Corvallis, Ore.
2. Jenna Stark	59.72	1987	--
3. Kerissa D'Arpino	1:00.20	5/6/16	Eugene, Ore.
4. Kari Weston	1:00.70	3/29/86	San Diego, Calif.
5. Vicki Anderson	1:01.29	1986	--
6. Meredith Howell	1:01.55	4/21/84	Seattle, Wash.
7. Kelly Kaser	1:02.03	4/20/85	Seattle, Wash.
Kelly Alfieri	1:02.03	5/14/88	Eugene, Ore.
9. Loretta Williams	1:02.12	5/8/82	Missoula, Mont.
10. Debbie Grant	1:02.15	5/14/76	Manhattan, Kan.

2000m Steeplechase

1. Kristiane Width	6:59.23	3/21/15	Corvallis, Ore.
2. Holly Cavalluzzo	7:05.82	3/21/15	Corvallis, Ore.
3. Monica Anderson	7:38.00	3/21/15	Corvallis, Ore.

3000m Steeplechase

1. Kaylee Mitchell	9:48.30	5/15/21	Los Angeles, Calif
2. Grace Fetherstonhaugh	9:50.40	5/29/21	College Station, Texas
3. Juliana Mount	10:22.97	4/28/17	Corvallis, Ore.
4. Kristiane Width	10:24.28	5/25/18	Sacramento, Calif.
5. Sam McKinnon	10:25.78	5/16/15	Los Angeles, Calif.
6. Taylor Nowlin	10:36.75	5/11/13	Los Angeles, Calif.
7. Lauren Denfeld	10:38.28	5/4/08	Stanford, Calif.
8. Olivia Poblacion	10:45.23	4/14/11	Walnut, Calif.
9. Nicole Goecke	10:55.77	5/16/15	Los Angeles, Calif.
10. Jean-Marie Peterson	11:03.47	4/20/07	Eugene, Ore.

4x100m Relay

1. Oregon State	46.01	4/9/16	Tempe, Ariz.
Jasmin McKenzie, Kerissa D'Arpino, Venessa D'Arpino, Devin Collins			
2. Oregon State	46.14	5/15/16	Seattle, Wash.
Jasmin McKenzie, Kerissa D'Arpino, Venessa D'Arpino, Devin Collins			
3. Oregon State	46.40	4/23/16	Clovis, Calif.
Jasmin McKenzie, Venessa D'Arpino, Kerissa D'Arpino, Devin Collins			
4. Oregon State	46.50	5/3/80	Eugene, Ore.
Colleen Gibson, Kathy Weston, Regina Jordan, Asa Pennington			
5. Oregon State	46.74	5/14/16	Seattle, Wash.
Jasmin McKenzie, Kerissa D'Arpino, Venessa D'Arpino, Devin Collins			
6. Oregon State	46.84+	5/14/88	Eugene, Ore.
Cathy Strong, Rosie Williams, Kim Fenton, Jenna Stark			
7. Oregon State	47.15	4/7/21	San Diego, Calif.
Claire Corbitt, Ann Wingeleth, Tarisa Olinski, Delaney Bahn			
8. Oregon State	47.34	5/16/21	Los Angeles, Calif.
Claire Corbitt, Anneke Moersdorf, Tarisa Olinski, Delaney Bahn			
9. Oregon State	47.40	4/19/80	Pullman, Wash.
Colleen Gibson, Kathy Weston, Regina Jordan, Julie Fitzgerald			
10. Oregon State	47.40	4/17/82	Pullman, Wash.
Sylvia Green, Rhonda Bell, Shavon Dennis, Asa Pennington			

800m Medley Relay

1. Oregon State	1:42.21 (MR)	5/9/80	Seattle, Wash.
Colleen Gibson, Asa Pennington, Regina Jordan, Kathy Weston			
2. Oregon State	1:42.70	5/22/80	Eugene, Ore.
Colleen Gibson, Cindy Greiner, Asa Pennington, Kathy Weston			
3. Oregon State	1:44.83	5/7/82	Missoula, Mont.
Sylvia Green, Rhonda Bell, Asa Pennington, Shavon Dennis			
4. Oregon State	1:45.75	4/28/78	Gresham, Ore.
Celena Schirmer, Kit Jermain, Joetta Anderson, Linda Parmele			
5. Oregon State	1:47.77	5/5/79	Corvallis, Ore.
Robin Blaine, Kathy Weston, Linda Parmele, Nancy Wallace			
6. Oregon State	1:47.80	5/13/78	Bozeman, Mont.
Cathy Kvalve, Kit Jermain, Celena Schirmer, Linda Parmele			
7. OSU [team not ID'd]	1:48.89	3/8/80	Corvallis, Ore.
8. OSU [team not ID'd]	1:49.60	3/11/78	Corvallis, Ore.
9. OSU [team not ID'd]	1:51.50	5/12/79	Eugene, Ore.
10. OSU [team not ID'd]	1:51.86	5/8/81	Corvallis, Ore.

Track and Field Records and History

***BOLDED** indicates on current roster*

4x400m Relay

1. Oregon State	3:47.40	4/19/80	Pullman, Wash.
Kathy Costello, Regina Jordan, Colleen Gibson, Kathy Weston			
2. Oregon State	3:48.42	5/12/19	Tucson, Ariz.
Olinski, McNairy, Miller, Friedman			
3. Oregon State	3:49.16#	5/12/79	Eugene, Ore.
Nancy Wallace, Loa Mosby, Robin Blaine, Kathy Weston			
4. Oregon State	3:49.98	5/16/21	Los Angeles, Calif.
Adael Scatena, Rebecca Ledsham, Tarisa Olinski, Mari Friedman			
5. Oregon State	3:50.29	3/8/80	Corvallis, Ore.
Nancy Wallace, Robin Blaine, Regina Jordan, Kathy Weston			
6. Oregon State	3:50.82	4/28/18	Corvallis, Ore.
Kala Kopecek, Tarisa Olinski, Kim Solberg, Nicole Goecke			
7. Oregon State	3:51.05	5/15/16	Seattle, Wash.
Venessa D'Arpino, Kelsi Schaer, Juliana Mount, Kerissa D'Arpino			
8. Oregon State	3:51.12	5/13/18	Stanford, Calif.
Nicole Goecke, Kala Kopecek, Tarisa Olinski, Dakota Steen			
9. Oregon State	3:51.15#	5/3/80	Eugene, Ore.
Nancy Wallace, Regina Jordan, Colleen Gibson, Kathy Weston			
10. Oregon State	3:51.34	3/21/15	Corvallis, Ore.
Allie Church, Kelsi Schaer, Kerissa D'Arpino, Ahsha Mootz			
Oregon State	3:51.34	5/1/21	Corvallis, Ore.
Anneke Moersdorf, Claire Corbitt, Rebecca Ledsham, Mari Friedman			

4x800m Relay

1. Oregon State	8:53.51	4/12/80	Corvallis, Ore.
Kristin Trom, Kathy Costello, Cindy Greiner, Kathy Weston			
2. Oregon State	8:54.91	5/24/80	Eugene, Ore.
Kristin Trom, Cindy Greiner, Deborah Brizee, Kathy Weston			
3. Oregon State	8:59.91	3/8/80	Eugene, Ore.
Kristin Trom, Kathy Costello, Robin Blaine, Kathy Costello			
4. Oregon State	9:22.64	5/7/82	Missoula, Mont.
Sandy Nevis, Sally Lisac, Joanne Lahti, Luanne Park			
5. OSU [team not ID'd]	9:58.60	5/7/81	Corvallis, Ore.

4x880y Relay

1. Oregon State	8:42.90	5/26/79	East Lansing, Mich.
Robin Blaine, Kathy Costello, Kristin Trom, Kathy Weston			
2. Oregon State	8:53.20	5/9/80	Seattle, Wash.
Kristin Trom, Deborah Brizee, Cindy Greiner, Kathy Weston			
3. Oregon State	8:58.60	4/28-29/79	Seattle, Wash.
Kristin Trom, Loa Mosby, Robin Blaine, Kathy Weston			
4. Oregon State	12:44.80	4/11/76	Seattle, Wash.
J'Neanne Gregoire, Sandy Orr, Connie Macomber, Robin Baker			

High Jump

1. Joni Huntley	6' 2.75"	1/25/75	New Zealand Games
2. Carina Westover	6' 2"	4/14/84	Corvallis, Ore.
	6' 2"	4/21/84	Seattle, Wash.
	6' 2"	5/12/84	Pullman, Wash.
3. Kim Fenton	6' 0"	3/5/88	McMinnville, Ore.
4. Cindy Greiner	5' 11"	4/18/81	Seattle, Wash.
4. Sue Blake	5' 11"	5/27/82	Corvallis, Ore.
6. Sara Almen	5' 10"	5/3/13	Eugene, Ore.
	5' 10"	5/11/13	Los Angeles, Calif.
Ann Wingeleth	5' 10"	6/8/19	Austin, Texas
8. S. Harrigfeld Crowther	5' 9.75"	5/20/83	Eugene, Ore.
9. Emma Nelson	5' 7.75"	4/2/21	Eugene, Ore.
10. Ally Jackson	5' 7.25"	4/29/17	Corvallis, Ore.

Long Jump

1. Colleen Gibson	20' 1"	4/16/83	Seattle, Wash.
2. Ann Wingeleth	19' 11.5"	5/3/19	Portland, Ore.
3. Kara Hallock	19' 10.75"	5/13/17	Eugene, Ore.
4. Delaney Bahn	19' 10.25"	5/15/21	Los Angeles, Calif.
5. Saskia McNairy	19' 8.75"	5/12/19	Tucson, Ariz.
6. Joni Huntley	19' 6.25"	4/18/75	Gresham, Ore.
7. Jasmin McKenzie	19' 4.50"	4/23/16	Clovis, Calif.

8. Claire Corbitt	19' 4.25"	5/15/21	Los Angeles, Calif.
9. S. Harrigfeld Crowther	19' 0.25"	4/3/82	Corvallis, Ore.
10. Sylvia Green	18' 8.5"	4/4/81	Corvallis, Ore.

Triple Jump

1. Michele Turney	40' 0.75"	5/18/14	Pullman, Wash.
2. Anneke Moersdorf	39' 11.25"	4/2/21	Eugene, Ore.
3. Madison Lyon	39' 10.5"	3/13/21	Corvallis, Ore.
4. Bethany Imperial	39' 0.25"	4/23/16	Clovis, Calif.
5. Ann Wingeleth	38' 8.25"	4/7/21	San Diego, Calif.
6. Leah Richards	38' 5"	3/13/21	Corvallis, Ore.
7. Lucinda Howard	38' 3.5"	4/18/15	Eugene, Ore.
8. Emma Nelson	38' 0"	4/20/19	Long Beach, Calif.
9. Saskia McNairy	37' 10.50"	5/13/17	Eugene, Ore.
10. Madelayne Varela	37' 7.75"	3/18/17	Portland, Ore.

Pole Vault

1. Helen Ann Haun	12' 10.25"	5/14/17	Eugene, Ore.
1. Gillette Field	12' 10.25"	5/14/17	Eugene, Ore.
1. Annie Sidor	12' 10.25"	5/12/18	Stanford, Calif.
4. Tory Edwards	12' 6.25"	5/12/18	Stanford, Calif.
5. Audrey Bright	11' 3.75"	4/18/19	Azusa, Calif.

Shot Put

1. Keely McLaughlin	50' 4.75"	5/12/19	Tucson, Ariz.
2. Taylor Crockem	50' 2"	5/12/19	Tucson, Ariz.
3. Kam Johnson	50' 0.50"	4/14/84	Corvallis, Ore.
4. Jessica Molina	49' 4.25"	3/29/19	San Francisco, Calif.
5. Sydney Guthrie-Baker	47' 1"	3/29/19	San Francisco, Calif.
6. Terry Georgeson	45' 3"	5/9/81	Corvallis, Ore.
7. McKenzie Byrd	44' 9.75"	3/18/17	Portland, Ore.
8. Hannah Troutman	44' 6.75"	3/21/15	Corvallis, Ore.
9. Sarah Bryant	44' 2.50"	4/26/86	Seattle, Wash.
10. Rachel Picknell	43' 11.25"	5/2/14	Corvallis, Ore.

Discus

1. Melissa Ausman	176' 10.75"	4/30/16	Corvallis, Ore.
2. Rachel Picknell	164' 9"	4/22/17	Clovis, Calif.
3. Lindsay McShane	164' 6"	4/26/19	Corvallis, Ore.
4. Beth Nygren	155' 2"	5/7/88	Corvallis, Ore.
5. Lori Souza	154' 10"	3/26/88	Fresno, Calif.
6. Kam Johnson	153' 1"	4/12/86	Corvallis, Ore.
7. Michelle Cleland	151' 1"	4/18/81	Seattle, Wash.
8. Keely McLaughlin	149' 10"	3/16/19	Oregon City, Ore.
9. Monica Witt	149' 9"	4/2/83	Corvallis, Ore.
10. Caitlyn Marx	147' 7"	5/7/21	Eugene, Ore.

Hammer

1. Lindsay McShane	211' 6"	5/7/21	Eugene, Ore.
2. Sydney Guthrie-Baker	195' 7"	4/2/21	Eugene, Ore.
3. Jessica Molina	183' 11"	4/20/18	Long Beach, Calif.
4. Keely McLaughlin	181' 5"	3/30/19	San Francisco, Calif.
5. Haleigh Sudbeck	177' 5"	5/7/21	Eugene, Ore.
6. Rachel Picknell	173' 4.50"	4/29/16	Monmouth, Ore.
7. Melissa Ausman	163' 3.75"	3/18/16	Clackamas, Ore.
8. Caitlyn Marx	154' 10"	5/7/21	Eugene, Ore.
9. McKenzie Byrd	137' 7.50"	3/26/16	Salem, Ore.
10. Kayla Fleskes	130' 5.25"	4/11/14	Monmouth, Ore.

Javelin (new implement)

1. Destiny Dawson	171' 7"	6/7/18	Eugene, Ore.
2. Jordynn Slater	162' 6"	3/13/21	Corvallis, Ore.
3. Sara Sanders	157' 0"	5/27/21	College Station, TX.
4. Delaney Hall	156' 2"	4/20/18	Long Beach, Calif.
5. Kindel Bailey	154' 6"	3/23/19	Salem, Ore.
6. Jordynn Slater	154' 5"	4/26/19	Corvallis, Ore.
7. McKenzie Byrd	150' 9.25"	4/8/17	Tempe, Ariz.
8. Amber Peschka	146' 3"	4/28/18	Corvallis, Ore.

Track and Field Records and History

***BOLDED** indicates on current roster*

9. Mikayla Pivec	142' 3"	5/5/17	Eugene, Ore.
10. Christina MacDonald	140' 5"	5/10/14	McMinnville, Ore.

Javelin (old implement)

1. Connie Peterka	179' 8"	6/6/86	Indianapolis, Ind.
2. Teresa Cooper	172' 10"	4/18/81	Seattle, Wash.
3. Tonja Reigle	169' 9"	5/11/79	Eugene, Ore.
4. Julie Waage	163' 8"	4/4/87	Pullman, Wash.
5. Kristi Nygaard	154' 6.5"	4/3/82	Corvallis, Ore.
6. Michelle Cleland	153' 2"	4/4/81	Corvallis, Ore.
7. Kitsy Hall	153' 1"	4/7/79	Corvallis, Ore.
8. Monica Witt	152' 1.5"	4/5/86	Corvallis, Ore.
9. Karen Botts	141' 6"	4/12/73	Eugene, Ore.
10. Kathy Sanders	141' 4"	1985	--

Heptathlon

1. S. Harrigfeld Crowther	5,592	4/22-23/82	Walnut, Calif.
2. Kara Hallock	5,551	5/6-7/17	Corvallis, Ore.
3. Cindy Greiner	5,420	5/29-30/81	Austin, Texas
4. Saskia McNairy	5,379	5/4-5/19	Tucson, Ariz.
5. Meredith Howell	4,987	5/18-19/84	Fresno, Calif.
6. Claire Corbitt	4,976	5/14-15/21	Los Angeles, Calif.
7. Anneke Moersdorf	4,891	5/14-15/21	Los Angeles, Calif.
8. Judy Sommer	4,762	5/7-8/81	Corvallis, Ore.
9. Maddie McHone	4,489	4/8-9/21	Los Angeles, Calif.
10. Marie Morkved	4,232	5/16-17/88	Los Angeles, Calif.

Women's Indoor Top-10 Marks

60 Meters

1. Venessa D'Arpino	7.55	2/24/17	Seattle, Wash.
2. Kerissa D'Arpino	7.57	2/24/17	Seattle, Wash.
3. Patty Frost	7.63	1/14/79	Seattle, Wash.
4. Allie Church	7.71	1/18/14	Seattle, Wash.
5. Lauren Miller	7.84	2/22/19	Seattle, Wash.
6. Robin Richards	7.85	1/29/77	Portland, Ore.
7. Sue George	7.94	1/27/73	Portland, Ore.
8. Asa Pennington	7.95	1/31/81	Portland, Ore.
10. Marin Zaccheo	8.04	2/23/18	Seattle, Wash.

200 Meters

1. Kerissa D'Arpino	24.65	2/24/17	Seattle, Wash.
2. Venessa D'Arpino	24.67	2/10/17	Seattle, Wash.
3. Lauren Miller	25.14	1/26/19	Seattle, Wash.
4. Allie Church	25.31	1/31/14	Seattle, Wash.
5. Saskia McNairy	25.41	2/8/19	Albuquerque, N.M.
5. Ahsha Mootz	25.50	1/17/15	Seattle, Wash.
6. Jenna Stark	25.60	2/6/88	Moscow, Idaho
7. Devin Collins	25.61	1/27/17	Seattle, Wash.
8. Taylor Weidinger	25.79	2/14/20	Seattle, Wash.
9. Tarisa Olinski	25.96	2/8/19	Albuquerque, N.M.
10. Asa Pennington	26.05	1980	Oregon Indoor.

400 Meters

1. Venessa D'Arpino	55.60	2/28/15	Seattle, Wash.
2. Kathy Weston	55.68	2/11/79	Seattle, Wash.
3. Tarisa Olinski	56.70	2/29/20	Seattle, Wash.
4. Kerissa D'Arpino	56.81	2/13/16	Seattle, Wash.
5. Kathy Weston	56.90	2/11/79	Seattle, Wash.
6. Allie Church	58.05	2/1/14	Seattle, Wash.
7. Taylor Weidinger	58.51	2/1/20	Seattle, Wash.
8. Paige Sefried	58.57	2/1/20	Seattle, Wash.
Ahsha Mootz	58.57	2/28/15	Seattle, Wash.
9. Rosie Williams	58.60	2/21/88	Seattle, Wash.
10. Dakota Steen	58.64	2/9-10/18	Seattle, Wash.

800 Meters

1. Kathy Weston	2:08.65	1/6/79	Long Beach, Calif.
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2. Nicole Goecke	2:10.14	2/24/18	Seattle, Wash.
3. Rebecca Ledsham	2:10.62	2/23/19	Seattle, Wash.
4. Mari Friedman	2:11.45	2/23/19	Seattle, Wash.
5. Kelsi Schaer	2:12.89	2/14/15	Seattle, Wash.
6. Kala Kopecek	2:13.96	2/9-10/18	Seattle, Wash.
7. Gwyneth McMorris	2:15.12	2/25/17	Seattle, Wash.
8. Juliana Mount	2:15.25	2/4/16	Portland, Ore.
9. Morgan Anderson	2:15.26	2/4/16	Portland, Ore.
10. Maureen Tremblay	2:16.20	1/30/16	Seattle, Wash.

1,000 Meters

1. Kathy Weston	2:31.70	1980	Oregon Indoor
2. Nicole Goecke	2:55.03	1/17/15	Seattle, Wash.
3. Sam McKinnon	2:58.15	1/17/15	Seattle, Wash.

Mile

1. Laura Carlyle	4:37.57	3/3/12	Seattle, Wash.
2. Morgan Anderson	4:47.32	2/14/15	Seattle, Wash.
3. Casey Masterson	4:51.87	2/14/09	Seattle, Wash.
4. Meagen Lowe	4:52.00	1/31/20	Seattle, Wash.
5. Juliana Mount	4:52.31	2/27/16	Seattle, Wash.
6. Mari Friedman	4:53.84	2/8/19	Seattle, Wash.
7. Lexi Reed	4:54.08	2/8/19	Seattle, Wash.
8. Holly Cavalluzzo	4:54.91	2/13/16	Seattle, Wash.
9. Grace Fetherstonhaugh	4:54.94	2/8/19	Seattle, Wash.
10. Sam McKinnon	4:55.59	2/14/15	Seattle, Wash.

3,000 Meters

1. Juliana Mount	9:23.36	1/26/19	Seattle, Wash.
2. Grace Fetherstonhaugh	9:30.07	1/26/19	Seattle, Wash.
3. Meagen Lowe	9:31.02	2/29/20	Seattle, Wash.
4. Briggette Takeuchi	9:33.89	2/8/19	Seattle, Wash.
5. Lexi Reed	9:34.41	2/23/19	Seattle, Wash.
6. Laura Carlyle	9:35.99	3/5/11	Seattle, Wash.
7. Kinsey Gomez	9:37.79	3/2/13	Seattle, Wash.
8. Alyssa Foote	9:39.00	2/14/20	Seattle, Wash.
9. Haley Wolf	9:39.47	2/23/19	Seattle, Wash.
10. Audrey Lookner	9:40.10	2/8/19	Seattle, Wash.

5,000 Meters

1. Grace Fetherstonhaugh	16:00.93	2/12/21	Ames, Iowa
2. Kaylee Mitchell	16:12.32	2/12/21	Ames, Iowa
3. Grace Fetherstonhaugh	16:22.03	3/13/21	Fayetteville, Ark.
4. Alyssa Foote	16:37.74	2/29/20	Seattle, Wash.
5. Greta Van Calcar	16:46.75	1/26/19	Seattle, Wash.
6. Holly Cavalluzzo	16:53.07	2/23/18	Seattle, Wash.
7. Colette Richter	16:59.87	2/23/18	Seattle, Wash.
8. Meagen Lowe	17:00.37	2/12/21	Ames, Iowa
9. Briggette Takeuchi	17:02.11	2/22/19	Seattle, Wash.
10. Gabby Peterson	17:03.60	2/29/20	Seattle, Wash.

60m Hurdles

1. Cathy Kvavle	8.40	2/11/79	Seattle, Wash.
2. Carina Westover	8.45	1/31/81	Portland, Ore.
3. Kari Weston	8.58	1/26/85	Eugene, Ore.
4. Jenna Stark	8.59	2/28/88	Cheney, Wash.
5. Devin Collins	8.60	2/27/16	Seattle, Wash.
6. Kara Hallock	8.63	2/27/16	Seattle, Wash.
7. Jenna Stark	8.82	1/26/85	Eugene, Ore.
Vicki Anderson	8.82	1/26/85	Eugene, Ore.
8. Claire Corbitt	8.96	2/29/20	Seattle, Wash.
Cindy Greiner	8.96	1/30/82	Portland, Ore.
10. Saskia McNairy	9.17	2/22/19	Seattle, Wash.

Mile Relay

1. Oregon State	4:00.66	2/11/79	Seattle, Wash.
Nancy Wallace, Lori Brown, Loa Mosby, Kathy Weston			
2. OSU [team not ID'd]	4:07.9	2/21/88	Seattle, Wash.
3. Oregon State	4:11.71	1/14/79	Seattle, Wash.

Track and Field Records and History

***BOLDED** indicates on current roster*

Patty Frost, Lorrie Brown, Cathy Cochrane, Cathy Costello
 4. Oregon State 4:12.66 1/14/79 Seattle, Wash.
 Carolyn Tidball, Loa Mosby, Kristin Trom, Sonya Harrigfeld
 5. OSU [team not ID'd] 4:22.00 1/30/82 Portland, Ore.

1,600m Relay

1. Oregon State 3:49.88 2/23/19 Seattle, Wash.
 Lauren Miller, Tarisa Olinski, Saskia McNairy, Mari Friedman
 2. Oregon State 3:49.98 2/28/15 Seattle, Wash.
 Venessa D'Arpino, Ahsha Mootz, Kelsi Schaer, Kerissa D'Arpino
 3. Oregon State 3:50.92 2/27/16 Seattle, Wash.
 Kerissa D'Arpino, Kara Hallock, Venessa D'Arpino, Devin Collins
 4. Oregon State 3:51.24 2/29/20 San Francisco, Calif.
 Tarisa Olinski, Taylor Weidinger, Lauren Miller, Rebecca Ledsham
 5. Oregon State 3:51.40 2/4/16 Portland, Ore.
 Kerissa D'Arpino, Venessa D'Arpino, Ahsha Mootz, Devin Collins
 6. Oregon State 3:52.94 2/1/20 Seattle, Wash.
 Taylor Weidinger, Tarisa Olinski, Lauren Miller, Paige Sefried
 7. Oregon State 3:54.56 1/26/19 Seattle, Wash.
 Lauren Miller, Tarisa Olinski, Saskia McNairy, Rachel Krill
 8. Oregon State 3:54.88 1/18/20 Seattle, Wash.
 Tarisa Olinski, Lauren Miller, Paige Sefried, Taylor Weidinger
 9. Oregon State 4:01.15 2/1/20 Seattle, Wash.
 Nyah Songster, Rebecca Ledsham, Claire Corbitt, Maddie McHone
 10. Oregon State 4:01.85 1/12/19 Seattle, Wash.
 Tarisa Olinski, Rebecca Ledsham, Rachel Krill, Maddie Fuhrman

3,200m Relay

1. Oregon State 9:22.54 1/17/15 Seattle, Wash.
 Nicole Goecke, Sam McKinnon, Morgan Anderson, Macauley Wilson

4,000 Distance Medley Relay (1200, 400, 800, 1600)

1. Oregon State 11:24.59 2/24/17 Seattle, Wash.
 Juliana Mount, Kerissa D'Arpino, Gwyneth McMorris, Morgan Anderson
 2. Oregon State 11:28.64 2/22/19 Seattle, Wash.
 Mari Friedman, Tarisa Olinski, Rebecca Ledsham, Lexi Reed
 2. Oregon State 11:32.53 2/27/15 Seattle, Wash.
 Sam McKinnon, Venessa D'Arpino, Kelsi Schaer, Morgan Anderson
 3. Oregon State 11:36.94 2/26/16 Seattle, Wash.
 Juliana Mount, Devin Collins, Kelsi Schaer, Morgan Anderson
 4. Oregon State 11:47.98 1/30/15 Seattle, Wash.
 Sam McKinnon, Macauley Wilson, Kelsi Schaer, Morgan Anderson
 5. Oregon State 11:55.20 2/23/18 Seattle, Wash.
 Nicole Goecke, Dakota Steen, Kala Kopecek, Kristiane Width

High Jump

1. Joni Huntley 6' 2.5" 3/3/75 Richmond, Va.
 2. Carina Westover 6' 0.5" 3/9-10/84 Syracuse, N.Y.
 3. S. Harrigfeld Crowther 6' 0" 2/20/82 Canyon City, Texas
 4. Sara Almen 5' 11.25" 3/2/13 Seattle, Wash.
 5. Cindy Greiner 5' 11" 1/30/82 Portland, Ore.
6. Ann Wingeleth 5' 9.25" 1/12/19 Seattle, Wash.
 7. Kim Fenton 5' 7.25" 2/6/88 Moscow, Idaho
 T8. Sue Blake 5' 7" 2/11/79 Seattle, Wash.
 T8. Kerrie Anderson 5' 7" 1982 --
 T8. Karma Groth 5' 7" 1987 --

Long Jump

1. Ann Wingeleth 19' 7" 2/22/20 Newberg, Ore.
2. Ann Wingeleth 19' 6" 2/22/19 Seattle, Wash.
 3. Jasmin McKenzie 19' 3.25" 2/26/16 Seattle, Wash.
 4. Kara Hallock 18' 11.75" 2/26/16 Seattle, Wash.
 5. Saskia McNairy 18' 9.75" 2/8/19 Albuquerque, N.M.
 6. Lucinda Howard 18' 9.25" 1/30/16 Seattle, Wash.
 7. Colleen Gibson 18' 1.25" 2/18/84 Portland, Ore.

Triple Jump

1. Lucinda Howard 38' 8.75" 2/27/16 Seattle, Wash.

2. Michele Turney 38' 6.25" 1/31/15 Seattle, Wash.
 3. Bethany Imperial 38' 6" 2/27/16 Seattle, Wash.
 4. Madelayne Varela 38' 6" 2/11/17 Seattle, Wash.
5. Anneke Moersdorf 38' 4.75" 2/14/20 Seattle, Wash.

Pole Vault

1. Gillette Field 12' 10.75" 1/27/18 Seattle, Wash.
 2. Tory Edwards 12' 2" 1/25/19 Seattle, Wash.
 3. Helen Ann Haun 12' 1.50" 2/5/16 Portland, Ore.
 4. Annie Sidor 11' 10.75" 1/27/18 Seattle, Wash.
 5. Audrey Bright 10' 10" 1/12/19 Seattle, Wash.
 6. Ryleigh Crenshaw 10' 5.25" 1/27/18 Seattle, Wash.

Shot Put

1. Kam Johnson 48' 7" 2/15/86 Portland, Ore.
2. Keely McLaughlin 48' 4.5" 2/23/19 Seattle, Wash.
3. Taylor Crockem 46' 10.75" 2/29/20 Seattle, Wash.
 4. Jessica Molina 46' 6.25" 2/23/19 Seattle, Wash.
5. Sydney Guthrie-Baker 46' 2.5" 2/23/19 Seattle, Wash.
 6. Jean Melson 43' 3.5" 1/26/78 Portland, Ore.
 7. Beth Nygren 42' 11" 2/5/88 Eugene, Ore.
 8. Hannah Troutman 42' 4.25" 2/28/15 Seattle, Wash.
 9. Rachel Picknell 42' 2" 2/1/14 Seattle, Wash.
 10. Beth Smith 41' 4" 1/29/72 Portland, Ore.

Weight Throw

1. Lindsay McShane 56' 4" 2/8/19 Albuquerque, N.M.
2. Keely McLaughlin 54' 9.56" 2/22/19 Seattle, Wash.
 3. Melissa Ausman 53' 11.25" 1/29/16 Seattle, Wash.
4. Sydney Guthrie-Baker 51' 11.75" 2/14/20 Seattle, Wash.
 5. Rachel Picknell 51' 5.75" 2/26/16 Seattle, Wash.
 6. Jessica Molina 50' 8.25" 2/22/19 Seattle, Wash.

Pentathlon

1. S. Harrigfeld Crowther 4,088 2/20/82 Canyon City, Texas
 2. Kara Hallock 3,914 2/24/17 Seattle, Wash.
 3. Saskia McNairy 3,668 2/22/19 Seattle, Wash.
4. Claire Corbitt 3,364 2/29/20 Seattle, Wash.

% = converted to FAT timing
 # - converted from yards

Women's Indoor Top Performers

60 Meters

1. Venessa D'Arpino 7.55 2/24/17 Seattle, Wash.
 2. Kerissa D'Arpino 7.57 2/24/17 Seattle, Wash.
 3. Patty Frost 7.63 1/14/79 Seattle, Wash.
 4. Allie Church 7.71 1/18/14 Seattle, Wash.
 5. Lauren Miller 7.84 2/22/19 Seattle, Wash.
 6. Robin Richards 7.85 1/29/77 Portland, Ore.
 7. Sue George 7.94 1/27/73 Portland, Ore.
 8. Asa Pennington 7.95 1/31/81 Portland, Ore.
 10. Marin Zaccheo 8.04 2/23/18 Seattle, Wash.

200 Meters

1. Kerissa D'Arpino 24.65 2/24/17 Seattle, Wash.
 2. Venessa D'Arpino 24.67 2/10/17 Seattle, Wash.
 3. Lauren Miller 25.14 1/26/19 Seattle, Wash.
 4. Allie Church 25.31 1/31/14 Seattle, Wash.
 5. Saskia McNairy 25.41 2/8/19 Albuquerque, N.M.
 5. Ahsha Mootz 25.50 1/17/15 Seattle, Wash.
 6. Jenna Stark 25.60 2/6/88 Moscow, Idaho
 7. Devin Collins 25.61 1/27/17 Seattle, Wash.
8. Taylor Weidinger 25.79 2/14/20 Seattle, Wash.
9. Tarisa Olinski 25.96 2/8/19 Albuquerque, N.M.
 10. Asa Pennington 26.05 1980 Oregon Indoor.

400 Meters

1. Venessa D'Arpino 55.60 2/28/15 Seattle, Wash.

Track and Field Records and History

***BOLDED** indicates on current roster*

2. Kathy Weston	55.68	2/11/79	Seattle, Wash.
3. Tarisa Olinski	56.70	2/29/20	Seattle, Wash.
4. Kerissa D'Arpino	56.81	2/13/16	Seattle, Wash.
5. Kathy Weston	56.90	2/11/79	Seattle, Wash.
6. Allie Church	58.05	2/1/14	Seattle, Wash.
7. Taylor Weidinger	58.51	2/1/20	Seattle, Wash.
8. Paige Sefried	58.57	2/1/20	Seattle, Wash.
Ahsha Mootz	58.57	2/28/15	Seattle, Wash.
9. Rosie Williams	58.60	2/21/88	Seattle, Wash.
10. Dakota Steen	58.64	2/9-10/18	Seattle, Wash.

800 Meters

1. Kathy Weston	2:08.65	1/6/79	Long Beach, Calif.
2. Nicole Goecke	2:10.14	2/24/18	Seattle, Wash.
3. Rebecca Ledsham	2:10.62	2/23/19	Seattle, Wash.
4. Mari Friedman	2:11.45	2/23/19	Seattle, Wash.
5. Kelsi Schaer	2:12.89	2/14/15	Seattle, Wash.
6. Kala Kopecek	2:13.96	2/9-10/18	Seattle, Wash.
7. Gwyneth McMorris	2:15.12	2/25/17	Seattle, Wash.
8. Juliana Mount	2:15.25	2/4/16	Portland, Ore.
9. Morgan Anderson	2:15.26	2/4/16	Portland, Ore.
10. Maureen Tremblay	2:16.20	1/30/16	Seattle, Wash.

1,000 Meters

1. Kathy Weston	2:31.70	1980	Oregon Indoor
2. Nicole Goecke	2:55.03	1/17/15	Seattle, Wash.
3. Sam McKinnon	2:58.15	1/17/15	Seattle, Wash.

Mile

1. Laura Carlyle	4:37.57	3/3/12	Seattle, Wash.
2. Morgan Anderson	4:47.32	2/14/15	Seattle, Wash.
3 Casey Masterson	4:51.87	2/14/09	Seattle, Wash.
4. Meagen Lowe	4:52.00	1/31/20	Seattle, Wash.
5. Juliana Mount	4:52.31	2/27/16	Seattle, Wash.
6. Mari Friedman	4:53.84	2/8/19	Seattle, Wash.
7. Lexi Reed	4:54.08	2/8/19	Seattle, Wash.
8. Holly Cavalluzzo	4:54.91	2/13/16	Seattle, Wash.
9. Grace Fetherstonhaugh	4:54.94	2/8/19	Seattle, Wash.
10. Sam McKinnon	4:55.59	2/14/15	Seattle, Wash.

3,000 Meters

1. Juliana Mount	9:23.36	1/26/19	Seattle, Wash.
2. Grace Fetherstonhaugh	9:30.07	1/26/19	Seattle, Wash.
3. Meagen Lowe	9:31.02	2/29/20	Seattle, Wash.
4. Brigitte Takeuchi	9:33.89	2/8/19	Seattle, Wash.
5. Lexi Reed	9:34.41	2/23/19	Seattle, Wash.
6. Laura Carlyle	9:35.99	3/5/11	Seattle, Wash.
7. Kinsey Gomez	9:37.79	3/2/13	Seattle, Wash.
8. Alyssa Foote	9:39.00	2/14/20	Seattle, Wash.
9. Haley Wolf	9:39.47	2/23/19	Seattle, Wash.
10. Audrey Lookner	9:40.10	2/8/19	Seattle, Wash.

5,000 Meters

1. Grace Fetherstonhaugh	16:00.93	2/12/21	Ames, Iowa
2. Kaylee Mitchell	16:12.32	2/12/21	Ames, Iowa
3. Alyssa Foote	16:37.74	2/29/20	Seattle, Wash.
4. Greta Van Calcar	16:46.75	1/26/19	Seattle, Wash.
5. Holly Cavalluzzo	16:53.07	2/23/18	Seattle, Wash.
6. Colette Richter	16:59.87	2/23/18	Seattle, Wash.
7. Meagen Lowe	17:00.37	2/12/21	Ames, Iowa
8. Brigitte Takeuchi	17:02.11	2/22/19	Seattle, Wash.
9. Gabby Peterson	17:03.60	2/29/20	Seattle, Wash.
10. Haley Wolf	17:23.69	2/22/19	Seattle, Wash.

60m Hurdles

1. Cathy Kvavle	8.40	2/11/79	Seattle, Wash.
2. Carina Westover	8.45	1/31/81	Portland, Ore.

3. Kari Weston	8.58	1/26/85	Eugene, Ore.
4. Jenna Stark	8.59	2/28/88	Cheney, Wash.
5. Devin Collins	8.60	2/27/16	Seattle, Wash.
6. Kara Hallock	8.63	2/27/16	Seattle, Wash.
7. Jenna Stark	8.82	1/26/85	Eugene, Ore.
Vicki Anderson	8.82	1/26/85	Euegene, Ore.
8. Claire Corbitt	8.96	2/29/20	Seattle, Wash.
Cindy Greiner	8.96	1/30/82	Portland, Ore.
10. Saskia McNairy	9.17	2/22/19	Seattle, Wash.

Mile Relay

1. Oregon State	4:00.66	2/11/79	Seattle, Wash.
Nancy Wallace, Lori Brown, Loa Mosby, Kathy Weston			
2. OSU [team not ID'd]	4:07.9	2/21/88	Seattle, Wash.
3. Oregon State	4:11.71	1/14/79	Seattle, Wash.
Patty Frost, Lorrie Brown, Cathy Cochrane, Cathy Costello			
4. Oregon State	4:12.66	1/14/79	Seattle, Wash.
Carolyn Tidball, Loa Mosby, Kristin Trom, Sonya Harrigfeld			
5. OSU [team not ID'd]	4:22.00	1/30/82	Portland, Ore.

1,600 Relay

1. Oregon State	3:49.88	2/23/19	Seattle, Wash.
Lauren Miller, Tarisa Olinski, Saskia McNairy, Mari Friedman			
2. Oregon State	3:49.98	2/28/15	Seattle, Wash.
Venessa D'Arpino, Ahsha Mootz, Kelsi Schaer, Kerissa D'Arpino			
3. Oregon State	3:50.92	2/27/16	Seattle, Wash.
Kerissa D'Arpino, Kara Hallock, Venessa D'Arpino, Devin Collins			
4. Oregon State	3:51.24	2/29/20	
Tarisa Olinski, Taylor Weidinger, Lauren Miller, Rebecca Ledsham			
5. Oregon State	3:51.40	2/4/16	Portland, Ore.
Kerissa D'Arpino, Venessa D'Arpino, Ahsha Mootz, Devin Collins			
6. Oregon State	3:52.94	2/1/20	Seattle, Wash.
Taylor Weidinger, Tarisa Olinski, Lauren Miller, Paige Sefried			
7. Oregon State	3:54.56	1/26/19	Seattle, Wash.
Lauren Miller, Tarisa Olinski, Saskia McNairy, Rachel Krill			
8. Oregon State	3:54.88	1/18/20	Seattle, Wash.
Tarisa Olinski, Lauren Miller, Paige Sefried, Taylor Weidinger			
9. Oregon State	4:01.15	2/1/20	Seattle, Wash.
Nyah Songster, Rebecca Ledsham, Claire Corbitt, Maddie McHone			
10. Oregon State	4:01.85	1/12/19	Seattle, Wash.
Tarisa Olinski, Rebecca Ledsham, Rachel Krill, Maddie Fuhrman			

3,200 Relay

1. Oregon State	9:22.54	1/17/15	Seattle, Wash.
Nicole Goecke, Sam McKinnon, Morgan Anderson, Macauley Wilson			

4,000 Distance Medley Relay (1200, 400, 800, 1600)

1. Oregon State	11:24.59	2/24/17	Seattle, Wash.
Juliana Mount, Kerissa D'Arpino, Gwyneth McMorris, Morgan Anderson			
2. Oregon State	11:28.64	2/22/19	Seattle, Wash.
Mari Friedman, Tarisa Olinski, Rebecca Ledsham, Lexi Reed			
2. Oregon State	11:32.53	2/27/15	Seattle, Wash.
Sam McKinnon, Venessa D'Arpino, Kelsi Schaer, Morgan Anderson			
3. Oregon State	11:36.94	2/26/16	Seattle, Wash.
Juliana Mount, Devin Collins, Kelsi Schaer, Morgan Anderson			
4. Oregon State	11:47.98	1/30/15	Seattle, Wash.
Sam McKinnon, Macauley Wilson, Kelsi Schaer, Morgan Anderson.			
5. Oregon State	11:55.20	2/23/18	Seattle, Wash.
Nicole Goecke, Dakota Steen, Kala Kopecek, Kristiane Width			

High Jump

1. Joni Huntley	6' 2.5"	3/3/75	Richmond, Va.
2. Carina Westover	6' 0.5"	3/9-10/84	Syracuse, N.Y.
3. S. Harrigfeld Crowther	6' 0"	2/20/82	Canyon City, Texas
4. Sara Almen	5' 11.25"	3/2/13	Seattle, Wash.
5. Cindy Greiner	5' 11"	1/30/82	Portland, Ore.
6. Ann Wingeleth	5' 9.25"	1/12/19	Seattle, Wash.
7. Kim Fenton	5' 7.25"	2/6/88	Moscow, Idaho
T8. Sue Blake	5' 7"	2/11/79	Seattle, Wash.
T8. Kerrie Anderson	5' 7"	1982	--

Track and Field Records and History

***BOLDED** indicates on current roster*

T8. Karma Groth 5' 7" 1987 --

Long Jump

1. Ann Wingeleth	19' 7"	2/22/20	Newberg, Ore.
2. Jasmin McKenzie	19' 3.25"	2/26/16	Seattle, Wash.
3. Kara Hallock	18' 11.75"	2/26/16	Seattle, Wash.
4. Saskia McNairy	18' 9.75"	2/8/19	Albuquerque, N.M.
5. Lucinda Howard	18' 9.25"	1/30/16	Seattle, Wash.
6. Colleen Gibson	18' 1.25"	2/18/84	Portland, Ore.

Triple Jump

1. Lucinda Howard	38' 8.75"	2/27/16	Seattle, Wash.
2. Michele Turney	38' 6.25"	1/31/15	Seattle, Wash.
3. Bethany Imperial	38' 6"	2/27/16	Seattle, Wash.
4. Madelayne Varela	38' 6"	2/11/17	Seattle, Wash.
5. Anneke Moersdorf	38' 4.75"	2/14/20	Seattle, Wash.

Pole Vault

1. Gillette Field	12' 10.75"	1/27/18	Seattle, Wash.
2. Tory Edwards	12' 2"	1/25/19	Seattle, Wash.
3. Helen Ann Haun	12' 1.50"	2/5/16	Portland, Ore.
4. Annie Sidor	11' 10.75"	1/27/18	Seattle, Wash.
5. Audrey Bright	10' 10"	1/12/19	Seattle, Wash.
6. Ryleigh Crenshaw	10' 5.25"	1/27/18	Seattle, Wash.

Shot Put

1. Kam Johnson	48' 7"	2/15/86	Portland, Ore.
2. Keely McLaughlin	48' 4.5"	2/23/19	Seattle, Wash.
3. Taylor Crockem	46' 10.75"	2/29/20	Seattle, Wash.
4. Jessica Molina	46' 6.25"	2/23/19	Seattle, Wash.
5. Sydney Guthrie-Baker	46' 2.5"	2/23/19	Seattle, Wash.
6. Jean Melson	43' 3.5"	1/26/78	Portland, Ore.
7. Beth Nygren	42' 11"	2/5/88	Eugene, Ore.
8. Hannah Troutman	42' 4.25"	2/28/15	Seattle, Wash.
9. Rachel Picknell	42' 2"	2/1/14	Seattle, Wash.
10. Beth Smith	41' 4"	1/29/72	Portland, Ore.

Weight Throw

1. Lindsay McShane	56' 4"	2/8/19	Albuquerque, N.M.
2. Keely McLaughlin	54' 9.56"	2/22/19	Seattle, Wash.
3. Melissa Ausman	53' 11.25"	1/29/16	Seattle, Wash.
4. Sydney Guthrie-Baker	51' 11.75"	2/14/20	Seattle, Wash.
5. Rachel Picknell	51' 5.75"	2/26/16	Seattle, Wash.
6. Jessica Molina	50' 8.25"	2/22/19	Seattle, Wash.

Pentathlon

1. S. Harrigfeld Crowther	4,088	2/20/82	Canyon City, Texas
2. Kara Hallock	3,914	2/24/17	Seattle, Wash.
3. Saskia McNairy	3,668	2/22/19	Seattle, Wash.
4. Claire Corbitt	3,364	2/29/20	Seattle, Wash.

% = converted to FAT timing

- converted from yard

Program History

Conference Championship Team Results (Pac-10: 1987-2011; Pac-12: 2012-Present)

Place	Team Points	Year	Location
10	5.5	1987	Corvallis, Ore.
10	4	1988	Los Angeles, Calif.
10	0	2005	Los Angeles, Calif.
10	4	2006	Eugene, Ore.
10	0	2007	Stanford, Calif.
10	0	2008	Tempe, Ariz.
10	0	2009	Eugene, Ore.
10	0	2010	Berkeley, Calif.
10	12	2011	Tucson, Ariz.
12	3	2012	Eugene, Ore.
12	6	2013	Los Angeles, Calif.
12	2	2014	Pullman, Wash.
11	6	2015	Los Angeles, Calif.
11	23.5	2016	Seattle, Wash.
11	21.5	2017	Eugene, Ore.
11	17	2018	Stanford, Calif.
11	23	2019	Tucson Ariz.
Canceled	--	2020	Corvallis/Eugene, Ore.
10	21	2021	Los Angeles, Calif.

Pac-12 All-Academic Team Honors (48)

Kelsi Schaer	First Team	2016
Kira Kelly	First Team	2016
Ally Jackson	First Team	2016
Kayla Fleskes	First Team	2016
Emily Weber	First Team	2016
Samantha Lewis	First Team	2016
Morgan Anderson	Second Team	2016
Jessica Lautenbach	Second Team	2016
Michele Turney	Second Team	2016
Sara Almen	Honorable Mention	2016
Holly Cavalluzzo	Honorable Mention	2016
Kerissa D'Arpino	Honorable Mention	2016
Helen Ann Haun	Honorable Mention	2016
Amy Hilger	Honorable Mention	2016
Lucinda Howard	Honorable Mention	2016
Bethany Imperial	Honorable Mention	2016
Kala Kopecek	Honorable Mention	2016
Jasmin McKenzie	Honorable Mention	2016
Ahsha Mootz	Honorable Mention	2016
Amber Peschka	Honorable Mention	2016
Annie Sidor	Honorable Mention	2016
Dakota Steen	Honorable Mention	2016
Alba Villaronga	Honorable Mention	2016
Kristiane Width	Honorable Mention	2016
Lindsay McShane	First Team	2018
Gwyneth McMorris	Second Team	2018
Holly Cavalluzzo	Honorable Mention	2018
Amy Hilger	Honorable Mention	2018
Kala Kopecek	Honorable Mention	2018
Annie Sidor	Honorable Mention	2018
Nicole Goecke	Honorable Mention	2018
Delaney Hall	Honorable Mention	2018
Saskia McNairy	Honorable Mention	2018
Kim Solberg	Honorable Mention	2018
Dakota Steen	Honorable Mention	2018
Alba Villaronga	Honorable Mention	2018
McKenzie Allison	Honorable Mention	2018
Tory Edwards	Honorable Mention	2018
Tarisa Olinski	Honorable Mention	2018
Lindsay McShane	First Team	2019
Colette Richter	First Team	2019
Ann Wingeleth	Second Team	2019
Saskia McNairy	Honorable Mention	2019
Tory Edwards	Honorable Mention	2019

Track and Field Records and History

Claire Corbitt	Honorable Mention	2019
Rebecca Ledsham	Honorable Mention	2019
Jessica Molina	Honorable Mention	2019
Keely McLaughlin	Honorable Mention	2019

Pac-12 Academic Honor Roll (18)

Batya Beard	2020
Claire Corbitt	2020
Grace Fetherstonhaugh	2020
Alyssa Foote	2020
Mari Friedman	2020
Maddie Fuhrman	2020
Alexa Harris	2020
Rebecca Ledsham	2020
Audrey Lookner	2020
Lindsay McShane	2020
Lauren Miller	2020
Juliana Mount	2020
Tarisa Olinski	2020
Lexi Reed	2020
Emily Showers	2020
Greta Van Calcar	2020
Ann Wingeleth	2020
Haley Wolf	2020

MPSF All-Academic Honorees (57)

Morgan Anderson	2016
Kira Kelly	2016
Kelsi Schaer	2016
Maureen Tremblay	2016
Sara Almen	2016
Kara Hallock	2016
Helen Ann Haun	2016
Lucinda Howard	2016
Bethany Imperial	2016
Ally Jackson	2016
Jessica Lautenbach	2016
Michele Turney	2016
Holly Cavalluzzo	2016
Kala Kopecek	2016
Ahsha Mootz	2016
Annie Sidor	2016
Kerissa D'Arpino	2016
Amy Hilger	2016
Jasmin McKenzie	2016
Morgan Anderson	2017
Rachel Proteau	2017
Madelayne Varela	2017
Kara Hallock	2017
Helen Ann Haun	2017
Ally Jackson	2017
Kerissa D'Arpino	2017
Venessa D'Arpino	2017
Amy Hilger	2017
Samantha Lewis	2017
Gwyneth McMorris	2017
Kim Solberg	2017
Jasmin McKenzie	2017
Gillette Field	2017
Juliana Mount	2017
Lexi Reed	2017
Kala Kopecek	2018
Holly Cavalluzzo	2018
Amy Hilger	2018
Gwyneth McMorris	2018
Annie Sidor	2018
Saskia McNairy	2018
Dakota Steen	2018
Kim Solberg	2018
Nicole Goecke	2018

Gillette Field	2018
Marin Zaccheo	2018
Tarisa Olinski	2018
Ryleigh Crenshaw	2018
Lindsay McShane	2018
Saskia McNairy	2019
Lindsay McShane	2019
Tarisa Olinski	2019
Ann Wingeleth	2019
Claire Corbitt	2019
Rebecca Ledsham	2019
Lexi Reed	2019
Brigette Takeuchi	2019

USTFCCCA All-Academic Team Honorees

Morgan Anderson	2016
Nicole Goecke	2018
Delaney Hall	2018
Saskia McNairy	2018
Juliana Mount	2018
Colette Richter	2018
Kristiane Width	2018

1A FAR Academic Excellence Award Honorees

Gillette Field	2020
Ann Wingeleth	2020

Pac-12 Hall of Honor

Joni Huntley	Class of 2020
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Pac-12 Conference All-Century Team

Joni Huntley	2016
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Women's Individual Honors

DGWS/AIAW/NCAA National Champions

1975 (AIAW)	Joni Huntley	High Jump	6' 0.25" (MR)
1975 (AIAW)	Joni Huntley	Long Jump	19' 3.25"
1979 (AIAW)	Robin Blaine	Two-Mile Relay	8:42.90
	Kathy Costello		
	Kris Trom		
	Kathy Weston		

AIAW/NCAA National Point Scorers (Indoor)

1984 (NCAA)	Carina Westover	6th;High Jump	5' 9"
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DGWS/AIAW/NCAA National Point Scorers (Outdoor)

1971 (DGWS)	Linda Petermen	Winter 3rd;High Jump	5' 0"
1971 (DGWS)	Cindy Lea Arbelbide	4th;880y	2:22.70
1971 (DGWS)	Maryrae Evans	5th;440y	1:00.40
1971 (DGWS)	Gay Berry	5th;440y Relay	51.30
	Sue Lonsford		
	Jeri Nored		
	Peggy Robinson		
1971 (DGWS)	Jeri Nored	6th;Long Jump	17' 4"
1971 (DGWS)	Karen Botts	6th;Discus	123' 1"
1972 (DGWS)	Jeri Nored	3rd;440y Relay	50.20
	Margaret George		
	Connie Larsen		
	Sue George		
1972 (DGWS)	Shirley Lagestee	4th;High Jump	5' 0"
1973 (AIAW)	Beth Smith	3rd;Shot Put	43' 6.50"
1973 (AIAW)	Karen Botts	5th;Shot Put	40' 9.25"
1973 (AIAW)	Jeri Nored	6th; 440y Relay	50.30
	Margaret George Armentrout		
	Connie Larsen		
	Shirley Lagestee		
1973 (AIAW)	Beth Smith	6th; Discus	130' 3"
1973 (AIAW)	Shirley Lagestee	t6th; High Jump	5' 5"
1975 (AIAW)	Joni Huntley	1st; High Jump	6' 0.25" (MR)

Track and Field Records and History

1975 (IAAW)	Joni Huntley	1st; Long Jump	19' 3.25"
1979 (IAAW)	Robin Blaine	1st; Two-Mile Relay	8:42.90
	Kathy Costello		
	Kristin Trom		
	Kathy Weston		
1979 (IAAW)	Tonja Reigle	5th; Javelin	162' 10"
1979 (IAAW)	Teresa Cooper	6th; Javelin	160'
1980 (IAAW)	Teresa Cooper	5th; Javelin	159' 10"
1981 (IAAW)	Cindy Greiner	4th; Heptathlon	5,420
1982 (NCAA)	Sonya Crowther	7th; Heptathlon	5,435
1984 (NCAA)	Carina Westover	6th; High Jump	6' 0.50"
1985 (NCAA)	Connie Peterka	8th; Javelin	171' 5"
1986 (NCAA)	Connie Peterka	6th; Javelin	179' 8"

Top 6: 1969-1981
 Top 12: 1982-1984
 Top 8: 1985-Present

Scoring In Both Indoor & Outdoor Championships

1984 (NCAA)	Carina Westover (I)	6th; High Jump - 1 pt.	5' 9"
	(O)	6th; High Jump - 7 pts.	6' 0.50"

Most Points Scored In One National Championship

1975 (IAAW)	Joni Huntley	1st; HJ - 10 pts.	6' 0.25" (MR)
		1st; Long Jump - 10 pts.	19' 3.25"

Scoring In Three National Championships

1971 (DGWS)	Jeri Nored	5th; 440y Relay - 2pts.	51.30
1971 (DGWS)		6th; Long Jump - 1 pt.	17' 4"
1972 (DGWS)		3rd; 440y Relay - 6 pts.	50.20
1973 (DGWS)		6th; 440y Relay - 1 pt.	50.30

Scoring In Two National Championships

1971 (DGWS)	Karen Botts	6th; Discus - 1 pt.	123' 1"
1973 (DGWS)		5th; Shot Put - 2 pts.	40' 9.25"
1972 (DGWS)	Margaret George	3rd; 440y Relay - 6 pts.	50.20
1973 (IAAW)	Margaret George Armentrout	6th; 440y Relay - 1 pt.	50.30
1972 (DGWS)	Shirley Lagestee	4th; High Jump - 4 pts.	5' 0"
1973 (IAAW)		6th; 440y Relay - 1 pt.	50.30
1973 (IAAW)		t6th; High Jump - 1/2 pt.	5' 5"
1972 (DGWS)	Connie Larsen	3rd; 440y Relay - 6 pts.	50.20
1973 (IAAW)		6th; 440y Relay - 1 pt.	50.30
1979 (IAAW)	Teresa Cooper	6th; Javelin - 1 pt.	160'
1980 (IAAW)		5th; Javelin - 2 pts.	159' 10"
1984 (I)	Carina Westover	6th; High Jump - 1 pt.	5' 9"
1984 (O)		6th; High Jump - 7 pts.	6' 0.50"
1985 (NCAA)	Connie Peterka	8th; Javelin - 1 pt.	171' 5"
1986 (NCAA)		6th; Javelin - 3 pts.	179' 8"

Scoring In One National Championship; Two Events

1971 (DGWS)	Jeri Nored	5th; 440y Relay - 2pts.	51.30
		6th; Long Jump - 1 pt.	17' 4"
1973 (IAAW)	Shirley Lagestee	6th; 440y Relay - 1 pt.	50.30
		t6th; High Jump - 1/2 pt.	5' 5"
1973 (IAAW)	Beth Smith	3rd; Shot Put - 6 pts.	43' 6.50"
		6th; Discus - 1 pt.	130' 3"
1975 (IAAW)	Joni Huntley	1st; HJ - 10 pts.	6' 0.25" (MR)
		1st; Long Jump - 10 pts.	19' 3.25"

Scoring In Four National Events

1971 (DGWS)	Jeri Nored	5th; 440y Relay - 2pts.	51.30
1971 (DGWS)		6th; Long Jump - 1 pt.	17' 4"
1972 (DGWS)		3rd; 440y Relay - 6 pts.	50.20
1973 (IAAW)		6th; 440y Relay - 1 pt.	50.30

Scoring In Three National Events

1972 (DGWS)	Shirley Lagestee	4th; High Jump - 4 pts.	5' 0"
1973 (IAAW)		6th; 440y Relay - 1 pt.	50.30
1973 (IAAW)		t6th; High Jump - 1/2 pt.	5' 5"

Scoring In Two National Events

1971 (DGWS)	Karen Botts	6th; Discus - 1 pt.	123' 1"
1973 (IAAW)		5th; Shot Put - 2 pts.	40' 9.25"
1972 (DGWS)	Margaret George	3rd; 440y Relay - 6 pts.	50.20
1973 (IAAW)	Margaret George Armentrout	6th; 440y Relay - 1 pt.	50.30
1972 (DGWS)	Connie Larsen	3rd; 440y Relay - 6 pts.	50.20
1973 (IAAW)		6th; 440y Relay - 1 pt.	50.30
1973 (IAAW)	Beth Smith	3rd; Shot Put - 6 pts.	43' 6.50"
1973 (IAAW)		6th; Discus - 1 pt.	130' 3"
1975 (IAAW)	Joni Huntley	1st; HJ - 10 pts.	6' 0.25" (MR)
1975 (IAAW)		1st; Long Jump - 10 pts.	19' 3.25"
1979 (IAAW)	Teresa Cooper	6th; Javelin - 1 pt.	160'
1980 (IAAW)		5th; Javelin - 2 pts.	159' 10"
1984 (I)	Carina Westover	6th; High Jump - 1 pt.	5' 9"
1984 (O)		6th; High Jump - 7 pts.	6' 0.50"
1985 (NCAA)	Connie Peterka	8th; Javelin - 1 pt.	171' 5"
1986 (NCAA)		6th; Javelin - 3 pts.	179' 8"

Women's All-Americans

DGWS/AIAW/NCAA All-Americans (Indoor)

1984 (NCAA)	Carina Westover	6th; High Jump	5' 9"
2012 (NCAA)	Laura Carlyle	13th; Mile Run (HM)	4:46.93
2020-21 (NCAA)	Grace Fetherstonhough	14th; 5,000M	16:22.03

1984-87 - Top six per event; 2011-Present - Top 8-first team, 9-16-second team

DGWS/AIAW/NCAA All-Americans (Outdoor)

1971 (DGWS)	Linda Petermen	Winter 3rd; High Jump	5' 0"
1971 (DGWS)	Cindy Lea Arbelbide	4th; 880y	2:22.70
1971 (DGWS)	Maryrae Evans	5th; 440y	1:00.40
1971 (DGWS)	Gay Berry	5th; 440y Relay	51.30
1971 (DGWS)	Sue Lonsford	5th; 440y Relay	51.30
1971 (DGWS)	Jeri Nored	5th; 440y Relay	51.30
1971 (DGWS)	Peggy Robinson	5th; 440y Relay	51.30
1971 (DGWS)	Jeri Nored	6th; Long Jump	17' 4"
1971 (DGWS)	Karen Botts	6th; Discus	123' 1"
1972 (DGWS)	Jeri Nored	3rd; 440y Relay	50.20
1972 (DGWS)	Margaret George	3rd; 440y Relay	50.20
1972 (DGWS)	Connie Larsen	3rd; 440y Relay	50.20
1972 (DGWS)	Sue George	3rd; 440y Relay	50.20
1972 (DGWS)	Shirley Lagestee	4th; High Jump	5' 0"
1973 (IAAW)	Beth Smith	3rd; Shot Put	43' 6.50"
1973 (IAAW)	Karen Botts	5th; Shot Put	40' 9.25"
1973 (IAAW)	Jeri Nored	6th; 440y Relay	50.30
1973 (IAAW)	Margaret George Armentrout	6th; 440y Relay	50.30
1973 (IAAW)	Connie Larsen	6th; 440y Relay	50.30
1973 (IAAW)	Shirley Lagestee	6th; 440y Relay	50.30
1973 (IAAW)	Beth Smith	6th; Discus	130' 3"
1973 (IAAW)	Shirley Lagestee	t6th; High Jump	5' 5"
1975 (IAAW)	Joni Huntley	1st; High Jump	6' 0.25" (MR)
1975 (IAAW)	Joni Huntley	1st; Long Jump	19' 3.25"
1979 (IAAW)	Robin Blaine	1st; Two-Mile Relay	8:42.90
1979 (IAAW)	Kathy Costello	1st; Two-Mile Relay	8:42.90
1979 (IAAW)	Kristin Trom	1st; Two-Mile Relay	8:42.90
1979 (IAAW)	Kathy Weston	1st; Two-Mile Relay	8:42.90
1979 (IAAW)	Tonja Reigle	5th; Javelin	162' 10"
1979 (IAAW)	Teresa Cooper	6th; Javelin	160'
1980 (IAAW)	Teresa Cooper	5th; Javelin	159' 10"
1981 (IAAW)	Cindy Greiner	4th; Heptathlon	5,420
1982 (NCAA)	Sonya Crowther	7th; Heptathlon	5,435
1984 (NCAA)	Carina Westover	6th; High Jump	6' 0.50"
1985 (NCAA)	Connie Peterka	8th; Javelin	171' 5"
1986 (NCAA)	Connie Peterka	6th; Javelin	179' 8"
1987 (NCAA)	Connie Peterka	10th*; Javelin	154' 2.75"
2011 (NCAA)	Laura Carlyle	24th; 5,000m (HM)	17:05.61
2012 (NCAA)	Laura Carlyle	22nd; 1,500m (HM)	4:27.93
2017 (NCAA)	Kara Hallock	10th; Heptathlon	5,444 pts.

Track and Field Records and History

2018 (NCAA) Destiny Dawson 9th; Javelin 171' 1"
 2019 (NCAA) Ann Wingeleth 10th; High Jump 5' 8.75"

* - 8th American

In 2011 All-America honors expanded to First Team (1st-8th points scorers), Second Team (9th-16th places) and Honorable Mention (17th-24th places).

United States All-Americans

AAU: Amateur Athletic Union - National All-America Team

1974 Cindy Lea Arbelbide Racewalk - 10K
 1974 Joni Huntley High Jump
 1975 Joni Huntley High Jump
 1975 Kathy Weston 880 Yards

USTFCCCA All-Academic

2006 Ashley Younce
 2007 Lauren Denfeld
 2008 Lauren Denfeld
 2010 Casey Masterson
 2011 Hayley Oveson
 2011 Jennifer Macias
 2013 Kinsey Gomez

National Collegiate Championships

Oregon State Finalists

7th Debbie Grant 1976 400m Hurdles 1:05.00
 7th Kristin Trom 1980 3,600m Relay 8:54.91
 Cindy Greiner, Deborah Brizee, Kathy Weston
 8th Kay Carter 1971 Mile NT
 8th Sue Blake 1980 High Jump 5' 9.25"
 8th Tonja Reigle 1980 Javelin 156' 8"
 9th Karen Botts 1971 Javelin 125' 5"
 9th Penny Haakinson 1971 High Jump 4' 8"
 10th Shirley Lagestee 1974 High Jump 5' 2"
 10th Connie Case 1981 3,000m 9:33.80
 10th Connie Peterka 1987 Javelin 154' 2.75"
 11th Sonya Crowther 1981 Heptathlon 4837
 12th Kathy McClure 1975 High Jump NH
 t12th Kim Fenton 1988 High Jump 5' 9.75"
 13th Karen Botts 1971 Shot Put 35' 2.25"
 13th Kam Johnson 1984 Shot Put 46' 1.50"
 16th Maryrae Evans 1971 Long Jump 15' 8.75"
 17th Brenda Cardin 1979 5,000m 17:36.60
 19th Gay Berry 1971 Shot Put 31' 1.75"
 19th Sue Arfmann 1979 5,000m 17:47.10
 20th Sonya Crowther 1983 Heptathlon 2,891, wd
 21st Gloria Martin 1971 Long Jump 13' 7"
 21st Nancy Keeton 1971 Javelin 100' 9"
 22nd Laura Carlyle 2012 1,500m 4:27.93
 24th Laura Carlyle 2011 5,000m 17:05.61
 40th Janet Lovelace 1978 5,000m 18:38.30
 DQ Stephanie Sceva 1971 880y Medley Relay NT
 Peggy Sandeen, Gloria Martin, Cindy Lea Arbelbide

Regional Champions

NCWSA

1968 Maryrae Evans 440y 1:02.30
 1968 Cindy Miller 880y Medley Relay 2:01.20
 Pat Spady, Pam McCay, Linda Petermen
 1969 Marit Glenn 440y 1:00.30 (MR)
 1969 Joan Heeter Shot Put 40' 9.50"
 1971 Jeri Nored Long Jump 17' 2.25"
 1972 Shirley Lagestee High Jump 5' 5" (MR)
 1972 Jeri Nored Long Jump 17' 1.50"
 1972 Lynne Winbigler Discus 128' 8"
 1973 Shirley Lagestee High Jump 5' 5.50" (MR)

1973 Beth Smith Shot Put 42' 4.50"
 1973 Beth Smith Discus 135' 5.50"
 1973 Karen Botts Javelin 140' 0.50"
 1975 Joni Huntley High Jump 5' 9" (MR)
 Long Jump 18' 11" (w)
 18' 6.50" (MR) (QR)
 1978 Janet Lovelace 5,000m 17:45.66
 1979 Kathy Weston 400m 54.36 (MR)
 1979 Kathy Costello Two-Mile Relay 8:48.24 (MR)
 Kristin Trom, Robin Blaine, Kathy Weston
 1980 Kathy Weston 800m 2:06.22 (MR)
 1980 Colleen Gibson 800m Medley Relay 1:42.21 (MR)
 Asa Pennington, Regina Jordan, Kathy Weston
 1980 Kristin Trom Two-Mile Relay 8:53.20
 Deborah Brizee, Cindy Greiner, Kathy Weston
 1980 Carina Westover High Jump 5' 9"
 1981 Asa Pennington 100m 12.30
 1981 Sonya Crowther High Jump 5' 9"
 1981 Cindy Greiner Heptathlon 5,338 (MR)
 1982 Asa Pennington 100m 12.15
 1982 Asa Pennington 200m 23.97
 1982 Carina Westover High Jump 5' 11" (MR)
 1982 Sylvia Green 800m Medley Relay 1:44.83
 Rhonda Bell, Asa Pennington, Shavon Dennis
 1982 Sandy Nevis 4x800m Relay 9:22.64
 Sally Lisac, Joanne Lahti, Luanne Park

Conference Champions

OIWTFC/NCSWA - Southern Area/NorPac/Pac-10/Pac-12

1964 (OIWTFC) Caroline Brown 70y Hurdles 11.10 (MR)
 1964 (OIWTFC) Judy Larkins 440y Relay 55.00 (MR)
 Carol Greco, Janet Cole, Caroline Brown
 1964 (OIWTFC) Judy Larkins High Jump 4' 8" (MR)
 1964 (OIWTFC) Carol Greco Long Jump 15' 9.75" (MR)
 1965 (OIWTFC) Caroline Brown 70y Hurdles 11.40
 1965 (OIWTFC) Karen Smith 440y 1:06.80 (MR) (CR)
 1965 (OIWTFC) Sally Lockyear Javelin 108' 8" (MR)
 1966 (OIWTFC) Karen Smith 440y 1:05.10 (MR) (CR)
 1966 (OIWTFC) Sue Fox Shot Put 34' 3.75"
 1966 (OIWTFC) Sally Lockyear Javelin 108' 2"
 1966 (OIWTFC) Sally Lockyear Softball Throw 205' 10"
 1967 (OIWTFC) Karen Smith 440y 1:01.50 (MR)
 1967 (OIWTFC) [No ID] 880y 2:29.10 (MR)
 1967 (OIWTFC) [No ID] 880y Relay 2:11.00 (MR)
 1967 (OIWTFC) [No ID] Javelin 120' 1.25" (MR)
 1968 (OIWTFC) Joan Heeter 75y 9.10
 1968 (OIWTFC) Vickie Thomas 220y 28.80
 1968 (OIWTFC) Maryrae Evans 440y 1:06.00
 1968 (OIWTFC) Cindy Miller 880y Medley Relay 2:03.40
 Pat Spady, Pam McCay, Linda Petermen
 1968 (OIWTFC) Joan Heeter Shot Put 39' 5.75" (MR)
 1968 (OIWTFC) Lyla Voth Discus 118' 7"
 1968 (OIWTFC) Lyla Voth Javelin 123' 3" (MR)
 1969 (OIWTFC) Marit Glenn 220y 27.30
 1969 (OIWTFC) Marit Glenn 440y 1:03.80
 1969 (OIWTFC) Joan Heeter 440y Relay 54.50
 Pam McCay, Marcia Hillway, Sue Lonsford
 1969 (OIWTFC) Marit Glenn 880y Medley Relay 2:00.00
 Gloria Martin, Sue Lonsford, Maryrae Evans
 1969 (OIWTFC) Joan Heeter Shot Put 40' 1.75" (MR)
 1969 (OIWTFC) P. Owens Javelin 102' 9.50"
 1970 (OIWTFC) [No ID x3] 880y Medley Relay NT
 Gloria Martin
 1971 (NCWSA) Maryrae Evans 440y 1:02.50
 1971 (NCWSA) Jeri Nored Long Jump 16' 8.75"
 1972 (NCWSA) Shirley Lagestee High Jump 5' 3" (MR)
 1972 (NCWSA) Jeri Nored Long Jump 16' 6.25"
 1972 (NCWSA) Lynne Winbigler Discus 123' 11"
 1972 (NCWSA) Jeri Nored 440y Relay 50.10

Track and Field Records and History

Margaret George, Connie Larsen, Sue George			
1973 (NCWSA)	Jeri Nored	440y Relay	51.90
Margaret George, Connie Larsen, Shirley Lagestee			
1973 (NCWSA)	Shirley Lagestee	High Jump	5' 2"
1973 (NCWSA)	Jeri Nored	Long Jump	17' 1.75"
1973 (NCWSA)	Beth Smith	Discus	133' 8"
1974 (NCWSA)	Shirley Lagestee	High Jump	5' 2"
1975 (NCWSA)	Joni Huntley	100m Hurdles	15.10
1975 (NCWSA)	Joni Huntley	High Jump	5' 7"
1975 (NCWSA)	Joni Huntley	Long Jump 18'	8.50" (MR)
1976 (NCWSA)	Robin Baker	880y	2:14.13 (MR)
1976 (NCWSA)	Debbie Grant	400m Hurdles	1:03.62 (MR)
1976 (NCWSA)	Linda Parmele	1,600m Relay	3:58.57 (MR)
Sandy Orr, Robyn Richards, Debbie Grant			
1976 (NCWSA)	Judy Davidson	High Jump	5' 4"
1977 (NCWSA)	Marty Gossett	1,500m	4:58.44
1977 (NCWSA)	Peggy Pyle	Mile Relay	4:05.74
Julie Nicholson, Kit Jermain, Linda Parmele			
1983 (NorPac)	Colleen Gibson	Long Jump	20' 4.50" (w)
1983 (NorPac)	Sonya Crowther	Heptathlon	5,383 (MR)
1984 (NorPac)	Carina Westover	High Jump	6' 1" (MR)
1984 (NorPac)	Meredith Howell	Heptathlon	4,987

High Jump 'Six-Foot' Club

1/25/1975	Joni Huntley	New Zealand Games	6' 2.75" (AR)
4/14/1984	Carina Westover	OSU Invitational	6' 2"
4/21/1984	Carina Westover	Washington Invitational	6' 2"
5/12/1984	Carina Westover	WSU & Idaho duals	6' 2"
2/20/1982	Sonya Crowther	USA v. Canada Indoor Pentathlon	6' 0" (AR)
* Tied World Indoor Pentathlon High Jump mark*			
3/5/1988	Kim Fenton	Linfield Icebreaker	6' 0"

World Records

Indoor

Sonya Harrigfeld, Pentathlon High Jump			
2/20/1982	6' 0"	Canyon City, Texas	USA

American Records

Indoor

Sonya Harrigfeld, Pentathlon High Jump			
2/20/1982	6' 0"	Canyon City, Texas	USA

Joni Huntley, High Jump - First American woman to clear 6' 0"			
2/16/1974	6' 0.50"	Oakland, Calif.	Oregon TC*
12/28/1974	6' 1.25"	Saskatoon, Canada	Oregon TC*
2/7/1975	6' 2.25"	Los Angeles, Calif.	
3/3/1975	6' 2.50"	Richmond, Va.	USA
1/13/1978	6' 3"	College Park, Md.	Oregon TC
1/13/1978	6' 4"	College Park, Md.	Oregon TC
2/8/1980	6' 4.25"	New York, N.Y.	Oregon TC
2/6/1981	6' 4.75"	New York, N.Y.	Oregon TC

* - Before her freshman year at OSU*

Outdoor

Carla Borovicka, 2,000m Steeplechase - [American Bests]			
7/19/1990	6:36.80	Eugene, Ore.	
7/28/1990	6:34.53	New York, N.Y.	Asics TC

Joni Huntley, High Jump			
5/18/1974	6' 0"	Eugene, Ore.	Oregon TC*
5/24/1974	6' 0"	Modesto, Calif.	Oregon TC*
6/8/1974	6' 0.75"	Eugene, Ore.	Oregon TC*
1/26/1975	6' 2.75"	Christchurch, New Zealand	Oregon TC

* - Before her freshman year at OSU*

Lynne Winbigler, Discus			
6/10/1977	186' 9"	Westwood, Calif.	Oregon TC
6/10/1977	187' 2"	Westwood, Calif.	Oregon TC

Cindy Greiner, Heptathlon			
3/14-15/1981	5,251 [4,989]	Corvallis, Ore.	Oregon State*
3/24-25/1981	5,274 [5,018]	Stanford, Calif.	Oregon State*

* - [Denotes scoring with 1985 tables]*

United States Senior & Junior National Champions

United States National Champions (Indoor)

1974	Joni Huntley	High Jump	6' 0" (MR) *
1975	Kathy Weston	880y	2:07.60
1975	Joni Huntley	High Jump	6' 0"
1977	Joni Huntley	High Jump	6' 0"
1981	Joni Huntley	High Jump	6' 1.25"
1982	Cindy Greiner	Pentathlon	4,047

United States National Champions (Outdoor)

1974	Joni Huntley	High Jump	6' 0" (MR) *
1975	Joni Huntley	High Jump	6' 0"
1976	Joni Huntley	High Jump	6' 2" (MR)
1976	Lynne Winbigler	Discus	174' 1"
1977	Joni Huntley	High Jump	6' 1"
1978	Lynne Winbigler	Discus	178' 6"
1979	Lynne Winbigler	Discus	189' 5"
1984	Cindy Greiner	Heptathlon	6,154
1990	Cindy Greiner	Heptathlon	6,292 (w)

United States Junior National Champions

1974	Joni Huntley	High Jump	6' 0" *
1975	Joni Huntley	High Jump	6' 2"
1979	Carina Westover	Pentathlon	3,707 *

* - Before freshman year at OSU*

USATF Junior Outdoor Championships Participants (since 2005)

2014	Melissa Ausman	Discus	139' 8" 12th
2014	McKenzie Byrd	Javelin	130' 8" 14th *

* - Before freshman year at OSU*

United States Triathlon Collegiate National Champion

2013	Erin Jones	750M Swim/10K Bike/5K Run	1:04.00 (MR)
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International Competitions

Olympic Games

1964	Jean Saubert [Winter]	Giant Slalom	1:53.11	Silver
1964	Jean Saubert [Winter]	Slalom	1:31.36	Bronze
1976	Joni Huntley	High Jump	6' 2.50"	5th
1976	Kathy Weston	800m	2:03.31	Heats
1976	Lynne Winbigler	Discus	158' 2.50"	14th
1980	Lynne Winbigler	Discus	ND	Boycott
1984	Joni Huntley	High Jump	6' 5.50"	Bronze
1998	Cindy Greiner	Heptathlon	6,281	4th
1988	Cindy Greiner	Heptathlon	6,297	8th
1992	Cindy Greiner	Heptathlon	6,300	9th

Cindy Greiner served as a USA Track & Field Team Captain at the 1992 Summer Games

Olympic Trials

1968	Beth Smith (USA)	Shot Put	40' 5.75" 10th *
1972	Joni Huntley (USA)	High Jump	5' 4" Qual. Rd. *
1972	Shirley Lagestee (USA)	High Jump	5' 5.5" 7th
1976	Joni Huntley (USA)	High Jump	6' 0.50" Silver
1976	Kathy Weston (USA)	800m	2:00.73 Bronze
1976	Lynne Winbigler (USA)	Discus	166' 2" Gold
1980	Colleen Gibson (Canada)	Long Jump	NM Bronze
1980	Joni Huntley (USA)	High Jump	5' 11" 5th
1980	Kathy Weston (USA)	800m	2:04.31 5th; Semis

Track and Field Records and History

1980 Lynne Winbigler (USA) Discus	184' 11"	Silver
1980 Tonja Reigle (USA) Javelin	135' 2"	NQ
1984 Cindy Greiner (USA) Heptathlon	6,204	Bronze
1984 Cindy Greiner (USA) High Jump	5' 10.75"	10th
1984 Joni Huntley (USA) High Jump	6' 2.25"	Bronze
1984 Carina Westover (USA) High Jump	5' 9.75"	NQ
1984 Lynne Winbigler (USA) Discus	177' 11"	6th
1988 Carla Borovicka (USA) 1500m Heats: 4:20.38; Semis: 4:18.14		
1988 Carla Borovicka (USA) 3000m Heats: 9:20.22; Finals: 9:20.98 (12th)		
1988 Cindy Greiner (USA) Heptathlon	6,226	Silver
1988 Cindy Greiner (USA) Long Jump	21' 7.25" (w)	7th
1992 Carla Borovicka (USA) 3000m	Heats: 9:35.16	
1992 Cindy Greiner (USA) Heptathlon	6,223	Silver
1992 Cindy Greiner (USA) Long Jump	20' 5.25"	NQ
2012 Laura Carlyle (Canada) 1500m		DNF --
2016 Sara Almen (USA) High Jump		NH --

* - Before freshman year at OSU*

Olympic Trials Records

1976 Joni Huntley (USA) High Jump	5' 11.25"	
1976 Joni Huntley (USA) High Jump	6' 0.50"	
1984 Joni Huntley (USA) High Jump	6' 1.25"	
1984 Joni Huntley (USA) High Jump	6' 2.25"	

Pan American Games

1975 Joni Huntley High Jump	6' 2.50"	(MR) Gold
1975 Kathy Weston 800m	2:04.93	Gold
1975 Kathy Weston 4x400m Relay	3:30.64	Silver
1979 Lynne Winbigler Discus	169' 6"	6th
1983 Cindy Greiner Heptathlon	6,068	Silver
1983 Joni Huntley High Jump	5' 11.50"	Bronze
1987 Cindy Greiner Heptathlon	6,184 (MR)	Gold

IAAF World Championships

1987 Cindy Greiner Heptathlon	6,042	12th
1991 Cindy Greiner Long Jump	20' 11.25 (I)	11th
1991 Cindy Greiner Long Jump	6.41m	QR
1991 Cindy Greiner Heptathlon	6,216	10th

International & World Cups

1973 (Int'l) Cindy Lea Arbelbide Racewalk 5K	28:27.40	Bronze
1973 (Int'l) Cindy Lea Arbelbide Team Racewalk 5K		Gold
1977 (World) Lynne Winbigler Discus	174' 5"	5th
1979 (World) Lynne Winbigler Discus	164' 3"	7th
2013 (World) Erin Jones Int'l Triathlon Union	2:02.35	27th

Goodwill Games

1986 Cindy Greiner Heptathlon	6,095	11th
1990 Cindy Greiner Heptathlon	4,441	4th

United State Junior National Teams

1979 Kathy Weston 800m Nat'l Sports Festival - Taiwan	NM	
1979 Carina Westover Pentathlon Nat'l Sports Festival - Taiwan	NM*	
1979 Carina Westover Pentathlon USA v. USSR - Tulare, Calif.	Bronze*	
1980 Kam Johnson Shot Put Junior Pan Am Games	Bronze	

* - Before freshman year at OSU*

More on National Teams

Sonya Crowther		
1982 USA-Canada Indoor Pentathlon	4,088	Bronze
1982 USA-Canada Indoor Pentathlon	16,141	Silver (Team)
1982 USA-West Germany Heptathlon	NM	[Injured]

Cindy Greiner		
1982 USA-Canada Indoor Pentathlon	4,143	Silver
1982 USA-Canada Indoor Pentathlon	16,141	Silver (Team)

1982 USA-West Germany Heptathlon	5,950	Bronze
1982 USA-West Germany Heptathlon	17,893	Gold (Team)
Joni Huntley		
1974 USA-USSR (Ind.) High Jump	5' 11.25"	Gold*
1974 USA-USSR High Jump	6' 0"	Gold*
1975 USA-USSR (Ind.) High Jump	6' 2.75"	Gold (AR)
1975 USA-USSR High Jump	6' 0.50"	Gold (MR)
1975 USA-Poland-Czech High Jump	5' 11.25"	Silver
1975 USA-Germany-Pan Africa High Jump	5' 10.75"	Bronze
1976 USA-USSR High Jump	6' 0"	Gold
1977 USA-USSR-Canada High Jump	6' 1.25" t	Gold

* - Before freshman year at OSU*

Erin Jones - ITU (Triathlon) World Cup Series

2013 Palamos	2:02.56	6th
2013 Hamburg	1:00.12	44th
2013 Tiszaujvaros	1:01.42	8th

Kathy Weston

1975 USA-USSR (Ind.) 880y	2:08.70	Silver
1975 USA-USSR (Ind.) 880y	3:25.30	Gold (MR)
1975 USA-China 800m/4x400m Relay	NM	5 of 6 Gold
1975 USA-USSR 800m	2:03.40	4th
1975 USA-USSR #4 800m	2:08.70	2nd
1975 USA-Poland-Czech 800m	2:04.10	4th
1975 USA-Germany-Pan Africa 800m	2:03.70	4th
1976 USA-USSR 800m	2:04.30	4th
1976 USA-USSR (Ind.) 800m	2:10.20	Silver
1976 USA-USSR (Ind.) 2000m Relay	4:53.80	Gold

Lynne Winbigler

1977 USA-USSR Discus	165' 11"	Bronze
1977 USA-Italy Discus	178' 11"	Gold
1977 USA-West Germany Discus	178' 5"	Bronze
1978 USA-USSR Discus	166' 2"	4th
1995 National Throws Coach		
1997 National Throws Coach		

Halls of Fame & Media Honors

Oregon State Hall of Fame

1988	Joni Huntley
1991	Jean Saubert
2004	Cindy Greiner

State of Oregon Sports Hall of Fame

1983	Jean Saubert
1990	Joni Huntley

Millrose Hall of Fame

2004	Joni Huntley
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Track & Field Magazine Woman of the Year

1976	Joni Huntley
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North American Athletes of the Year

1975	Joni Huntley
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Championship Summaries

Conference Championships

1965	Lois Pye
1966	Lois Pye
1967	Lois Pye
1968	Sarah 'Sally' Hunter
1969	Sarah 'Sally' Hunter
1971	Pat Ingram
1972	Pat Ingram

Track and Field Records and History

1973 Pat Ingram

Region Championships

1968 Sarah 'Sally' Hunter

Nationals "Sweet Sixteen"

1971	Pat Ingram	t10th	DGWS
1972	Pat Ingram	16th	DGWS
1973	Pat Ingram	16th	AIAW
1975	Mary Covington	t7th	AIAW
1979	Will Stephens	16th	AIAW

National Indoor Championship Scoring Results

1984 (NCAA) t39th; 1 pt. March 9-10 Syracuse, N.Y.
6th / 1 pt. Carina Westover HJ (5' 9")

National Outdoor Championship Scoring Results

1971 (DGWS) t10th; 16 pts. May 14-15 Cheney, Wash.
3rd / 6 pts. Linda Petermen Winter HJ (5' 0")
4th / 4 pts. Cindy Lea Arbelbide 880y (2:22.70)
5th / 2 pts. Maryrae Evans 440y (1:00.40)
5th / 2 pts. Gay Berry 440y Relay (51.30)
Sue Lonsford
Jeri Nored
Peggy Robinson
6th / 1 pt. Jeri Nored LJ (17' 4")
6th / 1 pt. Karen Botts DT (123' 1")

1972 (DGWS) t16th; 10 pts. May 12-13 Knoxville, Tenn.
3rd / 6 pts. Jeri Nored 440y Relay (50.20)
Margaret George
Connie Larsen
Sue George
4th / 4 pts. Shirley Lagestee HJ (5' 0")

1973 (AIAW) 16th / 10.5 pts. May 11-12 Hayward, Calif.
3rd / 6 pts. Beth Smith SP (43' 6.50")
5th / 2 pts. Karen Botts SP (40' 9.25")
6th / 1 pt. Jeri Nored 440y Relay (50.30)
Margaret George Armentrout
Connie Larsen
Shirley Lagestee
6th / 1 pt. Beth Smith DT (130' 3")
t6th / 0.5 pt. Shirley Lagestee HJ (5' 5")

1975 (AIAW) t7th / 20 pts. May 16-17 Corvallis, Ore.
1st / 10 pts. Joni Huntley HJ (6' 0.25") (MR)
1st / 10 pts. Joni Huntley LJ (19' 3.25")

1979 (AIAW) 16th / 13 pts. May 24-26 East Lansing, Mich.
1st / 10 pts. Robin Blaine Two-Mile Relay
(8:42.90)

Kathy Costello
Kristin Trom
Kathy Weston
5th / 2 pts. Tonja Reigle JT (162' 10")
6th / 1 pt. Teresa Cooper JT (162')

1980 (AIAW) t41st / 2 pts. May 21-14 Eugene, Ore.
5th / 2 pts. Teresa Cooper JT (159' 10")

1981 (AIAW) t31st / 4 pts. May 28-30 Austin, Texas
4th / 4 pts. Cindy Greiner Heptathlon
(5,420)

1982 (NCAA) t38th / 7 pts. May 31 - June 5 Provo, Utah
7th / 7 pts. Sonya Crowther Heptathlon
(5,435)

1984 (NCAA) t49th / 7 pts. May 28 - June 2 Eugene, Ore.
6th / 7 pts. Carina Westover HJ (6' 0.50")

1985 (NCAA) t50th / 1 pt. May 27 - June 1 Austin, Texas
8th / 1 pt. Connie Peterka JT (171' 5")

1986 (NCAA) t46th / 3 pts. June 4-7 Indianapolis, Ind.
6th / 3 pts. Connie Peterka JT (179' 8")