

## INTRAMURA SPORTS PREVIEW

### **LEAGUES**









**JANUARY 13** 

**JANUARY 15** 

**JANUARY 21** 

**JANUARY 28** 

### **TOURNAMENTS**











FEBRUARY 4 FEBRUARY 11 FEBRUARY 18 FEBRUARY 25

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The legal sale of marijuana in Colorado began Jan. 1 and it's expected that although efforts to legalize in Oregon failed in 2013, that they're not far off.

# COLORADO OPENED DOORS FOR MORE THAN JUST DISPENSARIES

Stores across Colorado opened their doors and began selling marijuana legally starting on the first day of 2014.

According to The Denver Post, 37 licensed stores across Colorado were allowed to begin selling at 8 a.m.

'In terms of legalization in Colorado, I think it's a step in the right direction. The only real way we stand a chance of getting the federal ban repealed is to have the states fall in line one by one," said Michael Butler, a current resident of Boulder, Colo., and former University of Oregon graduate student. Colorado democratic representative Jared Polis continues to push for the federal legalization of marijuana. In a statement released on Jan. 1 Polis said, "By regulating marijuana like alcohol, Colorado voters hope to reduce crime and keep marijuana away from kids. I applaud Colorado's efforts to implement the will of the voters and will continue my work to pass H.R. 499 to

▲ FAST FACT

By regulating marijuana like alcohol, Colorado voters hope to reduce crime and keep marijuana away from kids.

regulate marijuana like alcohol federally." H.R. 499 or Ending Federal Marijuana Prohibition Act 2013 "directs the Attorney General to issue a final order that

removes marijuana in any form from all schedules of controlled substances under the Controlled Substances Act."

Though stores in Denver opened on the first, Butler hasn't frequented any.

"Despite Boulder being full of nothing but college-age stoners, we aren't getting any proper recreational retail locations until February or so there," he said.

Oregon's own attempt at marijuana legalization, Measure 80, failed to pass when on the November 2012 ballot. According to the Portland Tribune, advocacy groups for the legalization of marijuana in Oregon hope to get a legalization initiative on the November 2014 ballot.

"I'd say that there is a harder fight ahead than a lot of the legalization advocates think," Butler said. "Most of them seem centralized in Eugene and Portland, the two cities in which I have seen more drug use (weed and otherwise) than anywhere else I have lived. The

rest of the state is more traditionally conservative, and changing their minds may actually take longer than simply waiting for those against legalization to die."

"I feel like there are a lot worse things that are legal. If they did make it legal I think it would reduce crime and make the state money," UO senior Jasmin Zech said about the possibility of legalization in Oregon,

"It ruins the lives of young people caught with it. Legalization would stop that and boost the economy," said UO junior Kelsey Ketcham.

Aug. 14, 2013, Governor John Kitzhaber signed House Bill 3460, an act for medical marijuana dispensaries in Oregon. According to the bill, the "Oregon Health Authority shall establish by rule medical marijuana facility registration system to authorize the transfer of usable marijuana and immature marijuana plants." The registration system will go into effect March 3, 2014.

BY JENNIFER FLECK



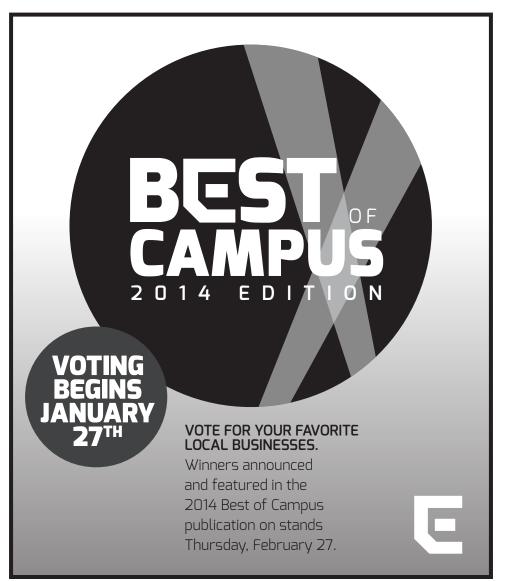
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For full consideration applications are due no later than 4 p.m. on Thursday, January 16, 2014.

(AA/EOE/ADA)





Education major Madison Clayton looks back on her first term with positive thoughts.

## FRESHMEN LEARN FROM FIRST TERM

For many freshmen, the first term of college is both a challenging experience and a valuable one. Whether it is transitioning or learning to handle the work load, fall term is a way for students to adjust to college life. Now that freshmen have survived their first term of college, many are looking forward to winter term.

One dramatic change for freshmen is the adjustment of living away from home and becoming more independent. When living on campus, many freshmen also had to adjust to the idea of roommates and sharing a room with one or two other people. Part of freshman year is living in the residence halls, and for many, living on campus meant making a lot of good connections.

"Freshman year here at UO has been a great experience," Madison Clayton said. "Living in the dorms has been a great experience and my roommate and I get along just great."

For freshman Christina Peil, living away from home was a helpful experience and she did not believe her transition to college was difficult.

"I like the part of living away and living without parents," Peil said.

In order to help freshmen ease into transition, the UO offers Freshmen Interest Groups, known as FIGs, to bring students with similar interests together in common lecture courses. Rather than being overwhelmed with 200 unknown faces, freshmen are able to become familiar with 25 students from their FIG and learn to adapt to the college classroom.

Though FIGs are only offered fall term, many believe they served their purpose.

"I like the comfort of knowing the 25 people in the FIG and it will be interesting to not have it anymore. I will miss the FIG and the bonding experience," Susanna Jung said.

Similarly, Clayton believes the FIG was a good connections experience but believes she will be fine without it.

"I thought the FIG was sort of helpful because I did make some good friends but there was in some cases extra work that I thought was unnecessary," Clayton said.

By now a lot of freshmen know what college is like and are anxious to see what winter term has in store for them. For some, fall term provided motivation for getting better grades this term and aiming toward goals.

Jung, Peil and Clayton have all been inspired to get higher grades this term.

"I'm a little nervous because I'm taking a heavier load but my goal is to get a 3.5 GPA or higher," Clayton said.

BY YULIANA BARRALES,
@YULIANABARRALES

→ IRENE AWINO

# UO's Awino strives for change

It's Sept. 21 and Irene Awino's eighth day in the U.S. She's up early and begins her morning with a quick scan of the day's headlines. The words isolate themselves on the page:

Nairobi. Terror attack.

Westgate shopping mall.

Gunmen.

She calls her husband. Somewhere in the 9,230 miles between them, the connection is broken

On this day, as an internal terrorist attack occurs at a mall Irene and her family frequently visit, everything she's sacrificed to come here no longer matters. But when the news of her family's safety reaches her, she becomes more determined than ever to continue her education in the U.S. and return to Kenya to be a driving force for political peace and progress.

Awino grew up in a village called Siaya, just north of Kisumu, the third largest town in Kenya. Though currently a greatly impoverished region of the country, Awino believes the town is sitting on a gold mine of untapped resources and unlimited potential. One day she will return to her home village to run for political office, but for now she's focused on her education.

"I wanted a quality education and to improve my prospects for getting a better job," she said. Her words trail off in a tone of self-critical hesitance as her gaze meets the edge of the table in front of her. She pauses. "I tell myself it was a worthy sacrifice."

She came to University of Oregon this September to enroll in the media studies master's program after earning a similar degree in communication studies from the University of Nairobi in 2007.

Upon earning her first degree, she worked in the editorial departments of several leading East African dailies for six years but always dreamed of something more.

That's when she met Leslie Steeves.

Steeves is the associate dean for graduate affairs and research in the School of Journalism and Communication.

Steeves has worked, studied and traveled

in various countries in West and East Africa, including teaching for a year at the University of Nairobi in 1991. A former colleague recommended Awino to Steeves, and after months of communication, Steeves helped Awino obtain a scholarship to enroll in the master's program this year.

"In Kenya there's no university that offers the same quality of doctoral-level coursework that she can get here," Steeves said. "So hopefully people like Irene can go back to build those types of programs and take what she learns here back to Kenya."

Awino's passion for journalism stems from her dreams of influencing her hometown, where she believes media illiteracy is one of the biggest obstacles the country faces in creating responsive leadership. When she returns to Nairobi she will first become a communications professor, as media professors in Kenya are few and far between.

Eventually, she also hopes to build a communications research center in Kisumu to help citizens better understand their rights and boost civic engagement in the local and national government.

"The media system is very political back home," she said. "Politics are not about ideologies, but ethnicity. As journalists, we put our loyalty with our tribes."

It's for these journalistic practices that Awino is passionate about pushing Kenya's media to be less responsive to politically set agendas and create a press more tenacious in its pursuit of full independence.

The end goal for Awino is to run for local governor.

"I don't know where this interest in politics came from," Awino said. "But there are a lot of issues that need the right leadership, and I know the issues that affect the people of Kisumu."

Despite her enthusiasm to be studying in the U.S., the sacrifices Awino had to make to be here far surpass the average college student. The trajectory to pursue a Ph.D. may keep Irene away from her husband and two young children, who are back home in Nairobi, for up to five years.

"The time I've been here has not been easy," Awino said. As if finally succumbing to the exhaustion of the last four months, her chin lowers and her gaze once again retreats downward. "I feel like I'm doing a lot of injustice to my sons by leaving them there."

## "THE MEDIA SYSTEM IS VERY POLITICAL BACK HOME. AS JOURNALISTS, WE PUT OUR LOYALTIES WITH OUR TRIBES."

**IRENE AWINO** master's program student

She returned home to Nairobi on Dec. 6 to spend time with her family but is now back for winter term to resume her studies. Her next step is to bring her children and husband here to the U.S.

"There are students here with families," she said, repetitively pressing her index finger into the table. "I realized I can have them here. If I can't bring them here I won't continue with the education. I'm supposed to be with my children."

But to go home would mean giving up a dream that Awino has waited years to pursue and opportunities that an American university could open up for her professional career. She knows she won't give up without a fight – there's too much she owes to her home country.

"I want to give back to the people of Kisumu," she said. "They deserve better."

BY JULIANNE PARKER, @JULIANNEPARKER

## Stay with the greens this winter



Perhaps it is more difficult to include salad in your diet during these chilly winter months. However, a balanced diet should not be neglected even though the weather may influence otherwise. Various spins on a simple salad recipe can capture comforting tastes of the winter season to make the meal more inviting to eat during the next few frosty weeks.

#### 1) Winter salad with spiced maple vinaigrette

This salad combines winter-inspired flavors including maple, warm spices such as cloves and allspice, earthy vegetables and sharp cheddar cheese. The recipe makes four to six servings and is only 280 calories per serving.

#### Recipe:

5 oz. (five packed cups) salad mix 5 oz. head frisée, trimmed and chopped into bitesize pieces 1 small turnip 1 small carrot 1 small parsnip 1/4 cup shelled sunflower seeds, toasted 4 oz. sharp Cheddar cheese, crumbled

#### How to Make:

Combine the salad mix and frisée in a large bowl.

Peel the turnip, carrot and parsnip. Shave each of the vegetables in long strands with the peeler.

Add sunflower seeds and half of the cheese. Whisk the vinaigrette and toss the salad with vinaigrette dressing.

Serve sprinkled with the remaining cheese.

#### Vinaigrette recipe:

3 tbs. grade B pure maple syrup
1/2 cinnamon stick
2 whole allspice berries
1 small whole clove
1 whole star anise
1/2 tsp. grated peeled fresh ginger
2 tbs. apple-cider vinegar
1/3 cup neutral oil, such as grapeseed or vegetable
Salt and freshly ground black pepper

#### How to make it:

Combine maple syrup, cinnamon, allspice, clove, star anise, ginger and 1 tablespoon of water into a one quart sauce pan.

Simmer the sauce on medium for three minutes

Add vinegar and strain the mix into a medium bowl.

Whisk the mixture and season to preferred taste and set aside to cool.

2) Quinoa and avocado salad with dried fruit, toasted almonds and lemon-cumin vinaigrette

The texture from the toasted almonds adds a unique touch to this colorful salad, keeping the maroon color alive from the Christmas season. The recipe makes four servings at 460 calories each.

#### Recipe:

3 tbs. raisins (preferably a mix of dark and golden)
2 tbs. dried apricots, thinly sliced
1 cup red or white quinoa, rinsed well
pinch of salt
1 large lemon
3 tbs. extra-virgin olive oil
1/4 tsp. ground coriander
1/4 tsp. ground cumin
1/4 tsp. sweet paprika

#### How to Make it:

In a two-quart saucepan, bring two cups water, the quinoa and 1/2 tsp. of salt to a boil.

Cover, reduce the heat to medium low and simmer until water is absorbed and the quinoa is translucent and tender (about 10-15 minutes). Fluff the quinoa with a fork and transfer to a baking sheet to cool at room temperature.

In a small bowl, whisk lemon zest and one tablespoon of lemon juice with olive oil, coriander, cumin, paprika and salt.

In a large bowl, add vinaigrette with the quinoa, raisins, apricots, avocado, apricots, scallions and almonds. Season to taste and serve.

Recipes courtesy of FineCooking.com

BY MADISON ADAMS, @MSMADISONADAMS



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or those of you who consider yourselves amateur chefs, but often find yourself unable to afford the premium ingredients your favorite recipes call for, don't fret. Guys, if you want to treat a special lady to a fancy dinner but are broke and don't know how to cook, skip the restaurant; we've got you covered. There are plenty of online resources that provide great recipes for low budgets. Many of them will even generate recipes based on ingredients you already have in your fridge. MyFridgeFood.com, Recipe.com and SuperCook.com are just a few worth mentioning. To give you a little taste of all the delectable food you can whip up, check out this delicious and incredibly simple full-course meal of garlic bread, pesto pasta and sautéed peaches that can most likely be made for under \$30, assuming you have some ingredients already in your kitchen.

#### WHAT YOU WILL NEED:

16 ounces or 2 cups of basil

1 bag of pasta (Linguine, angel hair, bow tie, fusilli, or penne)

Small tub of cherry tomatoes

1 can of black olives

2 ounces or 1/4 cup of pine nuts

Lemon juice or 1 lemon

4 cloves of garlic (2 can be replaced with garlic powder)

Shredded Parmesan cheese

1 loaf of French bread

4 large ripe peaches

1 tub of vanilla ice cream

Sugar (You'll only need 2 tbsp.)

Butter (You'll only need about 5 tbsp.)

Olive oil (You'll only need about 1/2 cup.)

Salt (1tsp.)

## **APPETIZER**GARLIC BREAD

### COOKING TIME: 20-25 MINUTES

1 loaf of French bread

2 garlic cloves or 1 tsp. of garlic powder

Butter

Olive oil (optional)

Parmesan cheese (optional)

First, preheat your oven to 350 degrees. Slice the French bread vertically or horizontally. Spread the butter on, then drizzle with olive oil if desired. Chop garlic cloves in blender and spread sparingly on each slice, or shake the garlic powder over each slice if you have that instead. Top with shredded or grated Parmesan cheese if desired. Bake for 15 minutes. To make things even cheaper and simpler, you can always replace the garlic bread simply with warm French bread and butter, or olive oil and balsamic vinegar for

#### ENTRÉE HOMEMADE PESTO PASTA

### COOKING TIME: ROUGHLY 30 MINS.

2 cups fresh basil

1/4 cup pine nuts

1/4 cup olive oil

2 tsp. lemon juice

2 cloves garlic

1tsp. salt

1/4 cup Parmesan cheese

1 can of black olives

Small tub of cherry tomatoes

Pasta of your choice

Cook the amount of pasta you will need, according to the instructions on the package. Cut cherry tomatoes and olives into halves and set aside. Throw the remaining ingredients in the blender until mixed, then pour sauce over cooked pasta and toss in the tomatoes, olives. Sprinkle with shredded Parmesan cheese if desired.

## **DESSERT**SAUTÉED PEACHES

#### **COOKING TIME: 10 MINS.**

4 large ripe peaches

2 tbsp. of butter

2 tbsp. of sugar

Vanilla ice cream

In a large skillet, melt the butter over medium heat then stir in the sugar. Add peaches. Cook about two to five minutes, stirring frequently until the sugar has dissolved, the peaches are warmed through and evenly coated in the sauce. Serve immediately with a scoop or two of vanilla ice cream.

THIS MEAL would be great paired with a red or white wine, which can also be bought for a good price at Trader Joe's. If you're striving to impress someone with your culinary techniques, try doing a little research on what kind of wine will go well with your meal. Certain types of grapes have been known to bring out the flavors of the food you pair it with, but you have to know what you're doing for it to really work.

When cooking a full-course meal, you always want to make sure to plan ahead in terms of when to start cooking each part. Take note of how long each course will take to cook, and be sure not to start it too late, to avoid the food getting cold before you serve it. To make the cooking faster for you, it would be a good idea to do the prepping for each meal first and all at once. For instance, slice the bread and peaches, and put all the pesto ingredients in the blender before the cooking begins. That way you can simply turn the blender on and the sauce will be totally fresh and ready to pour on top of the pasta as soon as it is done cooking.



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**Thurs. Jan. 30** UCLA / USC

**Thurs. Feb 13** Oregon State

**Mon. Feb 17** Washington

**Thurs. Feb 20**Washington State

**Mon. Mar 3** Arizona State

**Thurs. Mar 6** Arizona



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# Warm up with good eats

Along with post-winter break blues, winter term brings along colder and darker nights accompanying late classes. When one has to be stuck on campus during this cold and dark time, there are local Eugene eateries capable of warming cold hands and hitting the spot with delicious and hot meals.

BY MADISON ADAMS. @MSMADISONADAMS



 $The \ Glenwood \ Restaurant \ is \ a \ local \ and \ campus favorite \ with \ some \ of the \ best \ break fast \ around.$ 

### **▶** BARRY'S ESPRESSO BAKERY & DELI — 804 E. 12TH AVE.

If you want something warm and yummy from a local bakery, this campus corner shop must be added to the list places to visit in Eugene. Though not as visible to campus as Espresso Roma or Starbucks on 13th, this hidden gem is worth the perusal. The bakery makes delicious meals served hot and ready to enjoy right inside the diner. A customer can build his or her own sandwich or select a delicious pre-made hot sandwich. An excellent choice for lunch, their soups, sandwiches, quiches, cookies, cakes, challah and everything else are consistently delicious. It's highly recommended for a campus meal between classes.

#### What to order:

Get this combination for \$7.50 **Veggie Melt**: sourdough, pesto, provolone and veggies (or other variations of grilled sandwiches)

Bowl of the soup of the day

#### **→ THE MISSION** — 610 E. BROADWAY

While not on campus, the nearby restaurant is a Eugene Mexican food favorite outside university grounds. The endless supply of warm chips and salsa will keep guests nibbling as the main course meals are being hand-made in the kitchen. The family-owned restaurant has been serving Eugene Mexican cuisine for over 20 years. From burritos, tacos, enchiladas, fajitas and more, this restaurant will be one of the top restaurants in Eugene to satisfy a craving for Mexican food. The menu also offers vegetarian options for many dishes, making it easy for all to find a meal to enjoy. Bring your friends and roommates here for a delicious and hot dish with a wonderful atmosphere on the side.

#### What to order:

**Enchiladas:** Choice of two for \$8.80 Can be filled with ground or shredded beef, chicken, cheese or bean and cheese.

#### **⇒ GLENWOOD −** 1340 ALDER ST.

This popular Eugene restaurant that is right on campus should be at the top of the list for places to visit in Eugene. That is, if you haven't visited it already. The cozy inviting two-story house serves breakfasts in the "healthy diner" style, including omelettes, scrambles, pancakes, etc. The prices are reasonable and the meals are scrumptious. Even though it is a popular breakfast choice for UO students, it inevitably will be a little crowded in the mornings. Don't forget it can be a good choice for lunch and dinner too, with great sandwich and salad selections.

#### What to order:

Any delicious entrée will be worth your while. But try the popular **Eggs Benedict** for \$9.50. Comes with salad, home-fries or soup. They also let you choose between bread or fruit. \*If the **tomato cheese soup** is being served, don't hesitate to order. It's delicious.



## **UO SNOW IS UP TO THE CHALLENGE**

It has been an uphill climb for UO Snow, the University of Oregon's club freestyle ski and snowboard team. With the 2014 season approaching, membership is at an all-time high despite numerous challenges.

UO Snow disbanded following the 2007 season but was re-booted in 2010 by Jeff Fadness and Ty Huard. Since then, membership has steadily grown and now stands at 50, nearly doubling the total of 27 from last season. For presidents Briggs Chapman, Rick Lindfors and Melina Zamalloa, managing the large team will be uncharted territory, but all three are excited and have high hopes for what has so far been a snow-less winter on the Oregon slopes.

Lindfors said they plan to get to the mountain every weekend during winter term and into spring. He plans to enter the team in Mt. Bachelor's inter collegiate regional competition the first weekend of spring break and to bring the Campus Rail Jam Tour to Eugene for the first time since 2008.

Naturally, as one of the many club sports at Oregon, finding funding and a high level of

interest are obstacles the team has to overcome. UO Snow has partnered with Berg's Ski and Snowboard Shop and Tactics Board Shop to premiere movies and raise funds by mutually promoting one another.

"They've been great. They've been fun to work with," Lindfors said. "We've had some great fundraisers off of their films. It's a partnership."

In the past, attendance and commitment issues have caused UO Snow to waste funds on cancelled vans and other resources. A new policy will reward members who follow through on their commitments and discipline those who don't. With the expanded membership, UO Snow won't be able to fit the entire team into the vans rented through the university's motor pool. However, they encourage members to car pool and will have help from Berg's and Tactics, which charter buses to the Willamette Pass and Mt. Bachelor.

Another issue facing UO Snow is visibility. Fundraisers, special events and video productions can only do so much. Getting the word out can be difficult for a nontraditional club sport.

"People didn't know about us," Chapman said. That visibility will be more difficult to achieve now that club sports won't be allowed to furnish apparel with the signature Oregon "O" or any of the font used by Division I athletics.

"It's a liability issue with athletics," Zamalloa

said. "We have students who travel around the world. If they get in trouble, athletics doesn't want to receive phone calls blaming them."

Lindfors said the font helps club sports associate themselves with the community of student athletes but added that is isn't anything the team can't overcome.

Selecting the team may be the biggest challenge of all for UO Snow. Without a mountain readily available at a moment's notice, there aren't opportunities to hold tryouts and let applicants showcase their skills. Because of that, the selection process heavily leans on how committed to the team an applicant is.

With over 70 applications turned in for this season, the captains – who also act as coaches – had tough decisions to make.

"There's no way I can tell how skilled someone is," Zamalloa said. "My personal focus is mainly on dedication."

"Responsible students are what make any student organization better," Lindfors added.

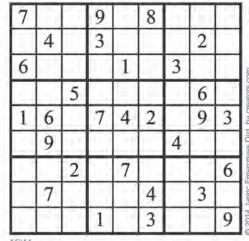
There is no snow yet, but the team is staying committed to building UO Snow and getting on the mountain one way or another.

"We might go bounce on trampolines," Chapman said.

BY MADISON GUERNSEY, @GUERNSEYMD

#### JANRIC CLASSIC SUDOKU

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process elimination to solve the puzzle. The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).



#### Rating: GOLD

#### The New Hork Times Crossword

36 River under the

Ponte Vecchio

37 Steinway offering

39 Follow-the-leader

sorts

40 Identifies, on

Facebook

elephants

41 One seeing pink

42 Kosygin of Russia

43 Rug rat pursuer?

46 Believers in one

50 Stallone's genre

seconds of many TV shows

47 Elvis's label

**53** The last 30

physician

57 Outstanding posture for a

catcher?

60 AT&T Stadium

feature

#### ACROSS 1 Lithium or iridium

- 6 Math subj. with proofs
- **10** W.C.'s 14 En masse 15 Area jiggled while
- twerking 16 Touched down 17 Food critic's assessments of calamari?
- 19 Brilliant 13-Down
- 20 Disbursed 21 Part of a Holmes comment to Watson
- 23 Nintendo's Super
- 24 Tony-nominated musical based on a 1992 Disney
- 27 Maneuver on a chessboard? 32 Ones coming on
- 35 Biblical verb

#### 61 Antidiscrimination ANSWER TO PREVIOUS PUZZLE

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#### **FIND OUT**

@odesports

#### **HOROSCOPE** by Holiday Mathis

ARIES (March 21-April 19). Rest assured, you don't have to go to the expense of traveling far and wide to find more excitement. New people bring even more adventures than do new places

TAURUS (April 20-May 20). Your heart is so big that you love people who haven't even been born yet. Metaphorically, you'll be planting trees that never will be big enough to shade you in your lifetime, but generations to come will benefit.

GEMINI (May 21-June 21). Your tendency to overestimate the talents of those you admire goes hand in hand with the bad habit of under estimating your own talent. Stop analyzing, put your head down and work.

CANCER (June 22-July 22). Love isn't an idea: it's a feeling that produces ideas. If it were an idea, you could think it and fall in love with anyone. But you can't force yourself to love someone any more than you can force someone to love you

LEO (July 23-Aug. 22). It's not that you're so limited in what you can and can't do today, but your preferences narrow down your choices quite a bit. This is a good thing. It's what gives you your style.

VIRGO (Aug. 23-Sept. 22). "Perfection pa-ralysis" won't immobilize you willy-nilly. It only freezes you out of doing certain tasks: the ones you think you're supposed to do perfectly be cause you believe it matters big-time. It doesn't.

LIBRA (Sept. 23-Oct. 23). You're in a private mood, and you don't want people to know what time you woke up, who your favorite friends are and what you did last Friday night. But they'll ask anyway unless you lead the conversation.

SCORPIO (Oct. 24-Nov. 21). You'll influence the feelings of others by refusing to tell them how to feel. You respect every person's right to his or her own reaction, and you look forward to being surprised at what that reaction might be. SAGITTARIUS (Nov. 22-Dec. 21). Fighting ideas is like fighting clouds. You can punch and kick, but what difference will it make? The way to impact the world today is by tackling the tangible items

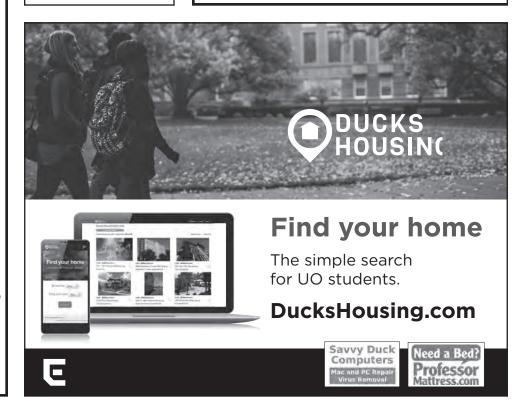
CAPRICORN (Dec. 22-Jan. 19). You are part of a large and diverse group, but you also are uniquely yourself. You may spend the better part of the day acting toward the purposes of the collective. First, take the time to address your individual needs.

AQUARIUS (Jan. 20-Feb. 18). You actually may try to be boring on purpose to throw some-one off the trail of who you really are. You just don't want the attention now, and that's healthy. No one should need all of the attention all of

PISCES (Feb. 19-March 20). You'll be trying to get something important done, and this involves others. Too bad. It would be easier and faster if it didn't, or if you could control the others. Alas, communication is your only hope.

TODAY'S BIRTHDAY (Jan. 8). Your efforts are nearly saintly, though you don't want any attention for them. You would rather show your brilliance by hiding it in plain view for the masses in the principle of the principle of the promoted in June because you consistently turn in work that is a cut above the bunch. July features a touch of the exotic. Aries and Scorpio people adore you. Your lucky numbers are: 20, 1, 11, 48 and 37.

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#### **ABOUT**



Oregon. Formerly the Oregon Daily Emerald, the news organization was founded in 1900.

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#### **ON THE COVER**

The cover photo was taken by Emerald Photo Editor Michael Arellano.

A BY ANDREA HARVEY



## Thanks for taking two steps backward, Beyoncé

Last month, Beyoncé spontaneously released a new self-titled visual album, in which every song was accompanied by a music video. There were many things that Beyoncé claimed to be inspired by as she was creating this unique album. Beyoncé said that the visual aspect was added as she thinks people are beginning to lose appreciation of full albums and the way that each song works together to tell a story. For that, I can respect the hard work that she put into creating a video for each song on the album. Many of the songs and videos are well done and creative. However, the album as a whole is a bit too raunchy for my taste, especially considering the role model that Beyoncé has become to girls and women around the world, including me.

Beyoncé has always inspired me to appreciate everything about being a woman. She was always the kind of celebrity that had her own unique style, her own way of doing things and a sassy personality that she never let anyone change. Beyoncé was the kind of woman that would just say, "This is me! Deal with it." But not like most other celebrities. She always had class, and I loved that about her. This album, however, has led me to believe she's not quite as classy as I thought.

When I watched her new visual album for the first time, I was a little disappointed. Nearly every

single video featured her half naked with closeup after close-up of her body, accompanied by explicit lyrics that made me a little uncomfortable to listen to with my friends.

In the mini series of YouTube documentaries Beyoncé released after her album, she explained her mindset during the making the album. One song in particular, "Partition," which is about making love in the backseat of a car, was particularly embarrassing for her to explain to her family. She mentions one line specifically: "Driver roll up the partition please, I don't need you seeing 'yoncé on her knees." In the video, she dances on a stripper pole wearing nothing but a thong and a tiny bra.

"I was so embarrassed after I recorded the song because I'm just talking shit," she said. "I'm like, 'I can't play this for my husband!' I still haven't played it for my mom. She's going to be very mad at me."

In Part Three of the video series, "Run 'N Gun," Beyoncé said she is not ashamed of showing off her body. She worked hard to get her body back after her pregnancy. Beyoncé also said that she wants to show the world that you can be a mother and still be sexy. Does sending that message really call for an album filled with raunchy lyrics and explicit videos? Her children are going to grow up and listen to her music and receive a thorough

play-by-play of their parents' sex life. If that's not totally inappropriate, I don't know what is.

In the second part of the video series, "Imperfection," she said one of her goals in the album was "finding the beauty in imperfection." If she wanted to show that there is beauty in imperfection, then why did she need to spend months recovering her post-baby body to show it off in the video? The messages she claims to be sending are not exactly making sense.

I'm not going to say I have lost respect for Beyoncé because I think a lot of the messages she attempted to send were generally empowering, and she had good intentions. She's undoubtedly beautiful inside and out, and the post-baby body is impressive. Next time, she should reconsider some of the messages she is sending to all those 15-year-old girls out there who are watching the album. They need to know that being sexy doesn't mean you need to flaunt your body at every opportunity possible.



Anrdea Harvey is a columnist for The Emerald. Follow her on Twitter @AndreaRHarvey

## THESE WERE THE 10 BEST VIDEO GAMES OF 2013

#### 10. "BROTHERS - A TALE OF TWO SONS" (360, PS3, PC)

"Brothers - A Tale Of Two Sons" is a co-op puzzle game for one player, and it tasks you with finding medicine for your father. You control two brothers – one with each analog stick – as you traverse a beautiful fantasy landscape.

#### 9. "THE STANLEY PARABLE" (PC)

Comedy is hard to pull off in video games – especially when the subject matter is gaming. But "The Stanley Parable" manages to create an astounding and hilarious experience that tears apart common tropes of game design.

#### 8. "GONE HOME" (PC)

Misdirection is one of the most powerful tools an artist can exhibit to craft a meaningful experience. With that said, go play "Gone Home." The less I say about it, the better.

#### 7. "THE LAST OF US" (PS3)

Naughty Dog has long stood as the leading name in cinematic gaming, telling stories that manifest as unforgettable experiences. "The Last Of Us" is the team's magnum opus – a dystopian action-thriller that is relentlessly brutal in every aspect.

### 6. "GRAND THEFT AUTO V" (PS3,

This last year was a big year for gaming, and there was no bigger game this year than "Grand Theft Auto V." The enormous, detailed world of San Andreas is a testament to every name on the 20-plus-minute credit roll. Using this stage, Rockstar tells their finest crime drama yet with bombastic heists that were among 2013's best moments.

#### **5. "THE LEGEND OF ZELDA: A LINK BETWEEN WORLDS" (3DS)**

Despite my Nintendo fanboy status, I never had a ton of love for the Zelda series. "A Link Between Worlds" finally hooked me by switching the established format. The open-world structure invites you to tackle dungeons in almost any order, and the control feels fantastically smooth.

#### 4. "GUNPOINT" (PC)

Many games frame you as a hacking techno-genius, but the ability never seems to manifest as anything other than fancy lockpicking. Not so in "Gunpoint." You can hack a guard's gun to remotely electrocute another person when he pulls the trigger. Also in "Gunpoint," you can hack an elaborate series of elevators and switches to traverse a level in any way you see fit. You can even tackle a guy through a fourthstory window then pummel him once you hit the ground. That last one is not even about hacking. It's just really friggin' cool.

#### 3. "SUPER MARIO 3D WORLD" (WII U)

"Mario" is one of those franchises which always finds a way to avoid stagnation. Despite being on the market for almost 30 years, the latest 3D platformer is fresher than ever. The game boasts multiple playable characters, genius level design and an astounding level of content makes me hope Mario will be around for a few more decades.

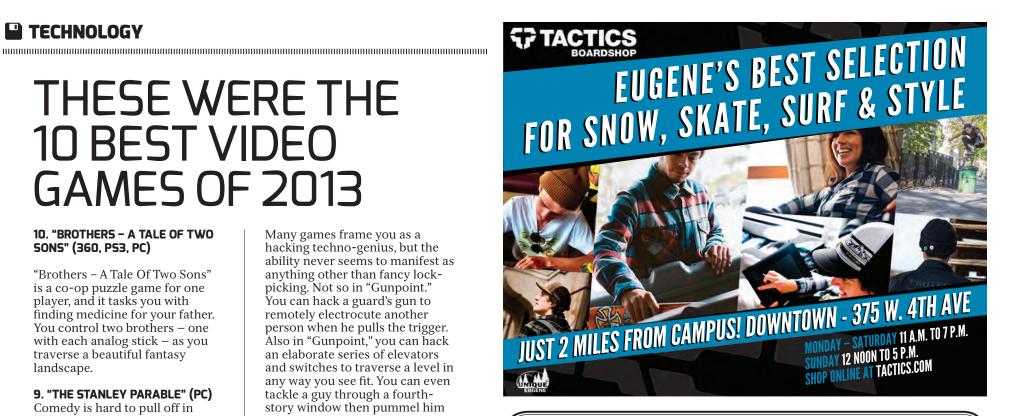
#### 2. "BIOSHOCK INFINITE" (PC, 360, PS3)

"BioShock Infinite" is like a demented Disney fairytale come to life. The game is artistically beautiful and loaded with thrilling action. It's an absolute roller coaster ride of a shooter. Top it with an ending that had the Internet talking for months, and you have the best major studio release this year.

#### 1. "ROGUE LEGACY" (PC, COMING TO PS4/PS3/VITA IN 2014)

Few games have captured my attention as deeply as "Rogue Legacy." A sidescrolling action platformer in the same vein as "Castlevania," the game changes with every death. From your character's attributes to the layout of the castle itself, everything is variable. As you run members of your knight's family tree through the medieval gauntlet, you master the game's airtight control and upgrade set skills to get a little bit farther in the next run. Give it a shot, and you'll be as hopelessly hooked as I am.

BY CHRIS BERG



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