THE INDEPENDENT STUDENT NEWSPAPER AT THE UNIVERSITY OF OREGON • SINCE 1900

LIBERATED LIBERO **FAMILY AFFAIR** 

Sophomore Kellie Kawasaki has found her place on Oregon's volleyball team SPORTS | PAGE 5



Casey Matthews opens up on his pedigree and Duck 'D' SPORTS | PAGE 5

CHINESE MEDICINE NOT **JUST PHYSICAL** NEWS | PAGE 3

**BIPARTISAN BACKFIRE** OPINION | PAGE 2

HIGHER EDUCATION

# Scholarly success

University seniors Lindsay Short and Josh Lupton are in the running to receive a Marshall Scholarship. The Marshall Scholarships program was created by the United Kingdom as a thank you to the United States after the passing of the Marshall Plan, which helped rebuild Europe after World War II.



AARON MARINEAU PHOTOGRAPHER

#### Two University seniors await Marshall Scholarship selection, chance to study in Cambridge

#### **STEFAN VERBANO NEWS REPORTER**

The British Consulate in San Francisco interviewed two University seniors last Monday in the final round of the Marshall Scholarship selection process.

Josh Lupton, a biology and human physiology double-major,

and Lindsay Short, a history major, are both finalists for the prestigious award's 2011 allotment which, throughout the program's 55-year history, has only been awarded to three University students.

Both students are prepared to depart for the University of Cambridge in the United Kingdom if they receive news announcing their selection next week.

Up to 40 Marshall Scholars from the U.S. are chosen every year as part of a living legacy instated in 1953 by the Parliament of the United Kingdom in memory of George Catlett Marshall, the U.S. Army Chief of Staff during World

War II and the post-war European Recovery Plan, or Marshall Plan, progenitor. The scholarships cover university fees, cost-of-living expenses, books and research fees for two years, and offer the possibility for one-year extensions.

> **SCHOLARSHIP CONTINUED ON PAGE 3**

#### BUSINESS

## **Downtown** sees results of two-hour free parking

Customers attracted; store owners recommend further change needed

#### **SARAH WALTERS**

Five weeks after free parking became available in downtown Eugene, business owners and managers are noticing improvements but still see need for change.

In early October, city officials removed parking meters and created two-hour free parking spots in a 12-block radius downtown in order to attract more people to shop, eat and visit downtown Eugene.

"I think it's great, and it's opening up people's minds to coming downtown," said Mitra Chester, who owns the fashion shops Deluxe and Kitsch with her husband Aaron.

Potala Gate co-owner Kyizom Wangmo noticed positive customer feedback, and said the fact that people don't have to worry about parking meters is an improvement.

"It's a positive thing for me and customers,"

Harlequin Beads and Jewelry owner Stacy Bierma said she saw that the new free parking spaces have caused a reduction in turnover rates.

"It might be harder to find a spot now,"

Besides giving drivers two hours of free parking, all downtown parking garages offer free parking for the first hour and free parking all day

**PARKING** 

**CONTINUED ON PAGE 4** 

#### STUDENT GOVERNMENT

## Connecting Eugene, ASUO still oppose riverfront construction

Groups formed panel to explain history of University's attempts to build along river, inform students

#### **FRANKLIN BAINS**

Connecting Eugene and ASUO members held a panel Tuesday to let students know about their desire for University President Richard Lariviere to hear from students and community members before allowing developers to move forward with development on the Willamette riverfront.

Connecting Eugene, a group that opposes Willamette riverfront development, will attend today's University Senate to present a resolution against development until plans for the property are reviewed by students and community members because they feel residents need a voice in this matter.

Founded by University students and alumni in fall 2009, Connecting Eugene aims to focus on pressuring University administration to meet a mandated review period for riverfront development. Connecting Eugene members will be wearing blue to show unified support for their resolution.

University graduate student Paul Cziko and alumni Allen Hancock, members of Connecting Eugene, were joined on a panel by ASUO President Amelie Rousseau and former anti-development advocate and alumni Josh Laughlin who explained the history of the University's attempts to build along the Willamette River to students.

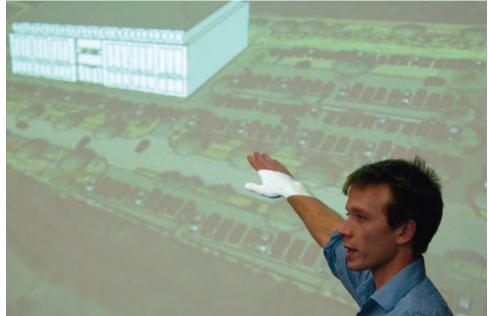
Cziko said he doesn't like the structural encroachment on the riverfront.

"This is a large, four-story private office building in the middle of a sea of parking, right on the river," Cziko said.

Hancock added that beyond the basic idea of the plan, he opposed development because of the way the University is moving forward with it.

"What we're all kind of driving at here is that the University and the city both haven't been in compliance with the very agreement that they set out together with one another,"

> RIVERFRONT CONTINUED ON PAGE 3



**ALEX MCDOUGALL PHOTOGRAPHER** 

University graduate student Paul Cziko, a member of Connecting Eugene, is working to stall the development of a four-story office building on the Willamette riverfront.

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#### **FORECAST TODAY** High: 51 Low: 39

Chance of rain

**TOMORROW** High: 51 Low: 41 Showers likely

Limit submissions to 850 words. Submissions should include name, phone number and address. The Emerald reserves the right to edit all submissions. One submission per person per calendar month.

OPINION opinion@dailyemerald.com 541-346-5511 x321

STIRRING UP DEBATE AND STIMULATING DISCUSSION ON CAMPUS



Editor's note: This satirical piece is part of our "Shallot" series. All content is unbelievably fake.

After its ninth consecutive win last Saturday, sources have reported that the Oregon football team is quickly running out of things to beat.

"Football is getting so boring," LaMichael James said. "We usually start off the first half slow, just to make the second half more fun."

Last month, the team grew so tired of college football that it started playing

local high schools. They soon found they were winning too quickly - often beating up to five high school teams in one night.

Realizing they were exhausting all their opponents in football, players agreed that branching out into other areas would be a welcomed challenge.

"We can't find anything we can't do," Jeff Maehl said. "We've even gotten good at classes."

The team has been ranked number one in tennis, volleyball, baseball, racquetball, dodgeball and even amateur tetherball. They've defeated every single team in every single sport officially recognized in Oregon.

"Once we started playing against elementary schools, things really got fun," said head coach Chip Kelly. "We showed them who's boss."

The team plans to go into competitive spelling bees once it conquers this year's OSAA Dance and Drill competition.

**—MEGHAN HODGE** 

SCIENCE OF FICTION | MATT TELLAM

## Keep an eye on GOP; expect fresh ideas come January



**MATT TELLAM** 

is a junior from Lake Oswego. He is a political science major who. oddly enough, writes political opinion columns. He began writing for the Emerald last year. He likes reading and watching the Portland Trail Blazers. He also likes the New York Jets due to a  ${\tt convoluted}$ story that no one probably cares about.

Last Tuesday, Americans delivered a warning message to the government of the United States. The message was mixed, somewhat hostile and ultimately confusing:

We the people of the United States, in order to fix the economy, do hereby reinstate the people who got us into this mess back into the House of Representatives, assure that the Senate will remain stagnant, and turn over the reigns of most state governments to the hands

Screwy, ain't it?

Some of the fault may lie with the Democrats. Despite the positive performance of the stock market, job growth has remained stagnant and Americans are justified in being upset. For the average person, the stock market may well be a general indicator of the economy, but the typical middle class citizen cares very little whether the Dow Jones is at 9,000 or 11,000. They want jobs and job security, something the Democrats have been unable to provide.

One has to question President Obama's ability to deal with Congress. The long and bloody fight for health care reform used time and resources that, perhaps, could have been better spent implementing economic reforms and creating job growth. That being said, the window for health care reform was a small one, and if it hadn't been passed then, it may never have been passed. One also has to remember that it was Republican animosity toward the health care bill that made it so controversial. Although, this is how our government was designed: to force compromise. Perhaps Democrats were too naive heading into the election, as well. Despite overwhelming poll data to the contrary, Democrats maintained that they expected to maintain a majority in the House of Representatives. Perhaps if they would have had more of a sense of urgency, their ultimate (and it really was a beating) demise in the House could have been, if not outright avoided, then somewhat lessened.

Perhaps President Obama should have been more vocal from the start that the economy was in the dumps precisely because of the Republicans.

When Franklin Roosevelt was elected president in the midst of the Great Depression, he sought to place the blame completely on the Republicans, garnering public support from a furious populace with a large Republicanbacklash. He was able to pass the New Deal reforms in Congress relatively easily.

President Obama struggled in Congress in because he decided early on that he would work with Republicans on the issue of the economy. This plan has backfired, and it seems that most Americans have forgotten it is the Republicans who are the root cause for current troubles.

Instead, the Republicans have used the president's early attempts at a bipartisan approach to make a brilliant maneuver: retake control of the House without even having to propose policy measures to fix the economy.

The Republicans bitterly fought against every bill brought through Congress. They turned President Obama's desire for bipartisanship into a farce. They played on everyday Americans' fears of big government, big spending and socialized medicine. They polarized issues until a clear line was drawn and Republicans and Democrats were split neatly down the aisle. As a result, partisan politics is at a level of bitterness unseen in

With all of that said, one can hope that the American electorate will pay close attention to developments over the next four years. True, Republicans gained a sizeable majority in the House, but the Democrats maintained control of the Senate and the White House. That means Republicans control only one fourth (if we include the judicial branch) of the federal government.

A large majority of the states are now governed by Republicans. Yet, the federal government is the most powerful it has ever been, especially with regards to the president. The only governors who can wield any real power are those from large, populous states, such as California, which actually transitioned from a Republican governor to a Democratic one.

But most importantly, the American people need to watch the Republicans. For better or worse, the Democrats had their chance in Congress, and the American people felt they had not accomplished enough. Republicans were elected mainly not on what they offered to do to help fix the economy, but simply because they opposed Democrats. Come January, the American people are going to see what Republicans propose to do. They have an opportunity to bring in fresh ideas and new proposals without reverting back to the tried and failed methods of trickle-down economics and tax breaks for the wealthy. If not, they should find their stay in the halls of Congress short.

MTELLAM@DAILYEMERALD.COM

LETTER TO THE EDITOR

#### LAST CHANCE TO ASK UNIVERSITY TO ALLOW INPUT ON RIVERFRONT DEVELOPMENT PLAN

Last Chance To Save Our Riverfront!

For over 20 years, students, faculty and against University administration's plans to turn University-owned open riverfront space into a private office complex. But we are now running out of time. Construction could begin before the end of the year with a plan that calls for the development of a 4.2 acre area of land for a suburban-style office building and a surface-level parking lot.

In the 1980s, the University and City of Eugene established a partnership to govern the public land on the riverfront. Since then, taxpayers' dollars have been wasted while the University has continued to ignore widespread opposition. The plan has not been revised since its creation in the 1980s, leaving the proposal outdated and exclusive of public input.

Despite consistent community efforts to be involved in discussions concerning the placement and design of the Oregon Research Institute building, public dialogue has been overlooked, and there has not been a single public meeting.

Today at 3 p.m. in Knight Law Center room community members have been pushing 175, the University Senate will discuss whether the University should include students and the broader community in planning the future of the riverfront. Please join us today and wear blue to show your support. This week may be the last chance to voice our concerns.

> **AMELIE ROUSSEAU** ASUO STUDY BODY PRESIDENT

**ZACHARY STARK-MACMILLAN** ASUO SENATE PRESIDENT

NATHAN HOWARD ASUO ENVIRONMENTAL ADVOCATE

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**KELLY ZILLMANN** CAMPUS RECYCLING COMPOST COORDINATOR LETTER TO THE EDITOR

#### **WEST 11TH AVENUE NEEDS EMX EXTENSION;** CURRENT BUSES DON'T SOLVE CONGESTION

run transportation group on campus, I must temporary effect on businesses is balanced disagree with many of the statements put out by future long-term benefits. forth in Monday's editorial on the West Eugene EmX Extension. If the current buses that run down West 11th Avenue were the solution to the problem, then we would not have a problem in the first place.

West Eugene faces some of the worst congestion in town while having inconvenient public transportation service in an environment that is not conducive to bicycling and walking. With its 10-minute schedule and convenient stops, the great success of the first EmX line shows that more people are willing to use public transportation that is convenient and easy to understand.

The editorial acknowledges that there would also likely be some negative effects on businesses during construction. However, that is certainly the case with most major construction projects, but that does not stop the projects from continuing if they are for the

As a member of LiveMove, the student-public good. As is the case in this project, a

Finally, the sentiment that the money is being used unwisely is incorrect. The money that would go toward a new EmX line is only available through the Federal Transit Administration for projects of this nature. It could not be used for anything else, including new bicycle lanes, sidewalks or vehicle lanes.

While there might be some vocal opposition to the West Eugene EmX Extension, I have heard from business owners and residents who reside along the new potential route who all support this project because they see the long-term benefits of providing easy, efficient and convenient public transportation. It is time that we reduce the dependency of personal automobiles and reconfigure West 11th Avenue with bus rapid transit, which is essential to providing another alternative.

KEVIN M BELANGER UNIVERSITY STUDENT

#### SOLVED OR UNSOLVED?

Columnist JoAnna Wendel looks into some science mysteries at blogs.dailyemerald.com/opinion

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#### NEWS

**HEALTH** 

## Confucian doctors treat the emotions, spirit and body

Professor at the National College of Natural Medicine touts the merits of this health approach

**HANNAH DOYLE** 

Fall is the time of year when the bug travels around. Those who have it are trying to get rid of it, and those who don't have it are fighting for their lives to stay healthy. Is it more than just a bug that's traveling around? Is it just the physical symptoms that are keeping everyone sick and tissue-stricken? A professional in Chinese medicine savs otherwise.

Heiner Fruehauf, a professor from the National College of Natural Medicine in Portland, explained the premise of Chinese medicine in a presentation on classical Chinese medicine Tuesday night. He said emotion is directly related to the physical condition and that the Chinese believed there are two elements to the human being: physical and spiritual.

Fruehauf argued that modern science has neglected the invisible realm of human beings when diagnosing problems.

"Every symptom is a sign that points toward the invisible," Fruehauf said. "The

material world points back to the energy and thoughts that created it."

He argued that if doctors today would pay attention to the emotional and spiritual side of our beings, they could properly treat and diagnose patients. He came to this belief and conclusion through his own experience.

Fresh out of college at the age of 27, Fruehauf went to the doctor because he knew something was wrong with him. After various tests and MRI scans, his doctors couldn't find anything wrong.

Shortly after, he was diagnosed with testicular cancer. He survived, but he said he knew there was something wrong with him far before the appearance of his physical symptoms.

Determined to find an explanation, he soon became interested in the philosophy and cosmology of Chinese medicine.

Because of this intense interest, Fruehauf declined a position as a Chinese literature professor at Harvard University and chose to pursue Chi-

nese medicine and its clinical applications. Fruehauf said that he daily expresses thanks for his cancer because it led him to his passion. He continuted to pursue his study and eventually founded the School of Classical Chinese Medicine at NCNM.

Fruehauf describes the practices of Chinese medicine as simple as maintaining things in nature.

"If you want to take care of the tree, you must take care of the roots of the tree," Fruehauf said, explaining that the roots of our physical being is our spirit.

Fruehauf described the practices of Confucian doctors. Their practices teach that the body is synced with the seasons of the year, and because the body is in tune with nature, symbols are used for each season. Wood correlates with spring, fire with summer, metal with fall, and water with winter. Each symbol accounts for certain parts of the body, Fruehauf said. He laid out the mechanics for these symbols, such as metal representing

He also said that in Chinese

**MEDICINE** CONTINUED ON PAGE 4

#### **SCHOLARSHIP** CONTINUED FROM PAGE 1

During their time as undergraduates, Lupton and Short succeeded in academics both earning GPAs above 4.0, much of the credit for which they modestly defer to the instructors and advisors who have assisted them throughout their educational pursuits.

Lupton, who is a Robert D. Clark Honors College student, said the University staff and faculty members he has befriended during his studies deserve part of the glory of his nomination.

"Any measure of success as far as the award goes is in equal parts due to the professors and administrators here at the UO," Lupton said. "As much as it reflects on me, it should reflect on the UO as a whole."

Short shares Lupton's emphatic feelings of gratitude and described her preparation for the selection process between herself and University faculty.

"Once I received word that I was a finalist, the U of O staff has continued to be nothing but helpful," she said. "This was really a team effort involving myself, many helpful professors and U of O staff, and I think of it as a victory for all of us."

Both finalists said the value and importance they

place on cultivating their education and honing their professional skills has been a catalyzing factor throughout the process, pushing them to welcome new academic challenges.

"Education is the path to get to (the next) level," Lupton said. "Not just with knowledge but with the perspectives you gain in a college setting."

Short also expressed how much her University education means to her.

"I could not imagine my life without considering the education I've received," she said. "I just really love school ... (and) it's exciting to me to continue to learn new things. I love the challenge that comes with schoolwork, and I'm sure not ready for my education to end just yet."

As an extra-curricular outlet for his studies, Lupton works with Volunteers in Medicine, a Lane County-based provider of free primary medical care and mental health services to the county's more than 75,000 residents living without health insurance. Should he be selected for the scholarship and attend Cambridge, the senior hopes to return stateside to become a doctor.

"My ultimate goal is a physician ... working more at the patient level, Lupton said.

In contrast, Short wants to study alongside 450 other history graduate students in Cambridge's impressive history program, the size and reputation of which has made the school the primary selection for where she wants to earn her next degree.

"To study at any U.K. university would be fantastic, but the University of Cambridge would be my first choice," Short said. "Obviously its reputation is top-notch, and it has tremendous resources, but specifically for me, the size of the history program is a big draw ... I can hardly imagine studying at a university that has shaped so many gifted minds and accomplished men and women."

David Hubin, a senior assistant to University President Richard Lariviere, said Lariviere's appointment as University president breathed new life into the school's commitment to ensuring that students eligible for distinguished scholarships were pushed to apply.

"Letting students know about (these awards) is a high priority in his educational agenda," Hubin said. "It reflects very positively (that) there are students here in our classrooms who could be anywhere, and who could compete anywhere."

HIGHER EDUCATION SVERBANO@ DAILYEMERALD.COM

#### RIVERFRONT CONTINUED FROM PAGE 1

Hancock said.

ASUO Environmental Advocate Nathan Howard also attended the meeting and described the context of the Riverfront issue through walking to a football game at Autzen Stadium.

"When you're walking to that game, you've got that beautiful open space on the Riverfront," Howard said. "That is what is being developed."

University junior Esteban Vollenweider will be at the Senate meeting today wearing blue to show his support of the resolution.

"I have studied architecture and planning for three years, and everything I have learned has FBAINS@DAILYEMERALD.COM

signified this is a bad idea," Vollenweider said. "I think it's really good that the community has created a powerful initiative to voice their opinion about the development of Eugene."

Rousseau said she opposes development based on the issue of sustainability. "Sustainability is an issue that the high majority of U of O students care about and really want to see UO prioritize," she said.

The University Senate will meet today at 3 p.m. in room 175 of the Knight Law Center, where University faculty, staff and select students will vote on a resolution from Connecting Eugene requesting Lariviere hold a public review period.

**CAMPUS & FEDERAL POLITICS** 



Here's a tip from the Eugene Water & Electric Board:

Eliminate phantom power consumption by unplugging devices that aren't in use.

Electronic devices such as TVs, DVD players, computers, and coffeemakers with a clock can account for as much as 10% of home energy use. These hidden energy wasters appear to be off but are really on standby or phantom power. For more tips to reduce energy use, visit eweb.org.







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MEDIA

## Students expose risks in The New Yorker paywall

Northwestern University graduate students' online magazine covers new media, future of journalism

**SEAN LAVERY** 

THE DAILY NORTHWESTERN

Three Northwestern University graduate students are generating buzz in the tech blogosphere with an article on their online magazine's site that exposed compromising vulnerabilities in The New Yorker magazine's paywall system.

Jesse Young, the tech brains of the three-man team, discovered a coding flaw in the system meant to protect content from non-subscribers. Young authored the first of two articles, "The New Yorker, or How Not to Set Up a Paywall, Part 1," published on Oct. 19. One of his co-editors, Kevin Shalvey, wrote the second on Oct. 25.

Flood Magazine is the brainchild of Young, Shalvey and another one of their Medill classmates, Spencer Rinkus. The three started up the online publication as an independent study for course credit in July. It was meant to serve as a venue for experimenting with the kind of writing they weren't getting to try in their graduate program, Rinkus said.

The magazine has centered its coverage on the convergence of technology and the future of journalism.

"We decided to focus on the media and technology," Shalvey said. "Not just gadgets but the way people get information and how it's evolving."

Young's discovery came from casually perusing script for the archive login of the The New Yorker, a magazine to which Rinkus said the three students already subscribed.

"It's pretty common for web developers to look at other websites," Young said. "It's similar to writers and journalists looking at other writers' work."

He found that a few extra lines of code could circumvent the archive's paywall, allowing anyone to access the content

free of charge

Paywall systems are gaining traction in online media as print products hemorrhage cash. The Wall Street Journal has made users pay for content since 2008. It has approximately 400,000 subscribers and benefits from readers who have the option

"Everyone was mad the passwords got changed. They e-mailed everyone new passwords, which isn't secure. They just kept digging and digging."

SPENCER RINKUS FLOOD MAGAZINE CO-EDITOR

of using their subscription as a business write-off. Last winter The New York Times announced it would be instituting a metered content system as well, beginning in January 2011.

Before publishing the paywall story, Flood Magazine editors reached out to The New Yorker about the coding flaw but received no response, according to Rinkus.

"We talked to Prof. Marcel Pacatte, who is the advisor for our magazine. He called the school lawyers, and we edited the story," Young said.

The first story did not instruct readers explicitly on how to get around the paywall, but it did succeed in attracting the attention of a number of Internet tech personalities and media sites, many of whom have Twitter followings numbering in the hundreds of thousands, Rinkus said.

AdAge.com cited the article as the "best tech writing of the week," for the week ending Oct. 29.

Though they did not hear back from The New Yorker until this week, Rinkus said as paid subscribers to the magazine's site, he and the other Flood Editors received a flurry of e-mails the day of publication.

"Every e-mail was kind of frantic," Rinkus said. "In reaction to our article, we put up a bunch of upset tweets from New Yorker subscribers. Everyone was mad the passwords got changed. They e-mailed everyone new passwords, which isn't secure. They just kept digging and digging."

In the second installment of the series, Shalvey compared the discovery to Jon Lech Johansen's exposure of DVD encryption weakness. But the students avoided specifics in the article to protect themselves from possible litigation, Young said.

The magazine website has steadily gained in popularity and has launched a sister site called Flood Lite. What began as an almost accidental discovery could give the publication the edge it needs as it seeks funding to sustain its future.

Young and Rinkus will be graduating at the end of this quarter but hope to continue working on the site remotely.

"We are happy to do it," Rinkus said, "to create a space not a lot of people have explored, where writers write about technology and the state of journalism."

This story originally appeared in the Daily Northwestern, the student newspaper at Northwestern University **MEDICINE**CONTINUED FROM PAGE 3

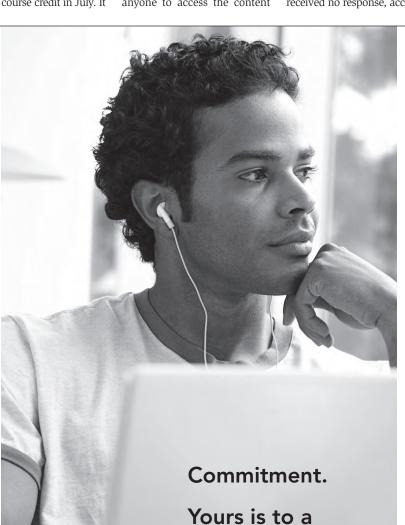
medicine, particular energies induce sickness in each area. For metal, judgment is the negative energy that induces sickness in the functions of the lung. Freuhauf said Confucian doctors treated this particular problem with the use of storytelling to help rid patients of their sickness.

In the example of a respiratory infection, the doctors would question the patient what was going on in their lives and inquire if there was a sense of judgment. For the remedy, the doctors would then tell stories and advise the patients to get rid of their judgment.

Fruehauf explained that organs are not merely physical organs but part of a person's spirit and nature, and he argued that if people treat their bodies only physically, they amount themselves to no more than animals.

"When we live the life of an animal, we are not filling the mandate of being a human," Fruehauf said.

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#### PARKING CONTINUED FROM PAGE 1

on Saturdays and Sundays.

Shoe-A-Holic manager Julie Schafer said that even though city officials added free parking spaces, there is still not enough parking in downtown Eugene.

"There's still not a lot of parking, but it definitely makes people happy to not plug a meter before they go shopping," Schafer said.

Hutch's Bicycle Shop service manager Darren Ohl noted both the positives and negatives of the free parking spaces.

"I think it's a good idea, but it will take some time to pay off," Ohl said.

Downtown Eugene has a reputation for being unsafe and this reputation might draw away potential traffic to small businesses, Ohl said.

However, business owners

agreed the city is doing the best it can given the current economy, and free parking is a step in the right direction.

Owners also discussed how University students make up a small population of the commerce downtown.

"It would be hugely

to be more daytime retail

beneficial," she said.

In January, city officials and members of the Community Planning Workshop, an

experimental branch of the

"There's still not a lot of parking, but it definitely makes people happy to not plug a meter before they go shopping."

JULIE SCHAFER SHOE-A-HOLIC MANAGER

shoppers and diners that visit downtown Eugene.

"Students have no reason to come downtown," Ohl said, citing all of the restaurants and shops located next to campus. "Downtown could do a better job for (the college) demographic."

Chester said downtown has a great night life scene, but she added there needs

University's department of planning, public policy and management, will review the program.

The free parking program will run from Oct. 1, 2010, until Sept. 30, 2012. The free two-hour parking spaces are located between Seventh and 11th Avenues from Lincoln Street to Willamette Street.

BUSINESS, HEALTH & SCIENCE SWALTERS@DAILYEMERALD.COM

## Veterans Awareness Week \*\*\* Nov. 8-12 \*\*\*

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Presented by the Veterans & Family Student Association

In honor of the Veterans Awareness Week the VFSA will be hosting a week of events:

- Veterans Art Show: Monday Thursday in the EMU Concourse. Come see art work done by UO student veterans that shows how different and similar we all are. While you are there, honor the veterans you know by writing their names on the Recognition Board that will be on display.
- Veterans Awareness Week is November 8-12. The University Veterans Day Celebration will be from 10am-12pm (light refreshments at 10am, program at 11) in the Agate Hall Auditorium on Veteran's Day, Thursday, November 11, 2010. Please join us for this celebration. The Veterans & Family Student Association will be hosting a week of events.
- Clothing Drive: Donate new and lightly used clothing for homeless veterans. Look for purple donation boxes at various locations on campus.
- VFSA Veterans Day Reception: Join the VFSA from from 12-2pm in the EMU Suite 2 on Thursday, November 11 for a Veterans Day Reception. Light refreshments will be provided.

#### **COSTA SHOWS CHARACTER**

Oregon's senior quarterback accepted season-ending injury with a grace and humility SPORTS | PAGE 7



#### **SPORTS**

Editor Lucas Clark sports@dailyemerald.com 541-346-5511 x322

WEDNESDAY, NOVEMBER 10, 2010

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**VOLLEYBALL** 

# FREE TO PASS

Sophomore Kellie Kawasaki has come into her own during her second year in Eugene



IVAR VONG PHOTO EDITOR

Oregon sophomore Kellie Kawasaki was one of two freshmen who manned the libero position for the Ducks last season. This year, Kawasaki has taken the reins and is third on the team in digs per set.

#### ANDY DRUKAREV

SPORTS REPORTER

When Kellie Kawasaki first arrived in Eugene two summers ago to begin her Oregon volleyball career, she had a bit of trouble with the transition from high school.

Things were fine on the volleyball court. Kawasaki endured normal freshman trials and tribulations, but her talents carried over well to the collegiate level.

Dorm life, on the other hand, proved more of a challenge.

"It's a lot different living on your own," Kawasaki said. "I definitely had to get used to doing my own laundry and stuff like that."

It didn't take Kawasaki nearly as long to get the hang of Pacific-10 volleyball.

After splitting time with fellow freshman Haley Jacob and senior Amanda Westrick at the libero spot, Kawasaki earned a starting role midway through her first season in Eugene.

"Kellie came in and was our best passer last year for sure," Oregon coach Jim Moore said.

Kawasaki's contributions helped Oregon to a berth in the NCAA tournament and a No. 17 final ranking.

This year, despite switching positions from libero to serving specialist to allow Jacob, a better defensive player, in the lineup, Kawasaki hasn't missed a beat. She ranks among the top five Ducks in service aces per set and digs. But according to Kawasaki's teammates, her consistency might be her best trait.

"She's a lot more consistent (this year)," said Courtney Vaccarello, Kawasaki's summer roommate. "She's not so up and down, she's really steady. You won't be pondering how she's going to play one night and have her play the complete opposite the next."

"She has gotten more consistent on the court than in the past but I've always thought she was really good," added fellow sophomore Katherine Fischer.

Kawasaki has also excelled off the court. A general science major, she recently earned Academic ESPN All-District honors and holds a 3.72 cumulative GPA.

KAWASAKI CONTINUED ON PAGE 6

FOOTBALL

## Casey Matthews continues legacy of hard hits, long locks

Senior linebacker is the latest in his family to make a mark on the field

#### JACKSON LONG

FREELANCE REPORTER

The "family business" is becoming somewhat of an outdated fixation. With small companies forfeiting left and right, the idea of a son carrying on his father's trade has become passé. Bucking this trend is the Matthews family, where football is passed from generation to generation. Casey, a senior linebacker at Oregon, is the latest to break out of the Matthews clan, and he plans to continue the legacy of gridiron greatness.

Oregon Daily Emerald: Your grandfather, your father, your uncle and two of your brothers were or still are football players. What is it like to come from that kind of athletic tradition?

Casey Matthews: The whole tradition in the Matthews family of playing football was brought upon me at a young age. I was always around football. Before and after games, I talk to my dad or brother and they give me advice on the game. My brother always

gives me a goal; a sack or a pick or something before the games. It is almost like I feel like I have to carry on the legacy. Deep down on the inside I feel like if I am a Matthews, I have to play football.

Your dad, Clay Matthews II, your brother Clay Matthews III and your other brother Kyle all played football at USC. You were not offered a scholarship there. Were you upset about that? Would you have played there instead of Oregon had you been given a chance?

I look at it now; I am happy here. USC didn't have too many scholarships to give out that year. I wasn't super bummed, but the whole recruiting pr cess opened my eyes to other schools; I am glad the way it turned out. At the end of my four years here, I am 3-1 against SC, but yeah, four years ago, I am almost positive I would have gone to S.C. if they offered it to me.

Clay III is now in the NFL on the Green Bay Packers and is currently leading the league in sacks. How proud of your brother are you?

If you watch Clay and what he has gone through,

MATTHEWS
CONTINUED ON PAGE 6



JACK HUNTER PHOTOGRAPHE

Casey Matthews (left) has a family pedigree to support his illustrious career at Oregon. Matthews' grandfather, uncle two brothers and father were or still are football players. His brother, Clay, is this season's NFL sacks leader.

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#### SPORTS

#### **MATTHEWS** CONTINUED FROM PAGE 5

I have never seen a work ethic like his. He walked on at USC and got a scholarship. He is so disciplined. If there is one person I want my game to be like, I want it to be like his.

You were a prep superstar for your high school team and posted monster stats in 2006 when your high school, Oaks Christian, went 15-0 and won the California State Bowl. You are playing at a high level now, and the Ducks are undefeated this year. What corollaries or differences are there between that season and this one?

You need to have fun when you play football. Football is just a bunch of guys going out there having fun. But I expect to win every game. In Pop Warner I was undefeated for three years, and in high school I never lost a game. Here we are bringing the program to a high level. I have been a part of some special teams.

Your brother played with long hair all through college and still does in the NFL. It seems like you are just recently letting yours grow longer and it is becoming a bit of a trademark. What is the story behind this?

It is hard to grow hair out; it is such mental discipline. It is a trademark. Clay says when he lets the hair down, it lets the beast out. I don't know if it lets the beast out for me, but it distinguishes us Matthews boys on the football field.

You have three interceptions already this year. Where did the hands come from all of a sudden?

Last year I had my hands on a lot of passes, but I didn't pick them. But this year they have us linebacker corps on the jug machine, which fires balls at us to catch. Last year I got so excited when I would see the ball. Now I focus more and try to seize the opportunity.

When you stepped on the practice field here in Eugene for the first time, did you ever see yourself one day being a starter and possibly the team's best defensive player?

I definitely expected to be a starter; I knew it would take a lot of hard work. It was all about me about grasping the defense, the concepts and being comfortable out on the field. My dad was my coach in high school, and he taught me to simplify things and our defense here comes natural to me. I feel like that's why I was able to contribute early as a freshman.

You are the starting middle linebacker. That position is sometimes referred to as the quarterback of the defense. Do you see yourself as the leader of the defense?

Every linebacker has a certain responsibility. My job is to get the front set and make sure the gaps are closed. I feel like I am one of the leaders. I'm in my final year and showing

the young guys how it works, and in the offseason bringing all the young guys up to speed. This defense has a lot of senior leadership.

Any great defense plays as a unit. But within that unit there are different categories. Do you see a cultural or social divide between the line, the backers and the secondary?

The DBs tend to be the loudest; they are the more ou spoken ones. It is a toss-up as to who is the mellowest between the line and backers, but it's a mix. The D-Line has extremes. Terrell Turner is loud and does a lot of talking, and Brandon Bair is one most humble guys ever. Kenny Rowe, I have only heard say five words since I have been here. He doesn't talk much, but when he does you definitely want to hear it.

The Ducks are known for their high-octane offense. But the defense this year has made the leap to somewhat match the success of the offense. Much like the offense, the defense is seeing success because of its speed as a whole. Do you feel that difference out on the field?

It feels natural out there. Obviously we have a fast defense; every team has a lot of speed and talent, but it's all about knowing what you are doing. When you know how to do everything well, you move faster.

Linebacker is an interesting position. You have to hit and stop just like the line but be ready to cover a man or a zone like the defensive backs. What do you see as your main strength?

I like pass rush. I think I have got a lot better at that. I have picked up some new moves. Whenever I am one on one with an offensive lineman, I feel like I am at my best. I feel like I have a natural knack for the zone coverage, though. That's where my picks have come from.

The Ducks, now being number one, are garnering much more national recognition. That means visible guys like you get more coverage too. How have you dealt with it, and do you mind it?

I don't mind it at all. When people recognize you, you are doing something well. I just take it all in, I just enjoy it while I can. The media coverage has stepped up, but we just stay mellow because things change quickly in college football.

When you are seen around campus, most people identify you as Casey Matthews the football player. But there is a guy under that helmet. Do you feel like the real you is out there for people to

recognize, or are you always number 55?

If people get a chance to talk to me, they will get to know it isn't all about football with me. The thing about playing in such a small town that is all about football, people see me as a Duck player. I like to have fun off the field; I actually just like to have fun in general. We joke about who is the best on the team and talk each other up like, "You are the All-American here!" or, "You are the best, show me how to do this." But we are all actually very humble.

#### Is there anything you haven't accomplished as an athlete or a student here at Oregon that you still want to?

I want to score a touchdown: as a defender it doesn't happen often. That's my athletic individual goal. Academic-wise, I just want to get my degree. I am on track to graduate in December, but I don't get to walk until spring and that is a special thing.

#### When you leave Oregon, how do you want to be perceived as a person, a player and a scholar?

Just as a great person overall. On and off the field I want to be seen as a classy guy who never put himself before the team. I want to be seen as a humble, unselfish guy.

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#### KAWASAKI CONTINUED FROM PAGE 5

"She's a good student and she tries really hard in school,"

Fischer said. How Kawasaki wound up excelling at Oregon on a vol-

leyball scholarship is another story. Growing up, Kawasaki wasn't fond of the idea of playing the sport. As a child, Kawasaki played nearly every major sport - soc-

cer, basketball, softball and tennis — but not volleyball. Her mother and aunt had played volleyball when they were younger, and Kawasaki wanted to carve her own niche.

"I kind of grew up around it, but I always wanted to play all the other sports because I didn't want to follow in their footsteps," Kawasaki said.

Nonetheless, when Kawasaki was in fifth grade, her mom pushed her into a tryout. Early on, it was apparent Kawasaki was a volleyball natural.

"My mom kind of forced me into trying out for club voltop team but I made the top team when I was 11 or 12.'

From there, Kawasaki went on to star in high school at West Linn High School in West Linn, a suburb of Portland. She switched positions from middle blocker to libero in her sophomore year (Kawasaki thought her modest frame would limit college opportunities at middle blocker), and colleges began to take notice.

"Mostly just like local schools (showed interest), pretty much all in the Oregon/Washington area," Kawasaki said.

Eventually, Kawasaki narrowed her choices to Oregon and Washington. She planned to walk on at Washington, but Oregon turned up its pursuit of Kawasaki after watching her at a club volleyball event in Seattle.

"We saw her a few times over the summer and we were real excited," Moore said.

After a visit to Eugene with her family, Kawasaki committed to play for Oregon. The Ducks' scholarship offer weighed in her choice, considering that had Kaleyball," Kawasaki said. "I had wasaki picked Washington, she never played before. I went to would have entered the program tryouts expecting not to make the as a walk-on (with a good chance

to earn a scholarship early in her career, as is common practice for libero prospects). But in the end, Kawasaki relished the opportunity to go to school close to home and play for a program with a winning mentality.

"Mainly how the volleyball program was built, how it came from the ground up (appealed to me)," Kawasaki said. "I can see that in the coaches how they have the mentality to have a winning team and I also just liked being close to home and being able to go home on the weekends if I wanted."

So far, so good. Kawasaki is an integral part of Oregon's 2010 squad that is in contention for an NCAA tournament berth despite playing only one upperclassman.

"As long as we win the matches we're supposed to win I think we should be okay," Kawasaki said.

And if she ever needs a hand getting her laundry done, parental assistance is only a short drive away.

ADRUKAREV @DAILYEMERALD.COM



## Costa accepts injury with signature class, composure



**PATRICK** MALEE a junior journalism from Chicago, is now in his second vear as an Oregon Daily **Emerald sports** reporter. An avid Chicago sports fan, he aspires to one day cover sports for a national

publication.

When Nate Costa was tackled near the Washington sideline last Saturday, I thought little of the play. It wasn't a crushing hit, and I was more concerned with the fact that Oregon had just failed on a 19-yard field goal attempt.

But then I saw a group of players surrounding Costa, and the athletic trainers running across the field. Uh oh.

Costa remained on the ground for a few more minutes before being assisted, very gingerly, off the field. The fact that he had to cross from sideline to sideline, at that excruciatingly slow pace, just made the moment all the more painful.

It was another knee injury, the fourth in Costa's five years at Oregon. His career at Oregon has officially come to an end, and the Ducks will have to move forward without him.

It is, of course, a considerable blow for the number one team in the nation. Costa may have been listed as the number two quarterback on the depth chart, but he was really more like option 1B. If anything ever happened to Darron Thomas, everyone could rest easy knowing that Costa was there to fill his shoes. He only reinforced that assumption with his play at Washington State a few weeks ago.

But that's not the real sore point of this story. It's easy to get caught up in the panic about who will fill in at backup quarterback, but we should all be concerned first and foremost about Costa's well being. The kid has been through a lot in his five years here in Eugene, and it is just plain unfair that this injury should happen in such a uniquely spectacular Oregon season.

He was finally healthy for a full season last year, backing up Jeremiah Masoli. Filling in against UCLA, he was able to spread his wings, completing nine of seventeen passes in a 24-10 win. When Masoli was booted from the team last spring, it looked like a perfect opportunity for Costa to swoop in

65 Building materia

Little Pigs'

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Edited by Will Shortz

and grab the starting job.

Of course, Thomas had other ideas, and eventually beat out Costa despite being a full two years younger. A lesser person might have exploded in anger and frustration, or perhaps transferred to a different school entirely.

Not Nate Costa. He took the decision in stride, telling the Emerald's Andy Drukarev that "it was tough, but the next day at practice I'm already over it." That's just the type of player and person that Costa is.

Which, of course, is why it was so heartbreaking to watch him leave the field on Saturday. Nobody deserves to have that happen, but Costa is a special case. He has been though this three times already. Did it really have to happen again, especially on such a silly play as a botched field goal?

Deep down, Costa is probably asking himself that very same question. Of course, if we know anything about him, he will probably take the prognosis in stride. He's certainly used to setbacks at this point.

In the greater scheme of things, an injury like this is certainly not the end of the world. Far worse things could happen to a 22-year-old, and Costa has a perfectly bright future after football.

Still, there are times in life when you look to the sky and say, "Come on, man. Really?" No one could blame Costa for feeling that way right about now.

If there is one thing that sums up Nate Costa's career, it is the way his teammates reacted to the news on Tuesday. Jeff Maehl's tone was soft as he discussed it with reporters, his eves vacant with sadness. Brandon Bair said he would do anything to switch places with his teammate.

Though Costa's playing career has been defined by injuries, he should not be remembered for them. Rather, fans should appreciate his ever-professional demeanor and work ethic.

His teammates certainly do. PMALEE@DAILYEMERALD.COM

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#### MEN'S GOLF

#### OREGON SIXTH AT GIFFORD CHAMPIONSHIPS

The Oregon men's golf team dropped to sixth place in the second day of competition at the Gifford Collegiate Championships in San Martin, Calif.

The Ducks shot a second-round team total of seven over par, which was 13 strokes lower than Monday's opening round, bringing the team's two-day score to 737. In the team standings, No. 16 Stanford finished the second round seven strokes under par,

stretching the team lead to 11 strokes ahead of second place UCLA.

Southern California had a 27-stroke improvement to secure third place, while Northwestern and Washington followed closely behind in fourth and fifth.

Individually for Oregon, junior Daniel Miernicki shot a 1-under 70 round and fellow junior Eugene Wong finished the day at even. After two days Miernicki sits in a tie for fifth place with

Washington's Cory McElyea at 142, just six strokes behind leader Patrick Cantlay of UCLA.

Juniors Andrew Vijarro (+2) and Robbie Ziegler (+3), and seniors Sean Maekawa (+6) and Jack Dukeminier (+3) rounded out the Oregon scoring for

The third and final round of play begins Wednesday morning at 8:30 a.m.

**— LUCAS CLARK** 

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**TODAY'S BIRTHDAY** (Nov. 10). You won't find your success the way you have in the past, nor will you find it the way others do. There's a fresh originality in your approach, and you'll be lucky while implementing progressive and unconventional ideas. Your love life blossoms this month. Family money will help you launch a venture in 2011. Capricorn and Leo people adore you. Your lucky num-bers are: 30, 4, 11, 23 and 16.

ARIES (March 21-April 19). You are in touch with your future. You can accurately answer big and small questions about what will happen. For instance, who is going to call you today? Let your mind wander, and the answer will pop into your head.

TAURUS (April 20-May 20). Writing is a powerful tool. It focuses you in a way that nothing else can. Write about the way you want your life to be. Then write it again as though it were

GEMINI (May 21-June 21). If your goal is too easy, you will accomplish it, but you will not feel very excited about it when you do. Shoot for something slightly more difficult, and you will be satisfied when you achieve it.

CANCER (June 22-July 22). Learn all that's necessary to do a project more or less by yourself. You'll save money, but that's not the point. You'll also challenge yourself, pick up a powerful and palary your begins.

LEO (July 23-Aug. 22). Instead of limiting yourself by scraping and saving until you achieve a desired result, you will live as though you have already acquired your dream. This doesn't require you to be extravagant, though your mindset will be generous.

VIRGO (Aug. 23-Sept. 22). You require a great

deal of freedom in your relationships. You'll put some distance between you and the person who asks too many questions about your comings and goings.

LIBRA (Sept. 23-Oct. 23). There will be a few interesting twists at work. However, do be careful not to get caught up in quests that are so unusual that you lose sight of what you're supposed to be doing.

**SCORPIO** (Oct. 24-Nov. 21). You know you can achieve your aim, but what you don't know is whether it's really what you want. Commit to working on this for a few days, and see how you feel about it then.

**SAGITTARIUS** (Nov. 22-Dec. 21). Your powers of self-control are growing stronger by the minute. You know how you want to behave. Keeping this in mind, you will successfully regulate your actions, attitudes and habits.

CAPRICORN (Dec. 22-Jan. 19). You are a steadfast and responsible person. However, don't forget that your first commitment is to take care of yourself. Without that one in place, you won't be able to help anyone else.

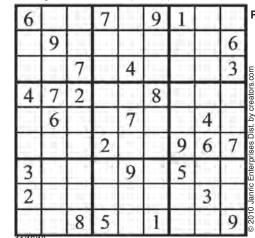
AQUARIUS (Jan. 20-Feb. 18). You'll have another interaction with that zany someone who keeps things interesting. You may not understand this person's ways, but you accept them and enjoy the air of mystique around the solutionship.

PISCES (Feb. 19-March 20). You do what needs to be done, whether or not the task happens to fit your idea of a good time. You can always play when the work is finished. Because you are so responsible, you'll succeed.

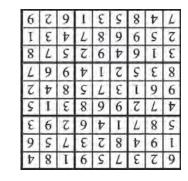
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#### Rating: GOLD



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#### **SPORTS**

**FOOTBALL** 

## Cal escapes Pullman with first road win

Golden Bears avoid embarrassing mark, prevail against Cougars

#### **ED YEVELEV**

DAILY CALIFORNIAN

With about seven minutes remaining at Martin Stadium, the Cal football team clung to a 14-13 fourth quarter advantage over Washington State.

On 3rd-and-20, Bears quarterback Brock Mansion tossed a bubble screen to Jeremy Ross, who was stood up in a crowd after a 13-yard gain.

But the senior wideout, aided by a pile of Bears, kept pushing. And pushing. And pushing.

"I probably looked at the sideline two or the times to see what we we're doing," quarterback Brock Mansion said. "I was looking for the next signal, like 'Should we go for this?' All of a sudden, it's still going, it's still going."

Eight yards later, Cal had a first down. Five plays and a missed extra point later, the Bears led 20-13 — the final margin of a win that, like Ross' clutch play, was a painful struggle.

"It's Jeremy, but everybody else, not giving up on the play," Cal head coach Jeff Tedford said of the game's defining sequence. "That play was huge. They must have pushed the pile eight, 10 yards. They continued to fight and scratch"

Indeed, the Bears (5-4, 3-3

in the Pac-10) staved off an enormous upset by the Cougars (1-9, 0-7) to finally earn a road victory in 2010.

Cal avoided the embarrassment of being Washington State's first Pac-10 victim in 16 games, but the Bears still found themselves on the wrong side of history in Pullman.

They were blanked in the first quarter against the nation's worst defense, Washington State its first opening period shutout of 2010. Cal was also the first FBS team ever to spot the Cougars a halftime lead in Paul Wulff's three-year tenure.

"Washington State, they really came out fighting," Bears defensive end Cameron Jordan said. "We could just feel it. They were fighting for every yard, everything they had was going into it."

As fired up as the host squad was, Cal gave its opponent plenty of help early on — dropping would-be two touchdowns on the team's opening drive.

After Marvin Jones couldn't corral Mansion's throw in stride, tight end Anthony Miller dropped a ball the following drive; a missed 37-yard field goal by Giorgio Tavecchio soon followed.

Instead, it was the Cougars who struck first.

Running back Logwone Mitz scored from 10 yards out to cap a nine-play, 80-yard touchdown drive that put Washington State ahead, 7-0, early in the second quarter. The Cougars would head into the locker room with a 10-7 edge.

Led by Jordan, however, the Bears settled down and claimed the lead after intermission.

Cal's senior defensive end made consecutive tackles on Cougars quarterback Jeff Tuel to force a three-and-out out of the half. Jordan delivered a stellar afternoon, racking up a career-high 12 tackles (including four for a loss), 1.5 sacks and a forced fumble.

Fellow end Trevor Guyton, who stepped in for Derrick Hill at nose tackle, contributed 2.5 more sacks.

"Wow, that's a lot. Then I think I'm doing alright," said a laughing Jordan after finding out his own defensive numbers in postgame interviews. "(And) I was happy to see Trevor have a great game. That's all I saw him, was in the backfield. He got in there like a knife through butter."

Though Tuel gained 73 yards with his feet, almost half of that total was erased by six sacks. Washington State's signal-caller finished 9-of-25 for 92 yards and no touchdowns, with his team mustering 194 total yards on the day. Only 60 of them came after the break.

Meanwhile, Cal's offense found life out of the locker room, marching 65 yards in just four plays on the team's opening second half possession.

Jones snatched the ball away from a Cougars safety Deone Bucannon with a leaping, one-handed grab for 27 yards. On the very next play, Ross took a fly sweep 27-yard fly sweep to the house and the Bears led, 14-10.

The two receivers turned in clutch performances in the absence of freshman Keenan Allen, who stood on the sidelines with an ice wrap after tweaking his knee in pregame warm-ups.

Jones finished with 101 yards receiving on four catches, greatly aiding Mansion in his first career start. Jones reeled in a 50 yard bomb in the second quarter to set up his team's lone first-half score — a two yard run by Shane Vereen.

Meanwhile, Mansion ended the afternoon 12-of-24 for 171 yards and added 53 yards on the ground in his first career start. The junior signal-caller certainly showed some jitters, sailing a couple of early passes and throwing a pair of interceptions. But he shook them off to complete 3-of-4 on the Bears' final scoring drive.

"He made very few mistakes," Vereen said. "The mistakes he did make were very fixable. I think he's proven that he can play."

This story originally appeared in the Daily Californian, the student newspaper at the University of California, Berkeley

# wellness wednesday

presented by the peer health educators at the Health Center

## SEX AND ALCOHOL DO NOT MIX

I'll always remember the distinct smell of sweat, beer, and hard alcohol walking into my first college party. Everyone seemed to be scoping out a potential mate for the evening. Girls eyed each other up and down, guys tried to outdrink one another in a macho effort to show off their drinking skills. There was so much sexual anticipation. Situations like this can be typical in college, where sometimes it feels like there is a social obligation to drink. However, what many students do not know is that sex under the influence is not consensual sex under our student conduct code. Furthermore, what is not talked about are the harsh realities of alcohol use.

- Alcohol use increases your risk of having unprotected sex with a person you barely know.
- Alcohol use increases your risk for an unplanned pregnancy and contracting sexually transmitted infections or diseases.
- Alcohol is also involved in more than 696,000 sexual assaults among college students and is the number one date rape drug with one in four women experiencing an attempted or completed rape. (http://www2.ucsc.edu/rape-prevention/statistics.html)

You might think these are just numbers and it cannot happen to you. That is what my best friend thought starting her freshman year before

she was raped by a guy she thought was a friend. Most people think rapists are strangers that jump out of the bushes; however the reality is that the most common sexual assault is committed by someone you know.

Sexual assault prevention tips:

- limit or abstain from using alcohol
- watch your drink at all times
- be aware of your surroundings
- use the buddy system at parties and keep an eye on your friends
- use your student-fee supported Designated Driver Shuttle (541-346-RIDE)

Regardless of the presence of alcohol or lack of, it is important to understand that if you are raped it is never your fault. Rape is a violent act based on power and control, not sexual attraction. Choices post-assault are at the survivor's discretion; support services are available regardless if you decide to press charges or not.

#### Campus and Community Resources

The Health Center provides services for students who have been sexually assaulted. We encourage you to call ahead but in an emergency feel free to drop-in. Our number is 541-346-2770. If we are closed you will reach a nurse who will advise you what to do until we are

Services include:

- practitioner appointments
- Sexual Assault Nurse Examiners (SANE)
- Pharmacy- Plan B

UO Counseling Center for one-on-one counseling and support. Drop in or call 541-346-3227.

Dean of Students Office located in 164 Oregon Hall.

Sexual Assault Support Services can be reached by calling 541-343-7277 or 1-800-788-4727.

Department of Public Safety's emergency line is 541-346-6666 and non-emergency is 541-346-5444.

I hope my story and the tips and resources I have provided will help you stay safe and enjoy your UO experience.



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