

The Daily Barometer

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Fermentation: The science of success

■ OSU fermentation science program graduates making big strides in beer, wine business

By **Dacotah-Victoria Splichalova**
THE DAILY BAROMETER

The fermentation science program at Oregon State University offers a broad range of topics related not just to beer and wine, but other areas like cheese- or breadmaking.

Students who come into the program with a passion for fermented products gain tangible experience, which leads to finding success in the fermentation field, said James Osborne, a professor in the department of food science and technology. "A lot of the students ... bring that passion to the classroom and beyond their studies," Osborne said.

OSU offers hands-on teaching pilot plants housed on campus in the form of a microbrewery, a research winery and a cheese-making facility. Within these facilities, students are able to apply their classroom knowledge in a practical setting.

"(Students) get a lot of opportunities on the practical side of things to really get their hands dirty (and) to learn about the processes," Osborne said. "I think that equips them well

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Ben Howe, director of winemaking at King Estate Winery in Eugene, stands in the barrel room, which contains 3,500 wine barrels.

COURTESY OF BEN HOWE



TORI HITTNER | THE DAILY BAROMETER

The December 2013 snow storm resulted in OSU campus closures.

Winter storm report debriefs problems, solutions

■ Corvallis issues report detailing December storm, city's shortcomings, future plans

By **Emma-Kate Schaa**
THE DAILY BAROMETER

Residents and city employees alike agree that Corvallis was not prepared to deal with a snowstorm of the magnitude seen in early December 2013.

In a storm report presented to the City Council, Corvallis' Police, Fire and Public Works departments summarized the actions that were taken and the problems that arose, in order to better understand how to move forward in the future.

The report emphasized that "the City of Corvallis must anticipate the potential for winter storms of significance and be better prepared to respond."

During the six storm days, the police and

See **SNOW** | page 4

Students recruit, prepare for the worst: A zombie apocalypse

■ Club members gather teams to practice zombie preparedness, gun safety, surviving a zombie attack

By **Courtney Gehring**
THE DAILY BAROMETER

Imagine peering out your bedroom window to find Corvallis swarmed with viral, flesh-eating zombies.

A zombie apocalypse is no joke, especially to the Center for Disease Control and Prevention and the students who belong to the Oregon State University zombie apocalypse club.

The club started last spring when the CDC created the webpage "Preparedness 101: Zombie Apocalypse."

"If you are generally well-equipped to deal with a zombie apocalypse, you will be prepared for a hurricane, pandemic, earthquake or terrorist attack," said director Dr. Ali Khan on the CDC's webpage.

The zombie apocalypse club was created out of inspiration from the CDC site. The members of the club educate each other on survival tactics and plans to better prepare themselves in the wake of a zombie apocalypse.

The club is currently recruiting teams of two to five people. The teams will compete against one another for the title of "most likely to survive 2014" in the wake of a zombie apocalypse.

Zach Duell, a junior studying biochemistry and president of the zombie apocalypse club, said they thought the club would be a fun way to get college students ready for disasters, viral outbreaks and even zombies.

"If not a zombie apocalypse, there is a good chance that some type of viral outbreak or natural disaster will occur," said Kyle Duyck, a junior studying biochemistry and member of the zombie apocalypse club. "There are so many things that could happen."

The club uses the spiking popularity of zombies in our culture to apply to students who seek to prepare for the onset of a disaster.

"In labs throughout our country and other countries there are these viruses," Duyck said. "If they were to be released, and one person gets on an airplane, it could spread so quickly that there would be no way to contain it by the time it killed off millions of people."

Members of the club educate and counsel each other on the best ways to survive if disaster were to occur. Last fall, a member of the Corvallis Fire Department search and rescue team came to discuss emergency kits and escapes plans.

Emergency kits include nonperishable food, water, first aid supplies and tools among other things.

Another way the club prepares its members for a zombie attack is to practice gun safety with OSU's pistol club.

As a brain exercise, members gather to

See **ZOMBIES** | page 4



GRAPHIC BY ALYSSA JOHNSON | THE DAILY BAROMETER

Instructors take class on global learning

■ Global Learning Initiative helps instructors build global perspective for students

By **Kaitlyn Kohlenberg**
THE DAILY BAROMETER

In an attempt to better supply students with the necessary skills for success in a globalized, transnational world, the Center for Teaching and Learning has gathered funding and support to run the Global Learning Initiative.

"We're trying to increase the likelihood that students will have a global perspective in several of their courses," said program director Kay Sagmiller. "We believe that it's an integral and important part of general education today."

The initiative started in spring 2012 and is run like a term-long conference

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Beaver Tweet of the Day

"Justin Bieber is nice boyyyyyyyyy he got some hits on his album Journals"

@Hollywood_3 Hallice Cooke

Coaches corner: Scott Rueck



NICKI SILVA | THE DAILY BAROMETER

Women's basketball head coach Scott Rueck stands on the sideline in Friday's game against Washington.

By Mitch Mahoney
THE DAILY BAROMETER

Scott Rueck, the head coach of the Oregon State women's basketball team, is in his fourth year coaching at Oregon State. He came to OSU after coaching at George Fox University for 14 years. There, he won a Division III title and had 14 consecutive winning seasons. This year, he has helped Oregon State compile a 12-8 overall record, with a 4-4 Pac-12 record. The Daily Barometer's women's basketball beat reporter, Mitch Mahoney, sat down with Rueck to discuss his history with basketball and as a coach.

Mahoney: You grew up in Hillsboro, attended Oregon State, coached at George Fox, and returned to coach at Oregon State. What is it about Oregon that keeps you coming back?

Rueck: (Laughs) Well, I've never come back because I've never left. This is where I grew up. My family is all here and I've just had incredible opportunities to work in our state. I joked that the only job I would've left George Fox for was Oregon State, and that opportunity provided itself, and we love it here.

Mahoney: Was the new job hard to accept, in any way, just with the success you had had at George Fox?

Rueck: Oh, yeah. It was a hard decision. Anytime you spend 14 years building something and you end up having the success that we did there — momentum was so great at George Fox that it was going to continue. It was very comfortable and it was a great place for us. Oregon State was too great of an opportunity to pass up.

Mahoney: You're not the only one in your family with history at George Fox. Your sister, Heidi, played there and is the all-time career assists leader at George Fox, so do you have game too?

Rueck: (Laughs) Yeah, not quite at that level. I didn't get to play in college, but Heidi became an All-American, and I joke that I made her what she was, my little sister. I'd drag her out into the driveway and we'd play, and then she was my "in." She went to George Fox first and then I got to coach her in her junior and senior years as an assistant coach and then got the job a year later as the head coach. I had the game, but not the body to go with the game (laughs).

Mahoney: I was just going to ask, how tall is your sister?

Rueck: She's probably a half-inch shorter than me: 5-foot-3 and a half — I don't know what we are. We're little tiny people.

Mahoney: When you were studying here at Oregon State, was it your intention to become a coach?

Rueck: I knew after my sophomore year. I had an adviser here that talked me off of a business major, and helped me realize that there was nothing I'd rather do than teach and coach basketball like my dad. Once that happened, I knew I wanted to coach. My life has been in a gym, so that's all I've wanted to do.

Mahoney: Has any moment in your coaching career

See RUECK | page 6

Baseball has high expectations

■ Oregon State players, coaches talked about coming season at annual media day on Tuesday

By Warner Strausbaugh
THE DAILY BAROMETER

It's January. It's cold. It's wet. But in 16 days, the Oregon State baseball team begins the 2014 season.



Fry



Wetzler



Moore

After a deep run at the College World Series in June 2013, the Beavers are eager to get back in action.

Tuesday was the team's annual media day. OSU is entering this year with a preseason No. 2 national ranking. While head coach Pat Casey and his players aren't concerned about the attention, they still have their eyes set on a trip back to Omaha, Neb., and then some.

"I think it's a win-it-all-or-bust type deal," said junior left-handed pitcher Jace Fry. "We want to go to Omaha. We have take it one game at a time, no doubt. But it's win or bust, really."

Senior left-hander Ben Wetzler turned down a contract offer from the Philadelphia Phillies after being selected in the fifth round of the MLB Draft to make a return to

See BASEBALL | page 6



NICKI SILVA | THE DAILY BAROMETER

Center Angus Brandt takes a 3-pointer against California on Jan. 11 in Gill Coliseum.

Brandt 'not far' from pre-injury self

■ Craig Robinson says Brandt's return to 3-point threat is final step to reaching ceiling

By Grady Garrett
THE DAILY BAROMETER

Roberto Nelson noticed something about Washington's defensive game plan Saturday that he thought Angus Brandt could exploit.

When the Beavers set screens on the perimeter, Nelson explained to

his fellow fifth-year senior, UW's big men stayed in the paint. He saw an opportunity for Brandt to pop up to the top of the key for an open 3-pointer.

"Shoot that 3," Nelson told Brandt. "I don't care if you miss. Nobody cares if you miss."

Less than two minutes into the second half, Brandt made use of Nelson's advice, knocking down a 3-pointer from straight away to stretch OSU's lead to 12.

At the time, before UW went on a 35-13 run to seize an 87-81 victory, Brandt's trey felt like one of the biggest shots of the season for OSU.

Not only did it give OSU a sizable cushion, but it also served as a confidence boost for a player who hasn't proved to be the 3-point threat that his team wants him to be.

Two seasons after making 29 of 59 3-pointers and leading OSU in

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Pena

THE DAILY BAROMETER

Senior wrestler RJ Pena is The Daily Barometer Athlete of the Week after back-to-back wins against ranked opponents.

Pena — ranked No. 11 in the nation in the 157-pound weight class — helped Oregon State take down No. 24 Lehigh on Friday with an 8-6 decision against No. 12 Joey Napoli.

The Daily Barometer

Athlete of the Week

The win set up Saturday's matchup against No. 4 Oklahoma, which was also OSU's last home meet of the season, and Pena's last time wrestling in Gill Coliseum.

Facing No. 19 Justin DeAngelis with the Beavers trailing the Sooners, 10-9, Pena used a half arm bar to pin DeAngelis. His last home meet at Oregon State ended with his arms raised and the Gill faithful roaring with approval as he walked off the mat.

The Sprague High School standout — where he won four state championships and ended his career with a 147-match winning streak, including 45 pins and a 47-0 record his senior

year — is now 27-4 on the season. He's also won six straight matches and is 12-1 in duals.

Last year, Pena finished fifth in the nation in the 157-pound weight class, earning him All-American status, and he won the Pac-12 Championship his sophomore season.

His 57 career pins are also good for fourth all-time in Oregon State history for all weight classes.

Pena and the Beavers are back in action Thursday, when they travel to take on Cal Poly.

Editorial

The end is nigh but where'd the sun go?

Look, up in the sky! What is that? Is it a cloud? No, it's the sun. That was pretty much how we've felt lately. We didn't want to comment on that finally visible giant ball of burning gas though, because we might have scared it away.

Now that we can no longer jinx ourselves, we're not quite sure what to say, because we don't even know what's going on anymore. The sun had been shining continuously enough in Corvallis that we think it started to affect our brains.

It definitely affected our grades. After all, no one really wants to attend class when it's actually sunny out in the middle of January. Who knew when we'd get the chance to play in the sun again, or make like lizards and bask on rocks and park benches?

Irresponsible as it might have been, we're glad we grabbed the chance while it was available to us, considering how hard and fast weather predictions more than six hours away seem to be. The Internet weatherman says it'll be sunny again Thursday — but we'll believe that when we see it, and not before.

Tuesday was the first day of rain since that time two weeks ago when it rained the whole first week of school — we know, it seems like it's been a lot longer. Those opportunistic freckles that popped up in the past few weeks are already fading, and we're already missing them. Especially since we don't trust people who don't have freckles.

The best thing about the sun being out constantly for the past two weeks is that it made it extremely evident that the days have been getting longer. It's no longer actual-facts nighttime at 4:30 in the afternoon, and the sun's peeking over the horizon before 8 a.m.

Soon, we might even be waking up after the sun rises and eating dinner before the sun sets — all without sleeping through class and having dinner for lunch.

The thing we miss most about those two weeks of sun, here in the newsroom, was the cessation of the constant drip-drip-dripping of the leaks. Snell Hall is old and it sounds like there is an umbrella above us, instead of what we're made to believe is a roof of a building.

Head baseball coach Pat Casey loved our sunny January because the baseball team was able to practice on the field during a season in which a tarp would cover the pitcher's mound and home plate more often than not. All that practice means our team's got a head start on this year, and might be even better come baseball season, which has some of us very excited.

That's another thing we love about seeing the sun and the proof of longer days — it means we're that much closer to summer, graduation and freedom from required readings, homework and bacc core classes.

Editorials serve as means for Barometer editors to offer commentary and opinions on issues both global and local, grand in scale or diminutive. The views expressed here are a reflection of the editorial board's majority.

Letters

Letters to the editor are welcomed and will be printed on a first-received basis. Letters must be 300 words or fewer and include the author's signature, academic major, class standing or job title, department name and phone number. Authors of e-mailed letters will receive a reply for the purpose of verification. Letters are subject to editing for space and clarity. The Daily Barometer reserves the right to refuse publication of any submissions.

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What they didn't tell you freshman year can hurt you now

There's nothing more frustrating than realizing it's too late to do something important. In college, many things can produce this feeling.

Let's say you're in your senior year. You've got things pretty figured out by now. You know roughly when registration will be for each term. You know how often you can skip classes in order to maintain mediocrity. You know not to be that kid who raises his hand in the last two minutes of class to ask a long-winded question.

But a few things may have still slipped through the cracks. Those things may include: considering a minor, major requirements for graduation, finding a mentor and getting an internship.

Obviously, in the case of getting a minor, it is an easier option than double majoring. Minors show that you have done extra to excel at something outside your major, or that you've gained additional experience in the field you want to go in.

"A minor is a quicker path to a specialization than a double major," writes Michelle Slatalla, author of the column, "What's Your Minor?"

Minors can be great fallbacks, too.



Gabi Scottaline

Say you're majoring in psychology — speech and hearing sciences may be a great complimentary minor for such a field. This not only narrows your career intentions, but it gives you a fallback of sorts, showing that your studies were diverse.

Another big thing that often gets confused in college is major requirements for graduation. This is especially true if you are a transfer student coming from a community college. Major requirements may not be clear, or checking them may not have been portrayed as a necessary pursuit.

You could transfer from a community college and have your junior year be your first year in your university, and not know that you have to take two years of language for a Bachelor of Arts, or a million math and science classes for a Bachelor of Science. This little discovery can be an unhappy surprise so late in your college career.

And what about finding that career mentor or impressive internship? No one told you coming into your freshman year that these things were almost a requirement.

Freshman university students need to seek out career mentors, so they can have one by sophomore year — the timeframe recommended by Delece Smith-Barrow, author of "Find a Career Mentor in College" — because mentors aren't combing universities for minions.

Students should be prepared to do most of the work. That is, setting up meetings and suggesting other preliminary ground rules for the mentorship.

It seems fair to me. In order to get help from someone else, you have to put yourself out there, be a go-getter. That being said, it's harder for shy students to seek out a mentor or get an internship than it is for extroverted students.

In this case, know yourself — how you operate, what your strengths are — and go from there. Don't cop out and make your parent a career mentor. In most cases this won't offer you enough outside experience or growth.

"Almost 40 percent of college students claim that their father or mother

is their professional mentor," writes J. Maureen Henderson in "Are Your Parents Sabotaging Your Job Search?"

You need to get professional guidance from people in the field you wish to pursue, and people whose viewpoints are new and different from the ones you grew up with. In most cases, your parents have good intentions, but good intentions don't always cut it in the real world.

So whether it's finding out what minor is best for you, knowing about major requirements or searching for a mentor, important details about college sometimes get omitted from the adviser script.

Don't wait around for these things to come back and screw up your four-year plan in your senior year. Investigate the requirements for your degree and start getting professional experience now so that you don't have to cram it all into your senior year, when you should — in a perfect world — be succumbing to senioritis and slacking off.

Gabi Scottaline is a senior in English. The opinions expressed in Scottaline's columns do not necessarily represent those of The Daily Barometer staff. Scottaline can be reached at forum@dailybarometer.com.

Nontraditional anal sex trumps heteronormative preconceived notions

Dear Dr. Sex, My boyfriend and I have considered trying anal sex. I would like to know what the major risks of this act are. Any specific items recommended? What about me giving and him receiving?

Signed, Wary but Curious Girlfriend

This is a very good question. My favorite part is the last question, in which you suggest giving and him receiving. I prefer this to the former, because the former — a general anal sex question — is the second most popular question I get. I've answered it countless times in the decade or more that I've been writing this

Email questions for the column to forum@dailybarometer.com, with the subject "Ask Dr. Sex." Your name will not be published.

column. I'll still give you basic anal sex tips, but then I'll move on to the nontraditional form of heterosexual



Kathy Greaves

Ask Dr. Sex

anal sex about which you inquired. To safely, comfortably and hopefully enjoyably participate in anal sex, you must do four things:

First, use lubricant. I recommend a water-based lubricant that does NOT contain spermicide. The rectum doesn't naturally lubricate like the vagina does, so you need to add lubricant. This is necessary because the tissue of the rectal wall is thin and sensitive. The friction of anal intercourse could cause that tissue to tear. That would be uncomfortable, even painful.

Second, you need to use a condom. Using a condom can alleviate any fears related to the "poo factor." More importantly, unprotected anal intercourse is the number one way HIV is transmitted sexually. Obviously, you want to avoid that.

Third, proceed gently and slowly. The rectum needs a little coaxing, especially if it's your first time, so your boyfriend plowing in there like he might do when having vaginal intercourse would not be enjoyable for you. Take deep, open-mouthed breaths, because they can help relax you and your sphincter.

Fourth, start small. It's best to start with a finger, inserted gently and slowly. Make sure beforehand that the fingernail is trimmed and smooth. Then maybe try two fingers. If you are comfortable with that, then you both may be ready for penile insertion — gently and slowly.

If you follow those four rules, you ought to be fine. Afterward, there is a chance of being gassy and flatulent — and you may have little control over it. The process of relaxing the sphincter can allow air to get inside. After the act, the air has to come back out. Since the sphincter has been stretched, it could be more difficult for you to control the release of said gas.

But on to the intriguing part of your question. Many people think that if anal sex is going to happen with a heterosexual couple, then the woman has to be the recipient.

That is so not true. Many heterosexual couples will incorporate anal sex play for both partners. This could include fingers, sex toys and even a

At Random by Ryan Mason



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RYAN MASON IS A JUNIOR IN GRAPHIC DESIGN

Washington mill springs back to life, with some setbacks

By Mike Williams
CHINOOK OBSERVER

SOUTH BEND, Wash. — In rare good news for the Pacific Northwest's beleaguered wood-products industry, a shuttered sawmill here has reopened and managers plan to continue hiring additional employees as operations ramp up.

Willapa Bay Hardwoods started cleaning up the mill and getting the machinery operational in November 2012. Crews began sawing alders and maples in April 2013, said Alex Chaffee, dry kiln manager for the company.

The company currently has six employees plus a sales manager and some part-time workers, said Gordon Chaffee, a managing member of the company and Alex's father.

All's well except for one thing: The company can't kiln dry the lumber. They are shipping it to another company to dry, which cuts into the profit.

"It's hurting us tremendously," Gordon Chaffee said in mid-January. "Drying other places is expensive, so we need to bring this back in house. We're still sawing lumber, but we're not pursuing it as hard as we need to."

The Port of Willapa Harbor just three miles away in Raymond has kiln-drying facilities. Unfortunately, the wood-fired boiler was beyond repair.

"It was very, very antiquated," Gordon said. "It polluted a lot and it required a tremendous amount of attention. It got to where the last (company) that operated that — typically in a sawmill your cost to dry is maybe 30 percent of your total cost, it was over half of theirs. So we elected to put in this propane-fired boiler, which is easier to manage. The cost of fuel is high. The idea is, that boiler can be converted to burn wood dust."

Steam from the port's new boiler will do more than just dry the wood. It also sets the color in the wood, Gordon said.

The company will need experienced people to run the kiln. It's not as simple as just turn the heat on and forget about it, he adds.

"The drying itself, when you get into hardwoods, is one of the things that can easily stop people. They know how to cut wood; they go and they do all that, then they ruin it all and they don't know why."

Inexperienced workers can reduce the value of \$60,000 worth of lumber in the kiln if they don't dry it properly, he said.

"You have to have people available who understand the schedules on how to dry it," he said. "By chance we know some of those people."

Depending on the time of year, it takes 5-7 days to dry the wood. Moisture probes in the kiln guide the process.



DAMIAN MULINIX | CHINOOK OBSERVER

Willapa Bay Hardwoods sawmill reopened in April 2013 in South Bend, Wash. The company currently has six employees and one sales manager.

The Port and the mill worked together to secure the loan for the new boiler. The Port took out the loan, but Willapa Bay Hardwoods guaranteed it.

Port auditor Dawn King said the \$250,000 loan was from the Washington State Public Works Board. The lease payments from Willapa Bay Hardwoods will be used to pay off the loan, she said.

Whatever happens with Willapa Bay Hardwoods, the boiler will remain port property, she added.

The South Bend mill had been sitting idle since Seaport Lumber closed in 2009. It had been scavenged by copper thieves and targeted by vandals.

"Tweakers (drug addicts) had been in there stealing wire and all kinds of things," Gordon said. "It could have been a lot worse. The basic mill — it looks terrible, but if you get in and look at the machinery itself, it's not bad for what it's trying to do."

The situation was worse at the kiln, Alex adds. The company is paying to update the utilities for the new boiler.

"Being down for so long, it's a big can of worms," King said.

Sit on it

"Much of what we're making is a lower grade

material that will end up in the interior of sofas and things like that, so (appearance) is not quite as important," Gordon said. "They want to be down around eight to 10 percent moisture content."

If it gets over-dried, it's difficult to work with, he added.

Hopeful signs

The mill's reopening gave the tiny town a much-needed shot in the arm.

South Bend's newly elected mayor, Julie Struck, said: "A new business is always welcome, and it's always a boost to the economy, especially something like a mill that employs numerous people. That's families, that's jobs, that's living-wage jobs. It's wonderful. We're very excited about it."

The kiln drying operation means even more jobs for the area, she added.

The Chaffees are also enthusiastic about the mill. Admittedly, they have every reason to work for it to succeed as both are shareholders in the company. But for Gordon Chaffee, it's more than that.

"We've got a long ways to go, but somebody has to try something here," he said. "We found out through what we've done that there are people around here who are anxious to work, and glad to be there. Everyone acts like we don't have a workforce in this town, and I say that doesn't appear to be at all true."

Rep. DeFazio reacts to president's State of the Union Address

WASHINGTON — Rep. Peter DeFazio, D-Ore., released the following statement following President Barack Obama's State of the Union address:

"Tonight, the president laid out his plan of action for a stronger America. I appreciated the president's emphasis on the need for jobs critical to Oregon's 4th Congressional District. As he mentioned, this can come from investments in America's infrastructure, including ports, highways and transit systems.

I am pleased the president has joined my efforts to reign in patent troll litigation. These frivolous lawsuits are bleeding billions of dollars from America's innovators every year. The House has acted; now the Senate must follow through to do its part to protect business owners.

Like the President, I strongly agree that it's time for Congress to renew unemployment insurance. This is a critical issue for the 25,000 Oregonians who have already lost their benefits, and the estimated additional 50,000 who stand to lose their benefits by the end of the year. These Oregonians are still struggling to make ends meet in a job market where there are five applicants for every one job opening.

The President is right to call for action on climate change. Tonight, he laid down a strong marker on this multi-generational challenge. Right now I am working on a strong legislative proposal to reverse what I believe is the greatest environmental challenge of our time.

While I appreciate much of the President's message, I am strongly opposed to his proposal to push for yet another job-killing trade deal. Fast-track authority and the Trans-Pacific Partnership would be another blow to the middle class. During my in Congress I have opposed every free trade agreement, including NAFTA, because despite promises to the contrary, they ultimately lead to more jobs being shipped overseas."

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GREAVES

Continued from page 7

strap-on for her. In fact, there is a thing specifically for women called a strapless strap-on. It's better than a strap-on because it is more stable.

Instead of one end being flush against her body, that end is bulbous and fits snugly inside the vagina. Then the dildo projects outward. It is a very clever design. Just Google "strapless strap-on" or "strapless dildo" if you are so inclined.

Both men and women fantasize about this scenario with her being the "top" and him being the "bottom." They both get to experience, albeit in a very small way, what it might be like to be the "other" sex in a sexual encounter. She gets to

dominate and take control and he gets to be the more passive partner.

Many heterosexual men have these kinds of fantasies — not only fantasizing about being dominated, but also about being interested in anal stimulation and being anally penetrated.

Unfortunately, many of these men don't admit to the fantasies, or they will admit the fantasy, but don't want to actualize it. Their fear is they think if they are interested in being the recipient or the "bottom," that means they must be gay.

Labels are tough — they limit us and box us in. Enjoying a behavior doesn't pigeonhole you into a sexual identity or orientation. It just means you enjoy a behavior.

Putting a label on ourselves or others will just close doors that don't need closing.

If you are in a safe and secure relationship with someone you really trust, you ought to be able to explore these types of things without fear of being labeled or ridiculed.

For so many people, sexuality and sexual desire are very fluid. If that's the case, then I say go with the flow.

Dr. Kathy Greaves is a senior instructor and faculty member in human development and family sciences. In addition to teaching HDFS courses and writing this column, Greaves hosts sexuality and relationship Q&A sessions in the residence halls and the co-ops, in sororities and fraternities, in the cultural centers and for community groups. The opinions expressed in Greaves' columns do not necessarily represent those of The Daily Barometer staff. Greaves can be reached at forum@dailybarometer.com.

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