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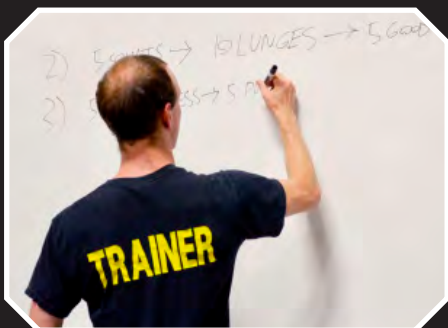
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**EUGENE EVENTS**

*On campus*

**Jan. 17-19,** The Messengers: An art installation based on user content and inspired by Twitter displays mashups of words, nonsense and poetry. Jordan Schnitzer Museum of Art, free admission, 11 a.m. – 5 p.m.

*Off campus*

**Jan. 17,** Caravan of Glam: A drag show featuring a number of great Northwest performers, hosted by Ecstasy Inferno. Wow Hall (291 W. Eighth Ave.), tickets \$10 at door, 8 p.m.

**Jan. 17,** The Soothersayers, Rocket 3, Balto: See three great Eugene/Portland garage rock/acoustic bands. Sam Bond's Garage (407 Blair Blvd.) tickets \$5, 8 p.m.

**Jan. 17,** Blues Harmonica Blowout 2014: A tribute to Sonny Boy Williamson II, the great '50s and '60s blues harmonica player. The Shedd Institute (868 High St.), \$35, 7:30 p.m.

**Jan. 17-18,** "Hair": See this hippie love rock musical featuring the hits "Let The Sunshine In" and "Aquarius." Actor's Cabaret (996 Willamette St.), tickets \$24, 8 p.m.

**Jan. 18,** Mt. Pisgah walk: A botanist from the arboretum will lead a guided walk, discussing Pisgah's different types of mosses, liverworts and lichens. Mt. Pisgah Arboretum Visitor Center (34901 Frank Parris Rd.), \$5, 10 a.m. – 12 p.m.



**Jan. 18** → 796 W. 13th Ave., Eugene

**ROLLER DERBY WOMEN ALWAYS GO HARD**

On Saturday night the women of the Emerald City Roller Girls will be clad in elbow pads, wrist guards, knee pads, helmets and roller skates when they take the rink in the fast-paced contact sport of roller derby.

These women aren't professionals. They're local women who like to skate, compete and look fierce doing it. The only requirements are that you must be 21 or older, female, able to skate in quads, practice twice a week and buy your own gear.

Roller derby is similar to hockey but without the puck. The bouts are divided into jams. Each jam lasts two minutes tops, and scoring is based on a player's ability to skate through the rink while passing other skaters legally. To make a pass legal, contact may only be made with hips, shoulders and butts. Players

abandon their real names for fierce nicknames and dress to match. The bouts are filled with food, music and beer, making it the perfect spectator sport. Saturday's bout features Roller Girls' rookie members and is sure to be a party.

The members of the Emerald City Roller Girls compete in nine bouts throughout the season, ending in May. Season tickets are \$65, and all bouts are held at the Lane County Events Center auditorium (796 W. 13th Ave.). Tickets to this weekend's Jan. 18 bout are \$12 in advance or \$15 at the door. Doors open at 5 p.m. and the bout starts at 6 p.m.

BY SOPHIA JUNE, @SKITTLEJUNE

**PORTLAND EVENTS**

**Jan. 17,** Genders, Holiday Friends, the Comettes; Mississippi Studios (3939 N. Mississippi Ave.), \$10, 9 p.m.

**Jan. 17,** Eprom, Ill-esha, Buku: Portland-based electronic musicians. Branx (320 SE Second Ave.), \$12 in advance, 21+, 9 p.m.

**Jan 17,** David Koechner: Go see "Anchorman 2" and then see this comedian who plays Champ Kind live. Aladdin Theater (3017 SE Milwaukie St.), tickets \$30, 8 p.m.

**Jan. 17-19,** "The Waterman": An original one-act musical about Portlanders, sushi and love. Action/Adventure Theater (1050 SE Clinton St.), tickets \$10 in advance, \$15 at the door, 8 p.m., 2 p.m. on Sunday.

**Jan. 18,** Congressman John Lewis: See this politician, who has worked for civil rights since the 1960s, speak about his recently-released graphic novel trilogy telling his story. Powell's City of Books (1005 W. Burnside St.), free admission, 12 p.m.

**Jan. 18,** "Fear and Loathing in Las Vegas" Beer Matinee: See the classic film based on Hunter S. Thompson's awesome book, including seven beers paired with different characters. Hollywood Theater (4122 NE Sandy Blvd.), tickets \$25, 4:30 p.m.

HEALTH CARE

# COVER OREGON STRUGGLES TO OFFER COVERAGE

It's been three months since Cover Oregon's website launched to allow Oregonians to enroll for health insurance, but due to problems with the site, many University of Oregon students have had troubles signing up for coverage.

UO Health Insurance Coordinator Kellie Shelton has spoken with students who encounter problems with Cover Oregon and signing up for health care through the state.

"I've had a couple students who came in and were going to enroll in Cover Oregon but had issues with it and now are enrolling in our UO insurance," Shelton said. "The only way I can see students benefiting from Cover Oregon is if they qualify for low income and aren't claimed on their parents' taxes."

Students under the age of 26 are lawfully permitted to remain on their parents' insurance plans, but anyone over 18 and not currently covered is required to insure themselves and is eligible for Cover Oregon – regardless of whether they are from Oregon or another state. Due to website problems, many are enrolling through the paper application, but with paper applications arise numerous issues that employees of Cover Oregon face. From applications sent to the wrong address to handwriting errors, paper applications seem to delay the process of enrollment even further.

The federal deadline for Oregonians to sign up for

▲ FAST FACT

*Students and citizens are encouraged to call Cover Oregon's main hotline with any questions or concerns at 1-855-268-3767.*

Cover Oregon is March 31, but with the insurance exchange site's shortcomings, there's fear that not all Oregonians will be able to enroll before that date. According to the Portland-area CBS affiliate KOIN, around 170,000 Oregonians have enrolled in the Oregon Health Plan thus far, but half a million Oregonians remain uninsured.

"Of our nearly 4,000 graduate students, about 30 percent are Oregon residents and, therefore, are potentially eligible for insurance through the Cover Oregon program," Kimberly Espy, dean of the Graduate School and vice president for Research and Innovation, said.

According to Espy, questions about Cover Oregon in recent weeks have spawned information sessions specifically about the program on campus for students who are confused by the new system.

There are concerns to whether the website will be fixed, but the main concern is why this problem wasn't fixed earlier and why is it still an issue after three months.

According to Portland ABC affiliate KATU, Representative Patrick Sheehan emailed Gov. John Kitzhaber warning him about the problems that Cover Oregon's site was facing and his concern with Chief Information Officer Carolyn Lawson, who was responsible for the site's development. Kitzhaber explained the email came to his office but he didn't see it, KATU reported. November of last year Lawson resigned for personal reasons.

When the site will work efficiently is still a mystery.

BY YULIANA BARRALES,  
@YULIANABARRALES

# CULTURAL FORUM

music art film stage culture

MUSIC

## The White Panda and Paris & Simo and Campus DJ

Friday, February 7th, Students \$15 General \$20 Doors: 7:30 pm, EMU Ticket Office  
Sponsored by: The Cultural Forum, KWVA, OneEleven, ASUO, SARC, Emerald Media Group, Elixr Productions and All Comedy 1450

FILM

## Nordic Film Series—every Fri. during Winter term

Despite their relatively small populations, the five Nordic countries—Norway, Sweden, Finland, Denmark, and Iceland—have a remarkably active film industry. Come sample a rich variety of wonderful contemporary films, all of them in the original language with subtitles in English. Each film is preceded by a short presentation about a particular aspect of the country in which the film was made—e.g., culture, geography, language—as well as a brief introduction to the film itself. At the conclusion of the film, audience members who wish to stay for another 15-20 minutes are invited to comment on or ask questions about the film.

### In Your Hands (A drama from Denmark)

Directed by Annette K. Olesen (101 minutes)

This riveting chiller of a movie is arguably one of the best of the Dogme 95 films which were all made with a hand-held camera, and used neither artificial lighting nor added music. In this film, Anna, a newly qualified pastor, takes up her first appointment in a women's prison where one of the inmates is reputed to have "healing hands" or is perhaps psychic. The emotional crises that develop—between faith and spirituality, as well as love versus duty—force Anna to come to terms with her own demons. Friday, January, 17, Lawrence Hall 177, 7:00 pm

### Queer Film Festival

Friday - Sunday February 7th - 9th, Bijou Metro Theater, Free

This is a 3 DAY festival promoting films from LGBTQII Artists and Allies of the Community. The Queer Film Festival strives to give a voice for the LGBTQII community through cinema. We are a multicultural, multi-ethnic festival that is open to diverse expression. [www.qff.uoregon.edu](http://www.qff.uoregon.edu)

### Comic Film Series

Willamette 110, 6:00 pm: Jan 21th V for Vendetta, January 28th Persepolis, February 4th Watchmen, February 11 Scott Pilgrim vs. the World

CONTEMPORARY ISSUES

### Contemporary Issues

Dump your Ex's Stuff clothing drive. Collection stations in the EMU, Residence Halls, Sororities and the Cultural Forum Office. Turn tragedy into hope. Monday February 10 - February 14th

ART

### Meet the Artist: Michael Allred

Friday Feb 7th PLC 180, 7:00 pm

Allred is creator of the wildly popular MADMAN series. His earlier work from GRAFIK MUZIK was turned into the cult hit movie G-Men from Hell Other work includes Red Rocket 7, his history of Rock and Roll told in the context of a sci-fi adventure story the Madman spin-off THE ATOMICS and his magnum opus, THE GOLDEN PLATES, an entire illustrated Book of Mormon.

### Superhero curated by Prof. Ben Saunders featuring the work of Michael Allred

Wednesday, January 22nd, Buzz Art Gallery

### Antarctica Photo Exhibit by Thomas Desvignes

Monday, January 27th, Aperture Gallery

### Meet the Artist Presentation: Antarctica through the Lens with Thomas Desvignes

Wednesday January 29th, Lillis 175, 7:00 pm, FREE

### Craft Center Staff Exhibition Reception

Monday, February 3rd, Adell McMillan Gallery, 4 - 6pm

[culturalforum.uoregon.edu](http://culturalforum.uoregon.edu)



## GRAFFITI WALL LETS ARTISTS TAG FREELY

It's a tale as old as time: Concrete wall goes up, graffiti follows. But that particular form of artistic expression is often frowned upon. The city of Eugene has a solution, even if it has its critics.

The city installed a graffiti wall where spray paint artists can display their work as a way of encouraging a legal outlet for this form of art. Eugene is becoming more accepting of street art. It's easy to find a plethora of murals, performances and plenty of graffiti downtown.

Ty Warren, a University of Oregon art professor and former street artist, acknowledges the city's effort to satisfy street artists.

"It's great. I just think it could be improved. I worry about its effectiveness. It looks too much like an appeasement, not really a genuine gesture to street artists," Warren said.

According to state law, unlawfully applying graffiti and unlawfully possessing graffiti implements are violations and punishable by a fine. In addition to a fine, violators may be ordered hours of community service. A person can also be charged with criminal mischief, which can be a misdemeanor or felony charge depending on the dollar amount of damage. These crimes are punishable with higher fines and possibly jail time.

"There's always going to be a group of people that wants to paint on something that isn't theirs. They will search for something controversial to give

the art more meaning," said Clay Hurand, a UO freshman who has used the graffiti wall.

The wall is located off of Shelton McMurfhey Boulevard, between Skinner's Butte and the heart of downtown. This placement deems it accessible to both local residents and drive-by tourists.

"I think that it is a great idea for a city to offer that. At the same time stuff that is illegal will be more valuable than painting a wall that is for it," Hurand said.

However, City of Eugene Maintenance worker Kevin Grabosky doesn't believe the free wall has made a significant change in the amount illegal street art. According to him, 90 percent of the graffiti that the city addresses is gang related, which he doesn't anticipate changing. He said the impact on the amount of artistic tagging hasn't seen a significant change either.

"Honestly, I have not noticed it really changing a lot since that lot came in," Grabosky said. "Kids are going to be out trying to put their tags on things ... The (taggers) who come by once and try to put their art up, that might change as we go forward."

The free wall may not satisfy every street artist, but students think it's a good first step.

"I think it's fantastic that I am seeing more interest in public art, but we need a bigger free wall out there as well as one here on campus," Warren said.

BY MAKENSY VENNARI,  
@MAKENSYVENNARI

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## ENTERTAINMENT



Downtown Baker Center holds film screenings every Tuesday evening.

## DIVA OFFERS WEEKLY SEMINARS FOR FILM BUFFS

You've had it happen at least once: You're laying out your schedule for the coming term and see a class that piques your interest. But how do you make room for it? You can't drop that digital arts class that's only offered once a year or the math class you need to graduate. Fortunately, the University of Oregon and Downtown Initiative for the Visual Arts have film buffs covered.

DIVA, a nonprofit arts center that features local art exhibits, video screenings and poetry sessions, is partnering with the UO's Academic Extension program to host a weekly film seminar called Behind The Lens.

Every Tuesday night this term at the Downtown Baker Center will consist of a film screening, as well as a discussion of how the film fits into the cultural context of the time period in which it was released. Retired film director Tom Blank leads the discussions.

"I want to foster the film community here. You get serious about film by talking about film. I try to find patterns, innovations and trivia in the films I choose and pick ones that are compelling," Blank said.

In addition to being a 50-year member of the Director's Guild, Blank has his master's in screenwriting. Originally, he wanted to teach screenwriting at a university, but a lack of jobs in the field led him to Eugene, where he began teaching at DIVA as well as hosting films for Bijou Arts Cinemas. He has been hosting the screenings for five years.

"Tom guides a lively discussion. Most people who come are interested in cinema and many people who were in media professions and have since retired," Larissa Ennis, a program manager at UO Academic Extension, said.

The goals of the Academic Extension program are to

### FAST FACT

Behind the Lens is every Tuesday from 7-9:30 p.m. at the Downtown Baker Center at 325 E. 10th Ave. Cost is \$15 for the term. The price is pro-rated every two weeks. Complete cost information can be found at the program's official site.

continue education, lifelong learning and personal enrichment. Because it's through this program, the seminar attendees come from all backgrounds. Many are senior citizens who offer different viewpoints and perspectives that wouldn't usually be provided in a classroom full of 18 to 22 year olds.

Jennifer Afton, a Eugene community member, attended last semester's seminar and comes to feed her interest in film.

"I like catching up on movies that I never saw. Tom picks excellent films. I also like getting a variety of viewpoints from the discussions," she said.

Winter's programming is titled "The Sixties - The Winter of our Discontent." About 100 people attended Tuesday's film, "Jules and Jim" (1962), a French film about an impulsive woman and a lifelong love triangle. The seminar continues through March 18 and people can join at any time. Other films include "Blowup" (1966), "Cool Hand Luke" (1967), and "Medium Cool" (1969). Previous seminars include films whose directors escaped Hitler and directors who were blacklisted during the Cold War.

This session explores how the dismantling of the Production Code in the '60s limited film's portrayal of sex and violence. It also looks at how what was happening in society affected the way people perceived the films and how differently they're perceived today.

BY SOPHIA JUNE, @SKITTLEJUNE

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**CINEMARK 17**

47 Ronin (3D) (PG-13) 3:35	Jack Ryan: Shadow
47 Ronin (PG-13) 12:15	Recruit (PG-13) 9:00
American Hustle (R) 11:40	11:40 12:01
3:20 7:05 10:15	Legend Of Hercules, The
Anchorman 2 (PG-13) 12:25	(3D) (PG-13) 2:25 5:05
7:40 10:30	7:50 10:30
Captain Phillips	Legend Of Hercules, The
(PG-13) 3:50	(PG-13) 11:55
Devil's Due (R) 10:05 12:01	Lone Survivor (R) 12:20
Frozen (2013) (3D) (PG)	3:40 7:00 9:55
11:50 2:30 5:10	Nebraska (R) 11:10
Frozen (2013) (PG) 11:15	1:55 4:45
2:05 4:55 7:35 10:20	Paranormal Activity: The
Grudge Match (PG-13) 7:20	Marked Ones (R) 11:35
Her (R) 12:30 3:45 7:25 10:25	2:20 5:00 7:55 10:10
Hobbit: The Desolation	Ride Along (PG-13) 8:00
Of Smaug, The (3D)	10:30 12:01
(PG-13) 8:15	Saving Mr Banks (PG-13)
Hobbit: The Desolation Of	12:10 3:30 7:15 10:10
Smaug, The (PG-13) 12:00	Secret Life Of Walter
4:05 7:45	Mitty, The (PG) 11:05 1:50
Hunger Games: Catching	4:40 7:30 10:15
Fire, The (PG-13) 11:45 3:25	Walking with Dinosaurs
7:00 10:20 Inside	(3D) (PG) 11:20 4:15
Llewyn Davis (R) 11:25 2:00	Walking with Dinosaurs
4:35 7:10 9:50	(PG) 1:45
	Wolf Of Wall Street, The
	(R) 12:05 4:10 8:00

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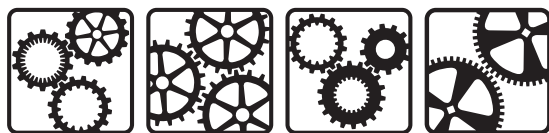


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FR 202	MW 5:00	MATH 112	MW 5:00
SPAN 102	MW 4:00	MATH 112	TR 4:00
SPAN 102	TR 5:00		
SPAN 202	MW 5:00	MATH 241	MW 5:00
		MATH 241	TR 4:00
		MATH 242	TR 5:00
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Tom Bonamici, co-founder of Archival Clothing, is the primary designer for the brand.

# LOCAL BRAND BRANCHES OUT

Two months ago, the mention of Archival Clothing didn't mean much. But the brand seems to have a growing popularity across campus.

Archival Clothing was founded in 2009 by Eugene natives and long-time friends Tom Bonamici and Lesli Larson. Since its founding, the company has been very successful and is widely recognized on campus.

In late 2009, a friend suggested the two start a company and so it began. They started by selling their designs off a blog that Larson already had. "It just kind of happened," Bonamici said. "One of the early designs got a lot of attention and helped us grow very quickly."

The company's success is visible on campus. Many acknowledge the fact that Archival Clothing is made and produced in the U.S. University of Oregon film history professor Michael Aronson mentioned Archival Clothing in

a recent trend report, speaking highly of the fact that the company's products are made and produced in the U.S. Aronson has a Twill Field Bag, one of their messenger-style bags.

"We never thought of ourselves as entrepreneurs," Larson said. "We knew we had an immediate audience but did not expect this large of a response."

The company's success is somewhat unexpected and at points somewhat surreal. "Tom and I sometimes pinch ourselves," Larson said.

Heritage Dry Goods is among the places that carry Archival product. Heritage Dry Goods employee Nicole Desch spoke to the brand's success stating that people come in the store and seek out that brand.

"Archival does very well for us," Desch said.

The philosophy behind the company is to create durable items made in the U.S. with as many domestically-sourced materials as possible.

"We wanted to create things that didn't already exist, a sort of wishful shopping," Larson said.

The team enjoys producing items

locally. It has proved to be a great learning experience, one that would not have been possible overseas. "Many go overseas right away," Bonamici said. "But we have found that through working with these local folks, we have been able to learn so much."

As the primary designer, Bonamici calls his designing process play. The two then test it out, see if they like it and move on from there.

Creating designs based on personal style allows Bonamici to be the critic of his own designs. "I get feedback about a product from myself right away," he said.

Bonamici says there are many perks to having your own brand: the ease of working at home, flexibility and no policies saying what can or can't be kept in stock. "We get to make up the rules as we go," he said.

As for the future of the brand? "We're not completely sure where we will go from here, but we hope to expand," Bonamici said.

## Archival expands its influence as well as its business

*As the company continues to expand more, stores are beginning to sell their merchandise. Archival items are sold at select stores across the world. Listed below are a few locations nearby. You can also shop online at archivalclothing.com.*

> **HERITAGE DRY GOODS**  
861 WILLAMETTE ST.  
EUGENE, ORE.

Heritage Dry Goods focuses on selling American-made items. Quality and timeless designs create a common ground for their merchandise.

> **THE CADDIS FLY**  
168 W. SIXTH AVE.,  
EUGENE, ORE.

A fly fishing shop that provides fly fishing advice and equipment. The Caddis Fly carries a diverse inventory of tackle and gear bags, Archival bags being one of the options designed to protect your gear.

> **ANIMAL TRAFFIC**  
4000 N. MISSISSIPPI AVE. OR 429 SW 10TH AVE., PORTLAND, ORE.

Whether you're heading outdoors to seek adventure or in search for some vintage finds, this store has you covered. Archival Clothing can be found in both Portland locations.

BY MACKENZIE LAMBERTON, @MACKLAMBERTON



# GO EXPLORE.

**SCHOOL, JOBS AND EXTRACURRICULARS CAN GET OVERWHELMING.** Take a break and venture into all that Oregon has to offer. From hiking, skiing and snowboarding to fishing and relaxing at hot springs, the Northwest holds endless possibilities for exploration.

Eugene's white-gray sky, which dominates January to March, has returned. Although Oregon's weather is a popular conversation and complaint topic, this state is a jungle gym. We have mountains, rivers, lakes, a coastline and hundreds of tree-surrounded trails, which is surely why Lewis and Clark had such a good time paving their way through the wilderness and why the creators of the Oregon Trail game hit it rich in the '90s. Now you too can take advantage of Eugene's central location in the heart of Oregon's natural playground.

## SNOWBOARDING

"We're going up to the mountain" is one of the more commonly uttered phrases during Eugene's winter months. Although it sounds casual, the idea of driving up a snowy mountain with a lot of equipment is a little bit daunting. UO's Outdoor Program can help: It offers snow buses to Mount Hood Meadows and Mount Bachelor.

**Mount Hood Meadows:** The postcard image of Mount Hood is synonymous with Oregon, so whether you're an Oregon native or new to the state, this gorgeous mountain is worth experiencing. Mount Hood Meadows Ski and Snowboard Resort has 11 lifts and 85 runs to enjoy until May, depending on snow conditions.

**Cost and transportation:** The Outdoor Program is partnering with Berg's Ski & Snowboard Shop to offer a bus ride and lift ticket for only \$59 or a bus ride and lesson for the same price. If you just need a ride, it's \$27. If you go yourself, lift tickets are \$74 for the day.

Lessons are available for \$75 for two hours. Dates: Trips with the Outdoor Program are Jan. 18 and Feb. 22.

**Mount Bachelor:** Enjoy Mount Bachelor's 3,700 acres – all of which are accessible with their 10 lift options. It's about a three-hour drive from Eugene to Bend.

**Cost and transportation:** Lift ticket and bus ride, \$79; just bus ride, \$29. Normal lift tickets are \$79 for a full day, \$67 for a half day. Bus departs at 6 a.m., register at [www.mtbachelor.com/duckbus](http://www.mtbachelor.com/duckbus). Lessons are available, which cost \$75 for two hours of instruction.

**Dates:** Outdoor Program is offering trips on Jan. 26 and Feb. 9 and 23. "I liked how cheap and convenient the bus was," said Jason Blank, a UO student who enjoys outdoor activities and used the Outdoor Program's Mount Bachelor bus last winter. "It was also nice meeting people who are at my same skill level and share my love of skiing."

## FISHING

**Dorena Lake:** Spend an afternoon sitting on a dock with a couple of beers, some camping chairs and warm jackets. Just 30 minutes from Eugene near Cottage Grove lies the small city of Dorena. The town is famous for its covered bridges and the beautiful lake is known for its bountiful trout and catfish. There's also great hiking and biking trails, including a 16-mile trail lining the Row River and Dorena Lake that will take you past historic saw mills and covered bridges.

## HOT SPRINGS

**Cougar Hot Springs:** This spot is located 50 miles east of Eugene and is also called Terwilliger Hot Springs. On the drive up, enjoy some awesome views, park at the top, then hike half a mile to a series of hot springs. The higher the pools are, the warmer they are, ranging from 90-112 degrees. Don't be afraid to be naked, most people are and no photography is allowed.

**Umpqua Hot Springs:** Hike 3.8 miles to a natural hot spring covered by a log structure. The hike is moderate and crosses the North Umpqua River three times. Again, clothing is optional. These hot springs are about a two-and-a-half hour drive. But paired with a hike they make a great day trip.





## SNOWSHOEING

**Salt Creek Falls:** Ever tried snowshoeing? Check out this five-mile trail with some challenging elevation gain near the Willamette Pass Ski Resort. It's just east of Oakridge about an hour-and-10 minutes outside of Eugene. The Outdoor Program rents out snowshoes and poles for only \$10. If you need snow pants and jackets, you can rent those for \$5 each.

"Go to a popular snowshoe destination – snowshoe trails that are well-traveled and bring a thermos of hot soup or tea," Haskel said. "Extra clothes are a good idea and checking the weather forecast is extremely important. Heavy snowfall can make snowshoe travel impossible."

Salt Creek Falls also has a tubing hill for sledding. The Outdoor Program rents out inner tubes for \$12.

## CROSS COUNTRY SKIING

**Maxwell Sno-Park:** Does downhill skiing freak you out? Outdoor Program employee Laughton Eliot DeAngelis is putting on a trip to Maxwell Sno-Park for an overnight service project. Maxwell Sno-Park is in the Willamette National Forest, a 110-mile stretch of green from east of Salem to northeast of Roseburg.

Cost and transportation: \$15; gear can be rented from the Outdoor Program barn for \$10.

Date: The trip is Jan. 25 with a mandatory pre-trip meeting Jan. 22.

UO's Outdoor Program rents out everything from jackets and sleeping bags to snowshoes and snowboards for affordable prices. Caroline Hager, an employee at the Outdoor Program, encourages people to attend a Trip Initiator Clinic, which trains people to put on their own trips with the help of the Outdoor Program. The free clinic is Jan. 29 and Feb. 20.

## HIKING

**Silver Falls State Park:** Knock out a chapter in an Oregon guidebook in a single day with this awesome trip, which is only an hour outside of Eugene. The park offers a 2.8, 5.2 or 7.1-mile trail loop, depending on how well you stretch. Each of these loops brings you past waterfalls and some of them even bring you behind them. Note that dogs are not allowed on these trails.

**Opal Creek:** Drive 2 1/2 hours to this wilderness and scenic recreation area east of Monmouth to hike any of its 13 trails. The Opal Creek trail is one of the most popular, which is 2.6 miles. In the mood for something longer? Try the 4.7-mile Elkhorn Ridge Trail or the 7.1-mile loop that extends upriver to the beautiful Opal Pool and the historic Jawbone Flats, a mining camp from the Depression era. You'll cross a 60-foot-high bridge over the Little North Santiam River and a 30-foot waterfall pouring into a deep pool.

## SAFETY

Jack Haskel, the trail information specialist for the Pacific Crest Trail and a lifelong outdoorsman, encourages people to be aware of their surroundings. "Everyone should know about avalanche terrains and should stay off slopes if people don't know about it. A lot of people expose themselves to danger," he said.

The Outdoor Program is located on 18th Avenue and University Street.

**Try out these local shops that sell fermented food and drink**

*Eugene offers a wide selection of fermented dishes and brews.*

**EUGENE BREWERIES:**

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Sun-Wed: Noon-9 PM,  
Thur-Sat: Noon-10 PM  
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Hours- Sun-Wed: 11 AM- 12 AM , Thur-Sat: 11 AM- 1 AM  
1334 Oak Alley

Oakshire Brewing Public House  
Hours- Everyday 11 AM- 10 PM  
207 Madison St.

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Kombucha Mama, Bend

**EUGENE'S CULTURED COWS:**

Nancy's Cultured Dairy and Soy  
  
Cheese Lousie Cheese Company  
  
Fern's Edge Goat Dairy

# FERMENTATION: BACTERIA ISN'T SO BAD



*Fun with Fermentation was an event centered around food and drink testing that was held Jan. 11.*

**F**orget orthomyxovirus, the microbial fiend behind your winter flu problems, and get to know lactobacillus, saccharomyces carlsbergensis and candida colliculosa instead – bacterial fermenting friends behind food favorites yogurt, Kombucha, wine and cheese and featured guests of the Willamette Valley Sustainable Foods Alliance’s Fun with Fermentation Festival, held Jan. 11.

Benefiting Food for Lane County, the event featured a macro-colony of local, fermented food businesses and professional bio-organisms in the field, demonstrating the processes by which a multitude of different everyday foods become the sometimes stinky and sour, but always healthful and tasty, fermented foods we know and love – beer samples included.

At one table, University of Oregon biology student Brenna Murphy aided in a Kombucha-making demonstration. From a four-day-old jar, she pulls a slimy, brownish blob – a SCOBY or symbiotic colony of bacteria and yeast, which thrives and grows in the brewing

tea. “Don’t let it gross you out,” she said with a smile, especially in the direction of some aghast children. “There are bad kinds of bacteria and good kinds, and this is full of a whole lot of the good kinds.”

The colony of “the good kinds” transforms the jar of sugar-sweetened black tea into Kombucha – the carbonated, health-hyped ancient Chinese elixir sweeping through health stores across the country. Drinking the brew on a regular basis has been alleged to benefit digestive health and boost the immune system.

The probiotic powers of fermentation hit home with something a little more familiar to all – yogurt. Jennifer Wen of Springfield’s Nancy’s Yogurt explains the benefits that the treat’s lactobacillus colonies provide.

“The body is meant to have a natural balance of different microorganisms – called microflora – and the ‘live and active cultures’ found in yogurt, which grow through fermentation, help it and thus your body’s overall digestive health,” Wen said.

The fermentation process is perhaps best known for its involvement in making beer. Here, over a few weeks’ time, growing yeast transforms the glucose found in hops, barley and other grains into both ethyl alcohol and carbon dioxide gas, which provides carbonation. According to Carl Ticks, a Eugene home brewer, beer has been consumed in small amounts for its health benefits through history, similar to those that Kombucha provides.

“I only brew in small amounts – enough for me and some friends here and there,” Ticks said, hanging around the local brewery booths. “And I make it in a way to achieve maximum health benefits.”

Other festival-featured foods included sauerkraut and kimchi (a traditional Korean vegetable dish), cheese, tempeh and creme fraiche – all delicacies which, through the fermentation process, achieve distinctive tastes, textures and, often, health benefits.

BY JESSICA FISHER. @J\_PESCADORA

# FROSH SWAN ROLLS INTO DERBY WORLD

BY CHRISTOPHER KEIZUR. @CHRISKEIZUR

It's rare to see a derby girl make the jump straight from the junior level onto one of the adult teams here in Eugene. In fact, it has only happened four times. University of Oregon freshman and Eugene native Cassidy Swan was drafted to compete for the Andromedolls right before the start of fall term.

"We were super excited when it became our turn to pick and she was still available," Tara Gilbert, who also goes by Alluya R. Doomed, said. Gilbert is in her fourth year as the head coach of the Andromedolls. "In junior derby Cassidy was a complete superstar."

Roller derby is a sport that not a lot of people know about. The official Emerald City Roller Girls website describes the game as hockey without the ice, sticks or baggy jerseys. Instead roller derby is played on a flat track with hundreds of raving fans pressed right up against the edge of the playing area. The uniforms, which are designed by the athletes, are flashy and bright. Of course the derby girls also go by funny and intimidating pseudonyms.

Swan's skating name is Neal Cassady, homage to the Merry Prankster of the same name and the man she was named after.

"He was kind of a bad ass," Swan said. "I get a lot of old people saying my name is awesome."

For a young skater like Swan, the talent and potential to be a star is quite apparent. Swan has incredible blocking skills, but she also has the speed and intelligence to be a superior jammer.

"In the next six or seven months Cassidy will probably be on our all-star team," Gilbert said.

For Swan to be successful she will have to learn how to compete against women who are bigger and have

much more experience. One way she can do this is to utilize her lateral movement and jumping abilities, something she has been able to do in the past.

"I have been really successful with being kind of a spaz, but in a good way," Swan said.

Interestingly enough, Swan didn't have much of a background in sports before she first began to skate. The summer before her freshman year of high school she attended a derby camp at the advice of her friends and quickly fell in love with the sport.

"For me roller derby was something that clicked really easily," Swan said. "I found I was really good at it from the beginning, so I was encouraged to keep going with it."

At first, her mother Courtney Loopstra was a little apprehensive about her joining due to the physicality of the sport. Now looking back she is glad her daughter got into derby.

"Her level of confidence, not just in the sport but in all areas of life, has been so greatly improved," Loopstra said. "Looking back I would never even question her joining."

Now in her first year of college, Swan has had to face balancing school and derby, which has been challenging at times. Though it has been tough advancing into the adult derby league and being a freshman, Swan points to the team chemistry of the Andromedolls as something that has helped the transition.

"Even though I haven't really been a part of their team, I am already a part of their family," she said.

Swan will first compete for the Andromedolls on Feb. 8 as part of the season opening bout.



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Support groups and the drop-in center are located at 591 W. 19th Ave. in Eugene.

For more information visit our website  
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 UPDATED 9:30 AM 1/14/14	DEPTH: 63" 24-HR NEW SNOW: 0" SATURDAY FORECAST: 39° CLEAR	
 UPDATED 10 AM 1/14/14	DEPTH: 69" 24-HR NEW SNOW: 4" SATURDAY FORECAST: 41° CLEAR	
 UPDATED 11 AM 1/14/14	DEPTH: 53" 24-HR NEW SNOW: 3" SATURDAY FORECAST: 43° CLEAR	

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## Look out for these Ultimate players who play for Ego

Get to know UO's Ultimate team, Ego.

Charlie Wilson-Moses  
6'0  
No. 2

Ryan Fisher  
6'1"  
No. 6

Dylan Freechild  
5'10"  
No. 10

Chris Strub  
5'10"  
No. 11

Ian Campbell  
5'10"  
No. 17

Zach Meyer  
5'9"  
No. 22

Nic Heaton  
5'10"  
No. 25

Trevor Smith  
5'10"  
No. 27

Garrett Chappell  
6'0"  
No. 31

Noah Stuart  
5'10"  
No. 35

Spencer Latarski  
5'9"  
No. 44

Connor Matthews  
6'0"  
No. 55



Ultimate players Noah Stewart, Zach Myer, Charlie Wilson-Moses and Spencer Latarski share their story of Luke Johnson's influence on the sport.

# ULTIMATE AT THE UO IS ALL ABOUT EGO

Ultimate has always had a place in the Pacific Northwest. Up until 2003, however, interest in Ultimate was relegated to a sport without a system. That's when a youth pastor who was fresh out of college came to Eugene.

Luke Johnson, who played and helped start his college's first Ultimate team, applied to be a pastor at Valley Covenant Church, located right across the street from Churchill High School. Though Johnson didn't expect that tidbit of his history to flourish into anything, it did.

"Ultimate has been around forever," senior Charlie Wilson-Moses said. "Luke Johnson was a huge part of Ultimate in Eugene. When he was coaching for Churchill, he created a foundation."

Johnson was asked by Rebecca Sheridan, a junior in high school at the time, to help out with the team at Churchill. From there, Johnson implemented a system that would shape the Ultimate community in Eugene for years to come.

"I like to think that I came up with the organizational structure," Johnson said. "I'm just another piece in the picture. When I came in, I thought I was doing something unique."

With his pastoral background, Johnson thought it would be a good idea for his players at Churchill to help

“

I'm just another piece in the picture. When I came in, I thought I was doing something unique.”

**LUKE JOHNSON** on shaping Eugene's Ultimate community

kids at Kennedy and Roosevelt middle schools in Eugene learn the basics of Ultimate.

"It's such a nice culture in Eugene. Everyone knows Ultimate and everyone was supportive of it," Johnson said.

Johnson departed Eugene in 2008 for Chicago. But by the time he left, his mark had been made.

"He created a competitive level for players through middle school and high school because you played against the same players all through school," sophomore Spencer Latarski said. "You want to play with your friends and people you played with in the past. Oregon has it."

Whether Johnson knew it at the time or not, he created a pipeline for players as young as 13 to eventually end up playing for Ego, the University of Oregon's Ultimate team. Players

like 2013 Callahan Trophy winner Dylan Freechild and freshman of the year Aaron Honn started in Johnson's system and are now cultivating UO into one of the most notable college teams in the country. Heading into nationals, Ego was ranked as the No. 1 seed in two of the past three years. While none of those rankings have parlayed into national titles, the consistently high rankings illuminate just how far Ego has risen in the Ultimate world.

"There is no other school in the area that competes with Oregon," Johnson said. "They're bound to get good players. The team has created a culture where this is a fun team to play with. I think that doesn't always exist at other universities."

The familiarity of playing with the same people all through middle school and high school has translated to success on the field for Ego. While Ultimate involves a systematic game plan, the game is usually won with making plays on the move.

"I think that's one of the coolest things about Ultimate is the coherence of playing with guys through high school and college," Winston-Moses said. "Ultimate is structured in a way that you have a system that you're supposed to run, but what that's supposed to do is allow for chemistry and improvisation down field."

BY JOSEPH HOYT, @JHOYT42



## Jonathan Woo

Woo is the highest-ranked amateur golfer on the UO team.

Height  
**5'7"**

Year  
**JUNIOR**

Country of Origin  
**SINGAPORE**

High School  
**ANGLO-CHINESE SCHOOL**

Major  
**APPLIED ECONOMICS**

Before Oregon  
**PLAYED ON THE SINGAPORE NATIONAL TEAM**



Singapore native Jonathan Woo is an integral part of the UO men's golf team.

# WOO CHOOSES UO TO HONE HIS GOLF SKILLS

**S**ince his arrival at the University of Oregon in 2011, Jonathan Woo has possessed an unusual and challenging travel schedule. The Singapore native only played in two tournaments for the Oregon men's golf team in the fall, missing a portion of the season while touring in Asia with the amateur Singapore national team, all while continuing to maintain a high grade point average as a student.

Woo, an applied economics major, has traveled back and forth from Asia to Oregon throughout his collegiate career, which he says can be extremely strenuous and distracting.

"It's pretty hard because you are traveling such a long distance," Woo said. "It takes a toll on your body and I get pretty tired from all the traveling. It's also kind of why my performances in the fall aren't as good because there are so many extra distractions and on top of that going to school and trying to get a good GPA as well."

Woo did not have the option of progressing his golf career in a system that NCAA golf in America offered in Asia. Instead, he chose the University of Oregon because of Eugene's inclement weather.

"I thought that playing in a lot of

bad weather and the cold would help my game because back home I am just playing in the sun all the time," Woo said. "I figured that I could challenge myself and see how far I can go."

Woo is the Ducks' highest-ranked amateur golfer heading into the spring season. The junior scored three top 10 finishes last spring and won his first ever collegiate tournament at the Duck Invitational, carding a career-best 54-hole total of 8-under-par (67-69-72-208).

Woo has enjoyed success while touring in Asia. In 2012 he won three amateur opens in the span of two months and even scored as the best amateur in the Barclays Singapore Open, a tournament that included PGA Tour participants Jon Daly, Padraig Harrington and Michael Campbell.

"Doing well in one of those events kind of gave me a confidence booster for me to know that I can eventually get there," Woo said.

Before that, however, Woo endured a unique situation for a young and promising golfer and was forced to put his golf career on a slight hold when he was 19. He was forced to serve in the Singapore military under its mandated conscription that males must serve

““

I get pretty tired from all the traveling ... there are so many extra distractions.”

**JONATHAN WOO** speaks about his international golf experiences.

a 22-24 month stint. The time in the military hindered his development, but gave him a certain level of maturity that has helped him become a leader.

"Woo is one of our more mature guys," first year assistant coach Vance Williams said. "He served in the military in Singapore before he came so he is already a couple of years older than a traditional (college student) and I definitely think as our lone (upperclassmen) that he likes the responsibility."

Woo is back in Eugene for winter and for golf season in the spring.

"Woo is going to be one of our most steady guys and we are excited about the spring and letting him loose again," Williams said.

BY JUSTIN WISE, @JWISE25

1 ANDREA HARVEY



## Religious beliefs don't justify refusing emergency contraceptives

Up until the summer of 2006, the state of Washington legally permitted health care providers and facilities to refuse certain services to patients if they had a conscious or religious reason for doing so. However, on June 1, a proposed change to these Pharmacist Conscience Clauses was accepted, preventing any pharmacy from refusing lawful prescriptions to a patient, a huge gain in the fight to end the involvement of religion in legal and healthcare matters.

Despite the change, one pharmacy in Olympia refused to comply. As a result, the employees at Ralph's Thriftway were greeted by groups of protestors on their way to work each day and forced to accept the legal consequences shortly after. But this didn't stop them.

In 2007, the Thriftway employees filed a lawsuit in attempt to defend their small family business and overturn the new law. The boycotting diminished and in 2012, they won the trial at U.S. District Court in Tacoma, Wash. Just when they thought the battle was finally over, the state Department of Health and Pharmacy Commission handed them a hefty bill that would make them think twice next time

about attempting to step above them. Legal fines exceeding \$2 million, along with the proposal to appeal the decision and essentially shut down their business has finally brought this store owner's streak of luck to a sudden and ugly halt.

The only self defense he provided for the public was that he did not morally agree with his legal obligation to dispense Plan B, an emergency contraceptive. Kevin Stormans, the spokesperson of the family who owns the pharmacy, said he thinks it could prevent a fertilized egg from implanting in a womb, despite FDA officials recently saying that evidence suggests otherwise.

The 2006 law has yet to be changed due to a hold on the trial as potential changes are considered for the Affordable Care Act, according to the city's local newspaper, *The Olympian*.

The issue here is not the ethics behind the emergency contraceptives that have saved many women from further trauma in cases of sexual assault. The issue is not even the regulation or responsibilities of small businesses. It's reasonable to allow private business owners to refuse service to a patient based on moral grounds. Otherwise, a tattoo

artist might be obliged to tattoo a swastika on someone's back. There's no question there, other than: When is the last time a doctor prescribed a tattoo?

If the law started allowing pharmacies to refuse prescribed medication to patients, rest assured, contraceptives wouldn't be the only drugs refused. What about painkillers, vaccines or psychotic medications? This is only a brief list of pharmaceutical drugs that have been known to stir moral questioning. If a patient is prescribed a medication, they have a right to obtain and take that medication. Often times, it is necessary for their health and safety and sometimes even the health and safety of others around them. The worst-case scenario of this potential change is that drugs would become hard to acquire, which could create threatening situations for patients in need.

This is the issue. In fact, this is the reason why the law was initially changed in the first place. Plan B, for example, needs to be taken within 72 hours to be effective. That is not a lot of time for someone who desperately needs it.

Another issue here is whether or not it is okay for a law to be created or overturned based on religious

reasoning. The fact of the matter is that everyone has a right to their own moral beliefs, even business owners. And they have the right to express those beliefs, but not when the product or service they're providing is essential to someone's health – whether it be physical or cognitive.

The fact that the store owner is challenging these rights is a bit ironic. He wants his right to freely impose and act on his religious opinions, but in doing that, he is attempting to take away everyone else's right to act on their own moral beliefs. At the same time, he's threatening their right to easily-accessible healthcare. Allowing him to succeed would mean wasting the efforts that our government has made toward establishing fairness and equality under the law.

If he has such strong moral disagreements with the products and regulations within his professional industry, my question for him would be: Why are you still working in the industry?



Andrea Harvey is a columnist for *The Emerald*. Follow her on Twitter @andrearharvey



# THE INTERNSHIP

Two salesmen whose careers have been torpedoed by the digital age find their way into a coveted internship at Google, where they must compete with a group of young, tech-savvy geniuses for a shot at employment.

A look at the relationship between Mike and Sulley during their days at Monsters University — when they weren't necessarily the best of friends.

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